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ISSUE



Terrorism a Direct Assault on Humanity: PM Modi

India, Russia Vow United Front Against Terror as Both Leaders Seal 2030 Strategic Roadmap

■ HT NEWS DESK

SRINAGAR, DEC 05: Prime Minister Narendra Modi and Russian President Vladimir Putin on Friday reaffirmed an unshakeable commitment to

jointly combat terrorism and dismantle the networks that fuel it, as the two leaders held summit-level talks in New Delhi and unveiled a new strategic economic roadmap stretching to 2030. PM Modi, in a strongly worded message, declared that India and Russia have "stood shoulder-to-shoulder" in countering violent extremism over decades and will continue to intensify their cooperation. Drawing a direct parallel between the



April 22 Pahalgam attack in Jammu and Kashmir that claimed 26 lives and the attack at Moscow's Crocus City Hall, he said the world must recognise that terror "may strike in different places, but it rises from the same ecosystem of hatred and violence." Calling terrorism "a direct assault on humanity," PM Modi said New Delhi and Moscow would continue strengthening intelligence sharing, operational coordination and joint

actions against extremist groups and their sponsors. He stressed that the Pahalgam attack reinforced the urgency of building a united global coalition against terror networks. Against the backdrop of these security concerns, both leaders finalised a Five-Year Economic Cooperation Plan that sets ambitious targets for expanding bilateral trade, technology cooperation, investment, and energy partnership.

● Turn on Page 2

Fog, dry weather to continue across Valley

Improved night temperatures offer temporary relief

■ HT NEWS NETWORK

SRINAGAR, DEC 05: Night temperatures recorded an improvement across Jammu and Kashmir on Friday, with most stations in the Valley and Jammu region showing a rise from previous nights, while the Meteorological Department said that fog and dry weather will continue across the Kashmir Valley.

Sub-zero conditions, however, continued in several higher reaches of the Union Territory, officials told the news agency—Kashmir News Observer (KNO).

In the Kashmir Valley, Srinagar settled at 0.4°C, marking a rise after several freezing nights. Qazigund stood at minus 0.2°C, while Pahalgam recorded minus 1.8°C and Gulmarg 0.0°C.

● Turn on Page 2

Sheikh Muhammad Abdullah Remembered: NC Pays Tributes on 120th Birth Anniversary

■ HT NEWS NETWORK

SRINAGAR, DEC 05: The National Conference (NC) on Friday marked the 120th birth anniversary of party founder Sheikh Mohammad Abdullah with emotional tributes, recalling him as a towering statesman who shaped Jammu and Kashmir's political identity. Party leaders, senior members and workers



gathered at Naseem Bagh, offering floral tributes and Fatiha. The ceremony also saw the inauguration of the Bab-ul-Salam and Bab-ul-Noor gates at the Dargah.

NC leader and MLA from Zadibal, Tanvir Sadiq, said Sheikh Abdullah's contribution to education, healthcare and social justice continues to define his legacy. "He remains in

● Turn on Page 2

Time for SKIMS To Think Big With New Investment Push: CM Omar Abdullah on 43rd Foundation Day



■ HT NEWS NETWORK

SRINAGAR, DEC 05: Chief Minister Omar Abdullah on Thursday pledged enhanced financial support for the Sher-i-Kashmir Institute of Medical Sciences (SKIMS), urging

the institution to design a high-value project that can be executed within the next three years. He was speaking while presiding over the 43rd Foundation Day of the institute at the Sher-i-Kashmir International Convention Centre (SKICC).

During his address, the Chief Minister announced that Jammu and Kashmir has, for the first time, gained access to the SASCI capital investment window earlier limited to states after intervention from

● Turn on Page 2

CM Omar Abdullah pays homage on Sheikh Abdullah's 120th birth anniversary

■ HT NEWS NETWORK

SRINAGAR, DEC 05: Chief Minister Omar Abdullah today paid homage at the Mazar of Sher-e-Kashmir Sheikh Mohammad Abdullah, recalling the unparalleled role played by the iconic leader in shaping the political and social landscape of Jammu & Kashmir.

Braving the sharp winter cold, the Chief Minister visited Naseembagh, Hazratbal, where he led the commemoration held on the 120th birth anniversary of Sheikh Mohammad Abdullah — founder of the Jammu & Kashmir National Conference, former Chief Minister of J&K and one of the most influential

● Turn on Page 2

Partnership Between Industry and Academia Now Essential for Innovation : Dr Jitendra Singh

■ HTNEWSDESK

SRINAGAR, DEC 5: Union Minister Dr. Jitendra Singh on Friday asserted that collaboration between industry and academia has become an imperative in the evolving global scientific landscape,

stressing that India can no longer rely on traditional research frameworks if it aims to emerge as a global innovation hub.

Addressing the Global Summit on Industry Academia Partnership 2025, organised by the Confederation of Indian Industry (CII), the Minister said that such

partnerships are "not optional anymore, but the only viable pathway" for India's long-term growth in science, technology and strategic sectors.

Dr. Singh said India's research ecosystem is undergoing a significant strategic shift, with greater openness to industry

participation and increasing contributions from private players in domains previously reserved for government agencies. The surge in patent filings, especially from youth in Tier-2 and Tier-3 cities, he added, reflects the rising

● Turn on Page 2

USBRL Generated 5 Crore Man-Days: Vaishnaw

■ HT NEWS NETWORK / KNO

SRINAGAR, DEC 05: Union Minister for Railways Ashwini Vaishnaw on Friday said that the Udhampur-Srinagar-Baramulla Rail Link (USBRL) project generated more than 5 crore man-days of employment.

While addressing the Rajya Sabha Vaishnaw, according to the news

● Turn on Page 2

J&K youth power house of talent: Javed Dar

Says no stone will be left unturned to help them achieve their goals

■ HT NEWS NETWORK

BARAMULLA, DEC 05: Asserting that the government is stepping up efforts to strengthen sports infrastructure across major towns in Jammu and Kashmir, Minister Javed Dar on Friday said that J&K youth are power house of talent and no stone will be left unturned to help them achieve

their goals.

Talking to the reporters after formally laying the foundation stone for the Nagbal Playfield development project here in North Kashmir, Dar, according to the news agency—Kashmir News Observer (KNO) reaffirmed the government's commitment to nurture young talent. "Youth of this area had been seeking a sports ground for

several years, and this project will cater to their aspirations," he added.

The Minister said that the government is focused on creating modern playing facilities to encourage youth participation in sports.

Lauding the Sports Department and the J&K Sports Council, the minister said both

● Turn on Page 2

NIA Custody of Accused Extended as Crackdown Intensifies on 'White-Collar' Terror Network

■ HT NEWS DESK

SRINAGAR, DEC 5: In a major development in the ongoing probe into the November 10 Red Fort blast, investigative agencies intensified their crackdown on what officials describe as a sophisticated "white-collar" terror network, extending custody of a key accused while simultaneously conducting fresh raids in Jammu and Kashmir.

A Delhi court on Friday extended the National Investigation Agency's (NIA) custody of Soyab, a resident of Dhauj in Faridabad, Haryana for an additional 10 days. The agency has accused him of harbouring prime suspect Umar-un-Nabi and assisting with logistics ahead of the blast in the national capital. Soyab, produced amid tight security at Patiala House Courts, is the seventh person arrested

● Turn on Page 2

IndiGo breakdown hits flyers in Srinagar, Jammu

■ HT NEWS NETWORK

SRINAGAR, DEC 05: Chaos and frustration continued to grip air travellers on Friday as IndiGo Airlines faced large-scale operational disruptions, forcing mass cancellations and long delays at both Srinagar and Jammu airports.

According to the details available with the news agency—Kashmir News Observer (KNO) the day saw scenes of confusion at both airports, with passengers travelling for medical emergencies, weddings, official work and more left stranded for hours without clear communication from the airline.

● Turn on Page 2

No deadline extension for Waqf registration: Rijiju

■ HT NEWS DESK

NEW DELHI, DEC 5: Minority Affairs Minister Kiren Rijiju on Friday ruled out extending the deadline for registering Waqf properties on the UMEED portal but said a way would be found for those who attempted registration but could not complete and that they will be exempted from penalties for the next three months.

He also said that 1.51 lakh properties had been registered by Friday morning. The minister stressed that those

● Turn on Page 2

CS Reviews ₹1,000 Cr Health Projects under PM-ABHIM, ECRP

■ HT NEWS DESK

JAMMU, DEC 05: Chief Secretary, Atal Dulloo, today held a meeting to conduct a comprehensive review of several key projects underway in the Health and Medical Education (H&ME) Department.

The review covered the progress of Critical Care Blocks (CCBs) being established across districts under the Pradhan Mantri Ayushman Bharat Health Infrastructure Mission (PM-ABHIM), developments made under the Emergency COVID Response Package-II (ECRP-II), expansion of IHIP, adherence to IPHS standards, and the status of NCDC laboratories and VRDL facilities across J&K.

The meeting was attended by the Secretary, H&ME; Mission Director, NHM; Principals of Government Medical Colleges; Managing Director, HSCC; Director Health, Kashmir/Jammu and other senior officers of the department.

During the meeting, the Chief Secretary undertook project-wise appraisal of all ongoing works, particularly the CCBs, and directed HSCC to significantly scale up manpower and machinery by at least three times to ensure timely completion within the scheme deadline.

He underscored that the release of funds under these Centrally Sponsored Schemes is directly linked to the submission of Utilization Certificates, stressing the importance of full fund utilisation

● Turn on Page 2

CS inaugurates 3 day exhibition on Sharda paintings at Kala Kendra

■ HT NEWS DESK

JAMMU, DEC 05: Chief Secretary, Atal Dulloo, today inaugurated a three day exhibition of Sharda Calligraphy paintings by eminent artist Subash C Razdan at the G R Santosh Gallery, Kala Kendra, Jammu.

The inaugural ceremony was attended by Principal Secretary Culture Brij

● Turn on Page 2

Forest Minister, CM's Advisor assure govt support for CCIK's tourism, eco, service push

■ HT NEWS DESK

SRINAGAR, DEC 05: The Chamber of Commerce and Industries Kashmir (CCIK) today held its executive meeting in Srinagar.

Minister for Forest, Ecology & Environment and Tribal Affairs, Javed Ahmed Rana and Advisor to the Chief Minister, Nasir Aslam Wani attended the meeting.

The meeting focused on strengthening Kashmir's tourism ecosystem, protecting fragile environmental assets and improving the public utilities essential for sustainable development.

The CCIK presented key issues impacting the tourism and hospitality sector including provision of timber for houseboat repairs, a long standing demand crucial for preserving Kashmir's heritage tourism.

The Chamber emphasised

the need to diversify Kashmir's tourism offerings through eco-tourism, adventure tourism and development of eco-friendly resorts and luxury camping facilities in forest zones. It urged the government to streamline the single-window clearance system for Pollution Control Committee approvals.

The CCIK highlighted that the existing multi-tiered approval processes have become a major bottleneck in execution of tourism, hospitality and infrastructure projects. It observed that a simplified and time-bound mechanism would significantly improve the compliance and enhance the investment climate.

Addressing the public utility challenges, the CCIK drew attention to the irregular water supply faced by the hoteliers in Pahalgam, compounded by limited tanker services. They appealed the Jal Shakti Minister



to intervene and ensure reliable water availability across key tourist destinations, particularly during peak seasons.

Environmental conservation dominated the discussions, with CCIK expressing serious concern over the deteriorating condition of Dal, Nigeen, Wular, Anchar and other wetlands.

The Chamber called for a comprehensive cleanup drive and strict, encroachment-free

protection measures, while requesting formal inclusion in all government-led consultations on water resource management. The Chamber demanded immediate restoration and long term conservation action on the worsening state of Babadamb Lake.

To enhance Kashmir's tourism appeal, the CCIK proposed branding the region as a premier wedding destination, leverag-

ing its natural beauty and cultural heritage. The Chamber also sought a review of entry fee structures at Aru and other tourist sites to ensure that pricing remains competitive and visitor-friendly.

Responding to the extensive submissions, Minister Javed Ahmed Rana and Advisor Nasir Aslam Wani assured the business community that all their genuine concerns would be

addressed in a time-bound and priority-driven manner.

They assured complete support from the present dispensation towards promoting sustainable tourism, safeguarding ecological assets and strengthening public service delivery to guarantee a safe and enriching experience for the visitors.

The Minister reiterated that the government would take every possible measure to

upgrade tourism facilities, bolster environmental protection efforts and improve the overall service ecosystem in Kashmir.

The meeting was chaired by CCIK President Tariq Ghani and attended by office bearers and key members including Hussan Khan, Dr. Imran, Aatif Khan, Aijaz Khan, Ashiq Bhat, Zubair and Umar Jan Wani.

Sector-specific concerns were raised by the representatives from the houseboat, travel, hospitality and handicraft sectors.

Industry leaders Manoor Paktoo (Houseboats), Wahid Malik (SKAL), Akram Siah (Travel Trade), Baber Chowdhary (JKHARA) and Mudasar (Handicraft Sector) also participated in the deliberations.

The officials from PHE, I&FC, Tourism and Forest Departments were present to note the concerns and provide departmental insights.

Crackdown on Illegal Mining Continues in Kulgam; 12 Vehicles Including JCB, Dumpers and Tractors Seized

■ FAROOQ RATHER

KULGAM, DEC 05: In a sustained crackdown on illegal mining, the Department of Geology & Mining Kulgam seized twelve (12) vehicles, including a JCB excavator, dumpers and tractors, during fresh enforcement drives across the district. The action comes as part of the ongoing Zero Tolerance policy directed by Deputy Commissioner Kulgam, Shri Ather Amir Khan (IAS).

Under the supervision of DMO Kulgam, Dar Khurshid, enforcement teams have intensified surveillance using the Mine Surveillance System (MSS), GPS-enabled tracking of vehicles, and installation of CCTV cameras at mining sites across the UT of J&K to curb illegal extraction activities. The continuous seizures, compounding, COMs and POMs in recent days have dealt a major blow to illegal mining operations in the district. The strong on-ground presence of the Mining Department, operating round-the-clock, has brought significant relief to the general public.



Speaking on the operation, DMO Dar Khurshid said that strict action is being taken in line with the directions of the District Administration to enforce Zero Tolerance against illegal mining.

"Heavy doses of seizures act as an effective deterrent. I am thankful to the District Administration and Police Department Kulgam for their unwavering support in striking hard against this illegal mining sector. We will continue operations in all vulnerable spots until the menace is reduced to zero," he added. The DMO further said that efforts are underway to ensure speedy disposal of pending cases of EC (Environmental Clearance) renewals in JKEAA and JKPC. More than 10 MMBs have remained non-operational for the last five months, despite timely issuance of all required clearances by the District Administration.

"The delay in listing agenda items by JKEAA has not only inconvenienced stakeholders and disrupted smooth supply of construction materials but has also resulted in revenue loss to the district," he noted.

The Mining Department has reiterated its resolve to continue aggressive enforcement drives to safeguard public resources and ensure regulated mining in Kulgam.

Two-Day Pahari Literary & Cultural Events Held in Uri and Boniyar

Cultural Academy Reaffirms Commitment to Promotion of Pahari Language and Heritage

■ JAMEEL ANSARI

BONIYAR, DEC 05: The Pahari Section of the Jammu & Kashmir Academy of Art, Culture & Languages organised a two-day series of literary and cultural events in the border areas of Uri and Boniyar in Baramulla district on December 3rd and 4th, 2025, aimed at promoting Pahari language, literature, and traditional heritage.

A large number of prominent writers, poets, and artists from the Pahari community participated in the events.

The inaugural programme was held at Government Town Hall, Lagama Uri on 3rd December. The event was presided over by renowned Pahari and Urdu poet and writer Mohammad Saleem Baig, while MLA Uri Dr. Sajad Shafi graced the occasion as the Chief Guest. DDC Member Mohammad Ismail Khan and SHO Uri Mudassir Ahmad Khan were present as Special Guests.

The programme commenced with a traditional Pahari folk dance performed by Mohammad Saleem Pathan and his team, followed by a grand Mushaira



(poetic symposium) presided over by Mohammad Saeed Khan.

Noted poets including Aziz Dachnawi, Inam-ul-Haq Bismil, Muzaffar Payami, Raja Ilyas Hamdam, Sher Mohammad Parwaaz, Taj-ud-Din Taj, Lal-ud-Din Shakir, Majnoon Maroof, Mohammad Iqbal Sarhadi, Mohammad Ashraf Zakhmi, Mohammad Saeed Khan, Faisal Mehmood, Samina Bano, Shazia Khalid, Abdul Rasheed Raish Qamvi and Mohammad Mahboob Khan captivated the audience with their verses.

Later, a musical session showcased performances by Ejaz Ahmad Bhat, Irshad Ahmad Sheikh, Razia Ashraf, Imran Ashraf, Kazim Hussain Turk, Mir Akhtar, Nazeer Ahmad Mir, Haroon Aslam, Firdous Ahmad Najar and Mohammad Sadiq.

On December 4, the second day of the cultural series was held at High School Noor-ul-Uloom, Noor Khawa (Boniyar), focusing on literary dialogues and cultural presentations.

The programme was presided

over by noted Pahari poet and educationist Mohammad Saleem Basar, while MLA Uri Dr. Sajad Shafi attended as Chief Guest.

Former Principal and District & Sessions Judge Raja Shahid Ali Khan Shujaat and SHO Boniyar Shri Rohit also graced the event.

Liyakat Abbas presented a well-researched paper on the life and literary contributions of eminent Pahari scholar Raja Nazar Boniari. This was followed by a fiction recital session, where Raja Shahid Ali Khan Shujaat, Attaul-

lah Mumtaz, Zareen Ara Mumtaz, Nisar Khan Nisar and Mohammad Sadiq Magrey narrated their works.

Later, a delightful musical programme featured performances by Syed Zahoor Gilani, Syed Arif Hussain Kazmi, Zareen Kazmi, Jameel Ahmad Sheikh, Sarwar Jan, Shabir Geelani, Ayoub Rahi, Sadiq Ehtesham Puri, Hilal Ahmad Khan, Aslam Mushtaq and Muneer Ahmad Sheikh among others.

The event concluded with a street play (Nukkad Natak) performed by artists of Pahari Cultural Forum Chandanwari.

Head of the Pahari Swction of JKAACI Mohammad Ayub Mir formally welcomed all guests and highlighted the continuous efforts of the Academy toward the development and preservation of Pahari language and culture.

At the closing ceremony, Research Assistant Abdul Waheed Manhas delivered the vote of thanks, expressing gratitude to guests, participants, and the audience.

The proceedings over the two days were ably conducted by Abdul Waheed Manhas and Liyakat Abbas.

MLA Parihar Graces Special Programme at PM Shri GHS Bhalra; Pledges Support for School's Development

■ AMIR IQBAL KHAN

BHADARWAH, DEC 05: A vibrant programme was organised at PM Shri Govt. Higher Secondary School Bhalra Bhaderwah on Friday where MLA Bhaderwah Daleep Singh Parihar graced the occasion as the Chief Guest drawing applause from students, staff and civil society members alike.

The Chief Guest received a hearty welcome from Incharge Principal Irshad Ahmed and the staff on arrival. NCC Cadets (JD) under 10 J&K BN NCC Bhaderwah, Sawan Kumar and Vansh Kumar presented an impressive piloting display, earning appreciation and a cash reward of Rs. 500 each from the MLA for their exemplary conduct.

Adding grace to the gathering, several distinguished guests including retired lecturers Ram Parshad Sharma and K. K. Kotwal, retired master Suresh Kotwal, ex-Sarpanch Rakesh Kotwal, social activist Bal Krishan and others were present. Civil society members led by Bihari Lal Sharma extended a warm welcome to the Chief Guest adorning him with a turban and shawl before presenting



a memento and bouquet on behalf of the school.

The occasion also witnessed the joining of the new Principal, Asha Bhalwal, who was warmly greeted by staff and NCC cadets. Students Arya Veer Kotwal and Vinaakhi Raina voiced student issues and demands while Dr. Sanjeev Kumar Koul, the Associate NCC Officer, outlined the institution's notable achievements. Dr Nitin Singh Kotwal also addressed the audience commending the school's efforts in fostering academic and extracurricular excellence.

During his interaction, MLA Parihar assured full cooperation for the school's infrastructural needs particularly the early construction of the boundary wall. He also lauded the discipline and enthusiasm of the students and cadets.

The event concluded with a formal vote of thanks proposed by Dr Koul followed by a community lunch. The well coordinated programme was organised under the guidance of Incharge Principal Irshad Ahmed and supervised by Satish Kumar Principal HSS Dhrudhoo.

CITU Kashmir Members Hold Secretariat Meeting in Srinagar

■ FAROOQ RATHER

SRINAGAR, DEC 05: A meeting of Kashmir-based members of the Centre of Indian Trade Unions (CITU) Secretariat was held today in Srinagar. The meeting was presided over by CITU J&K President, Comrade M. Y. Tarigami.

During the meeting, detailed discussions were



held on organisational matters and various issues concerning workers and unions affiliated with CITU. The leadership stressed the need for all associated unions to function strictly within the framework of Trade Union laws and the constitutions of their respective organisations.

The members also decided to convene the next meeting on 13 December at Jammu, where the State Committee will deliberate on key matters, especially in light of the recent notification of the new labour codes.



Javid Ahmad Dar lays foundation stone for Nagbal Playfield at Ladoora, Rafiabad

■ HT NEWS DESK / DIPR

BARAMULLA, DEC 5: In a significant step towards strengthening the sports infrastructure in north Kashmir, Minister for Agriculture Production Department, Rural Development & Panchayati Raj, Javid Ahmad Dar, today laid foundation stone for development of Nagbal Playfield at Ladoora, Rafiabad in Baramulla.

The project is being executed by the J&K Sports Council with an estimated cost of 70.00 lakh.

Speaking on the occasion, the Minister said that the government is vigorously strengthening the sports infrastructure with modern



facilities to support the aspiring athletes. He emphasized that development of playfields will open

better avenues for the local youth to participate in sports activities and nurture their talents in a

structured and supportive environment.

The Minister announced that more playgrounds will be developed in other parts of the constituency to ensure recreational and sports facilities are accessible to all.

Later, the Minister inspected various ongoing development works in Rafiabad. He directed the officials to ensure timely completion of these vital projects while ensuring strict adherence to set quality parameters.

Senior officers from the Youth Services & Sports Department, officials from various developmental agencies and local representatives were present during the event.

MLA Lolab reviews Winter preparedness, progress on infrastructure Projects

■ HT NEWS DESK / DIPR

KUPWARA, DECEMBER 05: Member of Legislative Assembly (MLA) Lolab, Qaysar Jamshaid Lone, today chaired a crucial review-cum-preparatory meeting with senior officials from the Power Development Department (PDD) and the Jal Shakti Department to evaluate the status of ongoing infrastructure projects and finalize the strategy for winter preparedness across the constituency. With the approaching harsh winter season, the MLA underscored the paramount importance of ensuring uninterrupted and reliable delivery of essential services, specifically power and drinking water, to the residents of Lolab. He directed all concerned departments to ensure complete logistical and infrastructural readiness on the ground. The MLA released Rs. 50 lakh out of his CDF for improvement

and augmentation of Power infrastructure in Lolab constituency. Following the thorough review, the MLA issued several strict directives, emphasizing the need for removal of Bottlenecks, Immediate action to clear any obstacles hindering the timely completion of crucial projects, adherence to timelines, enhanced Coordination and cooperation between the PDD and Jal Shakti departments to preemptively avoid any disruption in services during the winter. The MLA stressed that the welfare and convenience of the residents remain the top priority, and zero tolerance will be shown for any lapses in service delivery during the peak winter period.

The meeting was attended by Engineers from PDD, STD Jal Shakti officials, representatives from NTPC, officials presented comprehensive briefings on the current progress of developmental works.

DLIC for Mission Yuva approves 296 applications under Mission YUVA at Kupwara

■ HT NEWS DESK / DIPR

KUPWARA, DECEMBER 5: The District Level Implementation Committee (DLIC) for Mission Yuva was chaired by Deputy Commissioner Kupwara, Shrikant Suse, today and approved 296 applications for establishment of self employment generating units.

This initiative aims to empower young entrepreneurs by providing them with financial assistance and capacity-building support to start and sustain their businesses, thereby fostering economic growth and employment opportunities.

During the meeting, the Committee conducted a thorough review and scrutiny of applications submitted by young aspirants. After threadbare discussion, the Committee approved 296 eligible cases for financial support and mentorship, paving the way for these budding entrepreneurs to turn their business ideas into reality.

The Deputy Commissioner emphasized the pivotal role of Mission YUVA in unlocking the potential of local youth and enabling them to build sustainable livelihoods. He directed the concerned departments to intensify awareness campaigns and outreach programs to encourage more eligible youth as well as SHGs as part of Udyam Jagruti 4.0.

The Deputy Commissioner also reviewed the performance of bank branches in disbursement of sanctioned cases as well as sanctioning and directed to expedite the process. He also directed the concerned departments for conducting mission yuva Melas for awareness cum enrolment drive plus loan disbursement in every week at field level for covering the local unemployed youth under the ambit of Mission Yuva.

The meeting was attended by ADDC Kupwara and other members and representatives of DLIC.

DC Kupwara reviews performance of PM Surya Ghar Muft Bijli Yojna

■ HT NEWS DESK / DIPR

KUPWARA, DECEMBER 5: Deputy Commissioner (DC) Kupwara, Shrikant Suse today convened a meeting of concerned officers to review the progress achieved under PM Surya Ghar Muft Bijli Yojna.

During the meeting, Executive Engineers of KPDCL Handwara and Kupwara were directed to give special focus to increasing the pace of the installation of rooftop solar panels so that maximum households are benefitted with the scheme

which aims to reduce the power bill of the consumers.

On the occasion, various vendors raised their issues before the chair about pendencies from different bank branches in disbursement of the loan applications.

The DC directed the Lead District Manager and cluster head to ensure clearing of all pending cases within a weeks' time positively.

He directed the KPDCL to hold door to door survey so that the interested households are facilitated. Vendors were also



directed to ensure pending installations in next 10 days.

The DC also directed KPDCL to complete pending inspections and vendor handling smart metering to ensure speedy installations smart meters for scheme beneficiaries.

It was informed that in the district 1152 solar rooftops have been installed through this scheme.

The meeting was attended by CPO, Executive Engineers of PDD Kupwara and Handwara, AEEs, Cluster head JK bank, LDM, and registered vendors.

DC Bandipora reviews key development works in Sumbal Stresses quality & timely fund utilisation

■ HT NEWS DESK / DIPR

BANDIPORA, DECEMBER 05: Deputy Commissioner (DC) Bandipora, Indu Kanwal Chib, today conducted an extensive tour of Sumbal sub-division to review the progress of important developmental works being executed in the area.

The inspection covered several ongoing projects, including the Construction of Public Park at Markundal, Sumbal, Construction of Health Sub-Centre at Shilvat, Construction of VAS Quarters at Hajin, and the Development of Fruit and Vegetable Market at Naidkhai under NABARD.

During the inspection, the Deputy Commissioner reviewed work status, financial expenditure and physical

progress on site. At Markundal, she inspected the construction of the Public Park, where earth filling and fencing had been completed. She directed the executing agency to expedite the execution process and make the facility operational.

At Shilvat, the DC took stock of the ongoing works at the Health Sub-Centre, where boundary fencing had been completed. She stressed the need to complete the remaining work at the earliest.

The Deputy Commissioner also inspected the Construction of VAS Quarters at Hajin and directed the concerned officers to ensure timely finishing, civil works and electrification.

Meanwhile, the DC reviewed the Fruit and Vegetable Market being developed under NABARD at Naidkhai

and took note of the expenditure incurred and progress achieved. She urged the officers to speed up the execution process and make the facility functional for the farming community without delay.

While interacting with field staff, the DC emphasised maintaining quality, regular supervision and efficient utilisation of funds. She reiterated that all works must adhere to technical specifications and timelines and directed departments to remove bottlenecks where required.

The Deputy Commissioner was accompanied by SDM Sumbal, Murtaza Ahmad Sheikh; Chief Medical Officer Bandipora, Chief Animal Husbandry Officer Bandipora, District Sheep Husbandry Officer Bandipora and other concerned officers.

Financial Literacy Camp held at Zainapora

■ HT NEWS DESK / DIPR

SHOPIAN, DECEMBER 05: A financial literacy program was today organised at CFC Zainapora, focusing on unclaimed financial assets and empowering citizens to manage their finances effectively.

The event saw participation from SDM Zainapora, Bilal Ahmad, DGM NABARD, RBI representative, LDM



Shopian and other officers and functionaries.

The program included awareness on unclaimed financial assets, with some claims dispersed on the spot. Comprehensive sessions were held on social security schemes, livelihood opportunities, and government initiatives with regard to credit-linked schemes. Discussions on sustainable agriculture, organic farming, and mixed farming practices aimed to support farmers in doubling their income was also conducted.

SDM Zainapora emphasized the importance of financial literacy, focusing on social mobilization of credit-linked schemes. He said that the banking sector is undergoing a significant transformation, and it is crucial for citizens to be aware of the emerging trends and security challenges. "By prioritizing financial literacy and adopting robust security practices, we can build trust, drive growth, and thrive in an ever-evolving financial landscape, he added.

During the event, stakeholders promoted government schemes and programs for the community's benefit, aligning with the government's vision for a financially inclusive society.

DC Baramulla reviews Major Civic Issues During Meeting in Sopore

Hands over sanction letters among PMAY-U Beneficiaries

■ HT NEWS DESK / DIPR

BARAMULLA, DECEMBER 05: Deputy Commissioner Baramulla, Minga Sherpa, today chaired a meeting at Dak Bungalow Sopore to review major civic issues pertaining to Sub-Division Sopore and Town Sopore.

The meeting focused on illegal mining, traffic regulation, drinking water supply, removal of non-functional electric and BSNL poles, and the designation of organized vending zones.

The meeting was attended by Superintendent of Police Sopore, ADC Sopore, Executive Magistrates, officers from line departments,

Police and representatives from Civil Society Sopore, Traders Federation, and various vendor groups.

During the interaction, several



issues were raised by civil society members, traders, and vendors, particularly concerning traffic congestion, encroachments, designated place for vendors, drinking water supply, and the need for streamlined urban regulation.

The DC directed all concerned departments to intensify patrolling and enforcement against illegal mining, ensuring strict action against violators.

For traffic regulation, he instructed officers to remove bottlenecks, clear road obstructions, and immediately remove defunct electric and BSNL poles obstructing vehicular movement.

Emphasizing the importance of public convenience, the DC called for strengthening the drinking water supply system

and ensuring timely grievance redressal. He also directed municipal authorities to identify proper vending zones to facilitate organized vendor activities without affecting traffic flow or pedestrian movement.

Later, the DC also handed over 9 sanction letters under PMAY-U to eligible beneficiaries, urging them to complete their construction works within the stipulated timeframe while reaffirming the administration's commitment to ensuring timely access to centrally sponsored housing benefits.

The meeting concluded with the DC directing officers to work in close coordination for time-bound redressal of public issues and effective implementation of development and welfare programmes across the district.

GMC Srinagar Keeps Diagnostic Services Functional; MRI Unit Undergoes Essential Maintenance

■ HT NEWS DESK / DIPR

SRINAGAR, DECEMBER 05: The Government Medical College (GMC) Srinagar and its associated hospitals (SMHS/SSH) and other partner facilities have successfully maintained uninterrupted diagnostic services over the past two days despite the scheduled shutdown of the MRI unit at Shireen Bagh. During the 48 hour period, a total of 67 MRI scans and 220 CT scans were completed

across the network, ensuring that patients who required imaging continued to receive care without delay. The MRI at Shireen Bagh was taken offline on 4 December 2025 for an urgent de icing and repair procedure. A routine inspection had revealed ice buildup in the magnet's venting system, which could have led to a helium leak and posed a safety risk to patients and staff. Prompt maintenance is essential to restore the unit to optimal



performance and guarantee long term safety. Logistic support, including patient transport and technical staff, was mobilised to move individuals whose scans were scheduled at Shireen Bagh to other GMC Srinagar facilities, allowing the workflow to continue smoothly. The hospital administration thanks patients, staff, and partner institutions for their cooperation and reaffirms its commitment to maintaining seamless diagnostic.



Divisional Commissioner Kashmir reviews Progress of RDSS and PM Surya Ghar Muft Bijli Yojana

Directs Executing Agencies to Achieve Feeder-Wise Target by January 31

■ HT NEWS DESK / DIPR

SRINAGAR, DECEMBER 05: The Divisional Commissioner Kashmir, Anshul Garg, today chaired meeting to review the progress of the Revamped Distribution Sector Scheme (RDSS) and the PM-Surya Ghar Muft Bijli Yojana (PM-SGMBY) across all districts of Kashmir Division.

The meeting was attended by Deputy Commissioners, MD KPDCL, CEKPDCL, representatives of J&K Bank, SBI & PNB, officers from executing agencies, and

senior representatives from regional banks.

At the outset, MD KPDCL presented detailed updates on the achievements recorded in the past month, including progress under RDSS and PM-SGMBY, loss-reduction works, smart metering works, and the current status of loan applications being processed by J&K Bank.

While reviewing the status of ongoing works, Divisional Commissioner directed all executing agencies to furnish feeder-wise progress reports



and complete the assigned number of feeders in each district by January 31, 2026. He further instructed NTPC officials to submit daily updates on installation works to the concerned Deputy Commissioners to ensure continuous monitoring at the district level.

To ensure saturation of PM-SGMBY, the Divisional Commissioner urged J&K Bank and other partnering banks to adhere strictly to the MoU-mandated checklist for sanctioning applications. He

directed them to clear all pending cases within five days.

He also instructed the ADC Srinagar to resolve the Right-of-Way (RoW) issues on Ali Jan Road in coordination with the PHE Department for smooth execution of works.

Emphasizing uninterrupted power supply during the winter season, Garg directed all Deputy Commissioners to replenish buffer stocks of Distribution Transformers (DTs) by adding additional units and ensuring repair of damaged transformers at the earliest.

DC Udhampur reviews safety measures against stray dog menace

■ HT NEWS DESK / DIPR

UDHAMPUR, DECEMBER 05: In compliance with the directions of the Supreme Court of India regarding the management of stray dogs within educational, health and other public institutions, the Deputy Commissioner Udhampur, Saloni Rai today convened a meeting of the District Level Committee to review the status of implementation of these directions in the district.

During the meeting, the DC instructed the concerned departments to identify and prepare a detailed line listing of all educational and health institutions, bus stand, railway station, sports complexes and other vulnerable locations for ensuring adequate safety measures.

The CEO Municipality was directed to identify pet shops and shelter homes under the jurisdiction of MC Udhampur, while ensuring 100% sterilization and vaccination of stray dogs in the district.

The DC emphasized the need for strict compliance with the Supreme Court directives, highlighting that the safety and welfare of children and the general public must be upheld with utmost priority. She further directed the Chief Medical Officer to ensure adequate stock of Anti-Rabies Vaccines in all the government as well as private health institutions across the district.

The Municipalities of the District were directed to construct separate shelter sheds and quarantine facilities for dogs to ensure their proper care and management.

The DC called upon all stakeholders to maintain close inter-departmental coordination, conduct regular inspections, promptly plug any existing gaps and ensure time-bound implementation of the Supreme Court guidelines.

IEI JKSC Hosts Two-Day National workshop to Empower Non-Engineer Builders

■ HT NEWS DESK / DIPR

SRINAGAR, DECEMBER 05: The Institution of Engineers (India), Jammu & Kashmir State Centre (IEIJKSC), inaugurated the first day of its two-day national workshop, "Zabaan-o-Bunyad: Empowering Non-Engineer Builders through Urdu-Medium Technical Training," at its Srinagar auditorium today.

The event brought together a diverse community of masons, carpenters, labourers, and field technicians who form the backbone of the construction sector,

reaffirming their vital role in transforming engineering concepts into physical reality besides Corporate & Executive Committee Members of IEIJKSC, Engineers, planners, academicians, etc.

The event witnessed the presence of Commissioner Srinagar Municipal Cooperation, Faz Lul Haseeb, who stressed that the strength of urban development lies not only in planning but equally in the skill and technical awareness of those who build the city block by block.

Chairman, IEI-JKSC, Er. Ferdous



Ahad Bhat, in his welcome address, underscored the urgent need to institutionalize safe and resilient construction practices, especially in light of the recent listing of Jammu & Kashmir under Seismic

Zone VI, one of the highest risk classifications. He stressed that structural safety must begin at the construction stage itself, with workers fully aware of best practices and technical precautions.

He further noted the region's vulnerability to flooding and emphasized the importance of regular, language accessible training programmes to ensure that both safety and quality are upheld across all levels of construction activity.

The technical session brought together several experts whose presentations blended academic understanding with practical relevance. The first day concluded with a sense of shared understanding and renewed confidence among participants.

Grand Finale of Shopian Idol Season-2 Concludes with Enthusiasm

DC Shopian applauds finalists, felicitates winners

■ HT NEWS DESK / DIPR

SHOPIAN, DECEMBER 05: Grand Finale of Shopian Idol Season-2 was held today at Government Degree College, Shopian marking the culmination of second edition of annual District Level talent show for aspirant singers of the district.

The event, a major youth-oriented talent initiative was organised by the District Administration Shopian under the guidance of Deputy Commissioner (DC) Shopian, Shishir Gupta under the banner of Nasha Mukht Bharat Abhiyan.

Seven finalists of the Shopian Idol enthralled the audience with the scintillating singing performance and exhibited appreciable level of competitiveness and talent.

Athar Bin Khursheed was declared as Winner of Shopian Idol Season-2 who was felicitated with a trophy, appreciation certificate, and a cash award of Rs. 8000.

Aashiq Ahmad Wani and Manzoor Ahmad Shah, adjudged 2nd and 3rd position holders were also felicitated with certificates, trophies and cash prizes of Rs 5000 and Rs 3000 respectively.

In his address, the DC congratulated the Winner of Shopian Idol Season 2 and other finalists and commended the participants for their outstanding talent, creativity and confidence. He said, platforms like Shopian Idol play a critical role in identifying young talent and encouraging the youth to pursue positive and productive endeavors.

He further highlighted the importance of the Nasha Mukht Bharat Abhiyaan, stating that constructive engagement of youth through arts, sports and cultural activities is essential for building a healthier and Drug free society.

The season two of the Annual Singing Talent Competition saw registration of more than 80 contestants who participated in series of stages, culminating in the selection of 7 finalists.

The event was attended by ADDC, Dr. Nasir Ahmad Lone; ADC, Dr. Zakir Hussain Faaz; Principal GDC Shopian, Dr. (Prof.) Shafiq Ahmad; GM DIC, Shurjil Naik (coordinator) of the event, district officers and mammoth gathering of local people and staff.

Agriculture Department Poonch distributes Soil Health Cards among farmers at Jhullas

■ HT NEWS DESK / DIPR

POONCH, DECEMBER 05: The Department of Agriculture, Poonch today organised a farmers' awareness camp here at Jhullas to mark the observance of Soil Health Day focusing on this year's theme 'Healthy soils for healthy cities.'

The event, presided over by the Joint Director SLUB, Aman Joyti in presence of Agriculture Economist Tilak Raj and Chief Agriculture Officer, Jograj Singh Slatia, witnessed the gathering of hundreds of farmers.

Addressing the gathering, the Joint Director SLUB emphasized the importance of soil sustainability and emphasised that if managed properly, soil can absorb the rainwater, regulate temperature, store carbon and improve air quality which otherwise has remained affected due to the commercial developments in the cities.

The Chief Agriculture Officer highlighted that the department has achieved the full target of distributing 2500 soil health cards. "The targets of distribution of Soil Health Cards and soil sample collection have been fully achieved, while sample analysis is under process," he added.

Emphasising the importance of the Soil Health Card, he said it is a personalized report of soil, analyzed on 12 key parameters including soil nutrient status for crop-specific recommendations and dose of fertilizer requirement. Soil analysis helps in increasing crop yield, reducing fertilizer cost and improving soil health for long-term productivity and soil sustainability, he informed.

Later, 60 Soil Health Cards were distributed among the farmers by the Joint Director SLUB and Chief Agriculture Officer. The event was also attended by the Subject matter Specialist, Field functionaries, staff of Soil Testing Laboratory Poonch and Krishi Udhaym of the zone.

Similar events were also organized at Sub-divisional HQ Surankote and Mendhar with distribution of the soil health card among the local farmers.

Meanwhile, Joint Director Aman Joyti accompanied by Agriculture economist Tilak Raj conducted a detailed review meeting here at Chief Agriculture Office Complex, focusing on the implementation of the agriculture schemes in the district.

During the visit, he inaugurated Custom Hiring Centre established under HADP at village Jhullas and inspected a Mushroom unit and Hi-Tech and Low cost Polygreen houses established by the HADP beneficiaries.

Chairman DLSA Rajouri inspects District Jail

Listens to grievances of inmates, orders immediate redressal

■ HT NEWS DESK / DIPR

RAJOURI, DECEMBER 05: Chairman District Legal Services Authority (Pr. District & Sessions Judge) Rajouri Rajinder Sapru, Sub-Judge/Secretary DLSA Shama Shamra and Chief Prosecuting Officer Shaheen Khan along with LADCs team today inspected District Jail here at Dhangri.

During the visit, the Chairman and Secretary interacted with the jail inmates and listened to their grievances. Around 25 inmates (under trials) put forth their grievances before the Chairman. The Superintendent was directed to forward the list of grievances to the office of the District Legal Services Authority Rajouri in writing for doing the needful.

Earlier, the Chairman went around the Jail premises and inspected the civic amenities and cleanliness.

The barracks and the surroundings were found very clean and tidy. The floor of the barracks was also found clean.

The Jail Superintendent informed the Chairman that presently there are 252 prisoners (231 male and 21 female) in the jail against the capacity of 152. He said that the male prisoners are accommodated in 5 barracks and females in one Barrack, which is separate.

Meanwhile, the District Legal Services Authority, under the directions of Chairman Rajinder Sapru and guidance of Sub-Judge/Secretary Shama Sharma organized an awareness camp and Street Play (Nukkad Natak) to generate public awareness about the upcoming National Lok Adalat scheduled on December 13, 2025."

The event was held in collaboration with National Public School in the premises of the District Court Complex. The programme was attended by all judicial officers, Bar members, LADCs, PLVs and general Public.

The Nukkad Natak was presented by students, spreading awareness about the significance of Lok Adalat in delivery of justice.

DC Reasi chairs DRAC meeting to review Rent Assessment Cases

■ HT NEWS DESK / DIPR

REASI DECEMBER 05: A meeting of the District Rent Assessment Committee (DRAC) was convened today under the chairpersonship of Deputy Commissioner Reasi, Nidhi Malik to deliberate on rent assessment proposals for buildings currently engaged by the government departments across the district.

The Committee reviewed 29 rent assessment cases involving properties utilized by different departments including Health, Police, Handicrafts and others. Each case was thoroughly examined, taking into account administrative requirements, infrastructure conditions and supporting documentation.

Out of the 29 cases presented, 10 were approved, 1 case was rejected, while 18 were deferred due to incomplete documentation and other procedural shortcomings.

The Deputy Commissioner directed the concerned district officers and the Public Works Department (PWD) to address the deficiencies promptly.

The DC emphasized the importance



of verifying all necessary details before renting private buildings for government use to avoid potential civil disputes. She further advised the district officers to conduct independent assessments prior to finalizing any rental arrangements and forwarding applications to the rent assessment committee.

Additionally, the Deputy Commissioner urged officials to prioritize the use of vacant government-owned buildings for official purposes, with rented accommodations to be considered only as a last resort.

The meeting was attended by ADC Rakesh Kumar, ACR Nitin Verma, SEPWD, Chief Medical Officer, Chief Agriculture Officer, District Social Welfare Officer and other concerned officials.

National Lok Adalat to be Held Across Bandipora on December 13

■ HT NEWS DESK / DIPR

BANDIPORA, DEC 05: District Legal Services Authority (DLSA) Bandipora, under the guidance of the Chairman, J&K Legal Services Authority, has informed that the next National Lok Adalat will be conducted across the district on December 13, 2025

(Saturday). The National Lok Adalat is a vital public initiative aimed at ensuring speedy, amicable, and affordable dispute resolution, enabling citizens to settle their cases without prolonged litigation. To ensure ease of access to justice for people from all areas of the district, multiple Lok Adalat benches will

be set up. The benches will function in all courts operating from the District Court Complex, Bandipora, covering matters pending before the Principal District & Sessions Judge, Bandipora, Additional District Judge (Special Judge NIA), Bandipora, Chief Judicial Magistrate/Sub-Judge, Bandipora,

Judicial Magistrate/Munsiff, Bandipora and Additional Special Mobile Magistrate, Bandipora.

Additionally, dedicated benches will also operate at the Court of Munsiff/Judicial Magistrate, Sumbal and Munsiff/Judicial Magistrate, Gurez to facilitate litigants from far-flung

areas and reduce travel inconvenience. The National Lok Adalat will take up a wide range of pre-litigation and pending cases, including Motor Accident Claims, Cheque Bounce Cases (NI Act Section 138), Criminal Compoundable Offences, Family and Matrimonial Disputes, Bank Recovery and Loan Settlement

Cases, Public Utility Service Matters (electricity, water, etc.), Civil Disputes and Money Recovery Cases and Traffic Challans (Compoundable).

All litigants falling under these categories are urged to participate and utilize the opportunity for early settlement of their matters.

DLSA Bandipora has appealed

to litigants, advocates, bank and insurance representatives, and the general public to approach the Office of DLSA Bandipora or the court staff at the District Court Complex Bandipora, Sumbal, and Gurez at the earliest, so that their matters can be identified, processed, and listed for hearing well in time.

HT EDITORIAL

Young Turks need to deliver on ground

The 2024 assembly elections of Jammu & Kashmir turned out to be a watershed moment in electoral democracy of the union territory. People in huge numbers came out and exercised their right to franchise in these elections. The significant thing about the elections 2024 was that the people who had never voted in their life braved all the odds and cast their votes across the length and breadth of the union territory.

Once the election results were out it came to the fore that many of the legislators made it to the assembly for the first time. Politicians who are newcomers in the field made merry by winning the elections and in many cases political heavyweights were defeated. Given the fact that the Omar Abdullah led union territory government is more than one year old it was expected that the new legislators would deliver the goods with the common masses feeling relieved.

To the utter dismay of the common people most of the newly elected MLAs have not come up to expectations of the masses. It is due to this reason that the people are dejected with the performance of these legislators and in some cases the masses are ruing the day when they voted for such people. The newly elected legislators need to take a lesson or two from their seniors on how to improve their performance and make a real difference in the lives of their electorate.

The 2024 assembly elections results gave an opportunity to the newly elected legislators to perform so that they turn to be real messiahs for the common masses. These people should understand that in case they fail to perform according to the wishes of the masses then they would be taught a lesson by the electorate once they revisit them after a gap of five years. More than one year has passed and four years are left for the tenure of the present assembly.

It is important that the senior politicians guide the younger ones in day to day governance and encourage them to solve the problems of the common masses. Once the young legislators get to know about the nuances of politics more so electoral politics they can be expected to deliver on ground. This would mean that the problems of the people are solved and they feel relieved. At the end of the day the common masses matter and they should feel relieved.

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Rumi of Kashmir: Remembering Allamah Mir Sayyid Amir Shah Kreeri

Abul-Waqas Muffi Syed Shareef-ul-Haq Bukhari Jawad Kariri

Allamah Fahhamah Mir Sayyid Amir Shah Kariri, one of the most celebrated scholars and mystics of northern Kashmir, is remembered as a towering intellectual and spiritual figure of his era. His deep scholarship, refined literary expression, and elevated mystical insight earned him the title "Rumi-e-Thani" — The Second Rumi, a name that continues to echo in academic, literary, and spiritual circles.

Born into a noble lineage and departing from this world in 1901, Mir Sayyid Amir Shah Kariri devoted his life to knowledge, poetry, and spiritual refinement. He stands among the rare Kashmiri scholars whose contributions span jurisprudence, theology, poetry, genealogy, and Sufism.

A Scholar of Remarkable Depth

He excelled in multiple disciplines—Arabic, Persian, Islamic jurisprudence, theology, and classical literature. His prose and poetry reflect both intellectual precision and spiritual subtlety. His work demonstrates not merely knowledge, but illumination, marked by clarity, harmony, and profound meaning.

A Legacy of Written Treasures

Shah Kariri authored several important works, many of which continue to hold academic and spiritual significance. Among them:

Khawar-namah – A verse composition interweaving Kashmiri culture, history, spiritual reflection, and literary elegance.

Mi'raj-namah – A poetic devotional recounting the ascension of the Holy Prophet ﷺ, written in a style reminiscent of Mawlana Rumi.

'Arif Qadri – Apoetic journey through the teachings and spiritual path of the Qadri Sufi order.

Sam-namah – A classical Persian-style epic showcasing his mastery over narrative poetry.

I'jaz-e-Sarmandi and Shajrah-e-Dawa'ir – Works reflecting his mystical experiences, spiritual teachings, exercises, and metaphysical insights.

Shajrah-e-Ansab-e-Sadat – A monumental genealogical work tracing the noble lineage of the Prophet ﷺ from Prophet Adam (A.S.) to later saints, meticulously documenting families such as Bukhari, Gilani, Andrabi, Naqshbandi, Samanani and others.

Mi'raj-e-Ahmadi – A devotional elegy celebrating the miracles and spiritual qualities of the Prophet ﷺ.

I'jaz-e-Sarmandi and Shajrah-e-Dawa'ir – Works reflecting his mystical experiences, spiritual teachings, exercises, and metaphysical insights.

Shajrah-e-Ansab-e-Sadat – A monumental genealogical work tracing the noble lineage of the Prophet ﷺ from Prophet Adam (A.S.) to later saints, meticulously documenting families such as Bukhari,

Gilani, Andrabi, Naqshbandi, Samanani and others.

This genealogical contribution is regarded as one of the most detailed works of its kind in Kashmiri history.

A Spiritual Guide and Mystic

Mir Sayyid Amir Shah Kariri was not only a scholar but a Murshid-e-Kamil — a perfected spiritual master. His life reflected:

humility and devotion,
spiritual discipline,
mystical insight, and
a profound capacity to guide hearts.

He was affiliated with the Qadri, Shattari, and Naqshbandi Sufi orders, and his khaanqah became — and remains — a centre of learning, spirituality, and remembrance of God.

A Poet with Timeless Influence

His poetic voice blended the ecstasy of Rumi, eloquence of Jami, philosophical depth of Bidel, and the simplicity and emotional sweetness of Kashmiri Sufism. His verses continue to inspire seekers of knowledge and spiritual refinement.

A Timeless Icon of Kashmiri Heritage

More than a century after his passing, Mir Sayyid Amir Shah Kariri remains a luminous figure — a scholar whose pen shaped literature, a saint whose presence shaped hearts, and a historian whose genealogical legacy preserved lineages of the noble Sadat.

His works stand as a valuable treasure of Kashmiri intellectual and spiritual history, and his memory endures as a source of inspiration for scholars, poets, researchers, and seekers of truth.

Rumi of Kashmir lives on — in his writings, in his khaanqah, and in the spiritual heritage of the land he transformed.

A land mark judgement by supreme court



■ SHOAB MOHAMMAD BHAT

Recently, the Supreme Court of India delivered a significant and much-awaited verdict regarding the division of inheritance (warasat) and parental rights to determine the division of their property among their children. Although the verdict was late, this is a positive step toward the safety of older parents and enhancing family values in our country.

Over the past few years, Kashmir has seen a sad increase in instances of elderly parents who are ignored, ill-treated, or abandoned by their children. Social media is usually filled with pathetic videos displaying older parents being bullied or beaten by their very sons or daughters, acts that undermine the very foundations of humanity.

One of those horrific incidents, which occurred in Kashmir, showed a son mercilessly beating up his parents in the middle of a road. Such acts do pose a very grave question: Have we lost our emotional and moral link with our mother-father figures who brought us up with love and care?

The significance of the Supreme Court's recent decision is amplified in this context. The Court has ruled that parents have the authority to decide who has a claim to their estate upon their death, and by extension, they can legally choose whose children or dependents they think ought to be the rightful owners based on their conduct, care and responsibility, not just by birthright.

Parents' Right Over Property

This ruling acknowledges the

inherent fact that ownership of the property remains with the parents as long as they are alive, and they have full jurisdiction over deciding how to distribute it. The Supreme Court has rightly explained that parents are not obligated to leave their property to any specific child, particularly if the child does not meet essential responsibilities of respect and care. With this ruling, the Court has delivered a clear warning, children who leave, abuse or mistreat their parents should not expect to receive property or inheritance as a reward. Rather, parents are now legally free to decide to bestow their property on the child who actually cares for them.

The Islamic Perspective on Inheritance

In the Islamic view, inheritance (warasat) is a divine issue to which the laws of heaven apply. According to the Qur'an, inheritance is only given after the demise of the owner of the property. When the father dies, his property and wealth are shared among the inheritors in proportions as specified by Islam.

The Qur'an specifically identifies who is eligible to receive and in what proportion. However, it should also be remembered that if a person passes away without validly settling or clearing the inheritance issues, then it is sinful, as it may lead to conflicts and injustice among family members in the future. Conversely, if parents choose to gift property during their lifetime, it is not termed warasat but (Hibba), which is a gift. A hibba in Islam should be done willingly, not under pressure, and preferably equally divided among the children.

Therefore, Islam provides for the law of inheritance at death, but also respects parents' rights to gift or distribute property in life. This is similar to a recent decision of the Supreme Court that grants parents broad rights over the disposition of their property in life and this is who



they wish to leave it to.

Moral and Social Responsibility of Children

Apart from the religious and legal aspects, this is a moral awakening for society. We all should remember that we exist today because of our parents. They toiled, sacrificed a lot, and took us through every adversity of life. But many elderly parents in today's world are staying alone or in old-age homes, away from their children. This is a reflection of a painful truth, as materialism and modernization increase, family values weaken. Once they turn independent, children tend to forget their duties towards their parents. Some even regard their parents as an encumbrance.

The new Supreme Court ruling thus serves as a legal safeguard for parents and a moral reminder for children. If children realize that inheritance is not automatic, but on the basis of their behavior and devo-

tion, they would be likely to respect and love their parents. It reintroduces a sense of responsibility and thankfulness into families.

A Step Toward a Compassionate Society

This ruling can also be seen as a step towards building a more loving and responsible society. It allows parents to make decisions independently without fear or emotional duress. It discourages self-interest and instructs children that love and care come before greed and property.

Additionally, it guarantees that those who truly deserve it, those who are there for their parents when they need them, are the ones who get blessings in the form of inheritance. This tension between justice and compassion is at the core of Indian constitutional values as well as Islamic teachings.

The Supreme Court's latest verdict on property rights and parental authority is not a legal step only; it is a moral adjustment to our times. It is an eye-opener to society, reminding us that filial piety is the cornerstone of all virtues.

As Muslims, we must acknowledge the consonance between this ruling and the Islamic religion. Islam places much honour upon the parents, and this ruling is a manifestation of that same tradition. Let us not forget that property can be restored, but parents cannot be. No amount of wealth is worth the favour of their duas or the calm that results from their service with love and respect.

This verdict will hopefully make every kid think twice before abandoning their parents and give rise to a culture of respect, concern, and moral obligation within families. The law might have come late, but it has come at the right time, reminding all of us that our parents' happiness is our biggest inheritance.

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■ [DR. RATAN BHATTACHARJEE](#)

The Renaissance is not a closed chapter in history; it is an ongoing process of renewal, adaptation, and creative exploration. As Kashmir continues to navigate the challenges of the modern world, its poets and writers remain at the forefront of this cultural awakening, carrying forward a legacy of resilience, beauty, and profound human insight.

The idea of a Renaissance—an awakening of intellectual, artistic, and cultural energies—has appeared in many civilizations across history. In Kashmir, a land already steeped in centuries of philosophical depth, spiritual inquiry, and literary refinement, the notion of a renaissance did not arrive as a sudden rupture but as a series of waves that reshaped its literary consciousness. The Kashmiri Renaissance, in its various phases, has been deeply intertwined with political upheavals, spiritual movements, linguistic transitions, and global influences. Its impact on Kashmiri poets and writers has been profound, giving rise to new forms of expression, renewed cultural identity, and a literary tradition that continues to evolve with remarkable resilience.

Kashmir's literary heritage is ancient, with roots in Sanskrit scholarship, Shaivite philosophy, and early poetic traditions. The region produced towering intellectuals such as Abhinavagupta, Anandavardhana, and Kshemaraja, whose contributions to aesthetics, poetics, and metaphysics shaped Indian intellectual history for centuries. Yet the renaissance that concerns modern Kashmiri literature is not merely a revival of ancient knowledge; it is a dynamic reawakening that began in the late medieval period and intensified in the modern era. This renaissance was marked by the emergence of new voices, new languages of expression, and new literary forms that responded to the shifting cultural and political landscape of Kashmir.

One of the earliest sparks of this Renaissance can be traced to the mystical and devotional poetry of Lal Ded and Sheikh Noor-ud-din (Nund Rishi). Lalleshwari is believed to have been born to a Kashmiri Brahmin family, and was married at the age of twelve in accordance with the local customs. Following her marriage, she was renamed, as is custom, to Padmavati, but continued to be known as Lalla or Lalleshwari. The profound connection between Lalleshwari and Nund Rishi (Sheikh Noor-ud-Din Noorani) is a cornerstone of Kashmir's spiritual and cultural heritage. Their intertwined legacies symbolize the syncretic traditions that have shaped the region's identity. Their verses, composed in the Kashmiri vernacular, democratized spiritual and philosophical thought, making it accessible to ordinary people. Lal Ded's vaakhs and Nund Rishi's shruks became foundational texts of Kashmiri identity, blending mysticism with social critique. Their influence persisted for centuries, shaping the ethos of Kashmiri poetry and laying the groundwork for later literary transformations. The modern renaissance in Kashmiri literature, however, gained momentum in the twentieth century, when political turmoil, cultural shifts, and global literary movements converged to reshape the creative landscape. The arrival of print culture, the spread of education, and the rise of new literary platforms created fertile ground for experimentation. Writers began to explore themes of identity, conflict, memory, and belonging with renewed intensity.

Sheikh Noor Uddin, also known as Nund Rishi or Sheikh-ul-Alam, was a 14th-century Kashmiri Sufi saint and poet whose verses, called shruks, are

foundational to Kashmiri literature. His poetry is known for its simplicity, spiritual themes like the ephemeral nature of life and ego annihilation, and its use of the Kashmiri language to promote social justice, religious tolerance, and environmental consciousness. His work is credited with helping to preserve the Kashmiri language and culture and is still popular in oral tradition today. His short verses, or shruks, are brief (4-6 line) sayings that express profound existential and ethical ideas in simple, accessible Kashmiri. His poetry often focuses on themes of religious tolerance, social equality, and the transient nature of earthly life, encouraging followers to realize their spiritual potential. By writing in the Kashmiri language, he helped preserve the language and culture from being overshadowed by Persian, which was spoken by the elite at the time. His work is a key component of Kashmiriyat, the syncretic spirit of Kashmiri culture that emphasizes unity between different faiths.

The Renaissance was not merely aesthetic; it was deeply political and existential, reflecting the anxieties and aspirations of a society undergoing rapid transformation. One of the most significant impacts of this renaissance was the diversification of literary genres. While poetry had long been the dominant form of expression in Kashmir, the twentieth century saw the rise of modern prose, including short stories, novels, and essays. Writers like Som Nath Zutshi contributed to this transformation by crafting short stories that captured the complexities of Kashmiri life with fresh narrative techniques and psychological depth. The Renaissance also brought a renewed focus on the Kashmiri language itself. For centuries, Persian had dominated literary and administrative life in Kashmir, followed by Urdu in the modern period.

The revival of Kashmiri as a literary language became a central project for many writers who sought to reclaim cultural identity through linguistic expression. This linguistic renaissance was not merely about preserving a language; it was about asserting a worldview, a collective memory, and a sense of belonging rooted in the soil of Kashmir. Together with fellow writer Dina Nath Naadim, he helped pioneer the genre in Kashmir. Their landmark works—Naadim's "Jawaabi Card" and Zutshi's "Yeli Phol Gaash"—emerged in the early 1950s, with both stories widely regarded as some of the first modern Kashmiri short stories. Initially writing in Urdu, the Srinagar Somnath Zutshi later switched to Kashmiri. He served as the Secretary of the Progressive Writers Association of Kashmir and, alongside Dina Nath Nadim, pioneered Kashmiri short story writing. From the inception of Radio Kashmir, Srinagar, on July 1, 1948, Zutshi began writing short stories. Despite his application for a permanent position at Radio Kashmir, he never secured a berth. One of Zutshi's notable works, "Yeli Phol Gaash" translated into English as *When the Light Dawned* and included in Neerja Mattoo's book *The Greatest Kashmiri Short Stories Ever Told*, features the character Rasul, inspired by the progressive genre's short stories of that era. This period saw frequent visits from notable progressive writers, poets, and painters like Rajinder Singh Bedi, Khwaja Ahmed Abbas, Balraj

Impact of Renaissance on Kashmiri Poets and Writers

Sahni, S H Raza, and Devinder Satyarthi, who acted as catalysts for creative activity in the valley. His collection *When the Day Dawned* is often cited as a reminder of the creative and literary era that emerged during this renaissance, marked by rich technique and varied flavor. Such works signaled a shift from traditional poetic forms to modern narrative structures that engaged with contemporary realities. Zutshi also wrote dramas in Kashmiri. His radio drama "Viji Vaav" won first prize in the All India Radio Drama competition of 1955.

Additionally, he was instrumental in creating counter-propaganda dramas during the 1965 and 1971 wars with Pakistan, as mentioned in the book "Radio Kashmir in Times of Peace and War." He received the Sahitya Akademi Award in 2003 for his short story "Yeli Fol Gaash." As a translator, he brought Franz Kafka's "The Trial" and Nikolai Gogol's "The Inspector General" into Kashmiri, earning the Soviet Land Nehru Award for his translation of Gogol in 1974. Contemporary Kashmiri poets such as Asif Tariq Bhat, Tashi Shah, Akeel Mohiuddin Bhat, Omair Bhat, and Zeeshan Jaipuri represent the continuation of this Renaissance, each contributing unique voices to the evolving literary landscape. A. Their works reflect the spiritual depth, political struggles, and cultural legacy that have long defined Kashmiri poetry. They write in a world shaped by conflict, displacement, and longing, yet their poetry remains a testament to resilience and creative vitality. The Renaissance has empowered these poets to explore themes that resonate with global audiences while remaining deeply rooted in Kashmiri experience.

Another important dimension of the Renaissance is the way it has shaped the relationship between literature and political consciousness. Kashmiri poets and writers have often used their craft as a means of expressing their views on the conflict in Jammu and Kashmir, reflecting the cultural and political landscape of the region. Poetry became a vehicle for resistance, mourning, hope, and identity. The Renaissance thus transformed literature into a form of social engagement, where writers became chroniclers of collective suffering and custodians of cultural memory.

This political dimension of the renaissance is evident in the works of many modern Kashmiri writers who grapple with themes of exile, loss, and fragmentation. Their writings capture the emotional and psychological toll of conflict, while also celebrating the enduring beauty of Kashmiri culture. The Renaissance has given them the tools to articulate these experiences with nuance and depth, blending personal narratives with broader historical and cultural contexts.

The impact of the Renaissance on Kashmiri writers is also visible in the way they engage with global literary movements. Modern Kashmiri literature reflects influences from Romanticism, Modernism, Postmodernism, and contemporary global poetry. Writers experiment with free verse, narrative fragmentation, inter-textuality, and hybrid forms, creating a literary tapestry that is both local and cosmopolitan. This global engagement has enriched Kashmiri literature, allowing writers to situate their work within broader conversations

about identity, memory, and human experience. At the same time, the renaissance has sparked a renewed interest in translation, both into and out of Kashmiri. Translators play a crucial role in bridging linguistic and cultural divides, bringing Kashmiri literature to wider audiences and introducing global works to Kashmiri readers. This exchange has expanded the horizons of Kashmiri writers, exposing them to new ideas and narrative possibilities. It has also helped preserve and promote Kashmiri literary heritage in an increasingly interconnected world.

The Renaissance has also influenced the thematic concerns of Kashmiri writers. Traditional themes of love, mysticism, and nature remain central, but they are now intertwined with contemporary issues such as migration, identity politics, environmental degradation, and technological change. Writers explore the tension between tradition and modernity, the fragility of cultural memory, and the search for meaning in a rapidly changing world. This thematic richness reflects the complexity of Kashmiri society and the multifaceted nature of its literary renaissance. One of the most striking aspects of the renaissance is the way it has empowered marginalized voices. Women writers, in particular, have emerged as powerful contributors to Kashmiri literature, challenging patriarchal norms and offering new perspectives on identity, agency, and social justice. Their works add depth and diversity to the literary landscape, enriching the renaissance with fresh insights and emotional resonance.

The Renaissance has also fostered a sense of literary community in Kashmir. Writers, poets, scholars, and readers engage in vibrant dialogues through literary festivals, workshops, journals, and online platforms. This sense of community nurtures creativity, encourages experimentation, and ensures the continuity of literary traditions. It also provides a space for collective reflection on the challenges and possibilities facing Kashmiri society. In recent years, digital media has played a significant role in expanding the reach of Kashmiri literature. Social media platforms, online magazines, and digital archives have made it easier for writers to share their work and connect with global audiences. This digital renaissance has democratized literary production, allowing emerging voices to participate in the cultural conversation and contribute to the ongoing evolution of Kashmiri literature. The renaissance has also inspired new forms of interdisciplinary creativity. Poets collaborate with musicians, visual artists, and filmmakers to create multimedia works that blend poetry with music, imagery, and performance. These collaborations reflect the dynamic and evolving nature of Kashmiri artistic expression, demonstrating how the renaissance continues to inspire innovation across creative fields.

Despite the challenges posed by political instability, censorship, and social fragmentation, the renaissance in Kashmiri literature remains a powerful force for cultural renewal. It reflects the resilience of a people who have endured centuries of turmoil yet continue to create beauty, meaning, and hope through their words. The Renaissance has given Kashmiri writers the tools to articulate their experiences with honesty and courage, transforming personal and collective suffering into art that resonates across time and space. Thus we see that the renaissance has had a profound and lasting impact on Kashmiri poets and writers. It has revitalized linguistic and literary traditions, fostered new forms of expression, and empowered writers to engage with the complexities of their cultural and political environment.

**International Tagore Awardee Formerly
Affiliate Faculty Virginia Commonwealth
University & President Kolkata Indian American
Society & multilingual International Poet cum
Columnist for national Dailies**

Lost in the Scroll: The Price of a "Continuous Diet of Brainrot"

■ [DR VIJAY GARG](#)

The digital world, once hailed as a boundless source of knowledge and connection, has revealed a critical dark side: it is actively undermining our capacity to pay attention. The phenomenon of being "Lost in the Scroll"—mindlessly consuming an endless feed of low-value, stimulating content—has become the defining cognitive challenge of the 21st century.

The Attention Economy's Paradox

The root of this problem lies in the Attention Economy, a system where human attention itself is the valuable commodity. Social media platforms, streaming services, and newsfeeds are not designed to inform or connect but to maximize time on site. This is achieved through sophisticated, constantly optimizing algorithms that prioritize engagement, often by feeding users a "continuous diet of brainrot"—content that is:

Hyper-stimulatory: Short, visually loud, and emotionally provocative (outrage, humor, shock).

Highly Personalized: Designed to hook the individual user's specific weaknesses

and biases.

Endless: The "infinite scroll" design eliminates the natural pause point of finishing a page or a chapter, encouraging perpetual consumption.

The Exponential Cost: A Poverty of Attention

The constant exposure to this diet has a demonstrable, detrimental effect on cognitive function, making focused attention exponentially harder:

Shrinking Attention Spans: Research suggests the average human attention span has dramatically decreased, with users often deciding whether to engage with content in the first three seconds. This trains the brain to demand instant gratification and rapid-fire novelty.

The Loss of "Deep Time": Complex tasks like reading a book, writing a detailed report, or engaging in deep conversation require "deep time"—a sustained, uninterrupted state of focus. Digital interruptions shatter this state, leading to a shallow, fragmented understanding of the world.

Information Overload: As Nobel laureate Herbert Simon warned decades ago, "a wealth of information creates a pov-



erty of attention." We are drowning in data, and the sheer volume makes it nearly impossible to filter, prioritize, and meaningfully retain important information.

Winning Back the Mind

While the forces driving us into the scroll are powerful, there is a growing movement toward intentional attention management. Escaping the "brainrot" diet requires a deliberate strategy:

Cultivate "Deep Work": Schedule del-

icated, non-negotiable blocks of time for focused tasks, switching off all notifications and using tools to block distracting websites.

Practice "Vertical" Reading: Re-engage with long-form, complex text (books, in-depth articles). This practice rebuilds the "attention muscle" necessary for sustained concentration.

Digital Boundaries: Implement intentional friction—turn off unnecessary notifications, designate "offline" hours, and be mindful of your screen time.

Curate Your Feed: Develop better information filtering skills. Unfollow or mute accounts that provide low-value content, and actively seek out content that challenges or enriches your understanding.

The battle is not just about time; it is about cognitive health. Reclaiming attention in the digital age is essential for critical thinking, emotional well-being, and the ability to pursue meaningful, complex goals.

**Dr Vijay Garg Retired Principal
Educational columnist Eminent
Educationist street kour Chand MHR
Malout Punjab**

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THE SPIRITUAL HEALTH



■ URINDERPAL SINGH

Spiritual health was once regarded merely as a philosophical or religious idea. Today, scientific research across psychology, neuroscience, anthropology and public health recognizes it as an essential dimension of human well-being. It involves a person's sense of meaning, connectedness, purpose, value alignment and inner harmony. Modern studies confirm that spiritual well-being is as important as physical, mental and social health, influencing resilience, emotional stability and long-term wellness.

UNDERSTANDING SPIRITUAL HEALTH
Spiritual health can be defined as a stable state of inner coherence where an individual experiences:

- clarity of purpose,
- alignment of personal values,
- emotional balance, and
- a deep sense of belonging—to community, humanity, nature or a higher dimension.

Research links strong spiritual health to:

- better psychological resilience,
- reduced stress biomarkers (like

- cortisol and inflammation),
- improved cognitive clarity,
- lower depression and anxiety,
- higher life satisfaction and prosocial behaviour.

Thus, spiritual health is measurable, scientific and deeply connected to biological and psychological processes.

DESIRES AND THEIR INFLUENCE ON SPIRITUAL HEALTH

Human desires are natural evolutionary drivers. They push us to act, create and progress. But desires exist on a wide spectrum—from basic needs to complex emotional, material and ego-driven wants. Their impact on spiritual health depends on how they are understood and regulated.

Biological and Psychological Mechanisms

Neuroscience shows that desires activate the brain's dopamine-based reward system. While healthy desires motivate positive action, excessive or uncontrolled desires can lead to:

- cravings and dissatisfaction,
- emotional instability,
- reduced self-control,
- continuous overthinking and rumination.

These states disrupt spiritual balance by distancing the mind from gratitude, inner peace and contentment.

Small Desires as the Seeds of Bigger Desires

The brain's reward prediction system creates a cycle where fulfilled desires give

temporary pleasure. When dopamine levels return to normal, the mind seeks stronger or bigger desires to feel the same satisfaction. This phenomenon—known as the hedonic treadmill—explains how small desires often grow into bigger ones, creating endless pursuit and slowly eroding spiritual stability.

HOW SPIRITUAL HEALTH GETS DEPLETED

Spiritual depletion is gradual. Key factors include:

■ **Over-Identification with Desires**
Constant striving creates dissatisfaction and drains spiritual energy.

■ **Loss of Meaning and Purpose**
Modern life often prioritizes achievement over fulfilment, leading to anxiety, emptiness and a fragmented identity.

■ **Emotional Overload and Cognitive Clutter**

Digital overstimulation, stress and continuous mental activity reduce introspection and self-awareness.

■ **Disconnection from Community and Nature**

Humans are wired for connection. Isolation lowers emotional and spiritual well-being.

■ **Moral and Ethical Dissonance**
Actions that conflict with personal values create guilt, inner conflict and reduce spiritual coherence.

RESTORING AND NURTURING SPIRITUAL HEALTH

Restoring spiritual health requires a balanced, holistic approach.

■ **Cultivation of Mindful Awareness**
Mindfulness allows individuals to observe desires without being controlled by them, improving emotional regulation.

■ **Reassessment of Life Purpose**
Reflecting on values, goals and ethics reconnects individuals with meaning and strengthens inner grounding.

■ **Gratitude and Compassion Practices**

Research shows that gratitude reshapes the brain, enhances mood and strengthens relationships. Compassion deepens awareness beyond ego-driven desires.

■ **Balancing Desires**
Instead of suppressing desires, individuals can prioritize essential ones, break impulsive patterns and cultivate moderated living.

■ **Community and Nature Connection**

Social bonds and nature exposure restore emotional balance and reinforce a sense of belonging.

CAN MEDITATION IMPROVE SPIRITUAL HEALTH?

Yes. Meditation is one of the most scientifically validated tools for enhancing spiritual well-being.

- **Neuroscientific Evidence**
- **Regular meditation:**
- **reduces amygdala activity (fear and stress centre),**
- **increases thickness of the insular cortex (awareness and empathy),**
- **strengthens the prefrontal cortex (self-control and decision-making),**

■ **enhances gamma wave activity (clarity, compassion, insight).**

These changes promote inner stability, reduced attachment to desires and a calmer mind.

Spiritual Outcomes of Meditation

Meditation helps in:

- deepening self-reflection,
- dissolving ego-driven impulses,
- strengthening universal connectedness,
- enhancing moral clarity and emotional intelligence.

Thus, meditation is not just relaxation—it is a transformative tool for long-term spiritual alignment.

CONCLUSION

Spiritual health is an essential pillar of holistic well-being. Desires are natural motivators, but when they expand unchecked, they overshadow purpose, contentment and inner balance. Understanding the psychology of desires, recognizing their escalation and learning to regulate them are crucial for maintaining spiritual harmony.

Practices like mindfulness, meditation, gratitude, compassion and value-based living help restore spiritual strength. As science continues to connect ancient wisdom with modern psychology, spiritual health emerges as a dynamic, measurable and indispensable dimension of human life—shaping not only how we live but how deeply we experience our existence.

The author is a Faculty, Science Department Sri Amritsar Sahib, Punjab

DO YOU KNOW A SIMPLE EYE TEST CAN NOW DETECT GLAUCOMA?

Researchers have developed a simple eye test that could help solve the biggest global cause of irreversible blindness—glaucoma, by detecting the onset of the disease at a very early stage. Loss of sight in patients with glaucoma is caused by the death of cells in the retina at the back of the eye. This cell death is called apoptosis.

The new technique called DARC, stands for detection of apoptosing retinal cells.

It uses a specially developed fluorescent marker which attaches to cell proteins when injected into patients. Sick cells appear as white fluorescent spots during eye examination.

In clinical trials, the pioneering diagnostic — developed by researchers at the University College London (UCL) and the Western Eye Hospital in England — allowed doctors to see individual nerve cell death in the back of the eye.

"Detecting glaucoma early is vital as symptoms are not always obvious. Although detection has been improving, most patients have lost a third of vision by the time they are diagnosed," said lead researcher Professor Francesca Cordeiro of the UCL Institute of Ophthalmology.

"Now, for the first time, we have been able to show individual cell death and detect the earliest signs of glaucoma. While we cannot cure the disease, our test means treatment can start before symptoms begin."

Glaucoma affects an estimated 60 million people in the world, with one in 10 suffering total sight loss in both the eyes.

Initial clinical trials were carried out on a small number of glaucoma patients and compared with tests on healthy people. The initial clinical trials established the safety of the test for patients, according to a study published in the journal BRAIN.

The researchers believe the test has potential for early diagnosis of other degenerative neurological conditions, including Parkinson's, Alzheimer's and multiple sclerosis.

"In the future, the test could also be used to diagnose other neuro-degenerative diseases," Cordeiro said. **Healthline**

Suffering from inflammatory bowel diseases? Include this in your diet to ease the symptoms!

Are you suffering from inflammatory bowel diseases? If yes, then start eating a diet supplemented with soy protein as it may serve as an effective adjunct therapy and can also help to ease the symptoms of the disease.

Penn State researchers reported the results after completing a study that included mice and cultured human colon cells.

The findings are significant because inflammatory bowel diseases, including ulcerative colitis and Crohn's disease, are characterized by either continuous or periodic inflammation of the colon and represent a significant risk factor for colon cancer.

Inflammatory bowel diseases, also known as IBD, has affected nearly four million people worldwide and have an economic impact of more than \$19 billion annually in the United States alone.

Joshua Lambert, associate professor of food science in the College of Agricultural Sciences said, the development of dietary strategies to mitigate IBD is of considerable public health importance.

He added that his team found that soy-protein concentrate can exert antioxidant and cytoprotective effects in cultured human bowel cells and can moderate the severity of inflammation in mice that have an induced condition similar to ulcerative colitis.



Zachary Bitzer and Amy Wopperer, former graduate students in the Department of Food Science and the lead researchers, substituted soy-protein concentrate into the diet of the mice and removed corresponding amounts

of the other protein sources, equaling about 12 percent. They kept human equivalents in mind as they determined the amount.

Bitzer said, "We didn't want to get carried away with using doses that were really high and would crowd out all the other protein that was there."

"Instead, we wanted to find a scenario that was going to fit into a more human-relevant situation."

The dietary soy-protein concentrate at the 12-percent dose level ameliorated body-weight loss and swelling of the spleen in the mice with induced inflammatory bowel disease.

Wopperer said, "Soy-protein concentrate mitigates markers of colonic inflammation and loss of gut barrier function in the mice with induced IBD."

Follow-on studies will focus on whether the results of this research with mice, published in The Journal

of Nutritional Biochemistry, are readily translatable to people.

Because soy protein is a widely used food ingredient — often used as a meat substitute and commonly referred to as "texturized vegetable proteins" in ingredient lists — Lambert believes human studies could be arranged in the near future.

"Since it is already out there commercially, that makes it more straightforward," he said. "But practically speaking, the actual clinical studies are a little bit out of our area of expertise. I think the most likely thing to happen will be for us to try to identify a collaborator either through the Clinical Translational Science Institute on campus or with someone at the Penn State College of Medicine Inflammatory Bowel Disease Center."

However, Lambert's laboratory soon will start a related investigation of whether the inflammation-moderating effects triggered in the mouse colons are due solely to the soy protein or also may be caused by soy fiber. Soy-protein concentrate is 70 percent protein by weight, but it also has quite a bit of soybean fiber in it, he explained. **Healthline**

Bedtime habits for good sleep

Like with most other things, there's a protocol for peaceful bedtime. A comforting bath, softly-lit ambience, relaxing conversation and no stimulants... are some factors that decide whether you'll sleep well. Studies prove a good sleep hygiene solves long-term sleep issues.

Lay out your clothes
You can help your body recognise that bedtime is looming by setting routines and repeating them every night, like laying out your nightwear. If people establish nightly routines, they can help their brain shift into sleep mode faster.

Fix the lights
As it starts getting dark outside, your body releases the chemical melatonin, which peaks at 2-3 am. It automatically makes you sleepy. Any kind of light (gadgets, phones, iPads) that interferes with the secretion of melatonin, causes a delay in sleep and poor quality slumber. Lights in the bedroom should be dimmed and gadget use avoided for at least one hour prior to bedtime.

No stimulants
A heavy meal or spicy snack too close to bedtime can leave your digestive system working overtime. Also, any substance high in caffeine or nicotine acts as a stimulant and



interferes with the ability to fall asleep. They are best avoided for at least 4-6 hours before bed. Also, contrary to common belief, alcohol relaxes and induces sleep only initially. In the long run, it actually keeps you from getting the deep, restorative REM sleep you need to feel refreshed.

Cut the noise
High intensity sounds can cause arousals (periods of wakefulness in sleep) resulting in poor quality of sleep. It results in fatigue during the day. For instance, intense traffic noise causes increased cortisol levels, resulting in poor sleep. So, what content you watch or listen to before

sleeping is also crucial. Soothing chants or symphonies, a light banter with kids or simply catching up with your spouse can put you at ease.

To nap or not to nap
Snoozing while travelling or catching short power-naps in between work is a habit with most of us. However, studies have shown that sleep is best obtained in a single and continuous block and such frequent naps during the day may eventually hamper a restful night's sleep.

Breakfast, rich in vitamin B6, and sunlight exposure in the morning hours (for at least 10 min) is known to improve sleep quality. **Healthline**

Early diagnosis, right treatment can control asthma, say experts

With World Asthma Day being observed on May 2, experts have stressed on the importance of lung check-up. Pulmonologist Dr Nitin Abhyankar highlighted that asthma is a long-term disease that has no cure, but can be controlled through inhalers.

"There are many patients who stop using inhalers once they feel better. This can be dangerous and affect their breathing... Patients should consult their doctor before taking any step and get necessary tests done to keep their lungs healthy and fit," Abhyankar said. The important tests for proper lung check-up include spirometry and pulmonary function test. Spirometry measures airflow, by measuring how much and how quickly one exhales. It can evaluate a broad range of lung diseases.

Whereas pulmonary function tests are a broad range of tests that measure how well the lungs take in and exhale air and how efficiently they transfer oxygen into the blood. Lung volume measurement detects restrictive lung diseases. These tests further helps in early diagnosis of asthma and the right treatment plays a crucial role in patient condition.

Asthma patient, if not received proper treatment, runs the continuous risk of asthma attacks which often requires regular admission to hospital and can be life-threatening, Dr Mahavir Modi said.

According to the WHO, between 100 and 150 million people around the world suffer from asthma. In India, the soaring numbers have reached 15-20 million and the number will continue to grow until adequate emphasis is laid on the importance of identifying the right medication, which can help manage asthma effectively, experts said. **Healthline**

Suffering from bleeding gums? Eat these foods to prevent it!

Does your gums bleed often? Well, bleeding gums is caused by the buildup of plaque at the gum line which leads to inflamed gums or gingivitis. S

Bleeding gums could also be an indication of a periodontal or gum disease which should be taken care of immediately.

The best way to prevent bleeding gums is to add certain foods in the diet as it can help heal the gums and improve the oral health.

Here are a few foods which we should eat to prevent bleeding gums: Vitamin C rich foods

One should include a lot of citrus fruits like oranges and lemons in your diet to maintain healthy tissue in the gums and encourage healing as deficiency of Vitamin C often causes your gums to bleed.

Apricots

Eat lots of apricots as they are a good source of beta-carotene which converts to vitamin A in your body. Vitamin A deficiency can also contribute to sore and bleeding gums. Even spinach and carrots are also good sources of beta-carotene.

Milk
Make sure that you drink at least two glasses of milk every day to prevent bleeding gums as you need calcium in your body to strengthen your gums.

Raw vegetables
Include lots of raw vegetables in your diet as it helps to improve the blood circulation in your gums, thus reducing bleeding of gums.

Cranberries
Because of its antibacterial properties, cranberries clean the gums of excess bacteria. And consuming cranberries can be a good way to stop bleeding gums. **Healthline**



Devyani Rana Urges Students to Pursue Excellence



HT NEWS DESK

JAMMU, DEC 05: MLA Nagrota Ms. Devyani Rana, attended the Felicitation Ceremony at Heritage School today and delivered an inspiring address that highlighted the enduring value of excellence, integrity and purpose-driven leadership among students.

In her remarks, Ms. Rana reflected on the significance of the occasion and the promise represented by the young achievers. "Standing here today evokes memories of my own school years," she said. "It is a profound honour to address such bright young minds and to stand alongside the teachers whose guidance shapes their future. This moment is both humbling and deeply meaningful."

Rana remembered political stalwart Late Shri Devender Singh Rana Ji and his long-standing association with the institution. "Rana Sahib visited this school on several occasions as Chief Guest on several events and as a parent to a Heritagean, holding the institute in the highest regard.

To be invited here is both a privilege and a responsibility," she said.

Speaking directly to the students, Rana offered a message rooted in hard work and perseverance in the pursuit of excellence. "You are the future leaders, creators, thinkers and change makers of our nation. Your accomplishments today should make your families proud, but they should also inspire those around you. True success is not measured only by accolades. It is measured by the example you set and the lives you uplift. Excellence grows out of discipline, humility and a commitment to doing what is right, even when no one is watching."

She encouraged the students to remain grounded in their values, to pursue their goals with laser-focus and to approach the world with compassion. "As you move forward, let your character be your compass and let your effort reflect the promise within you," she said.

Heritage School Principal Mr. Akash Pradhan praised the students for their achievements and noted that their dedication reflects the school's

mission to shape confident, capable and responsible individuals. He expressed gratitude to the teachers and parents for their continued support and reaffirmed the institution's commitment to fostering academic excellence, creativity and leadership. He also acknowledged the guidance and support of the School's leadership, including Chairman Mr. Sunil Gupta, Mr. Rohit Gupta, Mr. Vishal Gupta, Mrs. Sunita Gupta, and Vice Principal Ms. Rashmi Thakur, who have played a central role in strengthening the school's vision of excellence.

The ceremony featured a series of cultural performances that showcased the students' talent, confidence and creativity, reflecting the school's focus on holistic development and co-curricular engagement.

The programme concluded with the felicitation of outstanding performers across various fields, celebrating not only their achievements but also the spirit of aspiration, discipline and service that defines Heritage School.

NC-Led J&K Govt Achieved A Lot In One Year Despite UT Status: Farooq Abdullah

HT NEWS NETWORK / KNO

SRINAGAR, DEC 5: National Conference (NC) president Farooq Abdullah on Friday defended the Jammu and Kashmir government, saying a lot has been achieved in its first year within the limited powers granted to it under the Union Territory set up.

Abdullah, however, said a lot more needs to be done to ease the sufferings of the people.

"We still have a lot to cover. Whatever we could do this year, it is before you. Our opponents will always tell you that this or that has not been done, but they will not tell you what has been achieved," Abdullah said here.

He was addressing the party workers near the mausoleum of the NC founder and his father, Sheikh Mohammad Abdullah, in Hazratbal on the occasion of the latter's 120th birth anniversary.

The NC chief said the biggest accomplishment in the first year of the elected government has been "that we can move around freely now, and speak freely". "Today, our opponents take out rallies and protest marches," he added.

However, Abdullah expressed regret over some party leaders speaking against the party and the government.

"For God's sake, tell me what more could have been done in one year, even as everything is up to the Lieutenant Governor? Despite that, our total endeavour has been to ease the sufferings of the people. The assembly members go to every corner and try to address the problems of the people, don't you see that?" he said.

The NC chief said the party is "treading this path despite several difficulties".

"It is like walking on a razor's edge," he added.

The former chief minister of the erstwhile state of J-K said the party MLAs are working very hard, but people want everything to happen in an instant.

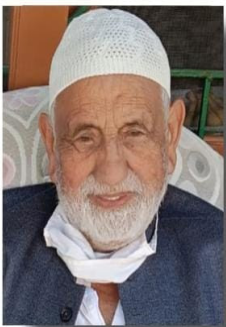
"We still have four more years. God willing, you will see the transformation in your areas in four years," he told the party workers.

He said the time has come to introduce young and educated faces, especially women, into active politics. "The Municipal and Panchayat elections are coming nearer. The youth must take charge now. Our educated boys and girls need to step forward and serve their people. I also urge you to focus on strengthening the party and stop making statements. Everyone is issuing statements," he said.

Calling upon party workers to remain united, he said unity was essential to strengthen the party and the government.

"Your opponents will try to create difficulties in your path, but you should not be afraid. God bestowed you with success and will also make you successful in future," he said, adding, "I could have gone to the Parliament, to the Rajya Sabha, but I wanted those persons to go there who can work and raise the issues of the people". (Agencies)

OBITUARY



With profound grief and sorrow, we inform the sad demise of

Bashir Ahmed Khan

Retired Community Health Officer (Punjabi)

who passed away on 4th December 2025 at Magrib Namaz.

The Congregational **Fateh Khawani** will be observed on **Sunday, 07-12-2025**, at their ancestral graveyard in **Ikhray Pora, Srinagar**, at **10:30 AM**.

Bereaved: Family 7006347969

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Gist of e-NIT 49 CDC OF 2025-26 | DATED: 29-11-2025

For and on behalf of the Lieutenant Governor of Jammu and Kashmir (UT), e-tenders are invited in two cover system (Technical and Financial) on Percentage basis from the Registered/ Approved PWD Civil Contractors whose registration cards are valid in terms of standing rules, for the below mentioned works strictly as per the terms and conditions given hereunder:-

Sl. No.	Name of work	Estt. Cost of work incld. Depttl. materials (Amount in lacs)	Cost of Tender Document (Rs.)	Earnest Money Deposit (EMD)	Time of completion	Class	Head of Account
01.	Construction of drain from H/o Aijaz Ahmad Dar to H/O Gh Mohammad Lone near Masjid Ahli Hadith at Ahanger Mohalla Hyderpora.	Rs.4.58	Rs.150/-	Rs.9160/-	15 days	DEE	Constitutional Development Fund (CDF)
02.	Construction of storm water drain from H/o Gh. Qadir Jan to PDD Receiving Station Baghe Mehtab.	Rs.2.195	Rs.100/-	Rs.4390/-	07 days	DEE	Constitutional Development Fund (CDF)
03.	Construction of drain from the House of Mohammed Issaq to the House of Mukhtar Ahmed Near Masjid Khairul Anam Lane Ikhrapora in Lal Chowk Constituency.	Rs.5.73	Rs.200/-	Rs.11460/-	15 days	CEE/DEE	Constitutional Development Fund (CDF)
04.	Construction of RCC pipe drain from H/o M. Rafiq Naqash to shop of Muzafar Ahmad Lone extended upto Achbagh Mallagagh. (Fresh)	Rs.5.95	Rs.200/-	Rs.11900/-	20 days	CEE/DEE	Constitutional Development Fund (CDF)

The NIT Consisting of qualifying information, eligibility criteria, specifications, Bill of quantities (B.O.Q), Set of terms and conditions of contract and other details can be seen/downloaded from the departmental website www.jktenders.gov.in as per the schedule of dates given hereunder:-

01.	Period of down loading of bidding documents.	01-12-2025 from 10:00 A.M.
02.	Bid Submission Start Date	01-12-2025 from 02:00 PM
03.	Bid Submission end Date	06-12-2025 upto 05.30 PM
04.	Date & time of opening of online (Technical Bids)	08-12-2025 at 11.00 AM in the office of Executive Engineer, City Drainage Civil Division, Regal Lane Srinagar OR any subsequent date convenient for the tender Opening Authority.
05.	Date & Time of opening of online (Financial Bids)	After completion of technical evaluation.

Documents to be uploaded

a.	Tender Document Fee	Scanned copy of tender document fee in the shape of Bank receipt. The amount should be deposited in the official bank account in J&K Bank, A/C No. CD/0367010200000093 , Branch: Tankipora . IFC Code: JAKA0TANKEE . The tender document fee should be deposited between the date of issuance of NIT upto end date of submission of bid.
		(The tender document fees received from the bidders shall be deposited in the concerned Treasury through proper Government Receipt (G.R) by the Divisional Cashier). The Authority reserves the right to cross check genuinity of the receipt of tender document fee.
b.	Earnest Money Deposit	Earnest money deposit in shape of CDR/FDR pledged to Executive Engineer City Drainage Civil Division Srinagar. The bidder has to upload documentary proof (scanned copy) of earnest money deposit @2% of the estimated cost pledged to Executive Engineer City Drainage Civil Division, Srinagar. In case of unsuccessful bidder, the EMD shall be released immediately after the opening of price bid. In case of successful bidder, EMD shall be released after submission of Performance Security.
c.	GST Registration	Valid scanned copy of GST Registration with latest return.
d.	Enlistment of Card	Scanned copy with its validity and verification.
e.	PAN	Valid scanned copy.
f.	Acceptance of Commercial terms and conditions Annexure "A" duly signed by the bidder.	

TERMS AND CONDITIONS:-

- The bids for the work shall remain valid for a period of 90 days from the date of opening of financial bids.
- The Executive Engineer City Drainage Civil Division Srinagar reserves the right to accept or reject all tenders or any tender in part or whole without assigning any reasons thereof
- Bidders are advised to read the NIT carefully before participate in the Bidding process.
- The contractor/bidder shall disclose the bank account number which is linked with their GSTIN at the time of bid submission, no payment shall be released by this division to any other bank account except one linked with the GSTIN registered number of the successful bidder.**
- At the time of tendering**, bids must be uploaded all the requisite documents, alongwith the cost of Tender document Fee in shape of Bank Receipt to be deposited in in the official bank account in J&K Bank, A/C No. CD/0367010200000093, Branch: Tankipora, IFC Code: JAKA0TANKEE of the underanged and Earnest Money Deposit Date (C.D.R/FDR) pledged to the Executive Engineer City Drainage Civil Division Srinagar (**The date of tender document fee should between the date of starter of bid and bid submission end date**).
- The earnest money deposit (EMD) of the successful bidder shall be released only after the submission of performance security in the shape of CDR/FDR/BG which will be released under rules after successful completion of the work, and in case of unbalanced bid, Additional Performance Security is required which shall also be released under rules after successful completion of work. However, the EMD of the unsuccessful bidder shall be released immediately after the opening of price bid.
- Un-balanced Bid**:- In case of un-balanced bid, the successful bidder L1, shall have to deposit an Additional Performance Security in the shape of CDR/FDR as per the Circular issued by J&K Finance Department Dated: 08-08-2025 vide No. FD-Code/441/2021-02-158 before award of contract.
- In case of tie bids, the department shall identify the tied bidder and shall select the L1 based on the draw lots, in presence of tied bidders, if they chose to be present.
- All other terms and condition shall remain same as laid down in the PWD form No. 25.
For further details, terms and conditions log on www.jktenders.gov.in.
No: CDC/C/6402-04 | Date: 29-11-2025

Sd/- (Er. Sohaib Yousuf) Executive Engineer
City Drainage Civil Division SMC Srinagar

DIPK: 8731/25 | Dated: 05-12-2025

Government of Jammu and Kashmir (UT)

Office of the Zonal Education Officer Chadoora

E-mail: chadoorazeo@gmail.com

Auction Notice-III (Final)

In continuation to this office No: ZEO/CHD/PLG/25/396-98, Dated: 22/10/2025 & ZEO/CHD/Plg/25/473, Dated: 19-11-2025. Due to poor response from first auction bid held on 01-11-2025 and Second bid auction on 28-11-2025, It is for the information again the general public ii that Zonal Education Officer Chadoora District Bugdam is hereby inviting bids / auction on behalf of the higher ups of the School Education Department vide reference CEOB/Auction/P1g/23326-31/ Dated: 13/10/2025 from the interested parties for demolition and disposal of two School dilapidated -unsafe structure / buildings in the premises of Govt Middle School Kathairgund Zone Chadoora disposal serviceable / unserviceable materials , loading, cleaning away materials from the site and also clearing the site in all respects as directed by concerned in-charge.

1. The auction minimum bidding amount has been fixed as per valuation / assessment report given jointly by the technical wing of R&B department Chadoora which is Rs.523758 /- (Rupees five lac twenty-three thousand Seven Hundred and Fifty-Eight) vide No-EE/R&B/CHD/3300-3302, Dated: 27-09-2025.

2. The auction fee (CDR) 2% of bid amount/= (refundable) in the form of DD/Cheque in favour of Zonal Education officer Chadoora shall be submitted by the bidder in advance within 4 days after issuance of this notice.

3. CDR Not allowed on auction day.

4. NOC of Commercial Taxes.

5. 20 % of the amount of the highest bid will be deposited in cash with the cashier of this office

6. The highest / successful bidder will have to deposit the full balance amount by cheque / within (02) days from the issue of letter of acceptance of this bid.

7. The School Education department and the administration are not responsible for any loss or devaluation in the quality of article and materials during dismantling and it will be the total responsibility of successful bidder.

8. Any type of accident or casualties during dismantling of the structure will be the responsibility of successful bidder no claim shall be made by the bidder.

9. During the auction if any dispute creates the committee decision will be treated final no claim whatsoever will be entertained by any one.

10. No extra remuneration claim shall be made by the bidder.

11. The successful bidder shall complete the dismantling process and clean the site within 10 days positively after depositing full payment of bid.

12. The dismantling building committee reserve the rights to accept or reject the bid keep the highest bid pending for open negotiation without assigning any reason thereof.

13. The auction date will be 09-Dec-2025, in the School premises of Middle School Kathairgund Chadoora at 11:30 AM.

No: ZEO/CHD/PLG/25/500

Dated: 02/12/2025

Sd/- Zonal Education Officer
Chadoora

DIPK: 8744/25 | Dated: 05-12-2025

Divisional Commissioner Kashmir reviews Mission Yuva Implementation

■ HT NEWS DESK / DIPR

SRINAGAR, DECEMBER 05: Divisional Commissioner Kashmir Anshul Garg on Friday convened a review meeting to assess the progress of Mission Yuva across the Kashmir Division.

The meeting was attended by Deputy Commissioners, the MD Mission Yuva J&K, representatives of J&K Bank, and other concerned officers.

At the beginning, the Director Mission Yuva presented a detailed briefing on the initiative's objectives.

He explained that Mission Yuva aims to transform J&K into a vibrant centre for entrepreneurship and sustainable employment.

The presentation covered major components of the mission,

including mass employment generation through enterprise creation, development of a broad business support ecosystem, strengthening existing enterprises to enhance SGDP, and building a dynamic startup and innovation culture.

He also highlighted the 4Cs framework including Culture, Capital, Capacity, and Connectivity, the ongoing grassroots awareness campaign, and the features of the Mission Yuva App and Portal.

During the review, the Divisional Commissioner directed officials to revise the motivator selection process at the district level to ensure that only capable and committed individuals are chosen. He also urged Deputy Commissioners to follow up with



banks for timely disposal of SBDUS applications approved by the DLICs.

Emphasizing the need to reduce pendency, he called for proper handholding of applicants so that

bottlenecks can be addressed and implementation can move forward smoothly.

KVK Samba Celebrated WORLD SOIL DAY 2025

■ HT NEWS DESK / DIPR

JAMMU, DECEMBER 5 : Krishi Vigyan Kendra, Samba of She-e-Kashmir University of Agricultural Sciences & Technology of Jammu celebrated "World Soil Day 2025" on 5th of December at KVK Samba under the dynamic leadership of Professor. B.N. Tripathi, Vice-Chancellor, SKUAST-Jammu, instructions of Amrish Vaid Director Extension, SKUAST-J and the supervision of Dr. Sanjay Khajuria, Chief scientist & Head, KVK Samba. More than 80 farmers have actively participated in the programme. Prof. Sanjay Khajuria, Chief Scientist & Head, KVK Samba in his address spoke about the theme for World Soil Day 2025 is "Healthy Soils for Healthy Cities," which focuses on the role of urban soils in sustainable city development. The theme highlights how healthy soils are crucial for urban environments to support food production, filter water, regulate temperature, and store carbon, while also acknowledging the pressures of urbanization like soil sealing and pollution. Emphasized upon the importance of soil in agricultural productivity and expressed concern over the rising soil erosion in the district. He stressed upon farmers about the use of agroforestry techniques to promote soil health. He gave an insight into the importance of millet crops like pearl millet, sorghum millet, little millet, foxtail millet, barnyard millets in our daily diet and their role in maintaining the soil health and fertility. Our planet's survival depends on the precious link with soil. Dr. Khajuria explained that Over 95 percent of our food comes from soils. Besides, they supply 15 of the 18 naturally occurring chemical elements essential to plants. However, in the face of climate change and human activity, our soils are being degraded. Erosion disrupts the natural balance, reducing water infiltration and availability for all forms of life, and decreasing the level of vitamins and nutrients in food. Sustainable soil management practices, reduce erosion and pollution, and enhance water infiltration and storage. They also preserve soil biodiversity, improve fertility, and contribute to carbon sequestration, playing a crucial role in the fight against climate change. But when we think about soil, we almost always associate it with the countryside and nature. We rarely stop to consider that urban soil is also fundamental. As the World Soil Day 2025 focuses on urban landscapes with the theme "Healthy Soils for Healthy Cities." Beneath asphalt, buildings, and streets lies soil that, if permeable and vegetated, helps absorb rainwater, regulate temperature, store carbon, and improve air quality. But when it's sealed with cement, it loses these functions, making cities more vulnerable to flooding, overheating, and pollution. Therefore, this day invites everyone—from policymakers to citizens—to rethink urban spaces from the ground up, to build greener, more resilient, and healthier cities. The Special Guest of the programme was Radhey Sham EX-BDC Chairman and noted in his address lauded the efforts of KVK Samba for reaching out each and every nook and corner of the district. He also stressed to raise awareness of the importance of maintaining healthy ecosystems and human well-being by addressing the growing challenges in soil management, fighting soil salinization, increasing soil awareness to improve soil health. He also told the farmers that such awareness programmes shall be the regular feature for the farming community at village level to make them aware of the balanced use of fertilizers to increase productivity and maintain soil health. During the programme, KVK Samba has also demonstrated Agriculture drone for the benefit of the farming community. During the interaction, Prof. Khajuria briefed the farmers about the use of drone in agriculture to farmers as it has many distinct advantages such as high field capacity and efficiency, less turnaround time and other field operational delays, wastage reduction of pesticide and fertilizers due to high degree of atomization, water saving due to ultra-low volume spraying technology in comparison to traditional spraying methods, reduction in cost of spraying and fertilizer application in comparison to conventional methods etc.

GCW Parade, Rangyug conclude Masks and Props Workshop, 80 students showcase handcrafted works

■ HT NEWS DESK / DIPR

JAMMU, DECEMBER 05: The Skill Development Cell, Department of Performing Arts (Theatre), Government College for Women Parade Ground, in collaboration with Rangyug, concluded the seven-day Masks & Props Workshop today with an exhibition-cum-sale of masks and props created by the students.

The workshop, held from November 29 to December 4, 2025, witnessed participation of around 80 students from different departments, including participants from the first and third semesters of the Theatre Skill Course.

During the exhibition, students showcased a wide range of handmade theatre masks and props, reflecting creativity, craftsmanship and an understanding of visual design and stage aesthetics. Several items were sold to visitors, faculty members and students, encouraging learners to explore artistic entrepreneurship alongside skill development.

Speaking on the occasion, Nodal Principal All colleges Jammu Division, Dr. Ravender Kumar Tickoo congratulated the students and expressed satisfaction over their creative output. He stated that the workshop has strengthened students' confidence, enhanced their practical understanding of theatre production and promoted interdisciplinary learning. He further emphasized that such initiatives are crucial for implementing NEP-2020 in letter and spirit by integrating skill-based, experiential learning into



higher education.

Founder/Director Rangyug Deepak Kumar appreciated the enthusiastic response of the students and highlighted the importance of hands-on learning in theatre education. He said that the workshop reflects Rangyug's mission to nurture young performers through creative exploration, professional mentorship and collaborative pedagogy, preparing them for contemporary theatre and allied creative industries.

The technical sessions were conducted by Narinder Sharma, a renowned theatre practitioner with over 35 years of experience. He trained the participants in mask-making, prop designing, material handling, colour mixing and visual interpretation, enabling them to produce theatre-ready objects independently.

The workshop concluded with interactive sessions, peer review, and reflections by students who shared their experiences of learning new skills, working with diverse materials and understanding the functional role of design in performance.

The initiative underscores the efforts of GCW Parade and Rangyug to create meaningful platforms for artistic engagement, promote skill development and build a vibrant culture of theatre education in Jammu & Kashmir. The faculty members who observed the details of the masks and other exhibition items were; Dr Alpana Vohra, Dr Rakesh Kumar, Dr Atiya Sayeed and Randheer Kour from Arts, Sciences and Computer Sciences Departments.

District Kishtwar hosts "Aapki Poonji, Aapka Adhikar" Camp Over 50 Unclaimed Fund cases settled

■ NEWSPPOINT BUREAU

KISHTWAR, DECEMBER 05: A mega district-level camp under the nationwide campaign "Aapki Poonji, Aapka Adhikar" ("Your Money, Your Right") was organized today by the LDM Office Kishtwar at the Conference Hall of the New DC Office.

The campaign, launched by the Union Finance Minister on 04 October 2025, is being conducted across the country from October to December 2025 to facilitate the settlement of unclaimed funds regulated by the RBI, MCA, SEBI, IRDAI and PFRDA.

The event was graced by the Deputy Commissioner Pankaj Kumar Sharma as the Chief Guest. The programme commenced with a detailed presentation by the Lead District Manager (LDM) on the campaign's core motto—Awareness, Access and Action—along with an overview of the different phases conducted nationwide in October and November.

During the camp, RBI LDO Amandeep Singh addressed the participants and explained the objectives of the campaign. He elaborated on the process for claiming unclaimed amounts in bank accounts, shares, company dividends and mutual funds.

He also highlighted the usefulness of the UDGM portal, which enables citizens to trace and claim unclaimed deposits with ease.

An open discussion was held with claimants present at the event, during which several individuals shared the difficulties they had faced in reclaiming their funds. Many



grievances were taken up and resolved on the spot by the officials attending the camp.

RBI LDO informed the gathering that approximately 8.5 crore of unclaimed funds are currently lying in the Depositor Education and Awareness Fund (DEAF) in Kishtwar district, emphasizing the need for collective efforts to reduce the pendency.

The Deputy Commissioner stressed the importance of close coordination between banks and the district administration to enhance awareness and expedite the settlement of unclaimed funds.

A key highlight of the event was

the distribution of settlement cheques by the Deputy Commissioner to subscribers of various banks, including J&K Bank, SBI and PNB. The claimants expressed appreciation for the Government of India's initiative, led by the Department of Financial Services (DFS) and recommended wider publicity to help more people benefit from the campaign.

As many as 14 DEAF Accounts were settled with the help of Financial Literacy Centre (CRISIL Foundation).

The banks settled 51 cases including 28 by J&K Bank, amounting 14.34 lakh, 5 by SBI totaling 5.20 lakh and 18 by PNB amounting to 35,000.

Major Push for SBM-G: DG Rural Sanitation inaugurates Plastic Recycling Facility of IPCA at Samba

Households to receive ₹10 per kg for plastic waste

■ HT NEWS DESK / DIPR

SAMBA, DECEMBER 05: In a major step toward strengthening plastic waste management in rural Jammu & Kashmir, Director General, Rural Sanitation Anoo Malhotra on Friday inaugurated a state-of-the-art Plastic Recycling Facility at Samba.

The unit has been established with the support of the Indian Pollution Control Association (IPCA) and SBI Cards under its CSR initiative.

The launch aligns with a Memorandum of Understanding (MoU) between the Directorate of Rural Sanitation and IPCA, under which rural households will be paid ₹10 per kilogram for clean dry plastic waste.

Officials said the incentive is expected to boost household-level segregation and ensure that low-value plastics, such as polybags, wrappers and multi-layered packaging, enter the recycling chain instead of accumulating in rural landscapes.

Speaking on the occasion, Ms. Malhotra said the facility marks a turning point in rural waste management across the Union Territory. "Plastic menace is



dangerous as it directly affects health, soil, water and everyday life," she said.

She added that the Samba facility "is an eye-opener and must be replicated in the Kashmir division as well," noting that raw material is available at the doorstep and urging more entrepreneurs to help strengthen

the recycling ecosystem.

Others who attended the event included Zaheer Abbas Bhat, Deputy Director Rural Sanitation, Jammu, ACP Samba, BDOs of the district, Consultants from the PMU of Directorate, officials from SBI and others.

The DG also called for enhanced CSR partnerships to

support plastic collection systems, community-level segregation infrastructure and stronger market linkages for recycled products.

IPCA Director Ashish Jain, who attended the inauguration, highlighted the unique challenges of plastic management in J&K. "Jammu's terrain makes waste

collection difficult, and tourist areas contribute to high plastic loads," he said. "This facility will reduce logistics costs and create sustained demand for low-value plastics. Our objective is to operate it at full potential."

BDO Samba Saqib Sharief Khan emphasised the importance of decentralised waste management and community participation. He pointed to local innovations such as the '10 kg Plastic Model' and door-to-door segregated waste collection systems operating in villages.

"This facility connects our grassroots efforts to an actual recycling process," he said, assuring full administrative support for its functioning.

Officials noted that the new recycling unit will significantly enhance the Union Territory's capacity to manage plastic waste and contribute to the broader objectives of the Swachh Bharat Mission (Grameen).

By institutionalising plastic collection and scientific processing, the facility is expected to prevent plastic and MLP from becoming a health and environmental hazard in rural areas.



Russian President Putin receives guard of honour at Rashtrapati Bhavan

UNITED NEWS OF INDIA

NEW DELHI, DEC 5 : Russian President Vladimir Putin received a ceremonial Guard of Honour at Rashtrapati Bhavan in New Delhi on Friday, marking the start of a packed day of high-stakes diplomatic engagement with Prime Minister Narendra Modi during the 23rd India-Russia Annual Summit.

President Droupadi Murmu and Prime Minister Narendra Modi welcomed him at the forecourt, where the leaders exchanged greetings before proceeding to formal engagements.

Putin arrived in the capital on Thursday evening and was accorded full state honours during the ceremony at Rashtrapati Bhavan.

The visit, the first by Putin to India in four years, will include the 23rd India-Russia Annual

Summit, high-level defence and energy talks, and the signing of a long-term strategic economic 2030 roadmap agreement.

Following the welcome, he is scheduled to visit Rajghat to pay homage at Mahatma Gandhi's memorial, a customary gesture for visiting heads of state.

On Thursday night, PM Modi hosted a private dinner for the Russian President, mirroring the hospitality extended by Putin during Modi's visit to Moscow in July 2024.

The centrepiece of the visit will be the 23rd India-Russia Annual Summit at Hyderabad House.

Prime Minister Modi is also set to host a working lunch for the visiting leader and his delegation.

Defence cooperation is expected to take precedence during the talks, with India likely to press for faster delivery of



pending military hardware, including systems delayed since the onset of the Ukraine conflict. India is expected to press for expedited delivery of pending

military hardware, particularly given delays in certain platforms since the war in Ukraine began. Key discussions are expected to include additional S-400 air

defence systems. Kremlin spokesperson Dmitry Peskov on Tuesday confirmed that the Russian stealth bomber Su-57 is certainly on the agenda during

the summit with Prime Minister Narendra Modi.

"SU- 57 is the best plane in the world. SU57 will be on the agenda," Peskov said, offering a glimpse into top level talks between the two leaders.

The talks on Russian stealth bomber Su-57 is on the table on Putin's arrival even as talks on acquiring American stealth F-35 fighter continues runs in rough weather after US punitive trade sanctions on India and with New Delhi now firm on getting full control of avionics and its domestic production.

India signed a USD 5 billion deal in 2018 for five S-400 units, of which three squadrons have been delivered and two more are expected by mid-next year. The systems were reportedly used effectively during Operation Sindoor.

Kremlin spokesperson Dmitry Peskov said talks may also cover

India's interest in Su-57 fifth-generation fighters, as India evaluates next-generation platforms including the Rafale, F-21, F/A-18, and Eurofighter Typhoon.

Energy security will feature prominently, with US sanctions on Russian crude expected to be a key topic. Peskov noted that India's imports may decline "for a brief period," though Russia is making efforts to sustain supplies.

Putin's visit comes amid recent India-US tensions, including tariffs on Indian goods and levies linked to India's procurement of Russian crude.

President Putin is also expected to discuss with PM Modi on the latest US diplomatic initiatives regarding the Ukraine conflict. India has maintained that dialogue and diplomacy are the only path forward while positioning itself as a potential mediator.

Congress MP submits adjournment motion in Lok Sabha over falling Rupee

UNITED NEWS OF INDIA

NEW DELHI, DEC 5 : Congress MP Manish Tewari on Friday submitted an adjournment motion in the Lok Sabha, calling for an immediate discussion on what he described as a "very urgent issue," the significant fall in the value of the Indian rupee against the US dollar.

He highlighted that on 23 May 2014, the rupee was valued at Rs 58.54 per US dollar, whereas on 3 December 2025, it touched Rs 90.15, representing a depreciation of Rs 31.61 over eleven years. In another report, the rupee was noted to have hit Rs 90.43,



marking a new low amid foreign fund outflows.

"On 23rd of May 2014, the value of the Indian rupee to the US dollar was rupees 58.54. On the 3rd of December 2025, the value of rupee to the US dollar touched 90.15," he wrote.

"This represents a huge fall in the value of the rupee that is 1 US Dollar has become more expensive by 32 in the past eleven year. Request permission to raise this matter as it impacts each and every citizen of India."

Tewari stated, "The fall of the rupee impacts every citizen of India." He also reminded members that during the previous UPA government, the BJP had mocked the falling rupee, and now the rate has far exceeded levels from that time. He noted the current depreciation comes amid firm crude oil prices and uncertainty surrounding the India-US trade deal.

Copies of the motion have been sent to the Speaker, the Ministry of Parliamentary Affairs, and another ministry referenced in the document.

Congress leader Priyanka Gandhi Vadra also questioned the ruling BJP's silence, asking how the party responds to the rupee's current performance compared to when the dollar's value was high during the Manmohan Singh government. UNI

Reliance Anil Ambani Group: Cumulative asset attachments by ED reach Rs 10,117 cr

UNITED NEWS OF INDIA

NEW DELHI, DEC 5 : The Enforcement Directorate (ED) on Friday said that it has attached over 18 properties, fixed deposits, bank balances, and shareholdings in unquoted investments of the Reliance Anil Ambani Group worth Rs 1,120 crore in connection with the Reliance Home Finance Limited, Reliance Commercial Finance Limited, and Yes Bank fraud case.

The official said that the attached assets include seven properties of Reliance Infrastructure Limited, two properties of Reliance Power Limited, nine properties of Reliance Value Service Private Limited, Fixed Deposits in the name of Reliance Value Service Private Limited, Reliance Venture Asset Management Private Limited, Phi Management Solutions Private Limited, Adhar Property Consultancy Pvt Ltd., Gamesa Investment Management Private Limited and Further Investments made in Unquoted Investment by

Reliance Venture Asset Management Private Limited and Phi Management Solutions Private Limited, were also attached.

Earlier, the ED had attached properties worth over Rs 8,997 crore in the bank fraud cases involving Reliance Communications Ltd. (RCOM), Reliance Commercial Finance Ltd., and Reliance Home Finance Ltd. This brings the cumulative group attachment to Rs 10,117 crore.

"The ED has detected fraudulent diversion of public money by various Reliance Anil Ambani group companies including Reliance Communications Ltd, Reliance Home Finance Ltd (RHFL), Reliance Commercial Finance Ltd (RCFL), Reliance Infrastructure Ltd (RIL) & Reliance Power Ltd (RHFL).

During 2017-2019, Yes Bank invested Rs 2,965 crore in RHFL instruments and Rs 2,045 crore in RCFL instruments. By December 2019, these became non-performing investments. The outstanding was Rs 1,353.50 crore for RHFL and Rs

1,984 crore for RCFL. ED's investigation in the case of RHFL and RCFL reveals that RHFL and RCFL received public funds of more than Rs 11,000 crore," said the official.

The official said that before Yes Bank invested this money in Reliance Anil Ambani group companies, Yes Bank had received huge funds from the erstwhile Reliance Nippon Mutual Fund. As per SEBI regulations, Reliance Nippon Mutual Fund could not invest/divert funds directly in Anil Ambani group finance companies due to conflict-of-interest rules. Therefore, public money in mutual fund schemes was routed indirectly by them. The path ran through Yes Bank's exposures. The public funds reached Anil Ambani group companies through circuitous route

"The ED has also initiated an investigation on the basis of FIR registered by CBI under various Sections of Indian Penal Code, 1860, and the Prevention of Corruption

Act, 1989 against RCOM, Anil Ambani and others. RCOM and its group companies availed loans from domestic and foreign lenders from the period of 2010-2012 onwards, of which a total amount of Rs. 40,185 Crore is outstanding. 9 banks have declared the loan accounts of the Group as fraud," said the official.

ED official said that investigation revealed that loans taken by one entity from one bank were utilized for repayment of loans taken by other entities from other banks, transfer to related parties, and investments in mutual funds, which was in contravention to the terms and conditions of the sanction letter of the loans.

"In particular, RCOM and its group companies diverted over Rs. 13,600 Crore for evergreening of loans; over Rs. 12,600 Crore was diverted to connected parties, and over Rs. 1,800 Crore was invested in FDs/MFs etc., which was substantially liquidated for rerouting to group entities. Huge

misuse of bill discounting for the purpose of funneling funds to connected parties has also been detected by ED," the official said.

Certain loans were siphoned off outside India through foreign outward remittances.

The ED is actively pursuing the perpetrators of these financial crimes and remains committed to restituting the proceeds of crime to their rightful claimants. Further investigations are ongoing. Assets attached include Reliance Centre, Ballard Estate; Commercial Office Building Of Reliance Infrastructure Limited Of Chakala Industrial Area (MIDC),

Andheri East, Mumbai; residential properties of Reliance Infrastructure Limited at Santacruz; guest house of Reliance Infrastructure Limited at Santacruz, 231 residential Plots in Chennai belonging to Reliance Value Services Private Limited in Chennai and seven residential flats in Chennai belonging to Reliance Value Services Private Limited in Panel. UNI

We have video showing Akshay ER's Naxalite links: Police in India Gate protest probe

ATUL KRISHAN

NEW DELHI, DEC 5 : The Delhi Police investigation into the India Gate protest, that was held over air pollution, has taken a serious turn, uncovering alleged Naxalite links to Akshay ER, the protester accused of attacking police personnel with chili spray. The probe further reveals that Akshay is the key conspirator behind the incident.

"His cell phone was seized. The search history shows videos and links related to Naxalites were found on his phone," the police probe report stated.

A police source said that during the examination of his phone, they learned Akshay has connections with Naxalites. A copy of a document mentioning this is with the UNI news agency.

Police said that the Bhagat Singh

Chatra Ekta Manch (BSCEM) group played a major role in the protest. Akshay is reportedly a key figure in the group, while Gurkirat is its president and her sister Ravjot is the group's admin.

"Akshay is the main conspirator. His search history shows videos and links about Naxalites were found on his phone. There is a text message on his phone sent by Gurkirat discussing Madvi Hidma, referring to him as a hero and not as a Naxalite," the police probe pointed out. A photo of Akshay went viral during the protest, showing him being pinned down by police. The police say they had to pin him down in an attempt to take the chili spray from him. Akshay allegedly sprayed the chili into the eyes of Constable Ishant, and one chili spray bottle was recovered from him. Police have claimed

that another accused, Gurkirat, is the president of the Bhagat Singh Chatra Ekta Manch (BSCEM). "They had a clear agenda and preparation to raise slogans in support of slain Naxalite Madvi Hidma during the protest, which was called in the name of air pollution," police said.

The police have also claimed that Kranti alias Priyanshu Singh did not provide his cell phone number and was misleading the investigation.

Additionally, police claim that a screenshot taken on November 22 from the phone of another accused, Vishnu Tiwari, shows they were spreading fake information that Hidma was killed on the pretext of surrender.

A total of two FIRs have been lodged by Delhi Police against 23 protesters. All the accused are currently in judicial custody. UNI

Lok Sabha adjourned amid DMK protests over Tamil Nadu lamp lighting row

UNITED NEWS OF INDIA

NEW DELHI, DEC 5 : Lok Sabha proceedings were adjourned till 12 noon on Friday following protests by DMK members over a contentious lamp lighting issue in Tamil Nadu.

The protests relate to a dispute involving the DMK-led Tamil Nadu government's petition to the Supreme Court against a Madras High Court order. The order permits devotees of the Arulmighu Subramaniya Swamy Temple to light the traditional 'Karthigai Deepam lamp' on the 'Deepathoon,' a stone lamp pillar on Thiruparankundram hillock near a dargah.

DMK members sought to raise the issue in the House and staged a protest in the Well of the House. Speaker Om Birla intervened, reminding the members that the matter is sub judice and urged them to return to their seats. UNI

India-Russia strategic partnership broadens: FTA talks, industry engagement, and connectivity projects in focus

ARTI BALI

NEW DELHI, DEC 5 UNI India and Russia are poised to take their partnership beyond the traditional domains of defence and energy, exploring broader economic collaboration. Officials said that steps are underway to negotiate a Free Trade Agreement (FTA) with the Eurasian Economic union (EAEU) that will create new opportunities for Indian businesses across multiple sectors. Moscow is actively working to integrate India into the Eurasian Economic union

(EAEU), while both countries are planning industry-specific events and sustained trade and investment initiatives, underscoring a shared commitment to deepen bilateral economic ties amid shifting global dynamics.

Alexander Stuglev, Director of the Roscongress Foundation, indicated that while one annual joint event may not suffice, both countries are open to expanding engagement through industry-specific events in India, signaling a more sustained focus on facilitating trade, investment,

and business cooperation under the evolving FTA framework.

"One joint event a year may not be enough," and Moscow is mulling to potentially expand the kind of events that it has in India to include some industry-specific events. "Well, the potential negotiation for the India-Russia FTA deal, we can only announce the numbers once the visit is over. It's too early to speak so far." As for the current dynamics of the trade turnover between our two countries, it was repeatedly mentioned during the forum that it really

demonstrates a very serious and impressive process. Already today, we hear that the trade turnover between our two countries has achieved \$65-70 billion. And the goal, the shared goal we have, is to make it more than \$100 billion. This is definitely in the interests of both our countries, because we know that those are not just numbers—they are new jobs, more taxes, and generally better social well-being in one of our countries," he said.

Speaking to the media during a press conference, Alexander Stuglev, highlighted that the

current India-Russia trade turnover stands at \$65-70 billion, with a shared target of surpassing \$100 billion. "These are not just numbers—they translate to new jobs, higher taxes, and better social well-being for both countries." Addressing concerns over trade imbalances, he stressed that Indian exporters already enjoy success in Russia, from large enterprises to small and medium-sized companies, facilitated by digital B2B platforms and marketplaces. Key sectors identified for growth include medical technologies, healthcare,

IT and AI solutions, semiconductors, automotive components, transportation, logistics, tourism, and agriculture, alongside labour migration opportunities under intergovernmental agreements.

In addition, officials indicated that Indian Prime Minister Narendra Modi and Russian President Vladimir Putin are likely to announce a declaration for the development of a Strategic Economic Roadmap 2030 as the leaders hold summit talks today. The roadmap is expected to guide economic cooperation, advance

the FTA with the EAEU, and focus on areas such as labour mobility and Arctic shipbuilding, alongside expanding trade, investment, and connectivity projects. He also emphasized that sanctions imposed by Western countries are temporary and often intended to create competitive advantages for Western economies. "These conditions have opened huge niches for Indian, Turkish, Chinese, and other manufacturers," the official said, highlighting India's potential to benefit from the reshaping of global trade flows. UNI



Root ton, Starc six as England reach 325 for 9 on opening day in Brisbane

UNTIED NEWS OF INDIA

BRISBANE: After an interminable break between matches, following 48 hours of mayhem in Perth, the Ashes resumed with England producing a rollercoaster batting performance as Joe Root ended his century jinx on Australian soil in the day-night second Test in Brisbane.

In the final hour of an absorbing opening day, Root raised his arms aloft under the lights before taking off his helmet to celebrate his 40th Test century and first in Australia.

Root finished unbeaten on 135 from 202 balls and anchored an England first innings that at times showed restraint, but was also marked by reckless dismissals. Four batters fell for ducks with England again tormented by pink ball maestro Mitchell Starc, who finished with 6 for 71 to power past Wasim Akram's record for most Test wickets by a left-arm quick.

But after the humiliation of batting just 67.3 across two innings in Perth, England batted the whole day - albeit only 74 overs were bowled - as they posted their first score over 300 in a Test in Australia since January 2018.

After skipper Ben Stokes elected to bat on a trademark green Gabba surface, another truncated Test match loomed when England slumped to 5 for 2 after the first 15 balls with

Starc dismissing Ben Duckett and Ollie Pope for ducks.

But Root combined in a third-wicket century stand with Zak Crawley, who bounced back from a pair with 76 off 93 balls, to lead England's fightback. The tourists tried to curb their aggressive instincts at times, but appeared to fall short of a par total after losing 5 for 54 under the lights.

Just when it appeared Australia's batters would be forced to face a tough stint before stumps, Root found unlikely support through No.11 Jofra Archer as they clubbed an unbroken 61-run partnership.

Australia's attack tired in the backend as the game took a surprising late twist.

Australia fielded an all-out pace attack, but one that did not feature skipper Pat Cummins despite intense speculation he would be a surprise late inclusion.

Queensland fast bowler Michael Neser, instead, was a bombshell selection at the expense of frontline spinner Nathan Lyon, who missed just his second home Test since his debut.

Stokes had no hesitation to bat under sunny skies after the coin again fell in his favour. Openers Crawley and Duckett walked to the crease under pressure after failing to notch a run as a pair in the first Test.

The embattled Crawley had not gotten through the first over in either

innings in Perth, where he foolishly drove on the up against Starc.

Against his nemesis menacingly armed with the pink ball, Crawley played and missed twice in the first three balls in a nervous start. To his relief, Crawley finally scored his first runs of the series when he pounced on a Starc delivery that missed the length and then pinched a single to ensure he survived the first over.

But Starc wasn't quite done and claimed another first over wicket with a superb delivery that angled into off stump and moved away to remove Duckett for a golden duck.

No.3 Pope had somewhat quietened the critics after being arguably England's best batter in Perth. The pressure might once again intensify after he fell tamely, chopping onto his stumps having shuffled back and across in unconvincing fashion.

It meant Root had to face the music incredibly early against Starc who bagged him for single-digit scores in Perth. Root got off the mark first ball before his heart was in his mouth moments later when he edged Starc, but Steven Smith could not complete a blinder of a catch diving low to his left.

Starc continued to ramp up his speeds into the mid-140kph, but Crawley showcased exquisite timing to underline the good batting conditions.



Mark Wood casts doubt on Adelaide return after painkilling injections

ESPNCRICINFO

PERTH: Mark Wood has cast doubt on his availability for the third Ashes Test and admitted concerns that, at 35, his body is no longer coping with the rigours of bowling 90mph/145kph.

Wood had surgery on his left knee after hobbling out of England's Champions Trophy campaign in February, and the series opener in Perth was his first Test match in 15 months. He bowled 11 wicketless overs across the match but was sent to a specialist after reporting more pain and has been wearing a knee brace since arriving in Brisbane.

Speaking to Channel 7 at the tea break during the second Test at the Gabba, Wood suggested he was unlikely to be in contention for the Adelaide Test, which starts on December 17: "I think there's a chance there, but more realistically, it's probably more Melbourne and then [Sydney] after that... I need to get out of this [brace] first to get moving around."

Wood said that he has had painkilling injections in



his knee since the first Test, and suggested that age is catching up with him. "Throughout my career, I've tried to show resilience and keep coming back and keep trying to push it where I can bowl faster and faster, but I'm getting older now.

"I don't know if my body's not coping with it as well [as it used to] but I'll keep trying. That's something I pride myself on, to keep running in for the team and be a good team man. I'm hoping I can get this right and can charge in again.

"I'm trying to just get through day-to-day at the minute. Later in the series is what I'm aiming for, but I can't do that much at the minute. I've had a couple of injections, resting up, and slowly but surely, running [will] start soon, then back into bowling.

"It's more mentally difficult than physically. You've got to try and build it back up and come back again, and that's probably the more difficult thing."

Ben Stokes, England's captain, said on the eve of the Brisbane Test that Wood would do "everything" possible to remain in contention for selection in this series: "We've got a lot more time to go on this tour, and we'll just see how things play out with that."

Ruturaj Gaikwad: 'I was pretty much confident' of batting at No. 4

UNITED NEWS OF INDIA

NEW DELHI: Ruturaj Gaikwad says he was "pretty much confident" of adapting to the No. 4 position despite having never batted there previously in 50-over cricket. Before the South Africa series, Gaikwad had batted 86 times in List A cricket but never below No. 3. He started the series with 8 off 14 balls in Ranchi before scoring 105 off 83 balls in the second ODI in Raipur, which he said was "definitely" his best innings across formats and levels.

"[The team management] told me that I would be batting at No. 4 this series," Gaikwad said after the match. "I feel it's a privilege

to have that kind of confidence from the management towards an opener. So I took it that way.

"In the one-day format, even when I was opening the innings, I always tried to make sure that whenever I was set, I was able to bat till the 45th over and capitalise after that. So I knew somewhat how to play between overs 11 to 40, how to rotate strike, what the boundary options were. So I was pretty much confident about how I could go through [the innings].

"It was just a matter of how I could play my first 10-15 balls and after that, the process remains the same. I have been working really hard, and obviously been in good touch as well. So I want-

ed to make sure that whenever I am set, I make it a big one."

Gaikwad was involved in a 195-run stand with Virat Kohli, who scored his second hundred in as many games. When asked about the partnership, Gaikwad said it was something "you dream of". "I have been able to witness him since last one week now," he said. "Whatever practice sessions we have had, he is batting unbelievably well... the amount of time he has and how he is able to convert it in the match as well. And even this game, I enjoyed a lot. [But] mostly, I was trying to be in my zone and not really think about how he is batting or how he is able to score runs.

"The chat in between was very clear. We had set 5-5-, 10-10-run target and [discussed] how to manoeuvre the gaps or how to hit those boundaries, how we can rotate strike. So the chat was around that. I think we had really good running between the wickets as well. Obviously, you dream of these kinds of moments and to be able to have that kind of partnership, I really enjoyed a lot."

Before this series, Gaikwad last played an ODI for India in 2023. Since then, he has fallen behind the pecking order as opener, with Rohit Sharma and Shubman Gill being India's first choice, followed by Yashasvi Jaiswal. He got a chance in this series only because Shreyas

Iyer was injured. How does he see this competition?

"I think all these things are better if you don't think too much [about them]. Because [if you do so], you are not in the present, and whatever matches are in front of you, you don't have that much focus and preparation for them.

"In the last Vijay Hazare Trophy, I couldn't make that many runs [194 in seven innings]. Obviously, some things were going on in my mind. But after that, I thought whichever match it is, whether a club game, red-ball format, or white-ball format, I will make sure I try to stay consistent. I realised that my duty is to score runs as much as possible.

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Ratan Bhattacharjee's Twilight of Love

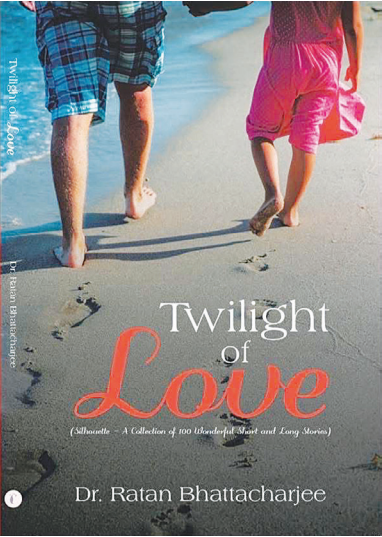
A Monumental Tapestry of Human Experience



Professor Elisabetta Marino

In *Twilight of Love* (Silhouette: A Collection of 100 Short and Long Stories), published by Partridge Publishing in November 2025, Dr Ratan Bhattacharjee offers an especially wide-ranging and valuable contribution to both contemporary Indian English and world literature. The 566-page anthology consists of 100 stories which vary in length, tone and richness of theme and demonstrates how the author has the ability to navigate emotional landscapes from the very private to the very philosophical. We learn from these 100 stories that they represent not only a collection of fictional pieces but instead a true ecological system of literature based on life experiences, historical awareness, moral investigation, spiritual contemplation, and an overwhelming sense of compassion for mankind. As a noted scholar, multilingual columnist, poet, fiction writer and former Affiliate Faculty of Virginia Commonwealth University (and a cherished colleague), Dr Bhattacharjee brings with him to this anthology more than 20 years of teaching experience and academic wisdom that help shape the thematic structure and narrative artistry of the collection. *Twilight of Love* is a continuation of Dr Bhattacharjee's previous outstanding book, *Six Feet Distance* (AuthorHouse, USA, 2023) which received high praise as one of the best literary works to arise from the pandemic era solidifying him as a member of the current wave of cutting-edge literary stars.

A key feature of *Twilight of Love* is the way that it uses imagery seductively. For example, in "Pink Sunset" and "Love in Golconda Fort" you will see two of the most beautifully composed stories in this collection. In "Pink Sunset" the author uses Imagery as an artistic tool to elevate the narrative to a level of beauty and artistry that can only be described as lyrical. In "Pink Sunset", lines such as "Fatehpur Sikri – always a promise, never a presence," and "Fatehpur Sikri rose from the ground like an archaic epic," create a high-emotional feeling, transforming a historical landscape (which I was also able to experience) into an emotional, memory-laden, and longed-for symbolic Space. The description of a character "smiling like a man who has just discovered eternity" illustrates the author's ability to see things on many levels, metaphysically speaking. You can view the development of the story as a slowly painted Watercolor at



Book Title: Twilight of Love (Silhouette: A Collection of 100 Short and Long Stories)
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Pages: 566

twilight, and the muted colors represent the deeper levels of emotional complexity. This is not simply telling stories; it is sensory literature, a writing style that makes you feel like you are in a place where the Past lives through the Present via the music of words.

Similarly, "Love in Golconda Fort" is an ode to temporal and architectural majesty.

When Dr. Bhattacharjee writes, "Golconda stood like a sentinel of time—its ramparts weathered, its arches echoing centuries," he breathes life into stone. Descriptions such as "This place feels like a library of souls" lift the narrative beyond a love story into a contemplation of heritage, permanence, and the silent witnessing performed by historical spaces. The fort becomes not merely a setting but a character, custodian of countless human tales. Dr. Bhattacharjee's narrative technique here fuses romanticism with historical sensibility, offering readers a richly textured experience that blends archaeological grandeur with emotional intimacy. Beyond aesthetic beauty, *Twilight of Love* is an exploration of faith, divinity, and spiritual continuity beyond boundaries. Stories such as *Miracles of Kailash* bear testimony to the author's deep engagement with the metaphysical. Reminiscent of the tragic Kedarnath deluge of 2013, the story evokes not simply natural calamity but the resilience of faith amid devastation.

The narrative does not sensationalize tragedy; instead, it illuminates how divine presence, humility, and hope anchor human endurance. Dr. Bhattacharjee's portrayal of pil-

grimage, belief, and the inscrutable workings of the cosmos reflects a worldview rooted in spiritual ethics and cultural memory. In "Challenges From the Prey", the author turns to the ecological world with a keen observational lens. The protagonist Deepak, a zoologist, is drawn towards the Royal Bengal Tiger not out of bravado but scholarly fascination. His journey to the Sundarbans becomes a meditation on human-animal relationships, ecological respect, and the flawed narratives that often demonize wildlife. Deepak's conclusion that tigers are not natural man-eaters echoes Jim Corbett's nuanced understanding of these magnificent creatures. The story is layered with environmental consciousness, scientific insight, and moral reflection—a reminder that literature can serve as a bridge between ecological realities and human ethics. In "The Mystery of Fatehpur Sikri", Bhattacharjee demonstrates his expertise in both history and architecture through his intricate depictions of Mughal architecture, as well as through the author's stylized writing. The early sections of the book provide a rich description of the buildings of Fatehpur Sikri, while also providing a travel story about the author's travels to India. As time passes and events play out, the plot takes a thriller-like turn when the story of the author and a fellow tourist assimilates into the mystery of a missing tour guide. This transforms the originally educational tour into a compelling narrative that unites a newlywed couple, imbuing the story with both romantic and dramatic elements. Similarly, in the Shillong

story, the conflict and tension arise out of a husband's disappearance. The detective's suspicion of kidnapping is present, as is the lack of closure on any individual character's fate at the end of the book. These two examples of ambiguity allow readers to draw their conclusions based on their experiences and to trust the reader's ability to interpret the story, rather than having to rely on a single, prescribed interpretation.

Themes of love, sacrifice, and moral choice are woven delicately throughout the collection. In *Disguise*, the author reveals the emotional truth that love outweighs material possessions. The story's emotional core rests in subtle gestures, unspoken attachments, and sacrifices that reaffirm the human need for acceptance over affluence. In contrast, "One Diwali Night" highlights communal bravery through an account of how villagers thwart a terrorist attack. The narrative, simple in structure yet powerful in impact, foregrounds collective courage and the instinctual solidarity that binds rural communities. Dr. Bhattacharjee also addresses systemic injustices with a resolute voice. "The Bell Tolls For Them" is one of the most socially charged narratives in the anthology, exploring themes of dowry, alcoholism, corruption, and judicial delay. Hari Mahato and his daughter endure years of wrongful imprisonment due to the collusion of greed and power. Yet the story's arc bends toward justice, enabled by a young lawyer's dedication. The tale resonates with the belief that truth, though buried, eventually resurfaces. This narrative reflects the author's deep concern for societal ethics and the common people who often suffer in silence.

Interpersonal relationships form another major thematic axis in the collection, particularly the corrosive effects of envy. "The Jealous Singer" is a moving portrayal of how professional rivalry erodes deep friendship. Two talented singers, once bonded by music and affection, drift apart due to jealousy's silent poison. The story's poignant resolution, encapsulated in Arindam's line, "If jealousy kills love, let love forgive jealousy," signals the author's belief in forgiveness as a moral imperative and a path to emotional liberation. Loneliness as an existential condition appears prominently in stories such as "Terribly Alone", where the emotional void experienced by parents when children leave home is portrayed with exquisite sensitivity. The story becomes a meditation on the silent ache that accompanies aging, change, and the shifting architectures of family. Dr. Bhattacharjee's depiction of loneliness is neither melodramatic nor bleak; it is reflective, acknowledging the ache while honoring its

Critical Evaluation Of "Gash i Maler"



Wani Nazir

The book "Gash i Maler" best translated as streams of light by Mr Farooq Shaheen is a creative and critical evaluation of the best chosen literary pieces and personalities of diverse streams of prose and poetry. Ever since its publication it has received a national focus of literary circles and has succeeded in winning Sahitya Academy Award in the year 2012. The very title of the book is suggestive of fact that its concious reading would surely help whet the literary tastes and scintillate the critical faculties of the readers to an unimaginable extent. The title of the book is not only darigueur but also de-facto for the author has taken every care to get his readers across the literary valleys of art and literature. The course of study of the book reveals that the author has made a deliberate choice with regard to content selection. This pick and choose aimed at adding variety has purpose-fully done to make it all inclusive with a total focus on appealing the general aesthetic sense of the readers.

Theamatically the author has touched

upon authenticating the renowned literary figures of Kash-miri art and literature.

Besides introducing less explored voices of art and literature. The author has taken a lot of trouble to stimulate the readers to get acquainted with the literary inheritance of Kashmiri literature. The main effort is at disentangling the confusing ambiguous and dilemmatic matters of life and literature for specification of enlightened pathways through critical approach. The consolidation of experience and the stretching the horizon of thought through critical judgement of Kashmiri literature is one of the crucial themes of the book at centre stage.

Citing reference in support of his point is a distinguishing characteristics of a good critic.

Critically reviewing the book comes to know that the author has made a fair use of established principles of criticism. Figures of literary merit have been used as touchstones while evaluating the contents. It is not only a thought / an idea that is important but also a due expression of it and more importantly collection and dissemination of it.

Through thorough and apt analysis, evaluation and square glossing so that it can be presented be-fore the readers like a bridge of merit to be appreciated. Giving a critical touch to one of the chap-ters of this book i'e Qaseed ie Burda shareef (panegyric) translated by Movlana Noor u din Qari, the author quotes the reference of Dr Rashid Nazki one of the eminent kashmiri

scholars to high-light the technical flaws of the literary piece. Here is the translated version of the original kashmiri text," I applied all admirable brio of Kashmiri invocation (darood) and structurally i applied a form spiritual couplets (Masnavi) to the panegyric (Qaseeda) it made possible for me it be translated in ideas instead of words so that instead of structure,a spirit takes its forms." Another eminent kashmiri scholar Dr Gh Rasool Malik remarks: " As for as technical and poetic shareef of the panegyric Qaseeda Burda shareef is a concerned as an impartial student of art and literature one has to admit that panegyric is very fragile.The language used is not conforming to the Quran and Hadith.

There is absence of similies, rhymes and unhesitating currency in it.

Another important chapter "Loke adab akh Mutalah" (folklore of Kashmir a study) is very interesting and relevant for it portrays, social, economical, politics and cultural values of Kashmiri and the aspirations of the people of Kashmir living in the days of yore. It is infact history of ancient Kashmiri in fewer words. The style of portrayal is so tough that one feels as if he is himself experiencing what-ever he is going through the author has wonderfully succeeded in getting across the message that folklore of Kashmir is more powerful than its technical art.

To appeal and develop the aesthetic sense of the readers a high degree of glossing has been done. If the picked and chosen contents of the book are its calyx,

through the critical treatment the author has dressed them up with corolla.

Dr Majrooh Rashid an authentic literary voice of Kashmir opines that the author of the book has rightfully acknowledged the workdone on kashmiri literature ahead of him and has a deep sence of it. Moreover he states that the author has judiciously taken care of which subject/topic warrants which type of language Mr Mohammed Yousuf Teng another meritorious literary figure of Kashmir states about the book that there is a due appraisal of the services rendered by the preceding liter-ary writers and the author has overcome all the bars of prejudice and bios by making a due men-tion of them. He counts it as a constructive change in the mindset of new kashmiri writers. It is no point for me to decide the merit of the book when it is already decided by the matters of Kashmiri language and literature.

As for my take on the book is concerned, the review of the book has lead me to conclude that it surely going to ignite the imagination of the readers besides consolidating their experience and stimulating their sense of belongingness. I hope that it is great beginning on part of the author and more such sustained endeavors in this direction will prove a big leap towards progression and subsequent perfection.

(The writer is a teacher in School Education department Kashmir and can be contacted on waninazir36@gmail.com)

FROM PAGE 3...

Ratan Bhattacharjee's Twilight...

universality.

A different form of disillusionment shapes 'Elusive Peace', which charts actress Seema's journey from hopeful starlet to forgotten figure. Discovered by a director for her innocent and fiery eyes, Seema enters Mumbai's film world with aspirations of becoming "The New Star of Indian Cinema." Yet betrayal and abandonment shatter her dreams, forcing her into menial jobs for survival. Her realization—"Fame is noise, peace is music"—captures the hollowness of stardom and the inner quietude necessary for spiritual well-being. The story critiques the glamour industry without resorting to cynicism, focusing instead on personal awakening and emotional healing.

Stories such as 'The Brave Come Back' delve into conflicts between personal passions and societal expectations, especially in choosing between science and literature—disciplines often framed in opposition though both demand curiosity and imagination. Bhattacharjee addresses this dilemma with empathy, illustrating how scientific rationality and creative expression enrich rather than contradict each other. Communal harmony, one of the most significant sociocultural concerns of contemporary India, is addressed with perceptive nuance in 'The Bridge of Faith'. Set in Dhansiri, the narrative examines how tensions between Hindus and Muslims emerge over the proposed expansion of

a mosque. What begins as bitterness and division ultimately evolves into mutual understanding and reconciliation when a school—the Bridge of Faith—is built for children of both communities. This transformation rests on the author's conviction that shared education fosters unity

.Dr. Bhattacharjee refuses simplistic portrayals of communal conflict; instead, he emphasizes the complex negotiations, shared histories, and compassionate dialogues that sustain social harmony.

Twilight of Love showcases a breadth of thematic content, which is among its greatest strengths. The range of themes includes mythology, nature/environment, romance, spirituality, social realism, psychological nuance, historical remembrance, adventure. Unlike other anthologies, the stories in this book are held together by several recurring motifs: twilight as a metaphor for transformation; remembrance as a place of truth; love as an entity of connection; and faith as a source of direction. The term "twilight" in the book's title is meant to denote liminal space: the place where endings meet beginnings; where the visible and the invisible coexist; where experiences of the human condition have an element of light. The writing style present in this collection is marked by clarity, restraint, and elegance, and reflects academic sensibilities. The author, Bhattacharjee, uses rhythm in his writing to create intentional flow, much of it created through meta-

phor; however, he consistently grounds his work in reality. The purpose of dialogue within the stories is to draw out insight and understanding rather than drama. Descriptive passages include sensory and emotional resonance.

The way that Dr. Bhattacharjee paces the narrative allows for the gradual unfolding of each theme, affording the reader time to consider all of the ethical, cultural, and emotional implications embedded within the narrative. The majority of the stories are based in geographical areas that have historical significance—examples include Fatehpur Sikri, Golconda Fort, Sundarbans, Kedarnath, Shillong—and thus, represent both geographical context and social-historical context for the emotional trajectory of the characters. From a scholarly perspective, *Twilight of Love* may be situated within the broader tradition of Indian short fiction that foregrounds ethical humanism and pluralistic consciousness. Like R.K. Narayan, Bhattacharjee often builds narratives around ordinary individuals confronting moral dilemmas. Like Ruskin Bond, he invests landscapes with emotional significance. Yet his voice remains distinct—rooted in spiritual reflection, literary erudition, and a profound empathy for human frailty and resilience. The stories collectively highlight how literature can illuminate cultural coexistence, interpersonal understanding, and the ethical contours of everyday life. The collection's significance lies

not merely in its literary craftsmanship but in its philosophical commitment to compassion.

Dr. Bhattacharjee's characters, regardless of background or circumstance, are grounded in the idea that human dignity emerges from empathy, courage, forgiveness, and faith. Whether confronting natural disaster, social injustice, personal loss, or spiritual yearning, they embody the belief that moral clarity and emotional depth remain the guiding lights of human existence. Thus, *Twilight of Love* stands as a monumental testament to storytelling as an ethical and cultural practice. It offers readers a vast emotional landscape—sometimes serene, sometimes turbulent, but always reflective of the complexities and beauties of human life. The anthology invites contemplation, encourages empathy, and reasserts the timeless relevance of ethical humanism in a fragmented world. Through its intricate depictions of love, loss, faith, memory, and coexistence, it positions itself as a lasting contribution to contemporary Indian literature—a work that both scholars and general readers can return to for insight, solace, support, and inspiration.

About the Reviewer
Professor Elisabetta Marino, is a professor of English Literature at the University of Rome Tor Vergata

The Venomous Fog

A meta narrative of woes

A short story Collection

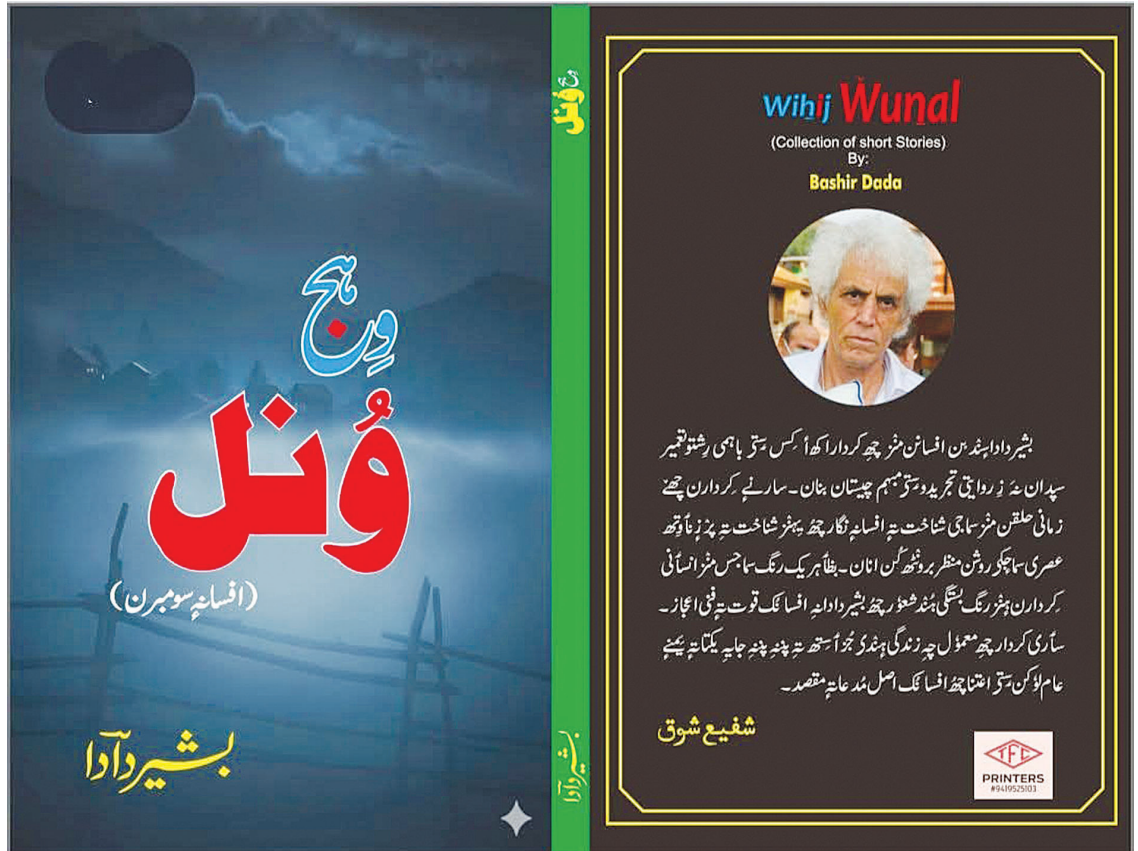


Dr Mushtaque B Barq

Story writing is an art. The ability to weave a story, novella, or screenplay demands a deep understanding of the society in which the writer lives. Narratives drawn from everyday life often carry greater appeal than those set in imaginary or Utopian worlds, which may feel detached or influenced by external forces, creating a distance between the reader and the writer. A successful storyteller builds a connection between society and personal observation. This book is one such effort, where all characters and plots emerge from the soil itself, and each story stands as a reflection of lived reality.

Bashir Dada's *The Fog* is a pathway leading to a world in which these stories have been woven. Since the author is well-versed in cinema, the impact of it is clearly seen in the entire collection. These stories are copious with conflict, both internal and external, social unrest, political foregone conclusions, and above all emotional stagnancy. The stories are not conventional in texture, with a dictated storyline and expected climax, but are fragmented slices of life presented to us through a camera. This collection is densely packed with scenes, gestures, heart-wrenching visuals, and emotionally charged dialogues. This contributes to cinematic humanism, which encourages structures and techniques otherwise borrowed to translate emotions and human agonies into pulsating realities, forcing a reader to explore the space between the lines. One can find shattered memories, inescapable yore of yearnings, and above all psychological trauma—not as a victim card but as a nameplate hanging on the door of customized and compromised shelters we call homes, wherein characters live like hollow men devoid of voice. As the creator of the stories, the author has consciously controlled commentary that either grabs the emotion of the reader or forcefully guides them to follow the confined line of thought.

Let us delve deeper into the stories and find out the essence and orientation of the author, who wants to unfold the half-broken dreams, partially crafted conventions, and sugar-coated injustice through the scenes. In *Where Tears Froze on the Eyelashes*, Ghulam Padshah has been portrayed as a labourer caught between hardships and humanly possible resolutions. His sighs are frozen for lack of



expression as his hut has turned into merciless ash, besides the displacement of his family, under the might of Sulla Mukhbir: Sulla Mukhbir hissed, 'Listen, as your neighbor, I'm warning you, just stop breathing. Seal your breath. Don't even let a sigh escape. The whole village will be put to task. You'll be interrogated about why the infiltrators entered your hut. Go and hide yourself. I'll take care of the rest.

Ghulam Padshah represents our common narrative that once was unfortunately bruised by violence and exploitation. He moves like an unruly man through the streets of Padshahi Bagh before returning to the shrine. An impalpable section of the story reveals the intense outcome of justification of the brutal assault on a chinar lying in the lawn of Lassa Kaul, which, in the garb of an ill omen, was cut down by the villagers under the malicious mind of Sulla Mukhbir. Thus, the severity of the antagonist forces the protagonist to seek inner solace, and he returns to his Murshid. So the underlying current of the story proposes that the never-ending chaos of the world has its end at the feet of the Murshid.

The Mocking, is a haunting portrait of Zainab scripted by the patriarchal culture, where silence is a metaphor for unaddressed woes. Zainab was not welcomed by family members. Her father was seen wearing an ugly look on his face at her birth, and her mother's obligatory silence narrated: a daughter is a burden, a disappointment, an ill omen, and what not. This patriarchal inheritance of Zainab is

the central theme of the story. The plight of her misfortune can be felt by those who witness such an incident or are victims of the same. Zainab was kept nameless for many days till her grandfather named her Zainab Lala. The nameless woes in a newborn's breast cannot be drawn on the pages as a tale, but are an abyss, a bottomless gorge that can seal the entire humanity. This nameless entity is not Zainab, a character in the story to serve the narrator, but a living and haunting smear on the face of humanity. Her fear is not natural as one can relate; it is a purely manufactured, well-thought detestment. Zainab's trouble is not external but emotional as well, as her sister Shugufa stands in contrast, a free bird. A wonderful slice of the story introduces a parrot—caged, yet trained and allowed to sing when asked for. The bird is yet another projection of Zainab's inner turmoil, which Dada has skillfully framed. A heart-touching line of Zainab is enough for a reader to understand the inborn suffering: "You are my soul and I am your cage."

The twist in the story is both alarming and shocking. The fragment of the story that connects Zainab's everlasting agony is Jabbar Terror's might, which he imposed on Zainab. Jabbar Terror, a character carved out of lust, brutality, and debauchery, represents the institution usually named as the highest seat of learning, where Zainab was threatened over her viva. This official control over a student seeking her education is another example of power in the academic system, which

exposes how patriarchy takes a toll on both domestic and educational setups. She reclaims the identity denied to her at birth, and she raises her brow at her father, husband, and man in general, but comforts herself for the reason that she has tried to combat with the sacredness of her being Zainab—a name that deserves respect, when that great soul fought against the tyrant at Karbala.

Akbar Tangewala is a tragic tale of a tangewala. Dada has helped us understand that love is a common ailment, a rightful wish of any human heart. Emotional attachment has no nomenclature, yet any human heart can rise out of the ribcage to soar in the azure of love. Akbar's innocence is symbolized by his curly hair, a visual echo of his malice-free mind and his wishful dream of owning a tanga drawn by a white horse. To him, the tanga is the ultimate purpose of living. His struggle is not merely to fill his belly but to wage a war against poverty, humiliation, and survival. No goal, however small, comes easily, and the narrator seems to plunge into Akbar's very existence to extract the emotional outburst of a simple man who lives for a dream. To dream is no shame, but for Akbar this dream carries human agony, forlornity, and the broken narrative of a man deprived of life's basic requirements. Akbar, admired by college girls whom he ferries to college, feels proud and uplifted when boys chase after his tanga. Yet beneath this lies a pathetic undercurrent: he runs

CONT. ON PAGE 6

The Humanitarian Heart of Mirza Ghalib

A Poet of Empathy in Hardship



Abid Ali Mir

The poet who reshaped Urdu expression, Mirza Ghalib, lived a life molded by loss, debt, political turmoil, and philosophical solitude, yet his heart and home remained sanctuaries for others. He possessed little material wealth but carried a generosity that transcended worldly measures.

Unlike those who romanticize suffering from comfort, Ghalib wrote pain from within its core. His verses echoed the questions of a wounded soul, still striving toward meaning and healing:

*“Dil-e-nadan tujhe hua kya hai,
Aakhir is dard ki dawa kya hai?”*

(O naive heart, what has happened to you?)

After all, what is the cure for this pain?)

This couplet reflects his lifelong conversation with adversity, a man who sought solace for himself while offering it to everyone around him.

His financial struggles never granted him luxury, yet every space he inhabited became a gathering of warmth, culture, and care. His door was open to students, poets, wanderers, and strangers alike. No visitor ever returned empty-handed; food, tea, verses, and companionship were part of his hospitality, even during the turbulent uprising of 1857. His eyewitness account of



that era sur-vives in works like Dastanbu.

Tragedy shadowed him most cruelly in the loss of his children.

Of seven, none lived long enough to soften his solitude. Yet grief did not erode his empathy; it deepened it:

“Rone se aur ishq mein bebak ho
gaye,

Dhoye gaye hum aise ke bas pak ho gaye."

(We cried so much in love that
we became fearless,

Washed by sorrow so deeply
that we were finally purified.)

Supporting this unfaltering culture of openness stood his extraordinary wife from the noble Loharu royal lineage. Privilege never turned her prideful, nor did inconvenience diminish her grace. Bio-graphical accounts admire her patience, strength, and hospitality, even when gatherings over-flowed the rooms and resources wore thin. Her support was not merely personal; it upheld a fad-ing Indo-Persian tradition of cultural generosity.

Ghalib may not have built grand mansions, but he transformed every rented corner into a mehfil where kindness outweighed comfort. His longing carried survival, and his resilience carried magnificence. Even when desires exhausted him, surrender never entered his language:

“Hazaron khwahishen aisi ke
har khwahish pe dam nikle,

*Bahut nikle mere armaan, phir
bhi kam nikle."*

(There were thousands of desires, each worth dying for,

Many dreams turned real, yet they felt too few.)

His poetry is longing, but even more, it is defiance wrapped in dignity, grief elevated into philosophy, and hardship turned into humanity.

FROM PAGE 6...

The Venomous Fog...

and active is the realization that violence not only buries a victim but also affects the slayer. It is here that the fog turns into a metaphor separating underscored scripts and silenced sighs. The weight of the loss of her son further withered widow Hajra's health when she stood before the mirror to scan herself and felt that suffering had laid its ruined mattress on her face. Her mental agony results in visions, hearing owl cries, and seeing Mashooq crossing mounts, leading him to his destiny. The story is multi-layered in its treatment: it is about a mother waiting for her son to return, and Mashooq's grave near the military picket makes him a successor to the martyrs of Karbala.

The title *The Venomous Fog* itself is a profound metaphor for the emo-

tional, psychological, and historical reality of the characters. Fog represents the inability to see ahead—an obscured future in which characters cannot determine what comes next. Many of Dada's characters live in suspended emotional states: Zoonah continues waiting at the bus stand night after night; Pushkar Nath lives among memories that cannot return; Khala achieves reverence only posthumously; Akbar loses dignity to power but refuses to surrender identity; Zainab must fight to be heard in a world built to silence her. The fog also signifies a broader historical blur. Kashmir's political upheavals are not recounted in clear terms but appear through fragments, rumors, destroyed homes, and isolated acts of fear or loss. Trauma has no clear beginning or ending. The

stories feel as if they occur in a space where present and past overlap like layers of mist. In this way, the fog is not climatic; it is psychological condition shaped by grief, uncertainty, and suspended time. Bashir Dada's style draws strong parallels with William Faulkner, who similarly depicted communities trapped in the echoes of their own history. Both writers foreground fragmented time, symbolic objects that anchor emotional meaning, scene-based storytelling, and characters defined by the burden of memory rather than their capacity for change. Faulkner's famous declaration that "the past is never dead. It's not even past" applies equally to Dada's Kashmir, where trauma is not remembered but constantly relived. The symbolic fog that surrounds Dada's characters

is equivalent to the suffocating historical atmosphere that envelops Faulkner's South.

In conclusion, *The Fog* stands as a powerful example of cinematic realism in short fiction. Bashir Dada's stories bear witness to the emotional consequences of history rather than merely describing its events. His characters are witnesses, not chroniclers, and their lives demonstrate that in Kashmir, narrative resolution is impossible because history itself is unresolved. Through cinematic technique, symbolic imagery, and a compassionate yet unflinching eye, Dada captures a society living inside fog—unable to see the future, held in place by memory, and struggling to survive within the emotional spaces history has left behind.

Let's Defeat Diabetes



Prof Shiv Sethi

A revolutionary book entitled “Diabetes- The Real Cause and The Right Cure” with a sub title “ 8 Steps to Reverse Type 2 Diabetes in 8 Weeks” is a bold and eye-opening treatise on Type 2 diabetes. In this book, Dr. John M. Poothullil, a retired Indian-origin physician from the USA, challenges the long accepted and followed theory of the cause of Type 2 diabetes—“insulin resistance.” Right from the start, he makes it clear that he’s going against the mainstream and wants readers to rethink everything they know about the disease. His main contention is that Type 2 diabetes isn’t something you get because of hormones or genes—it’s mostly the result of eating too many grains like rice, wheat, and corn.

Book Review

One of the strongest points of the book is that he simply and clearly explains the loopholes in the traditional medical explanation of the cause of Type 2 diabetes. Dr. Poonthullil explains the the basic inconsistencies in this theory, which has been accepted for many years without any scientific explanation or proof arguing that if insulin resistance is real, why only three types of cells out of 200 would suddenly stop responding to insulin. He asks if muscles are supposedly not getting glucose, why diabetics do not suffer muscle failure. He also underlines the strange behaviour of gestational diabetes appearing suddenly during pregnancy and going away immediately after delivery to emphasize that the usual theories of diabetes appear to be fault-ridden.

After logically analyzing these lacunae, he offers his own explanation. According to him, today's grain-heavy diet, a diet made with rice, wheat and the flours of these grains, overloads the body with carbohydrates filling the blood with excess amounts of glucose . When fat cells reach their limit, extra fatty acids float around in the bloodstream and push muscles to burn fat instead of glucose. As a result, glucose remains unused and gets built up in the bloodstream—leading to high blood sugar. He explains this idea in a scientific manner pointing out that diabetes affects people of all shapes, sizes, and ages in modern times.

He continues his argument, moving from theory to practice. He gives eight simple, practical steps that focus on taking a diet with more vegetables, fruits, leafy vegetables and tubers avoiding or at least cut-

ting back on grains, eating millets, keeping in mind that even these also should be in a less quantity, supplemented with three types of nuts on a daily basis and reconnecting with real hunger and fullness signals. His message sounds optimistic in that with the right dietary habits , diabetics can bring down their blood sugar in just eight weeks without having to take medications, thereby freeing themselves of the evil effects and financial loss of taking pills and insulin injections.

Of course, some readers and diabetics might find his ideas too difficult for them to accept, given the fact that they're used to following tradi-

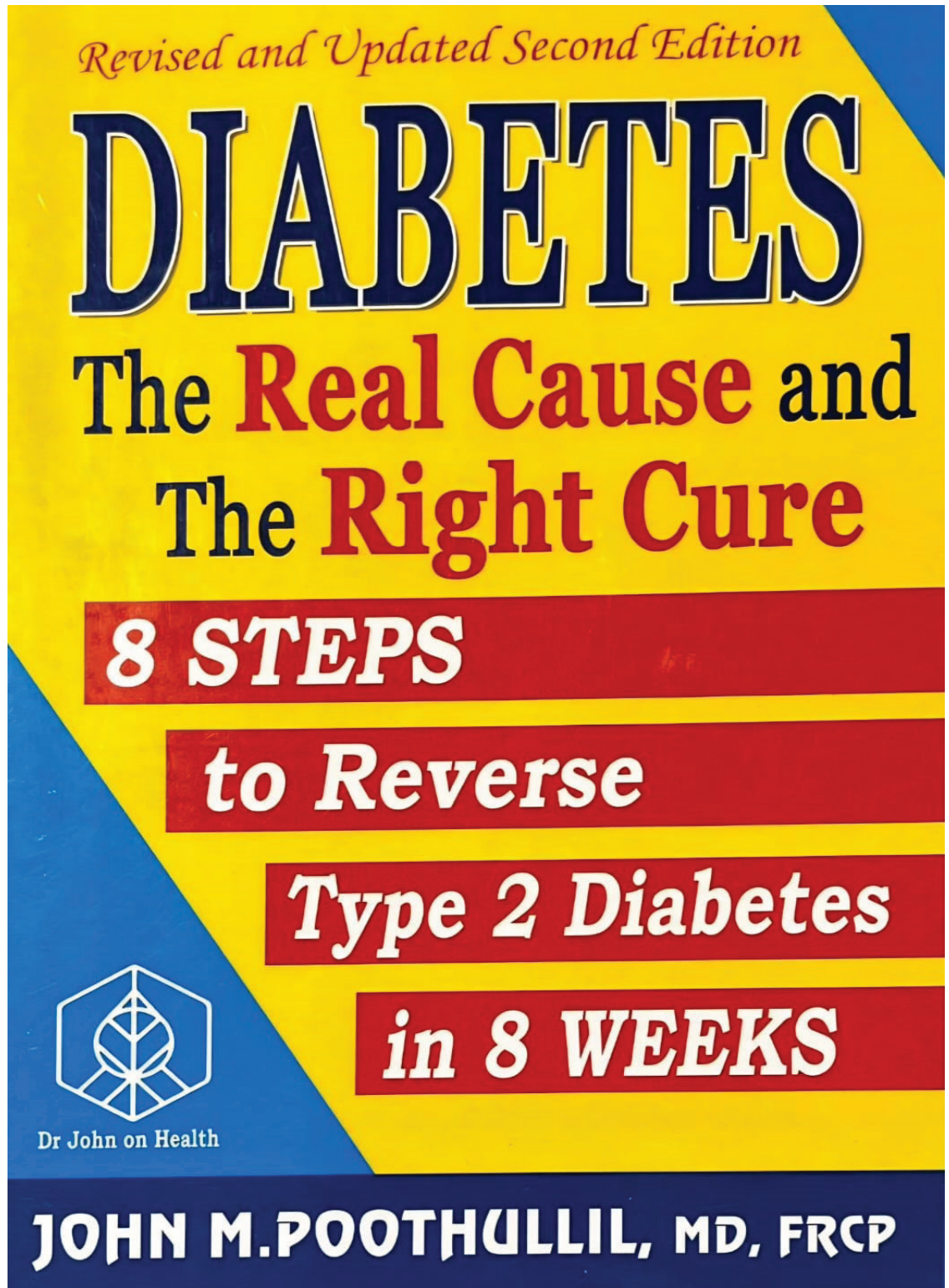
tional medical treatment of Type 2 diabetes. And yes, some of his claims, they may feel, need more practical proof to fully back them up. But whether you agree with him or not, the book is definitely trail blazing and worth considering. It's easy to read, logical, and gives a refreshing sense of control to anyone dealing with diabetes or worrying about it.

To sum up, it may be confidently claimed that "Diabetes: The Real Cause and The Right Cure" is a worth reading and potentially a life-transforming book to go through. It opens up new vistas of reckoning inviting people to take responsibility of their health for a change for the better.

appealing to them to simply pay attention to what and how they eat.

For copies of the book, please contact Mrs. Udaya Sri, Hyderabad, at the email address: Udayasuri1611@gmail.com

(Dr Prof Shiv Sethi, former Head of the Department of English Language and Linguistics at Dev Samaj Post Graduate College for Women, Ferozepur, is an internationally acclaimed columnist, literary critic, and book reviewer. With over 600 published articles and reviews in leading national and international newspapers and journals, he has also presented papers at universities across India and abroad.)



THE RAT TRAP

A Curious Chronicle of Cruelty and Survival

A black and white photograph of a rat in a trap, surrounded by mirrors reflecting its image. The rat is in the center, on a white surface, with its body and tail visible. It is surrounded by several mirrors that reflect its image, creating a complex, multi-layered visual effect. The background is dark and indistinct.

Ghazal



Imran Yousuf

I saw you, you too are black, black is the color of my soul.
A hole in my heart, veins under attack, black is the color of my soul.

After ages, you let loose your spellbound black hair,
I gasped, stunned and taken aback, black is the color of my soul.
I relished the offering, for it came from the beloved's hand,
Pilgrimage never veers off track, black is the color of my soul.
I followed the road of love, till love became my fate,
Since then, I've never faced setback, black is the color of my soul.
My madness led me through places unknown to sane minds,
And I learned, madness is no drawback, black is the color of my soul.

To dervishes, logic and virtue hold no meaning,
Even senses revolt in counterattack, black is the color of my soul.
Black is my rain, my snow, your vast and silent sky,
Still I wait for your long-lost comeback, black is the color of my
soul.

Black is the goblet, the tavern, the veil you drape,
Your arrack, your silence, your shack, black is the color of my soul.
Imran was buried with no epitaph, no mourners, no track
Even his silence screamed back, black is the color of my soul.

About The Poet

Imran Yousuf is a poet, writer, columnist, and translator from Kashmir. His poems and translations have appeared in leading literary magazines and international anthologies, and he has co-authored over 30 collections. He is well known for his acclaimed series on Kashmir's Sufi poets, now being compiled into a book.

‘Pond’



Dr Sharmistha Chatterjee

Giant web-like nets snare the still waters underneath,
Grip of vice to cull pond-life for preternatural gains,
Trembling ripples, desperate to free clutches, radiate into waves,
breaking into froth at the peripheries.
The heron perches on the peg, immobile with rapt attention,
waiting for the silvery prey-its daily catch.
Its eyes red and yellow, are those of our fishmongers.
Ponds in the suburbs reel under earthly desires.
Deep down life keeps dreaming: the reeds, the plankton, the algae,
with the crawling, swimming and the slithering world.
Yellowed pallor and green-blue haze,
lull the fear with eternal deception.
They wait with baited breath for them to come: their sprightly friends.
In a flash and a splash, young, sleek, tough hands and feet,
Burrows and cuts the water and hyacinths into smithereens.
Dives, bounces, jumps, flashy eyes and impish laughter.
They tear the webs, the fear: freedom, happiness, intense joys of life.
Glued strands of hair on small, rounded jerky heads,
Folds of wet skin around the translucent gleaming nails,
Shiny pearls inside the boisterous mouths send sprays up to the skies.
Messiahs of the pond:
The startled heron takes a sharp leap and unfolds in the air,
Invocations, cries, embraces: jostles of many little hand and feet.
The silvery, slithery world crawls and dances in joyous unison!
Clarion calls break the stillness of the brooding afternoon.
Boys will be boys! Webs of profit turn into empty sieves.

(Dr Sharmistha Chatterjee is a Professor and Head Dept of English Aliah University Kolkata, West Bengal)

Thousands of Rays of Light



Amoranth Coyle

Let the light of hope be our anthem—
for those scorned, and kept in darkness.
Let the fires burn brightly, one to another.
You are the seed—
the spark from which great things shall come!
Stand tall in your own power,
passing the torch
and carrying the light!
Humanity has shamed you far too long,
but you are the children of a new dawn rising.
You wear ascension in your scars;
you were elevated by all you've endured.
March forward, children of the new dawn!
There are others like you within humanity
who need you.
For the heralds of the New Age say: "Courage is
needed among your race again today."
I hear its echos in the collective mind.
So even when I stand apart—alone—
I know there are thousands beside me,
from every corner of the world,
shining vastly,
Shining brightly.
(Wherever you go,
Peace be upon you!)

(Amoranth Coyle is a US-based classical poet.)

Miracle



Professor Majrooh Rashid

Today morning
was yet another miracle.
The perennial bumblebee
came buzzing
from the dark woods of night.
Vibrating its singing wings
and perching secretly
on the magic bun you wore.
The doves drank deep
from the nectar
of dewy cupped roses;
your dark eyes cherished brilliance,
my hands petrified,
the brush slipped through my fingers.
Blue sky overhead
laughed in its sleeves.

(Professor Majrooh Rashid is a trilingual poet, critic, and academic. His profound and multifaceted contributions to the world of Contemporary Literature is reflected in his extensive publications in Kashmiri, Urdu, and English. He formerly served as the Head of the Kashmiri Department at the University of Kashmir and Director Habba Khatoon Centre for Kashmiri Language and Literature Islamic University (IUST)

Michelangelo



Dustin Pickering

I love the sharpness
of marble
when Michelangelo touches it
with his manly
hands
let me kiss your hands, o
Michelangelo,
please exhibit your grace
to my eyes-
I have to fail at knowing the
Absolute .

About the poet:
Dustin Pickering is the Texas based poet and Founder of Transcendent Zero Press . He contributes to Los Angeles Review , Huffington Post and The Statesman (India) and others. He is internationally engaged in global poetic contest and promotion of Literature. He was short listed as Finalist in Ade-laide Fiction Competition .

”نورِ نوران“... اکھ مختصر جاپز



جمالیاتک مظہرہ شاعرچھ جمالِ نبیؐ نہن شعرن
مثنویؒ آیہ و پڑھناوان:

عالمس دم بہ دم یُس مُتور کران
پززلہ وُن پٹھ عس آفتاب چھنا
اکھ حسپنا، حسپن اندر بے مثال
حُسنِ عالمک سہ لُب لُب پھنا
سعدی صاب چھ سہ اکھ خوش نصیب شاعر،
یکن بارہا مکہ مدینہ زیارت نصیب سپہر تہ تہ تہ
مُتبرک تہ مُقدس جلیہ روضہٴ رسول بُز فہمہ کنہ
عاجزی تہ الکساری سان پئیس آغس پیہمہ آہ آلو
:روان:

ڈیڈ تل ہلما دآرتھ بہ آئے
 سنس دم چھم زو گیم رنج
 کمہ بُتھ پھس دیان کر درخائے
 بارسل اللہ، خائے نظراہ کر
 ☆
 یارسل چھونا خاص الخائے
 کُلمک پائے کریم نا
 نارس دزنگ چھم وِسہ وائے
 بارسل اللہ، خائے نظراہ کر

”نورِ نوران“ نعتیہ سؤمہرن چھنے فنی تہ ادبی اعتبار اکھ مارکو منز عقیقی ذاکر۔ شاعر سؤندر احساسات تہ جذبات چھ سہلھے پرتا تہ تہ نعتیہ سؤمہرن چھنے پرن وائلس ولس قرار تہ رؤس فرحت بخشان تہ حُبان آنخضورن پٹھ اکھ عجیب کیفیت طاری سیدال۔

نعت گوئی چھ دیگر اصناف سخن اندر سبھ سے مشکل
تہ دشوار صفت۔ اتھ مثر چھ تھمن جذبات تہ خیالات
ہنر ہا تو تھ کر نہ بد ان یم شعریت کہن تقاضا عین
مطابق آسن۔ او کہو جھ اتہ سبھ سے محتاط روزن
ہوان تہ شاعر پنہ بے بسی ہند اظہار تہ پٹھو
:باوان:

اللہ تہ محمدؐ چھ فقط راز بس اکھ راز
رب زانہ محمدؐ تہ رُس زانہ محمدؐ
پیتر رب سُنْد اعلان وَرَفَعْنَا لَکْ ذِکْرَکْ
بے بس بشر تہ لیکھ کینا عنوانِ محمدؐ
حبیبِ خدا حضرت محمد مصطفیٰؐ بن ہند محبت چھ
اُکس مومن ہنر بیچان تہ پزنہ تہ ایمانچ
علامت تہ اُتھی پھڑ تھ شاعر چھ حضور پور
سبز ذات اقدس تعریف و توصیف پہ نین شعرن
مثبتہ آہ کران:

سُ	صاحبِ شانِ	عظمت	انسان
تعریف	تہنڈ	سوئے	قرآن
شانِ	مُرِمل	تہنڈ	ادا
سبحان	اللہ،	سبحان	اللہ
☆			
دربار	تہنڈ	دربارِ	خدا
دیدار	تہنڈ	دیدارِ	خدا
سرکارِ	دو عالم	چھم	واللہ
سبحان	اللہ،	سبحان	اللہ

سعدی صائیں نعتیہ کلاس منہ چھ جلیہ جلیہ
 عقیدت، وجدان، تصوف تہ معرفت کو آغار لینہ یوان
 تہ اچہر اچہر محبت تہ عقیدت تک پے دیوان شاعر
 چھ تہس جناس تہ ہند عشق غم بہ من داون ہند
 درمان زانان تہ تمن ہند نام پاک ورد کزن غمو تہ
 پریشانی یو نعبہ چھ گدھ سنگ سب مانان تہ آنخضرون
 ہند کرمہ کس دانس ستو وابستگی تہ قریب مخلصانہ
 اظہار بہ من شعر منہ تہ تہا تھی رنگر اووان:

زادِ راہ چھی درُود یڈُ جاداد
اللہ اللہ چُھ از شبِ مہلاد
یٹھ تہ پٹھ سعدیا درُود حضور
پر، گوتھن غم تہ دادر ساری دُور
حضور پاک چُھ حُسن و جمالِ منزتہ بے مثل تہ
بے مثال۔ تمنِ جنابِ ہند رُوئے مبارک چُھ

پڑھنے کی نظر آئے۔ تاکہ یہ کہ مینس کلاس میں ذکر
حبیبِ خدا۔ سعدی صائیں چھ عربی تہ فارسی زبان
پڑھتہ مدرس۔ قرآنی آیات تہ حدیث پڑھتہ تہ نظر
موچ۔ تہ پڑھ پڑھ جو یہو مینس نعتیہ کلاس میں
قرآنی آیات تہ احادیث ہند یسلہ پڑھو ورتاو
کو رمت۔

حُب رسولؐ چھ راحت چہ زندگی ہند ما حاصل تہ
احساسات تہ جذبات ہند اصلی مرکز تہ محور شاعر
چھ آئینا بن ہند عظمیٰ تہ سہر تلو گوشہ چہ نین
شعرن منز تہ کنی باوان:

اعلیٰ و افضل تھو دیتے ہو دیکھنا شان نبیؐ سُنَد
بُراتھ نبیؐ سُنَر تہ آسمان نبیؐ سُنَد
لِلّٰہ ما فی السَّمَوَاتِ وَفَا الارض
لَوَلاکَ لَمَّا خَلَقْتَ عِوَانِ نبیؐ سُنَد
پاک پروردگارن چھ رسولؐ برحق نبوت تہ
رسالت کرس اعلیٰ مقامس پٹھ فائز کُری مَوت تہ
تمن جنابن تمام تر کمالات ، معجزات تہ فضاءِ ایل
عطا کُری مَوت - حضور پُر نورؐ چھ سارے انبیاءن ،
رسولن ، مُرسلن تہ پیغمبرن نہہ ممتاز ، اعلیٰ تہ افضل -
نعت وَن چھ عشقِ رسولؐ اکھ عملی اظہارِ یُس
شاعرن پندہ فنکاری تہ خلوصہ سان نبھا وچ
کوشش چھ کُرمو تہ دبارِ رسولؐ مَنز پندہ نین
پاکیزہ جذبہ ہندگل ہائے عقیدت تہ کُری پیش
کران:

خیر البشرؑ تہ صاحب قرآن نبی صاب
 گاہے مکاں، گاہ مجھ لامکاں نبی صاب
 تھ مادرِ منزرس جہند ہے مژکتی چھ بے عالم
 شویاں اگر بے کافہہ مجھ تہ شویاں نبی سون
 سعدی صائبؒ نعتیہ کلامس منز چھنے کمال
 روائی، فصاحت، بلاغت، لطافت، نفاست تہ
 جذباتن ہنحرارتِ سلسلہ پاٹھی در پٹھی گروہان تہ
 پیہنہن شعرن پیہمہ آہ زوہ ووان:

قول اکھ اکھ نہنند چھ آبِ حیات
خوش خلق، خوش بیان رسول اللہ
آسمان وزمین وَمَافِیْہَا
ہر زمان بزبان رسول اللہ
نورِ رحمان ساقی کوثر
سرورِ سردار رسول اللہ



تجزیہ نگار: سید سرور ہاشمی

سید سعد الدین سعدی صائب چھ سانسہ وادی
 چنڈر معروف مابر تعلیم، محقق، نقاد تہ گھنہ مشق
 شاعر تہ ادبی دنیا س مشر اکھ ویلا دناو۔ بیکھو
 کاشر زبانی تہ ادب س ہر ہمیشہ چن قلم آیتن تہ
 کوڑکھ اکھ مول اضافہ۔

سعدی صائب تھے، ہر تھ گنہ صفحہ پڑھ طبع آزمائی
کر مرہو، مگر عقیدتی ادبس چھکا، واریا ہول بڑ رمت۔
امیگ اکھ سب چھ پتر زیم چھ تمہ اکہ علمی ادبی
خانلو کر چشم و چراغ، تھ خانوادس منز آشیر ہندو
بہلمہ پاکو نعت گوشا سعید امیر شاہ کری تہ سید ثناء
اللہ کری صائب زعم چھ لؤ بمت۔ تھ پاتھر چھ
یمن ازے علمی، ادبی تہ دینی ماحول باگہ امت۔
سید امیر شاہ کری تہ سید ثناء اللہ کری صائب چھ
نعت گوئی منز کمال حاصل کو رمت۔ پیندو نعت و
منقبت چھ زبان زو عام تہ لگہ مز اس وسیہ وئی۔
گشیر ہنرون بیشتر مسجدن منز چھ پیندو نعت و
منقبت پرہ تہ پسند کرہ یوان تہ ثناء اللہ کری
صائب کی تہ مہ نعت شہر حرم:

با واہ و آنکھ نا توئے، پیتر سون محمد مصطفیٰ
احوال میانی تس و نکھ، سے ہو کر کم و ادب و دوا
سعدی صائب تہ تصویبہ بن اسلاف ہند کہ پا ٹھکر
نعت گوئی ہند یہ سلسلہ برقرار۔ عقیدتی ادب کہ
حوالہ چھ اُم خاوان ابنہ نو اعلیٰ صفاتو، علم تہ
ادب ستر سارے وادی معطر گر بہ، تیج خوشبو ہر سوا
درخت ٹھکر چھے گرہ ہاں۔

نعت گو و حضرت محمد صلی اللہ علیہ وآلہ وسلم
ہندو ذات و صفات کو تعریف، توصیف، عیم سبھجے
ارفع و اعلیٰ چھہ پڑتھ کا نہہہ شعر گو و نعت، تہنیک
تاثر آہہ رسول خدا میں سزد پیک و اتنا و اپو کئی گورھ
نعت لیکھہہ وزا کس قلم کار سقرآن تہ احاد پشہ