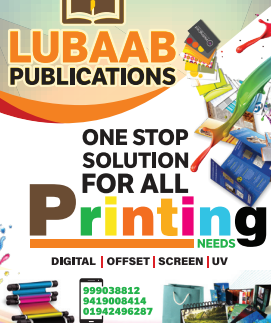


15TH
YEAR OF
PUBLICATION

 **HEADLINES**

TODAY

Voice To The Voiceless



**LUBAAB
PUBLICATIONS**

**ONE STOP
SOLUTION
FOR ALL
Printing
NEEDS**

DIGITAL | OFFSET | SCREEN | UV

9990368812
9413098414
9442396287

Radio Colony, Gund Hassibhat, Lawaipora Srinagar 190017

Lunch off 1:00 pm to 2:00 pm

تقریبات کو مہکائیے، عطر گلاب استعمال کریں

ضروری نہیں کہ مذہبی تقریبات کو ہی مہکایا جائے، اور بھی دیگر سماجی اور گھر بلو تقریبات بھی خوشگوار ہونی چاہیں، جس کیلئے اگر بیویوں کے علاوہ گلاب عرق اور دیگر عطریات کا استعمال کیا جاسکتا ہے، ساری چیزیں ہمارے ہاں سے حاصل کیا کریں۔

**ATAAR SHAH
HABIB-UR-REHMAN**

فارسٹ لین نزد یک گھنٹہ گھر، لال چوک، سری نگر، کشمیر
Habib-ur-Rehman, Shair Bagh, Anantnag

DENTAL & FACIAL AESTHETICS

going beyond dentistry

DENTAL / IMPLANT / SKIN / LASER / HAIR

SERVICES

ROOT CANAL TREATMENT, PAINLESS TOOTH EXTRACTION, CROWNS AND BRIDGES, FIXED ORTHODONTIC TREATMENT
REMOVABLE PARTIAL DENTURE, COMPLETE DENTURES, ESTHETIC RESTORATIONS, TEETH WHITENING
SCALING / TEETH CLEANING & POLISHING, SMILE DESIGNING, DENTAL IMPLANTS, ORAL HEALTH COUNSELLING
DIGITAL X-RAY, DISIMPACTIONS, PEDIATRIC DENTISTRY

Dr. Syed Furqana Bukhari
For Appointment Call: 6005590743

Dental Surgeon, MIDA
Ex Resident Govt. Dental College Srinagar
Fellowship in Medical Cosmetology
REG. NO.: A-3998

SERVICES:
MEDIFACIAL
HYDRAFACIAL
FACE PRP
VAMPIRE FACIAL
ADVANCED CHEMICAL PEELS
MICRONEEDLING, HAIR PRP & GFC
MESOTHERAPY, SKIN REJUVINATION
ACNE & SCAR TREATMENT
MICRO DERMAABRACTION, MOLE AND
SKIN TAG REMOVAL, LIP FILLERS
LASER HAIR REDUCTION
CARBON LASER FACIAL
BLACK DOLL FACIAL
PHOTO FACIAL, PARTY PEELS
MELASMA TREATMENT
TATTOO REMOVAL

اطلاع عام

میری آٹھویں جماعت پاس کا ماس کارڈ زیر ایڈیشن نمبر 734 سیشن 2011 گم ہو گیا ہے اب اسکی ڈپلیکیٹ کاغذی مطلوب ہے۔ اگر کسی کو کوئی اعتراض ہو تو وہ سات دنوں کے اندر اپنا اعتراض گورنمنٹ گزٹڈ ہل سکول بڈ گام کے دفتر میں پیش کریں۔ میعاد گزرنے کے بعد کوئی بھی اعتراض قابل قبول نہیں ہوگا۔

مقرر احمد میر ولد خضر محمد میر ساکنہ لکھنوی پورہ بڈ گام۔
فون۔ MBC8825062410

PUBLIC NOTICE

I, Hilal Ahmad Shaksaz, husband of Tahira, resident of Pathan Mohalla, Hazratbal, wish to inform the general public and concerned authorities that my spouse's name has been recorded as Tahira in official records. I now wish to update her name to "Tahira un Nisa" for all of-ficial and legal purposes. If anyone has any objection in this regard, he/she may contact the concerned authorities within 7 days from the date of publication of this notice. After that, no objection shall be entertained.

Hilal Ahmad Shaksaz R/O
Pathan Mohalla, Hazratba
Contact: 5867532869

PUBLIC NOTICE

I PARVAIZ AHMAD BHAT S/O MOHD RAJAB BHAT R/O ARIGAM KHANSAHIB BUDGAM, am applying for contractor card "DEE" CLASS Contractor Card in the office of the Superintending Engineer (R&B) Circle Budgam. Anybody having any objection may please contact office of the Superintending Engineer (R&B) circle Budgam within a period of seven days. After that no objection will be entertained.

PARVAIZ AHMAD BHAT
S/O MOHD RAJAB BHAT
R/O ARIGAM KHANSAHIB BUDGAM
CELL : 9149967667

mcb

OFFICE OF THE NAIB TEHSILDAR KREERI

Sub: Application of Farzi Begum W/o Late Ab. Ahad War R/o Sheikhpora Tehsil Kreeri for the issuance of Legal Heir certificate.

NOTICE

Regarding the subject cited above, in this context, a detailed report was sought from the patwari halqa concerned which reveals that Ab. Ahad War, S/o, D/o, W/o, F/o Ab. Karim War, passed away on 21-05-2025. Moreover, the Death Certificate issued by the Competent Authority also depicts the same. Furthermore, the report of Patwari Concerned points out that the deceased has left behind the following Legal Heirs, tabulated as below:

S. No	Name of Legal Heir	Relation with Deceased	Age	Occupation
1	Farzi Begum	W/o	73	Old Age
2	Mohd Yousuf	S/o	57	Govt. Employee
3	Khursheed Ahmad	S/o	46	Employee
4	Raja Begum	D/o	48	H.H.W.
5	Mysara	D/o	46	H.H. Maker

The applicant has applied for the issuance of a Legal Heir certificate. As such the instant matter is published through the newspaper, if anyone has any kind of objection, He/she may approach this office within 7 days (Seven Days) of the publication of this notice. After passing of stipulated time of 7 days (Seven Days), No objections will be entertained.

NAIB TEHSILDAR

IMPORTANT NOTICE

It is for the general information that my daughter's name as per school records is Daaniyah Bhat but on her aadhar card it has been incorrectly written as DANIA. Now i want to change her name on Aadhar card as per school records. Anybody having objection in this regard may kindly contact the concerned offices within 7 days. No Objection shall be entertained afterwards.

Javeed Afzal Bhat
F/o Daaniyah Bhat
R/o Near ITI, Ward No:02, Bandipora (J&K)
Mob NO: 9858996666

JEH/MU

GOVERNMENT OF JAMMU & KASHMIR

OFFICE OF THE TEHSILDAR KREERI

(Executive Magistrate 1st Class)

Subject: Issuance of Registration Orders in respect of delayed Birth/ Death certificate.

PUBLIC NOTICE

The Registrar Births and Deaths (Block Development Officer Wagoora)/ chokedar has submitted case file pertaining to Death of JANA BEGUM W/O LATE AB KHALIQ RATHER R/O DOULATPORA DOUGDARA Tehsil KREERI Distt. Baramulla having verified the date of Death as 27/02/2022 and event has been shown to be occurred at home for issuance of delay order. In this connection if anyone have any objection to the issuance of delay order of death certificate shall present his/her claim this office within 07 days, after that no objection shall be entertained

Executive Magistrate 1st Class
KREERI

ASH/K

NOTICE

I Have lost My No Plate of my vehicle M/Car bearing Registration No JK17-8438 on way to Nowgam bypass to Lalchowk. Now i have applied for its Duplicate. if anybody having any objection in this regard he / she may file his/her objection in the office of ARTO Kishtwar within seven days from the publication of this notice after that no objection will be entertained.

Name: Gurpreet Kaur
R/O House No 1 Greater Kailash Jammu
Ph No 7006310919

NWZ-01

NOTICE

I have changed my name from (Old name) Jawahir Begum to (New name) Jawahira. In future I will be known as Jawahira. If any body is having any objection he/she may contact Passport Office, Srinagar within 7 days. After 7 days no objection will be accepted.

NOTICE

I have lost my DOB certificate of my son bearing No 89032 DOB: 23-01-2022. Now I am applying for its duplicate. If anybody have any objection, he/she may contact for the same at Registrar Births & Deaths (SMC) Karan Nagar Srinagar within 7 days from the date of publication of this notice. After that no objection will be entertained.

Younis Ahmad Bhat
F/o Mohammad Azlaan Bhat
R/o Khalid Colony Soura Sgr

Max Advt

PLOTS FOR SALE

Mirgund Narbal

Rs 9 Lac / Kanal
Rs 12 Lac / Kanal
Rs 14 Lac / Kanal & onwards

Milikiyat Land In District Srinagar
REHMAT ESTATES
KARAN NAGAR SGR
7006969582, 9697438880

STATE ADS

Winter's Biggest Sale

"Glow Your Way to Splendor"

REASONABLE PRICE

9796177177, 9149733744

ADARCE Communication

ADVERTISING | PRINTING | EVENTS

FLAT FOR RENT

Full Furnished Flat Available For Govt. or Corporate Agencies 2bhk With All Amenities

Contact on- 7051600123

Media Line Ads

KACHRU TUTORIAL

Chanapora Bypass Bridge Sgr

M) 9682123232

TUITION CENTRE upto 10th (ALL SUBJECTS)

INVITE/PROVIDE P.G HOME TUTORS Upto 12th

Prop. RL Kachru
Retd. I/C Tyndale Biscoe Sgr

Chinar

HOUSE FOR SALE

Ready to move 2 Storey House on almost 7 Marla land

AT 90 FT ROAD SOURA NEAR SAFA MARWA HOSPITAL
FOR DETAILS / VISIT CALL: 9906676161

Media Line

REQUIRED

OFFICE ASSITANT

MALE/FEMALE

Salary:- Negotiable

Preference will be given to near by areas
Address:- 90 ft Road Soura, Srinagar.

Kindly Send your resume on magnalisfoods.com

Media Line Ads

HOME TUITION

From Class 8th to 12th
8th, 9th, 10th Core Subjects (Maths, Science & SST)
11th & 12th (Physics Chemistry)
CONTACT: 6006737266

NOTICE

I have changed my name from (Old Name) Anjum Mubashshar Hakeem W/o Hakeem Mudasshar & D/o Gulam Yasin Darabu to (New Name) Anjum Drabu W/o Mubashshar Nabi D/o Gulam Yaseen Drabu. In future I will be known as (New Name) Anjum Drabu W/o Mubashshar Nabi D/o Gulam Yaseen Drabu. If any body is having any objection he/she may contact Passport Office, Srinagar within 7 days. After 7 days no objections will be accepted.

NOTICE

I, Naseer Admad Dar S/o Ghulam Nabi Dar R/o Panzinara, Srinagar wants to apply for Seeds License. If anybody having any objection may please contact PPO, Lal Mandi, Srinagar within seven days from the date of publication of this notice after that no objection shall be entertained.

NOTICE

I want to change the name of my son in his school records at Dubai Grand International School Green Avenue HMT, Srinagar in class 8th, from Farhaan Feroz to Mohd Fahad. Now the same is to be corrected. If anybody is having any objection may contact the principal of said school within a period of seven days, after that no objection will be entertained.

Feroz Ahmad Tabardar
F/o Mohd Fahad
R/o Shah Colony, Parimpura, Srinagar

NOTICE

I want to correct the name of my son in his aadhaar card bearing No. 990383283188, from Furkan Showkat to Furqan Showkat as per his Domicile Certificate. Now the same is to be corrected. If anybody is having any objection may contact the concern authority within a period of seven days, after that no objection will be entertained.

Showkat Ahmad Sheikh
F/o Furqan Showkat
R/o Bonamsar Sonwar, Srinagar

NOTICE

I have lost my passport bearing No. E7023825, while travelling from Tengpora Chowk to Batamaloo, Srinagar. If anyone has found the same he/she may contact me on given below phone/address.

Shah Hinan Lawey
S/o Vakeel Ahmad Lawey
R/o Tengpora Batamaloo, Srinagar
8716999666

NOTICE

I, Ishfaq Ahmed Malik wants to apply for registration of my hotel under name & style "HOTEL MOUNT RETREAT" situated at Dalseer Sallar Pahalgam. If anybody having any objection may contact Assistant Director tourism Pahalgam within seven days from the date of publication of this notice after that no objection shall be entertained.

Max Advt

NOTICE

I, Sajad Ahmed Beigh wants to apply for registration of my hotel under name & style "HOTEL MOUNT NOOR RESORT AND SPA" situated at Dalseer Sallar Pahalgam. If anybody having any objection may contact Assistant Director tourism Pahalgam within seven days from the date of publication of this notice after that no objection shall be entertained.

Max Advt

اطلاع عام

ہر خاص عام کو اطلاع دی جاتی ہے کہ میری نوین جماعت پاس سرٹفکٹ گمنم ہوئی ہے اب اسکی ڈپلیکیٹ کاغذی مطلوب ہے کسی کو کوئی اعتراض ہو تو وہ سات دنوں کے اندر اندر بڈما سڑک گورنمنٹ ہائی سکول حن پور بارگ کے دفتر میں پیش کرے بعد از معاد کوئی اعتراض قبول نہیں ہوگا

المستثمر
سوقی سببم دختر محمد اسماعیل گنایی
ساکن حسن پور بارگ تحصیل جببھاڈہ انت ناگ

از دفتر نایب تحصیلدار پھلگام

درخواست مخائب محمد سلمان بٹ ولد غلام نبی بٹ ساکن لاری پورہ پھلگام بغرض حصول بیک واڈ سرٹفکٹ

سجبارہ مراد اگاہی ہر خاص عام

سائل نے ایک بغرض حصول بیک واڈ سرٹفکٹ دفتر حزامین پٹنگی ہے رپوٹ کے مطابق سائل لاری پورہ پھلگام کار پائین پزیر ہے اور افراد گنمہ مند ذیل افراد پر مشتمل ہے

غلام نبی ولد سلام بٹ عمر 41 سال بڑس امدنی 120000
سکلیل بانو زوجہ غلام نبی 40 گھر کام
لوسیہ جان دختر 19 زیر تعلیم
محمد سلمان پسر 17 ===

اس کے علاوہ اور کوئی افراد گنمہ بین موجود نہیں ہے اور کل زرعی امدنی 5000 تک ہے زیر کار وائی سرٹفکٹ اجراء کرنے میں کسی کو کوئی عذر ہو تو وہ سات یوم اندر دفتر حزامین پٹنگی کریں

نایب تحصیلدار پھلگام

AIT/P/02

M/S MIR BROTHERS KREERI

Deals in all kinds of Pesticides Packing Boxes & Papers

Prop.: MUSHTAQ AHMAD

CONTACT: 9469099802 8825038101

NEAR BIOCARE LAB. KREERI

SUPERSTAR 65 WP
BIOSECURE 80% TOP
KREERI

Weather Update

HT News Network

Very heavy rainfall is expected across several parts of Jammu region today, particularly in Kathua, Samba, Doda, Jammu, Ramban, and Kishtwar districts. No improvement is expected before evening.

Very Heavy Rain Alert

Issued By Jammu and Kashmir Government

Highest Intensity
8 districts of Jammu and Kashmir
27 Aug, 08:00

Possibility of HEAVY to VERY HEAVY RAIN at many places of District JAMMU, SAMBA, KATHUA, REASI, UDHAMPUR, RAJOURI, RAMBAN, DODA & KISHTWAR in next 40 hours. Possibility of CLOUD BURST/FLASH FLOODS/LANDSLIDES with water logging at Vulnerable Places. Stay Alert. Dial 112 for EMERGENCY. JKUTDMA

Flood Alert for Jammu Region:

With water levels already above danger marks in many streams and rivers, a further and significant rise is likely till tonight.

In South Kashmir, moderate to heavy rain will continue, with heavy to very heavy downpours over its higher reaches. The water of Jhelum is expected to rise (no Flood Alert for now).

Central Kashmir may receive light to moderate showers, while North Kashmir, in general, may see light rain or dry weather.

Forecast Insights: Kashmir Weather

Crackdown Against Rotten Meat,Sweets

FDA's violators list out, food licences of 9 dealers suspended

HT News Network

Srinagar, Aug 26 : The Jammu and Kashmir Food and Drug Administration (FDA) on Tuesday released the “much-awaited” list of nine suspended FSSAI licenses across Srinagar and Anantnag in its ongoing crackdown on rotten meat, synthetic cheese, and expired sweets, officials said.

The official list, exclusively available with the news agency-Kashmir News Observer (KNO), issued by the FDA, shows the suspension of licenses of several prominent meat and food outlets, including establishments in Lasjan, Zakura, Qamarwari, and Anantnag's KP Road, Achabal, and Kadipora.



The action follows large-scale seizures reported earlier this week. As earlier reported by KNO, FDA teams had confiscated over 12,000 kg of meat, 21 quintals of synthetic cheese, and

440 quintals of expired rasgulla being pushed into markets ahead of the festival season.

The establishments with suspended licenses are: M/S Al-Taqwa Foods (Lasjan, Srinagar,

Altaf Ahmad Chadinoor); M/S Aarif Enterprises (Bulbul Bagh, Tengpora, Srinagar); M/S Sunshine Foods (Industrial Estate, Zakura, Srinagar); M/S Anmol Foods (Parimpora Ghat, Qamarwari, Srinagar); M/S Jubilant Food Works Ltd. (Domino's Pizza, KP Road, Anantnag); M/S Shaun Shahi Biryani (KP Road, Anantnag); M/S Shan Fish Fry (Achabal Adda, Anantnag); M/S Bismillah Sweets (Industrial state, Anantnag); and M/S Khanday Poultry (Kadipora, Anantnag).

The FDA in an earlier public notice, stated that the violators would face prosecution under the Food Safety Act, which prescribes penalties up to Rs 10 lakh, cancellation of licenses, and imprisonment of up to six years.

Landslides Shut Srinagar-Ladakh Highway at Zojila

HT News Network

Ganderbal, Aug 26, KNT: The Srinagar-Ladakh highway was closed for vehicular movement on Tuesday after heavy rains triggered landslides at Panimatha and Bajri Nallah near Zojila, officials said.

The landslides occurred in the afternoon, blocking the strategic road that connects Kashmir with Ladakh and Kargil. Traffic authorities immediately stopped vehicles at the Sonamarg checkpoint to prevent them from moving towards the affected stretch.

"Due to the downpour, landslides struck multiple spots near Zojila. Traffic has been halted as a

precautionary measure to avoid any mishap," an official told the news agency Kashmir News Trust.

The Srinagar-Ladakh highway is the only surface link between the Valley and the Union Territory of Ladakh, and its frequent closure due to weather and landslides often disrupts movement of passengers, supplies and essential commodities.

Authorities said clearance operations will be taken up once the weather stabilises and the road is safe for restoration. Travellers have been advised to confirm the status of the highway before planning any journey.

Committee on Privileges holds meeting in Srinagar Discusses privileges, protocols of legislators

HT News Network

SRINAGAR, AUGUST 26: The Committee on Privileges of the Jammu and Kashmir Legislative Assembly today convened a meeting at the Assembly Complex in Srinagar to discuss matters related to the constitutional privileges and entitlements of legislators.

The meeting was chaired by Committee Chairman Nizam-ud-Din Bhat and members including Vikram Randhawa, Javid Riyaz (Bedar), Salman Sagar, Sheikh Ahsan Ahmed (Pardesi), Reyaz Ahmad Khan, Bharat Bhushan, and Javid Iqbal also participated



in the meeting.

Also present were Secretary Law, Achal Sethi, Secretary Hospitality and Protocol, Bhupinder Kumar and special Secretaries of Law, GAD, and H&P departments.

The Committee discussed and asserted proper protocol for legis-

lators is maintained by the officers.

Directions were given for co-operation for smooth conduct of legislature and working by the legislators.

At the outset, the Chairman underscored the significance of legislators asserting their constitutional rights and privileges on all appropriate platforms.

The Chairman expressed confidence in the collective efforts and commitment of the Committee members, reaffirming their role in upholding the integrity of the institution.

He assured that the Committee would cooperate and perform

within its defined mandate to continue contributing for the public welfare.

At the outset, the members offered their valuable suggestions and feedback, asserting on maintaining protocols for legislators.

The Chairman stressed the need for a well-defined framework to safeguard the dignity, autonomy, and effective functioning of elected representatives.

The Committee resolved that a detailed report concerning the privileges and protocol issues of legislators be compiled and submitted within a stipulated timeframe.

DC Srinagar finalizes arrangements for Eid-e-Milad Un Nabi(SAW)

Emphasizes coordinated efforts for smooth facilities to devotees & seamless observance of auspicious occasion

HT News Network

SRINAGAR AUGUST 26:-

In connection with celebrations of Eid-e-Milad Un Nabi(SAW) and observance of Friday following, the Deputy Commissioner (DC) Srinagar, Akshay Labroo on Tuesday chaired a meeting here at Meeting Hall of the DC Office Complex to review the arrangements being made by all line Departments to ensure smooth and seamless conduct of the auspicious religious occasion.

The meeting was attended by Additional District Development Commissioner, SP Security, Superintendent of Police, Joint Director Information, Joint Commissioner SMC, Superintending Engineer R&B Assistant Commissioner Revenue SDM East, CMO Srinagar Tehsilsar Khanyar/North, Assistant Commissioner Food Safety, senior officers of Traffic, PHE, PDD, SMC, Fire & Emergency, SRTC, RTQ, Officers of other line departments. Tehsildar J&K Wakf Board, Administrators of various prominent Shrines were also present in the meeting.

At the outset, the Deputy Commissioner emphasized the significance of Eid-e-Milad-un-Nabi (SAW) and stressed upon the officers to put in place all necessary arrangements well in advance so that devotees do not face any inconvenience during the



celebrations of Eid-e-Milad Un Nabi(SAW) and observance of Friday following. He emphasized coordinated efforts by all line departments to ensure smooth and hassle-free observance of the auspicious religious occasions.

Emphasizing the significance of the occasion, the DC directed all line departments to ensure seamless coordination and timely readiness of services to facilitate the devotees expected to participate in the religious occasion. The DC instructed Officers to ensure elaborate arrangements for providing essential services & facilities like uninterrupted supply of

power & safe drinking water, public transport, vehicle parking, firefighting arrangements, cleanliness & sanitation measures, healthcare facility, adequate supply of water for ablution purposes and other arrangements for convenience of the devotees expected to visit the Holy Shrine.

The DC directed the SMC authorities to carry out special sanitation & cleanliness drives in and around Hazratbal, other prominent Shrines and Masjids across the district during the auspicious days. He asked SMC to deploy sufficient men and machinery at the venue to

ensure proper cleanliness in and around the Shrine. He also asked them to ensure all street lights are made functional at the earliest so that people visiting the shrine to offer prayers do not face any difficulty.

The Health Department was asked to station medical teams and ambulances with first aid at important congregation points to meet any emergency.

The Engineers of the PHE were directed to ensure adequate supply of water at the shrine, besides to keep a sufficient number of water tankers at the venue to cater to the demands of devotees to

perform ablution for prayers.

Similarly, the PDD Engineers were directed to ensure uninterrupted water and power supply at the Shrine during the auspicious days and nights of prayers.

Likewise, the Food Safety Department was instructed to intensify market inspections in coordination with the Police & District Administration to ensure food safety and hygiene in food items in the markets.

On the occasion, Traffic management and parking plans were also reviewed, with the Traffic Department directed to formulate efficient route plan for smooth vehicular movement around Hazratbal and other major gathering sites, besides elaborate arrangements of public transport and sufficient facility for parking of the vehicles to facilitate the people visiting Hazratbal Shrine.

The DC instructed all officers to ensure similar arrangements at other major shrines, including Aasar-i-Sharief Hazratbal, Jenab Sahib Soura, Aasar-i-Sharief Kalashpora, as well as other prominent locations.

During the meeting, the DC also sought suggestions from the Tehsildar Wakf Board and Shrine authorities to incorporate their suggestions for further improving arrangements for smooth observance of the Holy religious occasion.

Committee on Public Undertakings reviews Audit Paras of I&C, JKSIDCO

HT News Network

SRINAGAR, AUGUST 26: The Committee on Public Undertakings of the Jammu and Kashmir Legislative Assembly today convened a meeting at the Assembly Complex, Srinagar, to review audit paras pertaining to the Industries & Commerce (JKSIDCO) Department.

The meeting was chaired by Committee Chairman Ali Mohammad Sagar, and attended by members Saifullah Mir, Ali Mohammad Dar, Baldev Raj Sharma, Mir Mohammad Fayaz, Ranbir Singh Pathania, Bashir Ahmad Veeri, Showkat

Hussain Ganai, Saif Ud Din Bhat and Tanvir Sadiq.

Also present were the Senior Deputy Accountant General, Secretary Industries & Commerce Department, Additional Secretary GAD, Director Handicrafts & Handloom, Director Finance, MD SICOP, DG Finance Expenditure, GM SICOP, MD JKCL, CAO SIDCO/ SICOP, Special Secretary Transport Department and other senior officials of the concerned departments.

The Committee held a comprehensive discussion on audit paras 5.3 & 5.4 (2017-18) and 10.3 & 10.4 (2020-21), relating to

JKSIDCO. The members examined issues including low capacity utilization of the cement grinding-cum-packing unit at Samba, blocking of funds and unfruitful expenditure on the failed International Trade Centre (ITC) project at Pampore, grant of interest-free advances to small-scale industrial units, and recovery of GST dues.

At the outset, the Chairman emphasized the need to tap J&K's industrial potential for revenue generation and employment opportunities, and called for sustainable measures to strengthen industrial units across the Union Territory.

NOTICE

My name has been wrongly recorded in the electricity connection bearing consumer ID 0206050013096, as Sameer Ahmad Ganai S/O Gh Nabi Ganaie. However my actual name is Sameer ullah Dome S/O Gh Nabi Dome R/O Check-i-kawoosa, Kawoosa jagir Budgam.

Anybody having any objection in this regard may approach the said office with a period of 7 days, after that no objection shall be entertained.

SAMEER ULLAH DOME
S/O GH. NABI DOME
R/O CHECK-I-KAWOOSA
DISTRICT BUDGAM, TEHSIL NARBAL
ELECTRIC SUB DIVISION NARBAL

DC Kulgam inaugurates Lift Facility at Mini-Secretariat

HT News Network

KULGAM, AUGUST 26: Deputy Commissioner (DC) Kulgam, Athar Aamir Khan, today inaugurated a newly installed lift facility at the Mini-Secretariat Kulgam.

Speaking on the occasion, DC said that the facility has been set up to ease access for senior citizens and specially-abled persons visiting various offices in the Mini-Secretariat, thereby ensuring inclusive and citizen-friendly services.

The inauguration ceremony was attended by DDC Member Pahlou, M Ibrahim; ACR, DSWO, AEE Mechanical, and other officers. Senior citizens and specially-abled persons were also present on the occasion.



Deals in:
All kind of Hand Embroidery
(Hand Tilla, Sozni etc.)

Prop.: Syed Bashir Ahamd Bukhari | Contact: 7889412492 | Address: Main Market, Kreeri

HT EDITORIAL

Create designated shelters for stray dogs

The stray dog menace has assumed alarming proportions across the Kashmir valley. Day in and day out there are reports of dog biting cases across the valley? As far as the Srinagar city is concerned the Srinagar Municipal Corporation years back had drawn up a plan for the sterilization of the dogs so that there is no further population of the canines. The plan was welcomed by one and all with the hope that things will improve.

The sterilization programme carried on for some months and with the passage of time the campaign fizzled out. As on date the sterilization is nowhere in sight and as a result of the same there has been a huge increase in the population of dogs across the district. The uncontrolled population of the dogs has made the matters worse for the people especially the children and senior citizens. People fear to move during the early morning and evening, sensing they would be attacked by dogs.

Few days back the Supreme Court of India in a landmark judgment directed the Delhi government to create shelters for stray dogs and put all the canines in these shelters. If stray dogs in the national capital can be placed in the shelters then the same process can be applied in the Srinagar district and other districts of the Kashmir valley. As such the authorities of the union territory of Jammu & Kashmir should wake up and take the necessary steps in this regard.

Some years back then the government of erstwhile state of Jammu & Kashmir had dished out figures according to which the dog population in the Srinagar district stood at 90,000. Since the sterilization process has failed it is quite natural that this figure would have gone up even though no updated figures are available as on date. The government without any further delay should carry out the latest census of dogs not only in Srinagar and other districts of the valley.

Once the survey is completed the government will come to know about the steps that have to be taken for placement of dogs in shelters. This would give them a clear indication as to how many shelters would be needed district wise for placement of stray dogs. Once the shelters come up across the valley it would be somewhat easy for the people at helm to take the logical steps and provide relief to people from attacks of dogs.

A Call for Urgent Justice: Supreme courts decision on stray dogs is of paramount importance for J&K



Hidayat Bukhari

In the quiet mornings of Srinagar, before the shutters rise on its centuries-old marketplaces and the first vendors begin their calls, a different kind of vigilance takes place in homes across the city. Parents, often still in their night clothes, stand silently at their doorways, scanning every corner of the lane, listening for the faintest bark or growl. Only when they are sure the path is clear do they allow their children to step outside. In the labyrinthine alleys of the old city, where sunlight barely pierces the tightly packed buildings, in the bustling commercial streets of Srinagar's central bazaars, along the narrow by-lanes of Baramulla, through Pulwama's quiet hamlets, and in the hillside neighbourhoods of Jammu, the ritual repeats itself. Mothers grip their children's hands tightly, hearts pounding with each turn in the road, while fathers often walk a few paces ahead, scanning for the sudden lunge of a dog from behind a parked vehicle or garbage heap. And yet, even such caution has not always been enough — countless families have witnessed the most harrowing of scenes: packs of stray dogs surrounding young children in a tight, circling formation, their growls turning into frenzied barks before mauling the helpless child, sometimes to the point of fatality. These tragedies are etched into the collective memory of neighbourhoods, adding an unshakable layer of fear to an already dangerous reality. This is not mere caution — it is a learned survival instinct, honed over years of living alongside an ever-growing population of stray dogs. For more than a decade, this daily, silent choreography has been part of life in Jammu & Kashmir, a constant reminder that the simple act of stepping outside one's home carries risks that no society should accept as normal.

The Magnitude of the Crisis
In 2024, 51,027 dog-bite cases were recorded — a surge from 34,664 in 2023 and 22,110 in 2022. In 2024 alone, there were five confirmed rabies deaths; in 2023, there were four. For a population of just 1.3 crore, that equates to nearly 400 cases per 100,000 people — proportionally far higher than in much larger states like Uttar Pradesh or Delhi.

Region: Jammu & Kashmir
■ **Population (approx.):** 1.3 Crore
■ **Annual Dog-Bite Cases:** 51,027
■ **Rabies Deaths (2024):** 5
■ **Cases Per 100,000 People:** ~392



Region: Uttar Pradesh
■ **Population (approx.):** 24 Crore
■ **Annual Dog-Bite Cases:** 2,00,000* (example)
■ **Rabies Deaths (2024):** 0
■ **Cases Per 100,000 People:** ~83
Region: Delhi-NCR**
■ **Population (approx.):** 3 Crore
■ **Annual Dog-Bite Cases:** 45,000* (example)
■ **Rabies Deaths (2024):** 0
■ **Cases Per 100,000 People:** ~150

*Illustrative numbers for comparison.
**Delhi-NCR covered by Supreme Court's Aug 2025 Order.

Srinagar's Anti-Rabies Clinic treated 12,833 victims from June 2024 to May 2025, with more than 6,200 of them dog bites — averaging over 1,000 per month. In Jammu division, GMC recorded 40,505 animal-bite cases and 13 rabies deaths between 2019 and 2023.

Centre/ Division: ARC, SMHS Hospital, Srinagar

■ **Period Covered:** Jun 2024 – May 2025
■ **Reported Bite Cases:** 12,833
■ **Rabies Deaths:** 2*
Centre/ Division: GMC Jammu
■ **Period Covered:** 2019 – 2023
■ **Reported Bite Cases:** 40,505
■ **Rabies Deaths:** 13
*Includes suspected rabies deaths.

Why the Supreme Court Order Matters?

The Supreme Court's August 11, 2025 order, though issued for Delhi-NCR, offers a replicable model for J&K. It mandates the removal of stray dogs from public spaces within eight weeks and relocation to secure, government-managed shelters for vaccination, sterilisation, and humane care. This ensures public spaces — streets, markets, schools, and residential areas — are free from the threat of stray dog attacks

while protecting animal welfare.

Adopted voluntarily in J&K, this model would require a sustained and coordinated approach. The first step would be a comprehensive census of stray dog populations across all districts, identifying hotspots in both urban and rural pockets. Simultaneously, municipal bodies — especially Srinagar and Jammu Municipal Corporations — must establish specialised action units trained and equipped to humanely capture, transport, and manage these animals in purpose-built shelters. These shelters must be expanded or newly constructed to accommodate the population, each equipped with sterilisation and vaccination facilities, veterinary care, and monitored living spaces to ensure humane treatment.

Beyond capture and relocation, waste management reform is vital. Open garbage dumps serve as the primary feeding grounds for stray packs. Closing these points, improving door-to-door waste collection, and enforcing penalties for illegal dumping would cut off a key driver of stray population growth. Public awareness campaigns can reshape community behaviour, discouraging public feeding of dogs in unregulated spaces and promoting adoption from shelters.

Why J&K's Strays Are More Aggressive

J&K's stray dog population exhibits a unique behavioural profile shaped by decades of environmental and socio-economic conditions. Harsh winters with sub-zero temperatures have favoured the survival of only the most physically resilient and aggressive dogs, leading to a gene pool that prioritises endurance, strength, and territorial dominance. Chronic food scarcity — worsened by inconsistent waste management — forces dogs into intense competition for limited resources, encouraging a heightened food-guarding instinct. Territorial

isolation in rural and semi-urban pockets means packs often defend their areas with extreme hostility toward outsiders, including humans. These dogs operate in highly coordinated packs with complex social hierarchies, enabling them to strategise during confrontations. Heightened reactivity to human presence is further amplified by repeated negative interactions with people, reinforcing defensive or preemptively aggressive behaviour. Over time, this natural selection has produced a stray population that is more physically robust, psychologically conditioned to survive scarcity, and significantly more dangerous than counterparts in metropolitan areas like Delhi, where climate, food availability, and human contact patterns differ substantially.

Beyond Safety: Economic, Cultural, and Social Impact

Unchecked dog menace affects the economy, culture, and public morale. Tourism — a major revenue source for J&K — suffers when visitors fear for their safety. Markets and festivals see reduced footfall. Medical costs for treatment of bites and rabies prevention strain both households and public health budgets. Culturally, fear has eroded once vibrant traditions of open-air social gatherings, community sports, and children's outdoor play. Psychologically, living in constant fear creates anxiety disorders, developmental delays in children, and isolation among senior citizens.

The Path Forward

Applying the Supreme Court's August 11 framework to J&K is not just about animal control — it is a public health, safety, and economic revitalisation strategy. Its adoption could transform the daily experience of residents: children could walk to school without armed escorts of anxious parents, elderly people could visit markets or mosques without fear, and tourists could explore the old city without the constant vigilance of looking over their shoulder. Economically, it would free public health resources currently tied up in treating dog-bite cases, redirecting them to preventive care and community welfare. Socially, it would help revive the culture of community interaction in open spaces, crucial for mental well-being. With committed municipal leadership ensuring operational enforcement, NGOs driving humane implementation and public awareness, and citizens actively participating in the solution, Jammu & Kashmir could set a national precedent — reclaiming its streets, restoring social life, and protecting its economic future, all while treating animals with dignity and compassion.

The author is a scientist and social activist currently heading CyberX Info Systems Rangreth as Director Proposals and Business Strategy (US)

Independence Reimagined: A Critical Lens on Freedom and Its Realities..

Yawar Hamid

Independence is often celebrated as the ultimate triumph of a nation the day when chains of oppression were broken and the voice of self-determination rose. In the Indian context, 15th August 1947 is remembered with deep emotion, for it marked the end of nearly two centuries of colonial exploitation. However, a critical view compels us to ask: Did independence truly fulfil its promises, or did it merely change the nature of the challenges we face? Political freedom was achieved, but social and economic emancipation remains incomplete. Inequality persists, with wealth and opportunities concentrated in the hands of a few. The rural-urban divide, caste based discrimination, and gender inequality continue to undermine the vision of an equitable society envisioned by the freedom fighters. Independence

was meant to empower every citizen, yet millions still struggle for basic rights such as quality education, healthcare, and dignified employment.

Moreover, the colonial mindset did not vanish with the departure of the British. Corruption, bureaucratic inefficiency, and political opportunism have eroded public trust. In many ways, the rulers changed, but the structures of exploitation adapted rather than disappeared. The ideals of democracy and liberty are often overshadowed by divisive politics, where religion, caste, and language are manipulated for personal or party gains.

Economic policies post-independence brought industrial growth, but they also created dependence on global markets, leaving the country vulnerable to external pressures. The dream of self-reliance, central to the nationalist movement, still struggles against the realities of globalization and domestic policy gaps.

Independence should not be seen as a static achievement but as an ongoing responsibility. True freedom demands critical self-reflection, active participation, and the courage to challenge injustice in all forms. The spirit of 1947 must inspire us not just to wave the flag, but to ensure that its colors represent dignity, equality, and opportunity for all.

In the end, the measure of independence is not in annual celebrations, but in how far we have travelled toward the ideals for which countless lives were sacrificed. To honour that legacy, we must move beyond symbolic pride to create a nation where every citizen genuinely experiences the freedom they were promised.

Writer is a student of political science at University of Kashmir.
hamidyawer14@gmail.com

Oped

Shah Zubair:

Luminary of Kashmiri & Urdu Literature



■ Mohammad Arfat Wani

In the peaceful town of Charar-i-Sharief, located in the heart of Budgam, where centuries of religious and cultural heritage infuse life into the beat of everyday life, an exceptional budding talent is taking shape in silence to chart the literary map of Kashmir. Shah Zubair, a 12th grader, is not just a young man going through the typical challenges of adolescence; he is a poet, writer, and playwright whose words have a richness and sensitivity well above his years warming hearts and inspiring minds throughout the valley. His entry into the literary realm was early, with an inherent curiosity, self-reflection, and an abiding passion for words, and at the eighth-grade level, he unearthed the potency of words understanding that emotions, ephemeral thoughts, and human experiences could be given eternal life in verses that could connect with people. Those initial forays into poetry, humble as they were, bespoke a spark that would develop into a brilliant literary presence, and by the tenth grade, Zubair had refined his art crafting a rhythm, sensitivity, and depth that drew readers into the real landscapes of his imagination. It is not just his prodigious talent which differentiates Shah Zubair but also his unprecedented versatility in expression. He started writing in Kashmiri welcoming the musicality and cultural wealth of his native tongue and then slowly branched out to Urdu, which is the language of classical poetry, and then to English to make his thoughts universally accessible. Every language created a new richness to his prose but his heart still belongs to Kashmiri literature and as he explains, "I began with Kashmiri poetry because it is my mother tongue and I want to see it bloom over time I branched out to Urdu and English but my heart is still in Kashmiri lit-

erature" This passion is not only a love affair with words but also a commitment to upholding the spirit of his culture so that the beauty of Kashmiri expression continues to bloom in a contemporary world where native languages tend to fight for survival. Through the years, Zubair's work has been prolific and wide-ranging, consisting of more than 150 poems, over 20 short stories, and over 10 plays each characterized by perceptive observation, emotional resonance, and cultural insight His writing has appeared in reputable newspapers and literary journals with every poem and story evidencing insight into human nature, societal issues, and the rich tapestry of Kashmiri life Beyond artistic creation, Zubair's life is deeply influenced by religious guidance and communal involvement, as for the last three years, he has been teaching the Quran at a local Madrasah and serving as an Imam at his local neighborhood masjid instilling a sense of responsibility, moral contemplation, and commitment to service to others, and as he states, "I believe knowledge should be shared teaching the Quran is not just a responsibility it is a privilege" exemplifying maturity, wisdom, and a harmonious balance of literary and religious pursuits. Even with his ability and commitment, Zubair's path has not been without hurdles, especially financial limitations that have postponed his aspiration of producing a book collecting his poetry and tales but his resolve is unshaken demonstrating a toughness that defines his character and vision. "I have composed enough poetry to fill a book but printing costs money I hope to make this dream come true one day" he confirms, describing an ambition which goes beyond personal ego. His hopes manifest not only personal acknowledgment but also the spread of Kashmiri literature, conservation of linguistic and cultural heritage, and inspiration of the next generation of writers and thinkers. Recognition has followed his endeavors and he has been awarded more than 20 awards for his literary work validating his position as a young keeper of Kashmiri literary tradition These awards commemorate his success while encouraging him



to keep probing, creating, and expressing each award marking a milestone in a journey characterized by persistence, dedication, and an unflinching love for the arts. What makes Shah Zubair's journey so inspiring is the balance he achieves between literary aspirations and spiritual obligations. While most young authors are concerned with personal progress, his works are filled with ethical contemplation, cultural sensitivity, and social responsibility. His short stories probe human relationships, societal expectations, and moral challenges while his plays set characters and conflicts on stage arousing empathy, reflection, and contemplation. His poetry, whether written in Kashmiri, Urdu, or English, goes beyond mere expression plucking universal strings of love, hope, loss, and determination offering readers

beauty along with deep introspection. In a time when cultural heritage and mother languages are neglected, Shah Zubair stands as a shining star of hope and inspiration. His unshakeable passion for Kashmiri literature, coupled with enthusiasm for teaching and social service, embodies the invigorating potential of passion, persistence, and honor proving that age does not matter to leave an impact and that one person driven by talent and intent can bring change to a community. His vision transcends individual achievements to nurture an environment of literature where young minds revisit the charm of language, the depth of culture, and the force of well-crafted words. Shah Zubair's journey also showcases the determination of Kashmiri youth reminding us that talent developed with

perseverance can surpass social, economic, and cultural hurdles. The vision of publishing his book, a compilation of his poems and short stories, is a beacon yet his endeavor involves much more than individual recognition. It involves guarding a cultural heritage, encouraging moral and ethical consideration, and stimulating creativity and critical thinking in others. His life is proof of what can be achieved by the youth of Kashmir showing that aspirations pursued with honesty, hard work, and vision can surmount barriers and make a lasting impact on society. In Charar-i-Sharief, where spiritual and cultural heritage still defines everyday life, Shah Zubair is writing a legacy that will be told for generations. His poems, dramas, and stories exhibit literary finesse, cultural pride, and youthful vision while his teaching and community work prove the synthesis of intellect, ethics, and spirituality. He is a rare blend of tradition and innovation, passion and perseverance and proves that one young man can hold hope, inspiration, and cultural preservation within him. As his words touch increasingly wider groups of people, and as his book makes its way into readers' hands, the power of his work will resonate on ever-deeper levels touching hearts, inspiring minds, and keeping the linguistic and cultural gems of Kashmir alive. Shah Zubair is not just a young poet and narrator; he is a guardian of language, a symbol of hope, and a witness to the long-lasting power of commitment. In an era where youth struggle to articulate themselves, his life teaches us that greatness depends not on age or means but on vision, determination, and unshakeable faith in the capacity to change. He is a bright star whose path interweaves literature, culture, and spirituality, leaving behind an enduring mark on Kashmir and the world beyond, inspiring generations to accept the beauty, richness, and redemptive power of language and culture. The author is a passionate writer, social activist, and medical student, hails from Kuchmulla Tral. His email address is wania6817@gmail.com

Social Media Should Be Brought Under Law



■ Sahil Manzoor Bhatti

Print media has always played an effective role in developmental plays, followed by electronic media — and now social media. Social media has a significant role in today's world, but unfortunately this platform is running without limits. Many people still do not know how to use it responsibly. Therefore, it must come under law, and stringent action should be taken against those who misuse it to spread false information, abusive content, and disturb the peace of society. Every human being should first be civilized and have the basic knowledge of how to communicate thoughts with others in an impressive and respectful way. The world today is heading towards other planets, where there is no component that supports life — no water, air, fertile land, or suitable temperature. Human beings believe that nothing is impossible. Even when we are assigned simple tasks, our people encourage us by saying, "This is not rocket science, you can do it!" We encourage our youth — regardless of age or gender — to take part in development. In our country, every individual can contribute at any level, in any field. The sky is the limit. There are people who relentlessly strive to turn



the impossible into possible for the upliftment of the nation and humanity at large. Great minds never limit themselves; they think beyond their own kith and kin, and work for the welfare of all. Development is certain for any nation whose citizens take responsibility to stay informed and contribute. Today, I want to share my opinion on why social media platforms are promoting what they should not be promoting. The world has immense goals and visions for innovation and inventions, aiming to benefit humanity. Every individual must become part of this journey — stay updated and encourage those who devote themselves to nation-building. At the same time, it is painful that many educated youth are sitting idle, blaming the sys-

tem and spoiling the nation's dignity. An intelligent person is not one who scores 100 out of 100, but one who becomes a ray of hope for thousands. Intelligent people always find a way to support the hopeless and struggling. On social media, people are ready to do anything foolish just for likes, views, or to go viral. They use abusive language, promote senseless trends and waste precious time. When we, as humans, have goals like making Mars habitable, we must be vigilant, smart, and hopeful. Our body language, thoughts, and actions must be graceful and meaningful. Kashmir is known as "Resh Waer," the valley of Sufi saints. These saints spread the message of peace, brotherhood, and humanity taught by Prophet Muhammad (SAW). But unfortunately, some people are now spoiling the sweetness of our language by using abusive words on social media and sharing them proudly. Social media, if used properly, is a powerful platform. In earlier times, people with talent in poetry, singing, drawing, mimicry, etc., did not get a platform to showcase their abilities, but today everyone has an opportunity to create a channel or account and present their thoughts and talents for the benefit of humanity. Every account holder must feel responsible and condemn senseless content. We should stop sharing videos and posts that contain vulgar language or stupidity, and instead promote positive, educational, and uplifting material. sahilmanzoor411990@gmail.com

No One Writes for the Colonel's Wife



■ Sidharth PK

I am here,
I can give you a rose
Don't wert over the silent fog
I like you to be still
And the meeting of my night
As the moon's dress falls
Down upon the cool world
I take a step into you,
Where the blush leaves me
Into meaningful time
I care you when he finds you
In fault
In extreme anger
I am still the youth,
My glow is my moon
And the music all feather
To our anguish.

Dr. Tasaduk Hussain Itoo: an inspiring; dynamic personality



Hailing from Poshkri village of South Kashmir's Anantnag District, Dr Tasaduk Hussain Itoo being a passionate eminent medico, is also an educator, researcher and one of the noted health columnists based in Jammu & Kashmir.

Dr Itoo has pursued his Bachelor of Science degree from University of Kashmir, M.B.B.S degree from University of Jammu, and did his post-graduate program in Diabetology, RCPSCDM accredited by Research Society for the Study of Diabetes in India (RSSDI).

Dr Itoo has also did a post-graduate training course in Clinical Endocrinology, Diabetes and Metabolism from European Society of Endocrinology (ESE) -- with accreditation from European Accreditation Council for Continuing Medical Education(EACCME) and European Union of Medical Specialists (UEMS).

Dr Itoo has further did a specialized course in Diabetology from International Diabetes Federation (IDF) School of Diabetes with accreditation from European Accreditation Council for Continuing Medical Education(EACCME) and European Union of Medical Specialists(UEMS).

Dr Itoo also did a specialization in Cancer Biology from Johns Hopkins University(USA).

Moreover, Dr Itoo has achieved various certifications to his credit from prestigious universities, including University of Tokyo (Japan); Stanford University School of Medicine (USA); University of Edinburgh (Scotland); University of Copenhagen (Denmark); University of Manchester (UK); Yale University (USA).

Dr Itoo is also the Academic Life Member of Research Society for the Study of Diabetes in India(RSSDI), top national diabetes research organization and leading scientific authority of diabetologists in India.

He is further affiliated with reputed world-level medical organizations, including American College of Physicians(USA); International Diabetes Federation(IDF); European Society of Endocrinology(ESE) and Endocrine Society(USA).

Dr Itoo has attended many national and international conferences and delivered presentations. Dr Itoo being a medical writer and researcher has published hundreds of articles in leading newspapers, journals and magazines.

He has also won several eminent awards including Best Columnist Award, Best Social Writer Award, Top Educator Award, Best Educator Award, including others.

Dr Itoo was recently acclaimed at international level and awarded the prestigious Global Recognition Award 2024 for his exceptional contributions to healthcare, medical education and public health awareness in Jammu & Kashmir and beyond.

Furthermore, Dr Itoo has launched many initiatives including 'patient guidance cum education initiative' in order to hear queries from patients and guide them to ensure proper screening, prevention and treatment of their conditions; 'free online consultation initiative' to offer free consultations to patients, and in view of rising epidemic of diabetes, Dr Tasaduk also launched 'diabetes education program' to educate diabetic patients.

Dr Tasaduk also launched a 'writers guidance program' to encourage young writers and help them in building innovative write-ups. Dr Itoo believes that there is a large pool of talented writers here who write greatly with highly intellectualized research and thought process. He also believes that having a lot of potential in writing cum research, there is a need to bring ourselves to the forefront, explore our potential at all levels (state, national and international) and channelize our talent to invest in research in diverse fields with a purpose of service to humanity.

Overcoming the Grip of Fearful Thoughts

AJIT KUMAR BISHNOI

We routinely become obsessed with fearful thoughts. The word obsession is defined as a persistent disturbing preoccupation with an often unreasonable idea or feeling. We don't stop there; we think of the worst. What is the probability of that happening? But that does not prevent us from this common flaw; we do it willingly. There are several reasons for succumbing to this. We have many attachments. We are desperate for something like a good result, and a few like we shouldn't get sick. Unfortunately, these are decided by the Divine Authority based on our past 'Karmas' (deeds). We have no say in it, and they manifest at their designated times. Fortunately, they are very rarely the worst we think of. If so, life would be hellish, which it is not. This earth's planet is a place of misery (The Bhagavad Geeta 8.15) alright, but is not a concentration camp by any standard. But our imagination has no bounds.

The next big offender is a refusal to be prepared to tolerate. We want zero tolerance. Is it possible? Everything is changing like the weather. Bad 'Karmaphalas' (results of bad deeds) will manifest for sure because this is no Vaikuntha; we have most certainly a past with many bad karmas. How else are we here, not even in Heaven? We feel that we are intelligent, but hardly anyone escapes making this mistake. Yes, we are supposed to get fearful, because that protects us from acting foolishly, but excessive fear is due to faulty assessment. Due diligence is required.

Life is like a novel. It's filled with suspense. You have no idea what is going to happen until you turn the page

BY M S NAZKI

'We had just been posted to an area that scenically looked great, both on this and other side of the LOC! Those were the days when the Russian bear hug in Afghanistan was getting loose on its grasp, with Sylvester Stallone's Rambo franchise landing in Afghanistan and making even the fiction look true. Yep! The Kalashnikov culture was running berserk and slowly but steadily it had seeped into Jammu and Kashmir and was haunting Rajouri. In the valley it had made an impact but on this side of the Pir Panjals the rippling effects could be felt and slowly but steadily we had realized that the storm was brewing up! The then Governor of Jammu and Kashmir Jagmohan's frozen turbulence had arrived in Rajouri!'

'On taking over the Company Post after all the necessary formalities the outgoing Company Commander took me on the visits to the villages and told me about various families, some very friendly, some not so and some absolutely psyched out!'

'I knew that the enemy meant business as they would open up fire at their own whims and fancies. That usually irked me and then that afternoon I thought that it was time that we too get into this bullet melee business. It was a game, played for fantastic stakes, infiltrating the marauders with Klashnikovs was what the men across wanted and we were in competition with lunatic experts of firing and flying lead all over. That was also the first day I met Abida as she told me in the local dialect, 'If you want to win, you have to learn to be a master of the

game here!' I just smiled and told her politely, do you always throw your words away like this? If yes then you are good, you said master of the game, I will try to become one!'

'I was talking about the afternoon, just from the enemy post across from where the firing began and the Post was Peer. I was with my platoon there and having lunch. I kept having it till I finished and then called the Platoon commander, if they are firing then why are we holding back our index fingers. If they want a reply let us give them a suitable one! After that we never held back! Yes I did get a wallowing from the commanding officer the next day but over a glass of rum everything became normal but I did make it a point to tell the Commanding Officer, I am not the cleverest, smartest or most talented person in the world, but I do most of the times succeed because I keep going and going and going. If they fire, they are bound to get an immediate reply! They got it every time till the time I was there!'

'The one morning as I was on a routine patrol, Abida came running to me and asked, 'Sahib can you see something unusual around?' I had no idea as to what she was saying but then indicated to me a maroon bed sheet spread over a tin roof of a house which was very close to the LOC! What is special about that? I asked and the response was immediate, 'it is an Ishara (signal) to someone across and that means that either the family is migrating to Nakial camp or someone is coming tonight! Trust me Sahab, something is going to happen tonight. The first chance to prove that you are the master of

the game!'

'I had read somewhere 'if' is two-letter word for futility. She could be right or could be wrong but there is a silly quality in me I thought, I always believed that any success in life is made by going into an area with a blind and furious optimism.'! I was going to do exactly that at midnight!'

'That night was our first successful mission. We got six young boys who were being ferried across for training and the man tasked to do so was Mohammed Alam-din. He was arrested and so were the boys!'

'Next day evening, we visited Abida's house. Her father was the chowkidar of the village and was addressed by the same name. It was basically to thank the young girl for that small tip when she indicated the red bed sheet and it was here when she told me after serving the delicious salty tea with maize bread with huge dollops of fresh white butter, 'Sahab you don't know what can happen tomorrow. Life is like a novel, isn't it? It's filled with suspense. You never know what's going to happen until you turn the page.'

'It was hardly a month since we had arrived but why was the family, especially Abida helping us? I wanted to ask her but could not yet one day I did, 'why do you keep providing us with small tit bits of information, aren't you scared?' In a typical Abida style she replied, don't walk in front of me... I may not follow. Don't walk behind me... I may not lead. Walk beside me... just be my friend! Sure enough she was a true friend till one day.....and that day I thought that everything

she was doing for us with a purpose, for someone whom she loved, someone who was her closest mate, her elder sister, brutalized by men from across! Flashing in my mind came to my mind the words she had said in one of her many short conversations she had with me, when we die no one will ever know that once we lived. Not even you Sahab! The little naughty brat who knew everything about each and every house in Tarkundi and Datote!'

'Both the villages now are vibrant but thirty two years back it was just one girl vibrating and fuelling others to smile, smile and keep smiling!'

'This story was recited to me by one of my course mates who now is doing well as a restaurateur and it was in his restaurant in Jammu he told me this story! He always was fond of food and loved preparing some great delicacies in officers' mess/outdoor exercises but never in our wildest of dreams we had ever thought that he will get into the gourmet business and I into the playground of twenty six alphabets!'

Again the narration is of RS and the written part of the same is of Kulbir Jamwal! Once upon a time both Majors in the elite Indian Army!

Abida enjoyed solitude, but loneliness was a constant ache for her! On seeing her I could make out that when someone has an urge to talk freely in times when things were not at all bright in this part of the country it means that he/she knows one more language of secrets than we do. I one day did ask her, 'I think there is something in your heart but you have not come out with. If I can help you rather all of us

in the unit, we would be obliged'. She smiled and replied, times moves at its own measured pace, for it has no reason to hurry. Tomorrow will come in its own good time. Why not discuss the whole thing at an appropriate time! I had to wait and finally the time did arrive!

That day she was standing by a grave just in her mud and wood house courtyard. She had called me to be there in the morning if I could! I did make it a point to be there for a short period of time. It was the death anniversary of her sister Rashida. It was a solemn occasion and that was perhaps for the first time I was seeing tears rolling down her eyes in a nonstop way! Her mother was consoling her; she was the second eldest amongst the five sisters. The eldest was eternally sleeping under the grave. It was here she spilled out the reality in a way only she could, some birds are not meant to be caged, that's all. Their feathers are too bright, their songs too sweet and wild. So you let them go, or when you open the cage to feed them they somehow fly out past you. And the part of you that knows it was wrong to imprison them in the first place rejoices, but still, the place where you live is that much more drab and empty for their departure! Rashida was bruised, battered and killed by men from across who had barged into their house!

As we were about to leave the insane men across in the bunkers began their firing routine! We had to respond but before we could do that one invisible lead spider flying at high velocity got Abida. We had no option but to evacuate her and

she was to the road head and subsequently to the Government hospital in Rajouri after an elaborate treatment by our own RMO. She survived the horrifying ordeal! The family shifted to Rajouri where they still stay in Dharal!

I thought the story was over but it was not! My friend then indicated to me a smart middle aged lady monitoring things from behind the cash counter. You know who is she Major? 'Not at all Major Rajiv?' 'She is Abida, the girl I was talking about for the past hour!' After retirement I along with my wife and two daughters had gone to Rajouri and found the whereabouts of the family. Her father had passed away and the family was somehow managing the affairs. The chowkidar was running a provisional store which her mother and younger sister's were taking care of and Abida had picked up the art of tailoring! It was here I asked her if she would like to work with us. She gladly nodded and now she is the chief assistant of my wife as they are the ones who run this restaurant as I'm planning another one and am half way through on it as Jammu expands rapidly and the food business thrives!'

It was now my turn to speak and I began, 'R I think if I've learned anything about friendship in this tale, it's to hang in, stay connected, fight for them, and let them fight for you. Don't walk away, don't be distracted, don't be too busy or tired, don't take them for granted. Friends are part of the glue that holds life and faith together. Powerful stuff! It indeed was and is!'

Preventing heart diseases and stroke



DR TASADUK HUSSAIN YATOO

Heart disease prevention strategies are same as that for preventing stroke. Recommendations include:

Controlling high blood pressure. This is one of the most important things one can do to reduce their heart disease and stroke risk -- exercising, managing stress, maintaining a healthy weight and limiting the amount of sodium in diet and avoiding alcohol can all help to keep high blood pressure in check. In addition to recommending lifestyle changes, one may need to take medications to treat high blood pressure.

Controlling diabetes -- one can manage diabetes with diet, exercise, weight control and medications.

Lowering the amount of cholesterol and saturated fat in one's diet -- eating less cholesterol and fat especially saturated fat and trans fats -- may reduce the plaque formation in arteries. Besides dietary changes, one may need to take cholesterol-lowering medications.

Exercising regularly -- exercise reduces risk of heart disease and stroke in many ways. It can lower blood pressure, increase level of high-density



lipoprotein cholesterol, and improve the overall health of blood vessels and heart. It also helps in losing weight, control diabetes and reduce stress.

Eating a diet rich in fruits and vegetables -- a diet containing five or more daily servings of fruits or vegetables may reduce risk of heart disease and stroke. Following the diet which emphasizes olive oil, fruit, nuts, vegetables and whole grains may be helpful.

Quitting tobacco use -- smoking raises the risk of heart disease and stroke for smokers and non-smokers exposed to second-hand smoke. So quitting tobacco use reduces risk of heart disease and stroke.

Avoiding alcohol -- it can be a risk factor for heart disease and stroke. Heavy alcohol consumption increases risk of high blood pressure, ischemic heart disease and heart attack; ischemic and

hemorrhagic stroke.

Avoiding drug abuse -- certain drugs, such as cocaine and methamphetamines, are established risk factors for ischemic heart disease and stroke.

Maintaining good oral-dental hygiene -- it is important to brush and floss one's teeth and gums often, and have regular dental check-ups.

Anti-platelet drugs and anticoagulants are commonly used as preventive medications, called blood thinners. Platelets are cells in one's blood that form clots. Anti-platelet drugs make these cells less sticky and less likely to clot. These are used to prevent ischemic heart disease and ischemic stroke. However, such medications should be taken only after doctor's advice.

Therefore, while adopting unhealthy routines like eating poorly, exercising less, deprived sleep or leaning more heavily

on substances such as alcohol, smoking and drug abuse including taking stress -- could increase the potential risks of landing into serious health problems -- there are healthy ways to adopt for reducing the risk.

Maintaining a healthy weight, eating a healthy diet, exercising regularly, taking less salt in diet, getting adequate sleep, avoiding smoking and alcohol consumption; monitoring blood sugar levels and keeping that under control; besides monitoring one's cholesterol and triglyceride levels and keeping them under control are crucial hallmarks in prevention of heart disease and stroke.

Moreover, the DASH (Dietary Approaches to Stop Hypertension) eating plan is a healthy diet plan which is rich in fruits, vegetables, whole grains, protein and low-fat dairy products. Besides that it is also low in

sodium, saturated fat, total fat, and cholesterol.

Having said, focus on to consume more fruits and vegetables each day, choose whole grains over refined grains, and opt for protein-rich sources such as poultry, fish, beans, and nuts. As adopting the DASH diet in one's life has been shown to lower blood pressure and hence reduce the risk of hypertension, which is one of the important risk factors for heart disease and stroke.

More to say, there is need to avoid unnecessary stress in our lives by following a good health routine as research has shown that the depression including stress could increase a person's risk for developing serious health problems including heart diseases, stroke and diabetes.

Dr. Tasaduk Hussain Itoo
drtasadukitoo@gmail.com

Div Com reviews Flood related preparedness, restoration of services in affected areas across Jammu Division

Asks departments to deploy adequate men & machinery, remain on alert

HT News Network

JAMMU, AUGUST 26: Divisional Commissioner Jammu, Ramesh Kumar, today reviewed the flood related preparedness and necessary response mechanism put in place by the Public Works Department, Jal Shakti (PHE), Power Development Department, Urban Local Bodies, Jammu Municipal Corporation to handle the situation arisen due to torrential rains.

The meeting was attended by Managing Director, JP-DCL, Commissioner JMC, Regional officer NHAI, GM Projects, NHIDCL Jammu, Chief Engineer PWD, Superintending Engineers Jal Shakti, Chief Engineer Irrigation and Flood Control, Chief Engineer Mechanical Engineer Department, officials from Urban Local Bodies and other concerned departments. Discussion was held on the flood preparedness action-plan and immediate restoration of essential services, wherever affected.

He asked the NHAI and Public Works Department to monitor the major bridges and identify alternate inner roads for movement of traffic on the National Highway. He directed the agencies to

prioritize the functioning of roads to District HQs and hospitals.

Jal Shakti department was directed to ensure availability of clean drinking water in the region especially the remote and hilly habitations. He asked them to identify the alternate sources of drinking water in the flood affected areas.

The Managing Director Jammu Power Development Corporation Limited was directed to keep the men and machinery ready for resto-

ration of the power supply, wherever affected.

ULB was directed to deploy dewatering pumps in the areas affected by flood and water logging.

Directions were also issued to all the District and sectoral officers to remain alert and do not leave their station.

It was further informed that additional funds have been released to all the District Administrations for emergency restoration works and other exigencies.

DC Ganderbal chairs NCORD meeting; directs vigorous enforcement against drug menace

HT News Network

GANDERBAL, AUGUST 26: To assess and reinforce the district's anti-narcotics efforts, Deputy Commissioner (DC) Ganderbal, Jatin Kishore today chaired the monthly meeting of the District-Level Narco Coordination Committee (NCORD) at the V.C. Room of DC office Ganderbal.

At the outset, DC took a department-wise review of progress on enforcement, awareness, treatment, and rehabilitation. Officers from concerned departments viz. Health, Education, Revenue, Agriculture, Excise and Social Welfare presented updates against the Action Taken Report on directives issued in the previous NCORD meeting.

The functioning of the Drug De-addiction Centre was reviewed meticulously and Chief Medical Officer was directed to explore the possibility of making IPD facilities available at the Centre.

While reviewing the status of computer billing and installation of CCTV cameras by medical shops, District Drug Inspector informed that 97 percent shops have switched to computer billing systems and 100 percent CCTV camera installation is also ensured.

DC directed for active enforcement to achieve 100% computer billing within the next 1 month.

The status of NDPS cases was also reviewed and Police and Prosecution department were directed to ensure timely investigations, charge sheeting and trial proceedings in all NDPS cases.

The Excise department was asked to intensify wild cannabis destruction drives across the district. The Chief Education Officer (CEO) was directed to conduct drug de-addiction awareness campaigns during morning assemblies, particularly in high schools.

Emphasizing the need for a comprehensive and coordinated approach, DC called for focusing on prevention, surveillance, and community engagement to effectively combat the drug menace.

Sakeena Itoo conducts extensive tour of Eidgah Constituency, takes stock of ongoing development works



HT News Network

SRINAGAR, AUGUST 26: Minister for Health and Medical Education, Social Welfare and Education, Sakeena Itoo today conducted an extensive tour of Eidgah constituency of Srinagar and took stock of various ongoing development works besides inspecting health and education institutions across the Constituency.

During her visit, the Minister visited Hamidi Kashmiri Memorial, Government Degree College Eidgah and took stock of academic activities at the institute. She also inspected the progress of ongoing works on the college building.

On the occasion, the Minister directed the officers of executing agency to expedite the pace of ongoing works so that the building can be dedicated for public use. She also directed the officers of revenue department for early demarcation of college premises so that the boundary wall can be constructed at the earliest.

Addressing a gathering on the occasion, the Minister highlighted that the Chief Minister, Omar Abdullah is giving prime importance to

health and education sectors as they form the core of any developed society. She reaffirmed the commitment of Government to people-centric governance, highlighting that the current dispensation is of the people and for the people and remains committed to fulfil all the aspirations of the public.

Later, the Minister also visited Government Boys Middle School Noorbagh, Mini Maternity Centre Noorbagh, Urban Public Health Centre (UPHC) Palpora and Government Boys High School Takanwaripora.

At BMS Noorbagh, the Minister held detailed inspection of school premises taking stock of teaching facilities, classroom conditions, and availability of essential resources. She also interacted with the faculty and students. She called upon the teaching community to bridge infrastructure gaps and improve learning environments for children in the school.

Later, while visiting Mini Maternity Centre Noorbagh, the Minister took detailed assessment of medical facilities available at the hospital. She interacted with the medical staff of the centre and took

appraisal about the facilities, staff strength and availability of medicines at the health institution. She stressed on the timely upgradation of facilities at the health centre so that people of the constituency have access to quality medical services without being forced to travel long distances.

During the visit to Mini Maternity Centre, the Minister also held a public interaction meet and took stock of various local issues and problems of the community.

Addressing the gathering, the Minister said that the public has chosen a majority government under the leadership of Chief Minister, Omar Abdullah with clear mandate. She highlighted that several initiatives have been taken to strengthen public services, ensure better accessibility and upgrade facilities for the benefit of the people. She assured the locals that all genuine issues and problems will be addressed promptly.

At Government Boys High School Takanwaripora, the Minister reiterated the government's commitment to bringing more reforms in health and education sectors to address the needs of the

local population. She highlighted that in recent months the government has upgraded medical infrastructure across the length and breadth of Jammu and Kashmir.

The Minister further said that more than 700 medical officers have been appointed in recent months to upgrade medical facilities, especially in rural and underserved areas.

While speaking on the burning issue of drug menace, the Minister called upon the school authorities to maintain due vigil around the school premises to tackle this menace. She highlighted that it should be our collective endeavour to overcome this growing societal problem.

The Minister also assured the public as well as school management that the issues and concerns raised will be addressed on priority.

MLA Eidgah, Mubarakh Gul; Director Social Welfare Kashmir, Director School Education Kashmir, Director Health Services Kashmir, Director Colleges, Director Colleges, ADC Srinagar, SE R&B and other senior officers of district administration also accompanied the Minister during the visit.

Medical/ awareness camp organized at Ayushman Arogya Mandir Heerpora Shopian

195 Patients from different age groups avail free medical consultations

HT News Network

SHOPIAN, AUGUST 26: A medical cum awareness camp was conducted today by the team of Ayushman Arogya Mandir (AYUSH), Heerpora Shopian in collaboration with Chi-

nar International NGO, Srinagar at Heerpora.

The camp witnessed an encouraging participation from the local community, where 195 patients from different age groups availed free

medical consultations and were provided with necessary medicines at no cost.

Apart from treatment and consultations, a special awareness session was conducted during

which medical officers highlighted the role of herbs and herbal remedies in day-to-day healthcare, emphasizing their benefits in boosting immunity and preventing common ailments.



Quality Certification by WQA, USA



Best Domestic Water Purifier Award



KENT
Mjneral RO™
Water Purifiers
HOUSE of PURITY

Make your water 100% Pure



Computer Controlled

With the widest range of RO water purifiers



RO removes harmful dissolved impurities, UV/UF totally kills bacteria and viruses and KENT's patented TDS Controller ensures that essential natural minerals are retained. As a result you get the purest water possible. Bring home KENT, the world renowned RO water purifier.

Purer than boiled water | Removes harmful dissolved impurities

Kent Deta Hai Sabse Shudh Paani

For Free Demo: Call Toll Free 1800 100 1000 or SMS 'KENT' to 53636 or visit www.kent.co.in
To buy online log on to www.kentshoppe.co.in

•Jammu: Ekjot Enterprises 9419184990; Karan Enterprises 9419160086; N R Enterprises 9419149296
•Srinagar: Jays Enterprise 9419002219 •Udhampur: Aastha Traders 9419215287

For Dealer/ **KENT Shoppé** franchise enquiry, call Vikram Suri 9711110222, Jagmohan Malhotra 8054009201
Praveen Nigam 09023782851, Rupesh Verma 9711114236, Maneesh Lamba 09312121293

DC Kulgam chairs DLIC meeting of JKCIIP, 190 cases approved

HT News Network

KULGAM, AUGUST 26: A meeting of the District Level Implementation Committee (DLIC) under the Jammu & Kashmir Competitiveness in Agriculture & Allied Sectors Programme (JKCIIP) was held today at the DC office Kulgam under the chairmanship of Deputy Commissioner (DC) Kulgam, Athar Aamir Khan.

During the meeting, the committee approved 190 cases, 125 in Agriculture, 46

in Fisheries and 19 in Horticulture.

The clearance of cases under JKCIIP will significantly strengthen the farming and allied sectors in the district by promoting modern practices, enhancing productivity, and creating sustainable livelihood opportunities for farmers and entrepreneurs.

The meeting was attended by officers from Agriculture, Horticulture, Fisheries, and other allied departments.

DC Doda reviews situation along Chenab River

HT News Network

DODA, AUGUST 26: Deputy Commissioner (DC) Doda Harvinder Singh today conducted a visit to assess the situation along the Chenab River in view of the continuing spell of heavy rains across the region.

During the inspection, the DC reviewed the water levels, possible threats of erosion and the overall impact of rains on adjoining habitations and infrastructure. He directed the concerned departments to maintain strict vigil and ensure round-the-clock monitoring of the river to prevent any untoward incidents.

The DC Doda emphasized preparedness, instructing officials to keep emergency response teams on alert, reinforce vulnerable embankments and issue timely advisories for the safety of residents living near riverbanks.

Does Shubman Gill Fit Into India's T20I Plans?

■ Shashank Kishore

NEW DELHI: There's no question about Shubman Gill's place in the Indian team in two out of three international formats. He broke records as a batter while leading India to a 2-2 draw in England in his debut series as Test captain, and played important roles in India's run to the 2023 ODI World Cup final and their triumph in the 2025 Champions Trophy. Gill could even be the next ODI captain, whenever Rohit Sharma quits that format too.

But India's next assignment is the Asia Cup in September, to be played in the T20I format as preparation for the 2026 T20 World Cup in India and Sri Lanka, and the question arises: does Gill fit into India's plans for the shortest format?

His most recent T20 form is compelling - 650 runs at a strike rate of nearly 156 in IPL 2025. He's going to be a cornerstone of Indian cricket for the next decade. Both are reasons in his favour, but the selection question is more complex.

It has been a while since India picked a full-strength T20I squad; the last time they did so was for the 2024 T20 World Cup, which they won in the USA and West Indies. Gill was a travelling reserve for that tournament, outside the main 15. Since then, India's T20I selections have been influenced by scheduling and injuries.

Gill was captain of a second-string team for the T20I series in Zimbabwe immediately after the World Cup last year.

He was vice-captain of a near full-strength squad for the T20I series in Sri Lanka later in July that year. As Test cricket took precedence, however, Gill was not picked for India's home T20Is against Bangladesh in October, the T20Is in South Africa in November, and the home T20Is against England in January this year, which were scheduled soon after the Border-Gavaskar Trophy and shortly before the Champions Trophy. In his absence, Axar Patel was elevated to the T20I vice-captaincy.

The scheduling crunch is ever-present. For example, the Asia Cup final is on September 28, and India's home Test series against West Indies starts on October 2. This time, however, the selectors have to zero in on the best T20I combination for the Asia Cup with the larger goal of defending their World Cup title next year. They begin from a position of immense strength: since winning the World Cup, India have won 17 out of 20 bilateral T20Is.

In Gill's absence from the T20I side since August 2024, Abhishek Sharma and Sanju Samson have become the incumbent openers. Abhishek, the top-ranked batter in the format, scored 279 runs at a strike rate of nearly 220 in India's most recent T20I series, against England in January. While Samson had low scores in those five matches, he had hit three hundreds in five preceding T20Is.

The selectors could weigh up whether they want to continue with two ultra-explosive openers in Abhishek and Sam-

son, in keeping with India's brand of T20I cricket, or go for a more consistent yet aggressive option.

Like Yashasvi Jaiswal? Jaiswal, like Gill, has not played a T20I since July 2024 due to India prioritising his Test performances in a packed calendar. However, in India's previous full-strength squad, Jaiswal was picked as the back-up opener ahead of Gill for the 2024 T20 World Cup. He ended up being a back-up only because India made the relatively late decision to open with Rohit and Virat Kohli, whose retirements since then have put Jaiswal back as one of the frontrunners to open. At the time, Gill was coming off a not-so-hot performance in IPL 2024, and there isn't a massive difference between his and Jaiswal's numbers in IPL 2025 either.

If the team management doesn't want to break Samson and Abhishek up at the top, it's hard to see how Gill - or Jaiswal - can feature in India's first-choice T20I XI. And if the selectors want to keep the Asia Cup squad size to 15 - they will have to do that for the World Cup - it's hard to see how they can pick all four of Abhishek, Samson, Gill and Jaiswal, given the need for back-ups for other types of players in the squad. Samson, though, has the advantage of doubling up as a wicketkeeper too.

It could boil down to a choice between Jaiswal or Gill in the squad - who the selectors feel will have the stronger impact during India's T20 title defence.

Espncricinfo





WOOD PECKERS
MODULA
Pecking to Perfection



SYED FARAKH MEMORIAL

FOOTBALL NIGHT TOURNAMENT



SPONSORS



AL MUQEET CERAMICS



MODERN BAKERY



SBI
KREERI



JAHANIA
A COMMITMENT TO COMMUNITY



EMARAT
HOME SOLUTIONS PVT. LTD.



Euro Kids
Pre-School



BUKHARI Electronics



CUREMED



ONLINE HUB



REHAAN
INTERIORS PALHALLAN



BUKHARI
COPPER HOUSE



SHABIR
ELECTRONICS



AL BAIK
RESTAURANT



FIRST LOOK
The class you deserve



KITCHEN



CLASSIC CUISINE



AL QASMI
COPPER HOUSE



MIR
HARDWARE



DELHI BIRYANI



Ayaan



FLY HIGH
HAJJ & UMRAH



AKHOON JEWELLERS



MAX WATER



WANI BOOK SHOP




JK FABRICS
SUITING AND SHIRTING

GOWN AND DRESS MATERIALS | PARTY WEAR AND SEMI-PARTY WEAR | COTTON SUITS | WEDDING SUITS | 7-DAY SUITS FOR THE BRIDE


+91-7006764737 | +91-6005078346





CUREMED
CHEMISTS &
DRUGGISTS

LIC. NO:
RLF20JK2025001273
RLF21JK2025001282



Adress Ziyarat Road Kreeri
Contact: 7780946459



pet's heaven
Kreeri
Heaven for your pets



PET Food & Accessories

Prop.: Danish Zargar
@Pets-heaven-kreeri
Call:
8899472711, 9149506767
Near SBI, Kreeri