**Srinagar WEDNESDAY** MARCH 05 | 2025 04 Ramadan 1446 Issue No: 55 Volume: 15



management preparedness in District

**DC Kupwara reviews** progress of PM Surya Ghar (Muft Bijli Yojana)



DC Kishtwar reviews disaster

**BUDGET SESSION 2025:** 

## Premier Religious Tourism Circuit for J&K Soon: CM Omar Abdullah Efforts to boost Jammu's economy through tourism, heritage & pilgrimage promotion

■ HT News Network

Jammu, Mar 04: JAMMU, MARCH 04: Chief Minister Omar Abdullah today reaffirmed his government's commitment to promoting Jammu's religious tourism circuit to boost the region's economy.

Responding to a supplementary query by MLA Yudhvir Sethi in the Legislative Assembly, the Chief Minister, who also holds charge of the Tourism Department, stated that concerted efforts are being made to publicize every tourism asset in the region.

"The department is actively working on developing the Jammu pilgrimage circuit. I have repeatedly emphasized this to more than one crore Mata Vaishno Devi pilgrims. If even ten to fifteen percent of them can be encouraged to visit other tourist destinations in Jammu, it will significantly benefit the region. However, we have not been able to achieve this so far," he said.



He acknowledged that a key challenge is the lack of comprehensive information about Jammu's pilgrimage sites."We aim to develop structured it

**DPR for Keran - Jumgund** tunnel to be prepared, taken up with MORTH: **Deputy Chief Minister** 

**■** HT News Network

Srinagar, Mar 04: The Deputy Chief Minister said that the demand for construction of tunnel on the road connecting Keran and Jumgund area of Kupwara 🏺

for providing all weather connectivity will be taken up with the Ministry of Road Transport and Highways, Government of India.

TURN ON.....PAGE 02

### Sakeena blames PDP for J&K losing statehood, **Art 370**

**HT News Network** 

Srinagar, Mar 04: Blaming Peoples Democratic Party (PDP) for J&K losing statehood, scrapping of Article 370 and unemployment, Education Minister and senior National Conference(NC)leader, Sakee-

na Itoo on Tuesday said that the people have rejected the party for "betraying" them.Talking to reporters in the premises of Legislative Assembly

TURN ON.....PAGE 02

### 32474 posts vacant in departments: J&K Govt

HT News Network

Srinagar, Mar 04: Jammu, Mar 04: The Jammu & Kashmir Government on Tuesday informed the Legislative Assembly that a staggering 32,474 posts are lying vacant across different departments in Jammu & Kashmir. In a written response to a question of MLA Handwara, as per news agency— Chief Minister Omar Abdullah, who happens to be Minister in-charge, General Administration Department, said that 32474 posts are vacant in different departments as on January 31, 2025.

TURN ON.....PAGE 02

## Sajad Lone Stages walkout over disallowing of amendments relating to Article 370, PSA

"How can the Assembly keep quiet on the police verification system?"

**HT News Network** 

Jammu, Mar 04: Peoples Conference president and MLA Handwara, Sajad Gani Lone on Tuesday walked out of Legislative Assembly after his amendments to the Lieutenant Governor's address were disallowed.

The Assembly witnessed exchange of words between Lone and the Speaker Abdul Rahim Rather after the former's amendments related to Article 370 and Article 35A were disallowed.



## "Development facilitated by China": CM Omar after BJP-NC spar over PoK remarks

HT News Network

Jammu, Mar 4: Jammu and Kashmir Chief Minister Omar Abdullah on Tuesday said that the development seen in Pakistan-occupied Kashmir (PoK) is primarily driven by China, with no significant role played by the Pakistan government in its progress.

Speaking in the Assembly, Omar Abdullah, as per news agency— made the statement after verbal exchange between members of the Bharatiya Janata Party (BJP) and the National Conference over the condition of border areas in the region.

"We have to accept that while there is limited development in our frontier areas, on the other side, there have been

deliberate attempts to showcase progress. However, this so-called development was facilitated by China, not Pakistan," he said.

He said that India has not sought assistance from any foreign country for infrastructure development in border regions. Criticising the portrayal of growth in Pok, he remarked, "They (PoK) made

TURN ON.....PAGE 02

### No Creation/ **Upgradation of Health Centers Planned: J&K** Govt

**■** HT News Network

Srinagar, Mar 04: The Jammu & Kashmir Government informed the Legislative Assembly on Tuesday that J&K has a health institution for every 3,500 souls, compared to the national average of 6,000 souls.

In a written reply to an unstarred question by MLA Reyaz Ahmed Khan, as reported by the news agency—Kashmir News Observer (KNO), the Minister in-charge of TURN ON.....PAGE 02

### **Undisclosed properties linked to drug trade** to be seized: DIG North Kashmir

Bandipora, Mar 04 Deputy Inspector General of Police north Kashmir, Magsood-Ul-Zaman on Tuesday said that undisclosed properties of drug peddlers are being identified and will be seized

Speaking to reporters in Sumbal, the DIG, as per news agency—



said that the drug menace has deep roots in the society, which is why it remains police's priority. "We have taken significant steps in north Kashmir, including large recoveries and action against key figures involved in drug trafficking," he said.

He said that properties linked to drug money had been seized. TURN ON.....PAGE 02

pleted by the end of this month.

### J&K wetland mapping on, will be completed by March end: Forest Minister

**■** HT News Network

Srinagar, Mar 04: Forest Minister Javaid Ahmad Rana on Tuesday said that the mapping and demarcation of wetlands in Jammu and Kashmir is expected to be com-

In a written reply to a question by Peoples Democratic Party (PDP) MLA Waheed ur Rehman Para, who sought details on the government's efforts to protect and pre-

serve the region's depleting wet TURN ON.....PAGE 02

### 2.548.75 hectares of saffron land reiuvenated under National Mission on Saffron: Javed Dar

■ HT News Network

JAMMU, MARCH 4: Minister for Agriculture Production, Javed Ahmad Dar Tuesday informed that the National Mission on Saffron has made significant advancements, particularly strengthening of the irrigation system, rejuvenating 2,548.75 hectares of saffron land.

The Minister while replying to a question by Justice Hasnain Masoodi in the Legislative Assembly further said that the Government has successfully halted decline in saffron area and area under this crop has remained at 3,715 hectares (3665 Ha in Kashmir division and 50 Ha in Kishtwar) since 2010-11, with more areas identified for expansion supported by HADP. He further said that the productivity has enhanced from 2.50 kg/ha in 2009-10 to a maximum recorded

TURN ON.....PAGE 02

## JKPCC chief clarifies: Post-SC verdict, special status for Congress means statehood

**HT News Network** 

Jammu, Mar 04: Jammu and Kashmir Pradesh Congress Committee (JKPCC) president Tariq Hameed Karra on Tuesday said that for the Congress party, the concept of special status for Jammu and Kashmir, post the Supreme Court verdict, translates to full

Speaking to reporters outside



the Assembly in Jammu, Karra, according to the news agency said, "For Congress, after the

43,297 cr credit potential for priority sector in 2025-26

Supreme Court's verdict, if there is any possibility of special status, it is statehood. That remains our primary demand, and we will continue to stand by it."

The JKPCC chief called for clarity on the demand for special status, saying that different political parties interpret the term differently. "Clarity is needed on what special status we are seeking. Different parties have different inter

TURN ON.....PAGE 02

## Chief Secretary calls for enhanced credit access, investment in J&K's rural sector at NABARD seminar

**■** HT News Network

NABARD estimates

**JAMMU, MARCH 4:** Stressing the need for financial inclusion and targeted credit support to the farmers, entrepreneurs and rural businesses, Chief Secretary, Atal Dulloo, today called upon the banks to expand their outreach and ensure universal access to financial schemes.

The Chief Secretary was speaking at the UT Credit Seminar organised by the National Bank for Agriculture and Rural Development (NABARD), where the bank unveiled an estimated 43,297.01 crore credit potential for Jammu and Kashmir's priority sector for 2025-26.



drashekhar Azad, Regional Director, Reserve Bank of India (RBI), Amitava Chatterjee, MD & CEO, J&K Bank and other senior officials from the government departments and the financial institutions.

Delivering the keynote address, the Chief Secretary lauded NABARD's efforts in credit planning and timely release of the UT Focus Paper, which highlights funding priorities for agriculture, MSMEs and rural infrastructure.

"The government is committed towards expanding financial access across all Panchayats, ensuring that every eligible farmer benefits from the Kisan Credit Card (KCC) and Pradhan Mantri Fasal Bima TURN ON.....PAGE 02

### LG releases two books

**■** HT News Network

**Srinagar, Mar 04**: : Lieutenant Governor Shri Manoj Sinha today released a book titled 'Rishton Ke Bheege Akhbaar (Ghazal Sangrah)' written by Dr Anila Singh Charak.

The Lieutenant Governor congratulated the author and wished her success in the future literary endeavours.Lieutenant Governor also released a book titled 'Jammu: A Land of Heritage and Legends, Volume-I', authored by Ajay Khajuria, Professor of Practice at MIET, Jammu. The Lieutenant Governor congratulated and extended his best wishes to the author. The book offers deep insights into Jammu's vibrant heritage, traditions, and architectural mar-

TURN ON.....PAGE 02

### **Waheed Para Slams Deputy CM Surinder Chaudhary for** 'Political Opportunism'

**■** HT News Network

**Srinagar, Mar 5**, : PDP leader Waheed ur Rehman Para has launched a scathing attack on Jammu and Kashmir Deputy Chief Minister Surinder Chaudhary, accusing him of blatant political opportunism and self-serving alliances.

Para criticized Chaudhary's shifting loyalties, highlighting how he once vehemently opposed the National Conference but now aligns with the party for political survival. "He built his career attacking NC, calling it the root of Kashmir's problems. Today, he sits comfortably in power under Omar Abdullah, proving his only commitment is to himself," Para stated. TURN ON.....PAGE 02

Pulwama hospital decongested: **Dermatology, Homeopathy OPDs** shifted to Prichoo facility

■ HT News Network

**Srinagar March 04**: In a move to decongest District Hospital Pulwama, authorities have decided to shift the Dermatology and Homeopathy Outpatient Departments (OPDs) to the COVID Care Hospital in Prichoo, Pulwama.

Some non-emergency services were already shifted to the COVID Care Hospital in Prichoo last year. A health official speaking to the news agency—vsaid that District TURN ON.....PAGE 02

### CONTINUE FROM FRONT PAGE......

### **CM**

ineraries for three-day, four-day, and seven-day pilgrimage tours and promote them effectively. We will ensure widespread distribution of promotional literature at trade and tourism fairs to attract visitors," he

Addressing concerns about the impact of direct train connectivity to Kashmir and the Delhi-Amritsar-Katra Expressway by passing Jammu, the Chief Minister acknowledged the apprehensions of the local tourism industry. "There is concern that with the railway now extending not just to Katra but also to Srinagar and Baramulla and with the expressway allowing travelers to bypass Jammu City, tourism in Jammu may be affected. However, developing tourism destinations alone is not enough. Sites like Jammu's heritage landmarks, the upcoming Jammu lake, and the Jammu zoo are significant attractions, but they need better branding and visibility," he said.

"We must give these destinations a distinct identity and promote them effectively. It is true that there has not been adequate publicity so far, but we are committed to addressing this," he asserted.

Earlier, in response to a starred question of the Legislator, the Chief Minister highlighted the ongoing efforts of the Tourism Department in developing infrastructure to attract more tourists to Jammu City.

"Several projects have been implemented under the State Capex Budget and Swadesh Darshan Scheme," he informed the House.

Among the notable projects undertaken, the government has focused on enhancing major tourist attractions.

A musical water fountain with a sound and light show has been installed at Bagh-e-Bahu to enrich visitor experiences.

Additionally, tourist facilities have been  $developed\,at\,Bhagwati\,Nagar\,and\,Sidhra\,Golf$ Course to accommodate and attract more travelers.

Further, an amusement park has been constructed near the Sidhra Golf Course in Jammu to provide more recreational options. To improve connectivity, the much-anticipated ropeway project from Mohmaya to Bagh-e-Bahu has been implemented, offering tourists a scenic and efficient travel option.

The Jammu Smart City Limited (JSCL) is also spearheading multiple initiatives to modernize Jammu's infrastructure and enhance its appeal as a tourist destination.

As part of its heritage conservation and beautification efforts, ISCL has undertaken the restoration and beautification of iconic landmarks such as Bahu Fort, Mubarak Mandi, Raghunath Bazaar, and various temples and ghats under the Smart City initiative.

To improve urban mobility and accessibility, major road upgrades are underway, along with the development of pedestrian-friendly pathways. In a bid to promote sustainable transportation, the city has introduced electric buses under the eBus project, making

public transport more eco-friendly. A key initiative under JSCL is the redevelopment of the Tawi Riverfront, transforming it into a vibrant recreational hub with promenades, cycling tracks, and leisure spaces for residents and tourists alike.

Furthermore, heritage sites such as Bahu Fort, the Army Headquarters at Mubarak Mandi, Maha Maya Temple, and Tawi bridges have been enhanced with façade lighting, adding to their visual appeal.

To make historical and cultural experiences more engaging, the government has also introduced digital and immersive light and sound shows at Bahu Fort heritage sites.

The Chief Minister emphasized that JSCL's vision aligns with making Jammu a modern, tourist-friendly, and sustainable city while preserving its rich cultural and historical

### DY CM

He said DPR would also be prepared and forwarded to concerned.

The Deputy Chief Minister was replying to a question raised by Mir Saifullah.

The Deputy Chief Minister said that Keran sector is connected with the rest of UT of J&K via Pharkiyan Gali to Keran road (46.76 Km), maintained by BRO.

He further said that the road remains partially closed during the winter season due to snow accumulation and regular snow clearance is being done by BRO for providing connectivity to Keran sector.

"The PMGSY Road Zirhama-Jumgund (length 25.00 km) is a high-altitude road. Snow clearance operations though carried out regularly but during heavy snow spells clearance operation becomes difficult beyond first 6 km and gets temporarily delayed till weather improves due to poor visibility, frost action, avalanches/ snow slides from upper reaches, especially in kms from 17th to 20th",

The Deputy Chief Minister further informed that no alternate roads are available at present for the Keran and Jumgund areas. He said Pharkiyan Gali to Keran (46.76 Km) road is maintained by BRO.

2,548.75 hectares of saffron land rejuvenated under National Mission on Saffron: Javed Dar

The Minister for Agriculture Production, Javed Ahmad Dar today informed that the National Mission on Saffron has made significant advancements, particularly strengthening of the irrigation system, rejuvenating 2,548.75 hectares of saffron land.

The Minister while replying to a question by Justice Hasnain Masoodi in the Legislative Assembly further said that the Government has successfully halted decline in saffron area and area under this crop has remained at 3,715 hectares (3665 Ha in Kashmir division and 50 Ha in Kishtwar) since 2010-11, with more areas identified for expansion supported by HADP. He further said that the productivity has enhanced from 2.50 kg/ha in 2009-10 to a maximum recorded productivity of 4.42 kg/ha in rejuvenated areas

He said that the National Mission on Saffron initiated a plan to construct a network of 124 community bore-wells. Each bore-well is intended to serve an area of 30 hectares, connected to sprinkler irrigation systems designed to support the irrigation needs of a total of 3,665 hectares of saffron fields.

He further informed that 85 bore-wells have been handed over to the Agriculture Department, however, efforts to construct the remaining 39 bore-wells have faced significant obstacles. Despite multiple invitations for tenders, there has been consistently poor participation in the tendering process. This lack of response has resulted in a substantial delay in further developing the necessary irrigation infrastructure.

He said that the Committee formed by the Government has found that 77 bore-wells are not functional for a long time.

The Minister said that a 400 Crore project had been sanctioned during 2010-11 by Ministry of Agriculture and Corporation, Government of India for boosting Saffron production and economic revival.

He further informed that the establishment of Saffron Park/IIKSTC has helped farmers realize enhanced prices, increasing from Rs. 80,000 per kg to Rs. 2,20,000 per kg during 2021-22. Implementation of various scientific post-harvest processing methods increased saffron stigma recovery from 22g/ kg to 28g/kg (an increase of 6g/kg) during

Through the mission, new technologies were implemented via Indian Institute of Kashmir Saffron and Technology Center (IIKSTC), leading to an increase in saffron colour quality from 8 percent (traditional drying) to 16 percent (scientific drying), the minister added.

He further said that the Mission addressed the issue of intermediaries exploiting saffron growers by implementing e-auctions at IIK-STC. This ensured fair farm-gate prices and enabled transparent transactions across India, effectively reducing the influence of intermediaries.

The Minister said that the Agriculture Department has made concerted efforts to combat disruptive activities of un-desirable element among the saffron growing farmers which included damaging of sprinkler irrigation systems/bore-wells. The presence of Real-Estate players/land grabbers pose a significant threat to the success of saffron cultivation, in the area, complaints have also been lodged with the concerned revenue officials, he added.

### **SAKEENA**

complex here, Itoo, as per the news agencysaid, "People will never repose their trust in PDP again. In the recent elections, people have reduced their number to just three MLAs."

She said, "People gave two chances to PDP one in 2002 and another in 2014 but on both the occasions party betrayed their trust."

The Minister said, "People are regretting giving chances to the PDP. The party is responsible for the mess Jammu and Kashmir is witnessing.'

Referring to the health sector in the Union Territory, Itoo said, "There is dearth of doctors and paramedical staff, but the government under the leadership of Chief Minister Omar Abdullah has been taking every possible measure to ensure better healthcare facilities to the people."

"The previous regime remained confined to laying foundation stones and cutting ribbons, however, what we have achieved in the last three months, they (previous government) would not have done it in ten years," she said—(KNO)

### **VACANCY**

Of these, 2,503 are gazetted posts, 19,214 are non-gazetted posts, and 10,757 are multitasking staff positions, the CM said.

The highest number of posts are vacant in the Health Department, with 7,851 vacancies. It is followed by the Health & Medical Education department and Animal & Sheep Husbandry Department with 3759 and 2589

vacancies, respectively. According to the reply, there are 2517 vacancies in the Industries & Commerce Department and 2420 in Housing & Urban Development

In the past four months, the Government informed that 3727 vacancies have been

referred to Public Service Commission and Services Selection Board since October 16, 2024, the day when Omar Abdullah-led government took oath.

Of these, 738 are gazetted posts, 1754 nongazetted posts and 1235 multi-tasking slots. The Government also revealed that it has

no proposal to make job application forms free for job aspirants. "Presently, no such proposal is under consideration in the Government," it said.

In the past four months, the government revealed that it has collected Rs 14. 17 crore examination fee from students appearing in

recruiting tests conducted by SSB and PSC. In its election manifesto for last year's assembly polls, the National Conference had promised to make job application forms free for all the examinations.

"The job application will be made free for all the examinations," the party had promised in its manifesto—(KNO)

### **SAJAD LONE**

Lone's amendments related to the repeal of the Public Safety Act, the shifting back of PSA detainees lodged outside J&K, and a probe into the rigging of the 1987 election were also disallowed by the Speaker.

After the Question Hour ended, Lone, as per news agency-Kashmir News Observer (KNO), stood up and questioned the Speaker over rejection of his amendments.

Contesting the Speaker's claim that he had disallowed the amendment because it was identical to the resolution brought by the National Conference-led government last year, Lone said there was no match between

Lone said there was no mention of Article 370 or August 5, 2019 events or even Jammu & Kashmir Reorganisation Act-2019 in the resolution passed by NC-led government in the last session "Your resolution is like a marriage invitation card in which neither the names of the bride is written nor the name of groom is mentioned," Lone said.

Further questioning the NC's resolution, Lone said," The special status doesn't mean Article 370. The special status doesn't cover what has been done to us on August 5, 2019. The special status could also mean a Union Territory. Are we fighting for a UT?" he asked.

Lone also contested the Speaker's ruling on disallowing his amendment for a probe into 1987 election rigging.

"We are unable to come out of 1987. We are trapped in 1987. The rigging of the 1987 election brought violence. One lakh people died." Lone said

The Speaker disallowed the amendment, saying the 1987 election is not a matter of recent occurrence.

On rejection of amendments related to PSA and police verification, the Speaker said that these matters fall under the purview of Union Home Ministry. "I am not saying that you should pass law

on PSA. You should mention in the LG address that you have a desire to repeal the PSA," Lone responded.

Responding to Lone's claim, the Speaker said the PSA cannot be repealed until state-

Lone said how the Assembly can remain quiet on "stringent police verification procedures.

"We want our children shouldn't be punished for what their father or brother or cousin has done? It is primitive. How can we allow this? How can this Assembly keep quiet?" he asked,

### **POK**

people wear coats to create the facade of development. However, in reality, the pockets of those coats are empty," he said—(KNO)

### **GOVT**

Health & Medical Education, Sakeena Masood Itto, informed the House that according to a report published by the Union Ministry of Health & Medical Education, J&K has a health institution for every 3,500 souls, significantly better than the national average of 6,000 souls. The Minister also informed the House that there are currently 554 New Type Primary Health Centers (NTPHCs) in Jammu and Kashmir. She added that 523 out of these 554 NTPHCs have been converted into Health & Wellness Centers under a flagship scheme launched by the Government of India.

The Minister stated that no future creation or upgradation of health centers is planned at the moment.

However, this might be reconsidered once the austerity measures imposed by the Finance Department are withdrawn, and any critical gaps as per the Indian Public Health Standards (IPHS) are assessed—(KNO)

### RANA

lands over the past two years, Rana, according to the news agency-said, "The Forest Department has initiated the mapping of wetlands using remote sensing data, along with ground truthing and demarcation, in collaboration with revenue and wildlife departments. This is being done for wetlands above 2.25 hectares, following Supreme Court

directions."

**HT - NEWS** 

He further mentioned that, as per the Wetlands (Conservation and Management Rules), 2017, brief documents for six wetlands have been prepared by the respective district working groups.

Among these, four wetlands—Ahansur-Waskursar Wetland Complex, Sanasar Lake. Khushalsar and Gilsar Lake, and Anchar and Rakh-i-Kujar—are nearly finalized, while documents for Manasbal Lake and Narkara remain under review by the technical com-

Also, district wetland management units, led by the respective deputy commissioners, were established on December 19 to oversee the protection and conservation of wetlands-(KNO)

### **JKPCC**

pretations, but for Congress, post the Supreme Court verdict, it is statehood," he

When asked whether Congress would push for Article 371, Karra avoided referencing specific provisions but called for securing constitutional safeguards. "It is not about numbers. What matters is ensuring protection for land, jobs and natural resources," he said.

The J&K Congress chief also criticised the government for failing to provide a clear timeline for the restoration of Jammu and Kashmir's statehood, saying that the Vision Document lacks specifics on the matter.

He said that while the government has mentioned statehood, the process and timeframe remain vague. "There is no clarity on when or how statehood will be restored. This is a crucial issue that needs immediate attention," he asserted.

 $Responding to People's \, Democratic \, Party's \,$ criticism that the document offers nothing significant to revive businesses, Karra distanced the Congress from PDP's stance. "That is their issue. We have our own priorities," he said-(KNO)

### CS

Yojana (PMFBY)," maintained the Chief Secretary. He urged the banks to encourage timely loan repayments and actively participate in government-backed initiatives such as YUVA, aimed at promoting entrepreneurship among youth.

Highlighting the challenges in agriculture financing, Dulloo emphasised the need for capital investment in modern farming techniques. He asked the banks to adopt innovative financial models to support small and marginal farmers in areas such as farm mechanisation and modern irrigation, horticulture expansion including apple, walnut and saffron cultivation and post-harvest processing and market linkages.

"Investment in agriculture processing has already shown promising results, with milk production increasing by 20 percent. The need of the hour is to integrate the technology and financial support to enhance productivity further," asserted the Chief Secre-

The Chief Secretary called for greater banking support to Self Help Groups (SHGs). "Empowering rural women through financial inclusion and micro-enterprise development will drive sustainable economic growth," he remarked. He urged NABARD and banks to intensify training and capacity building efforts for women entrepreneurs in rural areas.

Beyond agriculture, the Chief Secretary highlighted tourism as a key growth driver for Jammu and Kashmir's economy. "With over 2 crore tourists annually, we must invest in infrastructure, connectivity and sustainable tourism projects," he said. He added that the government is working on master plans to develop new tourist destinations while strengthening transport and minor irrigation facilities to support rural livelihoods.

Acknowledging the progress in financial linkages, the Chief Secretary called for greater integration of digital banking and loan disbursement mechanisms to enhance transparency. "Common Service Centres (CSCs), online loan processing and financial 'touch points' will ensure that banking reaches the remotest areas efficiently," he asserted.

Dulloo also underscored the importance of social security schemes, such as PM Jan Dhan Yojana, PM Jeevan Jyoti Bima Yojana and PM Suraksha Bima Yojana in providing financial stability to rural populations.

On the occasion, the Chief Secretary released a compendium titled "Transforming the Rural Landscape of J&K and Ladakh", showcasing NABARD's interventions in the region, along with a booklet on Indicative Unit Costs for Agriculture & Allied Activities (2025-26). These documents serve as crucial references for policymakers, financial institutions and rural entrepreneurs.

The event concluded with Vikas Mittal, General Manager, NABARD, extending vote of thanks. "With the continued support of the UT Government and banking stakeholders, NABARD will strive to achieve the targets

highlighted by the chief guest," he affirmed. The UT Credit Seminar served as a vital platform for the government officials, bankers and industry experts to collaborate on strategies for strengthening rural credit access and economic growth in Jammu and Kashmir.

### **JAVID DAR**

productivity of 4.42 kg/ha in rejuvenated areas during 2023.

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### **PARRA**

Recalling Chaudhary's past admiration for Mehbooba Mufti, Para noted that he once hailed her as a fearless leader but now works tirelessly to discredit her. He also accused NC of failing to take a firm stand against the abrogation of Article 370, unlike Mufti, who remained defiant despite facing prolonged detention.

Para further alleged that Chaudhary has prioritized his association with the liquor lobby over addressing key issues like unemployment and economic distress. "J&K deserves leaders with principles, not politicians who sell their convictions for power," he said. [KNT]

### **DIG NORTH**

"We have already acted on four properties acquired through drug proceeds, and investigations are ongoing. We are tracing both forward and backward linkages to identify and seize assets accumulated by drug peddlers and kingpins under different names,"

Speaking about new criminal laws, he said that the laws that have been introduced are focused on victims. "We met the public today to inform them about these laws, as their successful implementation depends on public awareness.

He added that the police discussed key legal provisions such as zero FIRs, digital FIRs, and the distribution of proceeds of crime to victims—(KNO)

### **PULWAMA**

Hospital Pulwama experiences a heavy patient influx, with 2,000-3,000 people visiting daily."To manage the overwhelming patient load, non-emergency services were relocated to Prichoo, a facility that was previously used during the COVID-19 pandemic," he said. The official added that the Psychiatry, Mental Health, Addiction Treatment Facility, and Dental sections were shifted to Prichoo last year and have been functioning smoothly since then. "To manage the overwhelming patient load, non-emergency services were relocated to Prichoo, a facility that was previously used during the COVID-19 pandemic," he said. The official added that the Psychiatry, Mental Health, Addiction Treatment Facility, and Dental sections were shifted to Prichoo last year and have been functioning smoothly since then.

## **Public Notice**

I have changed my name From (Old name).... MARROUSH ASHRAF DAR TO New Name MARROUSH ASHRAF. In future I will be known as (New neme)....

MARROUSH ASHRAF. if any body is having any objection he/she may contact Passport Office, Srinagar with in 7 days. After 7 days no objection will be accepted. Name:-MARROUSH ASHRAF





## Div Com Kashmir urges departments for befitting KIWG arrangements **Chairs preparatory meeting for Winter Games**

**HT News Network** 

SRINAGAR, MARCH 04: While reviewing the preparations for Winter Games, today Divisional Commissioner (Div Com) Kashmir, Vijay Kumar Bidhuri impressed on concerned departments for ensuring befitting arrangements for 5th Edition of Khelo India Winter Games (KIWG) at

Deputy Commissioner Baramulla, DirectorTourism, Director Urban Local Bodies, Director Health Services Kashmir, CEO Gulmarg Development Authority, Secretary J&K Sports Council, officers from various departments including SMC, PHE, KPDCL, R&B, MED, Transport, Airport Authority, Cable Car Corporation, Information, JKTDC, H&H, NHIDCL, Police, SDRF, CISF, HAWS and other stakeholders attended the meeting.

At the outset, Div Com reviewed arrangements regarding arrival of participants at Srinagar Airport, transportation of

People of J&K demand

statehood, not further

immediate return of



participants, accommodation facilities and essential services including electricity, drinking water, sanitation, Mobile Network, critical health services and mobile recovery vans.

He impressed on close coordination and synergy among all the departments besides called for effective communication among the stakeholders.

The Div Com called for flawless arrange-

conduct of the prestigious sporting event. The officers briefed the meeting regarding the latest and overall preparations pertaining to their respective departments for smooth conduct of national sports event. Deputy Commissioner Baramulla, Director Tourism, Director Urban Local Bodies, Director Health Services Kashmir, CEO Gulmarg Development Authority, Secretary J&K Sports Council, officers from various departments including SMC, PHE, KPDCL, R&B, MED, Transport, Airport Authority, Cable Car Corporation, Information, JKTDC, H&H, NHIDCL, Police, SDRF, CISF, HAWS and other stakeholders attended the meeting. At the outset, Div Com reviewed arrangements regarding arrival of participants at Srinagar Airport, transportation of participants, accommodation facilities and essential services including electricity, drinking water, sanitation, Mobile Network, critical health services and mobile recovery vans.

## DC Srinagar reviews progress of registrations under JK Samadhan Portal

Directs all line departments to ensure maximum outreach and citizens registration on the portal

### **HT News Network**

engagements: Hakeem Yaseen

Srinagar, March 4: President of Jammu and Kashmir Peoples Democratic Front (J&K PDF) and former minister, Hakeem Muhammad Yaseen, on Tuesday asserted that further engagement with stakeholders for the restoration of J&K's statehood is unnecessary. In a statement issued to media he said that the decisive mandate given in the 2024 Assembly elections to a particular political party was explicitly for the restoration of Jammu and Kashmir's constitutional guarantees, particularly the return of its statehood.

Senior PDF leader Hakeem Yaseen urged the Lieutenant Governor Manoj Sinha, Prime Minister Narendra Modi, and Home Minister Amit Shah to set a clear timeframe for restoring statehood to J&K, stressing that any delay would be seen as a deliberate attempt to prolong the current proxy administration.

He emphasized that Jammu and Kashmir was a thriving state until 2019 but was unjustly downgraded and divided against the will of its people. Hakeem asserted that the people's desire for statehood was clearly reflected in the assembly elections, where a particular party received a decisive mandate based on its commitment to restoring J&K's constitutional position. He appealed to the central leadership to respect the 2024 mandate and take immediate steps to reinstate statehood, rather than engaging in prolonged discussions with so-called stakeholders to delay the process.

### **HT News Network**

SRINAGAR, MARCH 04: In order to review the progress of the registration process under the JK Samadhan Portal, a meeting was held under the chairmanship of the Deputy Commissioner (DC) Srinagar, Dr. Bilal Mohi-Ud-Din Bhat here at Meeting Hall of the DC Office Complex, today. At the outset, the DC highlighted the significance of registrations on The JK Samadhan Portal. He said it is a Government initiative aimed at streamlining and simplifying grievance redressal processes, designed to ensure transparency, accountability and efficiency in addressing public complaints.

On the occasion, Dr Bilal stressed the Officers to sensitize the masses about the The JK Samadhan Portal and prioritize registering citizens on the portal. He emphasized the importance of timely and efficient registration of grievances, which can be accessed and resolved through the portal. He underscored the importance of the portal in facilitating citizen's access to Government services and resolving grievances.



The DC directed all the line departments to ensure maximum outreach and participation in the portal's registration process. CSC VLEs were directed to register a maximum number of people under the portal who are unable to register themselves. During the meeting, the DC directed for establishing a special Control Room at DC Office to monitor the department wise progress of registrations on The JK Samadhan Portal. He also set targets to each concerned department to ensure all the citizens are registered on the portal at the earliest. The meeting was attended by Additional Deputy Commissioner, Syed Ahmad Kataria; Chief Planning Officer, Secretary SMC, Chief Medical Officer, Chief Agriculture Officer, Tehsildars, BDOs, ADFCS&CA, CDPOs, District Coordinator CSC and other District Officers. On the occasion, Dr Bilal stressed the Officers to sensitize the masses about the The JK Samadhan Portal and prioritize.

## Weeklong workshop on 'Research Methodology' begins at NIT Srinagar

### **HT News Network**

Srinagar, Mar 04: A weeklong workshop on Research Methodology commenced at the Department of Humanities, Social Sciences & Management (HSS&M) at the National Institute of Technology (NIT) Srinagar on Tuesday.

The workshop proceedings were initiated by Dr Mohammad Rafiq Teli by welcoming participants from various universities across J&K. This workshop is aimed to provide participants with comprehensive training in various research methodologies, data analysis techniques, and academic writing, he said.

In her inaugural address, Head HSS&M, Dr.Jaya Shrivastava said that the workshop is a crucial step in our commitment to fostering a strong research culture. We aim to empower scholars with the skills needed to conduct rigorous and impactful research in their respective fields, she

Dr Jaya said that in today's world, where



technological advancements are reshaping societies, the role of humanities, social sciences and management has become more critical than ever.

"Our department not only complements the technical disciplines at NIT Srinagar but also equips students with critical thinking, ethical reasoning, communication, and leadership skills that are essen-

tial in academia, industry, and policy making. Through rigorous research and teaching, we prepare students to address contemporary global challenges with innovative and socially responsible solutions," she said.

Dr Jaya further said that research is the backbone of academic progress, and its credibility hinges on rigorous methodol-

She also acknowledged the instrumental support of Director NIT Srinagar Prof. Binod Kanaujia, Registrar Prof. Atik-ur-Rehman, and Dean Research and Consultancy Prof. Roohie Naaz in making the workshop possible.

Dr. Tahir Ahmad Wani and Dr. Mohammad Rafiq Teli are the convenors, while Dr. Nufazil Altaf, Dr. Sumaira Jan, Dr. Ajaz Ul Islam, and Dr. Shahnawaz Ahmed are coordinators of the workshop.

Dr. Tahir Ahmad Wani led the first session, highlighting various aspects of research methodology. He said this workshop provides a crucial platform for scholars to refine their skills, ensuring their research not only meets rigorous academic standards but also addresses pressing societal challenges.

Dr. Ajaz Ul Islam conducted the second session. He said the weeklong workshop is designed to provide practical insights and hands-on experience, empowering participants to conduct impactful and ethically sound research.

### **CUKashmirannounces admission** To UG programmes

#### **HT News Network**

Ganderbal, Mar 4: The Central University of Kashmir invites online applications from eligible candidates for admission to various undergraduate (UG) programmes through the Common University Entrance Test (CUET) (UG) - 2025, conducted by the National Testing Agency (NTA).

The prospective students can apply for the following UG programmes: B.Sc. (Hons/Hons. with Research) in: Biotechnology, Zoology, Physics and Mathematics B.A. LLB (Hons), B.A. (Hons) English, BBA (Hons), and B.Voc (Tourism & Hospitality Man-

The online application submission has started from March 1, 2025 and will end on March 22, 2025 (up to 11:50 PM). For further details, the students can log onto university website www.cukashmir.ac.in or CUET Official Website: https://cuet.nta.nic.in. The aspirants can also call on on University Helpline: 9469147277 / 7889593153 from (10:00 AM - 5:00

### **Legislators Allege Malprac**tices in Rs 401 Crore Saffron **Mission, Demand Probe**

#### **HT News Network**

Jammu, Mar 4, KNT: Allegations of malpractice in the Rs 401 crore National Saffron Mission (NSM) rocked the Jammu and Kashmir Legislative Assembly on Tuesday, with legislators demanding a thorough inquiry into the matter.

National Conference MLA Pampore Hasnain Masoodi, backed by MLA Kulgam Muhammad Yousuf Tarigami, raised concerns over alleged irregularities in the implementation of the ambitious scheme aimed at boosting saffron production in Kashmir. They urged the government to order a probe to ascertain if funds were misused or the project was mishandled.

Responding to the allegations, Agriculture Minister Javed Dar acknowledged the concerns and assured the House that the department was examining the matter. "If needed, a departmental inquiry will be ordered," he said.

The National Saffron Mission was launched in 2010 by the then UPA government under the leadership of Manmohan Singh to revive saffron cultivation in Kashmir. The multi-crore initiative sought to introduce modern techniques, improve irrigation facilities, and enhance overall saffron yield. However, reports of project failures, mismanagement of funds, and failure to achieve the desired results have raised doubts over its execution. [KNT]

### **Residents of Mawar Decry Unscheduled Power Cuts Amid Ramadan**

### **HT News Network**

Srinagar, March 4 (KNS): Residents of several villages in Mawar, Handwara have expressed concern over unscheduled power cuts, making daily life difficult, especially during the holy month of Ramadan. Despite paying regular electricity bills, locals say they are not receiving power as per the official

Villages including Audoora, Qalamabad, Drungsoo, Nowgam, Lawoosa, Shahrama, Warpora, Khudi, Haril, Jahama, Mawer Bala, and Lach Shartgund Bala are among the affected areas. Residents allege that the employees of the Arampora Grid Station and Receiving Station Audoora Qalamabad are deliberately causing disruptions, leaving people to struggle, particularly during Sehri and Iftar.

Bashir Ahmad, a resident of Audoora, said that despite paying his electricity bills on time, the supply remains erratic. "We hardly get electricity for 10 minutes to an hour in 24 hours. This is causing immense hardship, especially during Ramadan and students' examination time," he said.

### **Bandipora Police Organizes Awareness Program on New** Criminal Laws at Dak Bungalow Sumbal

### **HT News Network**

Sumbal, March 4 (: Bandipora Police on Monday organized an awareness program on the newly introduced criminal laws at Dak Bungalow Sumbal. The event was aimed at educating the public about key changes in the legal system and ensuring better awareness among citizens.

The program was chaired by DIG North Kashmir Range, Maqsood Ul Zaman, with SSP Bandipora, Harmeet Singh, and other senior police officers also

A large gathering of youth and local residents actively participated in the session.



## **EDITORIAL**

## **Penalize doctors for** not implementing government orders

eople in general and patients in particular have been complaining that they are not able to understand the names of the medicines prescribed by a doctor while writing a prescription. It was in this context that some years back the department of health and medical education in Jammu & Kashmir had directed the doctors to write the prescription in bold and capital letters so that it is readable to all.

Like most of the other government orders this order too was not followed in principle by the concerned stakeholders. Most of the medicos gave a damn to this order and continued with the practice of writing the prescription in small and non-readable letters. Following this laxity the High Court of Jammu & Kashmir had to intervene in the matter and issue directions in this regard. Still then there was no difference with the doctors continuing with their own method of writing a

In a latest instance the Directorate of Health Services, Kashmir issued a fresh order on February 1 this year asking the doctors posted in the government sector to write the prescription in bold and capital letters. Following this the Directorate of Health Services, Jammu issued an order on March 1 asking the chief medical officers and superintendents of the hospitals to ensure the directions issued with respect to this issue are implemented. It remains to be seen how far the orders issued by the Directorates are followed by the medi-

Some of the people opine that the doctors under a deliberate plan write the prescription in small letters so that it is readable to the chemist only and not to the general masses even though they are highly qualified. Given the fact that the government has been stressing on the procurement of generic medicines and not branded ones over the past few years there is a strong feeling that the doctors want to sabotage the same by writing the names of branded medicines in small letters.

There is a strong feeling that there is a lack of awareness when it comes to the significance of generic medicines in treating diseases and disorders. The people as a whole want to continue with the brand of medicines they have been using for years and are not ready to switch over to generic medicines. The chemists for their own benefits also don't encourage the patients to take up the generic medicines and virtually impose the branded medicines on the patients.

## PM Modi's campaign against obesity

KOUSAR AHMED RATHER

mphasising the which is a very dangerous urgent need to form of fat accumulation. ■ tackle rising obesity nominated leaders to prohealth crisis affecting mil-

dra Modi in his monthly has initiated a campaign against obesity. He nominated ten persons includnate further ten persons public health concern, occurs due to abnormal fat accumulation in the health problems, such as health complications. heart disease, type-2 diabetes, high blood pres- a tool called body mass reproduction. It influences the quality of living, such as sleeping or moving.

rates, particularly in urban expressed in kg/m<sup>2</sup>. A areas. Studies indicate BMI value between 18.5 that a substantial portion to 25 kg/m² is considered of the urban population is a normal weight. A BMI overweight or obese. India value less than 18.5 kg/m² ranks among the top three is considered underweight countries globally with and a BMI value of 30 kg/ high numbers of obese m<sup>2</sup> or more is an indication people. Lifestyle chang- of obesity. Waist circumes, including sedentary ference is a good indicabehaviour and increased tor of abdominal fat. A consumption of processed foods, contribute signifi- inches or more for men Easy access to high-calocantly to the rise in obe- and 35 inches or more rie, unhealthy foods and sity. Economic growth and for women is considered urbanization have led to obese changes in dietary habits, with a shift towards calo- health issue with mulrie-dense, nutrient-poor tiple contributing factors. can influence food choic- type 2 diabetes. Excess cise by Promoting at least kousarrather34@gmail.com

foods. Abdominal obesity is highly prevalent in India,

A significant finding rates in India, the Prime is that over one billion Minister has called on people worldwide are now living with obesity. mote healthier lifestyles The prevalence of obesity and combat the public has drastically increased since 1990, with adult obesity more than doubling Prime Minister Naren- and adolescent obesity quadrupling. A very large "Man Ki Baat" broadcast portion of the world's population is considered ing the Chief Minister living with obesity. Billions of our UT Jammu and of adults are overweight, Kashmir to join his cam- with a substantial portion paign against obesity and of those being obese. Chilrequested them to nomi- dren and adolescents are also significantly affected, each to take this fight for- with millions classified as ward. Obesity, a growing overweight or obese. This widespread prevalence puts a massive strain on healthcare systems and body. It can lead to serious contributes to numerous Obesity is calculated by

sure, and some cancers. It index which estimates the can affect bone health and body fat by using a person's weight and height. BMI is calculated by dividing the person's weight in India is experiencing a kilograms by the square rapid increase in obesity of height in meters. It is waist circumference of 40

Obesity is a complex obesity.

than the body burns leads and opportunities for overweight. In 2022, 1 in to weight gain. This is 8 people globally were often due to diets high in energy-dense foods, such also lead to overeating. as processed foods, fast Aggressive marketing of food, and sugary drinks. Diets rich in saturated and trans fats, refined carbohydrates, and added sugars contribute to weight gain. Lack of fruits, vegetables, and whole grains reduces nutrient intake and can lead to overeating.

> Modern lifestyles often involve prolonged periods of sitting, whether at work, school or during leisure time. Reduced physical activity decreases calorie expenditure, leading to weight gain. Changes in transportation, increased screen time, and reduced participation in sports and recreational activities contribute to lower activity levels.

> Genes can influence an individual's susceptibility to obesity by affecting appetite, metabolism, and fat storage. However, genes do not solely determine obesity; environmental and behavioural factors also play a significant role. limited access to healthy options can contribute to

Consuming more calories es, access to healthcare, physical activity. Stress and emotional factors can larly to children, can influence dietary habits.

> Some medical condiroidism, Cushing's syn- acid to flow back into the support. drome, and polycystic oesophagus (Gastroesophovary syndrome (PCOS), can contribute to weight gain. Certain medications, to feelings of low selfincluding some antidepressants, steroids, and antipsychotics, can cause weight gain as a side effect.

Obesity has far-reaching effects on health, impactputs extra strain on the heart, leading to elevated blood pressure. It can dis-'bad" cholesterol (LDL) and decreasing "good" cholesterol (HDL). These of heart attacks, heart failure, and other cardiovasclot formation and arterial

body's ability to regulate blood sugar, leading Socioeconomic status to insulin resistance and

chronic pain.

ing endometrial, breast, colon, kidney, liver, and pancreatic cancers.

accumulation in the liver and liver damage.(Nonalcoholic fatty disease). Increased abdominal presageal reflux disease)

Obesity can contribute esteem and depression. Body image concerns and social stigma can lead to

Tackling obesity requires a multifaceted ing nearly every system in approach, addressing both the body. Excess weight individual behaviours and societal factors. There is a need to promote healthy eating habits by encourrupt lipid levels, increasing aging the eating of fruits, and salads. Limit intake of processed foods, sugary factors increase the risk drinks, and saturated/ ful eating and portion lifestyles. cular problems. Obesity control. Make healthy Obesity disrupts the clear food labelling to help consumers make informed choices.

Encourage regular exer-

weight can obstruct the 150 minutes of moderateairways, leading to pauses intensity or 75 minutes of in breathing during sleep. vigorous-intensity aerobic Excess weight puts extra activity per week. Intestress on joints, particular- grate physical activity into ly the knees and hips, lead-daily routines, such as ing to cartilage breakdown walking or cycling. Develand osteoarthritis. It can op safe and accessible strain the back, causing spaces for physical activity, such as parks, bike Obesity is associated lanes, and walking trails. with an increased risk of Promote active transporseveral cancers, includ- tation and reduce reliance on cars.

Provide individuals with personalized advice Obesity increases the on diet, exercise, and risk of gallstones and gall- behaviour modification. bladder disease. Excess fat Address emotional eating and other psychological unhealthy foods, particu- can lead to inflammation factors that contribute to obesity. Offer structured programmes that combine dietary changes, physical tions, such as hypothy- sure can cause stomach activity, and behavioural

Prescribe anti-obesity medications for individuals with significant health risks. Consider bariatric surgery for individuals with severe obesity who have not achieved success with other methods.

Implement policies to regulate the food industry, such as taxes on sugary drinks or restrictions on junk food advertising. Develop programmes that promote healthy lifestyles in schools, workplaces, green leafy vegetables and communities. Initiate public health campaigns to raise awareness about the risks of obesity and trans fats. Promote mind- the benefits of healthy

By implementing a increases the risk of blood food options more acces- combination of these sible and affordable. measures, we can create a damage which contribute Restrict the marketing of healthier environment and to a higher likelihood of unhealthy foods, especial- help individuals achieve ly to children. Implement and maintain a healthy weight.

> The writer is a teacher at **Higher Secondary School** Nehalpora, Pattan

## **Basil seeds**



**SAHIL MANZOOR** sahilmanzoor411990@ gmail.com

unique and different nutrient values. Our body needs all the teins, minerals, etc. many essential components of people don't get adequate food like minerals, fats, amounts of calcium and proteins, vitamins, car- magnesium, basil seeds bohydrates and water, could help them to get every eatable has its own these essential minerals. importance in terms of its Basil seeds help to clean composition. Our body our stomach, gut due to needs a balanced diet for the presence of fibres in it. its proper and normal Basil seeds may help your functioning, like we have cholesterol by inhibiting to eat/consume all the cholesterol absorption in basic components of food for proper growth and for wellbeing.

At the same time Mushan (Ramzan in arabic), and believe that fastsecond at the Iftar in period of time.

between Sehri and Iftar all the food items are prohibited to eat. Charity given to needy people, prayers are being performed by all the muslims throughout the world during this holy month of Ramadhan muslims are fond of different dishes which are prepared at the time of iftar and Sehri time.

Now today I am going to enlighten the few benefits of basil seeds, commonly very edible has known as Babry Byoul in Kashmiri language. Babry Byoul is loaded with pro-

your gut. Basil seeds are rich in plant products like polyphenols and flavonoids. lims across the world Flavonoids are antioxipracticing fasting in the dants that protect your holy month of Ramad- cells from damage by free radicals. These comthe fasting starts with pounds have anti-inflamdawn and end up with matory and anti-cancer dust, muslims have faith properties. Preparation of basil seeds is very easy, ing cleans our body and basil seeds soaked into the purifies and bestows the water for 30 minutes, then spirituality to the soul. add some sugar, coconut, During ramadhan month milk for better taste. It will only two meals been done keep you hydrated and fill one at the Sehri time and your stomach for a long

**MUHSIN AMEEN MALIK** study. A few examples of the many an you tell me what it's like purposes served by these applica- Baccalaureate (IB) curriculum. to teach or lecture? New tions include providing in-service technologies, especially AI, teachers with an introduction to personalized learning by equiptrust, and sparking their interest critical concerns about data prihave made educators obsolete as artificial intelligence (AI), visual- ping educators with various tools in a subject is no easy task. Being vacy, bias, and cultural acceptabilthe primary means of imparting izing the behaviours and interac- and resources, enabling them to an educator demands bravery. A ity. To maximize AI's potential in information. Is this a sign that com- tions of both pre- and in-service design tailored learning experi- teacher's responsibilities include teacher education, a well-defined puters will soon be able to teach us teachers, and automatically evaluences for their students. AI can not only answering students' queating their video-based oral preall the material we need? Could AI eventually rule the world? sentations.

In 1956, during a two-month

workshop at Dartmouth College

in the US, John McCarthy initially

introduced the phrase "artificial

intelligence" (AI). In their 2019

study, Zawacki-Richter and col-

leagues provided evidence that AI

had been considered even before

this. As M.A. Turing expressed

in his 1950 article Computing

Machinery & Intelligence, "We can

hope that machines will eventually

compete with men in all purely

intellectual fields." The fact that

we encountered ChatGPT in 2022

suggests that his predictions were

correct. Machine intelligence is

another name for artificial intel-

ligence (AI). A computer system

acts as if it were a human brain.

Whether we acknowledge it or

not, artificial intelligence has

become integral to our daily lives.

ing, universal access, smart con-

tent creation, teacher training,

identifying classroom deficiencies,

and 24/7 help are all areas where

academics continuously strive to

incorporate AI into education (The

Seven Most Useful AI-Based Educa-

tional Tools, n.d.). The use of AI in

the classroom has the potential to

revolutionize teacher preparation

and raise the bar for student learn-

ing. India has been a global leader

in incorporating AI into class-

rooms, but there are challenges

and opportunities to be aware of.

When contrasted with other sec-

tors like healthcare, manufactur-

ing, and banking, the application

of AI in the educational sector

Task automation, tailored learn-

Improving the Quality of Teach-

er Education When it comes to enhancing the standard of teacher education, AI can be an indispensable tool. Smart information and communication technology (ICT) applications in India that aim to facilitate digital learning are increasingly incorporating AI features. Ensuring that educators are well-versed in the subjects they teach is a major challenge in teacher preparation programs. AI has the potential to provide educators with individualized access to high-quality learning materials and resources. Teachers can also benefit from AI's ability to identify knowledge gaps and offer constructive criticism.

how Google and OpenAI ChatGPT fare when you search for "ways

education is by giving educators greater access to resources that numerous instructors in underdehelp them perform their roles more effectively. Teachers can tailor their lessons to students' individual needs using real-time this situation is rapidly evolving feedback on student performance following the outbreak. provided by AI-driven assessment systems. AI also supports personalized learning by developing lesson plans specific to each student's requirements. Schools such as Kendriya Vidyalayas and others following the CBSE curricu-

ments, which are presented in this duced robotics courses at several 

The role of AI in teaching future teachers

assist educators in recognizing the diverse learning styles, interests, and abilities of students, enabling the creation of lessons specifically designed to meet each student's unique requirements. AI allows educators to monitor student progress and modify their instructional approaches as needed.

"A personalized learning environment is capable of examining student performance data in realtime and systematically delivering tailored content, learning parameters, and feedback." This approach enables educators to gain deeper insights into student performance, thereby facilitating the development of effective learning plans for their students.

Ensuring that educators possess a solid grasp of the subjects they To hone their teaching abiliteach is a significant challenge in ties, educators can consult AI. See teacher preparation. AI has the potential to provide educators with individualized, high-quality to improve teaching skills" below. learning materials and tools. For Another way AI can improve example, the Global Teaching Insights Report discovered that veloped nations face substantial obstacles in accessing top-notch instructional materials. However,

According to the ICUBE 2020 report by IAMAI and Kantar, internet usage is rising in India, which is a prerequisite for utilizing AI. Predictions indicate there will be over 900 million active internet users by 2025 (Kantar lum have already begun teaching Icube 2020, Report C1.pdf, n.d.). students about AI. Some schools AI can help bridge the knowlare utilizing humanoid robots to edge gap by making a wealth of remains relatively modest. Using assist instructors in the classroom. instructional materials, including AI in teacher education has led to Artificial intelligence (AI) is now an videos, e-books, and online lecseveral evidence-based improve- integral part of the newly intro- tures, accessible to educators.

ries independently but also designing courses, creating syllabi, and delivering lectures or lessons.

Teachers must determine how much time to devote to each topic, which teaching methods will work best for their students, and which technological resources would be beneficial. They must also accommodate students with special needs. Given these numerous responsibilities, defining a teacher's precise role is complex. However, one thing is clear: at the adopt it. The field of educational core of this role is the fundamental need to teach.

With the rapid advancement of technology, education is evolving. Think about how the internet emerged. When it first came online more than half a century ago, no one could have predicted its long-term impact on daily life or society-economically, politically, and socially. Today, the internet is used in vastly different ways compared to just a decade ago.

As technology plays an increasingly important role in education, the most important feature of a teacher remains their basic humanity. Allow technology to do what it does best, and let human educators do what they do best: foster meaningful human interactions. Educational technology, like other tools, provides fresh ways to transmit knowledge to students while allowing teachers to impart wisdom and Bildung (holistic edu-

The potential of AI in teacher education is substantial; however, its implementation necessitates a thorough examination of ethical, social, technical, and cultural fac-

tors. AI can enhance the quality of teacher education, refine teach-Communicating with pupils ing skills, and enable personalized AI has the potential to enhance on a personal level, earning their learning. However, it also raises framework must be established to ensure its appropriate application.

While AI is transforming multiple domains, including education, its role in teacher training presents an opportunity to enhance instructional quality. AI systems offer tailored and flexible learning experiences, improving the efficacy of teaching methods.

However, AI will not replace teachers. As Fan (2019, p. 133) notes, the future of AI depends on how people perceive and AI remains in its early stages, and teachers play a vital role in integrating AI into classrooms. While technological advancements have introduced new professions, the educator remains irreplaceable.

The real challenge is leveraging AI's capabilities while preserving the essential human skills that define great teachers. A teacher's presence in the classroom is crucial for students' growth, wellbeing, and social development. Humans, as social beings, thrive through group interactions.

Students need strong social skills to overcome isolation, grow as individuals, and find inner peace. Building solid relationships between teachers and students is essential. The fight against misinformation, populism, and ideological extremism begins with education.

Acknowledgement I want to thank Chief Education Officer Shopian, Mohd Shabir, for continuously encouraging me with his inspiring words.

The writer is a teacher and research scholar at Lovely **Professional University, Punjab** malikmuhsin92@gmail.com

DISCLAIMER NOTICE: HEADLINES TODAY doesn't endorse the Viewpoint of the Authors, take the responsibility of the Content of the matter (Writeups, advertisement, Notices etc) in any form.

## **Excessive earphone** use today could lead to hearing aids tomorrow

15TH OF PUBLICATION HEADLINES

as an initiative by the World Noise-Induced Hearing Loss Health Organization (WHO) (NIHL). This type of hearing to raise awareness about loss often goes unnoticed hearing loss and promote in its early stages, making hearing care. The theme for detection difficult until sig-2025 is "Changing Mindset: nificant damage has already Empower Yourself to Make occurred. Ear and Hearing Care a Reality for All.'

over 1.5 billion people live hearing loss due to unsafe with some degree of hear- listening practices and ing impairment, and this number is expected to rise ments must take strict meato 2.5 billion by 2050. While sures to control noise pollusome types of hearing loss tion, and awareness camare treatable, others—especially those caused by to protect public health. human activities-are often irreversible. This makes it hearing care is early deteccrucial to understand and tion of hearing loss in newprevent hearing loss, as it borns. Undiagnosed hearcan significantly impact ing impairment can severeeducation, employment, ly affect a child's speech, and overall quality of life.

ing loss in the younger tal hearing screening is a generation is the excessive simple, non-invasive test use of earphones, leading conducted within the first to sensorineural hearing few days of life to identify loss (SNHL). This condition hearing impairments. Early occurs due to damage to detection allows for timely the inner ear (cochlea) and, unlike conductive hearing ingaids, cochlear implants, loss, is permanent. Two or speech therapy, signifiprimary factors contribute cantly improving outcomes. to this issue: excessive ear- Approximately 1 to 3 out of phone use at high volumes every 1,000 newborns have and exposure to noise pol- congenital hearing loss, but lution.

85 decibels (dB) for pro- until the child is 2-3 years longed periods can damage old, delaying critical interthe delicate hair cells in vention. the cochlea. Studies indicate that many teenagers have implemented Uniuse earphones for more versal Newborn Hearing than two hours daily, often Screening (UNHS) proat unsafe volume levels. Unfortunately, many are cially in low- and middleunaware of the long-term income countries. Expandconsequences until it is too ing access to screening

At GMC Anantnag, health organizations. nearly 5 to 10 young hearing impairment, WHO recommends following the awareness, advocate for "60/60 Rule," this means change, and ensure hearlistening at no more than ing care is accessible to all. 60% volume for no longer than 60 minutes at a time.

Another major factor contributing to hearing loss

DR AAMIR YOUSUF | YOUNUS is noise pollution, especially in urban areas. Sources like traffic, construction, orld Hearing Day nightclubs, and factories is observed every expose people to harmyear on March 3rd ful noise levels, leading to

WHO data suggests that 1.1 billion young people According to WHO, worldwide are at risk of noise pollution. Governpaigns must be intensified

Another critical area of language development, and A major cause of hear- cognitive abilities. Neonainterventions such as hearwithout screening, many Listening to audio above cases remain undiagnosed

> While many countries grams, gaps remain-espemust be a priority for global

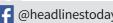
World Hearing Day 2025 patients-mostly school serves as a crucial remindand college students-visit er of the growing burden daily with hearing-related of hearing loss, especially issues like tinnitus (ring- among the youth, and the ing in the ears) and otalgia importance of early detec-(ear pain), often linked to tion through neonatal hearprolonged earphone use. ing screening. By address-A common observation in ing the root causes of hearclinical practice is that if ing loss, promoting safe liswe use earphones for long tening habits, and ensuring today, we may need hear- early intervention, we can ing aids later. To prevent protect future generations.

Let us join hands to raise (Dr. Aamir Yousuf is the Head

of the Department of ENT at **GMC Anantnag, and Younus** Rashid is a reporter )

## MEADLINESTODA17

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## Jammu and Kashmir's Heartbeat: **Embracing Urdu as the Mother Tongue**



DR MOHIUDIN ZORE KASHMIRI

"The enchanting aroma of Urdu-a fragrance that transcends borders and resonates in every accentillustrates how language carries not just words, but a rich, pervasive essence that unites us all."

In today's world, what we call our mother tongue is often interchanged with terms like the "first" or "primary language" and the "local" or "native language." Scholars and educators across the globe have debated their definitions, sometimes drawing subtle distinctions and, at other times, treating them as synonymous. For instance, the Cambridge Dictionary emphasizes that our mother tongue is the language we learn in our earliest years-acquired naturally during childhood rather than in formal educational settings. Similarly, the Webster Dictionary first identifies the mother tongue as the local language, suggesting it is the foundation upon which we later build additional linguistic skills. Many experts also stress that this language is nurtured by our primary caregivers-be it our mother, grandmother, or even a devoted caregiver-arguing that a child's linguistic journey might even begin in the womb as they are subtly influenced by the ambient sounds of their environment.

Furthermore, the language we use in our day-to-day surroundings-whether at home or in our immediate community-often comes to be recognized as our native language. A survey of various sources, including Wikipedia, reveals that these terms are frequently used interchangeably, reducing the need for endless debates on their precise meanings.

At its core, the language that feels most natural to a child-the one spoken in the intimacy of any specific language, having a mother tongue that resonates with articulate ideas with clarity and and Gojri remain integral to the language's pervasive reach. depth. As our thoughts expand in rise to a more profound consciousness. This enriched consciousness can unlock the creative potential within us, paving the way for monumental literary and intellectual

achievements.

contributions illustrate that a lan-subcontinent-to the region. guage, far beyond being merely seedbed of creativity and critical shapes and is shaped by human culture and civilization."

We ultimately reach the understanding that the language a mother employs while nurturing her child, the language absorbed from our surroundings, and the life. language most prevalent in our society-all seamlessly fall under the expansive umbrella of our mother tongue. This observation reveals that the concept of a mother tongue is remarkably fluid. In environments where many lanlanguage to rise above the rest, often because it possesses qualities that suit modern demands or earth, resonates more deeply with its

Focusing on the region of cance of one's mother tongue is further amplified by the evolving cultural landscape. Over time, the definition of what constitutes a mother tongue has broadened. Historically, Jammu, Kashmir, and Ladakh were recognized as one collective entity, but on August 5, 2019, the central government redefined their political boundaries by establishing separate Union Territories. Despite these political changes, our interest remains firmly on the cultural and linguistic heritage of the area–especially the Urdu language, which continues to nourish and shape personal and communal identity.

Geographically and culturally, Jammu, Kashmir, and Ladakh represent three distinct regions where a multitude of languages and dialects flourish. Regionally, Kashmiri is predominant in Kashmir, Dogri in Jammu, and Ladakhi in Ladakh. Beyond these, a diverse linguistic daily lives of various tribes and only the flexibility of the mother found impact on cultural identity and expression.

This rich tapestry of languages History offers compelling evi-naturally prompts the question: diverse communities. dence of this phenomenon. Liter- which language can serve as a

Tolstoy, Munshi Premchand, million people in Indian Jammu was divided-with one part acced- common medium that unites us. It Tagore, and Iqbal, and intellectual and Kashmir, when no single one ing to India and the remainder pioneers like Marx, Einstein, Ste- of the many dozen native lan- coming under Pakistani controlphen Hawking, Noam Chomsky, guages alone perfectly meets that and APJ Abdul Kalam, all found in role? Recognizing this challenge, a their native tongues the expressive long-standing decision was made power needed to revolutionize lit- to introduce Urdu-the most erature and science alike. Their renowned language of the Indian

According to researcher Baldev a tool for communication, is the Sharma, Urdu originated in the environs of Delhi around the 12th thought-a dynamic force that and 13th centuries. Its introduction to Jammu and Kashmir was a strategic choice. In 1886, Maharaja Pratap Singh of the Dogra Dynasty officially designated Urdu as the language of administration, solidifying its role in the region's public

A primary reason for adopting Urdu was the flourishing tourism industry. When Emperor Akbar annexed Kashmir in 1586, he established several tourist centres to highlight the region's natural beauty. Emperor Jahangir, captiguages coexist, it is natural for one vated by the breathtaking landscapes, famously remarked:

"If there is a paradise on

it is here, it is here, it is

These words encapsulated the Jammu and Kashmir, the signifi- allure of Kashmir, drawing millions of visitors each year-especially to iconic sites like the sacred Amarnath Cave. As tourists from diverse backgrounds converged, local people naturally gravitated toward Urdu as a shared language, facilitating communication and cultural exchange.

Beyond tourism, the practical need for a unified language in administrative, business, and daily interactions was undeniable in a region marked by profound linguistic diversity. For the sake of collective benefit and to foster efficient communication among its inhabitants, embracing Urdu as the common language became

Additional historical factors also played a role. During the Dogra period, many residents of Jammu and Kashmir travelled to Puniab (in undivided India) for various forms of work or business, further spreading Urdu's influtapestry is woven with Sanskrit ence. Moreover, accounts exist home and the wider community— and Arabic serving as religious lan- of Kashmiri citizens being forcis the very medium through which guages, while Persian held sway as ibly recruited as unpaid porters thought flourishes. Although the official language for nearly six in frontier areas like Gilgit Baltisthought itself isn't confined to centuries. In contemporary times, tan to serve the Dogra Army. In our innermost being enables us to languages such as Punjabi, Pahari, Hindko-further testifying to the and passion.

of languages underscores not mir was not only a response to the region's linguistic diversity but tongue concept but also its pro- also a practical move to ensure life-remains seamless among its

the Indian-administered region experienced a significant cultural evolution. Despite the political upheaval, Urdu not only survived but thrived, maintaining its official status and growing both literarily and linguistically.

practical needs and cultural shifts led to Urdu becoming an integral part of everyday life. Today, most parents in the region introduce Urdu to their children from an early age. As these children grow, whether interacting with neighbours or attending school, Urdu naturally becomes the language of daily communication. Over time, it is embraced wholeheartedly as the mother tongue, reflecting its deepseated role in the community.

It is also noteworthy that Jammu and Kashmir has a proud erary heritage stands alongside other eminent centres of Urdu literature-such as Delhi, Lucknow, the Deccan region, and Lahoreand is celebrated in its own right. The region's contributions to Urdu literature have been significant enough to warrant a distinct historical record, further underscoring the language's cultural impact.

Perhaps the most remarkable nature. Unlike languages that are closely tied to specific regions or religions-such as Arabic with Muslims, Hebrew with Christians and Jews, Sanskrit with Hindus, Bengali with Bengal, or Punjabi with Punjab (which itself is written in both Gurmukhi and Shanmukhi scripts)-Urdu transcends these boundaries. Today, it is recognized as the world's fifth-largest language and is celebrated for its scholarly depth and cultural influence. In Jammu and Kashmir, people of all faiths-Hindus, Muslims, Sikhs, Buddhists, Christians, and others-speak, write, and read Urdu with ease, using it to articulate their thoughts and emotions.

Ultimately, Urdu serves not only as a medium of communication but also as a unifying thread that weaves together the region's diverse cultural and religious iden- larger scale to the authorities. By tities. It encapsulates much of the addressing these challenges comlocal heritage, enabling commu-English has emerged as the lan-these mixed interactions, a variant nities to understand and express Urdu not only retains its esteemed guage of education, and additional of Urdu evolved-today known as their unique identities with clarity

In light of these observations, In summary, the decision to it becomes clear that every this familiar language, they give communities. This rich mosaic elevate Urdu in Jammu and Kash- resident of Jammu and Kashmir should acknowledge that, regardless of their familiarity with the Urdu script, our first, fundamenthat communication—be it in tal, local, and mother tongue is governance, commerce, or daily unquestionably Urdu. Unlike the other languages spoken in the region, which have a more limited Following the events of October role in fostering unified commu-

is a language that transcends mere communication to form the backbone of our collective identity.

Unfortunately, certain selfinterested individuals have politicized the status of Urdu by promoting the idea that several other languages should share official status alongside it. This move, In the decades that followed, in effect, undermines the true meaning of an "official language." At the same time, mainstream political parties-both at the local and national levels-continue to wield Urdu as a tool to delineate political views among the masses. This manipulation has been further compounded by deliberate tampering in educational institutions, where proficiency in Urdu is increasingly seen as optional for government jobs. Such trends have only strengthened the call for the establishment of a fullfledged Urdu Academy in Jammu tradition of Urdu literature span- and Kashmir, akin to similar instining the last 250 years. This lit-tutions in other Indian states, to safeguard the language's legacy and promote its growth.

> There is also a pressing need to implement a series of initiatives aimed at reinforcing the status of Urdu in every sphere of public life. These include:

- · Expanding job opportunities for graduates and professionals proficient in Urdu,
- Promoting an Urdu signfeature of Urdu is its inclusive board culture throughout all corners of Jammu and Kashmir,
  - · Computerizing official revenue records in Urdu to streamline administrative processes,
  - Establishing an official Urdu language cell within the civil secretariat to support high-ranking government officers with dedicated Urdu readers and computer
  - · Providing financial support to Urdu publications and iournalism.
  - · Ensuring that all government notices, orders, and gazettes are issued in Urdu, and · Recruiting and training
  - Urdu teachers in both government and private educational institu-

These are not just isolated demands but burning issues that need to be presented on a prehensively, we can ensure that place as our mother tongue but also continues to serve as the unifying force that binds the diverse communities of Jammu and Kashmir together.

\* Dr Mohiudin Zore Kashmiri **Associate Professor Urdu Department of Higher Education** J&K Government. Residence: Farashgund Budgam Kashmir 191111 India. Email: drzoreurdu@gmail.com Cell: 9149773980.

## Students need to inculcate writing skills

SYED MUSTAFA AHMAD

o combat language barriers and enhance creative of encouragement and exploration, and guide students to important skill. express themselves and write in their own words

says in order to be an expert English is of utmost imporin writing, one has to read, tance in the age of AI. Nowa- a step toward the goal of read and re-read. This fact days, writing English efficiently proved to be truly fitting as and eloquently has become the 2025 Board Examinations classes were held on a single Apart from conceptual-based is to let students study differquestions, the overall focus on ent kinds of material and sumwriting skills has persuaded tainable education. I asked my

strong hold over the English syllabi during the allotlanguage. They disappointedly told me that language barriers ation, it is impossible writing skills, teachers haunt them day in and day to expect them to think must cultivate an environment out. I was nudged and decided of out-of-the-box soluto write a brief piece on this

As I have already written and mentioned in my previ-Once, I read a quote that ous articles, writing error-free both easy and complicated. A per is the best beginning write in his or her own words.

voice that they do not have a to complete their school ted session. In this situtions. This is where a new approach is needed the most.

> As said earlier, letting students read newspapers on a regular basis is writing sustainably. The hard copy of a newspa-

of both the twelfth and tenth information boom, unable to a week can build momentum. Newspapers like The Hindu, day. Both papers were well-set. The main focus of my article The Indian Express, The Hindustan Times, etc., suffice in the long run. Magazines like marize it in their own way. I Tell Me Why, Frontline, The writing is the hallmark of sus- dents to get acquainted with look, etc., are truly the stepdifferent genres of writing can ping stones to writing in a crisp papers. They answered in one fate is that students are unable from unnecessary words is a of expressing themselves. The

are going on. Some days ago, student, just like an adult, is that can be initiated in this quality of these newspapers and beautiful. The fragrance same vein, like shepherds, we the English language papers caught in the whirlpool of the regard. Allotting a day or two and journals. Apart from this, of influential writers leaves a they broaden mental horizons and let the fresh air of creative writing remove the foul air of deadwood.

Moreover, creating a suitable environment for expressme to think about how creative mean to say that allowing stu- Caravan, India Today, Out- ing oneself has the potential to uplift students in the right direction of creative writing. students how they had fared prove handy in writing effec- and smart manner. The organi- In the company of mature writin the overall portions of the tively. However, the irony of zation of words and refraining ers, students may learn the art

minds of beginners. Their experiences and come out

permanent mark on the lives of blooming students. Holding to write in their own words. and soothe their immature the shivering hands of students They need careful nurturing, nerves. Hoping against hope, and guiding them carefully and they demand time from I believe that in the future, we toward the goal of sensible writing is the characteristic feature of the natives of that Hughes is not a cakewalk at all environment, who radiate light in every direction to enlighten the path of others to carry on going through the sweet verses with this noble work.

intricacies of writing can to write in their own words, we bent of mind. Paraphrasing only be learned under the have to carry a heavy load of Keats' verses is like climbing shadow of great writers. rejection and frustration. This a steep slope without a rope Ardent writers have the path is littered with innumer- and firm ground. However, requisite acumen to transable thorns. From motivating slowly acquainting them with form a naïve student into a students to feeling disappoint the masters of writing will have perfectly moulded writer. ed at their slow progress—or Their companionship is sometimes no progress at alllike a key that unlocks we must have nerves of steel. It efforts into this noble work. the closed doors of the is like keeping a flock of sheep There is no room for pessitogether. The sheep always disvast knowledge permits perse here and there. Howevstudents to dive into the er, the shepherd, having symbottomless sea of writing pathy for them, always brings them back and protects them with something tangible from any kind of harm. In the must hold the hands of growing students to persuade them

Reading W.B. Yeats and Ted for a Class 10 student. Reading stories like The Enemy and of John Keats requires strong In short, if we want students willpower and an optimistic

a visible effect on their overall psyche. We must put all our mism in this regard. Let us pledge that we, at

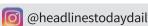
our individual levels, leave no stone unturned to persuade students to write in their own words. In other words, let us vow to be friends with students on this journey of innumerable barriers. Let us pat their backs will be able to see a visible difference in the lives of students in terms of writing effectively and eloquently.

The writer is a teacher syedwrites1001@gmail.com

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05-MARCH-2025







## **PUBLIC NOTICE**

nounces that my name has been changed to YOUNIS MOHAMMAD on my chlids school records who is studying in the Kashmir Valley School Humhama near airport road srinagar. This change is made to rectify an error & ensure accuracy.

> **GOVERNMENT OF JAMMU & KASHMIR** OFFICE OF THE TEHSILDAR KRRERI (Executive Magistrate 1st Class)

**PUBLIC NOTICE** 

The Registrar Births and Deaths (Block Development Officer Wagoora)/ hassubmitted case file pertaining to Birth MOHAMMAD USMAN NAZIR S/O SHOWKAT AHMAD NAJAR R/O KACHWA MUQAM Tehsil WAGOORA Distt. Baramulla having verified the date of Birth as 09/03/2022. and event has been shown to be occured at SDH KREERI for issuance of delay order .In this connection . if anyone have any objection to the issuance of delay order of Birth certificate shall present his/her claim this office within

07 days, after that no objection shall be entertaine **Executive Magistrate** 1st Class KRŘERI

**OFFICE OF THE TEHSILDAR KRRERI** 

**PUBLIC NOTICE** 

The Registrar Births and Deaths (Block Development Officer WAGOORA )/ chokedar has submitted case file pertaining to Birth of MOHAMMAD IBRAHIM SHEIKH S/O WASEEM AKRUM SHEIKH R/O PALHALLAN Tehsil PATTAN Distt. Baramulla having verified the date of Birth as 23/11/2022 and event has been shown to be occured at SDH KREERI for issuance of delay order . In this connection . if anyone have any objection to the issuance of delay order of Birth certificate shall present his/her claim this office within 07 days, after that no objection shall be entertaine

**Executive Magistrate** 

## **PUBLIC NOTICE**

I ASMAT MEHRAJ hereby public ally announces that my name has been changed to ASMATH MEH-RAJ on my chlids school records who is studying in the Kashmir Valley School Humhama near airport road srinagar. This change is made to rectify an error & ensure accuracy.

هر خاص عام کو اطلاع دی جاتی هے که مجے هو مسٹے بنام home stayFROSTy HILLS کی رجسَّٹیسًن محکمه ٹورازم پھلگام کے دفتر مین کرانی مطلوب ھے اگر کسی کو <u>کویی عزر هو تو وه سات یوم کے اندر اندر اسسٹنڈ ڈیرکٹر</u> ٹورازمپھلگامکے دفترمین پیسکرے بعاداز معادکویی عزر قبول نهين هوگا

المستهر جسمينه اخترزوجه عامر كل ملك ساكن بته كوث يهلكام

**GOVERNMENT OF JAMMU & KASHMIR OFFICE OF THE TEHSILDAR KREERI** 

**PUBLIC NOTICE** 

The Registrar Births and Deaths (Block Development Officer Wagoora)/ chokedar has submitted case file pertainingto Birth of MOHAMMAD NUMAN SHEIKH S/O FAYAZ AHMAD SHEIKH R/O VIZER Tehsil WAGOORA Distt. Baramulla having verified the date of Birth as 08/01/2021 and event has been shown to be occured at SDH KREERI for issuance of delay order . In this connection .

if anyone have any objection to the issuance of delay order of Birth certificate shall present his/her claim this office within 07 days, after that no objection shall be entertaine

> **Executive Magistrate** 1st Class KREERI

Govt. of Jammu and Kashmir

### Office of the Chief Medical Officer Bandipora

Email: cmobandipora2@gmail.com, P.No: 01957225551,225535

### **NOTIFICATION**

Subject: - Final Seniority List of Jr Physiotherapist employees of District cadre Health Department District Bandipora.

### Circular

Whereas, on the basis of information submitted by Drawing and Disbursing officers of this District, final seniority list of Jr Physiotherapist. categories "District Cadre" is framed and circulated among all concerned through their DDO's.

Whereas DDO's concerned have ensured that the service particulars furnished to this office in respect of each are true and correct as per their service records.

Whereas DDO's concerned have ensured none of the officials among the category have been left

Now, therefore final seniority list of Jr Physiotherapist employee category of "DISTRICT CADRE" Health Department District Bandipora is hereby circulated amongst the concerned through their respective drawing and Disbursing officers and issued its publication on two of the leading daily English/Urdu News papers for wide publicity& information all concerned,

**DIPK-12620/24** Dated: - 03 /03/2025

**Chief Medical officer** Bandipora

### UnionTerritoryJammu&Kashmir OFFICEOFTHEEXECUIVEENGINEERR&BDIVISIONSOPORE. NOTICE INVITINGTENDER

Fresh NITNo- 113 ofRnB-Soporeof2024-2025e-tendering DATED 03.03.2025( 2nd call)For and on behalf of the Lt. Governor, J&K, etenders (in Single Cover System) are invited on Percentage ratebasisfromapprovedandeligiblecontractors registeredwithJ&KStateGovt.CPWD,RailwaysandotherState/CentralGovernmentsforthefollowing works:

| S.No. | NameofWork  | Adv.<br>Cost<br>(Rs. InLacs) | CostofT/DO<br>C<br>(InRupees) | E/Money | Time for<br>completion<br>of work |                | ractor | M.HofAccount     |
|-------|---|------------------------------|-------------------------------|---------|-----------------------------------|----------------|--------|------------------|
| 1     | 2   | 3                            | 4                             |         | 5                                 | 6              | 7      | 8                |
| 01    | Construction of Surface Drain from Shop of Irshad Ahmad (Chicken Shop) upto Masjid Shareef and Installaton of Cement Concrete Pipes at House of Ab Rashid Malik and Repairment of Drain from House Gh Hassan Beigh upto House of Fayaz Ahmad at khawaja Gilgit Sopore Ward No:07 MC Sopore (Under Own Resources of MC Sopore) | 1.69                         | 200/-                         | 3380/-  | 20 days                           | 13.03.<br>2025 |        | Own<br>Resources |
| 02    | Development of Lane from H/O Mushtaq<br>Ahmad to H/O Gh Qadir Gojri via H/oFida<br>Hussain Kanjwal at Alnoor Colony Ward<br>No 01 of MC Sopore (Under Own<br>resources of MC Sopore).   | 1.126                        | 200/-                         | 2252/-  | 20 days                           | 13.03.<br>2025 |        | Own<br>Resources |
| 03    | Providing and laying RCC Spun pipes at<br>Gulabad C Ward No:21 (under own<br>resources of MC Sopore)  | 0.996                        | 200/-                         | 1992/-  | 15 days                           | 13.03.<br>2025 |        | Own<br>Resources |
| 04    | Raising /Repairment of Mainhole near<br>Noor Abad Iqbal Nagar Sopore and<br>opening of Main Hole cover thereof<br>(under Own Resources MC Spore)  | 0.36                         | 200/-                         | 720/-   | 15 days                           | 13.03.<br>2025 |        | Own<br>Resources |

Project Authority:MC Sopore

Positionoffunds: Available Position of AAA/TS / Accorded

tsconsistingofqualifyinginformation,eligibilitycriteria,specifications,Drawings,billof quantities (B.O.Q), Set of terms ntract and other detail's can he

| 1 | and conditions of contract and other details can be   |   |   |                  |  |  |
|---|---|---|---|------------------|--|--|
| ı | seen/downloadedfromthedepartmentalwebsitewww.jktenders.gov.inasperscheduleofdatesgivenbelow |   |   |                  |  |  |
| ı | 1   | Date of issue of tender Notice              | 03 .03.2025   |                  |  |  |
| ı | 2   | Period of downloading of bidding documents  | 03 .03.2025   | 12.03.2025( upto |  |  |
| ı |   |   |   | 4.PM)            |  |  |
| ı | 3   | Bid Submission start date                   | 03.03.2025  |                  |  |  |
| ı | 4   | Bid submission End date                     | 12.03.2025 (4.00 PM)                                |                  |  |  |
| ı | 5   | Date and time of opening of bides ( online) | 13.03.2025(12 PM) in the office of Ex. Engineer R&B |                  |  |  |
| ı |   |   | Division. Sopore                                    |                  |  |  |

Bids must be accompanied by a Treasury Challan/ CDR (dated between the bid start date and the Bid Submission End date) with NIT No. Name of work and S.No. deposited in M.H. 0059 in the name of Executive Engineer R&B Division Sopore (tender inviting

authority) as the cost of the tender document. At the time of tendering, all bidders must upload earnest money/bid security equal to 2% of the Advertised Cost in the form of CDR/FDR pledged to the tender receiving authority, i.e. Executive Engineer R&B Division Sopore . Besides that, the successful bidder will have to provide Performance Security @ 5% at the time of contract award, strictly in accordance with the Gove rnment's circular instructions from time to time. The earnest money/bid security of 2% will be released to the successful bidder only after the submission of a Performance Security of 5% of the total cost, which will be released after successful completion of the

DLP/Maintenance Period Geotech Photographs Minimum 03 sets (01 set Comprising of Photograph before, during and after execution of work) of size 26 cm x21 cm to be provided.

nsshallremainsameaspere-NITNo.02of2024-25issuedunderendorsementNo:1189-98dated08.06.2024& NIT 106 of 2024-25.  ${\bf 21,} \quad If the contractor/HMPO quotes rate for any item of work in his tender as free of cost at the time of tendering process, his tender of the contractor of the contra$ 

shallberejectedoutrightly. ForandonbehalfoftheLt.GovernorofJ&KUT,

DIPK-12588/24 Dated: 03 .03.2025.

Executive Engineer,

OFFICE OF THE TEHSILDAR KRRERI (Executive Magistrate 1st Class)

#### Subject: Issuance of Registration Orders in respect of delayed Birth/ Death certificate. **PUBLIC NOTICE**

The Registrar Births and Deaths (Block Development Officer Wagoora)/ chokedar hassubmitted case file pertaining to Birth TASADUQ MUNTIZER MIR S/O MUNTIZER NABI R/O SHIRPORA BANGIL Tehsil PATTAN Distt. Baramulla having verified the date of Birth as 09/12/2022 and event has been shown to be occured at SDH kreeri for issuance of delay order .In this connection .

if anyone have any objection to the issuance of delay order of Birth certificate shall present his/her claim this office within 07 days, after that no objection shall be entertaine

Executive Magistrate 1st Class KRRERI

**GOVERNMENT OF JAMMU & KASHMIF OFFICE OF THE TEHSILDAR KRRERI** 

#### **PUBLIC NOTICE**

The Registrar Births and Deaths (Block Development Officer Wagoora)/ chokedar hassubmitted case file pertaining to Birth TUFAIL NAZIR MIR & TAUFEEQ NAZIR MIR S/O NAZIR AHMAD MIR R/O SALOOSA Tehsil KREERI Distt. Baramulla having verified the date of Birth as 12/05/2018. & 12/05/2018 and event has been shown to be occured at HOME for issuance of delay order .In this connection . if anyone have any objection to the issuance of delay order of Birth certificate shall present his/her claim this office within 07 days, after that no objection shall be entertaine

Executive Magistrate 1st Class KRRERI

GOVERNMENT OF JAMMU & KASHM **OFFICE OF THE TEHSILDAR KRRERI** 

#### **PUBLIC NOTICE**

The Registrar Births and Deaths (Block Development Officer Wagoora)/ chokedar hassubmitted case file pertaining o Birth TASADUQ MUNTIZER MIR S/O MUNTIZER NABI R/O SHIRPORA BANGIL Tehsil PATTAN Distt. Baramulla having verified the date of Birth as 09/12/2022 and event has been shown to be occured at SDH kreeri for issuance of delay order .In this connection .

if anyone have any objection to the issuance of delay order of Birth certificate shall present his/her claim this office within 07 days, after that no objection shall be entertaine

Executive Magistrate 1st Class KRRERI

GOVERNMENT OF UNION TERRITORY OF JAMMU OFFICE OF THE TEHSILDAR SALLAR LEGAL HEIR CERTIFICATE

| S.No | Name               | Age | Relationship with the Deceased | Marital Status |
|------|--------------------|-----|--------------------------------|----------------|
| 1    | HAMEEDA BANDO      | 47  | Wife                           | widow          |
| 2    | SHEEBA HYDER       | 23  | daughter                       | UNMARRIED      |
| 3    | SYED SAFI HYDER    | 15  | son                            | UNMARRIED      |
| 4    | SYED SIRTAIN HYDER | 7   | son                            | UNMARRIED      |

## **PUBLIC NOTICE**

### Name Correction on Driving licence.

Name on my driving licence has been wrongly re-corded as RIYAZ AHMAD RIYANA, bearing DL No-JK-01-1997 0052907. Now I intend to Correct my name in the said DL which is RIYAZ AHMAD RAINAYE S/O ALI MOHD RAINAYE.

Anybody having any objection in this regard may file his/her objection with RTO office SRINAGAR within Seven days of the publication of this notice. After the said time period no objection will be entertained by any means.

> Name...RIYAZ AHMAD RAINAYE S/O ALI MOHD RAINAYE **R/O 38, BAL GARDEN SRINAGAR**

### PUBLIC NOTICE

I have lost my Route Permit Of My vechile Tata Youdha Bearining Registration No JK01AR- 9590 some where at Batwara ... Now i am applying for its duplicate if anybody having any objection inln this regard he may contact RTO Srinagar within seven days from the publication of this notice after that no objection will be entertained.

> Name...Anil Kumar Gupta R/O Sadar Bazar B B Cant Batwara Ph No:-9419000136

## PUBLIC NOTICE

I have changed my name from (Khan Masrat Nabi) to (Masrat Nabi).In future I will be known as (Masrat Nabi) D/O Gh.Nabi Khan R/O Haihama Bonagam, District Kupwara.

If any body is having any objection he/she may contact Passport Office, Srinagar with in 7 days. After 7 days no objection will be accepted. (Masrat Nabi)

D/O Gh.Nabi Khan R/O Haihama Bonagam, District Kupwara.

### PUBLIC NOTICE

My daughter's parentage &( DOB ) has been wrongly written as AFREENA RASHEED & DOB 15/09/2014 while her correct parentage is AFREENA RASHID D/ O ABDUL RASHID TELI & her correct DOB is 30/10/2012 which needs to be corrected if anybody having any objection in this regard he/she máy file his/her objectión in the office BĎO WAGOORA/TEHSIL OFFICE WAGOORA within seven days from the publication of this notice after that no objection will be entertained

Name....ABDUL RASHID TELI **F/O AFREENA RASHID R/O BANDIPAYEEN** 

### **UNION TERRITORY OF JAMMU & KASHMIR**

### Office of the Executive Engineer PMGSY (JKRRDA) Division

SHORT TERM NOTICE INVITING E-TENDERS 1ST E-NIT No:- EE/PMGSY/GBL/17 of 2024

EE/PMGSY/GBL/17 of 2024-25 Dated 01/03/2025

Fresh Expression of Interest is invited for Fresh Expression of Interest is invited for Engagement of Consultant for Preparation of DPR's for Roads and Bridges including Road Survey, including Road Survey, Traffic Survey Counter, Detailed Soil Investigations and Survey are supported by the Soil Investigation and Soil IStudy, Structural Design, Estimation, Preparation of Structural Design, Estimation, Preparation of Detailed Project Report & Getting it vetted from State Technical Agency (STA) for new roads proposed under PMGSY-IV in PMGSY Division in PMGSY Division and PMGSY Division in PMGSYGanderbal of Kashmir Province (UT of J&K) The Bidding Documents comprising of qualifying information, eligibility criteria and terms of reference of EOI and other details can be downloaded from https://www.pmgsytendersjk.gov.in/ www.pmgsytendersjk. gov.in/as per schedule of dates given below.(NIT floated as per verbal directions by CE PMGSY Kashmir). DIPK-12533/24.

| S.No. | Name of Work  | Cost of documents (Rs.) | Earnest<br>Money (Rs.) | Time<br>Allowed for<br>completion | 2 Call of tender | Time and date of opening of tenders | Eligibility Criteria   |
|-------|---|-------------------------|------------------------|-----------------------------------|------------------|-------------------------------------|--|
| 1     | Preparation of DPRs for Roads and Bridges including Road survey, Traffic survey with automatic traffic counter, soil investigation, Study, Structural Design, Estimation and vetting of DPRs from State Technical Agency (STA) for PMGSY IV Schemes PMGSY Division Ganderbal, as per BOQ Unloaded | 1000                    | 75,000                 | 15<br>Days                        | 1 <sup>st</sup>  | 10-03-2025 at 11:00 AM              | (Regd. Consultancy Firm)  Consultant having experience of preparation of Minimum 05 DPRs in the last 5 Years |

1. The important dates and time are as under: -

| 1. | Date of issue of tender notice                    | 01-03-2025   |
|----|---|--|
| 2. | Period of downloading of bidding documents        | 01-03-2025 (06:00 PM) to<br>08-03-2025 (06:55 PM)  |
| 3. | Date time and place of pre bid meeting            | 04-03-2025 (11:00 AM) in the office of<br>the Executive Engineer, PMGSY<br>Division, Ganderbal |
| 4. | Bid submission start date                         | 01-03-2025 (06:00 PM)  |
| 5. | Bid submission end date                           | 08-03-2025 (06.55 PM)  |
| 6. | Date & time of opening of Technical Bids (Online) | 10-03-2025 (11:00 AM)  |
| 7. | Date & time of opening of Financial Bids (Online) | To be notified after Technical Bid evaluation is completed                                     |

2. Cost of Bid Form: Bids must be accompanied by e Bids must be accompanied by e-challan/Treasury challan/Treasury Challan/receipt mention above/ above/- (Non-refundable) deposited PWD(Revenue) mentioning therein the name of work/ e in M.H. 0059- mentioning therein the name of work/e-NIT No. pledged to No. pledged to Executive Ganderbal (Tender Inviting Authority) as the cost Engineer PMGSY Division Ganderbal document. Any deviation in the cost of the tender

the specified amount, the bid shall be rejected shall be rejected out rightly. 3. Earnest Money Deposit/ Bid Bid Security: At the time of Allotment L1

L1 must provide Hard Copy of Earnest Money/Bid Security in the shape of Hard Copy of Earnest Money/Bid Security in the shape of CDR/FDR/BG valid upto 30/05/2025 pledged to the tender receiving authority, i.e. Executive Engineer 30/05/2025 pledged to the tender receiving authority, Division Ganderbal, Any deviation Engineer PMGSY deviation in the specified amount the bid shall amount the bid shall be rejected out rightly. The Earnest money will be released to the successful bidder bidder only after formulation of DPR's and vetted vetted from State Technical Agency NIT Srinagar.

DIPK-12582/24

Date: March4, 2025

Sd/ **Executive Engineer PMGSY Division GANDERBAL** 

## DC B'pora reviews role of SBDU, BHDs under Misson Yuva

## **Emphasises coordination & proper hand holding of youth identified under Mission Yuva**

#### **HT News Network**

VEAR OF PUBLICATION HEADLINES

BANDIPORA, MARCH 04: The Deputy Commissioner (DC) Bandipora, Manzoor Ahmad Qadri on Tuesday chaired a meeting to review the role and responsibilities of Small Business Development Unit (SBDU) and Business Help Desks (BHDs) con $stituted\,under\,Misson\,Yuva\,at\,District$ and Sub Divisional levels.

It was given out that for implementing the mission, a Small Business Development Unit (SBDU) has been created at District Level, while Business Help Desks (BHDs) have been created at Sub Divisional Level and Yuva Doots at Panchayat Level.

The meeting was informed that the mission is focused on four (04) sectors including creation of nano entrepreneurs and collectives, creation of entrepreneurs in the focus and sunrise sector, business acceleration of existing enterprises, and creation of neo-innovative enter-

Highlighting the roles and responsibilities of SBDU and BHDs, the DC emphasized the on ground implementation of the interventions under the mission yuva in the district.

He stressed on engaging and encouraging potential entrepreneurs identified through yuva survey to establish their enterprises.

He asked the members of SBDU,



BHDs and Yuva Doots to ensure coordination and proper hand holding of entrepreneurs under Mission Yuva. Among others, the meeting was

attended by ADC Zaffar Husson Shawl; GM DIC, CPO, AD Employment, District Officers of various Departments, Representatives from NRLM,

Banks and other concerned. The Deputy Commissioner (DC) Bandipora, Manzoor Ahmad Qadri on Tuesday chaired a meeting to review the role and responsibilities of Small Business Development Unit (SBDU) and Business Help Desks (BHDs) constituted under Misson Yuva at District and Sub Divisional levels.

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## **Public outreach programme: DC Kulgam** visits Behibagh, addresses public grievances

### **HT News Network**

KULGAM, MARCH 04: Continuing the efforts to bring governance to the doorsteps of the people, Deputy Commissioner (DC) Kulgam, Athar Aamir Khan, today visited Behibagh, where he interacted with locals and listened to their grievances for early redressal.

The programme witnessed massive participation from residents of Hanjin, Behibagh, Dadarkoot, Nowpora, Mohammadpora, Shiganpora, and other adjoining villages.

Delegations from these areas put forth various demands before the chair. Several issues of immediate nature were redressed on the spot, while others were noted for further action as per feasibility and norms.



Addressing the gathering, DC reaffirmed the administration's commitment to the holistic development of all areas. He added that the primary objective of the outreach programme is to take governance at the doorsteps of the people.

The grievance redressal camp was attended by ACR, ACD, ACP, Executive Engineers, Tehsildar, BDO, and

other district officers. Enroute, the DC also reviewed the progress on the Chawalgam Bridge and instructed the Engineers of executing agencies to scale up the pace of work to complete the bridge within days. Continuing the efforts to bring governance to the doorsteps of the people, Deputy Com-

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## Campaign to clear legacy waste kicked-off in Budgam

### Special cleanliness drive also initiated in block Budgam

#### **HT News Network**

BUDGAM, MARCH 04: The District Administration Budgam in collaboration with Rural Development department Budgam initiated a special campaign to clear the legacy waste across the district and also launched a special cleanliness drive from block Budgam. The drive was flagged off by Additional Deputy Commissioner (ADC) Budgam, Mehraj-ud-din Shah from panchayat halqa Razwen.

Speaking to the gathering, ADC said that district administration Budgam is carrying out the drive with a missionary zeal to make the district neat and clean.

He discussed modalities for implementation of 'Swachhta Hi Seva' campaign in the district to mobilize communities to make the district clean, junk free, with 100% toilets to each and every household.

He said, compost and soakage pits,



segregation sheds, separate dustbins, no polythene zone is the aim of administration so that there is healthy society. He urged the public to make use of these facilities provided by the government so that there is clean and green Budgam.

Shah highlighted the aim of the campaign and said that it is meant to sensitise the public and bring behavioural change in them with regard to the sanitation and cleanliness. He also said that such events will be organized at other places across the district also.

Others who were present during the programme were ACP Budgam, BDO, Panchayat Secretary concerned, locals of the area, besides other district, tehsil and block level officials.

### 'Viksit Bharat Youth Parliament-2025' to be held in March at SHMM-GDC (B) Anantnag

### ■ HT News Network

ANANTNAG, MARCH 04: With an aim to provide a vibrant platform for young minds to engage in thoughtprovoking discussions on crucial national issues, fostering leadership and policy awareness among the youth, 'Viksit Bharat Youth Parliament 2025' is going to be held at Shaheed Himayun Muzzamil Memorial-Government Degree College Anantnag.

The 'Viksit Bharat Youth Parliament 2025' is being organized in March 2025, under the joint initiative of Shaheed Himayun Muzzamil Memorial-Government Degree College Anantnag and the Ministry of Youth Affairs and Sports, Government of India.

Young individuals aged 18 to 25 years as on 24-02-2025, residing within Anantnag, Kulgam, Pulwama, Shopian Districts and registered in GDC (B) Anantnag, GDC (W) Anantnag, GDC Kulgam, GDC Dooru, GDC Shopian, GDC Pulwama, GDC Bijbehara, GDC Uttersoo, GDC Kokernag, GDC Mattan, GDC (W) Pulwama, GDC DH Pora, GDC Vailoo Larnoo, GDC Kilam, GDC Frisal, GDC Zainapora, GDC Verinag, GDC Qazigund, GDC Tral, GDC Awantipora,  $GDC\,Pampore\,and\,GDC\,Rajpora\,are\,invited\,to\,participate$ in this prestigious program. Non-student young residents of these districts can also apply for the event.

### DLIC approves 317 cases under **HADP** in Bandipora

### **■** HT News Network

BANDIPORA, MARCH 04: The Deputy Commissioner (DC) Bandipora, Manzoor Ahmad Qadri on Tuesday chaired a meeting of District Level Implementation Committee (DLIC) to review the progress of the Holistic Agriculture Development Programme (HADP) in the district.

The committee approved a total of 317 cases of different departments under HADP including 104 cases of Sheep Husbandry Department, 90 from Agriculture Department, 78 from Horticulture and 45 from Animal Husbandry Department.

During the meeting, the DC emphasised evaluating progress, addressing challenges, and outlining a strategy for the accelerated implementation of the programme to benefit the eligible farmers.

He emphasized that effective collaboration among concerned departments is essential for proper planning, execution, and monitoring of HADP activities.

On the occasion, Qadri underlined the role of these initiatives in creating employment opportunities for youth. He urged all concerned departments to extend full support to individuals seeking employment in agriculture and related fields.

## **DC Kulgam chairs Monthly NCORD meeting**

### **■** Farooq Rather

KULGAM, MARCH 04: A meeting of the District Level Committee under the Narco Coordination Centre (NCORD) was convened today at Kulgam to discuss and strategize measures to curb drug abuse and narcotic trade in the district.

The Deputy Commissioner (DC) Kulgam, Athar Aamir Khan, chaired the meeting and reviewed the implementation of directives and decisions taken in previous sessions.

A detailed discussion was held on issues related to drug addiction, emerging areas of concern, hotspots of drug use, and the ongoing efforts by various departments to tackle the menace of drugs.

The meeting also assessed the enforcement agencies' actions against drug abuse and narcotic trafficking in the district.It was informed that dur-



ing the current month 08 drug peddlers were arrested and 07 FIRs were registered.

The Assistant Drug Controller conducted 101 inspections, leading to the suspension of 03 licenses. Additionally it was informed that the district has successfully achieved 100% target in the installation of CCTV cameras, and the DC directed officials to ensure the completion of 100% target in CBS as well.The DC instructed officers to ensure zero cultivation of illicit crops across the

district. He also instructed for intensifying awareness as per the formulated activity calen-

He also urged all stakeholders for their active participation in eradicating the drug menace.

Urging collective efforts, DC called upon all stakeholders to work religiously towards making Kulgam drug-free and 'Khushal Kulgam.'

The meeting was attended by ACR, SDM, ACP, CMO, A-S, Tehsildars, and other NCORD Committee members.

### **Electrification of unelectrified** areas of Gurez: DC Bandipora chairs meeting on Kanzalwan-**Tulail Transmission Line**

### ■ HT News Network

BANDIPORA, MARCH 04: In order to discuss the progress and plans for Kanzalwan-Tulail transmission line and other related issues for electrification and grid connectivity of unelectrified areas of Gurez, the Deputy Commissioner (DC) Bandipora, Manzoor Ahmad Qadri on Tuesday chaired a meeting of concerned officers.

The meeting was informed that for electrification of Tulail area of Gurez Sub Division and extending Grid connectivity to Tulail, Civil Work of Kanzalwan receiving station has been successfully completed.It was given out that the under construction receiving station at Sheikpora Tulail will benefit around 22 villages and will cover around 2600 households in Tulail area. Speaking on the occasion, the DC stressed the importance of enhanced coordination among various stakeholders to ensure the smooth implementation of the project and resolve any arising issues on priority. He asked the concerned to ensure resolving any logistical or technical challenges swiftly to prevent any disruptions in the progress of the electrification work. The meeting was attended by SE KPDCL, SE Projects North, CPO, Executive Engineers of PDD, Officers from Beacon and other concerned. The meeting was attended by SE KPDCL, SE Projects North, CPO, Executive Engineers of PDD, Officers from Beacon and other concerned.

## **District Administration Pulwama intensifies Market Checking Drives** Sub-Standard items destroyed, fines imposed & market regulations enforced

### **HT News Network**

PULWAMA, MARCH 04: To curb the practice of exorbitant profiteering and over pricing in wake of the holy month of Ramadan, the District Administration Pulwama has intensified market checking drives across the district.

The drive was conducted on the directions of the Deputy Commissioner Pulwama, Dr Basharat Qayoom, to ensure all essential commodities are sold at Government approved rates as per the quality standards with sufficient availability of consumables. The inspections aimed to verify price lists, assess hygiene standards, check the quality of goods and prevent black marketing.

The checking squads headed by Tehsildar concerned and Officers from MC, FCS&CA and Legal Metrology Depart-



ments conducted intensive market checking in various tehsils of the district and

inspected various markets within their jurisdiction.

During the inspection, the teams inspected business units including bakery, confectionery, grocery, vegetable, fruits, milk, meat and chicken selling shops. The teams also inspected several food processing units to check hygienic conditions while the date of manufacture, use-by date etc was also checked.

The perishable items found unfit for consumption were disposed-off on the spot and unauthorized polythene bags were seized. Furthermore, a total fine of Rs. 4000 was recovered from erring shopkeepers for violating different provisions of Food Safety and Standards Act.

The authorities urged all vendors to adhere strictly to the prescribed guidelines to ensure hygiene, cleanliness and public health safety and warned them of strict action against any malpractice.



## **DLC approves diversion of Forest** Land for six road projects in Rajouri

### HT News Network

FURLICATION ETHEADLINES

**CODA**Voice To The V

RAJOURI, MARCH 04 Deputy Commissioner Rajouri, Abhishek Sharma today chaired a meeting of District Level Committee (DLC) regarding the diversion of forest land under Section 3(2) of the Forest Rights Act for the construction of road and bridge projects.

The committee deliberated on the diversion of forest land for the construction of six road projects across different blocks under the Rural Development Department (RDD) and the Public Works Department (PWD R&B).

The approved projects included Soom to Kothian Road (Block Kalakote), Bareti to Ambligurah Road



(Block Kalakote), Main Road to Kalyoon Abdul Mohalla Road (Block Mougla), Nilla Danda to Langar Road (Block Mougla), Argi Bridge to Patti Galla via Sagote

Road (Block Mougla) and Tuni Ke Bani to Jandi Matar Road (Block Rajouri)

After detailed discussions, all six cases were approved by the DLC, marking a significant step towards improving rural connectivity in the district.

The Deputy Commissioner emphasized the importance of these road projects in facilitating better transportation and boosting economic activities in remote areas.

The meeting was attend-

ed by ADC Kalakote, Mohd Tanveer; DFO Rajouri; DFO Nowshera, Shewata Deona; CPO, Maqsood Ahmed; ACD, Vijay Kumar; DSWO, Abdul Raheem; EXEN PWD (R&B)Kalakote, Aftab Khan; EXENREW, Zahir Khan, and other concerned members of the DLC.Additionally, DDC Member Rajouri, Sai Abdul Rashid; DDC Member Thanamandi, Abdul Qayoom Mir and DDC Member Kalakote, Anita Thakur, were also present.

## **Digital Studios in Aspirational Block Mankote**

**HT-JAMMU** 

#### ■ HT News Network

POONCH, MARCH 04: In a landmark initiative aimed at integrating technology into education, Deputy Commissioner Vikas Kundal inaugurated two Virtual Kiosk/Mini Digital Studios at Middle School Dharati and Middle School Nar Balnoi in the Aspirational Block of Mankote through virtual mode from the DC Office Poonch.

During the inauguration, the Deputy Commissioner interacted with school childrenthrough virtual mode, emphasizing the significance of the Virtual Kiosk/ Mini Digital Studios in transforming the teachinglearning process. This initiative is designed to address the shortage of



DC Poonch inaugurates Virtual Kiosk/Mini

teaching staff and leverage digital technology to enhance educational deliv-

The Virtual Kiosks are equipped to operate in both offline and online modes, effectively mitigating internet connectivity challenges in remote areas. This technological intervention promises to provide uninterrupted learning opportunities for students, bridging the educational gap in

the region.

The initiative has been made possible through collaboration with Jnana Prabodhini, Pune, Maharashtra, which generously donated the two kiosks. Two engineers from Jnana Prabodhini, who volunteered for this project, were present during the inaugu-

The Deputy Commissioner expressed gratitude to Jnana Prabodhini for

their invaluable contribution to digital education and underscored the importance of such initiatives in revolutionizing the education sector. During the inauguration, the Deputy Commissioner interacted with school children through virtual mode, emphasizing the significance of the Virtual Kiosk/ Mini Digital Studios in transforming the teachinglearning process. This initiative is designed to address the shortage of teaching staff and leverage digital technology to enhance educational deliv-

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## MSME DFO Jammu organizes awareness program on LEAN

### **■** HT News Network

JAMMU, MARCH 04: An wareness program on LEAN competitive scheme of Union Ministry of MSME was conducted by MSME-Development&Facilitation Office in collaboration with Association of Small Scale Industries Gangyal for encouraging the MSMEs of the region manufacturing products of world class qualities with minimum wastages in manufacturing process like improvement in storage of raw material, arrangement of tools, placing of machineries according to scientific layout, material handling, optimizing the workforce, storage of Finished goods, conducting Motion study

MSME-Development &



Facilitation Office is a field office of Union Ministry of MSME implements various schemes and activities for  $the \, benefit \, of \, MSME \, Sector \,$ 

in Jammu & Kashmir. The activities including Entrepreneurship Awareness Program, Intellectual Property Rights Awareness Program, PM-Vishwakarma Seminar, PM-Vishwakarma Awareness Workshop, Entrepreneurship & Skill Development Program, Management Development Program, Reimbursement of Barcode Expenditure, Reimbursement of Stall Charges, To and From Charges, Advertising Expenditure for participating in 250 exhibition or trade fairs approved by Union Ministry of MSME

Union Ministry of MSME provides subsidy from 12 lakh to 32 lakh for any LEAN Cluster.The lists of approved exhibitions are available in https://my. msme.gov.in/MyMsme/ Reg/COM\_ViewEvent

Address on LEAN was given by Vinod Pandita from Quality Council of India for achieving the said objectives whereas a lecture on Schemes imple-

## DC Kishtwar reviews disaster management preparedness in District

### **HT News Network**

KISHTWAR, MARCH 04: Deputy Commissioner (DC) Kishtwar, Rajesh Kumar Shavan today reviewed the disaster management preparedness in the district.

The meeting focused on assessing the latest status of damages to essential infrastructure, including water and power supply, road connectivity and other local facilities, in the wake of the recent snowfall and immediate mitigation measures thereof.

During the meeting, the DC took stock of the water supply situation across Kishtwar town and its adjoining areas, as well as in various remote parts of the district. He  $directed\,the\,Jal\,Shakti\,Department$ to ensure the swift restoration of water supply in all affected areas. Emphasizing the need for prompt



action, he instructed officials to deploy necessary resources and manpower to address any disruptions in the township and its adjoin-

Similarly, the power supply in several areas, particularly in Dachhan and Paddar, has been interrupted due to the snowfall and associated damages. The Deputy Commissioner issued directions to the Power Development Department (PDD) to take immediate steps for restoring electricity in these regions. The concerned departments were asked to mobilize field functionaries and logistical support to ensure the earliest possible restoration of essential services

To reinforce the restoration efforts, the Public Health Engineering Department (PHED) and PDD were specifically instructed to exercise all necessary reinforcement measures and expedite repair

work. The departments were urged to maintain close coordination and ensure that no area remains without essential services for an extend-

A major concern raised during the meeting was the disruption of road connectivity along the Kishtwar-Paddar highway point ahead of the Pathernaki Bridge due to a landslide. The blockage has severely impacted the supply chain for the subdivision. Taking serious note of this, the DC directed the General Reserve Engineer Force (GREF) and the local administration to work in tandem for the immediate restoration of road connectivity. He further instructed the concerned authorities to work round the clock, deploying adequate manpower and machinery, to ensure the reopening of the road by tomorrow.

## Little Einstein School Udhampur celebrates National Science Day

### **HT News Network**

UDHAMPUR, MARCH 04: Little Einstein School, Udhampur celebrated National Science Day with great enthusiasm by organizing a Science Exhibition on its premises.

Deputy Commissioner Udhampur, Saloni Rai was the chief guest who formally inaugurated the event while District Information Officer, Rajinder Digra was the guest of honour on the occasion.

The event witnessed the participation of Ankush Gupta, Managing Director Little Einstein School and Pooja Mahajan, Principal of the school, along with faculty members, students and parents. The celebration commenced with a warm

lamp and an auspicious Ganesh Vandana performance by the students. While addressing the gathering, the Deputy



Commissioner lauded the efforts of the school management for organizing such an innovative

event. She highlighted the importance of fostering scientific temperament and rational thinking among students, emphasizing that innovation and research play a vital role in shaping a progressive society. She also commended the students for their creativity and analytical skills, encouraging them to pursue science with curiosity and passion.

The DC along with the DIO, visited the exhibition stalls, interacting with students and appreciating their innovative projects. The students showcased a wide range of static and working models, effectively demonstrating scientific concepts for learning and teaching purposes. On the occasion, the students also presented theme-based cultural performances, adding vibrancy to the celebration.

Managing Director Ankush Gupta thanked all the guests and participants for their contributions to the event. Principal of the school extended her appreciation to the students and faculty for their dedication in making the event a grand success.

## **DDC Poonch reviews progress of** health infrastructure projects

### **HT News Network**

POONCH, MARCH 04: District Development Commissioner Poonch, Vikas Kundal, today convened a meeting to evaluate the ongoing healthcare projects within the framework of the District and Union Ter $ritory \, Capital \, Expenditure \, (Capex) \, budget$ for the fiscal year 2024-25.

Key discussions focused on the progress of new hospital buildings, equipment upgrades, and various health initiatives supported by the Capex program. The DDC emphasized the importance of quality in all ongoing projects, instructing concerned officers to ensure standards

In a bid to accelerate progress, the DDC urged all executing agencies to intensify efforts over the next two weeks, enhance

workforce deployment, and fulfill pending targets within the specified timeframe. He highlighted that timely completion of these healthcare infrastructure projects is essential for improving healthcare delivery in the district, as well as the prudent utilization of allocated funds.

The meeting was attended by key stakeholders, including the CPO Poonch, CMO, Medical Superintendent of District Hospital Poonch, Executive Engineer PWD (R&B) Poonch/Surankote/Mendhar and Block Medical Officers. Key discussions focused on the progress of new hospital buildings, equipment upgrades, and various health initiatives supported by the Capex program. The DDC emphasized the importance of quality in all ongoing projects, instructing concerned officers to ensure standards are met.

## GoC 16 Corps Nagrota takes up issues of Ex-Servicemen with Chief Secretary

### **HT News Network**

JAMMU, MARCH 4: Chief Secretary, Atal Dulloo, today listened to the issues and concerns of Ex-Servicemen highlighted by Lieutenant General, Navin Sachdeva, AVSM, SM, GOC 16 Corps based in Nagrota, in his office at Civil Secretariat,

Principal Secretary, Home Department, Chandraker Bharti; Brigadier Kapil Taneja, VSM, Brig A 16 Corps; Brigadier Gurmeet Singh Shan, Director Rajya Sainik Board and Colonel Tejas B Candade, SM, Colonel GS HR 16 Corps were also present on the occasion.

Some of the core demands raised with the Chief Secretary included compilation and complete digitization of the data-

base of all the Ex-Servicemen of J&K for proper management of the cadre besides preservation and easy maintenance of records for the posterity. They also asked for allowing

them to apply for government jobs under 'Ex-Servicemen' quota in the last year of their services as the recruitment process takes some months in its completion thereby giving them opportunity to join at the end of their service period. One more demand was utilization of their services as NCC Trainers as these Ex-Servicemen are more suitable to play the role and give better training to the

Some other demands included more welfare measures in terms of livelihood opportunities in favour of Veer Naris besides filling up of the posts

of Zilla Sainik Welfare Officers cadets enrolled here.

in each district so that these servicemen do not have to travel to cities for disposal of their service related affairs.

The Chief Secretary, while ing the honour and sovereign-

responding to the issues and demands raised by them, outlined his commitment towards this section of the society who had spent their lives for preservgovernment schemes and also

ty of the nation. He assured them that the government will explore the options for giving them due opportunities of self employment under different resolve their issues faced in availing different government job opportunities.

In order to bring added efficiency in grievance resolution, the Chief Secretary advised them to utilize the 'JK Samadhan' portal for registration of their grievances. He maintained that this platform gives seamless access to the administration and ensures timely resolution of grievances with quality outcomes up to the optimum satisfaction of the aggrieved per-

sons. Dulloo also advised the Home Department to give sympathetic consideration to all these demands and take steps for early resolution of all of these. He maintained that the nation is indebted to these people for their yeoman's services given during their service period.

timely review of resolution of these issues besides assuring them that the administration is alive to the welfare concerns of these people. He made out that the government would take every possible step to ensure a pleasant post-retirement life in favour of all the ex-Servicemen of the UT of J&K. They also asked for allowing them to apply for government jobs under 'Ex-Servicemen' quota in the last year of their services as the recruitment process takes some months in its completion thereby giving them opportunity to join at the end of their service period. One more demand was utilization of their services as NCC Trainers as these Ex-Servicemen are more suitable to play the role and give better training to the cadets.

He directed for taking a





## EU ponders 800 billion euro plan to beef up defences to counter possible US disengagement

#### HT News Network

BRUSSELS, Mar 4: The chief of the European Union's executive on Tuesday proposed an 800 billion euro (USD 841 billion) plan to beef up defences of EU nations to lessen the impact of potential US disengagement and provide Ukraine with military muscle to negotiate with Russia following the freeze of US aid to the embat-

**European Commission President** Ursula von der Leyen said the massive "REARM Europe" package will be put to the 27 EU leaders who will meet in Brussels on Thursday in an emergency meeting following a week of increasing political uncertainty from Washington, where President Donald Trump questioned both his alliance to the continent and the defence of Ukraine.

"I do not need to describe the grave nature of the threats that we face," von der Leyen said.

Key to the quandary of EU nations has



been an unwillingness to spend much on defense over the past decades as they hid under the US nuclear umbrella and a sluggish economy, which creates challenges

for a quick ramp-up of such spending. Von der Leyen said the first task is to loosen the fiscal constraints the EU puts on budgetary spending to "allow member states to significantly increase their defense expenditures without triggering" punishing rules aimed at keeping deficits from going too far into the red.

"So if member states would increase their defence spending by 1.5 per cent of GDP on average, this could create fiscal space of close to 650 billion euros (USD 683 billion) over a period of four years," von der Leyen said.

This would be topped up by a loans programme of 150 billion euros (USD 157 billion) to allow member states to invest in defence. She said military equipment that needs to be improved includes air and missile defence, artillery systems, missiles and ammunition, drones and anti-drone systems and cyber preparedness.Such a plan will force many EU member states to greatly increase their military spending, which is still below 2 per cent of gross domestic product. NATO Secretary-General Mark Rutte has told the member states they need to move to more than 3 per cent as quickly as possible.

The plan will now be the blueprint for Thursday's summit, although immediate decisions beyond strong commitments were unlikely. (AP)

### **Refugees injured in clashes** with Kenyan police during food ration protests

### **■** HT News Network

NAIROBI, Mar 4: At least four people sustained gunshot wounds as police clashed with protesters in Kenya's Kakuma refugee camp, in the country's

 $Thousands\, of\, refugees\, in\, the\, camp, which\, hosts$ people fleeing from conflict and drought in neighbouring South Sudan, Ethiopia, Burundi and Congo, protested Monday against food rationing due to funding constraints.

The World Food Program, which is in charge of food distribution at the refugee camp, said in last December the food rations to refugee camps were "at 45 percent of the minimum food basket due to resource constraints.'

The WFP has warned for years that it is facing shortfalls in the contributions from governments  $it\,relies\,on\,for\,funding, and\,on\,Monday\,it\,announced$ that it is closing its office in South Africa due to US President Donald Trump's cuts in foreign aid.

A refugee from neighbouring South Sudan, John Garang, held up a roughly 4 litre (1 gallon) pot.

"This is the container they are now using to measure beans and oil and the other one for rice. And this is equivalent for one month for your food. Assume you don't have another income, it's only this. Is this enough for you," he asked.

Kenya is currently in the process of transitioning refugees into integrated settlements as opposed to the previous system of refugee camps, which are donor reliant, and has already gazetted Kakuma and Dadaab as municipalities. (AP)

### **Pak doctors examine Imran** Khan in Adiala jail

#### HT News Network

ISLAMABAD, Mar 4: A team of Pakistani doctors visited the Adiala Jail to conduct a medical checkup of former prime minister Imran Khan after reports about his health emerged, according to a media report.

Khan had been incarcerated since August, 2023 and his Pakistan Tehreek-i-Insaf party had expressed concerns about his health.

Dawn reported that a team from the Pakistan Institute of Medical Sciences (Pims) visited the Adiala Jail on Monday to conduct a medical checkup of fthe ormer prime minister.

The four-member team was headed by Dr Altaf Hussain, an ENT specialist, while other members of the team included Dr Umar Farooq from the hospital's Dental Department, Dr Muhammad Ali Arif from General Medicine and Dr Tashfeen Imtiaz from General Surgery. The checkup lasted 30

The examination follows a spate of allegations recently levelled by the PTI, most notably its information secretary Sheikh Waggas Akram, claiming that the government had placed Imran Khan in solitary confinement.

Another PTI leader had claimed that Khan was not even being allowed to meet his sisters or other relatives. Khan's family physician was not being allowed to visit him, fuelling concerns about his health, a PTI leader said.

The doctors' report about his physical condition was not immediately released.

Dawn also reported that speculations were rife in Islamabad that the former prime minister might be transferred to some other location. However, there was no official word about any such claims. Khyber Pakhtunkhwa Chief Minister Ali Amin Gandapur had said last month that Khan would

However, there was no official word about the plan to shift him. (PTI)

"soon be shifted elsewhere".

### Indonesia. Australia extend bilateral local currency swap agreement for 5 yrs

### **■ HT News Network**

JAKARTA, Mar 4: Bank Indonesia (BI) announced on Tuesday that Indonesian and Australian financial institutions have extended their bilateral currency swap arrangement (BCSA).

Governor Perry Warjiyo of BI and Governor Michele Bullock of the Reserve Bank of Australia (RBA) signed the renewed arrangement, which

will span five years, beginning on March 4, 2025. "The BCSA enables the exchange of local currencies between the two central banks with a value of up to 10 billion Australian dollars (6.2 billion U.S. dollars) and the corresponding Indo-

nesian rupiah," BI said in a press release. The deal extends a cooperation that began in December 2015.

The renewal reaffirms BI and RBA's commitment to enhancing bilateral trade and investment for the benefit of both nations' economies.

In addition to Australia, BI engages in local currency cooperation with other central banks in the region, including those of China, South Korea, and Malaysia. (UNI)



### Nepal's FM meets parents of girl student who died by suicide in India, says their daughter will get justice

**■** HT News Network

KATHMANDU, Mar 3: Nepalese Foreign Minister Arzu Rana Deuba Monday met the parents of Prakriti Lamsal and assured them that the government is making every possible effort to ensure justice.

Prakriti, a third-year B Tech (Computer Science) student at Kalinga Institute of Industrial Technology (KIIT) in Odisha, was found dead in her hostel room last month, leading to unrest on the campus.

She allegedly died by suicide under circumstances that her family and authorities are currently scrutinising. Around 1,000 Nepalese students are studying at KIIT, Odisha. Foreign Minister Deuba and Home Minister Ramesh Lekhak visited the home of the parents of Prakriti in Bhairahawa to extend condolences, according to the Foreign Minister's secretariat.

Rana assured Prakriti's family that the Nepali government is making every possible effort to ensure justice.

She said that her ministry took the diplomatic initiative to find out the facts relating to the death of Prakriti and to punish the culprits. Prakriti will get justice, the minister added. She also recalled her telephone conversation with Odisha Chief Minister Mohan Charan Majh. She urged him to punish the culprit by finding the facts and resumption of studies of the Nepalese students studying at KIIT.

## No alternative to maintaining good ties with **India: Bangladesh CA Mohd Yunus**

### **HT News Network**

DHAKA, March 3: Bangladesh Interim Government Chief Advisor Muhammad Yunus has said there is no alternative to maintaining good ties with India, even as he said that there have been "some clouds" in the relationship due to "propaganda".

"Some conflicts had been seen in the midway. I would say some clouds were seen. These clouds mostly came through propaganda. Others will judge the sources of those as propaganda," Yunus told BBC Bangla in an interview published on Monday.

The comments come as the interim government is set to complete seven months, since it was formed following the ouster of Prime Minister Sheikh Hasina on August 5 last year by a so-called "student-led"

Yunus' remarks also come as UNB quoted diplomatic sources to say that there might be a possible first ever in-person meeting between Chief Adviser Yunus and Indian Prime Min-



of the BIMSTEC Summit in Bangkok on April 4, 2025.

Responding to a specific question, Yunus said the relations between the two neighbours are in very good shape and there has been "no dete-

He said, there had been some misunderstandings. "We are trying to overcome those misunderstandings. There is no problem in our basic relationship," Yunus added.

The Chief Adviser said he had always explained that the relations between Bangladesh and India are good shape and it will remain good in the future. "There is no alternative to maintain good relations between the two countries," said Yunus said.

He said the relationship between Bangladesh and India is "historically, politically and economically" very close and they "cannot deviate" from

He also referred to huge "interdependencies" on each other.

Yunus said there is continuous communication between the two countries.

After the Interim Government was formed Prime Minister Modi sent a message to Chief Adviser Yunus, later they had a telephone conversation, and Modi invited Prof Yunus to join the third Voice of Global South Summit hosted virtually by New Delhi on August 17 last year.

On January 1 this year, Foreign Affairs Adviser Md Touhid Hossain made it clear that maintaining good relationships with three big countries - India, China and the United Statesis among the priorities in 2025. He stressed that Dhaka's ties with Delhi ister Narendra Modi on the sidelines so deep, still the relationship is in will advance beyond a single issue.

## **Urge both sides to leverage trade** ties for shared growth: USIBC as **US-India trade talks begin**

### **HT News Network**

NEW YORK/WASHINGTON, Mar 4: A top American business advocacy group has said that meaningful trade facilitation between India and the US through a sweeping bilateral trade deal is long overdue and both sides should work to formalise a level playing field and full and open market

These remarks were made on Monday by the US Chamber of Commerce US-India Business Council (USIBC) President Ambassador (ret.) Atul Keshap as trade talks between Commerce Minister Piyush Goyal and his US counterpart Howard Lutnick commenced in the US. "We wish both governments success in their

negotiations, and urge both sides to leverage the trade relationship for shared growth. Meaningful trade facilitation through a sweeping bilateral trade deal is long overdue, and would be instru $mental\,in\,boosting\,the\,GDPs\,of\,both\,America\,and$ India and bind our two mighty economies closer together," Keshap said. As the US-India trade talks commenced between Lutnick and Goyal, the US Chamber urged ambition from both sides.

"For years, US and Indian businesses have invested in each other's countries without a formal investment or trade framework. India represents only 2.5 per cent of America's trade volumes, and that number can and should increase substantially," Keshap said.

He added that now, both sides should work with focus to "formalise a level playing field, full and open market access, swift dispute arbitration, and predictable tax and regulatory policies to boost investment, growth, and job creation in both countries."

He said non-tariff barriers and red tape that slow market access should be dismantled with haste. "The opportunity for both sides is a landmark



bilateral agreement that can further unleash entrepreneurship and GDP growth in both countries. Now is the time for ambitious outcomes between Washington and Delhi," Keshap said.

He noted that USIBC member companies – American and Indian-enthusiastically applaud the efforts of both governments and "wish them productive talks that deepen the strategic, economic, and technological partnership between the people of the United States and the people of

The bilateral talks between Goyal and Lutnick over the trade deal come weeks after the official working visit by Prime Minister Narendra Modi to the White House on February 13 for discussions with US President Donald Trump.

Following the meeting, the two leaders had set a bold new goal for bilateral trade – "Mission 500" - aiming to more than double total bilateral trade to USD 500 billion by 2030.

The joint statement issued after the Modi-Trump meeting said that the two leaders resolved to expand trade and investment to make their citizens more prosperous, nations stronger, economies more innovative, and supply chains more resilient.Recognising that this level of ambition would require new, fair-trade terms, the leaders had announced plans to negotiate the first tranche of a mutually beneficial, multi-sector Bilateral Trade Agreement (BTA) by fall of 2025.

## **Singapore confirms 187** cases in food poisoning probe linked to national exercise

**■** HT News Network



SINGAPORE, Mar 4: Singaporean authorities have confirmed 187 cases of gastroenteritis following the distribution of ready-to-eat meals as part of a Total Defense exercise in February.

Among the cases, 184 were from schools, Minister for Sustainability and the Environment Grace Fu said Tuesday in response to parliamentary questions, adding that all affected individuals have recovered.

During the parliamentary session, lawmakers raised questions about the cause of the symptoms, the microbiological and shelf-life studies of the product testing, the processes in place to vet suppliers of ready-to-eat meals for government programs, and whether any penalties would be imposed on SATS, the food solutions provider.

Fu said that tests conducted by the Singapore Food Agency on collected meal samples did not detect any food-borne pathogens. She added that both the agency and the Ministry of Health are conducting a comprehensive investigation, and necessary enforcement actions will be taken if any lapses are detected.

The food-poisoning incident first came to light at the School of the Arts, where 20 students developed symptoms of gastroenteritis after consuming the ready-to-eat meals. These meals were distributed between Feb. 15 and Feb. 28 as part of Singapore's 2025 Exercise SG Ready, a national preparedness exercise.

In addition to schools, aging facilities also received the meals. A total of 150,000 meals were planned for distribution in the exercise, which "focuses on strengthening Singaporeans' preparedness for power disruptions caused by cyberattacks."(UNI)

@headlinestodaydaily

# **Christian Stocker**

NEW DELHI, MARCH 4 (UNI)

Prime Minister Narendra Modi on Tuesday congratulated the new Austrian Chancellor, Christian Stocker, and said he looks forward to working with him to take the bilateral partnership to unprecedented heights.

In a post on X, the PM said:

being sworn in as the Fedheights." eral Chancellor of Austria.



ing with you to take our election. "Warmly congratulate mutually beneficial coop-H.E. Christian Stocker on eration to unprecedented

"The India-Austria sworn in as Austria's new clinched a deal last week Enhanced Partnership is chancellor on Monday, after their first attempt to poised to make steady prog- heading a three-party coali- form a coalition failed in ress in the years to come. tion government formed January.

"I look forward to work- five months after last year's

Stocker's centre-right People's Party (ÖVP), the centre-left Social Democrats Christian Stocker was (SPÖ) and the liberal Neos

## SC quashes rape case against Ex-Army Officer

New Delhi, Mar 4 (UNI)

The Supreme Court on Tuesday quashed all criminal proceedings in a rape case against former Indian Army officer Rakesh Walia, ruling that the complaint was "unbelievable" and constituted an "abuse of the process of law."

A bench comprising Justice Sudhanshu Dhulia and complainant's statements,

found that the same com-record. However, what is promoting his books. plainant had filed eight most concerning before against different individu- nearly identical cases sellers. als across multiple police against at least eight other refused to cooperate with total). investigations.

the order and terminated observed.

all proceedings.



The Bench emphasised different police stations the criminal case initithat this was a case where across Delhi, involve ated against the appellant the Delhi High Court offenses under Sections is nothing but an abuse should have exercised 34, 328, 354, 354A, 354D, of the process of law. its powers under Section 376, 377, 506, and 509 of This is precisely the kind 482 of the Code of Crimithe IPC. Additionally, we of case where the High nal Procedure (now Sec- have been informed that Court ought to have exertion 528 of the Bharatiya after lodging the FIR, the cised its inherent powers Nagarik Suraksha Sanhita) complainant has not coop- under Section 482 Cr.P.C. to quash the proceedings. erated with the investiga- (now under Section 528 Since the High Court tion and has not appeared B.N.S.S.) and should have had dismissed Walia's plea before this Court despite quashed the proceedings," for quashing the case, the being served with notice," Supreme Court set aside the Supreme Court

ment in the FIR and her modeling assignment, he the Appellant.

Justice K. Vinod Chandran statement under Section offered her a cold drink noted that apart from the 164 of the Code of Crimi-laced with sedatives, after nal Procedure, 1973 (now which he raped her. Howno evidence was on record under Section 183 of the ever, the appellant refuted to substantiate the allega- Bharatiya Nagarik Surak- these claims, stating that sha Sanhita, 2023), there their meeting was related Additionally, it was is no other evidence on to services she offered for

He asserted that he was other identical First Infor- this Court is that the same an author of five books, mation Reports (FIRs) respondent has filed some of which were best-

"Considering the nature stations in Delhi, but later individuals (nine cases in of the case and the cumulative circumstances, we These FIRs, lodged in are of the opinion that the bench ruled.

Advocate on Record (AOR) Mr. Ashwani Kumar The complainant had Dubey, and advocates The apex court noted alleged that when she met Adwait Ghosh, and Chanthat "Apart from her state- the appellant regarding a dra Shekhar appeared for

## PM Modi congratulates India's security apparatus must remain new Austrian Chancellor adaptive to emerging threats: Rajnath

Defence Minister Rajnath Singh on Tuesday said that

NEW DELHI, MAR 4 (UNI)

**4** @headlinestoday

India's security apparatus must remain adaptive to emerging threats such as cyber warfare, hybrid warfare, space-based challenges, and transnational organised crime. Addressing the gather-

ing, after inaugurating the Ministry of Home Affairs Defence Research and Development Organisation (DRDO) Collaboration Conference-Cum-Exhibition on 'Advanced Technologies for Internal Security and Disaster Relief Operations' at DRDO Bhawan here, Singh highlighted the growing com- today do not always come plexities in global security and the increasing overlap between internal and external threats, an official statement said.

in the modern world are evolving rapidly, and the stated. overlap between internal and external security is increasing. It is imperative that our institutions break ties, and its contributions silos and work collabora- to internal security are tively to ensure a strong, equally commendable. secure, and self-reliant India," he stated.

Rajnath stressed that India's national security systems, DRDO's innomust be viewed holistically, integrating efforts ing our security forces," across different security Singh underlined. Rajnath agencies and leveraging urged DRDO and MHA to the latest technological advancements.

The Defence Minister noted that India's internal security is not just about in a time-bound manner. managing conventional threats like terrorism, require the best tools and is not just in defence but

separatist movements, technologies to remain and left-wing extremism ahead of the curve. It but also about preparing is encouraging to see for unconventional threats that can destabilise the nation's economic and strategic interests.

"The adversaries of with traditional weapons; cyber-attacks, misinformation campaigns, and space-based espionage are emerging as new-"Security challenges age threats that require advanced solutions," he

> "DRDO has played a pivotal role in enhancing India's defence capabili-From small arms and bulletproof jackets to surveillance and communication vations are empowerproducts that can be jointly developed and deployed

"Our security forces

DRDO's focus on modernisation, with products like systems either inducted

highlighted. highlighted how the collaboration between secu-

advancements. and riot control vehicles, which were effectively integrated into the operations of CAPFs.

Singh also spoke about work together to create a the importance of leverhumanitarian relief.

"The role of technology preparedness.

lance equipment and antirelief," he said.

natural calamities like in rural areas. We need to cyclones, avalanches, organise dedicated conferbursts and underscored the critical need for advanced rescue tools. The use of technologies such as thermal imaging cameras, small arms, surveillance drone-based detection sysequipment and drone tems, and victim locating over by DRDO to Lokesh or undergoing evaluation reduce casualties and a step forward in the 'Aatfor deployment in inter- damage. Referring to the manirbhar Bharat' initianal security agencies," he recent avalanche in Mana, tive. Uttarakhand, he lauded Recalling his tenure the use of advanced rescue DDR&D and Chairman as Home Minister, Singh equipment in saving lives DRDO Samir V Kamat rity agencies and scien- threw light on the fact developed technologies tific institutions led to that although disasters are have been or soon will significant technological tragic in themselves, their be inducted into various impact can be minimised The Defence Minister with the use of advanced developed technologies the recent avalanche, techsuch as the corner shot nologies like rotary rescue weapon system, INSAS saws, thermal imaging, rifles, IED jammer vehicles victim locating cameras, avalanche rods, and dronebased detection systems

> saving lives. tance of public awareness

Singh also stressed the were present.

a similar facility as the law

also in ensuring peace and need for focused confersocial welfare. Advanced ences on specific security systems like bulletproof challenges faced by differjackets, drones, surveil- ent regions of the country.

"Security threats in drone technologies must India are not uniform. The be leveraged not only for issues faced in the Northsecurity operations but east due to insurgencies also for disaster manage- are different from those ment and humanitarian in Naxal-affected areas or border regions. Similarly, Rajnath cited the urban security concerns increasing frequency of are different from those earthquakes and cloud ences that focus on regionspecific challenges and solutions," he said.

As part of the event, the Transfer of Technology (ToT) of the ASMI 9x19mm Machine Pistol was handed devices can significantly Machinery Tool, marking

Meanwhile, Secretary and reducing the impact stated that more than of the disaster. Singh 100 products from DRDO agencies of MHA.

He further mentioned cited examples of DRDO- technology and how, in that the technologies which DRDO develops for the services are also being utilised in internal security as well as disaster relief operations. Chief of the Army Staff

played a crucial role in General Upendra Dwivedi, Secretary (Border Manage-Highlighting the imporment) Rajendra Kumar, Secretary (Defence Procommon list of scalable aging technology not just in disaster management, duction) Sanjeev Kumar, for security but also for the Minister called for DG (Production, Coordidisaster management and greater involvement of nation & Services Interaccivil society in disaster tion) Chandrika Kaushik and other senior officials

## Reservation quota hike issue rocks Bihar Assembly

PATNA, MAR 4 (UNI)

The opposition members created noise in support of the hike in the reservation quota from 50 to 65 percent in addition to the 10 percent reservation of class and for its inclusion the constitution for its legal immunity.

Bihar Assembly during weaker section. pre-lunch sitting here on

economically backward reservation quota for the passed by the Bihar legisbackwards, extremely lature in 2023 became an in the Ninth Schedule of backwards, scheduled act and the grand alliance caste and schedule tribe up government had requested While reading the the 10 percent reservation include it into the Ninth adjournment notice in the quota for the economically

Tuesday, Ranvijay Sahu his information with the said that the grand allipermission of the Speaker rejected the demand. ance government, based Nand Kishor Yadav who on the report of the caste had already turned down survey had increased the the notice, said that the Bill

to 65 percent in addition to the union government to Schedule of the Constitusaid the centre however

Tamil Nadu was enjoying 9th schedule.

scrutiny.

include Bihar's reservation Centre to include it in quota hike of 75 percent in the 9th schedule to prethe Ninth Schedule for its vent its judicial scrutiny. legal immunity.

**Minister Dhananjay Munde resigns** 

made by the Tamil Nadu government of Bihar led government for a hike in by Chief Minister Nitish reservation quota was Kumar had made a law in included in the 9th sched- November 2023 hiking the ule of the Indian Constitu- reservation quota from 50 tion by the then Narasimha to 65 percent in addition Rao government to make to the 10 percent reservait immune from judicial tion for the economically weaker sections. Kumar Sahu demanded to had also requested the A PIL was filed before the The opposition mem- Patna High Court against tion to make it immune bers created noise over the state government's Sahu, who was reading from judicial scrutiny. He the issue from their places decision and the Court asking the Treasury bench- had put a stay on it. The es to get the law made by state government had Referring to the case of the Bihar government in moved the Supreme Court Tamilnadu, Sahu said that 2023 incorporated in the against the High Court's ruling.

## Doors always open for talks with farmers: Punjab CM

CHANDIGARH, MAR 4 (UNI)

Punjab Chief Minister Bhagwant Singh Mann categorically said that his doors are always open for talks with the farmers but inconvenience and harassment of the general public on the name of agitation should be avoided.

government is always undesirable. ready to resolve the issues

general people due to have been ruined. the agitators thereby creat- appeal to the farmers to



pertaining to various sec- that though protest is dem- Union government. Hownegotiations so that the but they should also think to the frequent protests by trouble to the common that it is bringing huge loss the farmers unions, Punjab man through rail or road to the state. He said that and Punjabis have to face ment. blockades must be avoid- the traders and industrial- the heat. ists have been ruing that

which they turn against Mann made fervent to suffer.

He said that though the Monday, he said that the totally unwarranted and with the farmers but all the demands of the food grow-The Chief Minister said ers are concerned with the

Citing an example, He said that such action due to frequent road and Mann said that due to of every strata of the state causes problems to the rail blocks their businesses blockade of roads daily and their interests will be have been asked from all thousands of people have secured by all ways and

He urged the farm-

ing inconvenience to the already rejected the draft common man through of National Policy Frametheir protests as it disrupts work on Agricultural Marthe daily routine of people. keting framed by Govern-

The Chief Minister said ment of India. that the rail and road previous predecessors had done so many meetings with the farmers to listen their problems.

However, he said that it is unfortunate that farmers state for no reason related with the Punjab govern-

the custodian of the rights means.

Mann said that the received from all.

ers to refrain from creat- state government has

He said that agriculture blockades don't have any and agricultural marketing impact on the Union gov- is a state subject and the ernment but the life of Union government has no common man is adversely role to play in it. The Chief affected by it. Mann fur- Minister said that the draft ther said that none of his reflects the anti-Punjab and anti-farmers stance of the Union government.

Mann said that the state government has already opposed this draft tooth and nail through a written tions of society through ocratic right of the farmers ever, the CM said that due still want to protest in the reply which was sent to the Union government.

He further said that the state government has The CM said that he is already prepared the draft agriculture policy and added that the suggestions the stakeholders and it will be finalised once reply is

### **AGENCIES**

MUMBAI, MAR 4 (UNI)

Amid the ongoing controversy over the Beed sarpanch murder case in Maharashtra, state food and civil supplies minister Dhananjay Munde resigned on Tuesday from Chief Minister Devendra Fadnavis's ministry.

"Munde has submitted his resignation to me. I have accepted his resignation and sent it to the governor for further action," said Fadnavis.

gress Party-Ajit Pawar session on Monday. (NCP-AP) Minister Munde finally submitted his resignation after Valmik Karad, an accused in the Beed Sarpanch Santosh Deshmukh murder case.

Since Karad's name surabsconding. faced in the murder case, leaders of the opposition state Criminal Investiga- ised Crime Act (MCOCA).



alliance had been persistion Department submitresignation.

would disrupt the proceedings of the assembly, The Nationalist Con- which started its budget

his close aide, was made murdered in December Awada company, and an 2024. Seven accused have attack on the company's

tently demanding Munde's ted a chargesheet of about 1,200 pages in the Beed The opposition had District Court, which warned that if Munde did includes Deshmukh's not resign on Tuesday they murder and two related Three separate cases

have been registered at the Cage police station Deshmukh, the sar- in Beed - the murder of panch of Massajog vil- Sarpanch, an attempt to lage, was kidnapped and extort money from the since been arrested in the security guard. Cases have case. One accused is still been registered against the accused under the Maha-On February 27, the rashtra Control of Organ-

HT-HEALTH

1 STHEADLINES



DR. TASADUK HUSSAIN ITOO FELLOW, INTERNATIONAL DIABETES FEDERATION(BELGIUM)

ecently, I was going through a booklet on Ramadhan written by some doctors become very weak. from UK and thought to tant topic to let our read- till dusk -- there is ample ers know about the same opportunity to replenish and encourage fasting as energy stores at pre-dawn and more importantly cose to fat as the main spiritual.

actually happens inside muscle for protein. the body while fasting, terms).

-- body glucose -- which pressure and the chances described as the best of is stored in the liver and of heart diseases. muscles, remains the are also produced through and an overall feeling of the end of their fast, those

the breakdown of muscle, salts and water. which is why people who



To make it clearly reduces one's cholesterol of Almighty Allah (Taqwa). understood, the changes levels. As obesity(weight that occur in the body in gain) is considered one of lifestyle -- fasting person response to fasting depend the crucial risk factor's for learns restraint, and only on the length of the con- the development of many responds to hunger and tinuous fast. Technically, lifestyle diseases-- like dia- thirst in the heightened the body enters into a fast-betes, hypertension, heart level of consciousness and ing state eight hours or so diseases including others. discipline. Fasting enables after the last meal, when So while fasting during a person to acknowledge the gut finishes absorption Ramadan -- weight loss the value of food. In the choices and amend many of nutrients from the food. results in better control of Holy Qur'an "healthy bad habits -- and smoking In the normal state diabetes, reduces blood and wholesome food" is

body's main source of cation process also seems a healthier lifestyle by energy and during a fast, to occur -- as any toxins making small yet lasting this store of glucose is used stored in the body's fat healthy changes to their up first to provide energy. are dissolved and removed daily diet. Later in the fast, once the from the body. And after a stores of glucose run out -- few days of the fast, higher sion and charity -- Fasting fat becomes the next store levels of certain hormones enables a person to think source of providing energy appear in the blood of those who are in need, small quantities of glucose a better level of alertness have no food at the start or

One should understand that healthy cum balanced because of poverty. The to weeks continuously kidney is very efficient at "the month of mercy". medical terms, which is food', such as carbohy- Bukhari) clearly unhealthy for one's drates and some fat-- a bal-

While talking about the the well-being of the com-

starve look emaciated and benefits of fasting -- it is fast together. not only a physical but While the Ramadan fast also a spiritual exercise write about such impor- only extends from dawn that has many long lasting

Heightening consciousness of Almighty Allah a means of great salva- and dusk meals. This pro- -- fasting helps one to tion - for overall health vides a progressive, gentle become less pre-occupied - physical, social, mental transition from using glu- with bodily appetites, and gives one's heart and mind source of energy and pre- the freedom to reflect and how one break their Broadly speaking, what vents the breakdown of upon deeper spiritual relationship with Almighty Moreover, the use of Allah and fellow human describes the 'physiol- fat for energy aids weight beings. Broadly, it makes a ogy of fasting'(in medical loss, preserving the musperson capable to develop cles, and in the long run sustained consciousness

Developing healthy provisions -- thus fasting

Encouraging compas-

body -- as it involves pro- anced diet with adequate spirit -- during Ramadan, tein being released from quantities of nutrients, the one who fasts has high- acts and betters his or est levels of concern for

munity - rich and poor, intellectuals and labourers. Community spirit is promoted as people start fasting at the same time and break their fast at the same time, and reflect together through longer prayers and deeper devotions. Besides, it is greatly encouraged that families invite each other to break their

Breaking bad habits --Ramadan is an ideal time to break bad habits, to reflect on one's personality and to improve and positively develop one's character. It is an opportunity to make healthy lifestyle choices -- being mindful of how one fast fast can help to improve one's overall health - both physical and mental.

Quitting smoking --Ramadhan is a good opportunity to quit smoking. Smoking is wasteful and seriously injurious to health. Almighty Allah has entrusted us with a healthy body, and it is a violation to knowingly and willingly harm it. Ramadan provides a great opportunity to make healthy lifestyle is indeed one of them. Renewing spirit

abstention for long More to say, a detoxifi- helps a person to choose hours can be very hard physically and spiritually. However, by the end of the long month one should feel cleansed and with a renewed spirit. Prophet Muhammad(PBÜH) stressed in a number of for the body. Moreover, (endorphins) -- resulting in who may be fasting but sayings -- fasting is not merely "abstention from eating and drinking, but other mechanisms in the general mental well-being, whose little children are also from vain speech It is pertinent to note also having to go hungry and foul language"... (Sahih al Bukhari). Those that only with a pro- food and fluid intake is Prophet Muhammad (SAW) who fast but make no longed fast of many days crucial between fasts. The described Ramadan as change to their lives except delaying a meal without eating anything in maintaining the body's His beloved companions cannot really expect between, the body even- water and salts, such as observed, "The Prophet to become any differtually turn to protein for sodium and potassium. Muhammad(SAW) was ent in their behaviour energy. This is the short However, these can be lost the most generous of during or after Ramaand technical descripthrough sweating. There-people, but he would be dan. Therefore, fasting is tion of what is commonly fore, meals must contain his most generous during about, much more than known as 'starvation' in adequate levels of 'energy Ramadan..." (Sahih al- just giving up food and drink and hoping to lose Developing community a couple of pounds. By fasting, a person reflects,

her character. drtasadukitoo@gmail.com

## The Physiology and Benefits of Fasting Indian API market to expand to \$22 bn by 2030, at a CAGR of 8.3 pc: Report

NEW DELHI

India's Active Pharmaceutical Ingredients (APIs) market is expected to expand to \$22 billion by 2030, according to a report on Monday.

The report by Praxis Global Alliance, a management consulting firm, stated that the APIs are growing at a CAGR of 8.3 pc in the country.

APIs are biologically active components in drugs that provide pharmacological activity or direct effects in disease Crocin, paracetamol func- Alliance. tions as the API, directly responsible for the drug's pain-relieving properties.

"India is also the third- 35 per cent of the sector's foreign suppliers; infra- competition for managelargest global producer of value. APIs, with an 8 per cent market share and over nents account for 40 per ties. The sector also grap- equity-owned platform 500 different APIs manu- cent of overall drug manu- ples with stringent envi- companies entering the



"India contributes 57 though this figure can rise per cent of the APIs on to 70-80 per cent dependthe WHO's prequalified ing on market conditions," list. The market is expect- Singhal said. ed to expand from \$18 billion in 2024 to \$22 bil- although the Indian API lion by 2030, growing at a sector is growing it faces CAGR of 8.3 per cent," said challenges in the stor-Madhur Singhal, Managing age and transportation of notable shift in the industreatment. For instance, in Partner, Pharma and Life- thermolabile drugs, cold common medications like sciences at Praxis Global chain-dependent phar- are increasingly investing

> APIs represent a significant part of India's pharmaceutical market, con-

facturing costs on average, ronmental regulations, market," Singhal said.

The expert said that

especially around effluent treatment and waste management, which increase production costs and lead to negative public perception, Singhal said.

To address these challenges, the Indian government implemented several schemes such as the Production Linked Incentive (PLI) scheme (2020-30); a scheme for the promotion of bulk drug parks (2020-25), and a PLI scheme for pharmaceuticals (2020-

These government initiatives have led to "a try landscape. Companies maceuticals, and compli- in API production facilities ance with new barcoding to meet domestic demand and reduce reliance on In addition, it is also imports. The segment is The report noted that tributing approximately facing cost advantages of witnessing heightened structural issues; and ment-level executives due "These crucial compo- supply chain vulnerabili- to the influx of private

## Ketamine, psychedelic use may raise death risk by 2.6-fold: Study

AGENCIES NEW DELHI

The use of hallucinogens, such as ketamine and psychedelics can raise the risk of death by 2.6-fold, according to a study on Monday.

Researchers from The Ottawa Hospital in Canada noted that the use of hallucinogens including psilocybin, LSD, ayahuasca, mid-2010s.

Increasing use may partially also reflect growing est in pairing psychedelics with psychotherapy said the team.



and MDMA (ecstasy), has side of carefully controlled populations currently excluded from trials.

medical and societal intering popularity of hallucinogen use, we know surprisingly little about 5 years for people who the need for ongoing invesfor mental health and potential adverse effects sought acute care for haltigation of and communisubstance use disorders, of hallucinogens, such as lucinogen use was almost cation about both potenmortality risks. Contem- 10 times that of someone tial benefits and risks from However, although psy-porary clinical trials have of the same age and sex in hallucinogen use, particuchedelic-assisted therapy not observed any short- the general population, as larly use outside clinical trials have generally been term increase in the risk per findings published in trial settings, given rapid safe, there is little data of severe adverse events, CMAJ (Canadian Medical increases in general popuabout whether hallucino- including death, for trial Association Journal). gens might increase the participants. However, Individuals who Solmi, psychiatrist at The risk of adverse events, these studies involve care-received acute care for Ottawa Hospital and assosuch as thoughts of suicide ful supervision and ther- hallucinogen use also had ciate professor, University and death, when used out- apy for trial participants more medical comorbidi- of Ottawa.

visits, hospitalisations, previous 3 years. and outpatient physician

The risk of death within

and exclude people at high ties. People needing acute risk of adverse outcomes," care for hallucinogen said Dr. Daniel Myran, use were more likely to a family physician and live in low-income neighpublic health and preven- bourhoods, to have been tive medicine physician- homeless at the time of a researcher at The Ottawa previous acute care visit, to have chronic health To better understand conditions, and/or to have the link, the team looked received care for a mental at health care data on health problem or subemergency department stance use disorder in the

They were at higher risk visits for more than 11.4 of death than people who rapidly increased since the clinical trial settings or in million people in Ontario sought alcohol-related aged 15-105 years. Of the acute care, but at lower total group, 7,954 sought risk of death than people "Despite the grow- acute care for hallucino- needing acute care for opioid or stimulant use.

"The findings highlight lation use," said Dr. Marco

## Sleep apnoea can raise risk of Parkinson's disease: Study

**AGENCIES** NEW DELH

People with obstructive sleep apnoea have an increased risk of suffering from Parkinson's disease, according to a study.

Obstructive sleep apnoea is when throat muscles relax during sleep, blocking the airway, causing a person to wake up repeatedly to breathe. This disrupted sleep pattern can lower oxygen levels, affecting the brain.

VA Portland Health Care 1,000 people compared while a person sleeps. System in Oregon, US to people without sleep looked at rates of Parkin- apnoea. son's disease five years adults who had obstruc- patients. tive sleep apnoea.

with sleep apnoea, there CPAP, pressurised air is attack and stroke," said Diego, US.



fy nearly 1.6 million older symptoms in Parkinson's did not use CPAP.

Researchers from the Parkinson's disease per to keep the airway open

Parkinson's is a chronic a sleep apnoea diagnosis after a sleep apnoea and progressive neurode- reduced the risk of Pardiagnosis. They reviewed generative disease. Sleep kinson's -- 2.3 fewer cases more than 20 years of disorders are one of the per 1,000 people when medical records to identi- most common non-motor compared to people who

"Obstructive sleep Notably, the study apnoea is common, and After adjusting for age, showed that using con- previous research has can Academy of Neurolsex, and health factors tinuous positive airway found that when untreat- ogy's 77th Annual Meeting such as smoking, they pressure (CPAP) may ed, it is associated with scheduled to take place found among people help reduce the risk. With an increased risk of heart from April 5-9 in San

VA Institute.

"While our study found The study found using an increased risk of Par-CPAP within two years of kinson's disease, the good news is people can do something about it by using CPAP as soon as they are diagnosed with the sleep disorder," he added.

> The findings will be presented at the Ameri-

## Brown fat may promote healthful longevity

NEW YORK

A team of US researchers has made discoveries about brown fat that may open a new path to helping people stay physically

fit as they age. The team from Rutgers University's New Jersey Medical School found that mice lacking a specific gene developed an unusually potent form of brown fat tissue that expanded lifespan and increased exercise capacity by roughly 30 per cent.

The team is working on a drug that could mimic these effects in humans.

"Exercise capacity diminishes as you get burns calories and helps tion. older, and to have a technique that could enhance exercise performance would be very beneficial for healthful aging," said Stephen Vatner, university professor and senior author of the study published in Aging Cell.

forms exercise better than brown fat and showed their normal littermates," he added.

stores energy, brown fat speed and time to exhaus- good mental and physical authors.



regulate body temperature. This study revealed brown fat also plays a cru-

activity. "This mouse model per- ally high amounts of active tern seen in humans. about 30 per cent better eventually improve we have to do is find new exercise performance human lifespans - the total drugs based on models

The discovery emerged from broader research into healthy aging. The cial role in exercise capaci- modified mice, which lack ty by improving blood flow a protein called RGS14, live to muscles during physical about 20 per cent longer than normal mice, with The genetically modifemales living longer than es associated with aging fied mice produced unusu- males - similar to the pat-

Unlike white fat, which than normal mice, both in time when people enjoy of healthful aging, said

health.

"With all the medical advances, aging and longevity have increased in humans, but unfortunately, healthful aging hasn't," Vatner said.

There are a lot of diseas-- obesity, diabetes, myocardial ischemia, heart The discovery could failure, cancer - and what

### **Manchester City's Ake** sidelined again after foot surgery

**AGENCIES** 

LONDON, MAR 4

Manchester City's Nathan Ake is set for another spell on the sidelines after undergoing surgery on a fractured foot.

The Netherlands defender, 30, came off at half-time in Saturday's FA Cup win over Plymouth with an injury that he said, "has been bothering me for months," the BBC reported.

Ake had an operation on Monday and, afterwards, posted a picture of himself on social media., external

"This has been such a frustrating season for me, but I have now had a successful surgery on a fracture in my foot, which has been bothering me for months," he said.

### **Ahmedabad Open Golf Championship tees-off** on March 4

**AGENCIES** 

AHMEDABAD, MARCH 3

The Professional Golf Tour of India (PGTI) will stage the second edition of the Ahmedabad Open Golf Championship at the Kensville Golf Country Club here from March 4.

The 4-day event, sponsored by IndusInd Bank, carries a prize purse of Rs 1 crore, in association with Gujarat Tourism and Kensville Golf Country Club is the host venue.

The Pro-Am will follow the main event on

The tournament is set to feature some of the top Indian professionals such as Om Prakash Chouhan, Manu Gandas, Udayan Mane, Shaurya Bhattacharya, Rashid Khan, Karandeep Kochhar, Chikkarangappa S and Sachin Baisoya, to name a few.

## **Proteas chase final amid** semifinal jinx against Kiwis

LAHORE, MAR 4

South Africa and New Zealand will lock horns in the second ICC Champions Trophy semifinal at Gaddafi Stadium here on Wednesday, with both sides aiming to break past their history of heartbreaks at this stage of ICC tournaments.

South Africa, known for their dominant performances throughout the tournament, have entered their third ICC semifinal since 2023, displaying remarkable consistency across all departments.

The Proteas have been Rickelton and Rassie van Ravindra, Tom Latham, the bat, while the return encounter. of Heinrich Klaasen adds further firepower to the their fair share of semimiddle order. However, final woes in ICC events. Keshav Maharaj will be South Africa, in particuunder pressure to deliver with the ball after a rela- breaks, having reached tively quiet run in the five ODI World Cup semitournament.

other hand, started the ICC Champions Trophy, note but faced a setback them. The Proteas will be against India in the last eager to break the jinx and Group A match. Their top secure a berth in the final. order struggled against with Kane Williamson



Both teams have had lar, have endured heartfinals, three in the T20 New Zealand, on the World Cup, and five in the tournament on a strong but winning just two of

The match will also see the Indian bowling attack, a contest between two potent bowling attacks. being the lone warrior Marco Jansen and Matt posure. Execution will Heinrich Klaasen, Tristan as none of the other top- Henry have been instru- be key as the teams brace Stubbs, Corbin Bosch.

score beyond 20 runs. teams' success, delivering define their tournament Captain Mitchell Santner crucial breakthroughs campaign. led by the prolific Ryan will be banking on Rachin with fiery spells. With the stakes high, their ability der Dussen, who have and the rest of the squad to strike early and control been in sublime form with to step up in this crunch the game in the middle dra, Kane Williamson,

leading run-scorer among Mitchell Santner (C), active players since his Matt Henry, Kyle Jamiedebut in 2019, remains a key figure in the bat- Nathan Smith, Mark Chapting lineup. His ability to man, Jacob Duffy, Devon handle pressure was evident in the ICC ODI World Cup last time, where he elton (wk), Temba Bavuma smashed a match-winning 133 against New Zealand.

With both teams eyeing a place in the final, the Marco Jansen, Wiaan semifinal clash is expected Mulder, Keshav Maharaj, to be a riveting battle of Kagiso Rabada, Lungi skill, strategy, and com-

Increasing

Teams:

New Zealnd: Will Young, Rachin Ravinovers could prove deci- Daryl Mitchell, Tom Latham (WK), Glenn Phil-Dussen, South Africa's lips, Michael Bracewell, son, William O'Rourke, Conway.

South Africa: Ryan Rick-(c), Tony de Zorzi, Rassie van der Dussen, Aiden Markram, David Miller, Ngidi, Tabraiz Shamsi,

### **Ashwin urges Rohit to open** with Chakaravarthy against Head in semis vs Australia



AGENCIES

NEW DELHI, MARCH 4

Former India spin veterball to mystery spinner Varun Chakaravarthy and Aussie.

Young, Glenn Phillips, Michael Bracewell, Mitchto end up with the figures their chase of 250.

to Varun and ask him to cheaply.

bowl over the stumps to Travis Head," Ashwin said on his Youtube channel 'Ash Ki Baat'. "Travis an Ravichandran Ashwin Head shows all his three shared an antidote to stumps and then clears tackle Travis Head in the his leg and hit it over the Champions Trophy semi-field. Varun Chakravarthy final against Australia, with new ball might give suggesting captain Rohit India an edge. It will be a Sharma give the new mouth watering contest," he added.

Head was the Austraask him to bowl over the lian hero with the bat stumps to the left-hander when Australia pulled off victory in the 2023 World Chakaravarthy put on Cup final in Ahmedabad an impressive show in against host India. The left-India's final group game handed opener scored 137 against New Zealand on from 120 balls as Austra-Sunday. Playing only his lia reached a target of 241 second ODI game for India, with seven overs to spare, the leg-spinner claimed snapping the Men in Blue's the wickets of opener Will 10-match winning streak in the tournament.

"I would be very surell Santner and Matt Henry prised if Travis Head will take on a back seat against of 5-42, his maiden ODI Varun. He would love to go fifer, as India bowled the aggressive and it will high-Black Caps out for 205 in risk option. Either he will give Australia good start "New ball and give it or India will get him out



