



Mobility Sector to Play Pivotal Role in Achieving 'Viksit Bharat' by 2047: PM Modi

■ HT News Network

NEW DELHI, FEB 2: Prime Minister Narendra Modi on Friday said the mobility sector will play a crucial role in achieving 'Viksit Bharat' by 2047.

Addressing a programme in India's largest and first-of-its-kind mobility exhibition "Bharat Mobility Global Expo 2024" at Bharat Mandapam here, Modi said "Today, India's economy is expanding fast, and in our third term, our country is bound to become the third biggest economy in the world."

Talking about the automobile industry and its expansion, PM Modi said, "In 10 years before 2014, around 12 crore vehicles were sold in the country. However, since 2014 more than 21 crore vehicles have been sold in the country"

He said 12 lakh electric vehicles have been sold in the last 10 years



and around 60% growth has been registered in passenger vehicles".

The Prime Minister said, "For your industry, the government has made the PLI scheme worth over Rs 25,000 crore. It's playing a huge role

in making our value chains self-reliant and strengthening the MSMEs in the country".

This is the beginning of the golden period for the mobility

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PM Modi Likely To Dedicate Jammu AIIMS To People On Feb 18

■ HT News Network

JAMMU, FEB 2: The much awaited All India Institute of Medical Sciences (AIIMS) of Jammu is likely to be dedicated formally by Prime Minister Narendra Modi to the people on February 18.

"As of now, we have not received the confirmed dates but tentatively it is expected that Modi may inaugurate Jammu AIIMS on February 18," Prof (Dr) Shakti Kumar Gupta, Founder Executive Director and CEO, Jammu AIIMS told reporters during media interaction followed by a press conference.

Dr Gupta said, "as Model Code of Conduct (MCC) shall also come into force in view of

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Extreme Cold Wave Hits Parts Of Kashmir

■ HT News Network

SRINAGAR, FEB 2: A day after snowfall, an extreme cold wave hit several parts of Kashmir, with Larnoo in Anantnag district recording minus 17.7 degrees Celsius.

Officials said the night temperature witnessed a record drop in February all across the Kashmir valley on Friday.



The tourist resorts of Gulmarg and Pahalgam recorded lows of -12.0°C and -11.9°C, respectively, after receiving snowfall during the past few days, triggering an extreme cold wave, officials said.

Meteorological Centre Srinagar said that the minimum temperature was 4.4°C below normal of -7.6°C at the ski resort of Gulmarg in north Kashmir's Baramulla district on Friday. This was the second-lowest minimum

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NEWS BRIEF

Avalanche Warning Issued for Jammu and Kashmir Districts

SRINAGAR, FEB 02: The Jammu and Kashmir Disaster Management Authority (JKDMA) has issued an avalanche warning for several districts in the region.

Residents in Bandipore, Baramulla, Kupwara, and Ganderbal districts are cautioned about a potential avalanche threat in the next 24 hours. Precautionary measures are strongly advised, urging people to avoid venturing into avalanche-prone areas.

The alert extends to Doda, Kishtwar, Poonch, and Ramban districts, where the danger level is categorized as

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39 Drug Peddlers Arrested, 24 Cases Filed In Baramulla In Jan: Police

Baramulla Feb 02: Continuing its efforts to eradicate the menace of drugs from the society, Police has arrested drug peddler in Baramulla and recovered contraband substances from his possession.

A police party of Police Post Wussan headed by Incharge PP Wussan at a checkpoint established at Sultanpora, intercepted a person identified as Shabir Ahmad Mallason of Mohammad Dilawar Malla resident of Sultanpora. During search, 105 grams of contraband Charas like substances was recovered from

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MoU Signed To Start Khelo India Centre Of Excellence In Ladakh

LEH, FEB 2: The Union Territory of Ladakh will soon have a Khelo India Centre of Excellence as a Memorandum of Understanding (MoU) was signed between the Sports Authority of India and Union Territory of Ladakh's sports department here on Friday.

It was the perfect gift for the UT on a day the Khelo India Winter Games 2024 opening ceremony was held at the Nawang Dorjay Stobdan Stadium. The UT was hosting its maiden major national event.

Fifteen states and two public institutions are taking part in ice hockey and

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Snowfall, Rains Bring Relief To Farmers, Spark Hope For Good Harvest

■ HT News Network

SRINAGAR, FEB 02: The season's first snowfall has brought cheers to the faces of thousands of fruit growers and farmers in Kashmir who now expect promising crop production this year.

Kashmir Valley received the first heavy snowfall on Thursday after a prolonged dry weather, which lifted the spirit of those associated with horticulture and agriculture.

Experts, the news agency—Kashmir News Observer (KNO) spoke with, said that continuous dry spells with no rain and snow this winter had increased the

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DGP Swain Calls For Strict Action Against Drug Traffickers In J&K

■ HT News Network

JAMMU, FEB 2: Jammu and Kashmir Director General of Police R R Swain has called for a strict and well-planned action against the criminals involved in drug peddling in the Union Territory. "The (narcotic) trade is

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SEC Reviews Revised Schedule For Panchayat Electoral Roll-2024 Extends Period For Claims/Objection For One Week

■ HT News Network

JAMMU, FEB 2: The State Election Commissioner (SEC), Braj Raj Sharma today chaired a meeting of senior officers to review the revised schedule for Panchayat Electoral Roll-2024 in the Union Territory of Jammu and Kashmir.

Secretary RDD Shahid Iqbal Choudhary, Secretary SEC Susheel

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SIA Carries Out Raids At 5 Locations In Srinagar, Delhi In Terror Funding Case

■ HT News Network

SRINAGAR, FEB 2: State Investigation Agency (SIA) of Jammu and Kashmir Police on Friday carried out raids and searches at five locations in Srinagar and Delhi in a terror funding case.

This was the second round of searches in the case which pertains to illegal raising, layering, mixing and laundering



of illegal proceeds of crime by the accused persons which subsequently is suspected to have been used in unlawful

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Major Crackdown Against Traffic Violators In Baramulla

■ HT News Network

BARAMULLA, FEB 02: In response to the directives of Deputy Commissioner Baramulla, Minga Sherpa, ARTO Baramulla Muazzam Ali has launched a rigorous crackdown on violators of traffic rules across Baramulla District. Over the past two days, significant measures have been taken, including the suspension of 45 driving licenses, 21 vehicles Blacklisted, and 7 root permits

suspended.

Several teams comprising representatives from the Motor Vehicle, police, and revenue departments have been constituted to identify and penalize traffic rules violators across the district. The collaborative effort underscores the importance of coordinated action in addressing road safety concerns.

The stringent actions taken against traffic rules violators are expected to have a

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ADM Kathua Imposes Rs 1.59 Lac Fine On Erring Food Business Operators, Traders

■ HT News Network

KATHUA, FEB 2: In a significant development, the Court of Adjudicating Officer, Additional District Magistrate Kathua, Ranjeet Singh, has taken decisive action against Food Business Operators (FBOs) for violations of the Food Safety and Standards Act-2006.

A total fine of Rs 159,000 has been imposed on several manufacturers, wholesale dealers, and retailers during the proceedings related to the cases in Bani, Basohli, and Kathua blocks.

The penalties were levied in response to the contraventions of the provisions of the Food Safety

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CS takes stock of Dal Lake conservation and beautification measures

■ HT News Network

JAMMU, FEB 02: Chief Secretary, Atal Dulloo today took review of the measures taken so far for the beautification and cleansing of the famous Dal and Nigeen Lakes here.

The meeting was attended by Commissioner Secretary, H&UDD; VC, Lakes Conservation & Management Authority (LCMA) besides other concerned officers.

During this meeting the Chief Secretary took note of the

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CS assures public delegation of making MCH Reasi functional soon

■ HT News Network

JAMMU, FEB 2: Chief Secretary, Atal Dulloo today assured the public delegation from Reasi for making the newly constructed Mother & Child Hospital (MCH) functional soon.

The delegation comprising of ex-PRI and other civil society members today

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The first medals of the Khelo India Winter Games were also decided on Day 1. Eklavya Jagal of Uttar Pradesh won the gold in the under-17 short track (300m) skating for boys. He clocked 31.81 seconds. In the boys 17-plus short track skating, Karnataka's Akash Aradhya (32.81) won the gold medal.

Div Com Kashmir reviews arrangements for smooth observance of Shab-e-Meraj, following Friday

SRINAGAR, FEB 02: The Divisional Commissioner (Div Com) Kashmir, Vijay Kumar Bidhuri Friday took holistic review of arrangements at prime religious places for smooth observance of Shab-e-Meraj and following Friday.

Speaking on the occasion, the Div Com directed concerned officers to ensure availability of all civic amenities including drinking water, power, medical facilities besides sanitation at Shrines, Mosques particularly at Aasar-i-Sharief Hazratbal, Aasar-i-Sharief Kalashpora,

Jenab Sahab Soura, Ziyarat Sharief Kabamarg, Ziyarat Sharief Khiram, Anantnag, Ziyarat Sharief Makhama, Ziyarat Aham -i- Sharief Bani-pora where devotees throng in huge numbers to offer prayers on the night of Shab-e-Meraj.

The meeting was attended by DCs, officers of FCS&CA, Health Services, PDD, PHE, R&B, SMC, Sanitation, Horticulture Department, SRTC, Traffic Department and police.

On the occasion, Div Com directed PDD to ensure uninterrupted power supply besides

SMC was instructed to ensure functioning of street lights.

Similarly, PHE was asked to ensure uninterrupted supply of drinking water at all the religious places besides to keep water tankers available at Hazratbal Shrine.

Also, RTC was asked to arrange adequate transportation via all connected routes to Aasar-e-Sharif Hazratbal, especially during Shab (night prayers) and identification of parking areas for the convenience of vehicle owners.

Div Com directed that an



extra number of buses should be allotted at the time of dispersing of devotees after offering prayers.

He directed the Fire & Emergency department for stationing fire tenders near specific locations for the safety of people and infrastructure.

Concerned officer of SMC was directed to conduct sanitation drives at Shrines and mosques besides task a team for dog catching at Hazratbal Shrine.

Moreover, he urged for deployment of a team of doctors and paramedics, along with

ambulances, across all mentioned locations, especially at Aasar-e-Sharief Hazratbal.

Besides, all the DCs were asked to take stock of arrangements in view of Shab -i- Mehraj in their respective districts particularly at prime religious locations and ensure availability of all civic amenities to facilitate the people.

Police officers were directed to make security arrangements while traffic police were asked to chalk a proper plan for smooth traffic movement on identified routes.

Resilience unlimited: Women in Kashmir's border district of Kupwara brave all odds to beat winter challenges

KUPWARA, FEB02: In the border villages of Kashmir's northern district of Kupwara, winter arrives not merely as a season but as a formidable adversary, testing the mettle of the residents, especially women folk.

The snow clad villages in Kupwara become isolated heavens, amidst the biting cold and challenging conditions. But the women here demonstrate a remarkable spirit as they navigate through the winter months.

As the first snowflakes descend, transforming the landscape into a pristine white canvas, the women take on the mantle of ensuring their families endure the winter. With temperatures plummeting to sub-zero levels, their daily routines become a testament to courage and determination.

Halima, 45, a housewife, Pushwari Machil village, told news agency—Kashmir News Observer (KNO) that women wake up before the first light of dawn, to lit wood-fired stoves to warm their homes and prepare for the day ahead. "It's really challenging, but we are used to it now," she beams. She is not alone in this battle against cold as many other women in her community do the same.

The crackling sound of burning wood accompanies the morning ritual, a melody that signifies not just the battle against the winter chill but also defines the borderland communities.

The border women embark on the various tasks that winter demands. One of the most demanding tasks faced by these women is securing water, as freezing temperatures turn local water sources into icy reservoirs.

"One of the biggest challenges for us is to embark on a treacherous journey to fetch water in heavy containers on our heads and shoulders. Walking through snow-covered paths is difficult," said Shaheena Begum

Tabasum, a resident of Badwan Tangdar, the mother of two children, holding a cup of tea in her hand, having students of different classes from her neighbourhood, around her and a heating stove at the corner of the room narrates a tale of courage. "Teaching students is one of the toughest jobs during winter months. Children wither in cold but we ensure heating arrangements for them as they are our future," she said.

She said that schools are often inaccessible during the winter months, so she has taken the responsibility of educating them at home. The living rooms transform into impromptu classrooms, where women become educators, ensuring that the flame of knowledge continues to burn amid the chilling breeze of snow.

"Despite the harsh conditions, the women of Kupwara remain the backbone of their communities, shouldering responsibilities with a quiet strength that resonates through the snowy landscape. Community bonds are further strengthened during the winter months, as women gather in shared spaces to engage in collective activities.

As the snow begins to recede and the promise of spring looms on the horizon, the heroines of Kupwara stand as living testimonials to the strength found within the hearts of those who brave the winter in these borderlands.

Several migratory bird species of global conservation in Wular Lake at brink of extinction

SRINAGAR, FEB 02: Known for its avian genus, several species of global conservation in Wular Lake are at the brink of extinction.

According to the official documents accessed by the news agency—Kashmir News Observer (KNO) five migratory bird species of global conservation in Wular Lake have been categorized as critically endangered.

These species include White-bellied Heron, Pink-headed Duck, Baer's Pochard and Kashmir Cat-fish.

Located in the foothills of Harmukh Mountain, Wular Lake is Asia's second-biggest freshwater lake.

The Lake has a total area of 200 square kilometers, with a length of about 24 kilometers and a width of 10 kilometers.

The official documents further reveal that the species like Oriental Stork, White-headed Duck,



White-winged Duck and Black-bellied Tern have been categorized as in endangered category.

Besides, species like Black-necked Crane, Indian Skimmer, Marbled Teal, Asla and Common

Carp have been seen as vulnerable.

The documents, while mentioning the species richness, said that in Wular Lake there are 56 types of birds, 39 types of fishes

and twenty plus different types of plants.

Stating the threats to the Lake, it reads that the construction of embankments, siltation, pollution and encroachment of Willow

plantation are some of the major threats to the Lake.

Meanwhile, the latest data maintained by the Wetlands of India Portal of the Ministry of Environment, forest and climate change of Government of India, there are two lakes and a wetland in Jammu and Kashmir that have been listed under the threat category.

The data reveals that the Hokera wetland also known as Hokersar is reeling under the threats of encroachment, invasive species proliferation, pollution and siltation. "Potential threats include recent housing facilities, littered garbage, and demand for increasing tourist facilities."

Similarly, the Wular Lake has also been listed in the threat category wherein the threats like encroachment, hydrological regime alteration, pollution and siltation has been mentioned.

Dry spell jolts Srinagar's famous floating market, but growers continue to feed City with Veg varieties

SRINAGAR, FEB 02: A narrow wooden pathway starting from the Chowdary Bagh area of Rainawari leads to a renowned floating market nestled within the heart of Dal Lake in Srinagar. Every morning, prior to the sunrise, hundreds of people from different parts of the capital city visit the market to purchase different kinds of fresh vegetables cultivated in the wet or floating fields within the lake.

The farmers offer a variety of vegetables to their customers, who arrive in empty boats, to purchase vegetables like turnips, tomatoes, cucumbers, lotus stems [locally known as Nardoo] among others. These vegetables are later sold at various locations across the city.

"We sell around 200 to 300 kilograms of vegetables to customers every day," Mehraj Ud Din, a farmer who cultivates lotus stems in the famous market, told news agency—Kashmir News Observer (KNO). "This year the production was lower com-

pared to previous years due to the dry spell during the peak winter," he added.

Fifty percent of the crops, Din said, were damaged due to the dry spell. He added that scarcity of snowfall and rainfall had a financial impact on farmers like him making it difficult to earn the amount they deserve.

"We prefer not to use water from the lake due to pollution concerns because contaminated water affects our produce," Din said. "Over last half a decade the situation has worsened to the extent that using this water results in our crops burning due to the presence of harmful chemicals spilled through drains," he added.

Shabir Ahmad Sheikh, a vegetable seller within the floating market of the Dal Lake, told KNO that during the summer over 300 boats belonging to retailers visit the market.

"June-July is our peak season and we supply vegetables to the entire city in at least 300 to 400 boats," said

Sheikh. "During the winter season we hardly find 60 to 70 boats," he said, adding not everyone can make it there due to the intense cold.

"This vegetable market is not merely a place of commerce but a symbol of resilience," Sheikh said. "Farmers as well as our customers face different challenges such as weather uncertainties to ensure regular food supply for the people of Kashmir especially living in Srinagar," he added.

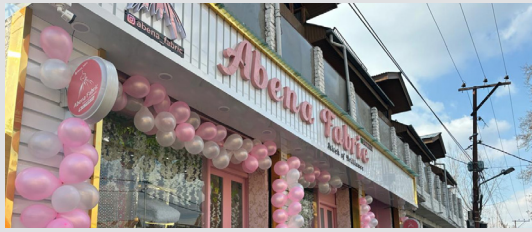
Meanwhile, Din, the grower, revealed to KNO that retailers buy vegetables at one-fourth of the market price.

"We farmers desire to sell our vegetables independently but we lack space for it," Din said. "I as a farmer urge the Government to designate a spot for us where we can directly sell our produce," he said, adding, the initiative would "benefit all parties involved including the general public who would purchase vegetables at a low cost."

Srinagar siblings encourage youth towards financial independence

ADVISE THEM NOT TO WAIT FOR GOVT JOBS, START FROM A LITTLE

SRINAGAR, FEB 02: Two well-educated sisters hailing from Srinagar district have embarked on a journey to become financially independent and create job opportunities for others through their fabric business. Anju Baqal, an M.Com and B.Ed



graduate, alongside her sister Yasmeen Baqal, who holds an M.Tech degree, has established the business venture 'Abena Fabric' in Sadrabal Hazratbal.

Speaking with the news agency—Kashmir News Observer (KNO), Anju said her entrepreneurial journey dates back to her childhood.

"From a young age, I had a keen interest in pursuing a business related to art and design, and to create employment opportunities for others," she said. "With a positive mindset to become financially independent and create job opportunities for others, I have started this wonderful life journey with my sister."

Anju said before starting the business, she worked as a team leader at several places. Thereafter, I discussed the idea with sisters and parents who provided financial support to kickstart the venture, she said.

"The primary goal behind our business is to serve as an inspiration for the younger generation and cultivate a positive mindset towards women's entrepreneurship," Baqal added. Anju has a message to individuals awaiting job opportunities, and urged them to move beyond "day-dreaming". "My advice is for those who keep waiting for jobs and expecting miracles. They should start small and prove their capabilities," Baqal stressed.

Anju encouraged the youth, particularly women, to explore entrepreneurship instead of solely pursuing government jobs. "With determination, they can establish small businesses, achieve independence and lead fulfilling lives," she said.

Draining out water to top dressing, Agri deptt issues advisory to framers post- snowfall

SRINAGAR, FEB02: After fresh snowfall, the Department of Agriculture Kashmir has issued an advisory to the farmers, asking them for necessary maintenance of the fields for better health of crops. A vast area in Kashmir currently is under mustard cultivation, which largely depends on the precipitation during the winter months.

As the valley received a fresh snowfall on Wednesday, the agriculture department has advised the farmers to take various protective measures for protecting crops from diseases.

While talking to the news

agency—Kashmir News Observer (KNO), Director agriculture Choudhary Mohammad Iqbal said the farmers should essentially drain out the water from the fields. "After snowfall, there is much possibility that water may accumulate in the fields. Stagnation of water leads to various problems in crops. So, the farmers should essentially drain out the water from the fields so that crops, especially mustard, are protected from diseases," he said.

In addition to the draining out of water, the director agriculture said that top dressing should be also done for nutrient require-



ments of crops. "With the top dressing, the crops get abundant nitrogen for normal growth. Farmers should ensure top dressing as soon as possible so that our crops get ample nutrients from the fertilizers," he said.

Iqbal said the rabi crops were in dire need of a wet spell, saying the prolonged dry spell affects its normal growth.

"Snowfall proves a blessing for our rabbi as well as kharif crops. Our soil gets ample moisture during winter months with spells of snowfall and rains. Our glaciers are the source of water, which is used for drinking as well as for irrigating our crops," he said.

Growers are also rejoicing as the valley receives a fresh blanket of snow, providing much-needed

relief to the farming community.

Farmers had been concerned about the water levels required for their crops, especially in the absence of substantial precipitation from the last two months.

They said the snowfall is a promising sign for a fruitful harvest in the upcoming season.

"This snowfall is like a lifeline for our crops. The moisture from the snow will seep into the soil, replenishing it and providing a much-needed boost for our crops and orchards. We are hopeful for a few more spells of snowfall," said Mohammad Akbar Dar, a grower from Baramulla.

DC Kulgam chairs Road Safety Committee meeting

Instructs concerned to ensure zero tolerance against overloading, other violations

■ **Farooq Rather**

KULGAM, FEBRUARY 02: The Deputy Commissioner (DC) Kulgam, Athar Aamir Khan today chaired the District Road Safety Committee meeting to deliberate on road safety measures in the district.

The meeting extensively discussed road safety action plan, Road Safety Act, road signage and traffic calming measures etc.

The DC also took a detailed report about the tasks assigned to different departments during the previous Road Safety Committee meetings.

A comprehensive list of activities related to road safety and

traffic management was presented in the meeting.

The DC underscored the importance of inter-departmental coordination to enhance the overall system.

Authorities were directed to rectify Black Spots, erect crash barriers, install road signage, and implement traffic regulations in letter and spirit

He emphasized on ensuring fitness certificates for vehicles, curbing traffic rule violations, and enforcing strict actions against violators.

The DC also instructed MVD and other stakeholders to take awareness activities at large scale across the district and EOs were instructed to remove all road side and footpath encroach-



ments. The meeting was attended by ADC, Viqar Ahmad Giri, ACR, ASP, SER&B Circle Kulgam, CEO, Executive Engineer R&B, ARTO and other committee members. The Deputy Commissioner (DC) Kulgam, Athar Aamir Khan today chaired the District Road Safety Committee meeting to deliberate on road safety measures in the district.

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PUBLIC NOTICE

I informed to general public that Father namely **ABDUL KABEER BHAT S/O WALI MOHAMMAD BHAT R/O BANDIPAYEEN** has died on 20/12/1983... Now I am applying for his death certificate. If anybody have any objection in this regard He/she may file his / her objection in the BDO office WAGOORA within seven days from the publication of this notice after that no objection will be entertained .

Name... **MOHAMMAD AKBER BHAT**
S/O **ABDUL KABEER BHAT**
R/O..... **BANDIPAYEEN**
Block... **WAGOORA**
Distt **BARAMULLA**

PUBLIC NOTICE

I informed to general public that husband namely **ABDUL RASHID BHATH/O ZEENA BEGUM R/O JAHANGIRPORA SHARKWARA** has died on 26/05/2020... Now I am applying for his death certificate. If anybody have any objection in this regard He/she may file his /her objection in the BDO office WAGOORA within seven days from the publication of this notice after that no objection will be entertained .

Name..... **ZEENA BEGUM**
W/O **LATE ABDUL RASHID BHAT**
R/O..... **JAHANGIRPORA SHARKWARA**
Block... **WAGOORA**
Distt **BARAMULLA**

PUBLIC NOTICE

This is for information of general public that the (Electric bill) power connection is registered on name **GH MOHAMMAD KUMAR S/O ...GH QADIR KUMAR R/O NOWPORA ...** Now this Connection bearing Consumer ID NO 0212040004310 wants to be registered on my name **MOHAMMAD RAMZAN KUMAR S/O ABDUL REHMAN R/O NOWPORA GAGIR..** If anybody have any objection in this regard He/She may file his/her objection in the concerned PDD office within seven days from the date of publication of this notice after that no objection will be entertained

NAME..... **MOHAMMAD RAMZAN KUMAR**
S/O... **ABDUL REHMAN KUMAR**
R/O .. **NOWPORA GAGIR**

PUBLIC NOTICE

I informed to general public that my twin Daughter's **IYMAN ISHPAK** and **AARZOO ISHPAK** her Date of birth (DOB) is 01/02/2021... Now I am applying for his date of birth certificate (DOB) if anybody have any objection in this regard He/She may file His /her objection in the (BDO) office WAGOORA within seven days from the publication of this notice after that no objection will be entertained .

NAME... **ISHPAK AHMAD SIRAJ**
F/O.... **IYMAN ISHPAK**
F/O..... **AARZOO ISHPAK**
R/O..... **WATERGAM BLOCK.... WAGOORA**

PUBLIC NOTICE

I informed to general public that my Date of birth (DOB) is 10/06/1993... Now I am applying for my date of birth certificate (DOB) if anybody have any objection in this regard He/She may file His /her objection in the (BDO) office WAGOORA within seven days from the publication of this notice after that no objection will be entertained .

NAME... **FEHMIDA BANO**
D/O..... **GH NABI BHAT**
R/O..... **SULTANPORA KANDI**
BLOCK.... **WAGOORA**

PUBLIC NOTICE

It is informed to general public that I have applied for a Fresh pesticides license in Agricultural Department if anybody have any objection in this regard he/she may file any objection before the PPO Lal Mandi Srinagar within a period of 7 days after expiry of said period no objection may be entertained .

UMER AHAD BHAT
S/O **AB AHAD BHAT R/O KALANTRA TEHSIL KREERI DISTT**

PUBLIC NOTICE

I informed to general public that my Son namely **MU-SAIB BILAL NAJAR S/O BILAL AHMAD NAJAR** had born on 20-12-2013 at SDH Kreeri already registered in Police Station Kreeri Vide Registration Number 25/15A/PSK/2013 Dated:-16/01/2014 but was not issued till date i.e 29-01-2024. Now I am applying for issuance of his birth certificate. If anybody have any objection in this regard He/she may file his /her objection in the BDO office Wagoora / Tehsildar Kreeri within seven days from the publication of this notice after that no objection will be entertained.

Rukhsana Begum
M/O:- **Musaib Bilal Najar**
R/O:- **Kalantra Payeen**
Tehsil Kreeri District Baramulla

PUBLIC NOTICE

I informed to general public that my daughter **AISHA YOUSUF** her Date of birth (DOB) is 29/01/2015, and my Son **AYAAN YOUSUF** his Date of birth (DOB) is 01/01/2014... Now I am applying for his/her date of birth certificates (DOB) if anybody have any objection in this regard He/She may file His /her objection in the (BDO) office WAGOORA within seven days from the publication of this notice after that no objection will be entertained

NAME... **MOHAMMAD YOUSUF KHAN**
F/O.... **AISHA YOUSUF**
F/O..... **AYAAN YOUSUF R/O.... NILSAR BLOCK.... WAGOORA**

GOVERNMENT OF JAMMU & KASHMIR OFFICE OF THE TEHSILDAR KREERI (Executive Magistrate 1st Class)

Subject: Issuance of Registration Orders in respect of delayed Birth/ Death certificate.

PUBLIC NOTICE

The Registrar Births and Deaths (Block Development Officer Wagoora)/ chokedar has submitted case file pertaining to Birth of **DOSHEENAH JAN D/O MOHAMMAD ASHRAF KHAN R/O KREERI** Tehsil Kreeri Distt. Baramulla having verified the date of Birth, as 24/02/2022 and event has been shown to be occurred at S.D.H Kreeri for issuance of delay order .In this connection .

If anyone have any objection to the issuance of delay order of birth certificate shall present his/her claim this office within 07 days, after that no objection shall be entertained

EXECUTIVE MAGISTRATE 1ST CLASS
KREERI

GOVERNMENT OF JAMMU & KASHMIR OFFICE OF THE TEHSILDAR KREERI (Executive Magistrate 1st Class)

Subject: Issuance of Registration Orders in respect of delayed Birth/ Death certificate.

PUBLIC NOTICE

The Registrar Births and Deaths (Block Development Officer Wagoora)/ chokedar has submitted case file pertaining to Birth of **WAJID SHAFAT S/O MOHD SHAFAT CHOPAN AND RUTHBA SHAFAT S/O MOHD SHAFAT CHOPAN R/O MIRGUND NOWPORA** Tehsil Kreeri Distt. Baramulla having verified the date of Birth, as 06/05/2016 and 30 /09/2014 and event has been shown to be occurred at S.D.H Kreeri for issuance of delay order .In this connection .

If anyone have any objection to the issuance of delay order of birth certificate shall present his/her claim this office within 07 days, after that no objection shall be entertained

EXECUTIVE MAGISTRATE 1ST CLASS
KREERI

PUBLIC NOTICE

I informed to general public that husband namely **HAJI MOHAMMAD MAQBOOL MIRH/O RAJA BEGEM R/O KREERI** has died on 31/10/2023... Now I am applying for his death certificate. If anybody have any objection in this regard He/she may file his /her objection in the BDO office WAGOORA within seven days from the publication of this notice after that no objection will be entertained.

Name..... **RAJA BEGEM**
W/O **LATE MOHAMMAD MAQBOOL MIR**
R/O..... **KREERI Block ...WAGOORA DisttBARAMULLA**

PUBLIC NOTICE

I informed to general public that my Son's Date of birth (DOB) is 05/01/2010... Now I am applying for his date of birth certificate (DOB) if anybody have any objection in this regard He/She may file His /her objection in the (BDO) office WAGOORA within seven days from the publication of this notice after that no objection will be entertained .

Name.... **GHULAM HASSAN PALLA**
F/O.... **SAMEER HASSAN PALLA**
R/O..... **JAHANGIRPORA SHARAKWARA SHIRPORAGARGARUN**
Block.... **WAGOORA**

PUBLIC NOTICE

Registration of Non-Institutional Birth Event

This is for information to the general public that I want to register the Birth Event of my Child namely **KHULAIFA RAOUF S/O AB Raouf Malik** at R/O **BATKOTE** District Anantnag with date of birth as 1-2-2022 at Block Development Office Pahalgam (Registrar Birth & Death). The said Birth event has occurred at my home and not in any Hospital. Anybody having any objection in this regard, can file his/her objection in the office of BDO Pahalgam within 07 days from the publication of this notice.

NAME: **AB, RAOUF MALIK**
S/O: **MOHD. RAMZAN MELIH**
R/O **BATAKOTE**
CONTACT NO:- **94692 07894**

GOVERNMENT OF JAMMU & KASHMIR OFFICE OF THE TEHSILDAR KREERI (Executive Magistrate 1st Class)

Subject: Issuance of Registration Orders in respect of delayed Birth/ Death certificate.

PUBLIC NOTICE

The Registrar Births and Deaths (Block Development Officer Wagoora)/ chokedar has submitted case file pertaining to Birth of **FAIZAN RAFIQ GANAIE D/O MOHAMMAD RAFIQ GANAIE R/O KOHLINA** Tehsil Kreeri Distt. Baramulla having verified the date of Birth, as 09/06/2014 and event has been shown to be occurred at S.D.H Kreeri for issuance of delay order .In this connection .

If anyone have any objection to the issuance of delay order of birth certificate shall present his/her claim this office within 07 days, after that no objection shall be entertained

EXECUTIVE MAGISTRATE 1ST CLASS
KREERI

GOVERNMENT OF JAMMU & KASHMIR OFFICE OF THE TEHSILDAR KREERI (Executive Magistrate 1st Class)

Subject: Issuance of Registration Orders in respect of delayed Birth/ Death certificate.

PUBLIC NOTICE

The Registrar Births and Deaths (Block Development Officer Wagoora)/ chokedar has submitted case file pertaining to Birth of **HUMAIRA RAFIQ D/O MOHAMMAD RAFIQ R/O KOHLINA** Tehsil Kreeri Distt. Baramulla having verified the date of Birth, as 20/09/2017 and event has been shown to be occurred at S.D.H Kreeri for issuance of delay order .In this connection . If anyone have any objection to the issuance of delay order of birth certificate shall present his/her claim this office within 07 days, after that no objection shall be entertained

EXECUTIVE MAGISTRATE 1ST CLASS
KREERI

PUBLIC NOTICE

I informed to general public that my Daughter's Date of birth (DOB) is 13/12/2013... Now I am applying for his date of birth certificate (DOB) if anybody have any objection in this regard He/She may file His /her objection in the (BDO) office WAGOORA within seven days from the publication of this notice after that no objection will be entertained

Name..... **MUSHTAQ AHMAD SIRAJ**
S/O... **ABDUL GANI SIRAJ**
F/O.... **MEHFOOZA MUSHTAQ**
R/O..... **WATERGAM Block.... WAGOORA**

GOVERNMENT OF JAMMU & KASHMIR OFFICE OF THE TEHSILDAR KREERI (Executive Magistrate 1st Class)

Subject: Issuance of Registration Orders in respect of delayed Birth/ Death certificate.

PUBLIC NOTICE

The Registrar Births and Deaths (Block Development Officer Wagoora)/ chokedar has submitted case file pertaining to Birth of **SIDRA JAN D/O NASEER AHMAD HAJAM R/O PUTUKHAH** Tehsil Kreeri Distt. Baramulla having verified the date of Birth, as 16/07/2022 and event has been shown to be occurred at S.D.H Kreeri for issuance of delay order .In this connection .

If anyone have any objection to the issuance of delay order of birth certificate shall present his/her claim this office within 07 days, after that no objection shall be entertained

EXECUTIVE MAGISTRATE 1ST CLASS
KREERI

GOVERNMENT OF JAMMU & KASHMIR OFFICE OF THE TEHSILDAR KREERI (Executive Magistrate 1st Class)

Subject: Issuance of Registration Orders in respect of delayed Birth/ Death certificate.

PUBLIC NOTICE

The Registrar Births and Deaths (Block Development Officer Wagoora)/ chokedar has submitted case file pertaining to Birth of **MOHAMMAD HAMZA TANTARY S/O JAVID AHMAD TANTARY R/O SHARKWARA** Tehsil Kreeri Distt. Baramulla having verified the date of Birth, as 10/10/2020 and event has been shown to be occurred at S.D.H Kreeri for issuance of delay order .In this connection .

If anyone have any objection to the issuance of delay order of birth certificate shall present his/her claim this office within 07 days, after that no objection shall be entertained

EXECUTIVE MAGISTRATE
1ST CLASS KREERI

GOVERNMENT OF JAMMU & KASHMIR OFFICE OF THE TEHSILDAR KREERI (Executive Magistrate 1st Class)

Subject: Issuance of Registration Orders in respect of delayed Birth/ Death certificate.

PUBLIC NOTICE

The Registrar Births and Deaths (Block Development Officer Wagoora)/ chokedar has submitted case file pertaining to Birth of **HIDAYAT NAZIR D/O NAZIR AHMAD SHEIKH R/O TELGAM** Tehsil Kreeri Distt. Baramulla having verified the date of Birth, as 20/05/2018 and event has been shown to be occurred at S.D.H Kreeri for issuance of delay order .In this connection .

If anyone have any objection to the issuance of delay order of birth certificate shall present his/her claim this office within 07 days, after that no objection shall be entertained

EXECUTIVE MAGISTRATE 1ST CLASS
KREERI

Deputy Commissioner Rajouri inspects proposed site for Mini Secretariat building

■ HT News Network

RAJOURI, FEBRUARY 02: Deputy Commissioner Rajouri Om Prakash Bhagat, in a proactive and hands-on approach to advance the infrastructural development in Rajouri, embarked on a detailed on-site visit to the proposed location earmarked for the construction of the Mini Secretariat building. The visit was rich in direct observation and assessment, marking a pivotal moment in the trajectory of the project. He was accompanied by the Chief Planning Officer, Mohammad Khurshid, SE PWD (R&B), Devi Dayal; Tehsildar Rajouri, Varinder Sharma; Executive Engineer of the Public Works Department (R&B) Rajouri, Sardar Khan

The Deputy Commissioner conducted a comprehensive evaluation of the expansive 88 kanal and 14 marla land slated for the Mini Secretariat. The objective was clear - to meticulously inspect and gauge various aspects that would contribute



to the success and efficiency of this crucial infrastructural endeavor.

During the on-site visit, emphasis was placed on crucial factors such as accessibility, environmental impact, and the potential for future expansion. The Deputy Commissioner, through this inspection, aimed to ensure that the selected site aligns seamlessly with the vision of the Mini Secretariat as a central hub for government

departments, streamlining administrative processes, and significantly improving public service delivery in Rajouri. Additionally, he also asked the concerned officer from the PWD (R&B) to prepare the DPR for the mini secretariat building at the earliest. This on-site visit, led by Deputy Commissioner Om Prakash Bhagat, is a landmark step forward in the realization of the Mini Secretariat project.

Kishtwar admin initiates Anti-Encroachment drive along Market Highways to restore Public Space

■ HT News Network

KISHTWAR, FEBRUARY 02: The District Administration Kishtwar, led by Deputy Commissioner Dr. Devansh Yadav, today executed a thorough anti-encroachment drive in the Main Bus Stand and Market areas along the National Highway. The drive was jointly conducted by the officials from Revenue, Municipal Committee, and assisted by a police team.

The initiative aimed to reclaim public spaces from illegally installed stalls and reharis etc. During the operation, the team effectively removed encroachments on footpaths and confiscated goods displayed outside shops infringing the public space. Violators faced stringent



actions, issued challans and notices with a stern warning to refrain from encroaching on footpaths and roads. The comprehensive approach extended to seizing vegetables, fruits, and temporary decorative materials from the front of business establishments. The team also scrutinized the licenses of roadside Reharis, penalizing those without valid permissions.

Auto rickshaw operators were advised to park only at authorized stands, ensuring smoother traffic flow. The drive, spanning over an hour, resulted in the removal of seized goods by the district administration for further necessary actions. Later, the Deputy Commissioner also engaged in a productive dialogue with representatives from Traders associa-

tions/ Beopar Mandal Kishtwar, Business Owners, and Khoka and Rehadi walas here in the Conference Hall.

The meeting focused on addressing the grievances of Shopkeepers, Hawkers and Street Vendors, who shared their concerns with the DC. Impressively, DC Kishtwar promptly redressed these grievances and briefed the representatives on the proactive initiatives undertaken by the District Administration Kishtwar to enhance the market landscape, free of congestion and encroachments alongside footpaths.

Emphasizing the importance of creating a conducive environment, DC Kishtwar advocated for the shifting of Hawkers and Rehari walas to the newly designated Vending Place near the old wineshop.

PMRU hosts consumers' awareness program on pharmaceutical drugs at District Hospital Kathua

■ HT News Network

JAMMU, FEBRUARY 02: An Orientation Programme to generate consumer awareness on price monitoring and availability of pharmaceutical drugs was organized today here in District Hospital Kathua. The event was hosted by Price Monitoring & Resource Unit, (PMRU) J&K under the supervision of Controller, Drugs & Food Control Organization, J&K Lotika Khajuria.

The objective of the Programme was to highlight the importance of affordability and availability of safe, quality and efficacious drugs to the end users and to ensure that there is no shortage of Life saving/essential medicines in the U T of J&K. The said Programme was attended by various stakeholders, general public, representatives from Pharma Associations and Drug regulatory authorities.

Deputy Drugs Controller, Mohammad Iqbal Palla was the Chief Guest of the function, who informed that the primary function of PMRUs is to assist NPPA in monitoring the prices of drugs, ensuring availability of drugs and raising consumer awareness. He said that PMRUs act as collaborating partners of NPPA with information gathering mechanisms at the grass-roots level to ensure seamless availability of all essential medicines and report the violations on notified prices of scheduled and non-scheduled formulation to NPPA through State Drugs Controller.

Rajesh Anguralla, DDC (ILC) added that PMRU can play an important role in the healthcare system as our BPL population can get benefitted if drug molecules are prescribed in generic names only. He emphasized that an aggressive awareness campaign can help to generate mass

Doda: Competent Committees approve 4062 financial assistance cases under different self-employment schemes

■ HT News Network

DODA, FEBRUARY 02: District Level Competent Committees, under the Chairmanship of District Development Commissioner (DDC) Doda, Harvinder Singh today approved 4062 cases for the subsidised financial assistance to the eligible unemployed youth under MUMKIN, Tejaswini, PMREGP, Spurring Entrepreneurship Scheme, and PM Vishwakarma. The District Level Task Force Committee (DLTFC), chaired by DDC Harvinder Singh interacted with aspiring entrepreneurs and asked them about prospects, scope of the setup proposed by each applicant, and operational strategy of their ventures. The DDC stressed the concerned officers to provide adequate handholding to beneficiaries and ensure timely disbursement of the



approved cases. He advised the beneficiary entrepreneurs to work hard, prove their potential, and create avenues of employment for not only themselves but also for others.

The District Level Implementation Committee (DLIC) Doda, chaired by DDC Harvinder Singh, evaluated the implementation of Mission Youth schemes, including MUMKIN, Tejaswini, and Spurring Entre-

preneurship Scheme. Chaired by the District Development Commissioner (DDC), the meeting aimed to assess the impact of these youth-centric initiatives. In the opening discussion, the committee scrutinized the status of the Mission Youth schemes. Notably, the committee granted approval to 51 cases/applications received online under the MUMKIN scheme. Under the Tejas-

wini schemes, three women received approval for the financial assistance to start their own business establishment for gainful livelihood, while under the Spurring Entrepreneurship Scheme, 6 unemployed youth got approval for their proposed ventures.

Furthermore, the District Level Task Force Committee (DLTFC) approved 33 self-employment cases under the Jammu and Kashmir Rural Employment Generation Programme (JKREGP) for financial assistance to the eligible unemployed beneficiaries to start their own livelihood venture. The District Development Commissioner Doda also approved 3969 cases under the PM Vishwakarma scheme during the meeting.

The General Manager, District Industries Centre, provided an updated list of 3969 artisans who have been approved at the district level committee.

SBI-RSETI's one month Tailoring Course for Women concludes at Kishtwar

■ HT News Network

KISHTWAR, FEBRUARY 02: The one-month skill development course for Women in Tailoring trade organised by State Bank of India, Rural Self Employment Training Institute Kishtwar (SBI-RSETI) concluded today.

A grand valedictory ceremony, held at SBI-RSETI Kishtwar, marked the culmination of the training program in which 25 candidates, hailing from different blocks of the district, were trained.

The chief guest for the event was Dr. Vinod Kumar, District Nodal Officer (DNO) JKEDI. Besides, LDM Pankaj Badani and Employment Officer Vinod Shant were also present on the occasion.

The Chief Guest addressed the gathering and highlighted the importance of the Skill Development course. He elaborated the future prospects that the skill development course offers in employability and entrepreneurship.

Emphasizing the importance of staying abreast of industry trends, he provided guidance on how the newly acquired skills align with the evolving needs of the job market, fostering a sense of preparedness among the participants.

The Employment Officer, DECC Kishtwar, shared valuable information about various government-sponsored schemes like Tejaswini, Avsar, under which financial assistance would be given only to women between the ages of 18 to 35 years, having a qualification of 10th standard or above. He also highlighted the schemes as avenues for further opportunities and support for individuals actively seeking employment.

Dr. Rakesh Magotra takes over as DHSJ

■ HT News Network

JAMMU, FEBRUARY 02: Dr. Rakesh Magotra today took over as Director Health Services Jammu. He was Medical Superintendent Government Hospital Gandhi Nagar Jammu prior to joining as Director Health Services Jammu. The charge of Director Health Services Jammu is in addition to the post of Dy. Director Health Services (HQ) Jammu that has been assigned to Dr. Rakesh Magotra. He joined as Assistant Surgeon in the Health Department and served the department in various other capacities as Block Medical Officer Bishnah, Dy. Chief Medical Officer Samba and Chief Medical Officer Kathua.

As the new Director, Dr. Rakesh Magotra shall oversee the health services in Jammu Division and with his previous administrative experiences will contribute to the betterment of the healthcare system.

ADM Kathua imposes Rs 1.59 lac fine on erring FPOs, traders

■ HT News Network

KATHUA, FEBRUARY 02: In a significant development, the Court of Adjudicating Officer, Additional District Magistrate Kathua, Ranjeet Singh, has taken decisive action against Food Business Operators (FBOs) for violations of the Food Safety and Standards Act-2006.

A total fine of Rs 159,000 has been imposed on several manufacturers, wholesale dealers, and retailers during the proceedings related to the cases in Bani, Basohli, and Kathua blocks. The penalties were levied in response to the contraventions of the provisions of the Food Safety and Standards Act-2006 by the traders of aforementioned areas. The ADM, serving as the Adjudicating Officer, emphasized the importance of adhering to legal regulations in the food industry. He sternly warned the erring FBOs to comply with the Food Safety and Standards Act and its associated rules, cautioning that non-compliance will result in stricter consequences in the future. It is crucial to note that the Adjudicating Officer, under the FSS Act-2006, directed the Concerned Enforcement Agency to take stern action against the violators. This directive aims to ensure that consumers are provided with wholesome and safe food by maintaining rigorous enforcement of the regulatory framework.

DC reviews status of Health and Education Sector Projects in Rajouri District

■ HT News Network

RAJOURI, FEBRUARY 02: Deputy Commissioner Rajouri, Om Prakash Bhagat on Friday chaired a crucial meeting to assess the progress of ongoing projects in the health and education sectors within the district.

The Chief Medical Officer provided a comprehensive overview of the health sector projects, detailing 42 ongoing works funded through District Capex, UT Capex, TSP, BADP, NABARD, and UT Capex. The CMO diligently briefed about the physical and



financial progress of each project, highlighting the collective effort to enhance healthcare infrastructure.

Shifting focus to the education sector, the meeting revealed that

work is underway on a total of 53 projects in elementary and secondary Education, with 15 already completed. Under UT Capex, out of 12 projects, 04 projects are complete.

The Deputy Commissioner emphasized the significance of educational initiatives in fostering community development and directed officers to prioritize these projects.

In his address, Deputy Commissioner Om Prakash Bhagat stressed the importance of adhering to set timelines and maintaining high-quality standards in project execution.

Director Command Area Development Jammu reviews progress of Shahpur Kandi CAD project Kathua

■ HT News Network

KATHUA, FEBRUARY 02: Director Command Area Development, Jammu, Shiv Kumar Gupta reviewed the ongoing OFD Works of Shahpur kandi CAD project phase-I sanctioned under NABARD and conducted extensive inspections during field tour. After the completion of Shahpur Kandi Dam project, the discharge of irrigation water in the main Ravi canal is expected to increase substantially through gravity which is presently being lifted through pumping. In a state of being preparedness to harness the likely

increase in the discharge of water in the Ravi canal and its distributaries, concurrently the Command Area Development, Jammu prepared Shahpur Kandi CAD project Phase -I in which 5429 Hectares CCA will be covered on MRC distributaries number D1, D2, D3 & 3A, D4 & 4A, D5, D10, D11 & D12 at an estimated cost of Rs1919.15 lakh by which 3350 farming families are expected to be benefited. This project was submitted to NABARD by the Agriculture Production Department which stands approved. While reviewing the progress, it was informed that 1780 Hactares of Cultivable area have been covered.

At 'SVANidhi Se Samriddhi' Awareness Camp, DC Poonch highlights flagship Govt Schemes for Street Vendors

■ HT News Network

POONCH, FEBRUARY 02: A special camp titled 'SVANidhi Se Samriddhi' was organized at the Municipal Council Poonch with the aim of profiling street vendors and their family members and facilitating the sanctioning of government welfare schemes for eligible beneficiaries.

The camp witnessed the presence of Deputy Commissioner Poonch, Yasin M. Choudhary, who engaged with the street vendors, explaining varied schemes available and encouraged their active participation.

The Deputy Commissioner emphasized the significance of the camp, stating that it was exclusively organized for the street vendors and urged them to take advantage of the government schemes. He advised the officers present to create maximum awareness and ensure on-the-spot benefits of these schemes to the eligible people.



The camp brought together officials from across all departments and banks under one roof, streamlining the

process of loan sanctioning for the beneficiaries. This consolidated approach made it easier for the street vendors and their family members to access different schemes offered by departments and ministries. A total of 120 street vendors and their family members actively participated in the camp.

The primary objective of the programme was to map the socioeconomic profile of the PM SVANidhi beneficiaries and their families. It aimed to assess their potential eligibility for various central welfare schemes and establish connections to these schemes. The socioeconomic profiling of the PM SVANidhi beneficiaries and their families focused on collecting information regarding housing and other assets, health coverage and disability status, education, skills and employment, women and child welfare, banking and insurance, migration status, occupational categories of family members, aspirational mapping, and any other relevant areas.

EDITORIAL

Drinking Water Crisis and the Possibility of Jaundice Outbreak

The recent outbreak of jaundice in Shopian, attributed to contaminated water sources, serves as a stark reminder of the precarious state of clean drinking water in Kashmir. The contamination, believed to stem from various pollutants infiltrating the water supply, has triggered widespread concern among health authorities and residents alike.

The ramifications of this outbreak extend far beyond the boundaries of Shopian, potentially casting a shadow of adversity over the entire region. If the issue persists and clean water sources continue to dwindle, the consequences could be dire.

Firstly, the health implications are profound. Jaundice, a condition characterized by yellowing of the skin and eyes, can lead to serious complications if left untreated. The influx of jaundice cases not only strains the already burdened healthcare system but also jeopardizes the well-being of individuals, particularly the most vulnerable segments of society.

Moreover, the socio-economic fabric of Kashmir stands at risk. Communities reliant on agriculture, which forms the backbone of Kashmir's economy, could face unprecedented challenges if water scarcity persists.

Without access to clean water for irrigation purposes, crop yields may plummet, exacerbating food insecurity and economic hardship for farmers and their families.

Addressing the jaundice outbreak in Shopian demands immediate action and long-term solutions to safeguard the region's water resources. Investments in water treatment infrastructure, stringent regulations to curb pollution, and community awareness initiatives are imperative steps in mitigating the crisis.

Kashmir's future hangs in the balance, contingent upon the preservation of its most precious resource, clean drinking water. Failure to address the root causes of water contamination not only jeopardizes public health but also undermines the very foundation of Kashmir's prosperity and well-being. The time to act is now, lest Kashmir be consumed by the tidal wave of its own neglect.



■ Sahil Manzoor

Knowledge is power. Knowledge accumulates, and it needs patience, curiosity, guidance, etc. One thing is very fortunate: we have a good number of sources that provide us with updated, compatible materials that help us and keep us updated. There are great minds involved in journalism and brilliant editors who are working together and providing us with what is happening around us.

It has been centuries since the first newspaper was printed in the year 1605. In India, the first newspaper was published in 1779 by James Augustus. There are famous and leading newspapers in the world today, and there are a number of other leading newspapers that are also published on a daily basis in different countries around the globe. Newspaper reading sums up new words in our vocabulary and provides us with current general knowledge of our surroundings.

Today, everyone should have a gallery of knowledge to tackle the hard situations in day-to-day life. Every individual needs to be capable of facing different kinds of hardship and achieving success in life. Today's world is fully laced with advanced technology, and the world needs people who are technical, energetic, active, and have good communication skills to deal with their clients properly and in a very humble and kind way.

Language is just a medium through which we can communicate with each other and express our ideas, thoughts, etc., but at the same time, we are living in an advanced place where we must have the skills, motivation, and good communication skills. One should have a gallery of knowledge to express his thoughts to the outside world.

During vacations, there are several coaching institutes offering coaching for English-speaking courses and per-



sonality development training to learn more languages for the goal of employment. Nowadays, competency levels are very high among learners and job-seeking youths, but at the same time, we lack so many things that education is mandatory to get a reputed job and handsome earnings. Being educated enhances your morale, develops your personality, and enhances your level of dignity.

There are so many other sources that we should utilize to develop our overall personality. Time is not far when we get a revolution for our nation, and nations develop when youth come out with full zeal and enthusiasm, accumulating dreams for the nation and their dreamer. When we start to develop our thoughts, have big goals, and come forward with eminent dreams, no one can beat us.

In today's article, I am going to explore the benefits of newspaper reading and how it helps us get educated unintentionally. These days, social media plays a lofty role in bringing good things out, but at the same

time, in society, there is a negative perspective on social media as well. Due to the influence of social media, most of us are taking part in different physical activities, which are very beneficial for us and for our strong thoughts.

Several Android apps display happenings on your mobile phone within a very limited time, and Google plays a vital role in keeping you updated in day-to-day life, but newspapers are quite a different learning medium for the learners and for the people who are living in our society. Newspaper reading helps us learn a new word with proper pronunciation, provides us with a gallery of knowledge within a very short period, and sums up new words in our vocabulary, keeping us updated.

Newspaper reading helps us to know what is happening throughout the world, country, and state and even provides us with the whole day's happenings. Newspaper reading provides us with general knowledge and awareness about the latest updates and provides information on weather, national highways, job advertisements, and

renowned places to visit. Newspaper reading allows us to know what is happening in the country. The position of the share market presents the situation of the country's economy. Most importantly, newspaper reading enhances our vocabulary as new words are being used by the editors in the news column. Trending words are too often used in the newspapers. There are some other interesting facts also published in the newspapers; they include poetry, recipes, advertisements, religious facts, jokes, and so on.

Newspapers are published in our country in many languages, like English, Urdu, Hindi, etc. The readers are enjoying their favorite columns, so get them updated. Acquiring the latest facts. Knowing what is happening in the country and the world. So if you want to update your knowledge and get more knowledge, newspaper reading is the best way to get all of it, and it is free of charge.

RAIYAR-ICH, BUDGAM, sahil-manzoor0401@gmail.com

Behind Disinterest in Science

Where students of South India give priority to science subjects



■ Vijay Garg

Some time ago, a study revealed that while students of South India give priority to science subjects, students of North India take more interest in arts subjects. According to the study conducted by the Union Ministry of Education, the data received from various state education boards of class 11-12 in the year 2022 shows that in Tamil Nadu, Telangana and Andhra Pradesh, 1.53, 2.01 and 2.19 percent students gave importance to arts subjects. Whereas in West Bengal, Punjab, Haryana, Gujarat and Jharkhand, science subject was the first choice of 13.42, 13.71, 15.63, 18.33 and 22.9 percent students respectively. On the contrary, arts were given priority by 81.5 percent students in Gujarat, 78.94 percent in Bengal, 72.89 percent in Punjab, 76.76 percent in Haryana and 71.23 percent in Rajasthan. Parakh, an associate department of the National Council of Educational Research and Training, i.e. NCERT, analyzes these data to analyze the social, educational and economic implications of these data. A will analyze. But society and educationists also need to consider these

figures. At a time when science and technology are influencing individuals and society at every level and the interference of artificial intelligence is continuously increasing, then the science and arts subjects Why is this ratio worrying? This discrepancy also reflects the fact that what is the root cause of shortage of scientists in India and why the pace of increase in the number of patents in the field of original invention has been slow. encourage the field of science. Despite many efforts of the government, there is a shortage of scientists in almost all the top institutions of the country. At present, the posts of 3200 scientists are vacant in seventy major research institutes of the country. The maximum number of 177 posts are vacant in the institutes associated with the Council of Scientific and Industrial Research (CSIR) in Bengaluru. The posts of 123 scientists are vacant in the National Chemical Laboratory of Pune. This is the situation in these institutions of the country when the government has started many attractive schemes to fill the posts. For research in these There is also provision of facilities. Besides, scientists working abroad are being given attractive salary and allowances offers upon returning home. Despite this, neither the students are developing interest in becoming scientists nor has the process of return of scientists from abroad started. In the background of this, on the one hand, there is no confidence among the scientists that the proposals being made will be sustained; second, the tendency of the bureaucracy to create obstructions in the functioning is also becoming an obstacle in creating confidence. Is. In the current scenario, any country can

become strong and capable only through scientific achievements. These achievements also keep human life pleasant and prosperous. India is full of young talents or educated unemployed, yet the number of youth becoming scientists or taking interest in fundamental research is less. One of the main reasons for this is that we are not able to make scientists ideal like players, actors, bureaucrats and politicians. At many levels, sports are given more importance than science. not getting attention This is a major reason for the migration of scientific talents. Obviously, we need to create such an environment which becomes synonymous with fundamental research and research culture. For this, we will have to give importance to those people who are engaged in inventions on the basis of their indigenous knowledge, but due to lack of academic knowledge, their inventions do not get scientific recognition. In fact, here we have the government dominating the field of science and technology, hence it lacks the will to take risks. Whereas, scientific research The foundation rests on imagination and transparency, which cannot be achieved without taking risks. Today, in the era of globalization, research and development in the field of science and technology is very important. But the other sad aspect of the liberal economy is that our high-class science education institutions are not able to attract talent. Most of our talents either migrate abroad. Or join private banks, insurance companies or other management institutions by doing MBA with engineering. Are. That is, talented people who have acquired basic education are forced to work in the opposite work culture. Isn't this contradictory

work culture a betrayal of talent? There was a time when there was shortage of funds in science institutions. But now these institutions are no longer short of funds and resources. Despite this, if the youth are shying away from science, then there may be something lacking in our scientific work culture. The research being done today has a tendency to repeat the work done in the past. The trend seems to be increasing, which is really worrying. Indian institutions are still searching for a place among the top two hundred universities of the world. It is noteworthy here that in the year 1930, when there was foreign rule in India, there was no scientific research in the country. The infrastructure was non-existent. The literature that gave creativity to thoughts was also inadequate. English education was also in its initial stages, despite this, CV Raman worked with the help of simple indigenous equipment on the basis of indigenous knowledge and language and won the Nobel Prize in Physics for the country. Satyendra Nath Basu worked with Einstein. Meghnad Saha, Ramanujan, PC Ray and Homi Jahangir Bhabha achieved many achievements. APJ Abdul Kalam and K. Scientists like Shivam have also become great scientists by taking primary education in their mother tongue. Jagadish-chandra Basu had surprised the world by discovering life in trees with the equipment made by himself, but now despite all the quality improvements in higher education, it is not possible to achieve such new achievements. We are ahead of the West in the field of science and technology. Can't get rid of dominance. However, India's space missions have

emerged as an exception in this direction, in which indigenous technology is being used. In fact, in the last 75 years, our education system has become a victim of such concepts in which understanding and reasoning are not possible. Instead, the method of cramming has developed. Secondly, instead of making the entire education oriented towards ideas and knowledge, it has been made job or career oriented. In our education system, the teacher's skill of cultivating imaginative ideological sources is also more or less missing. The pressure of English is also frustrating the natural talents. Is. We need to take a lesson from the countries like America, Russia, China and Japan, from which we are lagging behind in the field of scientific research, that their mother tongues are the medium of science and technical education. There, research and invention work starts at the university level itself. If a person with non-academic education materializes an invention, his achievement is immediately taken over by science research institutions. Whereas here we have there is a lack of work culture to encourage or recognize the work. Unless an environment suitable for scientific work culture is created in the country, it is difficult to get ahead in competition with other countries. Besides, our young talents will also not be able to move forward in the direction of becoming scientists. Studies showing disinterest in science subjects are proof of this fact.

Vijay Garg Retired
Principal Educational Columnist
MALOUT punjab

Awakening Hearts: The Call To Transform Society

"In unity, we find the strength to orchestrate societal renewal"



■ **Aubaid Ahmad Akhoun**

In an era where the youth navigate through the murky waters of aimless wandering, shamelessness, immodesty, and discourtesy, a storm of societal threats looms larger than ever. Fueled by the escalating use of drugs and a business environment in decline, the urgency to confront these negative forces has never been more pressing. The time is now to address these issues comprehensively and avert the impending crisis.

Unmasking the Roots: The spread of social evils forms a complex tapestry, intertwining both internal and external factors within our nation. The collective efforts of individuals at every level have laid bare the roots of this malaise. To combat this multifaceted challenge, concerted action is imperative on both domestic and foreign fronts. It's a rallying call for all—parents, educators, religious scholars, mosque leaders, and the entire Muslim community—to take resolute responsibility in every situation.

A Symphony of Vigilance: As the tendrils of societal erosion extend, we find ourselves at a critical juncture where vigilance must be our guiding force. A symphony of collective efforts is essential to counteract these negative elements. Each individual becomes a guardian, standing united against the encroaching darkness.

Revitalizing Moral Fortitude: Amidst the prevalent threats, the reinvigoration of moral fortitude becomes paramount. It's not merely a call to arms; it's a call to revive and reinforce the core values that define our society. It's a collective commitment to instill a sense of purpose and direction among the youth, steering them



away from the pitfalls of aimlessness and substance abuse.

From Homes to Mosques: A Unified Front: The battle against societal threats extends from the intimate confines of homes to the sacred walls of mosques. Parents, the first line of defense, must foster an environment of open communication and moral grounding. Simultaneously, educators and religious scholars must synchronize efforts, becoming beacons of guidance and pillars of strength for the younger generation.

Global Collaboration for Local Impact: Tackling societal erosion requires a global mindset. It's not just a local battle; it's a collective endeavor that transcends borders. Collaboration on the international stage becomes instrumental in curbing the external factors that contribute to the

malaise.

A Vision Beyond Monetary Pursuits: In the pursuit of a prosperous society, the allure of quick wealth often leads the youth astray. It's time for a paradigm shift—a vision that extends beyond mere monetary pursuits. A society rooted in ethical values, sustainable practices, and a sense of responsibility will inherently deter misguided paths.

Awakening Society from Slumber: As negative elements continue to grow, there's a pressing need to awaken society from its slumber. Activists, officials, and influencers must join forces to raise awareness systematically. It's a clarion call to shake off complacency and stand united against the impending storm.

Bottomline: A Collective Resurgence: In conclusion, the battle against societal

threats demands not just attention but a collective resurgence. It's a holistic approach that leaves no corner unexplored. From homes to global collaborations, from moral fortitude to awakening society—it's a multifaceted journey towards reclaiming our societal fabric. The time to act is now, for in unity lies the strength to overcome the encroaching darkness and build a future free from the shackles of societal ills.

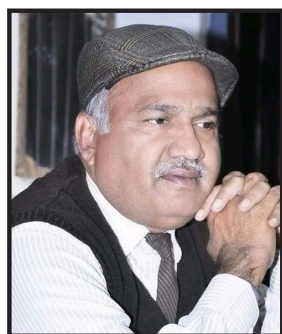
"A society's resilience is measured by its collective commitment to moral fortitude."

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Selfie habit has gone too far on social media



■ **Vijay Garg**

Prabhadevi – Dadar Beach is not such a famous beach in Mumbai, but something has changed in recent years. Even at this dirty beach, more people snap selfies and make reels; in the winter months, the Bandra-Worli Sea Link and Mumbai's famous purple sunset provide a spectacular backdrop. The dirt thrown on the beach is hardly visible in these pictures and reels. In fact, such photographers and reel makers are not only in this particular sea coast. But, rather, they have flocked to every place that is beautiful. Such people, instead of experiencing the beauty of the moment, are seen busy taking pictures and making reels from every possible angle. They are more interested in documenting rather than being conscious of their experience. Once documented, the selfie photos, videos, reels are published on various social media platforms like X, Facebook, Instagram, even LinkedIn. We are living in an era where people are more concerned about likes and comments. It is engaged. There is less and less feeling of the place where they go. Obviously, this has happened due to cheap internet as well as the increasing trend of smartphones. In fact, documenting and discussing an experience is now limited to photographs only. Is not



limited. This trend is also visible on LinkedIn. Now posts are more important, not experience. One effect of this can be clearly seen in the profiles and bio-data of

corporate employers. There is always talk about oneself in the bio-data, it seems to be showing off, in such a situation, it is possible that Those who are only honest

towards their work will lose. Recruiters have to be sharp so they can separate the wheat from the chaff. As Alice Sherwood has said, technology can actually be used

to enhance the forces of counterfeiting. Clicking food recipes at restaurants before eating to post online is also a phenomenon now. The trend of pre-wedding photo shoots has also increased. How good things look on social media, even before the real experience of marriage comes to the fore. People have started finding it more important to know this. It has become a must for wedding ceremonies and wedding business models. Of course, honeymoon photos are also important after the wedding. Now nothing seems personal. There are many financially influential people who ride the waves of the stock market and show the world how easy it is to become rich. They think that only they know the way to become rich. This is actually happening. That our desires are being tampered with. Before the rise of social media A sports person, an actor, a musician or even a politician could have been a role model, but the rise of Facebook, Instagram and other social media platforms has created a situation where everyone in the world is a potential model. Some models have emerged on social platforms who are very poor socially. Pretense is creating a crisis of authenticity. What is real? What is not? Second, as Sherwood says, there is pressure to pretend to have a perfect life on social media. The grass is always greener on the other side, which is not good for mental health. Don't trust your eyes, Sherwood cautions, but remember that you are seeing what you want to see, not what actually is. There is also an aspect that with the increasing number of influencers on social media, competition is eliminating any difference in their content. Sheepishness is increasing and experience is getting lost somewhere.

Vijay Garg Retired Principal Educational Columnist MALOUT punjab

IDPS Checkmate-The Grand Chess Fiesta Strategy, resilience imperative for overcoming challenges: Rana

■ HT News Network

JAMMU FEBRUARY 02- Calling for imbibing lessons embedded in the game of chess, Senior BJP leader Mr Devender Singh Rana today observed that the game is not just all about wit on the board but reflects complexities of life that demand strategy and patience to succeed.

Inaugurating IDPS Checkmate – The Grand Chess Fiesta at the International Delhi Public School here, Mr Rana said the choices one makes in life and farsightedness he or she cultivates are all echoed in this mind game.

Accepting the checkmate challenge to mark the opening of the competition, he recalled his long spells of the mind game with his buddies, classmates and friends, saying that it is ultimately the strategy that works, not only in the game but in every walk of life.

“We all must learn Chess as the game promotes cognitive agility, fosters strategic reasoning and cultivates mental acuity”, he said adding that the participation of youngsters from various schools in the competition signifies the importance and awareness of sports in present time, he added.

Hailing the International Delhi Public Schools in Jammu and Kashmir, Mr Devender Rana said collective and collaborative efforts are



imperative for bringing transformative capabilities in the educational sector. He made a passionate appeal to all the premier schools in the private sector to enable children of the marginalised segments to get ornamented with the quality education as part of their social responsibility. Mr Rana said private schools can hugely supplement the endeavours of the public sector educational institutions and contribute significantly in ensuring academic excellence by synchronising specialized curricula, and extracurricular activities, as per needs and aptitudes of students. Such collaborations can facilitate the sharing of best practices, resources, and expertise, ultimately contributing to a more comprehensive educa-

tional system, he added.

Mr Rana said innovative leadership derives best of the faculties for the benefit and larger interests of the student community. He said the Schools, with their unwavering commitment to fostering knowledge, character, and leadership, has consistently set a standard that resonate in immense measure.

He said International Delhi Public Schools stand out as institutions that foster innovation and critical thinking, hoping that this odyssey will continue and serve as a beacon of education with vision of future.

Mr Rana said that Jammu and Kashmir has the potential of formidable chess talents and brightest children who eventually later in life will emerge as great Chess Masters

of the world and will make Jammu and Kashmir proud. The Union Territory of Jammu and Kashmir stands poised to contribute significantly to the world of chess with its promising pool of young and aspiring players, he added.

Chairperson IDPS, Arunima Choudhary also spoke on the occasion and expressed confidence that this temple of education is well poised to shape the destiny of students in the best possible manner, making them useful for the society and the nation.

Among those present on the occasion included Suminder Singh, Pro Vice Chairman, IDPS, Randeep Wazir, Principal, Madhu Abrol, School Manager, Romy Khajuria and others.

NCORD meeting discusses efforts in combating drug abuse in Ganderbal



■ HT News Network

GANDERBAL, FEBRUARY 02: The district-level NARCO Coordination Committee (NCORD) meeting was held today at the mini-secretariat in Ganderbal to review the efforts of enforcement agencies in combating drug abuse and narcotic trafficking.

The meeting was chaired by Additional Deputy Commissioner (ADC), Gulzar Ahmad along with SSP Ganderbal, Sandeep Gupta. The meeting included detailed discussions on previous directives to address the drug problem in the district.

Concerned departments

and agencies shared the steps they have taken to make Ganderbal drug-free, including addressing drug addiction and identifying hotspots of drug use.

The ADC highlighted the role of promoting success stories regarding the rehabilitation of drug abusers.

He also emphasized the start of a dedicated segment regarding Nasha Mukht Abhiyan during the Block Diwas program and directed the officials present in the meeting to make efforts to make the entire Ganderbal district Nasha Mukht during this year.

The SSP emphasized the need for banners and sign boards in designated Nasha Mukht Panchayats.

He also emphasized

upon addressing the root causes of the drug abuse for effective fight against this menace.

All stakeholder departments were tasked with monitoring new drug addiction cases in Nasha Mukht Panchayats and submitting action reports.

SSP Ganderbal emphasized the sustainability of the Nasha Mukht status for announced panchayats and the involvement of Civil Society members in ongoing activities. The meeting also reviewed the status of CCTV camera installation and computerized billing in retail medical shops.

Among others the meeting was attended by CMO, CEO, Tehsildars, and other officials.

Secretary Health conducts late night visit to LD Hospital Assesses healthcare facilities, inspects units of institute, interacts with stakeholders

■ HT News Network

SRINAGAR, FEBRUARY 02: Secretary Health and Medical Education, Dr. Syed Abid Rasheed Shah, today paid a surprise late night visit to Government Lalla Ded Hospital, Srinagar and assessed the healthcare services besides inspecting different units of the institute.

Secretary visited the casualty Ward and took an appraisal regarding the patient care and inflow of patients, management, various health interventions being given to the patients, security arrangements and other related aspects. He also inspected Hospital Canteen and interacted with the attendants of patients and sought their feedback on facilities available in the hospital.



Dr. Abid Rasheed also inspected doctors rooms, sanitary section and directed for upkeep and maintenance of hygiene in the establishment. He interacted with the doctors on duty and enquired about

the health status of various patients admitted in wards. He called upon the medicals and paramedics to work with utmost dedication and devotion towards ensuring best patient care. He exhorted upon them to

provide enhanced healthcare facilities to the people visiting the hospital with kindness and compassion.

Dr. Abid Rasheed emphasized that the health sector is one of the topmost priorities of the government and numerous innovative measures are being taken up to provide best of the services to the people.

Secretary also had a discussion on several issues being faced by the hospital. He directed the R&B officers to complete ongoing works in the Hospital within the fixed timeframe.

Principal GMC, Dr. Tanveer Masood, Medical Superintendent LD Hospital, Dr. Muzaffar Jan, DMS, Dr. Maimoona Gul, HoU Syed Masooma Rizwi and concerned faculty members were also present.

Secretary Cooperative reviews formation of new Farmers Producer Organisations by NCDC

■ HT News Network

JAMMU, JANUARY 02: Secretary Cooperative, Babila Rakwal, today reviewed formation of new Farmers Producer Organisations against the target allocated to NCDC for the Central Sector Scheme, “Formation of 10000 FPOs throughout the country”.

Under this Central Sector Scheme with funding from Government of India, formation and promotion of FPOs is to be done through the Implementing Agencies like NABARD and NCDC. The Secretary issued directions to the concerned officers and stakeholders to work in tandem so that the target of forming 69 FPOs is accomplished.

Registrar Cooperative Societies, Mohammad Shafiq, apprised of the issues faced by the field officers while forming FPO.

General Manager NABARD, Anamika in her PPT, said that NABARD aims to enhance the income and livelihood



of small and marginal farmers by providing them access to markets, technology, credit and other services.

Regional Director NCDC, Vivek Tripathi, apprised that NCDC will provide financial and technical assistance to the FPOs, which are collective enterprises of farmers that aim to enhance their income and livelihood opportunities. The NCDC will also facilitate linkages with markets, value chains and other stakeholders for

the FPOs.

Similarly, the role of CBBOs was highlighted by Head of the JKDCUL, Vikrant Dogra, who gave a PPT on duties and responsibilities of CBBOs in assisting cluster identification besides supporting FPOs to federate on district and block level.

MD CEO, Muzaffer Sultan, also expressed few concerns regarding FPO formation, which were deliberated upon for redressal.

August 5, 2019 beginning of new era: Rana

■ HT News Network

Jammu 2nd February:- Describing the political developments of August 5, 2019 as beginning of a new era in Jammu and Kashmir with people of both the regions getting equal opportunities in political discourse and ending the hegemony of selected few, who always thrived on the politics of graveyards and want to keep the situation of boil, Sr. BJP Leader, Mr. Devender Singh Rana said that the Union Territory has proactively joined the country's growth story under Prime Minister Mr Narendra Modi.

Interacting with deputations and individuals during weekly public hearing at the BJP headquarters along with Smt. Veenu Khanna, BJP State Secretary and Mr. Shalinder Vaid, BJP Additional Protocol Secretary, Mr Rana referred to the dawning of peace in Jammu and Kashmir post Article 370, leading to new era of progress, development and buzzing economic activities.

Mr Rana said “the stone throwing and hartal culture has been taken over by humming tourism and economic activities. This has obviously rattled the power lorn political actors, who had been thriving on miseries and agonies of their own brethren”

“BJP has been on mission mode in respect of bringing complete peace and normalcy besides ensuring equitable development of Jammu and Kashmir”, Mr Devender Rana said,



adding that the milestones registered in the past four years stand testimony to the sincerity of the governments at the Centre and here.

Mr Rana said that the holistic development under the cherished mission of the Prime Minister Sabka Saath, Sabka Vikas, Sabka Vishwas, Sabka Prayas has instilled a sense of confidence among the compatriots that India is going to become third economy of the world in the next term of Yashasvi Modiji and a developed nation by 2047.

Mr Rana also referred in detail to the other path-breaking initiatives like Ayushman Bharat, One Nation- One Ration Card, StartUp, Digital Bharat, Beti Bachao Beti Padhao, Jan Dhan Yojana, Izzat Ghar programme and much more, saying these schemes have changed the lives of the people. He said the commitment of the Prime

Minister to public welfare keeps every BJP Karyakarta on mission mode.

“Being Indian under the leadership of Modiji is a matter of pride, given his crucial role in giving a new identity to India in the world”, he maintained. Mr Rana said “the stone throwing and hartal culture has been taken over by humming tourism and economic activities. This has obviously rattled the power lorn political actors, who had been thriving on miseries and agonies of their own brethren”

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Chairperson KVIB chairs awareness camp at Khojipur; Announces women skill training centre for panchayat

1448 units established in Jammu district in past 5 years, 11038 persons get employment

■ HT News Network

JAMMU, FEBRUARY 02: Chairperson J&K Khadi Village Industries Board (KVIB), Dr. Hina Shafi Bhat, today convened awareness camp cum interactive session with educated unemployed youth and aspiring entrepreneurs at Khojipur, Jammu. The camp was also attended by Secretary CEO KVIB, Dr. Jagdish Chander, senior officers from Board, representatives from PRIs and unemployed youth and aspirant entrepreneurs of border area.

Dr. Hina Shafi Bhat, while speaking on the occasion, enjoined upon the prospective entrepreneurs to seize the opportunities being extended by the government through numerous self employment schemes and establish their own micro-enterprises. She added that employment generation programmes like Prime Minister's Employment Generation Program and JK Rural Employment Generation Program have been designed to empower the common masses; thus fostering economic independence and driving positive change in the region.

She emphasized the need for ensuring active engagement of all stakeholders to ensure that the employment schemes leave an effective impact across the UT. She announced that a KVIB would soon establish a skill training



centre for women in the panchayat. Dr. Hina Shafi reiterated the need for synchronized efforts by the implementing agencies and concerned banks to ensure that the benefits of employment generation programmes like PMEGP and JKREGP are percolated among the targeted population. It was informed in the meeting that a margin

money of Rs. 36.57 crore has been released for establishment of 1448 units in Jammu district during last five years, thereby creating employment opportunities for 11038 persons. During the awareness camp cum interactive session, the officers gave detailed presentation on modalities involved in implementation of JKREGP and PMEGP.

DDC Mahajan discusses arrangements for Maha Shivratri Mela

■ HT News Network

REASI, FEBRUARY 02: District Development Commissioner Reasi Vishesh Mahajan, chaired a meeting to discuss arrangements for Maha Shivratri Mela 2024 at Ransoo. The three-day congregation is set to commence on 7th March and conclude on 9th March, 2024. DDC Mahajan led discussions on crucial aspects, including provisions for drinking water, uninterrupted power supply, sanitation, road repairs, security, and medical facilities. Emphasizing the importance of meticulous planning, he urged concerned departments to ensure all arrangements are in place well in advance for a seamless celebration of Maha Shivratri. In the realm of medical facilities, the District Development Commissioner directed Chief Medical Officer Reasi that



an ample number of medical staff, ambulances, and necessary medical infrastructure will be deployed to handle any potential emergencies during the event. DDC Mahajan emphasized the need for cleanliness in all parking areas, insisting on the provision of toilet facilities. Additionally, he underscored a strict ban on the use of single-use plastics on the track trail and in the

vicinity of the cave. Adl. SSP Reasi Popsy provided a detailed briefing to DDC Mahajan on the security and traffic management plan, highlighting the commitment to ensuring a secure and well-organized environment for all participants. ACR Anshumali Sharma, ACD Anirudh Rai, Executive Officer SSKSB Pardeep Kumar, DIO (info), ARTO, CEO, Chief Agriculture Officer.

Mission Vatsalya, Social Welfare Department organizes day-long Training cum Awareness Program at Ramban

■ HT News Network

RAMBAN, FEBRUARY 02: In a proactive move towards strengthening child protection initiatives, the Social Welfare Department organized a one-day Training cum Awareness Program here today. The programme was held under the astute supervision of Deputy Commissioner Ramban, Baseer-Ul-Haq Chaudhary. The primary objective of the program was to enlighten stakeholders about the Mission Vatsalya Guidelines, ensuring a comprehensive understanding and implementation of child protection and welfare measures. Additional District Development Commissioner Rajinder Sharma, presided over the function in presence of ACD Ashok Singh, DySP Hqr Om Prakash, Teh-



sildar Ramban Harvir Singh, and several other stakeholders from Revenue Department, besides Chowkidars and Numberdars from the Rural Development Department (RDD). District Child Protection Officer, Rahul Gupta played a pivotal role in orchestrating the program, emphasizing the collaborative efforts required to enhance stakeholders' capacity in effectively addressing child protection issues. Speaking

on the occasion, ADDC Rajinder Sharma highlighted the significance of such training programs in creating awareness and fostering a collective approach. He underscored the essential role played by collaborative efforts in ensuring the safety and well-being of children within the community. The DCPO briefed the attendees about the program's alignment with the directives of Commissioner Secretary.

Distt Admin Kupwara arranges air sorties for Karnah, as many as 22 persons airlifted

■ HT News Network

Langate, Feb. 01: Army's KUPWARA, FEBRUARY 02: Much to the delight of the stranded passengers and patients of snow bound Karnah sub division, the District Administration Kupwara today arranged helicopter service for them.

As many as 12 persons were airlifted from Tangdhar to Kupwara, including 5 patients, who were in need of advanced treatment, in two air sorties during the day.

Likewise, 10 Karnah bound stranded passengers were airlifted from District



Police Lines (DPL), Kupwara today in subsidised helicopter service.

Nodal Officer Heli Service, Mudasir Sikander monitored the helicopter service facility at DPL Heli-

pad Kupwara.

The timely requisition of heli service by the Deputy Commissioner (DC) of Kupwara, Ayushi Sudan and UT Administration cooperation has garnered wide-

spread appreciation and gratitude from the people of Karnah.

This initiative underscores the commitment of the civil administration to ensure essential healthcare and other essential services reach even to the remotest areas, close to the line of control, saving lives of patients and fostering community solidarity.

Notably, the people especially patients had to face many hardships during closure of Chowkibal-Tangdhar road and adverse weather conditions, the helicopter service has come as a major relief for the people.

MVD cracks whip on Traffic Rules Violators in Baramulla District

■ HT News Network

BARAMULLA, FEBRUARY 02: In response to the directives of Deputy Commissioner Baramulla, ARTO Baramulla, Muazzam Ali has launched a rigorous crackdown across Baramulla district against traffic rules violators.

Over the past two days, significant measures have been taken, including the suspension of 45 driving licenses, 21 vehicles blacklisted and 7 route permits suspended.

Several teams comprising representatives from the Motor Vehicle, police, and revenue departments have been constituted to identify and penalize traffic rules violators across the district. The collaborative effort underscores the importance of coordinated action in addressing road safety concerns.

The stringent actions taken against traffic rules violators are expected to have a significant impact on road safety and compliance. By suspending driving licenses, blacklisting vehicles, and suspending route permits, the authorities aim to deter reckless driving and ensure accountability among road users.

Affectionate farewell accorded to outgoing Tehsildar South Srinagar Moean Azhar Kakroo

■ HT News Network

SRINAGAR, FEBRUARY 02:- Moean Azhar Kakroo, Tehsildar Srinagar South, who served as Tehsildar Srinagar for about three years, was given an emotional and warm send-off on his transfer from the District.

Having served in Srinagar District for a period of about 3 years, Moean Azhar Kakroo has worked with an unbiased approach and commitment to public service touched the hearts of one and all.

In the honour of the outgoing Tehsildar, a grand farewell function was organized here today at Tehsil Office South in DC Office Complex Srinagar.

The event was attended by senior Officers/Officials of District Administration Srinagar and Tehsil Office Srinagar.

During the farewell function, speakers highlighted the achievements of the outgoing officer and extended best wishes for their future endeavours.

Outgoing Tehsildar also shared his valuable experience and thanked the Revenue Officers and District Administration Srinagar for organizing an impressive farewell. He also thanked the Officers/Officials for their active support and cooperation during his tenure as Tehsildar Srinagar South. At the conclusion of the event, felicitation gifts were presented to the outgoing officer.

SEC extends Panchayat Electoral Roll Revision schedule in J&K

■ HT News Network

JAMMU, FEBRUARY 02: As per a communiqué received from State Election Commission (SEC) the dates for filing of claims, objections for additions, deletions, corrections and transposition regarding Revision Schedule for Panchayat Electoral Roll (with 01-01-2024 as qualifying date) has been extended till 12th February 2024.

One additional special camp at the polling booth locations shall be held on February 10, 2024 (Saturday) and February 11, 2024 (Sunday).

The date for disposal of claims and objection by the Electoral Registration Officer (ERO) would be 23rd February 2024 (Friday) while the final publication of the Electoral Roll 2024 would be done on March 04, 2024 (Monday) instead of February 26, 2024 (Monday).

Varunjeet Singh Charak Assumes Charge as Additional Deputy Commissioner Kishtwar

■ HT News Network

KISHTWAR, FEBRUARY 02: Varunjeet Singh Charak, took over as the Additional Deputy Commissioner (ADC) Kishtwar today.

The occasion was marked by a warm reception and congratulations extended by the public, as well as fellow officers and officials, recognizing his new assignment.

Addressing those present, Varunjeet Singh Charak urged employees to approach their duties with the same zeal and zest that has characterized his own commitment to public service. As he assumes this pivotal role, Charak emphasized a collaborative effort from all to uphold the responsibilities associated with the ADC position, fostering a collective dedication to the welfare and progress of Kishtwar district.

Dheeraj Gupta chairs World Wetlands Day celebration at Surinsar

■ HT News Network

JAMMU, FEBRUARY 2: Additional Chief Secretary (ACS) Forest, Dheeraj Gupta, presided over World Wetlands Day celebration at Surinsar Lake, a Ramsar Site. ACS visited stalls established by the Central University Jammu, Institute of Mountain Environment, Bhaderwah Campus and Wildlife Department. The display showcased the wetland diversity of J&K besides highlighting role being played by wetlands in human well-being. Also, on display were photographs of migratory birds of wetlands captured by the ornithologists and the modern equipment used by the Department in census, survey, rescue and management of wildlife.

The event witnessed oath taking by NGOs, PRI members, departmental officials, senior citizens, faculty and students of educational institutions regarding preservation and protection of wetlands.

Dheeraj Gupta called for preparation of master plan for Surinsar Mansar Wetlands in consultation with all relevant stakeholders including PRIs, tourism development authorities, agriculture, industry and commerce and Forest and Wildlife Departments. ACS urged upon the people to support the wildlife department in conservation of Surinsar-Mansar Wildlife Sanctuary and the wetland which are vital for local ecology, agriculture, horticulture, tourism and other economic activities. He listened to the concerns of representatives of PRIs regarding various approvals required for execution of development works. He asked the development agencies to apply for regulatory clearances well in time. Chief Wildlife Warden, Sarvesh Rai, apprised the participants of various activities of the department being undertaken for conservation.

Rs 86.28 cr earmarked under RDSS to augment Power distribution in Doda District

New 132KV transmission line to enhance power supply by 33%: Harvinder Singh

■ HT News Network

DODA, FEBRUARY 02: Residents of District Doda can anticipate a significant improvement in the power supply as the Revamped/ Reformed Distribution Sector Scheme (RDSS) shall replace 719 Km barbed/damaged wire, poles, and other equipments/ machinery with the latest and improved infrastructure.

The information was given by District Development Commissioner Harvinder Singh while discussing the rollout of RDSS in the District. It was also informed that a new 132KV Ramban-Khellani-Kishtwar transmission line, slated to be commissioned shortly by the government, promises to alleviate the strain on existing infrastructure and enhance overall reliability. It was estimated that a 33% augmentation is expected in the capacity of overall power supply to the district by the new transmission line. Currently, the region relies heavily on the 132KV Single



DHP line from the Udhampur Grid station for power supply, with the 132/33KV Grid Substation Khellani serving as a critical node. However, with the impending commissioning of the Ramban-Khellani-Kishtwar line, an additional source of power will become available, complementing the existing Dul Hasti Transmission line.

The introduction of this new transmission line is poised

to augment the capacity, providing much-needed relief to the District. This expansion in capacity is expected to mitigate longstanding issues related to power shortage and ensure more stable electricity access for residents and businesses alike.

Rupees 86.28 crores have been earmarked by the government to augment the power distribution system of the district under RDSS, for which a detailed project, after thorough deliberations, has been submitted to the concerned authorities for early approval.

Moreover, the completion of the Ramban-Khellani-Kishtwar line signifies a proactive approach to address challenges such as right-of-way (ROW) issues raised by the Power Grid Corporation Ltd.

By rerouting certain lines and resolving logistical hurdles, authorities are demonstrating a commitment towards improving infrastructure and meeting the growing energy demands of the region.

DC Baramulla visits Hazrat Janbaz Wali (RA) Shrine

Finalizes arrangements for Shab-e-Meraj

■ HT News Network

BARAMULLA, FEBRUARY 02: In view of the Shab-e-Meraj, the Deputy Commissioner (DC) Baramulla, Minga Sherpa, accompanied by the concerned officers, today visited Hazrat Syed Janbaz Wali RA shrine at Khanpora Baramulla to take stock of the arrangements in place for the celebration of auspicious occasion. During the visit, the DC engaged with the members of local Auqaf Committee to address their concerns regarding arrangements for the celebration



of Meraj-un-Nabi (SAW) at the Dargah. Minga Sherpa assured them that all the necessary arrangements would be put in place for the convenience of the devotees visiting the shrine on the occasion. The DC directed the PHE

authorities to make arrangements for adequate water supply at the Shrine to ensure that devotees would not encounter any inconvenience during the auspicious occasion. Similarly, the PDD officers were entrusted with continuous and uninterrupted power supply at the Shrine to provide devotees with a seamless and undisturbed environment for their religious observance. The DC also directed the EO Municipal Council Baramulla to deploy sufficient men and machinery at the venue to ensure proper cleanliness in and around the Shrine.

DC Kulgam chairs DLC meeting of HADP, approves 632 cases

■ Farooq Rather

KULGAM, FEBRUARY 02: A meeting of District Level Committee for Holistic Agriculture Development Programme (HADP) was today held at mini-secretariat, here under the chairmanship of the Deputy Commissioner (DC) Kulgam, Athar Aamir Khan. During the meeting, the committee approved 632 cases under different projects/ components of HADP. The DC, on the occasion stressed upon all sectoral



officers of agriculture and allied departments to speed

up the completion of targets assigned under the HADP

to the district. He also reviewed the achievements made under the Holistic Agriculture Development Programme (HADP) in the district. Earlier, the DC took a thorough examination of the physical and financial progress achieved by the agriculture department and allied sectors under the HADP. The meeting was attended by ADDC Showkat Ahmad Rather, JDP Zahid Sajjad, ACR Mir-Imtiyaz-ul-Aziz, DAO, CHO, AD Fisheries and other officers.

Commissioner State Taxes Deptt holds interaction with Trade & Industry associations

Listens issues & demands of representatives of various organizations

■ HT News Network

SRINAGAR, FEBRUARY 02: The Commissioner State Taxes Department, P K Bhat today held an extensive interactive with over 40 representatives of apex trade bodies at Excise & Taxation Complex, Srinagar to deliberate over different matters for encouraging taxpayers for submission of GST and issues confronted by traders while paying tax. The meeting was attended by Additional Commissioner State Taxes, Kashmir Division Shakeel Maqbool, representatives of KTMF, KCCI, PHD Chamber and Commerce, Travel Agents Federation, Hoteliers, Houseboat Owners Association and other stakeholders. The participants raised several issues regarding interpretation and implementation of GST policy, Technical glitches faced by Taxpayers, adoption of cordial approach for tax collection, sensitization of enforcement officers, halting of vehicles at Udhampur, extension in Amnesty Scheme, invoice amendment for B2B Transactions, and



Handholding of Traders besides other issues. While responding to multiple queries and demands of

Trade & Industry associations, the Commissioner outlined that some of the issues including awareness regarding GST interpretation is confronted by many across the country which can be only addressed by the GST Council. He outlined that he will sincerely take up the issues with concerned quarters. Regarding cordial approach for tax collection, he maintained that any action is mandated by the Law and the action is always taken only for non-compliance after serving notices. He assured that no vehicle is halted unnecessary at Lakhimpur, Udhampur and Lower Munda. The action is taken only against those who avoid detection at check posts. He sought cooperation from stakeholders in streamlining the tax collection and bringing the unregistered sector under the purview of GST as their operation is causing loss to the registered sector. He assured that no vehicle is halted unnecessary at Lakhimpur, Udhampur and Lower Munda. The action is taken only against those who avoid detection at check posts.

DoWP, Wetlands Division Kashmir celebrates 'World Wetland Day'

■ HT News Network

SRINAGAR, FEBRUARY 02: On the eve of 'World Wetland Day' (WWD), the Department of Wildlife Protection (Wetlands Division Kashmir) today organized a grand function to commemorate the day.

The theme of this year was 'Wetlands and Human wellbeing' which underscores the critical role wetlands play in supporting lives and strengthening the health of ecosystem.

This theme was an agreement with principles of AMRIT Dharohar highlighting the benefits of wetlands such as flood protection, clean water, bio-diversity and recreational opportunities. On the occasion, T. Rabi Kumar, Addl. Pr. CCF Kashmir/ Chief Executive Officer, CAMPA was the chief guest. The function was attended by Rashid Yahya Naqash, Regional Wildlife Warden, Kashmir Region Srinagar, various Forest officers, all Wildlife Wardens of Kashmir Region, Rahi Reyaz vice chairman (NSPWR), Chairperson, Wildlife Research and Conservation foundation, Wildlife SOS, Wildlife Mitras, students of various nearby schools/colleges and various officers and officials of the department. All the speakers highlighted the importance of conserving our wetlands and efforts in place to restore and manage these wetlands. Ifshan Dewan, Wildlife Warden, Wetlands Division Kashmir appealed to all the stakeholders especially students to come forward and join hands with the departments for restoration of all wetlands of Kashmir valley. At the end of the function all participants pledged to use their voices to raise awareness of the great importance of wetlands and increase awareness, education regarding the importance of the Wetland ecosystem for the wellbeing of humans.

Yuva Sangam Phase-IV: NIT Srinagar selected as Nodal Centre for J&K, Ladakh

Local students can visit and explore Maharashtra at free of cost

■ HT News Network

Srinagar, Feb 02: For the phase-IV of Yuva Sangam 2024, the National Institute of Technology Srinagar (NIT) Srinagar has been selected as the Nodal Centre for the Union Territories of Jammu & Kashmir and Ladakh.

In the Yuva Sangam phase IV, the participants from the paired institutes will be exchanged under the Ek Bharat Shreshtha Bharat (EBSB) campaign of the Ministry of Education. Under this exchange programme, participants will get the opportunity for multi-dimensional exposure.

For Phase IV of the programme, promising opportunities await students, youth, and Higher Education Institutions (HEIs) to partake in this enriching journey.



Therefore, 22 Higher Education Institutions from pan India have been paired to organize the tours and steer the programme. Among these institutions, NIT Srinagar has been selected as the Nodal Centre for UTs of Jammu & Kashmir and Ladakh.

The Nodal officers for this programme include Dr. Ranjeet Kumar Rout, Dr. Mohd Mohsin Khan, Dr. Nitika Kundan and Dr. Sumaira Jan, while Dr. Pankaj Kumar and Dr. Mohd Rafiq

Teli are the Social Media Officer and PR Officer respectively.

Under this initiative, 45 native students from Jammu & Kashmir and Ladakh (UTs) will have the opportunity to visit Maharashtra. During these visits, Food, travel, and accommodation charges for the students will be borne by the host institutes.

Similarly, a delegation of 45 members from Maharashtra will be hosted by the NIT Srinagar, J&K for

five days. Interested youths between 18 and 30 years of age, native students (UG, PG, PhD and Off Campus from any district of Jammu & Kashmir and Ladakh (UTs)) may register through the Yuva Sangam portal to participate in the forthcoming phase of the initiative launched in 2023.

Registrations are already open and will be accepted till February 4. The selection criteria will be as per the MoE guidelines. The registration link is provided as <https://ebsb.aicte-india.org/>

Director NIT Srinagar, Prof. A. Ravinder Nath said there is the significance of exposure tours for students, stating that they play a crucial role in providing exposure to new environments, cultures, and people. They will also learn to respect each other's faiths and beliefs.

Haj-2024: Last date for depositing Haj Advance Amount for Ganderbal is 09 February, 2024

■ HT News Network

SRINAGAR, FEBRUARY 02: All the provisionally selected Haj pilgrims of District Ganderbal are informed that the last date for depositing the Haj advance amount of Rs. 81,800 is 09 February, 2024.

Accordingly, the provisionally selected Haj pilgrims for Haj-2024 are advised to deposit the Haj advance amount via online mode or at any State Bank of India (SBI) or Union Bank of India (UBI) in the account of Haj Committee of India (HCOI).

This can be done through a specified payment slip using the bank reference number, which is available on the official website or has been sent through SMS against the cover number of intending pilgrims.

After the successful deposition of the Haj advance amount, provisionally selected pilgrims are required to submit the Haj Application Form, Solemn Declaration & undertaking, Copy of pay in slip/ online receipt, Medical Screening and fitness Certificate (as per format available on the website i.e; www.hajcommittee.gov.in, Original International Passport in Room No: 231 of the Deputy Commissioner's Office.

Bonzilla residents demand road safety barriers. The road is not less than a death trape allege locals.

■ SULIMAN SAITH

Ganderbal 02 Feb: The residents of Bonzila and adjoining areas of Ganderbal district are up in arms against R&B division Ganderbal and demands installation of "crash barriers" alongside of link road in the area.

Residents said that they fail to understand why the concerned department has left the important stretch unattended and added, "despite several requests, their pleas are going unheard".

Another senior resident of the area said that "during winters they are unable to commute on the stretch of roads due to unavailability of crash barriers.

"Recently, we requested the R&B department for the installation of crash barriers of the stretch but our genuine demands are being ignored, the road is not less than a death trape, especially during the winters.

Residents have appealed DC Ganderbal to look into the matter. When news Agency contacted Executive Engineer R&B division Ganderbal Tatheer Manzoor said, if there is a requirement we will propose.

MVD's Snow Safety campaign gains momentum in Doda

■ HT News Network

DODA, FEBRUARY 2: To enhance road safety during the winter season, the Motor Vehicle Department (MVD) has launched a special initiative to promote safe driving amid snowy conditions. The special drive has been launched on the direction of Deputy Commissioner, Harvinder Singh and under the supervision of ARTO Rajesh Gupta.

The initiative forms part of the ongoing National Road Safety Month campaign and focuses specifically on safe driving practices in snowy conditions. The entire event was organised at Malhori DODA national highway

The initiative aims to educate drivers on navigating the challenges posed by snow-covered roads.

The ARTO emphasized the importance of caution and preparedness, stating, "With winter in full swing, it's crucial for drivers to adapt their driving habits to ensure everyone's safety on the roads."

The initiative includes workshops and awareness campaigns to educate drivers about the specific challenges of driving in snow, such as reduced visibility and slippery surfaces. The MVD is providing practical tips on safe driving in snowy conditions, emphasizing the importance of maintaining a safe distance, using winter tires, and driving at reduced speeds. Deputy Commissioner Doda, Harvinder Singh, expressed optimism about the positive impact of the initiative, stating, "By promoting safe driving practices in snow, we aim to minimize accidents and ensure a secure winter driving experience for all road users."

Admission to CUKashmir PG progs

CUET registration extended till 7th of February 20

■ HT News Network

Ganderbal, Feb 2: The registration of Common University Entrance Test (CUET PG-2024) for admission to the 17 post-graduate programmes, offered by the Central University of Kashmir (CUKashmir) has been extended till 7th of February, 2024.

The candidates can now submit their application forms for the PG programmes till 7th of February, 2024, till 11:50 PM. The last date for successful final transaction of fee has been extended to 8th of February, 2024 (up to 11:50 PM) and the correction can be done from 9th to 11th of February, 2024 (up to 11:50 PM).

The prospective candidates can apply for admission in the PG programmes including M. Tech CS&E, M.A. English, M.A. Urdu, M. Commerce, M. A. Mass Communication & Journalism, M. A. Economics, M. A. Political Science, Integrated B.Ed.-M.Ed, M.P.Ed, M.A. Islamic Studies, M.Sc. Botany, M.Sc. Chemistry, M.Sc. Zoology (Lateral Entry),

M.Sc. Biotechnology (Lateral Entry), LLM, M.Sc. Physics (Lateral Entry) and M. Ed. The students currently in their final semesters of the under-graduate programmes are eligible to apply for CUET (PG) 2024 through National Testing Agency (NTA). The desired candidates can contact the academic coordinators of the respective departments for any information, the list of which is available on the CUKashmir website.

The information about the eligibility, scheme of examination, examination centres, timings, fee, procedure for applying etc. are available in the Information Bulletin hosted on the website of NTA <https://pgcuetsamarth.ac.in>.

The aspirants seeking any queries or clarification, can call NTA Help Desk at 01140759000 or write to NTA at cuetspg@nta.ac.in. They can also contact the CUKashmir for any assistance at the university level, on the mobile No. 7889593153 or email at doa@cukashmir.ac.in.

2 day election training for Police, civil officers concludes

■ HT News Network

SRINAGAR, FEBRUARY 02: The two day training program organised for police and civil officers, in preparation for the upcoming Lok Sabha Elections 2024, concluded here today. The event was attended by about 30 police officers of Dy SP and ASP rank and about 40 civil officers of ADC and ACR rank of Kashmir division on 1st and 2nd of February at the office of Chief Electoral Officer, Darul-Intikhab, Srinagar. The training program was an extension of similar session recently concluded in Jammu aimed at enhancing the understanding about security modules critical for ensuring a smooth and secure electoral process. The training on Systematic Voters Education and Electoral Participation (SVEEP), Model Code of Conduct, Media Certification and Monitoring Committee (MCMC) besides social media was imparted to civil officers of ADC, ADDC, SDM and ACR rank among other



district officers. Chief Electoral Officer, Jammu and Kashmir, Pandurang K Pole, inaugurated the session virtually. He stressed upon the dynamic nature of technology and the challenges it poses in the evolving landscape. The training provided a crucial opportunity for the police officers to adapt to new strategies and techniques for maintaining security during elections, he added. National Level Master trainers Chand Kishore Sharma and Riaz Ahmed Butt imparted training on several topics including security deployment, role of CAPF, issues pertaining to Model Code of Conduct, Election Expenditure Monitoring.

Healthy Hair



Shahnaz Husain

Many people want supple, shiny, strong, and healthy hair, especially young women. But healthy hair doesn't happen by magic. Achieving and maintaining healthy hair can be harder than you think.

While our genetics play the biggest role, many factors including age, overall health, environmental exposure, medications, and diet are all critical to getting healthy hair and keeping it.

There are a lot of reasons you should care about your hair — and want to keep it healthy — in addition to looking good.

If your hair and scalp are unhealthy, it can lead to itching, inflammation, and untreated chronic skin conditions like eczema, seborrheic dermatitis, and alopecia.

While there isn't a secret shortcut to healthier hair, taking time to keep strands strong is worth the commitment. With small tweaks to your routine, maintaining great hair can be effortless.

Incorporate natural oils into your hair care routine to provide an extra layer of protection and hydration.

Sesame oil, argan oil, coconut oil, and jojoba oil are excellent choices. Have hot oil therapy once a week. Heat oil and apply on the hair. If the hair is dry and damaged, pure coconut oil or pure almond oil may be applied. Using your fingertips massage the scalp gently, actually moving the scalp in circular motions. This helps to improve blood circulation to the follicles. Then do the hot towel wrap.

Apply Hair Mask

Curry leaves are said to contain nutritive elements, including antioxidants, which bring back health to the roots and promote hair growth. Curry leaves contain beta-carotene, which is converted into vitamin A. This vitamin helps in the production of sebum, the natural oil that keeps the scalp and hair roots moisturized. A well-moisturized scalp is conducive to hair growth.

Make a paste of curry leaves, one tablespoon of honey, and coconut oil and apply to the hair. Wash off after half an hour. Rinse with Milk

After your shampoo, rinse the hair with milk and leave it on for 5 minutes. Then rinse off with plain water. It would help to add body and shine to the hair.



For extremely dry hair, add a little milk to egg yolk and apply on the hair half an hour before shampoo. This is a wonderful nourishing treatment for dry hair. The hair looks soft, smooth, and shiny.

Egg Hair Mask for Damaged Hair

The B vitamins in eggs, including Biotin (B7) and Niacin (B3), play a significant role in promoting hair growth. The natural oils present in eggs help moisturize the hair, providing a natural shine and luster. The proteins in eggs can help repair damaged hair by filling in gaps and cracks along the hair shaft. Eggs can act as a natural conditioner, providing moisture to dry and damaged hair. Apply egg white on the hair for 15 minutes. If you have dry or brittle hair, use egg whites to moisturize your hair. Use ½ cup of any egg mixture (egg white, entire egg) and apply to clean, damp hair. Leave it for 20 minutes and

with cool water. Try this one of the most effective beauty tips for hair and notice the change.

Apply Apple Cider Vinegar

The natural PH of the scalp is slightly acidic, and commercial shampoos can sometimes disrupt this balance. Apple cider vinegar, with its acidic nature, helps to restore the PH level of the scalp. A

balanced PH contributes to a healthier scalp and can enhance the overall condition of your hair. Apple cider vinegar has natural antibacterial and antifungal properties, making it effective in combating dandruff and alleviating an itchy scalp. Regular use of ACV can help maintain a healthy scalp environment and reduce the occurrence of dandruff. The shampoo helps to reduce oiliness and add body to the hair.

Shampooing your hair removes dirt and oils, but over-shampooing can strip natural oils from your hair and scalp. Plus, shampoo that isn't rinsed out fully can build up on your hair, leaving it looking dull and lifeless.

When washing your hair, concentrate on cleaning primarily the scalp, rather than washing the entire length of hair. Washing only your hair can create flyaway hair that is dull and coarse. Balance of your hair and add shine.

Try to avoid shampoos with harsh ingredients, such as ammonium lauryl sulfate or sodium lauryl sulfate. And remember, cost doesn't necessarily indicate the quality of a product.

Try to get a trim at least every 8 weeks, but push it to 10 or 12 if you don't want to be in the salon so often. Regular haircuts help avoid damage from the ends up — split ends run up the shaft and weaken the hair, exposing it to moisture loss and tangles. Always opt for a cut every six to eight weeks to prevent damage. If you have bangs, you might need to get them trimmed every 3 weeks so they don't cover your eyes

The same goes for people who are trying to grow out their hair. If you're looking to grow your hair, you might be considering skipping a trim — but reshaping and trimming your hair regularly keeps it looking strong and healthy, as opposed to brittle and thin, while you move through the growing process.

Thanks and Regards

Dr. G.L. Mahajan, PhD New Delhi

Mobile/Whatsapp -----#9868520019

Cervical Cancer Vaccination A Priority For Girls In 9-14 Age Group: Nirmala Sitharaman In Budget 2024 Speech

Cervical cancer, one of the most common types of cancer to afflict women, has reportedly claimed the life of actress and model Poonam Pandey, her team confirmed on Instagram. Cervical cancer develops in a woman's cervix — the entrance to the uterus from the vagina and around 99% of cervical cancer cases are linked to infection with high-risk human papillomavirus (HPV). While the World Health Organization is urging countries to spread awareness about the disease and the vaccination that

can be effective in a large majority of cases, Union Finance Minister Nirmala Sitharaman in her interim budget speech on Thursday, said that the government will encourage vaccination for girls in the age group of 9 to 14 years for its prevention.

"Our government will encourage vaccination for girls in the age group of 9-14 years to prevent cervical cancer," Sitharaman said while presenting the interim budget 2024 in the Lok Sabha. Sitharaman emphasised the government's plans to set up more medical colleges and said that



the government aims to serve the people through improved healthcare services. "Several youths are ambitious to get qualified as doctors. They aim to serve our people through improved healthcare services. Our govern-

ment plans to set up more medical colleges by utilising the existing hospital infrastructure under various departments. A committee for this purpose will be set up to examine the issues and make relevant recommendations," Sitharaman added.

According to the World Health Organization (WHO), "Cervical cancer is the fourth most common cancer in women. Effective primary (HPV vaccination) and secondary prevention approaches (screening for, and treating precancerous lesions) will prevent most cervical cancer cases."

When it comes to treatment, the WHO says that "when diagnosed, cervical cancer is one of the most successfully treatable forms of cancer, as long as it is detected early and managed effectively. Cancers diagnosed in late stages can also be controlled with appropriate treatment and palliative care." In her Interim Budget speech, Nirmala Sitharaman said "our government will encourage vaccination for girls in the age group of 9-14 years to prevent cervical cancer".

(With ANI inputs)

Instagram Junk Food Content Can Negatively Impact Mood, Lead to Cravings

A new study shows how exposure to junk food content on Instagram increases cravings for salty or fatty foods and leads to feelings of stress, sadness, and exhaustion.

Repeated exposure to unhealthy content on social media may have negative psychological consequences.

Advertising on social media can influence a person's decision-making and food choices.

To consume social media content in a healthy way, follow reputable, trusted sources.

Experts recommend limiting time spent on social media to preserve your mental health.

Advertising on social media has become increasingly popular across all industries, including food brands.

However, there is growing evidence to show that some food-related content is having harmful effects on users' mental health.

According to a new study, young adults who were exposed to junk food content on Instagram experienced cravings for unhealthy foods and negative mental health effects. The findings were recently published online in the journal *Appetite*.

Researchers observed 63 participants ages 18 to 24 years old who were separated into two groups. One group looked at a standard Instagram feed and the other looked at a feed



with junk food images for 15 minutes.

Next, participants answered a survey, which included questions about body image perception, mood, and food cravings. Then 7 days later, they looked at the other Instagram feed and answered the survey questions again. Results showed participants who were exposed to junk food content had increased cravings for salty and fatty foods. They also experienced increased feelings of stress, sadness, exhaustion, and hunger.

Neither Instagram feed affected body image perception, the study notes.

"Constant exposure to food advertisements on social media certainly can impact our perception and relationship with food," said Dr. Nicole Avena, nutrition consultant, assistant

professor of neuroscience at Mount Sinai School of Medicine, visiting professor of health psychology at Princeton University, and author of "Sugarless."

"Seeing your favorite celebrity enjoying a specific junk food through a paid advertisement may incline you to choose similar food options. Similarly, seeing your favorite influencer enjoying healthy and nutritious foods may influence you to choose healthier options," Avena added.

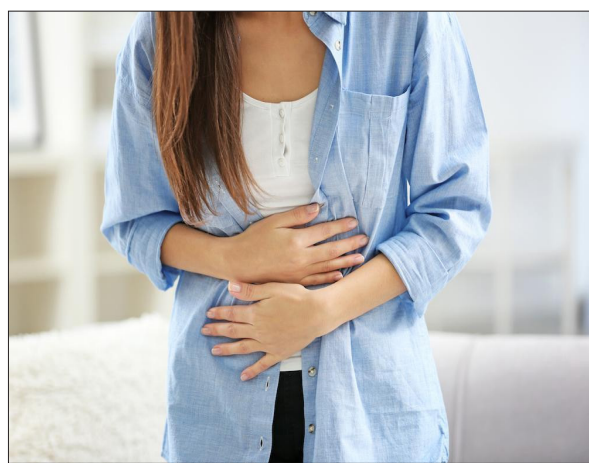
Social media may also impact our relationship with food through comparison.

"Social media typically focuses on highlights and near-perfect content and advertisements; however, this is not an accurate representation of real life," Avena explained.

Women With PCOS More Likely To Have Memory Problems: Study

Women suffering from polycystic ovary syndrome may be more likely to have memory and thinking problems in middle age, according to new research. The study, published in the online issue of *Neurology*, does not prove that polycystic ovary syndrome causes cognitive decline. It only shows an association.

Polycystic ovary syndrome is a hormonal disorder that is defined by irregular menstruation and elevated levels of a hormone called Androgen. Other symptoms may include excess hair growth, acne, infertility and poor metabolic health. It is a common reproductive disorder that impacts up to 10 per cent of women. While it has been linked to metabolic diseases like obesity and diabetes that can lead to heart problems, less is known about how this condition affects brain health. "Our results suggest that people with this condition have lower memory and thinking skills and subtle brain changes at midlife.



This could impact a person on many levels, including quality of life, career success and financial security," said Heather G. Huddleston, from the University of California, San Francisco.

The study involved 907 female participants who were 18 to 30 years old at the start of the study. They were followed for 30 years, at which time they completed tests to measure memory, verbal abilities, processing speed and attention.

At the time of testing, 66 participants had polycystic ovary syndrome. The

results showed that people with polycystic ovary syndrome had an average score that was approximately 11 per cent lower compared to people without the condition. Further, they also had lower scores on three of the five tests that were given, specifically in areas of memory, attention and verbal abilities, when compared to those without this condition. At years 25 and 30 of the study, a smaller group of 291 participants had brain scans. Of those, 25 had polycystic ovary syndrome, and they had lower white matter integ-

riety, which may indicate early evidence of brain ageing. "Additional research is needed to confirm these findings and to determine how this change occurs, including looking at changes that people can make to reduce their chances of thinking and memory problems," Huddleston said. "Making changes like incorporating more cardiovascular exercise and improving mental health may serve to also improve brain ageing for this population." The study involved 907 female participants who were 18 to 30 years old at the start of the study. They were followed for 30 years, at which time they completed tests to measure memory, verbal abilities, processing speed and attention. At the time of testing, 66 participants had polycystic ovary syndrome. The results showed that people with polycystic ovary syndrome had an average score that was approximately 11 per cent lower compared to people without the condition. Further,

NEWS

Study Reveals How Sleeping Habits Impact Brain Health, Raise Stroke Risk



Getting either too much or too little sleep is associated with changes in the brain that have been shown to increase the risk of stroke and dementia later in life, according to a study.

The research, published in the *Journal of the American Heart Association*, focused on two measures of brain health: Matter hyper intensities (WMH), which are lesions on the brain indicating brain ageing, and fractional anisotropy, which measures the uniformity of water diffusion along nerve axons. More WMH, larger WMH, and lower fractional anisotropy are associated with increased risk of stroke and dementia. "Conditions like stroke or dementia are the end-stage result of a long process that ends tragically," said Santiago Clocchiatti-Tuozzo, post-doctoral Fellow at Yale University's School of Medicine, in the US. We want to learn how to prevent these processes before they happen." In one of the largest neuroimaging studies of its kind to date, the team examined brain images of close to 40,000 healthy, middle-aged participants to evaluate how sleeping habits might impact two measures of brain health. Researchers found that compared with optimal sleep (7-9 hours per night), participants with short sleep had higher risk of WMH presence, larger WMH volume where WMH was present, and lower fractional anisotropy. Long sleep (averaging more than 9 hours per night) was associated with lower fractional anisotropy and with larger WMH volume, but not with risk of WMH presence.

"These findings add to the mounting evidence that sleep is a prime pillar of brain health," Clocchiatti-Tuozzo said. "It also provides evidence toward helping us understand how sleep and sleep duration can be a modifiable risk factor for brain health later in life." Researchers said the study highlights middle age as an important time to adjust our sleeping habits to support brain health. "Sleep is starting to become a trending topic," Clocchiatti-Tuozzo said. "We hope this study and others can offer insight into how we can modify sleep in patients to improve brain health in years to come."

BARTLETT MAKES A MASSIVE IMPACT ON 'ALMOST NOT REAL' AUSTRALIA DEBUT

"HE LOOKED LIKE HE BELONGED," SHAI HOPE SAYS OF XAVIER BARTLETT

LONDON: No one predicted Xavier Bartlett would be playing for Australia this summer. Not even Xavier Bartlett.

The fact that he made his debut in an ODI, having not played a 50-over List A game for Queensland since September 2022, makes it even more remarkable. Before the BBL, where he dominated the tournament taking 20 wickets in Brisbane Heat's title win, Bartlett did not play a single game for Queensland in any format as he was coming off a back injury.

But, at the MCG on Friday, he looked like he had been playing international cricket for years as he scythed through West Indies' top order to claim 4 for 17, the second-best figures by an Australian man on ODI debut.

He admitted he had not thought at the start of the summer, or even during the early part of the BBL, that he was even close to Australia selection.

"Oh, definitely not," Bartlett said. "We've got so many great fast bowlers



at the moment. Obviously, [Mitchell] Starc, [Josh] Hazlewood and [Pat] Cummins are probably the top three to ever do it for Australia or in that conversation. And then I only really got my chance through Jhye Richardson's injury and Nathan Ellis was injured as well.

"There's definitely a long list of people in front of me. But I've just got to keep trying to do my best for Queensland, and if I get an opportunity at the higher level, just

try and take it and just sort of almost learn as much as I can as well along the way."

Despite his BBL success, the thought had dawned on him that he had not played any 50-over cricket since September 2022, which added to his pre-game nerves.

"Yeah it did," Bartlett said. "I spoke to someone on the phone and I was like 'I haven't played a 50-over game in like 15 or 16 months'. Yeah, I mean ... I don't

know. It just sort of happened so fast. "I was injured at the start of this year and didn't have a chance to play any domestic cricket, which was a frustrating time. But you can kind of see the light at the end of the tunnel and you've just got to keep trying to work hard because these days don't happen very often in the game of cricket."

It was serendipitous that Australia's selector on duty, Tony Dodemaide, had been the one to tell Bartlett he would make his international debut. Dodemaide's 5 for 21 against Sri Lanka in 1988 remains the best figures on ODI debut by an Australian, but Bartlett was happy to slot in behind him in second spot.

"We were sitting in there watching the boys bat and it floated up on the screen," Bartlett said. "Some of those names, to just be alongside them, it's pretty cool. [Dodemaide] didn't say anything. I just had a little picture with him just then."

West Indies captain Shai Hope was one of Bartlett's four victims,

having nicked a good length outswinger to first slip during the powerplay. He had watched footage of Bartlett in the lead-up but was very impressed by the real thing.

"He's shown that he's got the ability to perform at this level," Hope said after the match. "Not the quickest, but as we see

you don't need pace to be disruptive. He was very, very consistent. He bowled really well, especially for his first game. He looked like he belonged. We know as a West Indies group we have to find a way to not allow him to settle for the next game."

Shoaib Bashir's belated arrival well worth the wait

NEW DELHI: R Ashwin was annoyed. Once the over in front of him had finished, he stomped over from the non-striker's end to remonstrate with square-leg umpire Marais Erasmus. By Ashwin's clock, the final over of day one, England's 93rd, began after 4:30pm. It did not take long for Ben Stokes to join in and point towards the time on the scoreboard vindicating the bowling of this final over.

Of course, neither ceded ground. But Stokes sauntering away while Ashwin continued his

protestations neatly summed up where this second Test is at. Plenty of back-and-forth, and England the happier.

India's 336 for 6 could be match-winning on depending on just how much the pitch changes going forward. And there were certainly times when it felt the sun and Yasir Jaiswal were taking turns roasting the tourists. But England clung on tight in those moments and were rewarded with three dismissals in the evening session.

It was an impressive display after India won the toss considering two-thirds of the overs bowled came from three spinners with just three previous Test caps between them. And it was the one without any, Shoaib Bashir, who brought the most to the table on debut, with 28 overs under his belt. Only four times

has he bowled more in a first-class innings, let alone a single day of Test cricket in a country where spin is a point of local pride.

A cap presentation by Somerset teammate Jack Leach, the shirt bearing the number 67 - a workaround for digits that add up to his favoured 13, which was unavailable with the Lions, rather than an ode to his first-class bowling average - had already confirmed a pretty remarkable story.

Released by Surrey, then roaming the club scene for a couple of years before earning a chance with Somerset. A handful of deliveries in a spell at Alastair Cook tweeted by official accounts and picked up by a doomscrolling Stokes. A delayed arrival in India with visa issues, subsequently leading him to miss the first Test, this registering

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• Original Academic Credentials
• Work Experience

We look forward to meet passionate candidates who want to contribute to the mental well being of the community.

HPVT will be conducting walk-in interviews at below mentioned address:

Day & Date: Tuesday, Feb 6, 2024 | Time: 11:00 AM

HELP POOR VOLUNTARY TRUST
Haft-Chinar Baran-Pather, Opp. Iqbal Park, Srinagar

Ph.No.: 0194-2312056
Email id: hpvtrust@gmail.com

WE ARE HIRING

WHY WELKIN?
Because in our Institution, we believe that every employee has the potential to achieve greatness.

	POSTS	ELIGIBILITY
	Principal	<ul style="list-style-type: none">M.A/M.SC, B.EdExperience :- 7 Years in relevant fieldShould be proficient in Administrative Skills
Foundation Stage I	General Line Teacher	<ul style="list-style-type: none">Post Graduate with B. EdDiploma in ECCE**Freshers can also apply
Foundation Stage II	General Line Teacher	<ul style="list-style-type: none">Post Graduate with B. EdMin. Experience 2 years
Middle Stage	Subject Teacher	<ul style="list-style-type: none">Post Graduate in relevant subject with B. EdMin. Experience 2 years
Secondary Stage I	Lecturer	<ul style="list-style-type: none">Post Graduate in relevant subject with B. EdMin. Experience 3 years
Physical Education	PET	<ul style="list-style-type: none">Post Graduate in relevant field (M.PED)
Administration	Coordinator	<ul style="list-style-type: none">Post Graduate with B.EdPossessing good communication and administrative skills
	Accounts Specialist	<ul style="list-style-type: none">Graduate in relevant fieldProficiency with accounting softwareCandidate with professional certificates (CPA, ACCA, CMA) will be given preference
	Audio Visual Equipment Specialist	<ul style="list-style-type: none">Degree/Experience in the relevant field.
	Theatre Art Educator	
Media	Cinematographer	<ul style="list-style-type: none">Proficiency with camera equipmentKnowledge of film editing principles and software

"Your talent determines what you can do. Your motivation determines how much you're willing to do. Your attitude determines how well you do it."
— Lou Holtz

18008901866
ADMIN@SRMWELKIN.COM

THE CV CAN BE SUBMITTED IN THE SCHOOL OFFICE FROM 5TH FEBRUARY TO 15TH FEBRUARY 2024