



## Khelo India Winter Games:

# Success Of Previous Editions Transformed J&K Into Winter Sports Hub: LG Manoj Sinha



■ HT News Network

JAMMU, JAN 09: Lieutenant Governor

Shri Manoj Sinha today chaired a high-level meeting to review the preparations for 4th Khelo India Winter Games scheduled

to begin on 2nd February at Gulmarg. The Lt Governor was briefed by Sh

TURN ON.....PAGE 02

## Dry Chillai-Kalan Casts Shadow On Kashmir's Major Water Resources



■ HT News Network

SRINAGAR, JAN 09: The persistent dry spell in Kashmir especially in the peak time of Chillai- Kalan has cast shadow on Kashmir's major water resources including Jehlum and other streams while the water level in all the surface water sources has registered a significant dip. Talking exclusively to the news

TURN ON.....PAGE 02

### Lack of snow hits tourism industry in Kashmir

■ HT News Network

SRINAGAR, JAN 9: The Tourism Sector has been badly hit in Kashmir Valley due to

TURN ON.....PAGE 02

## NEWS BRIEF

### Transport strike partially hits Kashmir

SRINAGAR, JAN 9: Public transport in Kashmir was in disarray on Tuesday as a section of transporters began a two-day 'Steering Chodo Andolan'. The transporters are seeking rollback of penal provisions introduced by the Centre regarding hit-and-run cases.

On Tuesday, the majority of inter district public transport was off the roads in Kashmir and commuters turned to alternate options.

The transporters also staged a protest in north Kashmir's Baramulla town. "We appeal to the union government to the rollback penal provisions

TURN ON.....PAGE 02

### Panchayats and BDS cease to exist in J&K

SRINAGAR, JAN 9: Panchayats and Block Development Councils (BDCs) have ceased to exist in Jammu and Kashmir from today. All the Panchayats and BDCs have completed their term and now at least for six months these Panchayats and BDCs will be non-existent in the erstwhile state.

As per the official data, there were all but 28,000 representatives of Panchayats and BDCs.

Elections to 77 Municipalities including 40 in the Kashmir division, 37 in the Jammu region and 4291 Panchayats were supposed to be held in October-November last year but were delayed due to the grant of reservation to Other Backward Classes.

TURN ON.....PAGE 02

### Unscheduled power cuts irk Mawer residents

SRINAGAR, JAN 09: The residents of several villages of Mawer in Kupwara district on Tuesday complained about interrupted power supply in the area despite paying regular electricity bills.

The residents told "Kashmir News Service (KNS)", the villages including Audoora, Qalamabad, Drugsoo, Nowgam, Lawoosa, , Shahrama, Warpora, khudi, Lawoosa, and adjoining areas are not getting power supply as per schedule.

He alleged that when we go to Audoora Qalamabad Grid station employees, they reply that we have one hour of power cut from Arampora grid station, and Arampora Grid

TURN ON.....PAGE 02

## Kashmir's Last Surnai Artisan Struggles To Keep Ancient Craft Alive

Bashir Ahmad Kharadi Reflects On The Fading Cultural Heritage Amid Declining Demand

■ HT News Network

SRINAGAR, JAN 09: Amid the waning demand, Bashir Ahmad Kharadi perseveres as the last Surnai artisan in Kashmir, crafting the traditional instrument



with dedication. He laments the fading cultural heritage and the absence of initiatives to preserve this ancient craft Kharadi. 47, is firmly handling a block of wood against an electrical sander

TURN ON.....PAGE 02

### Pak National Among 3 Operatives Of LeT Offshoot Charge-Sheeted In Terror Conspiracy Case

■ HT News Network

JAMMU, JAN 9: The NIA on Tuesday filed a supplementary charge sheet against three terror operatives including a Pakistani national of 'The Resistance Front' - an offshoot of proscribed Lashkar-Taiba (LeT)

- for conspiring to unleash terrorist attacks in Jammu and Kashmir, an official said.

The charge sheet was filed against Habibullah Malik alias 'Sajid Jutt', hailing from Kasur district in Pakistan's Punjab province, and two south

TURN ON.....PAGE 02

### A UP resident among 7 drug peddlers arrested in North Kashmir

■ HT News Network

SRINAGAR, JAN 9: Police on Tuesday arrested seven drug peddlers including a Uttar Pradesh resident and recovered contraband substances from their possession in North Kashmir.

TURN ON.....PAGE 02

## Govt Designates Director H&H For Enforcing J&K Prohibition Of Manufacture Of Specified Copper Utensils Act

■ HT News Network

SRINAGAR, JAN 9: The Government of Jammu and Kashmir has designated the Director of Handicrafts and Handloom Kashmir as the authority responsible for enforcing the J&K Prohibition of Manufacture of Specified Copper Utensils (by machine) Act. The step is aimed to combat the introduction

TURN ON.....PAGE 02

### Severe dry spell sparks concerns over fish production in Kashmir

■ HT News Network

ANANTNAG, JAN 09: As Kashmir Valley is grappling with a severe dry spell throughout the hard winter, the experts have raised concerns about its impact on fish production in the region.

They said the unusual absence of rain or snow is disrupting the delicate balance of water bodies, potentially jeopardising

TURN ON.....PAGE 02

### J&K SEC To Launch Special Campaign For Revision Of Panchayat Electoral Rolls From Jan 15

■ HT News Network

JAMMU, JAN 9: The State Election Commission in Jammu and Kashmir on Tuesday announced that a special campaign for the annual summary revision of panchayat electoral rolls will be launched on January 15.

The campaign aims to include eligible individuals, particularly those who attained the age of 18 by January 1, 2024, in the electoral rolls.

"The State Election Commission will run a

TURN ON.....PAGE 02

## CS Sensitizes Adm Secys About New Targets Set By PM In 3rd CS Conference



Also seeks ATRs about previous two Conferences

■ HT News Network

JAMMU, JAN 9: Chief Secretary, Atal

Dulloo today chaired a meeting of all the Administrative Secretaries and other senior functionaries of the administration to take stock of the achievements made on different parameters and goals set during the first two National

TURN ON.....PAGE 02

## SARAH INSTITUTE OF MEDICAL SCIENCES Affiliated With University of Kashmir And J&K Paramedical Council

### Applications Are Invited For The Below Mentioned Posts...

POST	QUALIFICATION
Principal	M.Sc Nursing with minimum 12 Years experience.
Vice Principal	M.Sc Nursing with minimum 10 years experience.
Lecturers	M.sc Medical Surgical Nursing with 02 years teaching exp.
Tutors	B.Sc Nursing With Minimum 2 Year Experience.

Principal salary Rs 55000/ Vice Principal Rs50000  
Assistant professor/ Lecturer Rs 35000

Please submit relevant documents and resume  
by 15 January 2024

8491006658  
Bandipora, Kashmir



# DC Srinagar Holds Introductory Meeting With District/Sectoral Officers

Stresses on setting tune for effective approach towards holistic development of Srinagar District and ensuring prompt & quality disposal of public grievances

**SRINAGAR, JAN 09:** Deputy Commissioner (DC) Srinagar, Dr. Bilal Mohi-Ud-Din Bhat today chaired an introductory meeting with District and Sectoral Officers of Srinagar here in the Meeting Hall of the DC Office Complex to set the tune for effective approach towards the holistic development of the District and ensuring prompt and quality disposal of public grievances/issues.

At the outset, the Deputy Commissioner, while chairing the maiden meeting after assuming the charge of Deputy Commissioner Srinagar, enjoined upon all Officers to work with utmost dedication

and commitment for the welfare of people. He also enjoined upon them to ensure speedy execution of works for holistic development of the District, besides implementing Government policies and schemes on ground in letter and spirit.

The DC further called upon the Officers to be responsive and accessible to people all times and foster quick decision making abilities in resolving public grievances. He called for maintaining close coordination among Departments for holistic and planned development of the District.

The DC also laid emphasis



on District/ Sectoral Officers for adopting a public friendly approach and maintaining accountability and transparency in the working of all Government Offices. He asked the Officers to give due respect to the people visiting the Government Offices.

He enjoined upon the officers to ensure utmost punctuality in the offices, besides maintaining proper discipline. The Officers were asked to pace up the works to achieve the set targets under deliverables, Good Governance Index and other parameters on the developmental front for making Srinagar one among the

developed and prosper District.

Additional District Development Commissioner, Srinagar, Zahoor Ahmad Mir, Additional Deputy Commissioner, Syed Shabir Ahmad, Additional Deputy Commissioner, Syed Ahmad Kataria, Programme Officer ICDS, Mushtaq Ahmad Rather, General Manager DIC, Hamida Akhtar, Chief Planning Officer, Mohammad Yaseen Lone, besides, Superintending Engineers of PDD, R&B, Sub Divisional Magistrate East/West, all Tehsildars and all District & Sectoral Officers were present on the occasion.

## Jatin Kishore Assumes Charge as Director Information and Public Relations

**JAMMU, JAN 09:** Jatin Kishore assumed the charge of Director Information here on Tuesday.

After assuming charge, the Director held a brief introductory meeting with the officers of the department



during which he stressed on the need for further strengthening the activities and core competence of the department with the introduction of modern and new media platforms for maximizing its reach.

The Director called upon the officers for timely dissemination of accurate information to the public, fostering transparency and enhancing communication channels between the government and the citizens of Jammu and Kashmir. Later, the Director took round of the office complex and interacted with the employees.

Meanwhile, the officers and officials of DIPR also accorded an affectionate farewell to outgoing Director Minga Sherpa, who has been posted as Deputy Commissioner Baramulla.

## KTMF Delegation call on DC Srinagar

**SRINAGAR, JAN 09:** A delegation of Kashmir Traders Manufacturers Federation (KTMF) Tuesday call on Deputy Commissioner (DC) Srinagar, Dr. Bilal Mohi-Ud-Din Bhat here in Office Chamber in DC Office Complex and warmly welcomed him on assuming charge as Deputy Commissioner Srinagar.

The delegation of KTMF headed by its President Hilal Ahmad Mandoo, Chairman Abrar Khan and General Secretary Altaf Ahmad greeted the Dr. Bilal Mohi-Ud-Din Bhat for being posted as DC Srinagar and hoped that all issues and concerns confronting to the Trade Community of Srinagar would be resolved in a time bound manner for their overall welfare.

On the occasion, the delegation appraised the DC about various issues of public importance particularly of the Trade community of Srinagar.

## MSME DFO Sgr, IICT Sgr initiate two six-week ESDP for artisans

**SRINAGAR, JAN 09:** Recognizing the importance of empowering local artisans, Br MSME DFO Srinagar, in collaboration with the Indian Institute of Carpet Technology (IICT) Srinagar has initiated two six-weeks Entrepreneurship Skill Development Programs (ESDP) for artisans in Maharajpora and Khanpora Handwara areas of Baramulla and Kupwara districts.

Br- Micro, Small, and Medium Enterprises Development and Facilitation Office (MSME DFO) Srinagar under the Ministry of MSME Govt of India and the Indian Institute of Carpet Technology (IICT) Srinagar is dedicated to preserving the rich tradition of carpet making handicraft in the Kashmir region.

Assistant Director of MSME, Government of India, Saheel Aqaband (IEDS), and Director of IICT Srinagar, Zubair Ahmad Mir, recently visited both Maharajpora and Khanpora Handwara

areas to personally interact with the participants.

During their visit, they briefed the participants on the aims and objectives of the program, highlighting the importance of preserving and promoting the unique carpet making handicraft of the Kashmir region.

The Entrepreneurship Skill Development Programs aims to enhance the capabilities of local carpet weaving artisans, providing them with valuable skills and entrepreneurial knowledge that will contribute to the sustainability of their craft. By collaborating with the Indian Institute of Carpet Technology, the initiative ensures that the training is aligned with industry standards and best practices.

Saheel Aqaband, expressed the government's commitment to supporting and uplifting the artisan community. "The rich heritage of carpet making in Kashmir is an integral part of our cultural identity. Through these skill development programs, we aim to empower



er participants with the tools they need to thrive in a competitive

market while preserving the authenticity of their craft and also inputs on entrepreneurship from various stakeholders will help them establish their own micro units," Aqaband said. He also said that Craft can be presented in multiple ways which will help artisans earn their livelihood and ensure direct benefits.

Zubair Ahmad Mir, Director IICT Srinagar, emphasized the institute's role in fostering skill development. "We are delighted to collaborate with MSME DFO in this initiative. By imparting practical skills and knowledge to the artisans, we hope to contribute to the sustainable growth of the carpet making industry in the Kashmir region," he said. Now GI Tagging has helped a great deal in ensuring the authenticity of the product.

This initiative is a step towards ensuring the continued vibrancy of Kashmir's unique carpet making heritage.

## Chugh demands immediate dismissal of Aman Arora from Cabinet

**CHANDIGARH, JAN 9:** BJP National general secretary Tarun Chugh today demanded immediate dismissal of the Employment Generation and Training, Governance Reforms and Removal of Grievances minister Aman Arora from the cabinet after a Sangrur court sentenced him and eight others to two years rigorous imprisonment in a family dispute case.

He said the way Chief Minister Bhagwant Mann has been protecting him even after he has been convicted by a court is not only showing disrespect to the court but also demonstrates how blatantly the AAP government has been defying constitutional bodies.

While expressing surprise that the cabinet minister has not resigned on his own on moral grounds, Chugh wondered what kind of example Bhagwant Mann was setting for the state by shielding a convicted cabinet colleague.

Chugh also expressed serious concern at the failure of the Bhagwant Mann government to respond to the state Governor's query on the matter and said the chief minister must stop defying the calls of the Governor.

Chugh strongly condemned the AAP government for paralyzing governance in Punjab with unconstitutional precedents.

## KTA welcomes New DC Srinagar

Srinagar, Jan 09: In a warm reception, the Kashmir Trade Alliance (KTA) extended a hearty welcome to the newly appointed Deputy Commissioner (DC) of Srinagar, Dr. Bilal Mohiuddin Bhat, as he assumed charge. The delegation, led by KTA President Ajaz Shahdhar, expressed their commitment to fostering collaboration and offered full support from the local business community.

The delegation comprised prominent members, including Umar Jan Wani, Sajad Hyder, Sabit Ali, Fayaz Nadaf, Sajad Din, and Manindar Singh Bhasin. These representatives reiterated their dedication to working hand in hand with the new DC to address the economic and trade-related challenges in the region.

During the reception, the KTA delegation took a moment to appreciate the outgoing DC, Aijaz Asad, for his contributions and leadership during his tenure. They assured the new DC of continued cooperation, emphasizing the importance of a seamless transition for the benefit of the local businesses and residents.

Discussions between the KTA and Dr. Bilal Mohiuddin Bhat covered a range of issues affecting the business community. The delegation sought the DC's cooperation in resolving challenges such as infrastructural development, trade policies, and other matters vital to the economic growth of the region.

The KTA looks forward to a collaborative partnership with DC Dr. Bilal Mohiuddin Bhat and remains dedicated to actively contributing to the region's economic well-being.

## ASHA ZAROO IS NO MORE

**SRINAGAR, JAN 09:** The eminent artist of Theatre, Television, Radio Asha Zaroo left for her heavenly abode. Her seamless contribution in the



field of performing arts will be remembered for ever. May her soul rest in peace. She was a house hold name in Jammu and Kashmir and had lived her roles. Patron Adbi Markaz Kamraz & former secretary cultural academy Dr Rafeeq Masoodi has condoled her demise & prayed for her eternal peace. Dr Masoodi also recalled her acting magic in tele serials & radio dramas & termed her the Best Artist of her time.

## "Renowned Kashmiri born Psychiatrist Receives Global Recognition

**SRINAGAR, JAN 9:** Tanveer Padder, a distinguished Kashmiri-born award-winning psychiatrist, best-selling author and an entrepreneur, has achieved global recognition for his exceptional contributions to the field of mental health. Hailing from a family of doctors who migrated to the United States, Dr. Padder is deeply rooted in his Kashmiri heritage and is committed to

giving back to his community.

Originally Dr Tanir hails from South Kashmir's Kulgam district.

He currently holds the prestigious positions of Chairman of Psychiatry and Medical Director at the Time organization in Maryland, where he is dedicated to treating complex patient populations.

As the CEO of the innovative start-up www.Kashmironline.com

Dr. Padder is at the forefront of revolutionizing Jammu & Kashmir's image as a tourist haven. This platform is not just a gateway to the region's stunning natural vistas, rich culture, and adventurous activities, but also a digital nexus connecting local artisans, entrepreneurs, hoteliers, and transport services to national and international markets. This endeavor is a testament to his

vision of fostering economic growth and showcasing the region's potential.

Talking to Dr. Padder said: I am deeply honored and humbly grateful to share that my psychiatry book has recognized as one of top 20 books in the world. This achievement is not just mine but a reflection of the incredible support and inspiration I have received from my readers, col-

leagues, and the community.

In the realm of academic achievement, Dr. Padder is a triple board-certified psychiatrist with the American Board of Psychiatry and Neurology, American Board of Addiction Medicine, and holds additional certification from the American Board of Clinical Psychopharmacology. His book, "Practical Guide to Psychiatric Medications," has been a best-

seller on Amazon, reflecting his deep expertise in psychopharmacology. Dr. Padder's proficiency in this field is further underscored by his Master Psycho-pharmacologist certification from Dr. Stahl's Neuroscience Education Institute.

Renowned for his clinical acumen, Dr. Padder is an expert in managing a wide range of psychiatric disorders, including Bipo-

lar Disorder, Major Depression, Anxiety, PTSD, Addiction, ADHD, Panic Attacks, and Schizophrenia. His compassionate and skilled approach to mental health care has earned him numerous accolades, such as America's Top Psychiatrists by the Consumer Federation of America and Healthgrades Patients' Choice Award - Compassionate Doctor Recognition, among others.

# MD, NHM, Nazim Zai Khan visits Kupwara, Chairs Mega Public Darbar at Kralpora

■ HT News Network

GANDERBAL, JANUARY 08: The District Kupwara, Jan 9: Mission Director to the Government, National Health Mission J&K, Nazim Zai Khan today visited Kupwara and Chaired a Mega Public Darbar at Government Higher Secondary School Kralpora and took stock of Public grievances, developmental activities and other issues.

The Deputy Commissioner Kupwara, Ms. Ayushi Sudan, Vice Chairman, District Development Council Kupwara, Haji Farooq Ahmad Mir, ADC Kupwara, Gh.Nabi Bhat, District officers, PRIs, besides other representatives and a large number of People of the area attended the Mega Public Outreach programme.

Chairing the Public Darbar, Chief Guest Nazim Zia Khan Congratulated Deputy Commissioner Kupwara for

her best efforts for overall development of the district.

While highlighting the importance of the Public Darbar, Khan said Public out-reach programs act as a bridge between the administration and the people, where highest level government functionaries connect with people and redress their grievances.

The Mission Director said that "I am encouraged to see the youth in Kupwara district turning to entrepreneurship which is an important untapped source of economic growth. Entrepreneurs are becoming job providers rather than job seekers.

He said that Kupwara district is famous for walnut and honey production and there is a great scope in Sheep farming, dairy farming and Trout fish farming due to the conducive geographical location of the district.

He emphasized that unemployed youth of the district should take ben-



efit of different schemes of the government and turn towards these sectors and generate dignified employment avenues.

Deputy Commissioner, Kupwara,

Ms. Ayushi Sudan Speaking on the occasion, said that the aim of holding a public Darbar is to reach out to the people at their doorsteps for listening to their grievances and assess the

developmental needs of the people.

DC said that "demands of the Public are aspirational as people want better than the best day by day. It is better to prioritize the demands. Given the limited resources and capacity we will make every effort to redress the genuine issues and demands"

She Congratulated officers of district administration for successful conduct of VBSY in which all 385 Panchayats and 39 Municipal wards were covered and several schemes were saturated. The Deputy Commissioner expressed her gratitude to people of the district for their active participation and cooperation. She further said that service delivery in the district has improved and there is development in all sectors.

While replying to the demands raised by the public, DC announced at the occasion that Operation theatre of Sub District Hospital Kralpora will be operationalized under the aspira-

tional District Plan within two months and directed CMO Kupwara to meet the deadline.

DC said that for the augmentation and infrastructure development of the power sector in the district, RDSS is underway which will help to improve the power scenario in the district to a great extent.

Vice Chairman, District Development Council Kupwara, Haji Farooq Mir also spoke on the occasion. While welcoming the Chief Guest, the Vice Chairman said that the Government reaches on the doorsteps of People through such programmes.

Vice Chairman added that all schemes are being implemented in the district satisfactorily with utmost dedication.

VC demanded ATM in Kralpora town and development of infrastructure of Government higher secondary school Kralpora.

## DC Bandipora holds interactive meeting with District/ Sectoral officers

■ HT News Network

BANDIPORA, JANUARY 09: The Deputy Commissioner (DC) Bandipora, Shakeel Ul Rehman Rather, Wednesday convened an introductory meeting with all district, sectoral officers at Conference Hall of Mini Secretariat, Bandipora. On the occasion, the DC, while chairing the maiden meeting after assuming the charge of Deputy Commissioner, enjoined upon all



officers to work with utmost dedication and commitment and ensure speedy

execution of works for holistic development of the district and adoption of proac-

tive approach in public service delivery. He further called upon all to be responsive and accessible to people at all times and nurture quick decision-making abilities in resolving public grievances. He called for maintaining close coordination among departments for holistic and planned development of the district. While interacting with District/ Sectoral officers, DC asked for adopting a people friendly approach and maintaining accountability.

## Dr Syed Sehrish Asgar assumes charge as Secretary Public Grievances, CEO ERA

■ HT News Network

JAMMU, JANUARY 9: Dr. Syed Sehrish Asgar today assumed charge as Secretary, Public Grievances and Chief Executive Officer, J&K Economic Reconstruction Agency (ERA).

Soon after assuming the charge, Dr. Sehrish chaired a meeting with the senior officers of Department of Public Grievances and J&K ERA during which she was briefed about the functioning of both the organizations in detail.

While chairing the meeting of Department of Public Grievances, Dr Sehrish was informed about the activities and achievements of the depart-



ment besides highlighting other aspects of their functioning. She was informed that the department has set up two toll free call centres for registration of grievances (Jammu 18005722327 and Kashmir 18005722328).

Dr. Syed Sehrish Asgar, while taking

stock of working of ERA, was briefed about the broader contours of the World Bank funded Jhelum Tawi Flood Recovery Project being presently executed by J&K ERA in the UT. She was apprised that as on date 183 sub projects, out of the total of 213, taken up for execution under the World Bank funded Jhelum Tawi flood Recovery Project have already been completed registering 86 per cent completion rate.

Dr. Sehrish exhorted upon all the officers of J&KERA to continue working in mission mode while complying with all quality parameters and timelines to ensure that all the sub-projects taken up for execution under JTFRP are completed expeditiously.

### Government of Jammu & Kashmir

#### OFFICE OF THE EXECUTIVE ENGINEER (R&B) DIVISION Awantipora Extension Corrigendum

It is notified for the information of all concerned that no bidder has participated online for the work namely "Desilting of drain from Laltrag park upto dewatering station Drangabal Pampore and from Kadlabal Chowk upto Stadium under Drainage (M&R)/Desilting at MC Pampore" advertised vide this office e-NIT No. Fresh- 101/EEA/RNB/of 2023-24/4286-96, Dated. 23-12-2023 and single response for the work namely "Construction of Lane from Link road to Tasveer Mahal and others at Kadalabal Pampore" advertised vide this office e-NIT No. Fresh- 101/EEA/RNB/of 2023-24/4286-96, Dated. 23-12-2023

Therefore as per the directions of worthy Chief Engineer PW(R&B) Deptt Kashmir issued vide his Circular No: CE/RBK/IT/27/88-221 Dated: 13th-December-2022, as such the Last date for submission of bids (Online) for the said works are hereby extended/modified and fixed as under:

1	Bid Submission End Date	15-01-2024 up to 4.00 P.M
2	Date & time of opening of Technical Bids (Online)	16-01-2024 at 11.00 PM

All other terms & Conditions shall remain same as per above mentioned NITs

No:- T-1/EEA/4762-66  
Dated:- 09-01-2024

DIPK-14963/23      Sd/-      Sd/-      Sd/-  
Draftsman      Tech. Officer      Executive Engineer  
R&B Division Awantipora.

## EXECUTIVE ENGINEER GENERATION DIVISION LIHP GANTAMULLA BARAMULLA

Email: xeneljhp@gmail.com

Due to poor response to this office E-NIT No, 15 of 2023-24 dated 27-10-2023 issued vide this office NO. GD/LJHP/1295-1301 dated: 27-10-2023 for Installation of 1 no Disc valve servo motor of unit-3rd including dismantling of defective one (Complete Job) (ID: 2023\_SPDC\_234965\_1), the critical dates are re scheduled as under:

S.No Activity	S.No Activity	Date already tendered	Dates as per new schedule
1	Date of Issue of tender notice	27.10.2023	27.10.2023
2	Bid document download start date	27.10.2023 to 05.01.2024	27.10.2023 to 15.01.2024
3	Bid uploading start date	27.10.2023	27.10.2023
4	Bid uploading last date	05.01.2024	15.01.2024
5	Last date for receipt of hard copies of techno commercial (RFQ) (one original plus one copy)	06.01.2024	16.01.2024
6	Opening of techno commercial bids (RFQO)	08.01.2024	18.01.2024

All the terms and conditions shall remain the same.

DATE :08.01.24  
DIPK-NB-5157/23

EXECUTIVE ENGINEER,  
Generation Division LIHP,  
Gantamulla Baramulla

### PUBLIC NOTICE

I informed to general public that my son's Date of birth (DOB) is 25/03/2004....Now I am applying for his date of birth certificate (DOB) if anybody have any objection in this regard He/She may file His /her objection in the (BDO ) office WAGOORA within seven days from the publication of this notice after that no objection will be entertained

Name....MOHAMMAD SHAREEF KHAN  
F/O.... DAWOOD AHMAD KHAN  
R/O.... NILSAR  
Block....WAGOORA  
Distt....BARAMULLA

### PUBLIC NOTICE

I informed to general public that my Husband KHAZIR MOHD MALIK S/O MOHAMMAD ASSADULLA MALIK R/O DOLIPORA KREERI has died on 14/04/1991....Now I am applying for his death certificate. If anybody have any objection in this regard He/she may file his /her objection in the BDO office WAGOORA within seven days from the publication of this notice after that no objection will be entertained

Name....MISRA BEGEM  
W/O....LATE KHAZIR MOHD MALIK  
R/O..... DOLIPORA  
Block ...WAGOORA Distt ....BARAMULLA

### PUBLIC NOTICE

I informed to general public that my daughter's Date of birth (DOB) is 21/09/2021....Now I am applying for her date of birth certificate (DOB) if anybody have any any objection in this regard He/She may file His /her objection in the (BDO ) office WAGOORA within seven days from the publication of this notice after that no objection will be entertained

Name....HILAL AHMAD ALAIE  
F/O.... SALIQA JAAN  
R/O.... WARIPORA PAYEEN  
Distt....BARAMULLA

### PUBLIC NOTICE

THE ELECTRICITY CONECTION WITH CONSUMER ID. 0211020002082 REGISTERED IN THE NAME OF ALI MOHD KHAN S/O AB GANI KHAN R/O SINGO NARBAL DIST PULWAMA IS TO BE TRANSFERRED IN FAVOUR OF MUBEENA AKHTER/O ALI MOHD KHAN R/O SINGO NARBAL IF ANY BODY HAS AN OBJECTION HE/SHE WAY FILE HIS /HER OWN OBJECTION IN THE OFFICE OF PDD DIVISION PULWAMA/ SUB DIVISION NEWA WITHIN 7 DAYS FROM THE DATE OF PUBLICATION OF THIS NOTICE. AFTER THAT NO OBJECTION WILL BE ENTERTAINED

Name:-ALI MOHD KHAN  
S/O AB GANI KAHN  
R/O SINGO NARBAL

### Union Territory of Jammu & Kashmir, Office of the Executive Engineer R&B Division Kupwara

NIT No. 109-Kupwara/9975-84 of 2023-24 e-tendering DATED:- 08-01-2024  
For & on behalf of Lieutenant Governor of J&K Union Territory, e-tenders (in single cover system) are invited on item rate basis from approved and eligible Contractors registered with Union Territory J&K Govt. CPWD, Railways and other state/Central Governments for the followings works:-

S. No	Name of Work	Est. Cost (Rs. In Lacs)	Cost of T/Doc. (In rupees)	Earnest Money (In rupees)	Time of Completion In days	Time & Date of Opening of Bid	Class of Contractor	Major Head of Account
1	2	3	4	5	6	7	8	
1.	Celebration of Republic Day (26 <sup>th</sup> January- 2024) at District Police line Kupwara	7.60	600/-	15200/-	02 days	15-01-2024	"C&D"	District Sector/3054 M&R

The Bidding documents consisting of qualifying information, eligibility criteria, specifications, Drawings, bill of quantities (B.O.Q), Set of terms and conditions of contract and other details can be seen/downloaded from the departmental website www.jktenders.gov.in as per schedule of dates given below:-

01.	Date of issue of Tender Notice	08-01-2024
02.	Period of downloading of bidding documents	From 08-01-2024 to 15-01-2024 (4.00P.M)
03.	Bid submission start date	08-01-2024 from (10.00A.M)
04.	Bid submission end date	15-01-2024 upto (04.00P.M)
05.	Date & time of opening Bids (on line)	15-01-2024 at (6:00P.M) in the Office of the Executive Engineer RnB Division Kupwara

Terms and Conditions :-

The Bidders are advised to read all conditions laid down in the NIT carefully before uploading softcopy any short fall found in the soft copy the tender shall be rejected.

a. Bids must be accompanied with cost of Tender document in shape Treasury Challan (Under Account Head 0059) (Treasury Challan) must be written boldly the Name of Work, Name of Contractor alongwith Cell No, NIT No. & Sr. No of NIT in favour of Executive Engineer R&B Division Kupwara (tender inviting authority) and Earnest money /Bid security in shape of CDR/FDR pledged to Executive Engineer R&B Division Kupwara.

b. The Successful Bidder has to produce an amount equal to 5% additional performance security deposit of the allotted cost. The same shall be released after successful completion of the defect liability Period of the work. The EMD of 2% successful bidders shall be released after receipt of 5% Performance Security

DIPK-14959/23  
Date: Jan 9 2024

Executive Engineer  
Executive Engineer  
R&B Division Kupwara.

# Dr Abid Rasheed tours premier health facilities in Jammu Pledges excellence in patient care and health facilities in J&K

## HT News Network

JAMMU, JANUARY 09: Secretary Health & Medical Education, Dr. Syed Abid Rasheed Shah conducted a comprehensive inspection of Government Medical College Jammu & Associated Hospitals today to gain a firsthand understanding of the operation of these premier health facilities in Jammu region.

At the Bone & Joint Hospital in Bakhshi Nagar, he received a briefing on the newly inaugurated hospital block and the installation of equipment.

Accompanied by Principal & Dean GMC Jammu, Dr. Ashutosh Gupta, HoD Orthopaedics Dr. Sanjeev Gupta, Medical Superintendents of Associated Hospitals, Heads of Departments, senior professors, doctors, and

other stakeholders, he toured the 200-bedded health facility.

Secretary explored the entire hospital building, inspecting departments such as Out Patient Department, Physiotherapy, occupational therapy, oxygen plant site, CT Scan room, and patient wards to gain firsthand experience of the health and medical facilities provided.

Engaging with staff, doctors, paramedics, patients, and attendants, he inquired about infrastructure and other facility needs to enhance patient care.

Speaking to stakeholders, Dr. Abid Rasheed emphasized the significance of health services in the government, expressing the administration's commitment to people's well-being. The purpose of the inspection was to address issues faced by doctors, paramedics, patients, and



attendants and explore ways to enhance facilities, he added.

"Our goal is to ensure the best patient care and well-being. Providing state-of-the-art

health facilities should be our primary focus and duty," he stated. Highlighting the importance of facilities like B&J Hospital, recently operationalized

and dedicated to the public, he expressed hope that it would become a premier health institute not only in J&K but in the entire country. Subsequently, he

visited the State Cancer Institute Jammu, inspecting all blocks and sections while engaging with doctors, paramedics, and patients to understand the provided facilities.

At the 100-bedded SCI, advanced medical equipment, including PET Scan, Linear Accelerators with IMRT, IGRT, SRT facility, Brachytherapy Machine, and CT Simulator, is being installed for the benefit of cancer patients.

Dr. Abid Rasheed stressed the institute's aim to provide the best possible cancer treatment to the underprivileged. He interacted with medical professionals in OPD, Radiation Oncology, Surgical Oncology, Palliative/Pain Clinic to gather inputs for optimal treatment.

Additionally, he visited GMC Jammu hostel, assessing facilities

for medical students and addressing their concerns.

Earlier in the day, Dr. Abid Rasheed held a meeting to review the functioning of Ayushman Bharat PAMJAY Sehat in Jammu and Kashmir. The meeting covered scheme details, its current status in the Union Territory, implementation structure at State and district levels, and policy-wise premium payment to insurance companies.

In his address, Secretary H&ME emphasized the cardinal nature of AB PMJAY and urged officers to ensure its effective implementation, benefiting the entire population of J&K.

The meeting was attended by Chief Executive Officer State Health Agency, Director Finance, State Nodal Officer, State Grievance Nodal Officer, and other concerned.

## Lecture on Spirituality in Modern Life organised at Jammu University

### HT News Network



JAMMU, JANUARY 9 : In a seminar organised by the Ladakh Phanday Tsogspa in collaboration with Yuva Bharat and Buddhist Department at the University of Jammu, the Head of the Department, Prof. Shoiab Malik along with Parmit and Dr Chhering Tandup, welcomed esteemed guests.

Chief Guest, His Eminence Palga Rinpoche, a distinguished spiritual leader, emphasised the crucial connection between modernity and spiritual practices. He underscored the importance of cultivating calmness in mind and body through meditation in today's world, where youth grapple with confusion and sensitivity, often resorting to destructive paths. His lecture was enlightening and inspired youth to follow the right path and participate in positive events.

His eminence Palga Rinpoche, main speaker of the seminar has also focused more on practices of modernity and spiritualism. He said that in modern world we need to focus on calmness of our mind and body through the practices of meditation. Today's youths are confused and more sensitive towards their life.

Prof. Virender Kundal, Guest of Honour and Director, Department of DSR, University of Jammu, has spoken of need of practices of spiritualism and simultaneously hard work like Swami Vivekananda and many more saint for the achievements of ultimate goals of Vishaw Guru when the country will observe its 100 independence day. This insightful seminar has initiated valuable discussions on the intersection of modernity and spirituality, providing a platform for addressing the challenges faced by today's youth and emphasising the importance of spiritual practices for a harmonious society. Earlier, Prof. Shoiab Malik, Head of the Department, Buddhist Department has welcomed the guests. Parmit, has mentioned about the aims and objectives of Ladakh Phanday Tsogspa. Dr. Chhering Tandup Se, Assistant Professor and Convenor Ladakh Phanday Tsogspa has given the brief introduction of His Eminence Palga Rinpoche. The session was followed by question answer sessions and His Eminence has replied all the genuine questions. The formal vote of thanks has been presented by Dr. Chhering Tandup, Assistant Professor, Bhadarwah Campus and Ladakh Phanday Tsogspa Convenor. The event was efficiently managed by Dr. Thinley.

## 3rd District-Level Bankers' meet held at Anantnag

### HT News Network

ANANTNAG, JANUARY 09: In a significant step towards fostering economic development and financial inclusion, the 3rd district-level bankers' meet was successfully held at Dak Bungalow Khanabal under the able chairmanship of Deputy Commissioner (DC) Anantnag, SF. Hamid.

Speaking on the occasion, DC emphasized the pivotal role that banks play as crucial institutions for the economic development of society. He highlighted the importance of synergy between the banking sector and the local community to facilitate financial growth and inclusion.

Strategies to enhance financial services accessibility for the underprivileged sections of society were

deliberated upon. The goal is to ensure that banking facilities reach every corner of the district, contributing to overall economic growth, he added.

Recognizing the role of small and medium enterprises in economic development, discussions centered on providing financial support and tailored solutions to entrepreneurs and small business owners.

Acknowledging the changing landscape of banking, the meeting emphasized the importance of embracing digital technologies to enhance efficiency and accessibility of banking services.

The DC urged banks to develop and implement credit outreach programs to support local businesses and individuals, thereby stimulating economic activities in the region.

## DDC inaugurates Panchayat Ghar at Daroor in Katra Block

### HT News Network

REASI, JANUARY 09: District Development Commissioner Reasi Vishesh Mahajan, along with ACD Anirudh Rai and SDM Katra inaugurated the newly constructed Panchayat Ghar at Purana Droor Panchayat in Katra Block.

Equipped with modern facilities, the Panchayat Ghar has been completed at a cost of Rs 33 lakh. The facility has been designed to best cater to the needs of PRI members, reflecting the administration's commitment to bolster grassroots democracy. DDC Mahajan, after the inauguration, highlighted the administration's dedication to support Panchayati



raj Institutions (PRIs) and infrastructure development as a top priority. He suggested for using the available computers as e-library for local students to foster education.

DDC Mahajan urged locals to utilize the Panchayat Ghar for revenue

generation and for the welfare of community as a whole. Additionally, he addressed residents, especially women, urging them to take advantage of women-oriented schemes and advised Self-Help Groups (SHGs) to craft unique & decorative items.

During the inauguration ceremony, PRI members and other locals raised various developmental and administrative concerns, to which DDC Mahajan assured that all necessary steps would be taken to address the basic and genuine demands of the general public on a priority basis.

He said UT administration and district administration remains committed to ensuring the holistic development of the region, with a focus on uplifting rural areas.

On the occasion, SDM Katra Deepak Dubey, BDO Katra Manoj Raina, Sarpanch Rekha Devi, Panch Sohan Singh and other officers were present.

## Shaleen Kabra chairs Public Darbar at Nowshera

### HT News Network

RAJOURI, JANUARY 09: Additional Chief Secretary (ACS), Jai Shakti, Shaleen Kabra, today chaired a Public Darbar at border block Nowshera of Rajouri district today.

Deputy Commissioner Rajouri, Om Prakash Bhagat besides other senior officers were present on the occasion.

The event served as a pivotal platform for direct interaction between the government and the public, addressing an array of critical issues.

Various issues raised during the camp included scarcity of water at panchayat Langhar, speedy implementation of RDSS scheme, lack of ambulance facility at PHC Langhar; upgradation of HS Langhar, shortage of staff in Government institutions, liability regarding material payment under MGNREGA, shortage of staff at SDH Nowshera, connectivity to the south portal of Nowshera tunnel, dilapidated condition of



PWD roads, construction of indoor stadium at Nowshera, dilapidated condition of BRO roads within municipal limits at Nowshera, start of work on Nowshera-Hanjana bridge, unsafe building of HSS Nowshera, construction of girls hostel and introduction of science subject at GDC Thandapani, Kendriya Vidyalaya for Nowshera, additional border bunkers, speedy implementation of JJM schemes, inclusion of left out eligible beneficiaries under PMAY-G.

Public also demanded identification of suitable land for construction of Gujjar hostel at Nowshera.

## Viksit Bharat Sankalp Yatra bolsters people's voice for inclusive development across Kathua District

### HT News Network

KATHUA, JANUARY 09: In a resounding display of public engagement, the Viksit Bharat Sankalp Yatra has fervently amplified the voice of the people across the vibrant region of Kathua. The Yatra, a testament to the aspirations and collective will of the community, has served as a powerful catalyst for civic dialogue and empowerment.

The journey, marked by its commitment to progress and development, has resonated with the Vox Populi, echoing the dreams and developmental aspirations of the residents of Kathua. As the Yatra traverses the diverse landscapes of the region, it has become a focal point for citizens to express their concerns, hopes, and visions for a more prosperous future.

Today, the yatra traversed through Nagri Parole show-



casing the enthusiastic participation of the citizens from all walks of life.

Prominent leaders, PRIs and advocates associated with Viksit Bharat have actively engaged with the community during the Yatra, fostering an inclusive platform for constructive discussions. The exchange of ideas and perspectives has not only strengthened the bond between the leaders and the people but has also laid the foundation for collaborative efforts towards sustainable development. The yatra high-

lighted the paramount importance of awareness and saturation of flagship schemes like PMAY Urban, PM SVANidhi, AB-PMJAY etc. amongst the public so as to extend the tangible benefits to the deserving beneficiaries. The Viksit Bharat Sankalp Yatra encapsulates a shared commitment to progress, unity, and prosperity. As it continues to weave through the tapestry of Kathua, it is anticipated that this journey will leave an indelible mark on the collective consciousness.

## 5 girls' hostels among other educational infra projects coming up in Doda DC reviews progress, assesses performance of schools in board exams

### HT News Network

DODA, JANUARY 9: Deputy Commissioner Harvinder Singh today led a comprehensive review of the education sector, covering all 10 education zones in the district.

The Chief Education Officer presented detailed information on government-sponsored schemes, infrastructure, schools in aspirational blocks, zone-wise pupil-teacher ratios, and the status of various initiatives like Samagra Shiksha. The meeting included updates on girls' hostels, KGBV

schools, ICT labs, Pradhan Mantri Schools for Rising India, board examinations, and digital initiatives.

It was informed that the district has 10 education zones, including 2 aspirational blocks, with a total of 537 operational schools.

The DC called for expediting the ongoing construction of 5 girls' hostels, emphasizing the completion of works in Doda and Bhella. The DC directed education officials to coordinate efforts to ensure efficient utilization of government funds meant for amplification of school infrastructure. He laid

stressed on rationalization of teaching staff, minimization of dropout rate, ensuring punctuality, and strengthening infrastructure of KGBV.

Reviewing the performance of schools in board exams, the DC was informed that the district recorded a pass percentage of 98.31 in 8th exams, 79.80 in 10th exams, and 67.69 in 12th exams. He directed for remedial measures in schools with low results, expediting of ongoing works.

Seeking best amenities for students, he asked for providing water supply connections to KGBV girls'

hostels, streamlining the working of Anganwadi centers, making provision of library in schools and improvement of enrollment. The DC also urged for utilizing aspirational block and panchayat funds for upgrading facilities in schools and providing the best teaching staff to underperforming schools.

Stress was also laid on construction of boundary walls around girls' hostels, physiotherapy facilities for bedridden students, and proper functioning of schools under ZEOs' jurisdictions. He urged promoting digital initiatives, weekly online interactions with students, and

## Deputy Commissioner listens to people's issues at Village Dhara in Baderwah

### HT News Network

DODA, JANUARY 9: Deputy Commissioner Doda Harvinder Singh, accompanied by SSP Doda Abdul Qayoom, today visited to Village Dhara in Sub-District Baderwah.

During their visit, the officials were overwhelmed by the presence and enthusiasm of the inhabitants of Village Dhara. The community members seized the opportunity to present a series of demands aimed at enhancing the village's infrastructure

and amenities. The villagers of Dhara expressed a pressing need for a 25kv transformer with accompanying poles at SC Mohalla Kutta. Additionally, they highlighted the necessity for the construction of a road connecting Lower Dhara to Upper Dhara. Moreover, the community advocated for the establishment of a Tourist Park, a First Aid Centre, and a Veterinary Centre to address both local needs and potential tourism opportunities. This visit signifies a pivotal moment in addressing the essential requirements of the residents.

EDITORIAL

Smart Meter Installation Ignites a Sustainable Energy Revolution

The successful installation of smart meters in Srinagar marks a significant leap towards a more efficient and consumer-friendly energy landscape. These advanced devices bring about a paradigm shift by empowering consumers with real-time insights into their energy consumption patterns. The benefits extend beyond mere convenience, fostering a culture of energy conservation and cost-effectiveness.

Smart meters enable consumers to monitor their electricity usage in detail, allowing them to make informed decisions about when and how they use power. This newfound awareness encourages responsible energy practices, ultimately leading to reduced utility bills and a lighter environmental footprint. In a region like Kashmir, where energy resources are precious, such measures contribute to sustainable development.

Furthermore, the implementation of smart meters enhances the overall reliability of the energy grid. With the ability to detect faults and irregularities promptly, these devices facilitate quicker response times for maintenance and repairs. This not only minimizes downtime but also ensures a more resilient and robust energy infrastructure, crucial in a region prone to climatic challenges.

The ripple effect of successful smart meter integration extends to the utility providers, enabling them to optimize resource allocation and improve operational efficiency. As a result, consumers in Kashmir can enjoy a more stable and responsive energy supply.

To wrap up, the installation of smart meters in Kashmir is not merely a technological upgrade, it is a catalyst for positive change. The empowerment of consumers, coupled with the enhanced reliability of the energy grid, paints a promising picture for a future where energy is used wisely and sustainably in the picturesque valleys of Kashmir.

REHMAN RAHI

A POET IN DESTITUTE TIMES

■ [Mir Tariq Rasool](#)

Prof. Rehman Rahi is a poet of multiple- shades, and multiple thoughts with varied expressions. For many, he is a westernized poet and for few, he was anti-tradition who 'revolutionized' the poetic thought of an agonized nation during the hard times. Many say he was playing with words and for some, he used to play with thoughts but for all he was a poet, a critic and an academician caught in destitute times and only some realize that his inner man was fixe in the brouhaha used to goes off against every conscious voice in the background of destitute times, still, he proved himself as a compos mentis and expressed his thought and emotions artistically using almost all poetic devices to beautify his art of poetry. Like his precursor Dina Nath Nadim, Rahi is a product of a progressive movement, he accepted the revolutionary influence of Marxist literary thought evident from his poetic collection Nawroz-e-saba but his power of imagination, evolving thought process, the art of assimilation, aesthetics, ironies, ambiguities, symbolism, and imagery painted his poems with shades of modernism, existentialism, and surrealism which evolved as a unique artistic format. He didn't beautify his art with one shade only, Rahi is not a poet of a single style, and one can catch different shades, styles, and dictions from Rahi's art. If one associates him with westernized poetic art by citing his resembling poetic themes with western poets, If the theme of his poems like "Sooun Gaam" resembles Eliot's "The Love Song of Prufrock", If Rahi's Nawroz-e-saba portrays progressive literary thought, then one can also feel the shades of Abhinav Gupta's "Anubhava-nivedana-stotra," when He expresses his experiences in a poem like in Thoni Russ Sadaa. There are stances of bhairava mudra like in the poem Sona Lank. Sometimes Rahi abides by the descriptive technique as used in Abhinava's sambhavi mudra.

Rahi has not laid off from his tradition, besides using all new styles to beautify his art. His art, if resembles the western modern diction, is rooted in the tradition of Mehjoor and Dina Nath Nadim. The shades of Abdul Ahad Azad too are visible. As a well-read and conscious poet, he has tried to fit and find a place for his art beyond the boundaries of his nation, so to appropriate his poetry Rahi has aesthetically decorated his poetry with trends of the time like Modernism, Nationalism, Progressivism, or existentialism. The proper hermeneutics of Rahi's poetry can reveal new philosophies and philosophical elements within the verses he has crafted. His poetry has scope for phenomenological



and ontological appraisal.

Rahi was a proponent of change and evolution. He always yearns for uniqueness and in this longing, he loses his circle and strives for the reality he dreamed of during his literary life. He says probably in the introduction Nawroz-e-saba that new thought gives budding to new ideas, new reality awakens new dreams and new dreams give new directions to the new reality. So to achieve new dreams, Rahi moved a step forward from his tradition. He didn't keep himself fixed. Even in his literary journey, He at times didn't feel it important to fence himself in the elements of prosody-Ourozo oAhang- though considered as poetic essentials. He has always tried to craft the lexis differently to achieve different structures and meaning in resonance with the spectacle and melody. Referring to Aristotelian mimesis, Paul Ricoeur one of the world's major philosophical thinkers says that spectacle, melody, and lexis together play an instrumental role. Rahi has appropriated all the Ricoeurian

elements beautifully in both his Nazms and Ghazals thus crafting striking pieces of literature.

Poet always talks, sometimes with nature or with himself or with the words, pain or beauty. Poetic dialogue is continuous without voice. Sometimes a poet talks about people's suffering or pain, and sometimes about the nation's agony or triumph. Like other poets, Rahi continued his conversation with Zabarwan Ball or Sonlank discussing the 'Being. Rahi was never silent as many say that he is a poet of "poet of silence" perhaps for being indifferent or maintaining silence over people's agony. He gave voice to people's agony in his poetic collection "on the Pier of Bridge-Kadla Thatis Peth". One should read Rahi's acceptance speech written in the year 2000 in response to a Fellowship conferred to him by Sahitya Akademi. The speech is enough to prove that Rahi was never a poet of silence vis-à-vis people's agony.

Rahi arrived into this world when the global knowledge system was thriving

with varied political, philosophical, and social slogans, realism, romanticism, modernism, Marxism, and other -isms were spreading but Rahi's homeland was struggling in an abysmal crisis that continued till his last breath and Rahi always find himself in destitute times. He was a conscious poet aware of the surrounding hard times so to live with his art and reach the audience during the destitute times he opted for poetic language. People always look at poets or leaders during hard times and seek the poet's role. Friedrich Hölderlin a famous German poet and philosopher, himself posed the same question in an elegy Brod and Wein or "Bread and Wine" what are poets for in a destitute time or time of need? The elegy was written in 1801. Martin Heidegger poses the same question: what are poets for? And comes up with the answer too. Heidegger says that a poet should reach the Abgrund (abyss) and sing Dasein (existence) in the destitute times. Rahi seems to be aware of his times of destitution when he feels that fugitive gods have departed. He calls his inner poet to sing the Heideggerian Dasein in his poem Shaiy'r (poet) with an artistic expression. Rahi not only provides an answer to Holdrein and Heidegger but reaches out to other poets of destitute times like Baudelaire who speaks of the condition of a poet in the modern destitute age, Stephane Mallarme, WB Yeats, and Rainer Maria Rilke. Rahi says that a poet is: A dewdrop walks to soothe burning petals, A cascade flows to cut the mountains, A breeze runs to create waves in oceans, A gaze of love to blossom a lotus, A bulbul who dreams spring in winters.....

Rahi feeling the agony of the times aesthetically reaches the audience sometimes, he satisfies himself by saying that Shaiyrus asaan chi zakhaman zev anyen : Eng: Poet makes wounds to speak (Nowroz-e-saba), many times he found solace and solution at the symbolic peak of Zabarwan. He says kiya soonchyeth meyt zev dyech taals, zar chu zabarvun baalus peyth (Kadla The-tus Peyth).

Tailpiece: Prof. Rehman Rahi is a multifaceted poet, critic, and writer who left a treasure of poetry and critical writings. He is not a poet of modernism and progressivism but a poet thinker and poet of philosophies who needs to be explored along with his contemporaries like Prof Rashid Nazki and Amin Kamil in conformity with the modern parameters of knowledge and scholasticism. His writing demands deep research and interpretation. We need to come out of the mere rhetoric to establish concrete poetic and literary thought based on the treasure of writings our poets have left behind.

How to be happy when everything goes wrong



■ [Jaswinder Pal Sharma](#)

Navigating tough times and finding happiness amidst challenges is an art that many aspire to master. When everything seems to be going wrong, maintaining a positive mindset can be a daunting task.

However, it's crucial to remember that happiness is not solely dependent on external circumstances but is often a product of our mindset and choices. Here are some strategies to help you find joy even when everything appears to be falling apart.

1. Acceptance is Key: One of the first steps towards finding happiness in difficult times is accepting the reality of the situation. Resisting or denying the challenges can prolong the emotional distress. Embrace the situation, acknowledging that it is okay not to be okay. Acceptance pro-

vides a foundation for moving forward and finding solutions.

2. Focus on What You Can Control: In challenging situations, there are often elements beyond our control. Instead of dwelling on those aspects, concentrate on what you can influence. By redirecting your energy towards actionable steps, you regain a sense of empowerment. This shift in focus can contribute significantly to your overall well-being.

3. Practice Gratitude: Even in the midst of adversity, there are usually aspects of your life that you can be grateful for. Cultivate a habit of gratitude by reflecting on the positive aspects, no matter how small. This can be a powerful tool to shift your perspective and foster a more optimistic outlook.

4. Seek Support: Connecting with others during difficult times is crucial. Share your feelings with friends, family, or a trusted confidant. Opening up allows you to receive emotional support, gain different perspectives, and realize that you're not alone in facing challenges.

5. Embrace Change as an Opportunity: Life is full of uncertainties, and setbacks often pave the way for new opportunities. Instead of resist-

ing change, view it as a chance for personal growth and development. Embracing change with a positive mindset can lead to unexpected and fulfilling experiences.

6. Practice Mindfulness and Meditation: Mindfulness techniques and meditation can be powerful tools to center yourself in the present moment. Engaging in mindfulness practices helps manage stress and anxiety, allowing you to approach challenges with a calmer and more focused mind.

7. Set Realistic Expectations: Reassess your expectations and set realistic goals, especially during challenging times. This doesn't mean lowering your standards but understanding that circumstances may require adjustments. Setting achievable goals contributes to a sense of accomplishment and boosts your overall well-being.

8. Learn from Adversity: Every challenging situation provides an opportunity for growth and learning. Reflect on the lessons that can be derived from your experiences. This mindset shift transforms difficulties into valuable stepping stones towards personal development.

9. Find Joy in Small Moments: Amidst chaos, take the time to appre-

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ciate small, joyful moments. Whether it's enjoying a cup of tea, witnessing a beautiful sunset, or sharing laughter with loved ones, these moments contribute significantly to your overall happiness.

10. Prioritize Self-Care: During tough times, self-care becomes paramount. Ensure that you are taking care of your physical, emotional, and mental well-being. Establishing healthy routines, getting adequate sleep, and engaging in activities you enjoy contribute to your resilience and happiness.

11. Cultivate a Positive Mindset: Challenge negative thoughts and cultivate a positive mindset. Instead of focusing on what's going wrong, actively seek out the positive aspects in your life. This shift in perspective can create a ripple effect, influencing your overall outlook on life.

12. Celebrate Achievements, Big or Small: Acknowledge and celebrate your achievements, regardless of their size. Recognizing your progress, no matter how incremental, reinforces a sense of accomplishment and contributes to a positive mindset.

13. Engage in Hobbies and Activities: Distract yourself from the challenges by engaging in activities you

enjoy. Hobbies provide a sense of purpose and fulfillment, offering a break from the stressors in your life.

14. Maintain a Sense of Humor: Humor can be a powerful coping mechanism during difficult times. Find moments of levity, laugh at yourself, and don't underestimate the therapeutic effects of a good sense of humor.

15. Seek Professional Help if Needed: If the challenges become overwhelming, seeking professional help is a sign of strength. Therapists, counselors, or support groups can provide valuable guidance and support in navigating difficult emotions.

In conclusion, finding happiness when everything goes wrong is a process that involves acceptance, resilience, and a conscious effort to focus on the positive aspects of life. By implementing these strategies, you can cultivate a mindset that allows you to weather the storm and find joy even in the midst of adversity. Remember, happiness is not the absence of problems but the ability to deal with them in a positive and constructive way.

**The author is a SS Master Gsss Hakuwala Sri Muktsar Sahib**

# Rukhsana Jabeen---The Poet Of Passion Painting On A Global Canvas



■ Dr Basharat Khan

"If you admire light, emerge as a lantern...  
Shield the candles from those who peddle the news of darkness"

(Rukhsana Jabeen)

Rukhsana Jabeen known by her pen name Jabeen, was born on May 1, 1955, in Khwaja Bazar, Srinagar, Kashmir. She received her primary education at Government Girls Primary School, Khwaja Bazar, and Government Girls High School, Khanayar, Srinagar. She graduated from Government Women's College Nawakadal, Srinagar, and obtained MA in Urdu, Persian and MPhil in Persian from Kashmir University.

Jabeen embarked on her poetic journey in 1977, unveiling her debut verse in Kashmir University's 'Bazyaft.'

"Nadida Dasht o Koh Se Mera Guzar Hua  
Jab Se Mera Khayal Teri Rahguzar Hua"

Proficient across diverse literary genres, with a special prowess in ghazal and nazm, she gained recognition for translating "Ratan Singh Ki Bachon Ke Liye Kitab Urn Khatola" into Kashmiri. This accomplishment, acknowledged by former State Governor NN Vohra in August 2014, contributes to her rich literary portfolio, which includes collections like "Chiragh Chehra" (Urdu) and "Wohrat Kashmiri."

Rukhsana Jabeen emerges as a captivating lyrical muse whose verses transcend regional boundaries, painting on a global canvas. Her poetic expressions intricately weave the rich cultural tapestry of Kashmir with universal themes, resonating with readers worldwide. Jabeen's work serves as a testament to the power of poetry to transcend borders, connecting hearts through the shared emotions and human experiences woven into her verses.

Among the poets of Jammu and Kashmir, Rukhsana Jabeen graces an eminent zenith. Her discerning palate not only savors the essence of poetry but also acquaints itself intimately with the symbolic language of poetic art. Within the hallowed pages of prestigious Urdu journals, her verses find a sanctuary, orchestrating a profound narrative that enriches the reader's journey with captivating finesse.

Rukhsana Jabeen's poetic compositions breathe with the invigorating fragrance of originality, presenting a mosaic of ideas woven together by a rhythmic elegance that is nothing short of remarkable. In this melody of words, her work assumes a pivotal role, bestowing upon the art of poetry a resounding credibility.

Her poetry stands as an opulent tapestry, intricately woven with exquisite similes, metaphors, and allusions. In moments of delicate revelation, she unfurls the moon's awe and the sun's solitary sovereignty, conjuring images that paint the celestial spheres before our very eyes. This prompts contemplation on the parallels between their solitude and the poignant expression of one's own loneliness. Occasionally, her verses bear witness to a revolutionary spirit, urging those enchanted by light to metamorphose into beacons against the encroaching darkness, safeguarding the luminosity of their own inner illumine.

Although the translation of poetry may never fully capture the beauty of the original, this humble endeavor strives to translate select ghazals of Rukhsana Jabeen into English. It aspires to forge a profound connection with readers, unveiling fleeting glimpses of the embedded essence nestled within the verses.

Rukhsana Jabeen, a maestro of passion and perfection in the realm of poetry, sculpts verses that plunge into the profound depths of the human soul. Her poetic expression forms a vibrant tapestry, intricately weaving the nuances of profound feelings and fervent passions, fearlessly addressing trauma with a deep sense of authenticity. This renders her expression not only captivating but also remarkably relatable.

Jabeen highlights silence and indifference to injustice, rebuking those contributing to suffering, like heartless merchants selling innocence like vibrant butterflies. It urges speaking out against cruelty, emphasizing the need to express disdain for wrongdoings. A call for a collective effort to confront and prevent injustice, demanding empathy and action in the face of wrongdoing.

With ruthless might, they crush half-open buds and trade the vibrant butterfly wings.....

...cannot be called gardeners, they are merely traders of nectar!

Stealing the dreams from open eyes, the peace of mind and soul are snatched...

Fear is sold by strange people... ruining the land of desire!

What is happening? Stop it! Or at least condemn it!  
In the public gaze,  
heads of innocent children sold by some crazy people!!!

If you admire light, emerge as a lantern...

Shield the candles from those who traffic in the tidings of darkness

Jabeen delves intricately into themes of hope, adversity, and the various shades in an allegorical style. The poem introduces a romantic motif, symbolizing



یہ معصوم کلیاں مسل کے جو خوش رنگ تتلی کے پر بیچتے ہیں  
انہیں باغباں مت کہو ، یہ تو گلچیں ہیں ،  
پھولوں کا زر بیچتے ہیں

کھلی آنکھ سے چھین کر خواب ، دل کا سکون لوٹ کر بیچتے ہیں  
دیارِ تمنا کو برباد کر کے عجب ڈھنگ کے لوگ ڈر بیچتے ہیں

یہ کیا ہے ؟ کوئی روک لو آگے بڑھ کے ، مذمت بی کر لو  
سرعام بازار میں سرپھرے لوگ بچوں کے سر بیچتے ہیں

بے خیالی ہی میں جو میں نے پکارا سورج  
پھر ہوا یوں کہ سوا لیزہ پہ اترا سورج  
اس نے ماحول بنایا تھا اندھیروں کے لئے  
میرے ہاتھوں تو فقط دفن ہوا تھا سورج  
رات کے پچھلے پہر کوئی دعا مانگی تھی  
بخ زہد گھر کے کسی کونے سے ابھرا سورج  
ناؤ کاغذ کی جو پانی میں اتاری میں نے  
پھر دھنک نے بھی لی انگڑائی ، نہایا سورج  
میں تعاقب میں کسی چاند کے ہوں صدیوں سے  
صبح امید تو اس شوخ نے ہی نام رکھا  
تو کہیں سے بھی نظر کیوں نہیں آتا سورج  
چاند نے سوچ کے اک اد بھری ٹھنڈی سی  
اس بھری دنیا میں ہے کتنا اکیلا سورج  
اک طرف چاند ، ستارے ، یہ خنک رات ، ہوا  
اک طرف ریت ، یہ صحرا ، یہ چمکتا سورج

اکھ پرانی چٹھیاہ چانی لبم راتھ پرکھ ما  
بیہ زونہ تہ اختابہ وون دامانہ جرکھ ما  
پھٹی متی چھ کدل، ناؤ تہ یرونی تہ ہوا سخ  
گنہ پچھ چھ طیس پیٹھ تہ ولو تارہ ترکھ ما  
از واؤ کلین مول چھ پرائان ژہ وچھ نیر  
ازماؤ پنی زورکنی زنی تہ درکھ ما  
اکھ ژانگی لیا وچھ مے دزاں دور زویس پیٹھ  
کمی تام بیپاری مے پرژھم ، ناؤ گرکھ ما



everlasting yearning beneath the glow of moon. Overall, it adeptly captures the grace of nature through the interplay of luminosity and beauty.

Called out carelessly to the sun ...

And then it came with intense heat

He created the environment for the darkness to increase,  
whereas I only buried the sun to extinguish the light!

When I prayed in the last part of the night...

The warm rays of the sun emerged from a corner of a freezing cold house.

When I lowered the paper boat into the water....

the rainbow also appeared around the sun

For centuries I have been in pursuit of the moon ....

The sun began following me from then onwards.

'Hopeful morning' was named by this naughty person...

So why is the sun still not visible?

With a cold sigh, the moon laments the loneliness of the sun...

who looks alone in spite of everyone around !

The cool night, the moon and the stars on one side..

while hot sand, the desert and bright sun on the

other!

In the ethereal realms of Kashmiri poetry, Rukhsana Jabeen emerges as a radiant luminary, a true virtuoso wielding the magic of words. Her expression, a masterpiece of linguistic artistry, not only distinguishes her amidst her fellow Kashmiri female poetess but also engages in a harmonious dance with male poets, adorned in a language that breathes with both freshness and formidable grace.

As she delicately articulates the intricate nuances of womanhood, a feminine creativity gracefully unfurls from the very sinews of her poetic essence, casting a mesmerizing spell upon the audience. Within the verses she weaves, a profound revelation blossoms, not merely quenching the intellectual thirst of the discerning reader but also bestowing a sublime sense of satisfaction upon the fortunate connoisseur. This experience mirrors the profound gratification felt by avid readers, akin to the joy found in the exploration of a rich and captivating literary landscape.

To delve into the poetic brilliance of Rukhsana Jabeen, here is a translation of one of her Ghazal by the erudite Professor Majroor Rashid, inviting readers to immerse themselves in the depths of creativity and

**Jabeen highlights silence and indifference to injustice, rebuking those contributing to suffering, like heartless merchants selling innocence like vibrant butterflies.** It

urges speaking out against cruelty, emphasizing the need to express disdain for wrongdoings. A call for a collective effort to confront and prevent injustice, demanding empathy and action in the face of wrongdoing.

literary artistry.

Pure serendipity I came across an old letter of yours last night , would like to look through it

Would you again fill my hem with suns and moons.  
The bridges have cracks in them, the boat is rudderless and the wind has gone mad ,

The night is pitch - dark come and row across the shore.

Now the gale is uprooting the trees out there  
Put all your in how can you alone stand the test.

I saw a flickering lamp flame away on the isle  
Someone on the other side asked, would you build a boat.

Rukhsana Jabeen distinguishes herself among Kashmiri women poets, seamlessly blending intellectual pursuits with vivid imagination, clarity, and metaphorical eloquence. With precision, she selects Kashmiri words, crafting verses that convey profound meaning, adorning poetry with distinctive qualities and evocative emotions. Her creations transport readers into a realm of extraordinary sentiments, all crafted with simplicity rather than intricate language, highlighting her ample proficiency in expressing grand ideas.

The English translation of Rukhsana Jabeen's Kashmiri Ghazal by Dr. Abid Ahmad will aid in comprehending the poetic nuances behind the lyrics.

May I die for you, don't leave the threshold, look at the fog

May I die for you, o tulip, hidden behind the Chinar is the fog;

That pomegranate bush and this grapevine, both gasp for breath

This apple and that mulberry tree weep as down descends the fog;

To the din outside we have shut the doors and windows

Trying to figure out wherefrom was born the fog;  
The sling was kept away so that the kids made no mischief

Dancing with abandon in the alleys and streets is the fog;

I opened the window thinking the dust will move out

But everywhere in your village I saw nothing but the fog;

De Reyaz Tawheedi Kashmiri while reflecting on Rukhsana Jabeen's poetic nuances, highlights the significance of blending artistic and intellectual elements in high-quality poetry.

"Exploring Rukhsana Jabeen's verses ensures encountering a delightful harmony of artistic finesse and profound contemplation. Her skillful expression of aesthetic beauty and style captivates readers, leaving them enthralled by the captivating charm and irresistible appeal."

Similarly another writer, Mashooq Ahmad --- lauds Rukhsana Jabeen's poetry, highlighting its fusion of artistry, intellectual vibrancy, and engagement with contemporary themes. Beyond confining her poetic discourse to confessional perspectives, she embellishes her poetic canvas with insights from a variety of life experiences.

Farooq Shaheen, a poet and critic Kashmiri language extols Rukhsana Jabeen as an exceptional poetess. Her brilliance is evident in the fresh and powerful expressions, particularly when exploring the intricacies of womanhood.

"Jabeen seamlessly weaves Kashmiri words into her verses, creating a tapestry of meaning that embellishes her compositions with distinctive qualities and emotions. Through her skillful use of simple language, she artfully communicates profound ideas, showcasing her deep poetic prowess."

Another writer and poet, Gulzar Jaffer eloquently praises Rukhsana Jabeen's poetry, emphasizing its profound impact.

"Jabeen has indeed carved a distinct place in the contemporary poetic landscape. Her verses, stemming from feminine protest, delicately unravel the intricate complexities of human life. Undoubtedly, her poetry is a masterful fusion of art, wisdom and profound emotions, inviting readers into a realm where the essence of human experience is beautifully woven into poetic expression"

In conclusion, Rukhsana Jabeen's poetic compositions are not mere words; they are a journey, an exploration of emotions, intellect, and the shared human experience. In the evolving landscape of literary discourse in Kashmiri and Urdu, her legacy stands tall, inviting readers to traverse the realms of passion and painting on a canvas that knows no bounds.

## PM Modi meets Prez Filipe Jacinto Nyusi, assures commitment to support Mozambique's development

■ HT News Network

New Delhi, Jan 9 (UNI) Prime Minister Narendra Modi met Filipe Jacinto Nyusi, President of the Republic of Mozambique, in Gandhinagar on Tuesday and assured a strong commitment to support Mozambique's development priorities.

"Both leaders held productive discussions on ways to further bilateral ties, including in the areas of defence, counterterrorism, energy, health, trade and investment, agriculture, water security, mining, capacity building, and maritime cooperation," said the statement issued by the Prime Minister Office (PMO).

The Prime Minister also suggested that the two countries could work to enhance air connectivity



to give a boost to business, culture, and people-to-people relations.

During the meeting, President Nyusi thanked Modi for the inclusion of the African Union (AU) in

the G-20.

"The two leaders also discussed issues related to cooperation in multilateral fora, including the UN," it said.

As per the releases, President Nyusi also thanked India for the various development projects and capacity-building programs as well as for its support in the area of maritime security.

"Both leaders agreed to remain in touch and maintain the pace of high-level political contacts between the two countries," the PMO said.

The Prime Minister also held a meeting with President Filipe Nyusi of Mozambique in Gujarat.

On social media post X, Modi said, "Glad to have met President Filipe Nyusi of Mozambique in Gujarat. The meeting was made special by the fact that he has an old association with the state, having studied a course at @IIMAhmedabad".

Our talks focused on defence, trade, energy, cultural linkages, and more," PM Modi further added.

## Incidents Compromising Dignity Of House Call For Tough Measures: Om Birla

■ HT News Network

Bhopal (Madhya Pradesh): Lok Sabha Speaker Om Birla inaugurated an orientation programme for members of the Madhya Pradesh Legislative Assembly at the Assembly premises in Bhopal today.

Chief Minister, Madhya Pradesh, Dr. Mohan Yadav; Speaker, Madhya Pradesh Legislative Assembly, Narendra Singh Tomar, Ministers of Madhya Pradesh and several other dignitaries graced the event.

Speaking on the occasion, Mr Birla highlighted with concern the continuous decline in discipline and decorum in legislative bodies. Underscoring the importance of the legislature as a forum for serious debates, Mr Birla noted that it is natural for some degree of disagreement, noise and uproar on the floors of the House, but often heated debates lead to disorder and chaos in the House, leading to loss of time and resources, which only reduces the credibility of legislatures among the people.

Mentioning that planned disruption is detrimental to the spirit of democracy, Mr Birla asserted that when



every sincere effort is made for the active participation of Members in House proceedings, incidents of compromising the dignity of the House call for tough measures. Differences of opinion should not be translated into obstructing the Business of the House, stressed Mr Birla. Mr Birla opined that it is an important responsibility for every legislator to ensure that legislative time is used with the utmost discipline and commitment and for meaningful and productive debates. Expressing unhappiness, Mr Birla said that in the last few years, the number of sittings as well as the productivity of Legislatures has decreased, on account of increasing incidents of House adjournments due to disruption and commo-

tion. He hoped that Legislatures as vibrant forum of constructive, meaningful and deep discussion and dialogue would utilize every minute of the House for welfare of the public.

Continuous state of chaos and disruption in the Parliament and legislatures, render these institutions dysfunctional, leaving them unable to solve the issues of the people, said Mr Birla. Mentioning that there are two basic requirements to maintain the dignity of Parliament - the integrity of the system itself and the integrity of the people who run it, Mr Birla noted that the impact of the lack of discipline and decency in legislatures and disruptive and unruly behaviour of Members reduce the dignity of Legislatures.

## Seat Sharing "Settled" In Maharashtra, On Track In UP: Congress

■ HT News Network

New Delhi: Maharashtra's Maha Vikas Aghadi -- an alliance of Shiv Sena UBT, Sharad Pawar's Nationalist Congress Party and the Congress -- have come to an understanding on the division of the state's 48 seats. After a meeting this evening, Sena's Sanjay Raut said that he was smiling was "an indicator" of how the meeting went.

"We are all together and will be

united... we have discussed each and every seat," Mr Raut told reporters after for nearly three hours.

"We will be the first state to announce seats... The Shiv Sena May have split, but the people are with the Uddhav faction and the same with the NCP... We will be together for the elections," senior Congress leader Ramesh Chennithala, the Congress's state in-charge, told NDTV. Congress's

Salman Khurshid, who attended the meeting for Uttar Pradesh, said things were going in the "right direction". "We are on the same page, I feel we could communicate very well," he added, calling it an "excellent meeting".

Asked if there was a possibility of chemistry developing between the Samajwadi Party and the Congress, he said it was "beyond" his imagination. "We just need to be firm and take it forward," he added.

For the Congress, seat sharing discussions are not likely to be a cakewalk, given its troubled relationship with a string of Opposition parties including the Samajwadi Party, Arvind Kejriwal's Aam Aadmi Party and the Trinamool Congress.

All three parties have indicated that they are not open to sharing, especially the Samajwadi Party after being rebuffed in Madhya Pradesh.

## Over 1200 entities register for Indian Railways 'Start-Up' Initiative

■ HT News Network

New Delhi, Jan 9 (UNI) Indian Railways on Tuesday said that approximately 1251 entities have enrolled on its innovation portal to participate in the 'Startups for Railways' initiative. The value of projects awarded under this initiative is Rs. 43.87 crore, it said.

In an official statement, the Ministry said, "Indian Railways has taken an important initiative in the field of innovation through the participation of start-ups and other entities. 'Startups for Railways' initiative was launched by the Ministry of Railways on July 13, 2022."

As part of this initiative, the Indian Railways Innovation Portal is available at <https://nnovation.indianrailways.gov.in/>. The Ministry said that a total of 1251 entities registered on the Indian Railway Innovation Portal to participate in various innovation challenges.

The objective of this initiative is to leverage innovative technologies developed by Indian startups, MSMEs, innovators, and entrepreneurs to improve operational efficiency and safety on Indian railways.

"The Ministry of Railways aims to address quality, reliability, and maintainability-related issues of the Indian Railways. Under the policy, the startup, MSME, innovator, and entrepreneur will have exclusive ownership of Intellectual Property Rights (IPR) created in the project," it added.

## KTR criticises Congress for 'chronic betrayal' of public trust

■ HT News Network

Hyderabad, Jan 9 (UNI) Working president of the Bharat Rashtira Samithi (BRS), K T Rama Rao (KTR), launched a scathing attack on the Congress party, accusing it of a chronic pattern of betraying public trust and failing to deliver on promises.

The criticism took place during the Khammam parliamentary segment meeting held at Telangana Bhavan here on Tuesday. Addressing the gathering, KTR highlighted the Congress's history of short-lived public trust, citing examples such as the 1989 assembly elections, where they won against the TDP but lost heavily in the immediate Lok Sabha elections. He emphasised that this pattern of broken promises and losing people's mandates is deeply ingrained in Congress. KTR criticised the Congress government's one-month performance, alleging negligence in implementing poll promises made to SC, ST, BC, and other communities, predicting growing public dissatisfaction. In contrast, KTR underscored the BRS's commitment to action and service under KCR's leadership. He pointed to numerous welfare schemes as evidence of prioritising the aspirations of the people. Outlining the party's action plan for the upcoming Lok Sabha elections, KTR mentioned that KCR would start meeting the public in February. He also stated that party state and district committees would be established, conducting comprehensive reviews every two to three months, including detailed assessments of assembly constituencies. KTR reminded the party cadre of the fighting spirit and KCR's ability to advocate for the Telangana people's aspirations. He emphasised the power of the three-letter word 'KCR' over the two-letter word 'CM' and stressed the responsibility to safeguard Telangana's achievements and development by securing victory.

## CM Yogi inspects development projects in Ayodhya

■ HT News Network

Ayodhya (UP), Jan 9 (UNI) Chief Minister Yogi Adityanath on Tuesday directed the officials to implement the Kumbh model of cleanliness in Ayodhya and ensure that the city of Lord Ram appears the cleanest and the most beautiful among cities.

The CM conducted a thorough inspection of the ongoing development projects and expressed concern for the well-being of the saints and sages. His visit also included a trip to Kuber Tila, where he paid homage to Jatayu. "Dust should not be visible on the roads, and toilets must be cleaned daily," he directed during inspection. Regarding ongoing development projects, he directed the officials concerned that it was imperative for them to execute the tasks maintaining high-quality and within the specified time frame in view of the fact that following January 22, a significant surge in the number of devotees and tourists was expected. He made it clear that any form of negligence would not be tolerated under any circumstances. During the tour of the Tent City developed by the Shri Ram Janmabhoomi Teerth Kshetra Trust, its



General Secretary Champat Rai provided Yogi with insights into the arrangements at Teerth Kshetra Puram. The CM visited various areas, including Mahant Avedyanath Ji Nagar, Omkar Bhawe Nagar and Vamdev Ji Maharaj Nagar, examining the preparations and emphasising the utmost priority on cleanliness. He expressed the need for a cleanliness system akin to the one implemented during the Kumbh festival. He conducted an inspection of the Tent City, which is currently under construction by the Municipal Corporation. With a focus on accommodating visitors in Ayodhya after January 22, he issued directives to ensure a hassle-free experience, particularly during the rainy season.

## Delhi LG gives appointment letters to 392 youths; says Govt Job is an opportunity to serve Nation

■ HT News Network

New Delhi, Jan 9 (UNI) Delhi Lieutenant Governor VK Saxena handed over appointment letters to around 392 newly recruited government employees on Tuesday.

Speaking at an event organised to distribute appointment letters to selected youth for various government departments, Saxena said, "Government jobs are not just a means of running a family but also an opportunity for serving the nation."

He noted that this is the fourth occasion in the past year when appointment letters are being issued to individuals for various departments in Delhi.

Saxena further highlighted, "The challenge of securing permanent employment," saying that every year, millions of young



people work hard to secure government jobs, but only a fortunate few are selected.

He emphasised that no position is too small or big, and the person sitting in a particular role defines its functioning. Each individual in a position has a unique role to play, he added.

Shoorveer Singh, Chairman of the Delhi Subordinate Services Selection Board (DSSSB) said, "More

than 10,000 people were recruited for different departments through a transparent online recruitment process in 2023."

A total of 392 youths were awarded appointment letters during this distribution ceremony. He emphasised that no position is too small or big, and the person sitting in a particular role defines its functioning. Each individual in a position.

## Maldives President Urges China To Send More Tourists Amid Row With India

■ HT News Network

Beijing, China: Maldivian President Mohamed Muizzu on Tuesday appealed to China to "intensify" efforts to send more tourists to his country, amid a spate of cancellation of reservations by Indian tourists after a diplomatic row erupted over the derogatory remarks by his ministers against Prime Minister Narendra Modi.

On the second day of his five-day state visit to China, Muizzu in his address to the Maldives Business Forum in Fujian Province on Tuesday termed China as the island nation's "closest" ally.

"China remains one of our closest allies and development partners," he said.

He praised the Belt and Road Initiative (BRI) projects launched by Chinese President Xi Jinping in 2014, saying that they "delivered the most significant infrastructure projects witnessed in Maldivian history", according to his



speech.

He urged China to bolster the flow of its tourists to the Maldives.

"China was our (Maldives') number one market pre-Covid, and it is my request that we intensify efforts for China to regain this position," according to a readout posted on his official website.

Also, Maldivian media reported that the two countries have signed a USD 50 million project to develop an integrated tourism zone in the Indian Ocean island.

Muizzu's appeal for more Chinese tourists came amid

a diplomatic row following the derogatory remarks by some Maldivian ministers against Prime Minister Modi after he posted a video of him on a pristine beach during his recent visit to Lakshadweep.

Muizzu's government suspended three deputy ministers for their derogatory posts on social media. Also, the Maldives Association of Tourism Industry (MATI) strongly condemned the derogatory comments.

According to data released by the Maldives Tourism Ministry earlier,

India has remained the largest tourist market for the country in 2023.

The highest number of visitors to the Maldives were from India, with 209,198 arrivals, followed by Russia in second place with 209,146 arrivals, and China in third place with 187,118 arrivals.

In 2022, India remained the top Maldives tourism market, with 240,000 arrivals. Russia followed closely in second place with 198,000 tourists, and Britain ranked third with over 177,000 arrivals. Before COVID, China held the top spot with over 2.80 lakh tourists but is currently struggling to revive its domestic and foreign tourism due to a nearly four-year lockdown policy and the continued slowdown of its economy.

As a result, Chinese tourists who travelled abroad for holidays in millions before COVID are now restricting themselves given the economic slowdown.

## Land-for-Job scam: ED files chargesheet against Rabri Devi, Misa Bharti and others

■ HT News Network

New Delhi, Jan 9 (UNI) The Enforcement Directorate (ED) on Tuesday filed a charge sheet in the 'Land for job' scam in Rouse Avenue court, which includes the name of Bihar's former Chief Minister Rabri Devi, Misa Bharti, Hima Yadav and others.

The Rouse Avenue court has directed ED to also file an e-copy of the charge sheet and documents on Tuesday itself.

The court listed the matter for cognizance on January 16, 2024.

ED is also named Hridyanand Chaudhary, along with Amit Katyal, who is allegedly linked to Rashtriya Janata Dal chief Lalu Prasad and his son Tejashwi Yadav.

He was apprehended by the ED in connection with a money laundering probe in the land-for-jobs scam.

The Central Bureau of Investigation (CBI) and the Enforcement Directorate (ED) are probing former Bihar chief minister Lalu Prasad Yadav, his family and many others in the land-for-jobs case.

The alleged scam happened when Lalu Prasad was the Union railway minister in the UPA-1 cabinet.

Yadav is accused of giving jobs to Group-D positions in various Indian Railways zones between 2004-2009 in lieu of plots of land from the candidates or their relatives either as gifts or at cheap rates. The probe had started two years ago but the case was registered last year. The alleged scam happened when Lalu Prasad was the Union railway minister in the UPA-1 cabinet.

Yadav is accused of giving jobs to Group-D positions in various Indian Railways zones between 2004-2009 in lieu of plots of land from the candidates or their relatives either as gifts or at cheap rates. The probe had started two years ago but the case was registered last year.

# Director Agriculture inaugurates 02 Hi-tech Polyhouses at Chadoora Budgam

Under HADP, promotion of Hi-tech polyhouse technology given a special place: Iqbal

■ HT News Network

SRINAGAR, JANUARY 09: The Director Agriculture Kashmir, Chowdhary Mohammad Iqbal today inaugurated two hi-tech polyhouses at Buchroo and Panzan in Chadoora Budgam, under Holistic Agriculture Development Programme (HADP). Expressing his views on the occasion, Director Agriculture marked the importance of hi-tech polyhouse technology. He said this technology has transformed the agriculture scenario in the region. He said the polyhouses provided to the farmers by the department are becoming success stories.

Director Agriculture said that the good results coming out of these hi-tech poly houses help us attract young educated farmers towards this technology. He said that



the department has established polyhouses in all the districts of Kashmir division.

Iqbal said that the most important characteristic of polyhouse technology is enabling round the year vegetable production which is making it popular among the farming community, agri-entrepreneurs of the region. Under HADP special attention has been given to boost this technology, he added.

Director Agriculture also underlined the importance of integrated farming and asked the farmers to diversify their agricultural activities. He asked the farmers that the department would provide all the technical guidance to the farmers in comprehensively performing their agriculture operations. Later, the Director chaired a meeting of officers at Agriculture Complex Lalmandi Srinagar and reviewed the progress under (HADP). He asked the officers to ensure that all the set targets under different projects of (HADP) are achieved in a stipulated time frame.

## Aijaz Asad assumes charge as Secretary Planning, Civil Aviation

■ HT News Network



JAMMU, JANUARY 9: Mohammad Aijaz Asad today took over charge as Secretary Planning, Development and Monitoring besides assumed the charge of Administrative Secretary Civil Aviation and Commissioner Civil Aviation.

Aijaz Asad was recently transferred after serving for three years as Deputy Commissioner Srinagar. Pertinent to mention that he has served as Deputy Commissioner of as many as six districts in Jammu and Kashmir. He has also served as First Managing Director of Kashmir Power Distribution Corporation.

## DC Poonch reviews arrangements for Gurupurab

■ HT News Network

POONCH, JANUARY 9: In preparation for the upcoming Gurupurab, District Development Commissioner Yasin M. Choudhary today presided over a meeting in the conference hall of the DC office.

The meeting aimed to review the arrangements and address the concerns related to the festivities commemorating the Prakash Diwas of Guru Gobind Singh Ji. During the meeting, the line departments were asked to outline their respective arrangements. These included transportation, water and power supply, sanitation, medical facilities, and other essential amenities within and around the Gurudwaras during the celebration.

The president of DGPC, Narinder Singh informed that the Nagar Kirtan of Shri Guru Gobind Singh Ji will



be held on January 15 and the Akhand Path of Shri Guru Granth Sahib will commence on January 15 while the main function will be held on January 17, 2024.

Prominent citizens and religious heads present at the meeting raised important issues regarding the observance of Gurupurab. They emphasized the need for adequate drinking water, power supply, sanitation, security arrangements, medical facilities, and the installation of barricades for the performance of martial arts (Gatka) at the

college ground, among other concerns.

To ensure a smooth flow of traffic and prevent inconvenience to devotees, the Traffic Department was directed to manage and regulate traffic effectively. The Police department was also instructed to deploy additional personnel to enhance security arrangements.

The Health department was urged to provide sufficient medical support and maintain standby emergency ambulance services at the major congregation venues.

## Executive Director J&K Bank visits KCC saturation camp in Samba

■ HT News Network

JAMMU, JANUARY 09: Taking forward the country wide 'Ghar Ghar KCC Abhiyaan', J&K Bank continues conducting KCC Saturation Camps across Jammu and Kashmir.

J&K Bank Executive Director Sudhir Gupta today visited one such camp in Ramgarh area of Samba in the presence of Zonal Head (Kathua), Cluster Head (Samba) and prominent citizens of the area amid a large gathering of PM Kisan beneficiaries and local residents besides officials of the Bank and other line departments. Speaking on occasion, ED Sudhir Gupta, who was also the guest of honour, emphasized upon all the PM Kisan beneficiaries to avail the multiple benefits under KCC scheme. He said, "Being the backbone of the country's rural economy, agriculture holds great promise in terms of development for a very large number of people still associated with it and its allied activities."

"Through the easily accessible and affordable finances under the KCC



scheme, the objective of the ongoing 'Ghar Ghar KCC Abhiyaan' is to enhance the farmers' incomes by facilitating increase in their farm productivity along with better farm equipment and improved post harvest mechanisms", he added.

Under the KCC Scheme, ED Sudhir Gupta distributed 40 sanction letters among the PM Kisan beneficiaries. On the occasion, ED reiterated his appeal to all the eligible farmers of J&K to come forward and avail the finance scheme that has been tailored to provide them adequate and timely financial support with flexible and simplified procedures for farming requirements. Zonal Head

gave a brief overview of the multiple benefits that can be availed under the KCC scheme. Speaking on occasion, ED Sudhir Gupta, who was also the guest of honour, emphasized upon all the PM Kisan beneficiaries to avail the multiple benefits under KCC scheme. He said, "Being the backbone of the country's rural economy, agriculture holds great promise in terms of development for a very large number of people still associated with it and its allied activities." "Through the easily accessible and affordable finances under the KCC scheme, the objective of the ongoing 'Ghar Ghar KCC Abhiyaan' is to enhance the farmers.

## GDC Marh organises Basic Computer Course for students

■ HT News Network

JAMMU, JANUARY 09: Government Degree College Marh has organised 10 day Basic Computer Course for the students lacking exposure.

The computer training course was conducted during winter break (01-01-2024 to 10-01-2024) with an aim to equip students with essential computer skills, fostering digital literacy and enhancing their employability.

The course was inaugurated by Principal of College, Dr. Rakesh Kumar Koul. He emphasized the need of computer literacy among students and expressed his satisfaction on the commencement of 10 days course exclusively for the students of college.

Students enthusiastically attended the course and were extremely happy to be given an opportunity of learning basic computer skills keeping in view of the holistic demand of computer skills in present scenario as the dependency of modern world on computer has increased manifolds.

It is pertinent to mention that the College has utilized its own resources for organizing the course. Students who attended the course were: Simran Chover (B.Sc Sem 3rd, 31173004), Komal Bhagat (B.Sc Sem 3rd, 311730035), Diksha Devi (B.Sc Sem 3rd 311730038), Konika Shama (B.Sc Sem 3rd 311730034), Neenu Sharma (B.Sc Sem 3rd 311730040), Honey Arora (B.Sc Sem 3rd 311730041), Neha Kumari (B.A Sem 3rd 311710023) and Sneha Bhagat (B.A Sem 1st 111710026).

## SEC notifies revision schedule for updation of Panchayat Electoral Roll-2024

■ HT News Network

JAMMU, JANUARY 9: State Election Commission (SEC) has notified the dates for updation of Panchayat Electoral Roll-2024 in the UT of Jammu and Kashmir.

According to the revision schedule issued by the Commission, the publication of draft Panchayat Electoral Roll will start from 15th January 2024. Besides, 1st January 2024 has been kept as qualifying date for all those who have attained age of 18 and have become eligible for registering their name in the Panchayat Electoral Roll-2024.

Similarly, the period for filing of claims, objections for additions, deletions, corrections and transposition will be from 15th January to 5th February 2024. The date for disposal of claims and objection by Electoral Registration Officer (ERO) would be 16th February 2024 while the final publication of the Electoral Roll 2024 would be done on 26th February 2024.

## SMC extends VBSY to Khankah e Moula & Maharaj Gunj areas

■ HT News Network

SRINAGAR, JANUARY 09: The Srinagar Municipal Corporation (SMC) today expanded the reach of Viksit Bharat Sankalp Yatra (VBSY) to Khankah e Moula and Maharaj Gunj. This expansion was marked by the welcoming of the Information, Education, and Communication (IEC) Van by Mudassir Hussain Bandy Chief Transport Officer SMC. The VBSY events encompass activities at Gandhi Memorial College and Marriage Hall Rajori Kadal, representing a significant milestone in the Corporation's efforts to engage with the general public within its jurisdiction. Throughout the VBSY events, representatives from designated departments actively participated, utilizing the platform to elucidate the core objectives and procedural intricacies of their respective schemes. The primary goal of this concerted effort is to bridge information gaps and ensure that citizens are well-informed about the multitude of benefits and assistance programs made available to them by the Government of India.

## VBSY IEC Van sparks energetic vibes in Block Verinag, Anantnag

■ HT News Network

ANANTNAG, JANUARY 09: Block Verinag in Anantnag today witnessed an impressive advancement during VBSY IEC Van's journey through Batagund C, Omoh A, Omoh B, Batagund A, Batagund B, Nawgam A, Nawgam B, Rainchowgund A, Rainchowgund B and Qammar A.

Going beyond mere pledges, the Yatra manifests tangible advancements, exceeding expectations in Anantnag, bringing together over 2.50 lakh participants across 335 Gram Panchayats and 138 Urban local bodies.

The Yatra camps have evolved into dynamic hubs, actively involving the community in various events and providing immediate services. The health camps played a pivotal role, screening 93,347 individuals for prevalent health issues such as TB, sickle cell anemia, and non-communicable diseases. More than 16,097



dedicated My Bharat volunteers and a remarkable 2.28 lakh individuals pledged their commitment through the transformative "Sankalp Pledge" in District Anantnag. Recognitions were extended to noteworthy contributors, including 1,288 women, 3,601 students, 396 local artists, and 397 sports personalities, honoring their unwavering dedication. The Yatra actively engaged farmers by showcasing drone demonstrations and hosting Soil Health Card sessions, fostering the adoption of sustainable Natural Farming practices. Celebrating milestones such as achieving 100% JJM saturation, ODF+ status, and the Digi-

tization of Land Records underscored the commitment to sustainable development. Central to the initiative were 9,777 beneficiaries who shared their stories in "Meri Kahani Meri Zubani" sessions, vividly illustrating the profound impact of government schemes on their lives.

The Viksit Bharat Sankalp Yatra transcends being merely an initiative; it has evolved into a grassroots movement for inclusive development. This journey exemplifies India's dedication to comprehensive development, actively engaging, educating, and uplifting every citizen towards collective progress.

## Empowering Pulwama: Viksit Bharat Sankalp Yatra uplifts Communities

■ HT News Network

PULWAMA, JANUARY 09: The Viksit Bharat Sankalp Yatra, continuing its inspiring journey, has become a transformative force, extending its reach from Panchayats to the heart of Pulwama's villages.

In a momentous stride, the Yatra recently graced six villages, igniting vibrant celebrations and fostering a profound sense of community spirit. Information, Education, and Communication (IEC) vans crisscrossed these villages, delivering the visionary message of the Hon'ble Prime Minister and the Yatra's mission, as residents wholeheartedly embraced the Sankalp pledge. The cultural tapestry of Pulwama came alive through captivating performances by students and locals, echoing the essence of the Yatra. Government departments actively engaged with the community, showcasing schemes and providing on-the-spot services, creating avenues for exploration and empowerment.

A highlight of the event was the "Meri Kahani Meri Zubani" segment, where beneficiaries shared heartfelt stories, vividly illustrating the tangible impact of Government interventions.



The Yatra has undeniably achieved its core objective ensuring the saturation of Government schemes, reaching every individual in line.

Going beyond rhetoric, the Yatra has translated aspirations into reality, ensuring that the benefits of Government schemes touch the life of every citizen. As it progresses, the Yatra solidifies its role as a catalyst for positive change, instilling hope and progress throughout District Pulwama. The Viksit Bharat Sankalp Yatra stands not merely as a journey of promises but as a transformative force, empowering progress in

the very heart of Pulwama. In a momentous stride, the Yatra recently graced six villages, igniting vibrant celebrations and fostering a profound sense of community spirit. Information, Education, and Communication (IEC) vans crisscrossed these villages, delivering the visionary message of the Hon'ble Prime Minister and the Yatra's mission, as residents wholeheartedly embraced the Sankalp pledge. The cultural tapestry of Pulwama came alive through captivating performances by students and locals, echoing the essence of the Yatra.

# Deputy Commissioner Pulwama chairs NCORD meeting

## HT News Network

PULWAMA, JANUARY 09: A crucial meeting of the District Level Committee of Narcotics Coordination (NCORD) was convened today under the chairmanship of Deputy Commissioner (DC) Pulwama, Dr Basharat Qayoom to formulate a comprehensive action plan to tackle the issues of drug abuse.

Addressing the gathering, DC highlighted the gravity of the situation, delving into topics such as the prevalence of drug addiction, age groups affected, locations prone to drug peddling, and the cultivation of illicit substances. He urged all line departments, especially members of NCORD, to intensify efforts in combating drug trafficking and to enhance coordination among various Government

bodies. Dr Basharat emphasized the importance of conducting extensive awareness campaigns in schools and colleges to educate the youth about the dangers and detrimental effects of drug consumption. He called for a united front from all departments to break the supply chain, take strict action against those involved in drug trade, and implement a multi-faceted rehabilitation, counseling, and guidance policy. Recognizing the pivotal role of families, DC sought cooperation from parents and religious leaders in keeping youngsters away from drugs. He underscored the need for a collective effort to address not only drug abuse but also the associated social issues and crimes. Assuring unwavering support, DC



pledged assistance from the District Administration to save the youth

from the adverse effects of drugs. During the meeting, officers pro-

vided updates on the current drug menace situation, offering suggestions and proposing measures for rehabilitation of drug victims. Enforcement measures, including FIRs, property attachments, and reducing areas under illicit crops, were reviewed as part of a comprehensive strategy. The chair was briefed on the lodging of 114 FIRs and the attachment of 6 properties in line with prior directives against the offenders. Additionally, DC stressed the importance of developing an annual plan to comprehensively address the challenges of drug abuse, encompassing coordinated enforcement actions, awareness campaigns, rehabilitation initiatives, monitoring mechanisms and switching over to sustainable crops.

In a proactive move, the DC directed the social welfare department to submit a proposal for a rehabilitation center for drug de-addiction at the district headquarters in adherence to scheme guidelines. He further stressed on setting up rehabilitation centres across the District. Furthermore, revenue authorities were instructed to issue notices against the cultivation of illicit poppy and cannabis in the district, signaling the administration's commitment to curbing the root causes of the drug problem. The meeting served as a testament of the ultimate resolution of District Administration in its determination to create a drug-free environment, safeguarding the well-being of the community, and fostering a brighter future for the youth.

## DC Bandipora reviews status of HADP

Directs for rigorous awareness campaign on skilling & other aspects of scheme; timely completion of projects

## HT News Network

BANDIPORA, JANUARY 09: In order to accelerate the implementation of the Holistic Agriculture Development Programme (HADP) and ensure its success in Bandipora district, the Deputy Commissioner (DC) Bandipora, Shakeel Ur Rehman Rather, Wednesday chaired a meeting with the concerned officers.

At the outset, the DC took stock of the progress made under the HADP since its launch in the district and reviewed the status of various interventions such as seed distribution, soil health testing, irrigation infrastructure development, micro-irrigation projects, farm mechanization, farmer training programs, and market linkages. During the meeting, detailed discussions



were held on overcoming challenges faced in implementing the program, particularly in remote areas. The DC directed concerned departments to work in close

coordination with PRIs and farmer groups to ensure proper planning, execution, and monitoring of HADP activities. Emphasizing the importance of empower-

ing farmers, Rather called for increased focus on capacity building programs and providing timely access to inputs and technology. He stressed the need for adopting innovative practices and promoting diversification in agriculture to enhance productivity and income for farmers. The DC set clear timelines for achieving specific targets under the HADP program and directed officials to submit regular progress reports. He assured all possible support from the district administration to ensure the successful implementation of the program.

The meeting was attended by the officials from the Agriculture Department, Horticulture Department, Animal Husbandry Department, Sheep Husbandry Department, Fisheries Department, Rural Development Department, Panchayat Raj Institutions (PRIs) and farmer representatives.

## JK People's Party Chief Sheeban Ashai empathises with Batamaloo blaze victims.

## HT News Network

Srinagar, 9th January: On instructions of JK People's Party Chief Sheeban Ashai a party delegation today visited fire victims of Batamaloo. Three structures, good worth lakhs have been gutted in the unfortunate incident. Party delegation empathised with the aggrieved and assured of all assistance. JK People's Party Supremo Sheeban Ashai demanded immediate assistance; ex-gratia for fire victims and reiterated his demand to subsidise fire safety equipment for all private and public enterprises. Ashai also lauded role of Sashastra Seema Bal personnel from 10th Battalion for coming to rescue of locals in dousing flames. Commandant of SSB Battalion pushed his relief and rescue team for assistance of affected people solicits appreciation from all quarters irrespective of political thought. Fire incident occurred on 8th January around noon near Tatoo ground. Two goods stores, one cloth and wool store have suffered huge losses in the incident. Even though locals seems to be displeased about delay on part of fire emergency department, one must thank Almighty that there was no loss of life. Ashai added, JK People's Party top brass ingeminated their demand for authorities to make fire safety equipment available for all private and public enterprises across Kashmir division. Fire safety audits must be conducted for all establishments and government must extend its helping hand to private players for overcoming this harrowing lacuna. Party has on numerous occasions stressed upon need to institutionalise use of fire safety equipments in all private and public establishments.

## DC Kulgam chairs introductory meeting with District/ Sectoral Officers

## Farooq Rather

KULGAM, JANUARY 09: The Deputy Commissioner (DC) Kulgam, Athar Aamir Khan today chaired an introductory meeting with the District/Sectoral Officers of line departments at Mini-Secretariat, here.

After formal introduction with the officers of line departments, the DC listed the priorities of each department and impressed upon the officers to work with dedication towards achieving the set targets in a time bound manner.

During the meeting, Joint Director Planning through a power-point presentation gave an overview of the district profile. He also highlighted financial and physical progress made on various work projects including progress made under District Capex of Rs.65 crore.

He informed the chair that under District Capex out of 2430 works, 2416 were tendered and 1900 works stands completed.

During the meeting, priority issues of all the departments were discussed and concerned Officers were directed to put in extra efforts for achieving the desired results.

Addressing the meeting, the



DC sought delivery of public services in hassle free manner for the convenience of the public and directed the concerned to adopt a robust and prompt approach in mitigating public grievances.

DC took department wise review of works, self employment and CSS schemes and instructed for completing the targets.

He stressed upon the district Heads to work efficiently and ensure functioning of the departments transparently and efficiently.

The DC also enquired about the implementation and targets of MGN-

REGA/PMAY(G), Poshan Abhiyan, JJM, SBM, HADP and status of different missions, schemes and centrally sponsored schemes.

Bottlenecks hindering the speedy execution of some works were also discussed in detail.

During the meeting, the chair was also apprised about the measures taken to contain the drug menace and to boost tourism sector in the district.

The meeting was attended by ADDC, Showkat Ahmad Rather, ADC, V iqar Ahmad Giri, CEO-ADA, DPO, ACR, ACP, ACD, SEs, and other district and sectoral Officers.

## Department of Computer Science and Engineering, IUST holds Alumini meet

## HT News Network

Awantipora, January 9: The department of Computer Science and Engineering IUST, organized Alumni Interaction focusing among others on the "Future Directions: Do's and Don'ts of BTECH CSE" under the aegis of Alumni Connect (Dean Outreach) in collaboration with the newly founded club Aabshaar-e-Anwaar. Mr. Sajaad Ahmad Lone (Head, Dept. of CSE) gave the introductory remarks about the session. Professor Lily Want (Dean Outreach-IUST) formally inaugurated the event and emphasized the crucial role of career guidance during the campus years.

Sadaf Shafi (AI Solutions Architect, SimplyFI Tech) and Sadam Hussain Ganie (M.Tech.

Student in Computer Science and Information Security at NIT Warangal) alumni of Dept. of CSE, IUST, discussed about the career prospects. The speakers underscored the significance of students seeking guidance from seniors and teachers for their future endeavours.

The event coordinated by Dr. Ahsan Hussain (Coordinator - Alumni Connect, Dept. of CSE, IUST) and hosted by Ms. Sadiya Ayjaz (Founder of Aabshaar e Anwaar Club), witnessed participation from students across semesters. The session presented the students with the opportunity to engage directly with former students who have real-world experience. They offered advices, shared stories, and answered diverse questions about their own journeys after graduation.

## Illegal Mining: Police arrests 10 persons seizes as many vehicles in Kulgam & Baramulla

## Farooq Rather

Srinagar January 09: Continuing its drive against persons involved in illegal extraction and transportation of minerals, Police have arrested 10 persons and seized as many vehicles in Kulgam & Baramulla. A Police party led by DySP Hqrs Kulgam along with SHO Police Station Kulgam, during patrolling at Matalhama Kulgam, arrested five persons and seized five vehicles (Dumpers) for illegal extraction & transportation of minerals. They have been identified as Shabir Ahmad Sheikh son of Ghulam Mohi-uddin Sheikh resident of Sumarbugh, Lasjan, Sameer Ahmad Dar son of Ghulam Muhammad Dar resident of Zanipora, Pampora, Fayaz Ahmad Reshi son of Nazir Ahmad Reshi, Bilal Ahmad Dar son of Ghulam Nabi Dar and Javid Ahmad Dar son of Mohd Sultan Dar, all residents of Lethpora, Pulwama. In Baramulla, A Police parties under the supervision of DySP Hqrs Baramulla & SDPO Tangmarg assisted by SHO PS Tangmarg & IC PP Delina seized 05 vehicles (02 Tippers & 03 Tractors) & arrested their drivers for their involvement in illegal extraction and transportation of minerals at Shrai Tangmarg & Delina Ghat, Baramulla. The arrested drivers have been identified as Bilal Ahmad Mir son of Ali Mohd resident of Bumkul Kunzer, Riaz Ahmad Bhat son of Gh Ahmad resident of Atipora, Mushtaq Ahmad Bhat son of Gh Mohd, Danish Hassan Khan son of Ghulam Hassan & Arfat Ahmad Malik son of Ali Mohd, all residents of Delina Ghat Baramulla. Accordingly, cases under relevant sections of law have been registered at respective police stations and investigations have been initiated. People are requested not to indulge in any kind of illegal mining activities from any nallah as it is the violation of Government rules. Persons found indulging in illegal mining activities shall be dealt as per law. The arrested drivers have been identified as Bilal Ahmad Mir son of Ali Mohd resident of Bumkul Kunzer, Riaz Ahmad Bhat son of Gh Ahmad resident of Atipora, Mushtaq Ahmad Bhat son of Gh Mohd, Danish Hassan Khan son of Ghulam Hassan & Arfat Ahmad Malik son of Ali Mohd, all residents of Delina Ghat Baramulla.

## PUBLIC NOTICE

I informed to general public that my daughter NARGIS NISAR D/O NISAR AHMAD NAJAR R/O KHACHWA MUQAM Her mother's name is registered as GULSHAN BEGEM instead of GULSHANA ARA in Date of birth (DOB) certificate....Now i want to change her mothers name if anybody having any objection in this regard He/She may file His/Her objection in the concerned authorities within seven days from the publication of this notice after that no objection will be entertained

Name....NISAR AHMAD NAJAR  
S/O....GHULAM MOHI UD DIN NAJAR  
F/O....NARGIS NISAR  
R/O ....KACHWA MUQAM

## One month skill training workshop for Women hosted at Bhaderwah

## HT News Network

DODA, JANUARY 9: Department of Handicrafts and Handloom has organised a month-long skill training workshop for women in Bhaderwah, focusing on the creation of handicrafts from waste products.

Launched on December 4, 2023 by District Development Commissioner Harvinder Singh the workshop has witnessed the participation of around 80 artisans registered with the Handicrafts Department.

Accompanied by Additional Deputy Commissioner Dil Mir Choudhary, CEO BDA Bhaderwah Bal Krishan, and other officials, DC Doda commended the hard work of artisans Aniza Mushtaq and Tarab Baba. He applauded women entrepreneurs for their dedication in training artisans to create handmade products from waste materials. DC Doda interacted with participants, inspected live demonstrations, and motivated budding artisans to produce beautiful items for an upcoming winter festival



auction. During the workshop, DC Doda assured the artisans of every possible support from the district administration to enhance manufacturing and exports. He highlighted the vital role of the Handicrafts and Handloom sector in generating employment in Jammu Division. The department, under his leadership, aims to provide skill training to unemployed youth in various crafts through training centers, fostering entrepreneurial growth from production to export stages.

## ADDC B'la review preparedness for Republic Day, 2024 celebrations

## HT News Network

BARAMULLA, JANUARY 09: The Additional District Development Commissioner (ADDC) Baramulla, Aijaz Abdullah Saraf today chaired a meeting with the Administrative and Police officers of the district to review the preparedness for upcoming Republic Day celebration across Baramulla. During the meeting, the ADDC took in depth appraisal of the campaigns and events planned by the District Administration in the run-up to the grand celebration on 26th January. The meeting was informed that the main function of the day will be held at District Police Lines Baramulla, where the chief guest will unfurl the National Flag followed by inspection of parade. The chair was also apprised that full dress rehearsal for the event would be conducted on 24th of January. It was given out that march-past will be presented by contingents of JKP, CRPF, Fire and Emergency and other bands which would be



followed by a colorful cultural programme by students. The meeting further held thorough discussion regarding the necessary arrangements including security, seating, transportation, parking, electricity, heating, refreshments, medical services, ambulance availability, fire department deployment, and sanitation measures. The ADDC directed the officers from the concerned departments to ensure proper arrangements related to security, sanitation, seating arrangements, barricading, water supply, power supply, issuance of invitation cards and illumination of important buildings etc

# Is it better to eat several small meals or fewer larger ones?

It is widely accepted in modern culture that people should divide their daily diet into three large meals — breakfast, lunch, and dinner — for optimal health. This belief primarily stems from culture and early epidemiological studies Trusted Source.

In recent years, however, experts have begun to change their perspective, suggesting that eating smaller, more frequent meals may be best for preventing chronic disease and weight loss. As a result, more people are changing their eating patterns in favor of eating several small meals throughout the day.

Those who advocate for eating small, frequent meals suggest that this eating pattern can:

- improvesatiety, or feeling full after a meal
- increase metabolism and body composition
- prevent dips in energy
- stabilize blood sugar
- prevent overeating.
- While a few studies support these recommendations, others show no significant benefit. In fact, some research suggests it may be more beneficial to stick with three larger meals.

Early epidemiological studies Trusted Source suggest that increased meal frequency can improve blood lipid (fats) levels and reduce the risk of heart disease. As a result, many experts advise against eating fewer, larger meals a day.

Over the years, some studies have supported these findings, suggesting that people who report eating small, frequent meals have better cholesterol levels than



those who consume fewer than three meals per day. In particular, one 2019 cross-sectional study Trusted Source that compared eating fewer than three meals per day or more than four meals per day found that consuming more than four meals increases HDL (high-density lipoprotein) cholesterol and lowers fasting triglycerides more effectively. Higher levels of HDL are associated with a reduced risk of heart disease.

This study observed no differences in total cholesterol or LDL (low-density lipoprotein) cholesterol. It is important to note, however, that this is an observational study, meaning it can only prove association, not causation.

Additionally, one review published in the American Heart Association's journal Circulation Trusted Source concluded that greater eating frequency is associated with a reduced risk for diabetes and cardiovascular disease, according to epidemiological studies.

Meal frequency and weight loss

There is a commonly held notion that more frequent meals can help influence weight loss. However, the research on this remains mixed.

For example, one study Trusted Source compared eating three meals per day or six smaller, more frequent meals on body fat and perceived hunger. Both groups received adequate calories to maintain their current body weight using the same macronutrient distribution: 30% of energy from fat, 55% carbohydrate, and 15% protein.

At the end of the study, researchers observed no difference in energy expenditure and body fat loss between the two groups. Interestingly, those who consumed six smaller meals throughout the day had increased hunger levels and desire to eat compared to those who ate three larger meals per day.

Although calorie intake was controlled in both groups, researchers hypothesized that those who consumed frequent meals would be more likely to consume more

daily calories than those who ate less frequently.

Results of another large observational study Trusted Source suggest that healthy adults may prevent long-term weight gain by:

- eating less frequently
- eating breakfast and lunch 5 to 6 hours apart
- avoiding snacking
- consuming the largest meal in the morning
- fasting for 18-19 hours overnight.

Moreover, according to the United States Department of Agriculture (USDA) Scientific Report of the 2020 Dietary Guidelines Advisory Committee Trusted Source

Trusted Source  
Dietary Guidelines for Americans (USDA)  
Governmental authority  
Go to source

, due to inconsistencies and limitations in the current body of evidence, there is insufficient evidence to determine the relationship between meal frequency and body composition and the risk of overweight and obesity.

Does eating frequent meals boost metabolism?

Small, frequent meals are often touted as a cure-all for obesity. Many believe that eating every 2 to 3 hours can help boost metabolism.

Digestion of food does require energy. This is known as the thermic effect of food (TEF) Trusted Source. However, it does not appear that meal frequency plays a role in boosting metabolism Trusted Source.

In fact, some studies suggest fewer, larger meals may increase TEF more than eating frequent meals.

## FOOD

### Blood flow changes in eyes may influence visual symptoms of migraines: Study



A new study has discovered that variations in blood flow in the retina may explain why certain migraine patients have visual disturbances. The findings may provide a long-awaited visible marker for migraines that doctors may use to aid in the medical treatment of the condition. While patients with migraines often experience symptoms such as pain around the eye, sensitivity to light, blind spots and visual blurring, the mechanisms behind those symptoms have not been well understood.

UCLA Health researchers used a non-invasive imaging technique, known as optical coherence tomography angiography, or OCTA, to visualize changes in the retinal blood vessels of migraine patients. (Shutterstock)

UCLA Health researchers used a non-invasive imaging technique, known as optical coherence tomography angiography, or OCTA, to visualize changes in the retinal blood vessels of migraine patients. (Shutterstock)

UCLA Health researchers used a non-invasive imaging technique, known as optical coherence tomography angiography, or OCTA, to visualize changes in the retinal blood vessels of migraine patients both during and between migraine attacks.

The imaging was performed on 37 migraine patients with aura symptoms, 30 migraine patients without aura symptoms and 20 healthy patients for a control group. Researchers found that blood flow decreases in the retina during migraine attacks for both migraine patients with and without aura symptoms. However, patients with aura symptoms were found to have lower blood flow in certain areas of the retina compared to patients without aura symptoms. Additionally, asymmetrical blood flow in the retinas was also correlated with which side of the head migraine patients experienced pain.

The findings could indicate why some patients experience visual symptoms and may represent a biomarker for migraine attacks. Researchers found that blood flow decreases in the retina during migraine attacks for both migraine patients with and without aura symptoms. The imaging was performed on 37 migraine patients with aura symptoms, 30 migraine patients without aura symptoms and 20 healthy patients for a control group. Researchers found that blood flow decreases in the retina during migraine attacks for both migraine patients with and without aura symptoms. However, patients with aura symptoms were found to have lower blood flow in certain areas of the retina compared to patients without aura symptoms. Additionally, asymmetrical blood flow.

## Health Benefits Of Consuming Jaggery Tea In Winters

Jaggery is a type of unrefined sugar made from sugarcane juice or palm sap. It is commonly used in South Asian and African cuisines as a sweetener and to add flavour to various dishes. Jaggery tea, made by dissolving jaggery in hot water or milk, is a popular beverage in many countries. It is often flavored with spices like ginger, cardamom, or cinnamon.

In terms of health benefits, jaggery tea may offer some advantages. Jaggery is rich in minerals like iron, magnesium, and potassium, and it also contains antioxidants. However, it is still a type of sugar and should be consumed in moderation.

Drinking jaggery tea in winter can be beneficial as it provides warmth and may help to maintain body temperature in cold weather. The spices commonly added to jaggery tea, such as ginger, can also have warming effects and aid digestion. Read on as we discuss in detail the many benefits of consuming jaggery tea in winter.

### 1. Boosts immunity

Jaggery tea contains essential minerals like zinc and selenium, which help in boosting the immune system.



A strong immune system protects the body against various infections and diseases.

### 2. Provides warmth

Jaggery tea is warm and soothing, making it a perfect drink during winters. It helps in keeping the body warm and provides instant relief from cold and cough.

### 3. Relieves respiratory problems

Jaggery tea is known for its expectorant properties, which help in clearing congestion in the chest and providing relief from respiratory problems like asthma, bronchitis, and cough.

### 4. Detoxifies the body

The antioxidants present in jaggery tea help in detoxifying the body by removing toxins and impurities. It cleanses the liver and improves overall digestion.

### 5. Regulates blood pressure

Jaggery tea contains potassium, which helps in regulating blood pressure levels. Regular consumption of jaggery tea can help maintain healthy blood pressure, reducing the risk of heart diseases.

### 6. Improves digestion

Jaggery tea stimulates the digestive enzymes, aiding in better digestion. It prevents digestive disorders like constipation, bloating, and indigestion.

### 7. Rich in iron

Jaggery tea is an excellent source of iron, which helps in the production of red blood cells. Consuming jaggery tea regularly can prevent iron deficiency anaemia.

## An apple or an orange? Which is better for blood sugar control?

Living with diabetes or pre-diabetes means we have to navigate meal choices in order to balance our blood sugar levels. And this being the season of abundant apples and oranges, the question is which is better? Both are favourable and the real answer is that their benefits depend on their portion sizes and their mindful consumption. One should always be conscious about counting calories and ensure that a serving of fruit shouldn't have more than 15 grams of carbohydrates.

Understanding Apples: Apples are high on fibre, which slows down the digestion of sugar, preventing sudden spikes in blood glucose levels, and keeps you fuller longer. Polyphenols in apples prevent the wear and tear of beta cells responsible for insulin production. When reaching for an apple, go for the smaller ones to keep your carbohydrate intake in check, as each would contain around 15 grams of carbohydrates. Consider teaming up your apple with a bit of protein or healthy fats, like a handful of nuts or a slice of cheese. Apples have a fibre count of about 4 g per medium fruit. They have vitamin C, with one midsize apple providing 8.37 mg. Apple peels have heart-protective antioxidants. With a glycemic index of 36 and a glycemic load of six, apples have very low sugar content. The Lowdown on Oranges:



Oranges, with their burst of citrusy flavor, can also be part of a diabetes-friendly diet. Packed with fibre and vitamin C, they have a low glycemic index between 31 to 50. A medium-sized orange usually contains around 15 grams of carbohydrates. Eat one medium orange and you'll get almost all the vitamin C you need in a day (63 mg). One medium orange also contains folate (24 mcg), which helps in formation of red blood cells, and potassium (238 mg), which regulates blood pressure. The best time to have both: It's a good idea to have both fruits as part of a well-rounded meal or as a snack. This helps slow down the absorption of sugars, preventing rapid spikes in blood sugar levels.

Avoid munching on fruits on an empty stomach, especially before bed time, as this can lead to quicker blood sugar spikes. If you have them earlier in the day, your body has more time to process these natural sugars.

### Tips for a Diabetes-Friendly Diet:

1. **Portion Control:** Opt for smaller fruits or slice up larger ones to manage your carbohydrate intake effectively.
2. **Whole Fruits Over Juices:** Choose whole fruits over fruit juices as they keep the fibre intact.
3. **Pairing for Balance:** When having fruits, think about pairing them with a bit of protein or healthy fats. This combination can balance blood sugar levels.

## Passion, exercise, and meaningful relationships are a boon to brain health

Changes to cognitive function during the aging process are related Trusted Source to the brain's white and gray matter volume.

Gray matter consists of biological structures, including neuronal cell bodies, synapses, and capillaries, whereas white matter consists of myelinated axons, through which signals are carried between neurons.

Gray matter volume steadily declines Trusted Source at around 10 years of age. Research suggests that medically and cognitively healthier individuals experience less brain atrophy than less healthy individuals. Studies also show that regular exercise Trusted Source, strong relationships, and passion are key to maintaining a healthy brain during the aging process.

In a recent paper, researchers performed a thorough review of the extensive body of literature available on the link between brain physiology development, and physical activity, social relationships, and passion. Based on the evidence, they report that increased passion for an area or skill leads to more physical activity, more social relationships, and better well-being.

"[From our research], we have found that passion- or strong interest- may be a [key motivational factor for achievement and well-being] as it sets the direction of the arrow," Hermundur Sigmundsson, Ph.D., professor of psychology at the Norwegian University of Science and Technology, the lead author, told Medical News Today. "Therefore, we say: Find your passion and develop it! Grit, or perseverance, is the size and strength of the arrow. Find your interest area and focus on the process. [Be ready to] take challenges! Challenges are key for development!" he added.



The paper was recently published in a special issue of Brain Sciences. Physical activity  
Observational studies indicate that an active lifestyle is helpful for maintaining cognitive and neurological health across age groups — especially in higher order processes such as switching between tasks, working memory, and cognitive inhibition.

The researchers noted in their paper that intervention studies had confirmed these findings. For example, older adults who underwent 1 hour of aerobic training 3 times per week for 6 months had

increased gray and white matter volume compared to controls.

Other research shows that physical activity increases functionality in brain areas linked to attention and attention control, daily life activities, and cognitive reserve, a reserve of thinking abilities that acts as a buffer against age-related cognitive decline.

### Relationships

The new paper points to studies that suggest that maintaining social ties enhances cognitive reserve through cognitive strategies, greater neural growth, and synaptic density, which protect against pathological processes. Imaging studies have demonstrated that larger social networks are linked to a larger orbitofrontal cortex — involved in decision-making — and amygdala volume.

These studies also demonstrate that less socially active people have a greater number of white matter lesions. In addition, randomized control trials have shown that social relations may enhance cognitive reserve, and interventions have shown that increased social interaction in communities is linked to better cognitive function and larger brain volume. Other studies, however, indicate no link between social relations and cognitive function later in life. The researchers thus suggest that more robust evidence from randomized controlled trials is needed to demonstrate causality.



## Mohammed Shami TARGETS COMEBACK DURING TEST SERIES AGAINST ENGLAND

**NEW DELHI:** Mohammed Shami has said his recovery from an ankle injury is "on track" and that he hopes to make a comeback during India's five-Test series against England starting on January 25.

"My rehabilitation is well on track and the medical experts at NCA are happy with my progress," he told Times of India. "There is slight stiffness in my ankle but

that's fine. I have started my training sessions and I believe I will be able to make a comeback in the England series.

Shami was included in India's Test squad for the two matches in South Africa, subject to fitness. He did not travel with the team and was subsequently withdrawn from the series, which India drew 1-1 by winning the second Test in Cape Town, after not recovering

in time. He was not named in India's T20I squad for the matches against Afghanistan on January 11, 14 and 17.

"We did well in the second Test," Shami said about India's performance in South Africa. "Everyone contributed and our bowling effort was brilliant. It was a brilliant comeback by India to level the series. Unfortunately I missed it because of injury but I want to get

back to competitive cricket as soon as possible. Hopefully you can see me back in action against England."

Shami was the recipient of the Arjuna Award, India's second-highest sporting honour after the Major Dhyan Chand Khel Ratna, and was in Delhi to receive it on January 9. He was the highest wicket-taker at the 2023 ODI World Cup, with 24 wickets in just

seven games at an average of 10.70 and strike rate of 12.20.

India play England in five Tests in Hyderabad (Jan 25-29), Visakhapatnam (Feb 2-6), Rajkot (Feb 15-19), Ranchi (Feb 23-27) and Dharamsala (Mar 7-11). The series will be India's third in the ongoing World Test Championship cycle, where they currently are in second place behind Australia.

## Angelo Mathews back in T20I squad after three- year absence

**NEW DELHI:** Angelo Mathews is in line to play his first T20I in nearly three years after being named in Sri Lanka's T20I squad for the series against Zimbabwe. Also in the squad are batters Kusal Perera and Dhananjaya de Silva, who are not in the squad for the ongoing ODIs, as well as spinner Akila Dananjaya, round-arm seam bowler Nuwan Thushara, and batting allrounder Kamindu Mendis.

This will be Wanindu Hasaranga's first series as captain. There is still a spot in the squad for previous captain Dasun



Shanaka.

Among the omissions from this squad are of opener Avishka Fernando and top order batters Nuwanidu Fernando and Janith Liyanage, who was Player of the Match in the second ODI against Zimbabwe. Also not in the squad are allrounder Dunith Wellalage, seamer Pramod Madushan, and legspinner Jeffrey Vandersay. Pathum Nissanka has been named subject to fitness, after he was admitted to hospital last week with suspected dengue.

These three T20Is will mark Sri Lanka's earnest preparation for the T20 World Cup to be held later this year. Sri Lanka only played seven T20Is in 2023.

All three T20Is will be played at Kettarama, on January 14, 16 and 18.

Sri Lanka squad: Wanindu Hasaranga (capt), Charith Asalanka, Kusal Mendis, Sadeera Samarawickrama, Kusal Perera, Angelo Mathews, Dasun Shanaka, Dhananjaya de Silva, Kamindu Mendis, Pathum Nissanka, Maheesh Theekshana, Dushmantha Chameera, Dilshan Madushanka, Matheesha Pathirana, Nuwan Thushara, Akila Dananjaya.

## Farooqi, Mujeeb and Naveen to get limited NOCs as ACB modifies sanctions

**NEW DELHI:** Afghanistan's reintegration of Fazalhaq Farooqi, Mujeeb Ur Rahman and Naveen-ul-Haq is nearly complete following a brief period in which the board and the players did not see eye to eye.

Last month, all three of them expressed a wish to be released from their central contracts so that they may pursue other opportunities on the T20 franchise circuit, for which the Afghanistan Cricket Board punished them by revoking their existing No-Objection Certificates and denying them further NOCs for a period of two years.

Following "a comprehensive investigation" after Farooqi, Mujeeb and Naveen approached the board and expressed "a strong desire to represent the country again," the ACB has relaxed their initial position, allowing the players a "limited" number of NOCs to play in franchise T20 leagues and clearing them to avail central



contracts. All three have also been served with a "final warning" and wage cuts from their monthly salary and/or their match fees.

The ACB press release with these details also said it may grant them central contracts, which

were delayed when the initial sanctions were imposed, "while strictly monitoring their performance and discipline in events."

"We really hope the players avoid making similar inconveniences in the future as we expect

them to represent the country in the best of manners." ACB chief Mirwais Ashraf said. "The ACB and the rules are above all of us and it's important to adhere to the regulations because there are no exceptions for anyone in this

regard. However, such cases of a similar nature would be dealt with more strictly as we prioritise the prestige of the Afghanistan Cricket and the organisation."

The ACB's hardline stance stands in contrast to the approach taken by most national boards in recent years, with the majority opting to allow their players flexibility to fulfil lucrative contracts in overseas leagues even if they turn down central contracts.

Farooqi and Naveen fronted up for Afghanistan during the recent three-match T20I series against UAE after "demonstrating strong desire to represent country", and the two have also been named in the squad that will travel to India for three T20Is. Mujeeb has also been named in the squad, having missed the UAE tour as he was still at the BBL with the Melbourne Renegades at the time. The T20Is in India will be Mujeeb's first since July 2023.



## FIFA mourns death of German legend Beckenbauer

**GENEVA:** FIFA and FIFA President Gianni Infantino released a statement mourning the death of German legend Franz Beckenbauer hours after the news was released on Monday. FIFA said Beckenbauer, who died aged 78 on Sunday, is "widely regarded as one of the greatest footballers in history".

"Der Kaiser", who is credited with pioneering the libero role, inspired West Germany to UEFA Euro 1972 and 1974 FIFA World Cup glory," FIFA said. Infantino said: "A legend of German and world football, Franz Beckenbauer has achievements and triumphs which are etched in history and

yet, for all his popularity, 'Der Kaiser' always remained modest and down to earth."

"He will always be remembered by football supporters across the world, especially by fans of the German national team and FC Bayern Munich, with whom he enjoyed so much success," he added.

Infantino described Beckenbauer as "a really great person, a friend of football, a champion and a true legend", adding "dear Franz will never be forgotten. My thoughts are with his family, his friends and the German Football Association, to whom I offer my deepest condolences."