

Section 144 imposed in **Rajouri over land dispute** between two communities

MS NAZKI

JAMMU, Sep 09: District authorities on Friday imposed prohibitory orders under Section 144 of the CrPC and advised people to stay indoors in Rajouri district following a row between two communities over a land dispute.

Official sources said restrictions prohibiting the assembly of four or more people have been clamped amid apprehensions of law and order situation over a piece of land situ-ated in Naban Mohalla, Ward No 12 of Rajouri town and claimed by two communities.

"High-speed internet also remained affected for few hours to prevent rumor mongering.

"Barbed wires have also been placed in some sensitive areas to prevent movement of people, besides deployment of additional police forces.

Official sources added that the students having their final examinations with a CONTINUED ON >> PAGE 10

LG chairs review meeting on functioning of Revenue Department

HT NEWS NETWORK

SRINAGAR, Sep 09: Lieutenant Governor Manoj Sinha today reviewed the functioning of Revenue Department at the Civil Secretariat.

The Lt Governor appraised implementation of several initiatives undertaken by the department for ensuring smooth delivery of services to the public. Lt Governor was The

briefed about Aapki Za-meen Aapki Nigrani; Dig-

itization of Land Records; Change of Land Use; issuance of Land Passbooks and Property cards: SVAMIT VA Scheme etc.

Obsolete rules should be repealed and replaced with a more people-oriented regulatory system for ease of living, ease of governance and overall improvement of the efficiency of the Revenue department, the Lt Governor directed the officials The Lt Governor instructed

Sustainable Farming is An Answer to Ensure Food Security and Growth : LG Manoj Sinha

Highlights farmer's efforts in fulfilling PM's vision to reduce use of chemical fertilizers



HT NEWS NETWORK

SRINAGAR, Sep 09: Lieutenant Governor of Jammu and Kashmir, Manoj Sinha on Friday said that sustainable farming is the only way forward to ensure food security and growth.

"Farmers are ultimate entrepreneurs and our effort is to provide them with better infrastructure, easy access to credit, access to modern machinery and benefits of agriculture extension services, observed the Lt Governor,

LG Sinha said while inaugurating farmers awareness conference on the use of 'Nano Urea', here at SKICC.

The Lt Governor highlighted the farmer's efforts in fulfilling the vision of Hon'ble Prime Minister Shri Narendra Modi to reduce the use of chemical fertilizers and transition to sustainable alternatives to protect soil health plants and environment. The Lt Governor Congratulated the

entire team of IFFCO for developing CONTINUED ON >> PAGE 10

AC approves engagement of project implementing agency for RDSS works

SRINAGAR, Sep 09: The Admin-istrative Council (AC) which met here under the chairmanship of the Lieutenant Governor, Manoj Sinha, approved the engagement of project implementation agency for the Revamped Distribution Sector Scheme (RDSS) in Jammu and Kashmir. Rajeev Rai Bhatnagar, Advisor to

the Lieutenant Governor, Dr. Arun Kumar Mehta, Chief Secretary, J&K and Nitishwar Kumar, Principal Secretary to the Lieutenant Gover nor attended the meeting. The Administrative Council (AC)

authorized both the DISCOMs i.e JP DCL & KPDCL to execute smart me tering works under Totex model and loss reduction works, sanctioned under RDSS by engaging the central public sector enterprise - RECPDCL/ PGCIL as the project implementing agency

The decision is aimed at improving the quality, reliability and affordability of power supply to consumers through a financially CONTINUED ON >> PAGE 10

16 JKAS officers now part of IAS; 8 more to join soon: **Jitendra Singh**

HT NEWS NETWORK

NEW DELHI, Sep 9: Minister of State for Personnel, Public Grievances and Pensions Jitendra Singh on Friday said 16 officers from the Jammu and Kashmir Administrative Service (JKAS) have been inducted into IAS and another eight vacancies will be filled up shortly after a long gap of 12 vears.



mir, according to a govern ment statement

In an interaction with the The minister said the Cenmedia on the steps taken to tre has also relaxed deputaaddress the officers' shorttion rules to encourage IAS age in the newly created and other All India Service Union Territory (UT) of Officers as well as officers Jammu and Kashmir, Singh of central services to get said due to the relaxation posted in Jammu and Kash-CONTINUED ON >> PAGE 10

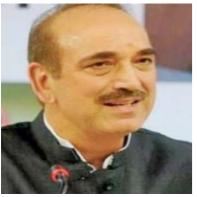
O6 IAS, KAS officers transferred as Govt orders reshuffle in administration

HT NEWS NETWORK

SRINAGAR, Sep 09: The Jammu and Kashmir government on Friday ordered transfer of five IAS and JKAS officers in the interest of administration with immediate effect. According to the order, Mohd Yasin (IAS) Mission Director, National Health Mission, J&K, has been transferred as posted as Managing Director, Kashmir Power Distribution Corporation Limited, against an available vacancy Ayushi Sudan (IAS), Chief Executive Officer, Ayushman

CONTINUED ON >> PAGE 10

Azad to hold public rally in Baramulla on Sunday



HT NEWS NETWORK

minister Ghulam Nabi Azad, who is forming his own political party, will hold his first rally in Kashmir on Sunday.

Baramulla, and workers of Azad expect a good show in north Kashmir. After the Baramulla rally, Azad will be holding separate rallies in Kupwara and south Kashmir. In south Kashmir, three former ministers and legislators have resigned from Congress in support of Azad.

legislators and former ministers have joined the Azad camp. Three former legislators Shoiab Lone,

Taj Mohiudin and Haji Rashid have resigned from the Apni Party and SRINAGAR, Sep 09: Former J&K chief Congress to become part of Azad's

party. The name and the party symbol of the new party hasn't been finalized vet.

'We are busy in the process, the name and symbol of the new party will be decided in the coming weeks," said Azad's close aide Salman Nazimi. He said that the rallies and meetings by the former Union minister could bring more and more leaders to the new party. "So far we are getting very encouraging response from people as well as leaders of different political parties," he said.

Azad's first rally in north Kashmir is an indication that the new party will be hoping for at least three to four seats from Baramulla. Likewise, Altaf Bukhari who will contest elections from Uri also hopes to get maximum CONTINUED ON >> PAGE 10

SRINAGAR, Sep 09: Body of

the MBBS student was on

Friday flown to New Delhi

from Bangladesh and would

reach her home in Katoo Bi-

jbhera in south Kashmir's

evening, officials said.

COVID-19: J&K reports 64 new cases

SRINAGAR, Sep 09: Jammu and Kashmir reported 64 positive cases of COVID-19which include 15 from Jammu and 49 from Kashmir divisions, taking the total number of positive cases in the Union Territory to 478626

Moreover, 154 more COVID-19 patients have recovered and been discharged from various hospitals including 46 from Jammu division and 108 from Kashmir division. According to the daily Media Bulletin on novel Corona virus (Covid-19), out of 478626positive cases, 552are Active Positive (152in Jammu Division and 400in Kashmir Division), 473290have recovered and 4784have died; 2351 in

Jammu division and 2433in Kashmir division. The Bulletin also informs that 10,370 doses of COVID Vaccine have been administered in the last 24 hours across Jammu and Kashmir bringing the cumulative number of doses administered to 2,44,16,113 till date.

Providing district-wise breakup for positive cases for to day, the Bulletin informs that in Kashmir division, Srinagar reported 17 cases, Baramulla reported 11 cases,

years.

CONTINUED ON → PAGE 10 Anantag girl's body reaches

J&K Govt directs departments to shift

PM to inaugurate Centre-State **Science Conclave Today**

New Delhi, Sep 9 (UNI) Prime Minister Narendra Modi will inaugurate the Centre-State Science Conclave on Saturday at 10:30 AM via video conferencing. He will also address the gathering on the occasion. "In line with the Prime Minister's relentless efforts to facilitate innovation and entrepreneurship in the country, the first of its kind Conclave will strengthen Centre-State coordination and collaboration mechanisms - in the spirit of cooperative federalism - to build a robust science, technolo-

gy and innovation (STI) ecosystem across the country,' the PMO said.

The two day Conclave is being organised at Science City, Ahmedabad on September 10-11.

It will include sessions on different thematic areas including STI Vision 2047; Future Growth Pathways and Vision for STI in States; Health - Digital Health Care for All; Doubling Private Sector investment in R&D by 2030; Agriculture - Technological interventions for improving farmers' CONTINUED ON >> PAGE 10

Hit by car, wild goat dies in Mendhar Poonch

the senior officials CONTINUED ON → PAGE 10

The rally will be held at Dak Banglow,

After the resignation of Azad from Congress, so far half a dozen former

SYED TAJAMUL BUKHARI

1st J&K Athletic Meet concludes at IUST

AWANTIPORA, Sep 09: The 1st J&K Chancellor's Athletic Meet concluded at Islamic University of Science and Technology (IUST) on Wednesday with IUST and Jammu University bagging the top two positions. Earlier on Tuesday, the LG of J&K and Chancellor of IUST, Manoj Sinha had inaugurated the 400 meter Synthetic Athletic Track, before kick starting the twoday athletic tournament.

With IUST leading from the front, the athletic tourney was marked first of its kind in Jammu and Kashmir organised at university level, offering a key platform for men and women athletes from various universities of J&K to showcase their talent and skills.

Jammu University won the first prize followed by Islamic University of Science and Technology (IUST) grabbing the second prize while as both NIT Srinagar and Cluster University Srinagar put the joint show for third reward.

Felicitating the winners, Vice Chancellor Prof Shakil Ahmad Romshoo, also the chief guest of the event, applauded the sportsman spirit of athletes and the efforts of Physical Education department, organising

MeT predicts dry, pleasant weather in J&K

JAMMU, Sep 9: The Meteorological (MeT) office said on Friday that weather will remain dry and pleasant in Jammu and Kashmir during the next 24 hours. "Weather is expected to remain dry during the next 24 hours in J&K," an official of the MeT office said. Jammu had 20.7, Katra 21.6, Batote 18.2, Banihal 17.8 and Bhaderwah 16.6 as the minimum temperature. Srinagar had 17.6, Pahalgam 12.7 and Gulmarg 10.7 degrees Celsius as the minimum temperature. Drass town in Ladakh had 6.3, Leh 11.2 and Kargil 10.9 as the minimum temperature.

Youth dies in road accident in Budgam

SRINAGAR, Sep 09: A youth from Srinagar died on spot in a road accident in the Magam area of Central Kashmir's Budgam district.

Sources said three brothers were on a bike on way towards Baba Reshi when a truck hit them near Magam resulting in the on-spot death of the biker identified as Rahil Firoz Khanday of Bilal Colony Qamarwai area of Srinagar (at present Parimpora).

Sources two brothers received minor injuries and were discharged from the hospital after first aid. Meanwhile, police have registered a case and launched a hunt to trace the erring truck driver.

CONTINUED ON >> PAGE 10

breach court verdicts by fixing fee on their own, says FFRC

Some private schools

Srinagar, Sep 09: The Committee for Fixation and Regulation of Fee of Private Schools (FFRC) Friday said that some private schools in Jammu and Kashmir breached the mandate of the judgments of Supreme Court and High Court by fixing the fee structure on their own

"In view of the law laid by Katoo Bijbhera, died on the Supreme Court and Wednesday, after falling the High Court of Jammu off the terrace of Khwaja and Kashmir and Ladakh, Yunus Ali Medical College and in view of the manhostel where she was studydate contained in the Act of 2002, Draft Rules and Rules evening of September 6. of 2022, it was duty of each private educational institution or school to submit its proposed fee structure along with the record to FFRC," said FFRC in

CONTINUED ON → PAGE 10

Delhi from Bangladesh HT NEWS NETWORK morning and reached IGI

Airport Delhi at 12:30 this afternoon "The body is now supposed to reach Sheikh ul-Alam International Airport in Srinagar this evening," they said

Anantnag district by this "All necessary arrangements have been put in The female MBBS student, place for hassle-free receipt Khushboo Manzoor daughof the body here", they ter of Manzoor Ahmad of said, adding, "The administration has already kept a dedicated ambulance and medical team at standby to receive it". Commissioner Deputy

ing in Bangladesh on the Anantnag, Dr. Basharat Qayoom said the authori-Quoting officials' privy ties made concerted efforts to the development, a lothroughout to see the arrivcal news agency reported al of body from Bangladesh that a flight carrying the at the earliest. "Jammu and corpse left from Bangladesh Kashmir

CONTINUED ON → PAGE 10 at around 10:30 a.m. this

Barbeque seller's son in **Baramulla cracks NEET**

HT NEWS NETWORK

SRINAGAR, Sep 09: In a commendable feat, son of a barbeque seller from Baramulla district of Jammu and Kashmir has cracked the prestigious NEET-UG 2022 examination.

Mehraj-ud-din Khan, who secured 591 points in the examination, credited hard work and support of his family and friends for his success.

"My family has been a pillar of support for me. They used to tell me to just focus on my studies. But, sometimes, I used to help my father at the shop where he sells barbeque, Khan, a resident of the Guiwa area of Pattan in Baramulla in north Kashmir, said in videos that appeared on social media.

Khan did his basic education from Hanfia Model School in the Warpora area and studied till Class 8 at Army Goodwill School Zeran. He enrolled at MMK school in Nihalpora for Class 10 and then at government boys higher secondary school Baramulla



for Classes 11 and 12.

Khan's family, which had little resources, managed to send him for private tuitions. However, due to the the Covid lockdown, he had to study at home

CONTINUED ON >> PAGE 10

officials having tenure of more than 5 years

Srinagar, Sep 09: In a signif- Official documents in posicant move to ensure transparency and accountability in governance, the administration of Jammu & Kashmir Union Territory has directed all the departments to identify and recommend transfer of employees having tenure of more than five

session of news agency-Kashmir News Observer reveal that J&K's chief secretary Arun Kumar Mehta has directed the authorities to identify and transfer all employees having tenure of more than five years. The directions for

CONTINUED ON >> PAGE 10

POONCH, Sept 09: A wild goat died after being hit by a car near Bandpara forest Compartment in Nar area

of Mendhar in Poonch district on Friday. Officials said the wild goat after being hit by the car fell unconscious and

CONTINUED ON → PAGE 10

5 5 5 IN BANGLADESH SAARC/NON-SAARC

Dhaka National Medical College Holy Family Red Crescent Medical College Bangladesh Medical College Jahurul Islam Medical College | Medical College For Women's & Hospital Ad-Din Women's Medical College Anwer Khan Modern Medical College Tairunnessa Memorial Medical College Popular Medical College Ibn Sina Medical College International Medical College Enam Medical College & Hospital and Other Colleges



M S Nazki

Pr. Secy SDD, VC IUST inaugurate newly constructed Div Com Kashmir reviews infrastructural development Govt. Polytechnic College at Awantipora

AWANTIPORA, TEMBER 09: Principal Secretary, Skill Develop ment Department (SDD), Dr. Asgar Hassan Samoon inaugurated the newly constructed Government Polytechnic College here in presence of Vice Chancellor (VC), Islamic University of Science & Technology (IUST), Prof. Shakil Ahmad Romshoo.

The campus has been constructed at an estimated cost of Rs. 19 crore and has been completed recently.

After inaugurating the college, the Principal Secretary observed that some machinery and equipments have already been installed in the lab and directed the IUST represen-

tatives of college to install placement of pass outs should also be looked into. the remaining machinery



and equipment immediately. The Principal Secrecollege being centrally lotary further instructed the cated shall be made as a college representatives to placement hub keeping in ensure 100% admission view the industry requirebesides apprenticeship ments of the area. with Industry for better Dr. Samoon also stressed

upon representatives of college that various government initiatives aimed at the promotion of skill and talent in universities and colleges across J&K should be publicized regularly so that maximum youth are attracted to them. He added that government is determined to make all universities in Jammu and Kashmir as the successful skill hubs of the innovation.Talking about the importance of skill-based learning, the Principal Secretary instructed the Director SDD that strenuous efforts should be made to build the highly sophisticated skills in students across all institutions in J&K.

DC Ganderbalreviews developmental scenario, implementation of various schemes in district

GANDERBAL, SEPTEMBER 09: The Deputy Commissioner (DC) departments in the district. He sought details from the con-



Ganderbal, Shyambir today convened a meeting of officers from line departments to review the physical and financial progress on the projects besides implementation of various schemes in the district.

During the meeting, the DC reviewed the physical and financial progress on the projects that are under the execution of KPDCL, Education, R&B, Jal Shakti, RDD and other

cerned departments and executing agencies regarding the progress achieved on projects and threadbare discussion was also held regarding the delay in completion of various projects for which the timelines were fixed.While reviewing the education sector in the district, the CEO Ganderbal was directed to ensure all basic minimum facilities including water, power and functional toilets are available in all schools. He was also asked to present reasons of low literacy among females and measures initiated for enhancing the same.

The meeting also discussed the power scenario in the district and SE KPDCL was asked to finalize the list of transformers that need to be upgraded so that damage of transformers is minimized in winters and was asked to take measures to reduce the transmission and distribution losses and risk percentage. The DC stressed upon the concerned agencies to monitor the execution of ongoing works in the district by way of frequent field visits and exhorted the concerned officers to identify the bottlenecks, if any and bring them into the notice of District Administration so that they are sorted out as early as possible.Meanwhile, the DC also reviewed the status of implementation of various beneficiary oriented schemes in the district and directed all the departments to start vigorous awareness campaigns regarding the beneficiary oriented schemes and self-employment generation programmes so that deserving beneficiaries are benefited.

"Poshan Maah" Celebrated by Ayush At Bhadarwah

feeding and balanced diet

Amir Iqbal Khan

Bhadarwah, Sept 9: Under the much publi-cised program, " Poshan Maah", Department of Ayush organised a program in this connection at Passri Mohalla(AWC Passari B) Bhadarwah today as per the directions of Director Ayush Jammu and Kashmir and under the guidance of District Ayush Officer Doda

Anganwari Students. Workers, Helpers, Pregnant Women and locals participated in the camp Special awareness ses-



es like Diarrhoea, typhoid, can save the vulnerable and weight monitoring of children and were prescribed to use green leafy vegetables, seasonal fruits while avoiding the rising junk food habits.

Health expert of the department Dr Jabeena delivered a lecture during the session and detailed the participants about the impacts of malnutrition on the growth and development of the children. Yoga session was also conduct-ed by Dr Nidhi Padha depicting different postures and Asanas.

A total of more than 50 patients were diagnosed

HT - CLASSIFIED HEADLINES TODAY at Shiekh ul Alam (RA) Shrine, Chrar-e-Sharief

SRINAGAR, SEPTEM-BER 09: Ahead of celebration of Urs Mubarak of Shiekh ul Alam, Shiekh Noor ud Din Noorani (RA) at Chrar-e-Sharief, Budgam, the Divisional Commissioner (Div Com) Kashmir, Pandurang K Pole Friday reviewed the infrastructural development at the shrine to enhance its aesthetic view and increase facilities for devotees.

The review meeting was attended by Deputy Commissioner Budgam, SF Hamid; ADC Budgam, Dr Nasir Lone; Director Tourism, GN Itoo; Chief En-gineer R&B; Chief Town Planner; CEO Yusmarg Development Authority; SDM, Chadoora; Deputy Director ULB; CEO, Waqf board; Officers of Floriculture, JKPCC, JKAACL, Police, BSNL and other concerned Departments. On the occasion, Div Com

stressed on the officers to prepare a short term master plan for the infrastructural development at the shrine to enhance the

Training on Special Summary Revision held at Shopian

SHOPIAN, SEPTEMBER 09: A day-long training programme on Special Summary Revision and SVEEP activities for Booth Level Officers (BLOs) of Shopian was held today at the Conference Hall of Mini Secretariat, here.

The training session was presided over by Deputy Com-missioner (DC) Shopian, Sachin Kumar Vaishya, who is also the District Election Officer.

ERO/SDM Zainapora, Mushtaq Ahmad and Dy.DEO Shopian were also present in the training sessions. The training was attended by ENT Bashir Ahmad, Mas-

ter Trainers, officials of Election Department and BLOs of Shopian District.

Speaking on the occasion, the DEO asked BLOs to work with dedication and enthusiasm to ensure effective registration of new voters besides take maximum benefit of training sessions and get acquainted with requisite knowledge of election processes for better outcomes.

Dy.DEO on the occasion explained the process of prescribed forms under ongoing Special Summary Revision. He said the objective of the programme was to sensitize the BLOs regarding their role in the upcoming special summary revision being undertaken from 15th of September 2022 to 25 October in Jammu and Kashmir.

The master trainers briefed the participants regarding updation of the data via Form 6, 6A, 6B, Form 7 and Form

It was informed on the occasion that Form 6 is exclusively meant for registration of new electors, Form 6A for inclusion of name in electoral roll by an overseas elector, Form 6B for capturing Aadhaar no. by existing electors. Similarly Form-7 is meant for objection to proposed inclusion/ deletion of name in existing electoral roll with a slight modifications that a provision of attaching death certificate has been incorporated and Form 8 for correction in electoral roll, shifting of residence (within or outside constituency), replacement of EPIC and marking of a person with disability.

They also explained the role of BLOs in checking the prerequisites before processing the prescribed forms. It was stressed upon BLOs to undertake the task of

spreading awareness along with the current Special Summary Revision exercise.

An interactive session was also held to clear the doubts regarding enrollment process and other relevant queries.



view

beauty and aesthetic value of the place.

He exhorted for removal of tin sheets at the entrance and concertina wires from the premises of the shrine.

Div Com asked for proper maintenance of parks

by police and Waqf officials. and restrict the grill size The District Administraaround the parks to minition Budgam was asked to mum to avoid blocking of set up stalls at the shrine and make arrangements Meanwhile, Pole asked for crowd management, for reparation of wazu SRTC Buses besides elec-

impressed on the archi-

tectural design of sabat to

present the beautiful sight

To facilitate devotees,

Pole underlined the im-

mediate requirement of

reparation of toilets, com-

pletion of pending work

and construction of septic

tank. He also directed for

construction of shoe racks

and a place for lighting of

candles at the appropriate

place outside the shrine to

avert the threat of fire in-

For distribution of bless

food 'Tahri', Div Com

asked concerned for con-

struction of Bless Food

Counter at one place be-sides he directed for instal-

lation of CCTV cameras

which shall be monitored

of the place.

cident.

khana and renovation of tricity, drinking water and health facilities. Sabat where the hair of children is shaved. He also

LEAD launches India's first **Student Confidence Index**

Anantnag, Sep 9, KNT: School Edtech company LEAD announced the launch of India's first Student Confidence Index, a study that assesses the confidence levels of school-going students across regions, cities, demographics and various other parameters. Developed in collaboration with Tata Institute of Social Sciences, LEAD's Index reveals several powerful insights into Student Confidence. While India stands at a Confidence level of 75 on a scale of 100, 36% of students have indicated top-bracket Confidence levels (81-100). LEAD's Student Confidence Index assesses the five 21st century Confidence-building attributes that are critical for students to succeed in life: Conceptual Understanding, Critical Thinking, Communication, Collaboration and Exposure to opportunities and platforms. Commenting on the Index, LEAD Co-founder and CEO Sumeet Mehta said, "Our students need to have self-confidence. But there was no way of knowing the confidence level of students of our country. LEAD's Student Confidence Index developed in partnership with Tata Institute of Social Sciences (LMRF, SMLS), fills this gap.' "We are delighted to partner with LEAD in developing India's first Student Confidence Index. The tool for building this Confidence Index followed a rigorous research process by the LMRF team at TISS," added Dr. Rahul S, Assistant Professor, LMRF, SMLS, Tata Institute of Social Sciences.

Nasha Mukt J&K Abhiyan Day 9 Anti Drug squads formed, rallies held across Kupwara district

KUPWARA, SEPTEMBER 9: On the directions of Deputy Commissioner Kupwara, Doifode Sagar Dattatray, various activities including formation of anti drug squads, rallies were held in different educational institutions and medical blocks across the district to observe 9th Day of month long 'Nasha Mukt J&K Abiyan'.

In all 53 Higher Secondary schools of the district, anti drug addiction squads were formed. All the Heads of the Institutions, staff and the students participated in the Programme. These anti drug squads shall carry out various awareness and mass sensitization programmes in nt localit cross the Distric AT GDC Vilgam a rally under the aegis of 'Nasha Mukt Bharat Abiyan' was held in which students and staff members of the College participated. The rally went through various Government offices and Vilgam market. The students carried placards and banners themed on drug abuse including, "Choose life not death", Stop Drugs", "Drugs ruin Lives" etc. Suggestions boxes regarding drug de-addiction and identification of drug abuse victims were also installed in various Degree Colleges including GDC Kralpora, GDC Women Kupwara and GDC Boys Kupwara. At Government Middle School Chitterkote Karnah, posters were made under the ongoing 'Nasha Mukt J&K Abiyan' reading, "Stop Drugs", "No Smoking" etc.

sions were held on this occasion in which participants were cautioned about the deficiency diseases like anaemia. They

Malaria and other communicable diseases. They also familiarized were with the life style disorders, water hygiene, breast

were also told to take pre-

population from developing various life long disabilities. The stakeholders were further advised to be concerned about height

of different ailments and were given medicines free of cost. Officials from ICDS were also present in the camp.

Wild goat dies after hit by car in Mendhar Poonch

M S Nazki



Poonch, Sept 9 A wild goat was killed after being hit by a car near Bandpara forest Compartment in Nar area of Mendhar in this district on Friday.

Official sources told HT that after being hit, the goat was unconscious and following which forest beat guard Mushtaq Khan reached the spot. However the animal died. Later the beat guard handed over the goat to wild life department, they added.

Ex-MP Karan Singh for holiday on Maharaja Hari Singh's birth anniversary

Jammu, Sep 9 (UNI) Former Member Parliament and veteran leader, Dr Karan Singh on Friday endorsed the demand raised by the youths of Jammu region regarding a gazetted holiday on September 23 to mark the birth anniversary of Maharaja Hari Singh--the last ruler of the kingdom of Jammu and Kashmir.

In a statement issued here, the former Member Parliament said "There has been a long-standing demand and agitation among the youth in Jammu for a

holiday on the birthday of my respected father Maharaja Hark Singh, which I strongly support. Bapu ji was a highly respected figure not only because he signed the historic Instrument of Accession to India but also because of the many progressive measures that he undertook during his reign.'

"These include throwing of Dharmarth Temples open to the Dalits, abolishing the obnoxious policy of 'begar', forced labour in Kashmir, building fine colleges and hospitals both in Jammu and Srinagar and so on," he said.

"I understand that the agitation is on hold for a few days. I would urge the U.T. Government to reconsider the whole matter and accept the demand which will be widely appreciated not only by the youth of Jammu but by citizens of the State in general.

DEO Kulgam holds meeting with representatives of various **Political Parties on SSRERs**

KULGAM, SEPTEMBER 09: The District Election Officer (DEO) Kulgam, Dr.Bilal Mohi-Ud-Din-Bhat today convened a meeting with representatives of various Political Parties of the district for Special Summary Revision of Electoral Rolls (SSRERs).

During the meeting, the DEO asked the representatives of Political parties to appoint Booth Level Agents, Polling Station wise for all the polling stations of the district so that the summary revision of electoral rolls be completed well in time.

The representatives from Political Parties were also informed that the process will commence from 15-09-2022. It was impressed upon Political Parties to ask Booth Level Agents to coordinate with BLOs so that purification and updation of electoral roll be made as per given timeline.

The meeting was also attended by Dy-DEO Bilal Ahmad Kamgar and other officers from election office Kulgam.

DLC approves 03 cases for change of land use at Kulgam

KULGAM, SEPTEMBER 09: A meeting of District Committee on change of land use was held on Friday under the chairmanship of the Deputy Commissioner (DC) Kulgam. Dr Bilal Mohi-Ud-Din Bhat at Mini-secretariat here to discuss and dispose-off applications submitted for change of land use.

Officers present in the meeting were ACR (Member Secretary), CAO, CHO, GM Industries, Tehsildars and other officers and members of the committee.

After threadbare discussion, the chair approved three cases for change of land use. The DC instructed concerned to ensure timely issuance of NOCs to the applicants after proper verification.

The DC instructed concerned to ensure timely issuance of NOCs to the applicants after proper verification.

Public Notice

I have applied for registration of my residential house located at village sheikhpora under Home Stay/paying Gues House Scheme to facilitate tourist trade vide order no 89-Jk (TSM)of 2022 of Department of Tourism Jk if anybody has any objection in this regard he /she may file his/her objection in Department of tourist or Assistant Director Tourism office Gulmarg within a period of 7 days from the date of publication of this notice after that no objection shall be entertained

Gh Hassan sofi S/o Gh Ahmad sofi Sheikhpora. Tehsil kreeri DisttBaramulla

DC Ganderbal chairs meeting of **DLIC on Mission Youth**

GANDERBAL, SEPTEMBER 09: The Deputy Commissioner (DC) Ganderbal, Shyambir who is also Chairman District Level Implementation Committee (DLIC) today chaired a meeting of the DLIC on Mission Youth to review implementation of the spurring entrepreneurship initiative in the district.

At the outset, Assistant Director Employment gave a brief on the scope of the scheme. It was informed that the objective of the scheme is to encourage innovation and job creation through creation of new businesses units.

During the meeting, the DLIC put forth 21 best profitable start-ups/ business ideas for which the DC asked the concerned to generate mass awareness among the educated and unemployed youth of the district about the scheme and ensure maximum coverage of the eligible persons.

The Chairman, DLIC directed the Assistant Director Employment to check the feasibility/viability of the units/projects by way of checking the detailed concept notes submitted by the applicants and whose units are found viable/feasible as per the scheme guidelines shall be put up in the DLIC in the next meeting for selection accordingly.

While interacting with the members of the committee, the DC said that all members shall provide handholding/ guidance to the applicant in the establishment of an innovative and employment generating unit.

Besides, General Manager, DIC was directed to nominate the designated member from the successful industrialists in the district who shall apprise/make familiar the committee about the innovative ideas and hardships to be faced by the fresh entrepreneurs in the establishment of units and DLIC accordingly shall make arrange ment for rectification of the same so that the applicant does not face any inconvenience.

The meeting was attended by CPO, Irfan Giri; General Manager, DIC Ganderbal; District Social Welfare Officer Ganderbal; Assistant Director Employment, (Nodal Officer DLIC) Ganderbal; District Officer, KVIB, Ganderbal, Nodal Officer, JKEDI, Ganderbal and Lead Bank Officer, Ganderbal. The meeting was attended by CPO, Irfan Giri; General Manager, DIC Ganderbal; District Social Welfare Officer Ganderbal; Assistant Director Employment, (Nodal Officer DLIC) Ganderbal; District Officer, KVIB, Ganderbal, Nodal Officer, JKEDI, Ganderba.

Non-BJP parties to hold All Party Meet at Jammu on today

Jammu, Sep 9 (UNI) The non-BJP parties including the brigade of People's Alliance for Gupkar Declaration (PAGD) will hold All Party Meet at Jammu on Saturday in the backdrop of alleged voting rights to non-locals in the Jammu and Kashmir Assembly Polls.

The meeting is scheduled to be held at the Jammu residence of National Conference president and former J&K Chief Minister and sitting Member Parliament, Dr Farooq Abdullah

"The meeting is to be held to garner support of more political and social parties against the 'inclusion' of non-locals in Jammu and Kashmir's electoral roll," said a senior leader.

He said that the meeting will take place under the leadership of PAGD president Farooq Abdullah and almost everyone including former minister and president Dogra Swabhiman Sangathan Party Choudhary Lal Singh, Harsh Dev Singh of AAP, Ex MLA Balwant Mankotia group, Ghulam Nabi Azad's fraction have also been invited

Confirming the meeting, former MLA, M Y Tarigami, who is also the PAGD convener and spokesperson. told UNI, "Each and every section and political social group is invited except the BJP."

"All Non-BJP parties are invited for the meeting," he added, adding that the agenda of the meeting is inclusion of non-locals in the electoral process

LSD awareness camp held at Bandipora ADDC stresses on Fogging and fumigation of epicenters

BANDIPORA, SEPTEM-BER 09: The Department of Animal Husbandry, Bandipora today organised a Lumpy Skin Diseases (LSD) awareness camp at Town Hall, MC Bandipora. The camp was attended by ADDC Bandipora, DDC Hajin B, DDC Aria, CALLO DVC DDC Arin, CAHO, BVO, Nodal officer LSD, VASs of the Block Bandipora, PRIs, besides a huge number of dairy farmers. Additional District De-velopment Commission-er, Afsar Ali Khan in his speech appreciated the efforts of the Department of Animal Husbandry Bandipora in controlling the disease so far in the District.

He further directed CEO, MC Bandipora to initiate Fogging and fumigation in and around all the epicenters of Block Bandipora.

CAHO, Dr G A Lone while addressing the gathering advised them to follow all the SOPs viz. reporting, isolation and treatment of affected animals followed by disinfection and spray of fly repellants in and around

the premises. On the occasion, Dr Syed Sharik Shakeel (Nodal Officer, LSD Bandipora) informed the participants on the methods and ways to prevent the spread of the disease among bo-vines. BVO, Dr M Ramzan Chopan stressed on the importance of vaccination to combat the disease

DDC Hajin, Dr Ghulam Mustafa and DDC Arin Ghulam Mohuidin in their address advised the dairy farmers to abide by all advice given by the officials of Animal Husbandry Department regarding LSD.

In the concluding session, dairy farmers raised queries regarding LSD which were duly addressed by the experts

ditorium, here.

Shazia Mushtaq. The officers from Em-ployment Department plovment

DE&CC, S.P. College organize One-day Camp for registration of unemployed youth on employment portal Also raise awareness about self-employment schemes

SRINAGAR, SEPTEM-BER 09: The Jammu and Kashmir District Employment and Counseling Centre (DE&CC), Srinagar in association with the Career Counseling Cell and Dean Students Welfare of S.P. College Srinagar today organized a 'One day Camp for Registration of Job seekers/ Unemployed youth on employment portal' and also raised awareness among students about various self employment schemes in the college au-

The session was chaired by Dean Academics, Prof Bashir Ahmad Mir and Dean Students Welfare Dr. Khailda Hassan and Dr.

were welcomed by Prof. Zarka Malik member Ca



reer Counseling Cell S. P. College.

The Career Counseling Officer, Manzoor Ahmad Rather and Employment Officer Ishfaq Ahmad Wani from DE&CC, Srinagar demonstrated the convenient and user friendly online registration on J&K employment portal. They also deliberated upon the multiple services and schemes offered by employment depart-

ment Prof Falak Naaz member Career Counseling Cell S. P. College, presented a formal vote of thanks. The Jammu and Kashmir District Employment and Counseling Centre (DE&CC), Srinagar in association with the Ca-reer Counseling Cell and Dean Students Welfare of S.P. College Srinagar today organized a 'One day Camp for Registration of Job seekers/ Unemployed youth on employment portal' and also raised awareness among students about various self employment schemes in the college auditorium, here.

The session was chaired by Dean Academics, Prof Bashir Ahmad Mir and Dean Students Welfare Dr. Khailda Hassan and Dr. Shazia Mushtaq. The officers from Em-

Department ployment were welcomed by Prof. Zarka Malik member Career Counseling Cell S. P. College. The Career Counseling

Officer, Manzoor Ahmad Rather and Employment Officer Ishfaq Ahmad Wani from DE&CC, Srinagar demonstrated the convenient.

DC Bandipora reviews status of various Schemes Asks Officers to work actively to implement **Youth Oriented schemes on ground level**

BANDIPORA. SEPTEMBER 09: The Deputy Commissioner (DC) Bandipora, Dr. Owais Ahmed to day chaired a meeting to review the implementation of various schemes in the district.

The DC reviewed performance of individual beneficiary schemes including Social Security schems (Old age pension, Widow pen-sion scheme, Disabilty pension scheme, Women in distrees pension scheme), PMAJY (central), PMAJY (Sehat), PMAY-G, PMAY-U, and schemes for students and farmers

The meeting also discussed various issues of Jal Jeevan Mission and Industrial Development.

Dr. Owais also took feedback from officers regarding various online services and youth Oriented schemes.

The DC directed the concerned to monitor online services on regular basis for fast disposal of applications.

He also reviewed revenue mat-

ters especially digitisation process, removal of encroachments,





age employees/ migrants



mutation registration, status of patwar khanas alongwith progress on key infrastructure projects and grievances of PM packmoval of bottlenecks in way welfare of key projects and schemes. The meeting was attended by

ADDC Bandipora Afsar Ali Khan, ADC Bandipora Waseem Raja, Joint Director Planning Imtiyaz Ahmad, ACD Bandipora, Executive Enginers and other concerned. The Deputy Commissioner (DC) Bandipora, Dr. Owais Ahmed today chaired a meeting to review the implementation of various schemes in the district.

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from officers regarding various online services and youth Oriented schemes.

FoA.SKUAST-K Wadura started 10-days training programme on"Mushroom cultivation and compost preparation"

DR.AB QAYOOM

Sopore, Sep, 09: Undera DST sponsored project entitled 'Technological interventions to address needs of tribal farming people of Ladakh region' Division of Plant Pathology, Faculty of Agriculture,(FoA) SKUAST-Kashmir Wadura camps is started a 10 days training programme on 'Mushroom cultivation and compost preparation today.In which Twenty five tribal farmers from Leh Ladakh participated through proper way. This training programme was formally inaugurated today by Prof. Ali Anwar who was the chief guest of the occasion, in presence of Heads of Divisions, other scientists, students and more importantly the trainees. He highlighted the importance of mushrooms in the livelihood of people in general and the scope of this enterprise in present day farming in cold-arid region like



Ladakh in particular. In order to boost the morale of trainees, he also highlighted the achievements of PG student who have successfully come up with technologies for cultivation of some medicinal mushrooms. The proceedings continued with a brief address of Dr. Vikas Gupta (Course Director) in which he justified the importance of such a training programme in entrepreneurship devel-

opment. The inaugura session was concluded by Dr. Baby Summuna (Course coordinator) who, while acknowledging facilities provided by SKUAST-Kashmir and DST, expressed whole hearted gratitude to Hon'ble Vice Chancellor, Director Research, Dean FoA and all the participants including chief guest of the occasion, various Heads of Divisions, other scientists.

ADC Kupwara reviews progress under PMJAY-SEHAT scheme

KUPWARA, SEPTEMBER 9: On the directions of Deputy Commissioner Kupwara, ADC Kupwara, Ghulam Nabi Bhat today convened a meeting of concerned officers to review the progress of registration of left out beneficiavushman Bharat (PMJA

Dulloo reviews progress under Capex, CSS, NABARD for Animal, Sheep Husbandry and Fisheries

09: Additional Chief Secretary (ACS), Agriculture

based officers attended the meeting through video conferencing.During the meeting, detailed deliberations were held on physical and financial progress made by the Departments under Capex 2022-23 and CSSs during the current financial year.Atal Dulloo discussed activity wise capital expenditure of Animal, Sheep husbandry and fisheries departments under these schemes in Jammu and Kashmir. He laid stress on realization of targets and spending the resources strictly under the budgetary provisions. While chairing the meeting, Atal Dulloo impressed upon

SRINAGAR, SEPTEMBER Finance ASH&F, Technical the officers to gear up the effectively so that maximum He also said that the certifi-09: Additional Chief Sec- Officers, ASH&F. Jammu field staff so that substantial people are benefited from cation of Animal and Sheep

husbandrv laboratories

The meeting was informed that out of total 643545 target-ed population, 436191 beneficiaries constituting 67.78% have been enrolled under PMJAY- SEHAT scheme in the district.

On the occasion, the ADC stressed upon the concerned officers to work with added efforts and coordination and ensure cent percent coverage of the target population by 20th October. He directed the BMOs and CDPOs to extend their support to VLEs in identification and mobilization of the target beneficiaries

Block Medical Officers, Child Development Project Officers, Manager CSC and other concerned attended the meeting.

Special training imparted to **BLOs at Town Hall Handwara** Training regarding special summary revision imparted at Handwara



KUPWARA, SEPTEMBER 9: In pursuance to the directions of chief Electoral Officer J&K, a training programme regarding Special Summary Revision of Rolls 2022 of all Booth Level Officers (BLOs) and Supervisors was today held at Town Hall Handwara. On the occasion, training was imparted to 255 BLOs of 5-Handwara and 6-Langate assembly constituencies during which components of special summary revision schedule for new form 6, 6B, 7, 8, GARUDS App, Aadhaar linkage with Electoral Rolls, 100 percent photo coverage in Electoral Rolls, marking of PWDs, uploading of AMF/ EMF were discussed.

Meanwhile, ADC Handwara who is (ERO) Electoral Registration Officer Handwara, Nazir Ahmad Mir stressed upon the filed staff to ensure cent per cent enrollment of electors and purification of Electoral Roll date. Tehsildar and other concerned were also present in the training.

Production Department (APD), Atal Dulloo today chaired a meeting at Civil Secretariat here to take a review of progress made under UT CAPEX, RIDF-NAB-ARD, Centrally Sponsored Schemes and Deliverables 2022-23 being implemented by Animal/Sheep Husbandry & Fisheries (ASH&F) Departments. The meeting was attended by Secretary in Agriculture Production Department, Special Secretary ASH&F, Director Animal Husbandry Jammu/Kashmir, Director Sheep Husbandry Jammu/Kashmir, Director Fisheries, Director



progress under UT capex and other schemes can be achieved. He said that any lackadaisical approach of any officers will be dealt with strongly. He also asked them to utilise the resources

these schemes.ACS further directed the officers that coordinated efforts should be put in place so that the two semen stations in Jammu and Kashmir are certified by Central Monitoring Unit.

should be worked upon. He also said that focus should be laid on the census and insurance of livestock so that more and more people are be benefited.While reviewing the progress made on the deliverables for the year 2011-23 by the Animal & Sheep husbandry and fisheries department, Atal Dulloo directed the officers to put in strenuous efforts so that all the deliverables are met within the set deadlines. A detailed presentation was made giving a detailed overview of approved outlay and expenditure under various schemes.

Himalayan Khardungla Challenge 2022 concludes in Leh City on Himalayan Day

Leh, Sep 9, KNT: The ninth edition of the 72-kilometer-long Himalayan Khar-dungla Marathon, also celebrated as Himalayan Day, the world's highest Ultra Marathon came to a close on Friday. The finish point of the Marathon was the Leh Main Market while it kicked off from Khardung village. The Marathon was jointly organized by Himalayan, the premium mineral water brand from Tata Consumer Products Ltd (TCPL) and Ladakh Marathon to support the cause of protecting local communities affected by melting Himalayan glaciers. The Marathon was run on the route from Khardung village and back to Leh City with nearly 200 participants. Deemed one of the most challenging marathons globally, The Khardung la Marathon also happens to be one of the world's highest races starting at 17,618 feet. Nawaz Hussain emerged as the winner of the challenge by touching the finish line in 6 hours 47 minutes and 20 seconds followed by Jigmet Stobdan who touched the finish line in 6 hours 56 minutes and 35 seconds while the second runner up Tsewang Kundan reached the finish line seconds apart at 6 hours 56 minutes and 39 seconds. The three winners were felicitated by Tashi Gyalson, Chairman and Chief Executive Councilor, LAHDC, Leh and the Ladakh Marathon team at the Leh Main city.



Commenting on the success, Vikram Grover, MD, NourishCo Beverages Ltd, the liquid beverage arm of TCPL states, "We are delighted with the success of the Himalayan Khardungla Challenge 2022 and are honored to be affiliated with a cause that supports our source, the Himalayas.' Speaking on the success of the Himalayan Ladakh Marathon, Chewang Motup Goba, Founder & Race Director, Ladakh Marathon said, "The Khardungla Marathon has seen tremendous success this year, thanks to the collective support of brand Himalayan, police, volunteers, military forces, and healthcare professionals. (KNT)

Nasha Mukt Bharat Abhiyaan Student rallies, Awareness programmes, Debates, Painting competitions held across Bandipora

BANDIPORA, SEPTEMBER 09: As part of month-long 'Nasha Mukt Bharat Abhiyan', various activities including student rallies, awareness programmes, debates and painting competitions were held in different educational institutions including HSSs of Aragam, Arin, Nowgam, Sumbal, Badugam Gurez, Badugam Tulail; HS Hakhara; GHS Kaloosa; MSs of Dachigam, Kulhama , Kaloosa, Aloosa; BMS Badwan Gurez; New Land Mark Institute Hakbara Hajin and New Galaxy School Chandergeer. On the occasion, awareness programmes were held in various schools and pledges were taken to uphold the promise for eradication of drug menace in the society and encouraging a healthy lifestyle.Debates regarding Drug Abuse and its ill effects were conducted, besides, student rallies were also held by the educational institutions in which staff and a large number of students participated.

Teachers and hundreds of students participated in the rallies and raised different slogans including "Zindagi Se Rishta Jodo, Drugs Se Nata Todo" and "Say No to Drugs, Yes to Life" besides other slogans. They also carried placards denouncing the addiction to disseminate awareness among the common masses about the adverse effects of drugs.



Rallies went through streets and corners of the villages to spread information about the deadly effect of drugs on society and the importance of a healthy life.

At Hr. Secondary Aragam, the programme was organised in collaboration with the department of Ayush.During the programme Doctors from Ayush unit of Bandipora deliberated upon various ill effects of drugs.Anti - drug rally was held in Block Ganastan. It was a mega rally to create awareness on the growing menace of drug addiction.Students from GHS Ganastan, RDD Officials, DO Police post Nowgam and PRIs participated in the rally.

HT -REGIONAL NEWS /KASHMIR HEADLINES TODAY

DC Srinagar resolves land acquisition issues of various Power Sector projects

SRINAGAR, SEPTEMBER 09 : In order to resolves the land acquisition issues of various Power Sector projects in District, a meeting was today held under the Chairmanship of Deputy Commissioner (DC) Srinagar, Mohammad Aijaz Asad here in the Meeting Hall of the DC Office Complex.

Besides, Additional District Development Commissioner, Srinagar, Zahoor Ahmad Mir, Additional Deputy Commissioner, Dr Syed Haneef Balkhi, and Additional Deputy Commissioner, Faz lul Haseeb, the meeting among others was attended by Collector R&B, Assistant Commissioner, Nazool, Assistant Commissioner Revenue, Sub Divisional Magistrates of East/West, Executive Engineer, R&B CD-Ist, Executive Engineer, TLMD, Ist/4th/6th/7th/8th, all Tehsildars, Naib Tehsildars.

At the outset, the Deputy Commis-

sioner took a comprehensive review of various issues related to Revenue sector of the District including land acquisition issues of various Power Sector projects, disposal of Migrant grievances, process of issuing beneficiary certificates under PSGA, updation of backlog mutations, recoveries under PMAY-Urban, pending land acquisition, pending Mutations removal of encroachments on Kahcharai and State Land, , uploading of revenue record regarding PM-Kisan.

On the occasion, the DC stressed the officers to work with added zeal and dedication to ensure a prompt and better public delivery system in the District to ensure people are provided hassle-free services in a time bound manner.

With regard to anti-encroachment drives, the Deputy Commissioner directed the Tehsildars to submit



a detailed anti encroachment plan by Monday and launch an anti-encroachment drive on a massive scale in all the Tehsils of the District so that all identified encroached State/ Kahcharie land is retrieved from the land grabbers in a time bound manner

While reviewing the process of recoveries under PMAY-Urban, the DC asked the Tehsildars to go for a mass hearing and complete all recoveries by or before September 30.

Regarding pending land acquisition process/ROW related to notification process of transmission towers, the DC asked the collector to ensure all 27 locations are notified within set timelines and the works on ground are carried out without any hassles. The DC also emphasised on completing the target of integration of revenue related records regarding PM Kissan on the designated portal

at the earliest. He asked the officers to submit detailed information with regard to rejection of the people under PM-Kissan. The DC also stressed on timely updation of mutations in the District.

On the occasion, the DC reviewed the disposal status of migrant griev ances and instructed all the Tehsil dars to pay special thrust on the complaints registered on the portal to ensure quality redressal to the best satisfaction of the complainants.

During the meeting, it was informed that all 137 Revenue Villages of Srinagar Digitized.

The DC directed the Revenue officers to upload all backlog Mutations within their respective jurisdictions in time bound manner. The DC directed the Revenue officers to upload all backlog Mutations within their respective jurisdictions in time bound manner.

Equitable development of all remains benchmark of NC: Dr Faroog Abdullah

Jammu Sept 09 (KNS): The Jammu and Kashmir National Conference President and Member of Parliament from Srinagar Dr Farooq Abdullah on Friday said that only NC understands the aspirations of different stakeholders and that equitable development of all sections of the society in J&K has remained the benchmark of the National Conference since its inception.

This he said while interacting with a delegation of prominent members from

Azmatabad Thanamandi who had called on him at his Bathindi residence, Jammu

Exhorting the delegation members to reach out to people, he said, "We have set about a greater calling to have the democratic and constitutional rights restored. We are working on multiple levels and fronts. On one hand, we are striving to have our rights restored and on the other hand, we are raising the issues confronted by our people in terms of de-

velopment deficit and administrative inertia. "Need of the hour calls for

strengthening our ranks and taking the party vision to every doorstep. Our functionaries, delegates, and workers in Jammu, Pir Panjal and Chenab are committed and working tirelessly. We have an added responsibility of safeguarding the plural ethos of J&K. We have to work harder to protect our social fabric," he added. On the occasion congress functionaries joined the party fold. Provincial president Rattan Lal Gupta s and YNC Provincial President Ajaz Jan were also present. Those who joined NC include Sharief Khan, Md Rafiq Khan, Md Iqbal, Mushtaq khan, Md Shakel khan, Md Shakor khan, Taj khan, Masood Khan, Md Jameel, Sohail, Rehan Shakor and Khalid Ahmad. They vowed to strengthen the party on grass root level in Thanamandi. The party president hoped that the joining would benefit the party.

2-day capacity building program for artisans concludes

Srinagar September 09 (KNS): The PHDC-CI-Kashmir in association with Directorate of Handicrafts and Handloom Kashmir and with the support of Department of Commerce-Ministry of Commerce & Industry Government of India launched a series of two Day Capacity Building Programmes for the Artisans of Traditional crafts of Kashmir. In this series the first Capacity Building programme for the Artisans of Sozni Embroidery Work was conducted on 8th -9th September at Conference Hall of Numaish (Kashmir Haat) Srinagar. The programme was attended by 42-Artisans of Sozni Embroidery Work

from various areas and

craft clusters of Srinagar

District. The programme

was inaugurated jointly

by Mr Vicky Shaw, Co-Chair PHDCCI, Mr Riyaz Kawoosa Assistant Director (Publicity & Exhibitions). The resource person Ms Amina Asad, Chief Designer School of Designs highlighted on topics, importance of design in crafts, creation of refine design for export quality, New Innovative Design Development & Quality Improvement. She also showed design motifs and demonstration on various crafts that were shown to Artisans at Craft Museum. She emphasized the artisans that the Design of a handicraft product should be in accordance with the tastes and preferences of customers. She told them that the young independent designers are actively collaborating with artisans to trans-

mir by illustrating some form the aesthetic of traditional crafts to appeal efforts of Government to global consumers. Ms Non-Government and Amina gave a detailed agencies. Dr Danish expresentation covering all aspects of Sozni Art de-sign development. While concluding her session she said that the Craft is quite literally a spiritual journey that can lead to the development of skills, confidence and the joy of being someone who can create. It's very tempting to see craft as a skill and skill alone, after which you go out and get a job. In fact, to engage in a craft is to take on a practice and a lifelong Dr Danish Assistant professor Department of Management Studies IUST University made

plained in detail to the artisans that the growth of e-commerce platforms particularly online marketplaces has activated avenues for artisans to connect with patrons. He gave examples how in other parts of country artisans upload their products online with pictures on various social media platforms, along with pricing details and design specifications. In his lecture he told that the seasoned artisans may hesitate to embrace technology but does not lack will as they take assistance from younger family members. Many craftsmen took advantage of the difficult times to reinvent themselves online, enlisting.

Srinagar Smart City project confined to papers, media dazzle: Tanvir Sadiq Says people of Srinagar living a never ending nightmare

added

Srinagar Sept 09 (KNS): The Jammu and Kashmir National Conference on Friday said the Srinagar Smart city project has failed to live up to its hype and the pressing issues continue to remain unaddressed.

Party's Chief Spokesperson Tanvir Sadiq said this while expressing concern over the massive urban mess, the city of Srinagar finds itself in. "Projects which did not see the light of the day are smart parking clean ng of water bod

ies, solid waste management, affordable housing, and improving basic public utility services. It will not be wrong to say that the Srinagar smart city project is only confined to papers and media dazzle,' he said.

The Project, he said, is yet to acquire a definite shape for want of proper vision and strategies. "There are just cosmetic works that are being carried out. There has been hardly any headway towards improvto the issues faced by our r supply, disposa ing wat urban masses in

of waste, sanitation in-Solutions have to be cluding solid waste manreached by wide ranging agement, efficient urban consultations. Therefore, it is imperative for the govmobility and public transport, affordable housing, ernment to work towards especially for the poor," he that direction and retrieve the city from the unexam-He said that the cosmetic pled development deficit and ill-planned concretiit finds itself in. There is zation of the city will only a crisis like situation in increase the vulnerability Srinagar. This has to end. Our people deserve better of the city to weather vagaries. "It is important to services and environment have all the stakeholders for living a better life, like on board. There are no their counterparts in othcustom made solutions er parts of the country," he

said.(KNS)

JK BJP to launch Seva Pakhwada Fortnight of Service) from Sept 17

journey.

an attempt to highlight

the role of E-commerce

in the development of ar-

tisans in India and Kash-

Srinagar Sep 09 (KNS): National General Secretary & J&K incharge Tarun Chugh along with J&K BJP General Secretary Sunil Sharma chaired an meeting of "Seva Pakhwa-

to hold several events till with party state office October 2, Gandhi Jayanti bearers and senior leaders at Srinagar, to take stock-.Chugh said that the Campaign will also be run to of preparations for"Seva Pakhwada" starting from promote tree plantation September 17, which will and cleanliness, as well be Prime Minister Narenas make people aware of ter and Blood donation camps and health checkup camps will also be organised.BJP leaders have been asked to propagate the welfare schemes of the Modi government and also

POONCH, SEPTEMBER 09:

Deputy Commissioner Poonch,

Inder Jeet discussed the

activities under Special

Summary Revision with

political party representatives

regarding Special summary

The meeting was attended by Assistant Commissioner

Revenue, Zaheer Ahmed Kaifi;

Deputy Election Officer, Gurpinder Singh; SDM

Mendhar, Jahangir Khan; SDM

Surankote, Naheem Un Nissa

Bhatti; Election Naib Tehsildar,

Zulfkar Malik, besides district

president, representatives of

Summary Revision 2022.

revision of electoral rolls.

dra Modi's 72nd birthday.

the need to conserve wapublicise the messages

Nidhi Aapke Nikat" for September 2022 conducted by EPFO Jammu Regional Office

Twenty-Nine Visitors from across J & K attend Outreach Programme from 9.45 AM to 5.00 PM

JAMMU, SEPTEMBER 09: "Nidhi Aapke Nikat" and "Pension Adalat" for the month



of September, 2022 was conducted by EPFO Regional Office, Jammu today from 10:30 AM for the stakeholders of Jammu & Kashmir

The EPFO is servicing the entire area $from Jammu\,\& Kashmir and Ladakh with$ regard to settlement of claims, redressal of grievances, and facilitating stakeholders and so on. Considering the large number of grievances and to ensure service delivery at doorstep, various online initiatives of EPFO such as balance enquiry, filing of online claims including transfer and advance claims and members' basic details with hands-on were explained demonstration.

Ratan Lal is working with M/s Raptor Services and had worked earlier in BD Security, attended Nidhi Aapke Nikat. His online claim (form-13) was submitted from Office which has been approved by his previous Establishment M/s B D Security. Joint Declarations of Ramesh Kumar and Darshan Lal were processed by Subhash Chandra, SSSA immediately (members had grievances for the previous few months). Chetan Sharma's claim was rejected earlier as Bank Account detail was not properly matching. His undelivered many occasions) within five minutes.

amount was returned in his PF Account vesterday.

He was advised to submit his online claim immediately. The Joint Declaration of Pawan Kumar was processed within fifteen minutes at all levels. The JD was initiated by Chiranji Lal Sharma, verified by Rajan T, DPA and finally approved by Rizwan Uddin, P F Commissioner. Mohammad Shariffrom CAPD, Poonch approached P FCommissioner, whose UAN was provided to him (searching the same through his Aadhar in Computer System). Mohd Rafiq from CAPD, Poonch also visited and his UAN was provided, as obtained telephonically from their Employer. Arjun Dev Singh ex-employees of Exide Life Insurance visited with old PF details. His details got verified through JKEPFO and he was provided his UAN, and a Joint Declaration was provided to him to get it submitted to his Establishment in Bengaluru. The above JD will be received through e-mail and processed. M/s Qurat -Ul-Ain Shah, who had worked in Narayana Hospital, Katra came all the way from from Bhaderwah. Her J D was processed immediately within twenty minutes at all levels. Rajander Kumar, SSSA initiated the formation of the system. Passbook of Abdul Lateef(who was not able to see the same) of M/s Peregring Guarding Pvt Ltd was provided. Veena appeared from Ambedkar Convent School, Bantalab for User ID and Password, which was provided to her to enable the School to remit monthly PF contributions. Jeevan Pramaan of two pensioners namely-Janak Raj and Shakti

Pandita were processed by Ms Kanchan, DEO. $Rekha Jamwal from \, M/s \, G \, D \, Goenka \, School$ appeared along with her old grievance, whose joint declaration was processed by Sanjeev, SSSA (who has already processed more than five hundred claims a day on

DC Poonch discusses special Summary **Revision with political representatives**

The DDC directed the EROs The Deputy Commissioner

political parties. The meeting discussed the process regarding Special maximum enrolment. as electorate. "Any person of 18 years is to be enrolled as an elector in the Electoral Roll' he added. The meeting was told that the

Sarpanchs about registration

Summary Revision was scheduled to start on September 15,2022 and continue till October 25, 2022 and people can file their claims and objections in the Electoral roll to rectify or enter their names.

Special camps at Polling Stations will be held on September 24, 2022 (Saturday), 25.09.2022(Sunday), 01.10 2022(Saturday), October 2, 2022 (Sunday), October 15 10, 2022(Saturday) and October 16, 2022 (Sunday). Disposal of claims and objections.

asked the political leaders, EROs and AEROs to work in close coordination and carry out & AEROs to create awareness in coordination with Panchs,

Div Com reviews repair, maintenance of Jammu city roads Directs for speeding up renovation works for timely completion

JAMMU, SEPTEMBER 09: Divisional Commissioner, Jammu Ramesh Kumar today reviewed the repair and maintenance of Jammu city roads here at a meeting with concerned officers.

The meeting was attended by Commissioner JMC, Rahul Yadav; VC JDA, Pankaj Magotra; SSP Traffic, Koushal Sharma; Deputy Director Planning, Munish Dutta; besides Superintending Engineers of PWD, UEED and other concerned officers, while DC Jammu participated in the meeting through video conferencing.

The Div Com took serious note of slow renovation work of important city roads and directed the concerned departments to expedite the pace to avoid inconvenience to the commuters.

While inquiring about the status of work on university road, the Div Com directed the UEED, Smart City and PWD to expedite the work on drains, tile laying and maintenance by executing work in double shifts .

The SE PWD informed that the tender has been floated

and the blacktopping work of the road would be started soon.

The Div Com also directed PWD for repair of Gujjar Nagar Bridge and speed up ongoing work on Bikram Chowk bridges.

The UEED was also instructed to expedite the pace of work on all the sewerage, drainage projects being executed in the city and complete all the works in a time bound manner.

The Jammu Smart City Ltd was asked to speed up ongoing works of tiles, footpaths

in Gandhi Nagar and other areas.

The Div Com asked DC Jammu to constitute a team of officers from PWD, JMC, Traffic for conducting survey of all the main roads and internal roads where the repair work is required. The committee will submit its report within 3 days.

The Div Com directed for proper maintenance of roads, bush cuttings, carrying out drain clearance operations and resolving parking issues in the city.

HEALTH SRINAGAR, SEPTEMBER 10, 2022 SATURDAY THE BEST MILK SUBSTITUTES FOR **HEALTHY BLOOD SUGAR**

ilk is a must for topping off your morning cereal, creating clouds in your coffee, and slurping down a mouthful of peanut butter. However, dairy has a dubious reputation. Some of us are old enough to recall all those tales about how drinking milk will keep us healthy and strengthen our bones, among other things. However, there has recently been some discussion about this concept if you have diabetes. This traditional beverage contains carbohydrates, which might alter your blood sugar levels. As a result, many individuals are starting to eat a plant-based diet or continue using dairy substitutes.

LIENNA MAY

Tracking your liquid and food intake with a HealthifyPro 2.0 BIOS can help determine if milk intake increases blood glucose levels disproportionately. A common mistake is to replace animal milk with nut milk or soy milk without considering the quantity. It is always a good idea to check with your nutritionist before adding a copious amount of full-fat plant-based dairy to your diet. With the help of Healthify-PRO 2.0, the HealthifyMe coaches can help you create better, more individualised diet programs based on real-time data and AI support. The coaches study the trend in blood glucose fluctuations over a stipulated period. As a result, the dietary interventions are unique to you and designed specifically for your needs.

Is Milk Beneficial for Diabetes?

Milk can benefit your health, as with most things, when you consume it in moderation. But, naturally, each person's body reacts differently to various foods. Therefore even though it contains a significant amount of carbohydrates, there is no universally applicable rule here.

You should be aware that not all milk varieties are healthy for people with diabetes. The type of milk matters, and how much you drink also impacts your blood glucose level. Furthermore, despite its impact on glucose levels, milk has an excellent nutritional value and contains essential components for a balanced diet. For instance, diabetes increases a person's risk for osteoporosis. Milk contains calcium which supports strong bones. Thus, it may be beneficial for a few diabetics to consume milk

Since cow's milk contains carbohydrates, patients with diabetes should be careful when determining how much of it to consume. Some milk varieties, such as skimmed milk, have fewer carbohydrates which makes it a better option for people with diabetes. However, keep in mind that due to their quicker absorption, low-fat foods and drinks, such as skimmed milk, might cause an increase in blood sugar levels. Therefore, monitoring your blood glucose levels is crucial to deciding which milk is best for you.

by the body. The sugar found in milk is additional health issues from excessive important. known as lactose. Your body converts cholesterol and blood sugar. One can lactose into glucose and galactose for avoid the continued development of energy, which raises your blood sugar levels

The Effect of Milk on Type 1 Diabetes

The prevalence of type 1 diabetes is higher in youngsters, and children who drink large amounts of products made from cow's milk. The casein protein family consists of four subgroups: alpha-S1, alpha-S2, beta, and kappa caseins. Whey proteins are different from milk proteins. Therefore, one crucial environmental factor, the A1-casein protein, may account for the significant increase in type 1 diabetes cases and the different prevalence rates.

It does not rule out the possibility of other dietary triggers, such as gluten/ prolamins and bovine insulin in infant formula made from cows' milk. As per a study, it affects the development of insulin autoantibodies in infants fed a traditional cow's milk-based formula before three months.

The benefits of exclusive breastfeeding may be lost if the mother adds cow's milk formula to the breast milk or if the duration of breastfeeding is too short. Children should be off cow's milk formulas until their first birthday. Exclusive breastfeeding is considered protective against type 1 diabetes in early infancy

The Effect of Milk on Type 2 Diabetes

There is contradictory research regarding whether consuming full-fat milk lowers the chance of developing diabetes. For instance, a study involving postmenopausal women who had not yet gotten a diabetes diagnosis had low diabetes risk due to a diet low in full-fat dairy products. However, at the same time, a study revealed that consuming more full-fat dairy products is linked to a lower risk of developing diabetes. Therefore, the researchers concluded higher full-fat dairy food intake had a lower risk of type 2 diabetes.

Milk's significance in the prevention of type-2 diabetes appears to be owing to its calcium, vitamin D, fatty acids, and proteins, though the exact pathways are still unclear. There are various considerations when deciding which sort of milk is best for someone with Type 2 diabetes. Instead of focusing on

issues like heart disease, kidney disease, etc., with a balanced diet. The secret to managing your blood sugar levels is portion control. It is crucial to consume each food category in the right amount.

High levels of triglycerides or cholesterol in the blood are typical in people with diabetes. It's crucial to monitor your diet's trans and saturated fat intake. Some patients with diabetes may also be more prone to bone fractures. A calcium-rich diet can help support strong bones. You can achieve this by regularly consuming milk. Including calcium-rich dairy in your diet requires some careful planning. An excellent start is to develop a meal plan, especially for people with diabetes.

Whatever you choose, consider starting each meal with 45 to 60 grams of carbohydrates. This total should account for all the carbohydrates consumed from your foods that day. Then, check the food labels and choose unsweetened or low-added sugar foods

The Best Milk Alternative For Diabetics

Here are the best milk substitutes for anyone watching their intake of carbohydrates.

Cashew Milk

One of the most straightforward milk to make at home is cashew milk, formed from a combination of cashew nuts or butter and water. The flavour is sweet, subtly nutty, creamy and rich. It has a much lower calorie count than cow's milk, half as much fat, and much less protein and carbs. Therefore, it is a good choice for those who must watch their carb intake, such as those with diabetes, due to the low carbohydrate and sugar content.

Nutritional Facts

cashew milk contains: Energy: 10 Kcal Protein: 9.42g Fat: 0.83g Carbohydrates: 0.83g Sugar: 0g Fibre: 0g Calcium: 188 mg Iron: 0.15mg

Nutritional Facts According to the USDA, 100 ml of hemp milk contains: Energy: 33 Kcal Protein: 0.83g Fat: 3.3g Carbohydrate: 0.42g Sugar: 0g Fibre: 0g

Iron: 0.45mg

Coconut milk is made from brown coconut's white flesh and water.

It is a more diluted variety of the kind of coconut milk with a creamy texture and a sweet but delicate coconut flavour. However, coconut milk has a third of the calories, half the fat, and much less protein and carbohydrate than cow's milk. So it might not be the ideal choice for people who need more protein, but it would work for people who want to consume fewer carbohydrates

In addition, over 90% of the calories in coconut milk are from saturated fat, including medium-chain triglycerides (MCTs), a form of saturated fat that may aid with appetite control, weight loss, and blood cholesterol levels more than other fats as per a research.

Nutritional Facts According to the USDA, 100 ml of oconut milk contains: Energy: 150 Kcal Protein: 1.67g Fat: 15g

Carbohydrate: 1.67g Sugar: 1.6g

Almond Milk

Almond milk is made using whole almonds, almond butter, and water since it is dairy-free and lacks lactose According to the USDA, 100 ml of and milk protein, which some individuals must avoid. Due to its light texture and mildly sweet and nutty flavour, it can be added to coffee and tea, blended into smoothies, and substituted for cow's milk in desserts and baked goods It is substantially lower in protein and Conclusion carbohydrates, has significantly fewer

Soy Milk

Soy milk is manufactured with either soybeans or soy protein isolate. It frequently incorporates thickeners and vegetable oils to improve taste and consistency. As a result, it usually has a mild and creamy flavour. It is a near non-dairy alternative to cow's milk regarding nutrients. Soy Milk has around half the calories, lipids, and carbohydrates but about the same amount of protein.

It is also one of the few sources of high-quality "complete" protein derived from plants and contains all the necessary amino acids. Consuming soy products has been associated in one study with better glucose tolerance. Read the labels carefully and always choose an unsweetened variety of soy milk to avoid excessive sugar that can raise your blood sugar levels.

Nutritional Facts

According to the USDA, 100g of soy milk contains: Energy: 33kCal Protein: 2.8g Fat: 1.6g Carbohydrate: 1.6g Sugar: 0.41g Fibre: 0.4g Calcium: 123mg Iron: 0.44mg

Flax Milk

The best source of Omega-3 is flax seeds, and a novel method to get your daily omega-3 fix is dairy-free flax milk. Calcium, protein, and vitamins K and D are added to the dairy alternative to support strong bones and teeth. Almost every recipe that asks for dairy or plantbased milk can get substituted with flax milk, including those for smoothies and baked goods. This particular milk helps individuals feel fuller for longer and has no cholesterol or lactose, which can help lower blood sugar levels.

Nutritional Facts

According to the USDA, 100ml of flax milk contains: Energy: 10 Kcal Protein: 0g Fat: 1.04g Carbohydrate: 0.42g Sugar: 0g Fibre: 0g Calcium: 125mg Iron: 0.15mg

The HealthifyMe Note

When choosing between skim and 2% milk, the most significant milk aisle decision is long gone. Alternative milk options are more plentiful than ever. Always make sure to look for something unsweetened! Always check the labels, as each type of plant-based milk has slightly different ingredients and somewhat different nutritional profiles.

Cow's milk is a common food source calories and fat than cow's milk, and is for many people. However, there are a natural source of vitamin E, a class of several situations where you might

BRIEFLY NEWS

Antibiotics are major disruptors of gut microbiota, says study

HEADLINES TODAY

team o f A researchers has discovered that early life exposure to antibiotics



05

has long-lasting effects on the nervous system and can lead to gastrointestinal issues.

The study observed that antibiotics given to neonatal mice have these long-lasting effects which result in disturbed gastrointestinal function, including the speed of motility through the gut and diarrhoea-like symptoms in adulthood.

"Our study shows that antibiotics given after birth could have prolonged effects on the enteric nervous system. This provides further evidence of the importance of microbiota on gut health and could introduce new targets to advance antibiotic treatment to very young children," said Jaime Foong, the University of Melbourne in Australia.

The team gave mice an oral dose of vancomycin every day for the first 10 days of their lives and reared them normally until they were young adults, according to the study published in the Journal of Physiology.

Their gut tissue was looked at to measure its structure, function, microbiota, and nervous system.

"It was found that changes were also dependent on the sex of the mice. The females had long whole gut transit and the males had lower faecal weight than the control group. Both males and females had greater faecal water content, which is a diarrhoea-like symptom," revealed the researchers.

Although mice have many similarities to humans, they are born with immature guts and have accelerated growth due to their shorter life spans.

The researchers will be doing further studies on the mechanisms of antibiotics on the gut and the causes of the sex specific actions, and if early life antibiotic use has effects on metabolism and brain function.

Vitamin deficiency: Lack of THIS sun compound can cause insomnia

you are mindlessly scrolling through your mobile till late at night is a recurring issue there seems to be some problem



with your sleeping cycle. Lack of sleep or insomnia can keep one awake even if the body is tired, causing a dip in concentration and productivity.

What causes insomnia?

While there are lots of factors responsible for chronic sleeplessness, like stress, a sedentary lifestyle, erratic work hours, or an ailment, a deficiency of minerals can also be one of the major causes.

One of the major causes is not spending enough $% \left(f_{i}, f_{i$ time in sunlight. Lack of vitamin D can elevate certain medical conditions like hyperthyroidism, increase in metabolic rate, and many other issues.

How does vitamin D help in sleeping soundly?

It has been found in various studies that vita-



Calcium: 125mg **Coconut Milk**

Milk's Impact on Blood Sugar

Blood sugar or glucose levels are essential for maintaining optimal metabolic health. When your body breaks down carbohydrates in your digestive tract, glucose gets created. Hyperglycemia is a condition when there is an excess of glucose in your bloodstream. Conversely, hypoglycemia is a situation of insufficient amount of glucose in the body.

The quantity of sugar consumed immediately affects blood glucose levels. Your body converts carbohy-

your fat intake, pay attention to your Hemp Milk carbohydrate intake.

Dietary Guidelines For Diabetics Regarding Milk Consumption

Regardless of the type of diabetes you have, it's crucial to control your sugar intake. Because sugar is a carbohydrate, counting carbohydrates is frequently advised for people with diabetes

A balanced diet is crucial, containing the proper amounts of carbohydrates, proteins, fats, vitamins, mindrates into sugars to be utilised as fuel erals, and fibre. It helps prevent any ened varieties if you consider this to be

Cannabis sativa hemp plant seeds make hemp milk. Hemp milk has a thin, watery texture with a slightly sweet and nutty flavour. It functions well as a substitute for lighter milk and has about half the calories and protein of cow's milk while having a similar fat level. It has far fewer carbohydrates as well. Unsweetened hemp milk is a fantastic alternative because it has a meagre carb count for people who want to reduce their carbohydrate intake. Avoid sweet-

antioxidants that help protect the body need to avoid cow's milk. In case of from disease-causing agents known as free radicals.

Nutritional Facts

According to the USDA, 100 ml of almond milk contains: Energy: 12 Kcal

Protein: 0.31g Fat: 0.3g Carbohydrate: 0.62g Sugar: 0g Fibre: 0.3g Calcium: 185mg Iron: 0.33mg

diabetes, it's crucial to monitor your milk intake. Fortunately, as was already indicated, there are plenty of excellent choices. Make sure to select unsweetened products and stay away from additional sugars while making your selection. Additionally, confirm that your non-dairy milk is fortified with vitamin B12 and calcium. Finding the best replacement may take some time because of the wide variations in taste, nutrition, and price of various substitutes.

COURTESY: HEALTHIFYME

min D receptors are found in certain areas where the brain controls sleep. These receptors are said to hypothesize your level of vitamin D that affects sleep by binding to these receptors.

What are the sources of vitamin D?

Apart from exposure to the sun, there are many ways to increase Vitamin D in your body. The ultraviolet rays of the sub react with molecules in your skin and synthesise Vitamin D.

Apart from the sun, other sources of vitamin D are found in fatty fish like salmon, tuna, mackerel, fortified cereal, and dairy products, etc.

10 Amazing Benefits Of Sugarcane Juice

ALPA MOMAYA

here's nothing better than a chilled glass of sugarcane juice on a hot summer day. But, have you wondered what are the benefits of sugarcane juice? Sugarcane, a grass plant that can be found in 36 varieties, has no fats and is a 100 percent natural drink

An 8-ounce serving, approximately 240 ml of sugarcane juice (with no additives) contains 250 calories, with 30 gm natural sugars. It has zero content of fat, cholesterol, fiber, and protein but contains sodium, potassium, calcium, magnesium, and iron.

You would think that this sugar-rich drink is a popular summer drink that keeps you hydrated. However, it has numerous health benefits but we've rounded up 10 of them for you

Nutrition Information of Sugarcane Juice

One serving (28.35 grams) of sugarcane juice contains. Calories: 113.43 Protein: 0.20 grams Fat: 0.66 grams Carbohydrates: 25.40 grams 10 Health Benefits of Sugarcane Juice

1. Gives you a shot of instant energy

There's a reason sugarcane juice sells at most roadside kiosks in summer. It's the best way to energize yourself and ensure you don't experience dehy-



dration. The simple sugars in the juice related ailments such as jaundice. are easily absorbed by the body and are used to replenish sugar levels.

2.Enhances liver function

Sugarcane juice is said to be one of 3. Help the body fight cancer the best natural treatments for liver-

Studies finds sugarcane juice is alkaline in nature, it helps in maintaining the electrolyte balance in the body

The high concentration of calcium,

magnesium, potassium, iron, and manganese makes sugarcane juice alkaline in nature.

body stave off cancerous cells, especially prostate and breast cancer.

4. It eases the digestive system

Among other benefits of sugarcane juice it also is exceptional for people suffering from digestive distress.

The potassium in sugarcane juice balances the pH levels in the stomach, facilitates the secretion of digestive juices, and keeps the system on track. 9. Keeps bad breath & tooth decay at bay It also helps prevent stomach infections.

5. Helpful for people with diabetes

Though the high sugar content in sugarcane juice may make diabetics wary of consuming this juice. But, in moderation, sugarcane juice can benefit diabetics, the natural sugar has a low glycemic index that prevents frequent to the deficiency of these nutrients. spikes in blood glucose levels.

6. Maintains kidney health

Being a natural low-cholesterol, lowsodium food, with no saturated fats, sugarcane juice helps to keep the kidneys in top shape.

7. It alleviates pain associated with STDs & UTIs

If consumed in a diluted form, with lime juice and coconut water, sugarcane juice can help reduce body inflammation that can be caused by sexually transmitted diseases, urinary tract infections, kidney stones, and prostatitis

8. Aids in the development of bones and teeth

Back in the day, chewing on a sugar-

cane stick used to be a regular pastime for young children and adolescents.

Apart from keeping them occupied, the calcium-rich benefits of sugarcane juice also ensures proper development of the skeletal system, bones, and teeth.

Experiencing bad breath linked to tooth decay? Sugarcane juice can be your saving grace.

Sugarcane is rich in minerals, including calcium and phosphorus, and also helps build tooth enamel and strengthen teeth, ensuring they are prone to decay. It also overcomes bad breath caused due

10. Can help cure acne

Topical use of sugarcane juice has the ability to help reduce and cure skin problems such as acne. Since, sugarcane juice contains alpha-hydroxy acids (AHAs) like glycolic acid, it increases cell turnover.

They also exfoliate the skin, eliminating chances of acne buildup. Simply mix the juice with Fuller's earth (multani mitti) into a mask-like consistency. apply on the face and neck and leave on for 20 minutes. Finally, wash off with cool water. The sugar contained in sugarcane juice is natural, but keep in mind that it is essentially sugar. Consume this healthy beverage in moderation and run it past our Coaches if you suffer from a medical condition.

COURTESY: HEALTHIFYME



The presence of flavonoids helps the

EDIT HEADLINES TODAY

HEADLINES TODAY EDITORIAL

High frequency flash-floods

Ithough there is variation in scale of dev-astation due to flash floods, the frequen-Aastation due to flash noous, the nequelity has increased recently. Many lives have been lost while damage to property has been on large scale with vehicles and bikes washed away at many places and residential houses and household goods suffering deterioration due to entry of gushing waters. The tragedies which unfold also frame different imperatives including reexamining the ways in which mountains and high-altitude regions are infringed upon or development activities carried out. In fact, these incidents are a call to the scientists and academicians to investigate the numerous nuances of regions glaciology and to policymakers to be abreast with such research while taking decisions that impact fragile ecosystems. The assessment of flood prone areas of the country has been carried out by different expert committees in the past but there is urgent need for specific measures and appraisal concerning this region. Pertinently the Rashtriya Barh Ayog in the year 1980 estimated the total area liable to floods in the country as 40 million hectare (mha). The extent of maximum area affected by floods in any year during 1953-2010 as per the Working Group Report (year 2011) on Flood Management and Region Specific Issues for XII Plan is 49.815 mha including 0.514mha in Jammu and Kashmir. In the present scenario, flood management including erosion control measures need to be revised. Prominently, flood management and anti-erosion schemes are formulated and implemented by local Governments as per their priority. Various measures need to be revisited. While conventional flood control including reducing flood flows by diversions work at times, flash floods happen in a jiffy and as such measures against them need to be worked out on scientific basis for the areas prone to it. There is also need to work as regards non-structural measures including facilitating timely evacuation of the people and shifting of their movable property to safer grounds by having advance warning of incoming flood through setting up a flood forecasting system. There is as such the need for putting in place an integrated flood management approach to provide a reasonable degree of protection against damages. There should be more investments in forecasting systems in order to provide more lead time to the local authorities to plan evacuation of people and take other remedial measures.

Indian Fisheries: March to Prosperity



'fish' finds a prominent place, not just in the cycle of evolution, but in the stories of all major ancient civilizations as well. Our Puranas talk about the Matsyavatara, the first incarnation of Lord Vishnu. The beautiful Sangam literature of ancient Tamil Nadu vividly describes the life of fishermen and the curved boats (Akananuru). Indus Valley excavations lead us to appreciate the prevalence of fishery related activities in ancient India. India with its extensive coastlines and mighty rivers is endowed with rich fishery resources, and the fish and fishermen have, since the beginning, occupied a central place in our culture.

After independence Indian fisheries developed at varying pace and directions depending on the initiative, priorities and resources of the respective States. With little involvement or investment from Centre (Reports indicate that total Central Government Releases for fisheries sector as low as Rs 3682 crore since independence till 2014) neglected. The brave Indian fishermen continued to venture into the oceans, on the rickety boats, with little support in terms of insurance, safety kit, credit facility, post harvest and marketing support. After 67 years of Independence, the sector which was an important source of food, nutrition and livelihood to crores of Indians, was

left adrift like a rudderless ship in open seas.

The problems were numerous, and issues inexhaustible. In 2014. the people of India, fed up with corruption, policy paralysis of the then government, took a decision and elected a decisive government at the Centre , under the dynamic leadership of Narendra Modi, a pain of this sector, and the pulse of the nation.

that Modiji did was, he brought the focus of the Centre back to the Fisheries sector. The last eight years have seen rollout of investments worth more than Rs 32000 crores in the form of Blue Revolution Scheme, Fishery and Aquaculture Infrastructure Development Fund and Pradhan Mantri Matsya Sampada Yojana (PMMSY), apart from

many other initiatives. These steps removed the bottlenecks and unshackled the sector, following the mantra of 'Reform, Perform and Transform'. This ensured phenomenal growth in

lakh tons in 2014-15 to 161 lakh tons in 2021-22. The fisheries sector grew at an average annual growth rate of 10 % in the first five years of Modi Government, as against 5.27% from FY2009-10 to 2013-14.

Fulfilling his election promise, Prime Minister Modi created a separate Ministry for Fisheries, Animal Husbandry and Dairying, for more focused and holistic development of fishery sector. In 2020. the Prime Minister announced the the highest ever investment of Indian Fisheries at Rs 20050 crore, through the Pradhan Mantri Matsya SampadaYojana (PMMSY), as a part of Atmanirbhar Bharat. The PMMSY is proving to be the main driving force to take Indian leader, who could understand the fisheries to new heights. The scheme, by 2024-25, envisages to increase the production, produc-First and the foremost thing tivity and exports of fishery products exponentially. It also envisages to reduce post-harvest losses significantly, and to increase the fish consumption in India.

The reforms and initiatives have seen core infrastructure development and modernisation in Indian fisheries, especially the push for new fishing harbours/ landing centres, modernisation and motorisation of traditional fishermen crafts, deep sea going vessels, provision of post-harvest facilities, cold chains, clean and hygienic fish markets, two wheelers with ice boxes and many more.

Indian Fisheries remained hugely India's fish production, from 102 Fishermen are provided with insurance cover, financial assistance and a facility of Kisan Credit Card as well.

Ease of doing business is rigorously being pursued. The Digital India has drastically reduced the processing time for obtaining Sanitary Import Permits(SIPs), from 45 days to just 48 hours. The requirement of SIPs for import of SPF Shrimp Broodstock from approved sources has been done away with, helping hundreds of shrimp hatcheries. The government also reduced import duty on many inputs required for shrimp aquaculture, thus helping to pro-

mote their exports. Our fishermen are our pride Modi government has been continuously working, with the motto of 'Seva, Sushasan and Gareeb Kalyan' for the welfare and empowerment of fishermen and women. The sector is being diversified. Now, women from Tamil Nadu are working for seaweed cultivation, while those from Lakshdweep develop Ornamental Fisheries. Our Assamese fisher-men can develop river ranching in Brahmaputra, while Andhra entrepreneurs show strong results in aquaculture, getting more crop per drop. Young women entrepreneurs from the Kashmir valley are setting up cold water trout units.Saline lands of

Haryana are being productively used for fisheries, converting waste lands into wealth lands.

New Start-ups in aquaculture are attracting talent, technology, finance and entrepreneurial spirit to the fisheries, ushering in, a silent social revolution too. A glorious sub-chapter of Indian fisheries, in the form of aquaculture is being scripted currently, catapulting India to a leading position in global Shrimp production and exports. India has become 2nd largest aquaculture producer, 3rd largest fish producer, and 4th largest exporter of fish and fisheries products taking Brand India from 'Local to Global'

With the bottlenecks removed, technology infused, welfare redirected to actual beneficiaries. entrepreneurial spirit encouraged and women empowered, Indian Fishery has broken away from the shackles that bound it for more than six decades since independence. With ' Sabka Sath , Sabka Vikas, Sabka Vishwas and Sabka Prayas', the eight years of Modi government have laid a strong foundation of Indian Fisheries. Today, as we celebrate the second anniversary of PMMSY . the Indian Fisheries has already started its march towards glorious days ahead. From here, it can only grow higher, generating more income and happy smiles for our fisher brothers and sisters.

Union Minister of State for Fisheries, Animal Husbandry, and Dairying, And Information and Broadcasting.

CELEBRATING 2-YEARS OF PRADHAN MANTRI MATSYA SAMPADA YOJANA: BUILDING **MOMENTUM FOR 'NEELI KRANTI SE ARTH KRAN'** is inspiring to share that practices, and support bio-



isheries, an emerging ť sector amongst the primary producing sectors, plays a crucial role in socio-economic development of our country, especially of the rural India Considered as a 'sunrise sector'. it envisages to bring in mammoth potential in an equitable. responsible, and inclusive manner. The sector employs Revolution' approximately 28 million fish farmers and fishers in the at the primary level and almost twice the number along the fisheries value chain

Foreseeing the huge scope est ever investment of Rs of development, Prime Min- 20,050 Crore in the Indian ister Shri Narendra Modi, fisheries sector. PIMMSY in Dec 2014, called for 'Blue was launched by Hon'ble Revolution' in the Fisher- Prime Minister, on 10 Sep ies sector and took several 2020 under the Atmanirbhar measures to harness the Bharat package, aiming to potential of fisheries in a double the income of small sustainable way. Some of and artisanal fish farmers. the key Central measures It aims to transform the include: (i) Creation of sector holistically, focusing Separate Ministry of Fish- on production & productiveries, Animal Husbandry ity growth, increased domes-& Dairying, (ii) Formation tic consumption & export of Department of Fisheries earnings, and reduced postwith independent adminis- harvest losses. It gives me trative structure, (iii) Policy immense pleasure to write Rs 8562.72 crores for the reforms initiatives (iv) this column today as we

Creation of Fisheries and complete two years from the Aquaculture Infrastructure launch of PMMSY. Development Fund (FIDF) in To enhance the fish production and reduce FY 2018-19 worth Rs. 7,522.48 crore, to address critical post-harvest losses, uptake infrastructure gaps. So far, of modern aquaculture, proposals worth Rs. 4923.94 have been recommended

fishing harbours and 16 fish landing centres in Tamil

along with 25 proposals from pri-Building scheme, the GoI

a & when he are the second sec capture fishing and post-

the fish production has conversation, PMMSY has increased from 141.64 lakh introduced sea and river tonnes during 2019-20 to ranching programme, as 162.53 lakh tonnes, as on special sub-activity. date.

On the other hand, India's fisheries exports stood all on strategic interventions time high at Rs 57586.48 crores. Indian export market is dominated by shrimps particularly by L. van-TOIPNA namei. To achieve target of the achieving exports worth Rs 1 lakh Crores under PMMSY. the Department has been focusing on diversifying the export basket by increasing production and

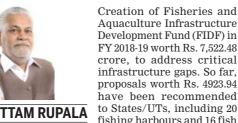
quality of tilapia, trout, pangasius, cobia, pompano, and many other species.

PMMSY provides 60% subsi-The sector-wise activities and projects sanctioned

young entrepreneurs to come forward and offer solutions through technology interventions in the fisher ies sector

To facilitate the access to PMMSY aims to emphasize institutional credit & meet working capital requirements, the GoI has extended KCC facilities to fish farmers from FY 2018-19. To saturate the eligible fishers, KCC national level campaigns are being organized across the Park building, Fisheries country in close association with Ministry of Finance and State departments.

Towards boosting domes PMMSY puts special tic consumption, National emphasis on employment Fisheries Development Board (NFDB), nodal agency generation for women. for PMMSY implementa-SC/ST communities by providing alternate livelition has been supporting hood opportunities such in organizing fish festivals. culinary seminars, expoas seaweed cultivation, ornamental fisheries, and sure visits in various states other associated activities. to highlight the nutritional Women in fisheries are benefits, especially for the instrumental and therefore, women and children. Adding to these, the Department has dies to women beneficiaries, released a coffee table book named Fish & Searood pes' on 10 August 2022. With many such interventions including policy reforms and specific measures in pipeline, the GoI has been simultaneously making efforts to develop the Indian fisheries sector towards becoming global leader in sustainable fisheries and aquaculture sector.



Nadu, Gujarat, Maharashtra, Odisha & Andhra Pradesh, vate beneficiaries worth Rs. 120.23 crores. on the success of 'Blue launched its flagship scheme Pradhan Mantri Matsya Sampada Yojana PMMSY, with the high-

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tises are essential. For this, PMMSY lays special focus on skill and capacity building of fishers, fish farmers and other stakeholders to address their training requirements.

PMMS

across the country, the scheme has got overwhelming response from all States/ UTs, and during the last two vears, the Department has sanctioned projects worth

sectoral development. It

till date have generated lakh beneficiaries directly, and over 9.7 lakh beneficiaries across the value-chain. the Central assistance of Being implemented has provided livelihood & supporting a total of 37,576 nutritional support to total 6,77,462 marginalized fish farmers' and their families

> during the fishing ban/ lean period. To augment and replen- a separate fund of Rs. 100 ish fish production, promote sustainable fisheries

including special benefits to employment for around 3.5 women entrepreneurs and collection of 75 gourmet reciencourage them to enter the fisheries sector. So far, projects worth Rs. 1534.05 crores have been sanctioned Rs. 3000/beneficiary/year for women beneficiaries,

For the next few years

where fishing vessel insur-

ance, promoting sustainable

Aquaculture, extension sup-

port services for the fishers

and fish farmers, technology

infusion, Integrated Aqua

Cooperatives/ formation of

FFPOs are some of the cru-

cial components.

women beneficiaries. Encouraging private sector participation, innovation & entrepreneurship, PMMSY has earmarked Crore under the Entrepreneur Models and urges

Minister of Fisheries. Animal Husbandry and Dairving of India.

RAHUL COMMENCES AMBITIOUS 'BHARAT JODO YATRA' FROM SRIPERUMBUDUR

POLITICAL DELICACIES

RAHIL NORA CHOPRA

ongress leader Rahul Gandhi launched his most cherished "Bharat Jodo Yatra" after paying homage to his father Rajiv Gandhi at Sriperumbudur, where he was assassinated in 1991. It might lead to a turning point in Indian politics and could end up projecting Rahul Gandhi as the popular challenger to Prime Minister Narendra Modi. Rahul Gandhi said: "India is the institutions that protect this flag. India is free media that protects this flag. India is a judiciary that protects this flag. And today every single one of our institutions is under attack by BJP, RSS. They think this flag is their personal property. They think they can determine singlehandedly the future of this people, state of this country," Rahul will walk all the way from Kanyakumari to Kashmir, where the Yatra will conclude. He will be staying in a mobile shipping container cabin, which will have a bed, toilet and an air conditioner. Containers have been set up for other vatris as well, who will walk the entire route with Rahul. Bharat Jodo Yatra is the largest mass mobilization face of the opposition, the JD(U) leader once programme the Congress has undertaken in again dismissed the speculation, saying it up Fragmenting anti-BJP votes in the state

two union territories in five months.

NITISH JOINS FORCE WITH ANTI-BJP FRONT, MEETS OPPOSITION LEADERS

Bihar Chief Minister Nitish Kumar is busy interacting with a host of Opposition leaders, believed to be as an effort to form a united anti-BJP front ahead of the 2024 Lok Sabha election. Nitish is aiming for the main front, not the third front. Nitish indicated and gave clues that he would return to Delhi to take this dialogue forward to unite all parties, even political opponents such as the Aam Aadmi Party (AAP) and the Congress together. Nitish also said he would meet Congress president Sonia Gandhi after she comes back from abroad where she has gone for a medical check-up. Recently, Nitish had interacted with Rahul Gandhi, Sharad Pawar, CPI(ML) general secretary Dipankar Bhattacharya, Delhi CM Arvind Kejriwal, CPIM general secretary Sitaram Yechury, CPI general secretary D Raja, SP chief Akhilesh Yadav and his father Mulayam Singh Yadav, as well as the INLD leader OP Chautala. Despite buzz that Nitish could emerge as the prime ministerial

Independent India. It will cover 12 states and would be consensually decided later.

BJP'S GUNA MP KP YADAV FEARS 2024 TICKET MAY GO TO 2019 LOSER SCINDIA

BJP's Guna MP KP Yadav seems to be annoyed and worried since Jyotiraditya Scindia joined BJP. In the 2019 Lok Sabha elections, KP Yadav defeated Scindia. But now that Scindia himself is in BJP, Yadav has an inkling that the party would give Lok Sabha ticket to Scindia, instead of him. So he is now looking for a new home. Recently, Akhilesh had offered Guna MP KP Yadav a place in SP. But the question remains whether Yadav would join Congress or the Samajwadi Party, or if he would stay on in the BJP?

SHIVPAL ACTS AS LOYALTY DIVIDER, BJP EYES **MULAYAM'S MAINPURI SEAT**

To damage Samajwadi Party president Akhilesh Yadav, his estranged uncle and president of the Pragatisheel Samajwadi Party Lohia (PSPL), Shivpal Yadav has launched the 'Yadukul Punarjagran Mission.' The newly floated outfit will reach out to all disgruntled leaders in the Samajwadi Party, particularly those belonging to the Yadav community. Will Shivpal's only end

or will he joins hand with either Congress or the BJP? Meanwhile, Shivpal indicated that he would contest the Mainpuri seat if Mulayam Singh Yadav does not. On the other hand, after capturing Azamgarh and Rampur, the BJP in Uttar Pradesh is now eyeing Mainpuri, which is presently held by SP patriarch Mulayam Singh Yadav. The party is focusing more on Mainpuri Lok Sabha seat to prepare the ground to win the seats. State minister Jaiveer Singh said: "We are working towards winning Mainpuri in the 2024 general election.

BJP WANTS RAEBARELI IN 2024, TASKS TOMAR WITH PREPARING GROUND

The BJP has commenced the preparations for the 2024 Lok Sabha elections in Uttar Pradesh. The party's main agenda is focusing more on Raebareli to prepare the ground for winning the coveted seat, so far the Lok Sabha constituency of Congress president Sonia Gandhi. Union Agriculture minister Narendra Singh Tomar has been tasked by his party to work in the Raebareli region. Tomar has spent two days at Raebareli, a Gandhi family bastion. After conquering the fort of Amethi, now BJP is eyeing Raebareli seat. IPA SERVICE

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HEADLINES TODAY OPED

Time to get serious about Climate Change



VIJAY GARG

limate change is one of the most important problems we face. It is also truly a global problem in the sense that no country alone can influence the outcome. It can only be solved if all countries mount a global response. With development activities picking up once again, it's important to keep in mind that we're already fighting climate change and global warming. Our choices, actions and behaviour should be based on that premise so that we can inch closer to reducing the impact of climate change

India is one of the most vulnerable countries to climate change, and will be severely affected with an increase in natural calamities

such as floods, tsunamis, droughts, and heat waves. Our country has already taken a few progressive steps such as the target of clean energy and reduction in emissions by 22 per cent. In fact, extensive plantation efforts, water body rejuvenation, and buying local and organic produce are already being encouraged and implemented. However, regardless of the policies and strategies implemented by the government, our environment will heal only if 'care for nature' comes naturally to us.

While you might think that climate change policies and strategies are the work of the government and political bodies, this is a reminder that we are going through the repercussions of climate change as a country. It is each individual's responsibility to do their bit in making the fight against climate Healing the environment starts in the kitchen, in our bedrooms, at

work, and even in the garage. To prevent further decline in our environmental health, we need to

sea-level rise, and pollution. We need to reduce emissions of Green easy changes at home and office. To House Gases, especially carbon dioxide and devise eco-friendly substitutes to products that have be wary of every small action that a high carbon footprint. In fact, and reward employees when they

change easier and more effective. can contribute to temperature rise, knowing your carbon footprint is an excellent way to make small and underline the importance of this issue, organizations can encourage activities that cap emissions

-///

achieve a low carbon footprint. This could be an incentive to reduce polluting behaviours and to invest in cleaner energy choices. Increasing energy efficiency

and promoting renewable energy is also crucial to reduce pressure on our natural resources. So many people in India still lack access to electricity and rely on solid fuels for cooking such as coal, wood, and charcoal which causes harmful indoor air pollution. Opting for energy-efficient appliances, using LEDs and using renewable energy is a great way to not only mitigate climate change but also let businesses know that the demand for renewable energy sources is on rise. Given the extreme climate conditions that India faces and the loss of life and economy attributed to it, India should also strengthen its current targets and given its immense renewable energy generation potential, aim to lead by setting an example

Vijay GarG Retired Principal Educational Columnist Malout Punjab

My master is not dangerous but if he is in danger I will take on the enemy wanting to destroy him!



M S NAZKI

he Dogs of War..... This is a story about trainers, in other words teachers and their students, in this case dogs!

'It has to be wonderful and it is!' 'People talk a lot about human instincts but animals have only one as far as love goes! They love the humans who love them and perhaps their instinct is 'do I say 'This is where it starts?' There's nowhere where it starts. Life is constant creation, change and destruction. The trick is knowing one from the other. Tey cannot speak but the body language speaks a lot and the trainer/master can make it out easily!

'Trust me when put on a job, detection or a confrontation the trained dogs of Indian army have performed far better than humans since they know the sniff and snuff out trick! They are the real 'Dogs of War

'Dogs of War has been a title created by any great authors, obvious Fredrick Forsyth is the name that will come first to everyone's mind ... Shannon's fingers itched to smash the man in the face. Inside his head he kept telling himself, Keep cool, haby, absolutely cool! Are one the best lines in the book by a character, fictional or other-



arms, ammunition, wireless sets, rations and stores. During another operation in Daraba near Rajouri, Rex suffered a fall and sustained serious intestinal injuries. He was evacuated to the nearest Army Veterinary Hospital where he finally succumbed to his injuries on September 22, 1999. Now tell me wasn't he a hero! He was!

The story of Rock: In the late 1990s, another Labrador named Rock, after tracking a 4-km stretch over a difficult, snow-bound and mountainous terrain, helped authorities apprehend four foreign militants. They also recovered four AK-47 rifles, two radio sets, one improvised explosive device (IED) and 170 rounds of ammunition in the Fatehpur area of the Kashmir valley.

The tale of Rocket: On June 9, 1998, Indian troops had an encounter with militants near Banihal in Kashmir. Rocket was pressed into action immediately. After obtaining the scent from a scarf left behind by militants, Rocket soon recovered one universal machine gun, three AK-47s, two AK-56s and one sniper rifle, two 9 mm pistols, seven radio sets, 11 IEDs, 26 hand grenades, 37 electric detonators and over 1500 rounds of ammunition — a record haul!!

Rudali the mistress of scent: The explosive or mine detective dogs help road opening parties by providing safe passage to troops and civilian convoys. On September 16, 1998, a young and naughty Labrador named Rudali, recovered an IED along the roadside in the Surankote area, saving many lives in the process. A great sniffer dog. Rudali has also been used to clear places like helipads, conference halls and routes to be taken by visiting dignitaries and VIPs.

NDTV'S SREENIVASAN JAIN ALLOWED DONALD **TRUMP TO PLAY ON HIS OWN TERMS**

SUSHIL KUTTY

n the United States former presidents continue to be 'President' for the rest of their lives. And so, "President Trump' gave an interview to NDTV and but for the fact that seven seas separated India from the United States, Trump wouldn't have agreed to the interview for the simple reason that within earshot Trump would have known years ago that of the hundreds of Indian TV media, NDTV comes the nearest to aping CNN in its reportage philosophy.

And everybody knows how CNN decimated and demeaned the 45th POTUS. And continues to do so as an addiction can only be fought, not defeated. The grouse against President Donald Trump since the time he was forced to vacate the White House is that to this day he refuses to concede President Joe Biden defeated him "fair and square" in 2020. CNN, especially, went to town with this Trump infringement and NDTV also made no bones about it.

Of course, Donald Trump did not know NDTV well when he sat down with the channel's Sreenivasan Jain and "Hindu American" Shallabh 'Shalli' Kumar for the interview. As it happened, Sreenivasan Jain turned out to be no match to the CNN's then White House correspondent Jim Acosta whose volatile encounters with Trump at White House pressers made him a poster boy of the left-liberal who hated Trump from his shoelaces up.

Unlike Acosta, Sreeniyasan Jain gave the impression he didn't want to touch a raw Trump nerve. To his audience at home, this was not the Sreenivasan Jain they had come to accept as a natural-born tough cookie. Jain's line of questioning of 'The Donald' was tame, acetone-free and aseptic; perhaps the most docile journalist Donald Trump had ever faced in a career of journalists.

NDTV's Sreenivasan Jain allowed Trump slack and more. This interview wouldn't stand for a "roast" if the stove itself was on fire. For example, Trump told NDTV that "Prime Minister Narendra Modi is doing a terrific job" and Jain let it go, scot-free! He didn't counter Trump with even a whimper. Jain could have put his foot down and disputed Trump's carte blanche, asked Trump to explain himself; told him most Indians wouldn't give Trump the time of the day after hearing this

That would have disabused Trump of his long held view that Modi held India by its pulse. At the 'Howdy Modi' event in Houston, the Trump-Modi bonhomie was at its peak. And "yesterday at the interview" was the chance for NDTV to puncture Trump's Modi-balloon. But Sreenivasan Jain let the opportunity slip out of NDTV's hand and this was, perhaps, the ultimate lost opportunity in the history of lost opportunities.

At another point, to another question, President Trump told Jain, "I've had a great relationship with India and with Prime Minister Modi. We were, we've,

wise but still a human

'Since the title 'Dogs of War always fascinated me I got a book off the shelf from Yak Book depot Jammu and it was by Adrian Tchaikovsky and the name was the same! Some lines enthralled me which read. 'I feel sad about Hart. then. Hart was not Master, but he was kind and I have good memories of him. And those good memories are now sad memories because all of making it six and that means natu-tired?! We humans also have these them are tagged with my knowledge of his death. I try to remove these tags so I can enjoy the memories, but something goes wrong and I can't.' Dogs do remember that. especially the Dogs of war!'

-'You could do to dogs what you could not do to man: you could make them superhuman, give them all the advantages they would need to rule the battlefields of the future. All you needed was sufficient dogs'! This was what an expert from Indian Army Dog unit told me in an evening conversation over a drink! He is a very close relative of mine and a dog lover!'

since I have six (German Shepherds and Doberman's three each) of them and a Vet doctor at home (niece) and it was a dinner meet on the birthday of my daughter! That is the reason as to why I gave you the reference of the two books me something big and unknown grown big as she has! about the Indian Army dogs!'s

'Everyone said it would be robots. Robots would fight the wars and tanks with electronic brains. exterminate the human race, grantbe robot soldiers on every battlethey back their instincts as their trainer's/master's backs his!'



ral force is strengthened! That is habits. We can speak but the Dog's what seek and destroy missions are all about!

'I knew that I was in mid thir- alty came into existence!' ties but at 53 he was strengthening my belief! He was to tell me my hand 'dogs are humans' best about several dogs of army but first he asked the names of mine! Why so, I never knew and I rattled Romeo, Don and Hyder (all German often at the cost of their own. Not Shepherds) then Sultan, King and Brutus (All Doberman)! My wife too is a dog lover and suddenly my from the brain of a Dog and I younger daughter Shriya walked in with a pup in hand! It was another addition to the family! 'Papa my friend gifted this special specimen 'The conversation was over dogs of living beings that you love the most!' The name was immediately to follow from Rajveer's mouthpiece 'Julio'! Today it is almost five years! The being on four legs was a Labrador again trained by Rajveer! That time my daughter was just nine studying in Presenbecause Rajveer was going to tell tation Convent Jammu'! Julio has

'The war had been fought with guns and men – militias and private security forces clashing, with for us: drones and metal soldiers units of the army on both sides. For the first few months it had all been And they'd rise up against us and almost civilised, everyone trying to be gentlemanly about the whole ed, but up until that point it would thing.' But some moving creature on four legs had provided the greatfield on earth. But robots cannot est of assists! Had to be a trained do what the 'Dogs of war can do in dog told about everything! His present times because like humans master had told him everything! The Dog could not talk back but a 'Therefore one can realize that musical but pleasing or hurting to and we do not wake them up!'That there is some unimagined coordi- the ears told everything! Or maybe is the sincerity towards the job at nation between two plus four legs a big yawn telling me that 'I'm hand all the way!'

of war do not have that capability!' Perhaps that is where the word lov-

'This was the storvline I had in dogs are humans' best friends but in Kashmir, they are the souls which protect our Armed Forces. all heroes are humans...'! I thought about myself as a human and then called Raiveer on the next Sunday, years back. Do not remember how many! Thus came up this story!' But now the strength of my own Dog unit had grown to eight with Buzo making an entry (the breed Boxer gifted to my niece, the name Mark)! My mother and wives at home, though dog lovers were in the most horrible of moods and so was 'Kancha' (the chef for the dogs)! I know by evening that day the tempers will calm off by mother saying 'Jeev Hai, Palna toh Hai'

'These are the words that were told to me by Rajveer about the posture of dogs when they want to rest and dream, 'I am a dreamer. I know so little of real life that I just can't help re-living such moments as these in my dreams, for such moments are something I have very rarely experienced. I am going to dream about you the whole night, the whole week, the whole year.'! They do not know about what but may be the next task the next mornbark or a slouchy long tone, though ing! They are the first to wake up

They are known for their excellent agility, endurance, stamina, bite work. olfactory acuity, intelligence and trainability.

Back in 2016, Army dogs, who saved the lives of numerous soldiers in counter-terrorism and counter-insurgency operations. took part in the Republic Day Parade on 26 January after a gap of 26 years

Some great heroes:

Rex: Born in 1993 at RVC Centre & School Meerut, this golden Labrador named Rex was posted to 14 Army Dog Unit under Delta Force and assigned the areas adjoining the town of Bhaderwah, to help troops in trailing and tracking militants. In 1995, he tracked a militant injured in an encounter for over 3 km in the thick of militant fire. In a chase that lasted for over four hours, he managed to recover one AK 56 rifle and a haversack containing 92 rounds. In 1998, out on a patrol in the area of Gulgandhar, security forces killed two dreaded militants and badly injured one, who managed to escape. Rex picked up the scent and, hot on his trail, moved with speed and stealth for 2 km across the mountainous terrain. He traced the body of the militant in a hideout where he had succumbed to his injuries. He again performed exceptionally well during an avalanche rescue operation, and that too without any formal training in this field. Rex succeeded in locating the bodies of three militants buried hideouts having an assortment of

Manasi, the empress of ensuring that those following her were safe till they got to the target end: On a late evening in August 2015. a 4 year old Army Labrador named Manasi sensed the movement of some militants along the LoC in Kupwara's Tangdhar sector and immediately started dragging her handler Bashir Ahmad towards the target. The search operations took place under conditions of poor visibility and unfortunately, both the dog and handler were killed in a hail of gunfire. The duo were not only good friends but were also good at their job. They were part of the team that tracked down and killed a terrorist on Kaisuri ridge in May of the same year, as well as foiled another terrorist insurgency in July.

There are many stories about friends (handlers and dogs in the army)! They used to go unsung but now they will not! These four paw lethal can do anything impossible and I have seen them

How a dog thinks, Rajveer did tell this to me, 'we humans cover themselves with so many different scents, harsh and artificial in my nose, but what they smell of most is fear. All humans except one smelled of fear when I met them. All humans were scared of me. I understand more now than I did. I know that fear does not just mean that they want to run away. Humans destroy the things they are scared of. But we will not allow that! My master is not dangerous but if he is in danger I will take on the enemy wanting to destroy him! The game starts from where I get the scent since I have been taught the way of sniffing and finding out! One target is gone and hunted the under six feet of snow, after which other is to be fetched, the six legs he went on to locate three separate are always on the wait always!

been friends. And I think he's a great guy and doing a terrific job. It's not an easy job he's got. But we've known each other a long time. Good man."

Jain let that too go without raising a middle-finger equivalent. Donald Trump isn't the sort who doesn't like revelations. For sure, his understanding of Modi must only be skin deep despite the heavy hug-holding. He would have been intrigued if he was told a brief history of Narendra Modi in the best-NDTV rendition. But Sreenivasan Jain didn't ask Trump to explain the "terrific job" Modi has been doing.

Instead, he gave President Trump a clear route to take potshots at POTUS Joe Biden, and the Democrats. Sreenivasan Jain appeared too keen to position NDTV as a global media channel with this "world exclusive". Post the interview, the channel was congratulating itself on being the first in the world to make Trump confess there would be a Trump 2:0, and that Trump was continuing to allege "vendetta".

Trump was asked "But you say this vendetta?" and the reply came from "Hindu-American" Shallab 'Shaili' Kumar: "Hindu Americans and India must know there's a big parallel from 2002 to 2014, everybody wanted to put Narendra Modi in jail. He was being vilified...Now he's the most popular man. The same thing is happening...President has been, you know, witch hunt. First, the Russian collusion - nothing. Impeachment - nothing".

NDTV let that, too, to go. In fact, it seemed like Sreenivasan Jain was in awe of the "Hindu-American" go-between, and the two had come to an arrangement on the particular line of questioning Trump; and, while at it, also give Modi slack. So, India "has never had a better friend than me", and Trump had given the "broadest hint (to any channel worldwide) yet that he may be running for office again in 2024" became the punch-lines for this "NDTV world-exclusive".

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Tamil pride and Chola kings: Vikram explains the connection

ecalling the glorious deeds of the great Chola kings who ruled Tamil Nadu in the ninth century, actor Vikram said that the benevolent and thoughtful acts of the great kings

who ruled Tamil land was one of reasons why the popular Tamil phrase, 'Tamilan Endru Sollada, Thalai Nimrnirndhu Nillada' (Say you a Tamilian, Hold your head high) existed.

Participating in the audio and trailer launch event of director Mani Ratnam's eagerly awaited 'Ponniyin Selvan: 1', in which he plays crown prince, Aditya Karikala Cholan, Vikram said: "You would have used the phrase 'Tamilan Endru Sollada, Thalai nimrnirndhu Nillada' several times. You might have it as even your DPs on social media as well. But there are several reasons for that phrase to have been formulated.

"One of the several reasons why that came into existence is the way our ancestors lived on this very soil several thousands of years ago. The way they ruled. The small small things that they did which made the entire world love them.

"This reminds me of a story. An elderly woman was heard making a prayer to a deity in a temple that she would light a lamp at the temple for 100 years if her prayers were answered. The king of the land got to know of the prayer request of the woman and got her

man was bought, the king

"The king then asked the minwould have 96 cows as the cows ister to find the poorest man in would multiply." his kingdom. When the poor 'The king is believed to have

poverty. At that point itself, they had elec-

wish fulfilled. He also got his minister to take the money for lighting a lamp at the temple for 100 years from the woman, assuring her that he would appoint a person to fulfill her promise."

he would need to fulfill the old woman's promise. The man is believed to have asked for 48 cows. When asked if that would be enough, the man is known to have said that the first year, he

pointed out that this film would would have 48, the next year, he be a story about that era.

asked him what

tions to select village elders. Free medication was provided 1,000 years ago itself. 'They had a separate water body ministry to manage water resources," Vikram said and

asked the minister to

monitor him. After two

years, the minister was

asked to take 48 cows

from this man and

give it to the next

poorest man in the kingdom. This is not

a story. This happened in Thanjavur

and the man who

did it was Raja Raja

Cholan. The temple

I am speaking

about is the world

hadeeswarar tem-

Cholan set up a

small banking

system a 1000

years ago to

eradicate

"Raja

Bri-

Raja

famous

ple.

Ranbir calls 'Highway'

Alia's best, became a fan of hers after seeing film

B ollywood star Ranbir Kapoor, who is awaiting the release of his highly anticipated movie 'Brahmastra', recently opened up on his favourite performance of his wife, Alia Bhatt. Alia, who made her debut with the 2012 film 'Student Of The Year', has had quite an eventful journey in cinema as she has constantly delivered terrific performances one after the other but, after all these years, Ranbir's favourite

performance of Alia remains her second film, 'Highway'. Talking about it, Ranbir said in an IMDb Original video, "She's probably had the best year any artist has ever had, in the history of actors. She's had 'Gangubai', she's had 'RRR', she's had 'Darlings'. And now she's going to have 'Brahmastra'.

"The obvious choice would be 'Gangubai', but I actually became a fan of Alia from her second film onwards, and that was 'Highway' Ranbir added: "I was really looking forward to this film and I actually saw it in the edit. I just knew that this was the birth of an actor which is probably... Indian cinema and world cinema weren't ready for. I hadn't seen an actor deliver what she did in that film

and I think I became a huge admirer of her work since then." For Alia, Ranbir's performance in 'Barfi!' (which incidentally released in the same year when she made her screen debut) takes the cake.

Talking about her husband's performance in 'Barfi!', the actress said, "I think it is just so simple, funny at the same time, so heartbreaking. He literally did not speak through the film, did everything through his eyes, and that was the most beautiful part. It is one of my favourite, most impactful Ranbir Kapoor performances." As 'Brahmastra' nears its release, the film has become a part of their DNA now as Ranbir mentioned in the video, "It's been five years. Ayan, Alia, and I are also really close friends, so on every occasion in our lives, if it's a birthday, if it's Diwali, if it's Christmas, if it's our marriage, we were always talking about 'Brahmstra'. So, it never really left our system." 'Brahmastra', directed by Ayan Mukerji, will drop in theatres on September 9.

There's no time to be jealous

ENTERTAINMENT HEADLINES TODAY

 $S_{\rm other's\ success,\ actor\ Kamal\ Haasan\ said\ that\ this}$ was a fact that both Tamil Superstar Rajinikanth and he realised at a very young age. Participating in the audio and trailer launch event

of director Mani Ratnam's 'Ponniyin Selvan 1' that was held at the Jawaharlal Nehru Indoor Stadium on Tuesday night, Kamal said: "The film industry is a small family. In this family, there is no time for jealousy.

"When I don't have the time to do my work, there is no time to be jealous. This is something that he (pointing to Rajinikanth) and I realised at a very young

age." "We have seen victories. Big ones. Double victories. Defeats. When victories come (irrespective of whom it comes to), we rejoice, because one's defeat will affect the whole industry and A one's victory will lift up the entire industry.'

Congratulating AR Rahman, the music director of 'Ponniyin Selvan', Kamal said that every song that the composer had scored for the film had increased his heart beats.

Calling Rahman's music 'unique', Kamal said that he had played out his songs to the actor after returning from Bali where he had gone to do research for the songs of the film.



Tejasswi Prakash grabs attention with her fake accent in 'Naagin 6'

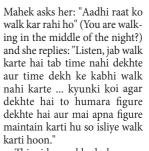
Post her stint in 'Bigg Boss 15', Tejasswi Prakash is making a buzz, either for her relationship with Karan Kundrra or her looks, and most recently, her exaggerated accent in 'Naagin 6'.

To portray the character of a foreign-returned lookalike of Pratha (the lead character of 'Naagin' played by Tejasswi), she changed her accent to sound like an NRI from London, but it got so exaggerated that many of her fans trolled her for it and others made fun of it.

In fact, Bollywood actress Janhvi Kapoor also made a reel reprising the character and shared it on Instagram which made her fake accent more viral.

Though in a recent interview, Tejasswi pointed out that it was all meant to make her fans laugh and also to educate them and if it is going viral her purpose is served.

In the video, she can be heard talking to her on-screen sister Mahek (played by Maheck Chahal).



"Whatever sells. In a time when there are such good things being made, with everything nice and it doesn't work. My show is working even when not everything happening in it makes sense. You do it con-



The hilarious video and speaking style in the show has became talk of the town. Now, the show has taken a leap and Pratha's twin daughters have made their entry. It has to be seen how Tejasswi woos her fans once again and what new she brings in her look and character.

Rasika Dugal starts shooting for another schedule of 'Mirzapur'

dekhte hai to humara figure dekhte hai aur mai apna figure maintain karti hu so isliye walk karti hoon.' This video grabbed a humongous number of eyeballs and while speaking to a YouTuber Janice Sequeira, Tejasswi said: "I wasn't following any accent, it wasn't legitimate. I just wanted to make it sound extremely funny. And if people found it funny, that's great."

vincingly and it sells."



Anushka Sharma reveals 'moment from a story that needs to be told'

 $B_{\rm took}$ to social media to reveal a glimpse of 'Chakda Xpress', which is inspired by the life and times of women cricket's all-time greatest fast bowler Jhulan Goswami. In the image, Anushka is seen recreating a moment from Ihulan's life.

A thoughtful Anushka as Jhulan is seen making an important phone call while pouring rain beats down on everything around her.

She captioned it: "A moment

from a story that needs to be told!"

Anushka has always strived to be a perfectionist in her career and she is doing the same for 'Chakda Xpress'. She is currently prepping before she starts another schedule of the film. The Netflix Film, which is

tracing the glorious only dream: to play cricket.

journey of one of the fastest female pacers in the history of world cricket, will showcase how Jhulan moves up the ladder despite countless hindrances to fulfil her

Jhulan went on to captain the Indian women's national cricket team and is a role model for aspiring cricketers in the country. In 2018, an Indian postage stamp was issued in her honour. She holds the world record for the highest number of wickets taken by a woman in an international career.

Season 3

A ctress Rasika Dugal has started shooting for the third season of 'Mirzapur' in the City of Nawabs, Lucknow. Rasika has received immense love for her portrayal of Beena Tripathi in both seasons of Mirzapur and is now all set to reprise her role for the third season. Rasika says: "Shooting in Lucknow is always

wonderful, the energy and the vibe of the city is exhilarating. I always look forward to the 'Mirzapur' shoots, feels like coming back home. I am looking forward to good food and an amazing shooting experience." For the two seasons of the said series, Rasika walked away with praises for embodying the role of a woman from a small town with the power to change the course of events in the series. 'Mirzapur' Season 3 also stars Pankaj Tripathi, Ali Fazal, Shweta Tripathi, Vijay Verma and Isha Talwar, and is backed by Farhan Akhtar and Ritesh Sidhwani's production house, Excel Entertainment. Rasika's upcoming projects include 'Adhuraa', 'Spike', 'Lord Curzon Ki Haveli' and 'Fairy Folk'.

OTT release locked for Karthi, Aditi Shankar-starrer 'Viruman' on Sep 11

Director M Muthaiah's superhit action thriller 'Viruman', featuring actors Karthi and Aditi Shankar in the lead, will release on OTT on September 11.

The film, which had an impressive run in theatres, will release on the OTT platform Amazon Prime. Apart from Karthi and Aditi Shankar, the daughter of ace director Shankar, the film also features Raj Kiran, Prakash Raj and Soori in pivotal roles.

"It was rather interesting to play the character of Muniyandi because he is a completely different, opposite person from whom I am in real life," Prakash Raj said.

He added: "It was an unfamiliar territory that I'm glad I chartered into with such hardworking and talented artistes like Karthi and Aditi. I hope with the worldwide premiere of this movie, the audiences have a great time watching it."

"Viruman was an experience that will stay fresh in my heart for a long time," Karthi said "It was such a contrasting experience since Prakash sir and I have a very jovial and happy rapport." He said further: "Our characters on screen, however, are totally different and as father and son, we are at loggerheads. This movie will give the audiences a glimpse into a neverbefore-seen chemistry between the two of us. Watch out for us as we take you on a roller coaster ride of entertainment with the world-



wide digital premiere of 'Viruman'.'

"Prakash Raj sir and Karthi are two of the finest actors in the nation and no artiste can wish for a better debut than sharing the screen with them," lead actress Aditi Shankar noted.

Set in Madurai, the movie follows the story of Viruman, a village youngster who leaves his house when he finds out that his father, Munivandi, is the reason for his mother's suicide. An intrepid and goodhearted person, he fights to

make his arrogant father pay the price for his sins and save his brothers from the man's grip.

HT - PIRPANCHAL/ JAMMU HEADLINES TODAY

DEO Doda briefs Political parties about Special Summary Revision 2022 'BLOs appointed for each polling station to achieve 100% enrollment of new voters'

DODA, SEPTEMBER 09 District Election Officer Doda Vishesh Paul Maha jan today chaired a meeting of representatives of national and regional political parties, in his office chamber and briefed them

about ensuing Special Summary Revision 2022. The participants were informed that the special summary revision 2022 is going to start from September 15 and would continue till October 25, 2022. The schedule for holding special camps and constituency wise list of polling stations along with a list of BLOs and their contacts were also shared with the representatives of polling parties. The DEO urged them to extend their cooperation to the District Election Authority to ensure sition. The representatives Meanwhile, Dy DEO, Am-

100% enrollment of new voters. The Political parties were urged to appoint the Booth Level Agents to conduct error free exercise of enrollment, addition, deletion and transpo-

of polling parties also submitted their feedback and suggestions. The DEO assured to consider their suggestions and conduct of free, fair and transparent electoral exercise.

resh Kotwal also briefed the participants about the activity schedule of Special Summary Revision 2022 and scheduled dates of polling station level Special campaign, besides the measures being adopted by the District Election Authority to generate mass awareness through different mediums.

"For error free enrollment of new voters the First schedule of training of BLOs have been completed for cent per cent registration of persons at taining the age of 18 years as on 1st October 2022, besides processing of electoral forms like 6,6B,7 and 8,' the Dv DEO informed the participants. He further briefed them about citizens portal www.nvsp.in for corrections, deletions and transposition and to download Voter Helpline App for Adhaar seeding that will be available for both Android and IOS users.

Secretary H&ME visits Psychiatric Hospital Jammu, reviews functioning

JAMMU, SEPTEMBER 9: Secretary, Health and Medical Education (H&ME), Bhupinder Kumar, today visited de-addiction Centre at Government Psychiatric Disease Hospital, Jammu.

He had an extensive round of the existing infrastructural facilities besides a detailed review of functioning of the Centre. Secretary was apprised of several issues including certain shortcomings in the existing centre which need an urgent consideration and resolution as well. Besides, he was also informed about need for proper security in and around the centre.

He ensured complete financial and logistical support to the de-addiction centre for further streamlining of working of this vital healthcare.

Bhupinder Kumar instructed the officials to ensure adequate OST services in the hospital for larger interest of patients. He directed the HOD Psychiatric Hospital and Medical Superintendent Psychiatric Hospital for preparation and submission of a comprehensive action plan regarding up gradation of infrastructure facilities including creation of regional level Rehabilitation Centre under Nasha Mukth Abhivan at the earliest.

Secretary emphasized upon the concerned officers to further step up their efforts towards effective implementation



of ongoing Nasha Mukth Abhiyan in Jam mu and Kashmir.

Principal GMC Jammu, Dr. Shashi Sudhan Sharma: Administrator Associated Hospital; HOD Psychiatry; Medical Superintendent Psychiatric Disease Hospital; Nodal Officer, Nasha Mukth Abhiyan; Assistant Professor and other staff of Psychiatric disease Hospital Jammu was present on the occasion. Principal GMC Jammu, Dr. Shashi Sudhan Sharma; Administrator Associated Hospital; HOD Psychiatry; Medical Superintendent Psychiatric Disease Hospital; Nodal Officer, Nasha Mukth Abhivan: Assistant Professor and other staff of Psychiatric disease Hospital.

Special Summary Revision-2022 DEO Doda flags off SVEEP Express to generate mass awareness

besides other concerned

SEPTEMBER DODA, 09: District Election Of-



ficer Doda Vishesh Paul Mahajan today flagged off a "SVEEP Express" from DC office here this morning to spread mass awareness about Special Summary Revision-2022 aimed at to enroll the left out voters to make electoral rolls healthy and error free and to enroll those who have attained the age of 18 years on or before 1st October 2022. Among others present

were SSP, DY DEO, Nodal Officer SVEEP, ENT,

department.

The DEO, while speaking on the occasion, directed the Nodal officer SVEEP to ensure that all the activities scheduled under SSR-2022 be adhered in letter and spirit. He urged the left out voters and those who have attained the age of 18 years as on October 1st 2022 to contact their BLOs or apply on www.nvsp.eci

.in to register as voters. The Nodal officer SVEEP informed that "SVEEP

Express" has been flagged off to generate mass awareness among the locals of the district with regard to the Special summary revision 2022 being conducted from

September 15 to October 25, 2022 with special thrust on enrollment of all left out voters as well as those who have turned 18 as on October 1st. The SVEEP Express will

Deputy

go to every panchayat, Patwar Halqa, Village and education institutions across the district and will disseminate information about SSR-2022 among the public. "Besides, it will share the names and contact numbers of BLOs, the schedule of Special campaign dates and other IEC election material including electoral forms like 6, 6B, 7 and present demo for filling these forms " he added.

DC Kathua reviews implementation of e-office system of working

KATHUA, SEPTEMBER 09: Deputy Commissioner Kathua, Rahul Pandey today convened a meeting of officers of different departments, here at DC Office Complex to review the switch over to the e-office system of working in the offices.At the outset, the DIO NIC apprised the Commissioner about the status of information furnished by different departments for smooth implementation of e-office. He also shared the details of training sessions conducted to acquaint the employees with the e-office process and procedures. The DC directed DIO NIC to devise a format wherein the department wise details of employees dealing with e-office, file heads besides flow chart of file movement is incorporated.The DC shared about the benefits of switching over to e-Office which

includes time saving and efficient manage ment of works, quick disposal of files besides bringing transparency and accountability in the system. The DIO NIC briefed the officers about the role of VPN to have secure access to files and regarding registration of e-mail through NIC.The DC further directed DIO NIC to ensure mapping of email of respective departments on priority so that the process for shifting of official work on the e-Office platform could be achieved by the end of September. The DIO NIC briefed the officers about the role of VPN to have secure access to files and regarding registration of e-mail through NIC.The DC further directed DIO NIC to ensure mapping of email of respective departments on priority so that the process for shifting of official work.

KVK, ICDS Poonch organise awareness programme on Balanced Nutrition

POONCH. SEPTEMBER 09: Krishi Vigyan Kendra, Poonch of Sher-e-Kashmir University Jammu, in collaboration with Mission Directorate ICDS on Friday conducted an awareness programme on National Nutrition Week at KVK Poonch campus.

The programme was conducted under the leadership of Prof J P Sharma, Vice Chancellor and overall supervision of Dr S K

Gupta Director Extension, SKŪAST-Jammu. Dr Ajay Gupta, Sr. Scien tist & KVK Head informed that National Nutrition Week is celebrated every year from September 1 to 7 to create awareness about good nutrition and health and this year Nutrition week is celebrated with the theme "Celebrate a World of Flavours". He explained that the objective was to generate awareness about the importance of



ty Anganwari workers of

Ramandeep

highlighted the need for

sensitizing rural and

household women regard-

ing the importance of nu-

tritional food, vegetables

and fruits in human diet.

Kour

Block Haveli.

Dr.

growth and National Development.

Speaking about the problem of malnutrition in India, he said that India has marginally improved to address the issues of stunting, underweight and severely wasted among children and women. He elaborated various Government schemes to fight malnutrition especially among Women and Children and also spoke on the importance of pulses and millets in human diet for balanced nutrition.

He informed that malnutrition is a serious problem in Poonch district among adolescent girls, pregnant women and children. The programme ended with the vote of thanks

nutrition for good health presented by Dr. Raman-The programme was at-tended by more than sixwhich has far-reaching deep Kour. implications on economic Implementation Of FSSA To Curb Adulteration, Malpractices Priority

Permission granted to Govt **Ayurvedic Medical College** Akhnoor for Academic Session 2022-23

JAMMU, SEPTEMBER 09: National Commission for Indian System of Medicine (NCISM), Ministry of AYUSH, Government of India has granted permission to Government Medical College Al



Amir Iqbal Khan

Bhadarwah. Sept 9: To implement upon the provisions including the merits & objectives of the FSS Act &

FSSA. The Officer Concerned educated the Food Business Operators about packaging & labelling norms under FSSA. He also organised an awareness camp of Food Bussiness Operators of the Area & thoroughly explored the objectives, rules & regulations of the Act. The officer also visited HSS Mangota Marmat and comprehensively detailed about the "Eat Right initiatives" including Registrations of "Eat Right Schools", Fortification, RUCO, Hygienic practices, Cleanliness and Sanitation. During the visit .the Officer Concerned convened a meeting with the staff of Govt. HSS Mangota and cross checked the Mid Day Meals being served to the students. Importantly, the Enforcement Officer stressed on the use of the product which have been declared as fortified so that the issue of malnutrition. "Anemia Mukt Bharat" could be addressed in letter & spirits. Further,

the staff was apprised to make Safe drinking water

Eventually, the staff assured to comply with the instruc-



er implemention of the Act aimed to protect the general public from the hazardous effects of Adulteration and added that "Eat Right initiatives" would add new features to the process. 'Under the purview of COT-PA & to serve its purpose for taking adequate & concrete steps for the welfare of the public & protect health in general, a separate camp was held during which, a pledge was taken for "Nasha Mukt Bharat." informed Assistant Commissioner FSD Doda. The officer also visited HSS Man-Marmat and compregota hensively detailed about the "Eat Right initiatives" including Registrations of "Eat Right Schools", Fortification, RUCO, Hygienic practices. Cleanliness and Sanitation.During the visit ,the Officer Concerned convened a meeting with the staff of Govt. HSS Mangota and cross checked the Mid Day Meals being served to

Operators about the prop-

the students. Importantly, the Enforcement Officer stressed on the use of the product which have been declared as fortified so that the issue of malnutrition. 'Anemia Mukt Bharat could be addressed in letter & spirits. Further, the staff was apprised to make Safe drinking water available for the students to avoid the outbreaks & connected day to day water borne health diseases. Eventually, the staff assured to comply with the instructions & guidelines made thereunder. The Officer Concerned briefed the Food Business Operators about the proper implemention of the Act aimed to protect the general public from the hazardous effects of Adulteration and added that "Eat Right initiatives" would add new features to the process. "Under the purview of COT-PA & to serve its purpose for taking adequate & concrete steps for the welfare of the public & protect health.

for Academic Session 2022 23

As per the management of the College, the Secretary Health and Medical Education Department and higher authorities have given utmost importance to this newly inaugurated institution, hence current year Permis sion (LoP) has been granted without demand of any type of Undertakings/ Indemnity Bond/Affidavit from UT of J&K.The Management further said that the Government Avurvedic Medical College was commissioned in the year 2017 and the first batch of BAMS was started in a makeshift arrangement from Government Ayurvedic Hospital Indira Chowk Jammu after a lapse of 44 years. Later, the institution was shifted to the newly constructed building at Akhnoor on the banks of Chenab River and inaugurated by LG, UT J&K. "Within a short span of time the institution has witnessed incredible progress in all spheres. With the consistent hard work and cooperation of all faculty.

earmark the "Eat Right initiatives" as also to eradicate the food adulteration & snub the malpractices, Assistant Commissioner Food Safety Department Doda Taraq Ahmad Butt stated that the department is committed to eradicate adulteration of food and other malpractices from the society.

In this backdrop, continuing with the drive, Food Safety Officer Assar launched outreach operation in very inaccessible area of Marmat tehsil with real themes of the initiatives of "Eat Right India" today. The Enforcement Officer/Food Safety Officer Assar visited the scatered markets ,carried out the inspections and collected 03 Enforcement suspicious samples of different categories of essential commodities for analysis under

available for the students to avoid the outbreaks & connected day to day water borne health diseases.

VDSB adds Satellite Dental C vices to promote oral health

Katra, Sept 9: Taking another significant welfare step as per the directions of Hon'ble Lieutenant Governor, JK-UT who is also Chairman. SM-VDSB, for the employees and their families stationed at Saniichatt and adjoining areas, Shri Mata Vaishno Devi Shrine Board established Satellite Dental Healthcare Clinic at Sanjichatt by expanding the dental healthcare facilities now on the track, inaugurated today by Anshul Garg, Chief Executive Officer, SM-VDSB. Earlier in 2015, Shrine Board established "Maa Durga Dental Clinic " at Ka-"Maa tra for the benefit of staff. pilgrims and community at large.

This newly established clinic in the premises of Medical Unit, Sanjichhat will provide basic dental services like extraction, cleaning of teeth, filling and preventive dental care to the visiting pilgrims, staff and largely their families stationed at Saniichatt and adjoining areas. It is well equipped with modern equipment and other

allied facilities like one dental chair. dental X-ray machine, scalers, sterilisation



equipment and other allied facilities. Dental surgeons, technicians and other staff would be available to address the dental treatments. Provisions are also made to refer and treat patients at Katra dental clinic for specialized treatments.

Speaking on the occasion, the CEO said that this newly established facility as per the directions of Hon'ble Chairin providing dental care ser-

man would benefit about 1200 employees and their families at large stationed

at Sanjichatt and adjoining areas like Bhawan, Bhairon Ji, Himkoti and Adhkwari besides, the visiting pilgrims Now, the staff and their families need not climb down to seek medical assistance for oral health problems. The clinic will provide the primary dental care, which would help resolve the dental problems and would go a long way

among staff and their families, he said. He also enumerated various other measures that had already been taken for the general welfare of the shrine board employees. CEO also interacted with the staff and issued on the spot directions to the concerned for time bound disposal of personnel matters of the employees. He lauded the efforts made by the Shrine Board Staff to ensure greater facilitation of the pilgrims visiting the Shrine of Shri Mata Vaishno Devi Ji. Noteworthy, recently on Raising Day cele-brations of SMVDSB, Lt Governor announced hardship allowance for 1450 SMVDSB employees posted at Higher Altitude Besides, CEO thanked Dr.

Inder Dhir, a dental surgeon serving in Canada and a devotee of Shri Mata Vaishno Devi Ji, for her support in setting up this dental clinic for the facilitation of pilgrims and staff. The clinic would be visited by Dental Surgeon Dr Oshin, Dr Kritika Rajput.

Javed Rana appeals people to maintain peace, brotherhood at all costs

Concerned

tions & guidelines made

briefed the Food Business

thereunder.

The Officer

M S Nazki

Mendhar, SEP 9: Senior National Confer ence leader and PresidentJammu and Kashmir National Conference (JKNC) Pirpanjal, JavedAhmed Rana raised serious concern over the tense situation in and around Ra jouri town due to a land dispute between two groups, appealing people of the region to maintain peace, calm and communal harmony at all costs.In a statement issued to media here today, Javed Rana said that it has come to his notice that the District Administration has imposed restrictions in Rajouri Town to maintain law and order situation that has arisen on account of land dispute between two major communities i.e. the Hindus and Muslims. He made a fervent appeal to the members of both the communities to maintain peace and harmony at all costs.The senior NC leader said "We have full trust and confidence in the District Administration and its law enforcing agencies including the DC and the SSP and asked the people to fully cooperate with the authorities and not get swayed away by some vested interests who are trying to exploit the situation." He said that the dispute shall be settled as per the rule of law and the decision shall be just and the disputing parties must honour it whether the subject matter



of dispute is declared as state land or Auqaf land. The National Conference leader stated that the people of the region are already passing through tough times as vested inter-ests are making all efforts to create hatred and communal divide to satiate their political agenda and people are expected to be aware of such disruptive elements. He said that history bears testimony to the fact that the people of Pirpanjal Range have always stood united to defeat the communal forces and maintain the communal brotherhood and harmony so that peace prevails in the region.Exuding confidence in the people of the region,

PSPS Govt PG College for Women hosts Poster Competition on topics of Physics

JAMMU, SEPTEMBER 09: Department of Physics, PSPS Govt. PG College for Women, Gandhi Nagar, Jammu organized Poster Presentation Competition on the topics 'Vector Analysis, Electric Currents, Magnetostatics and Importance of Optical Phenomenon in day to day life. The function started with the formal welcome of Chief Guest, Principal Prof. Meenu Mahajan by Dr. B.D.Seghal HOD Physics.In this competition, as many as 30 students participated with 19 posters and covered a variety of phenomenons related to above mentioned topics.The event was judged by Prof. Hitesh Basotra and Dr. Pankaj Bandoria, Associate Professors of GGM Science College. Poster competition was adjudged on the based Content, Knowledge

and Presentation.

FROM THE FRONT PAGE...

LG

the world's first Liquid Nano Urea.

Sustainable farming is the only way forward to ensure food security and growth. Farmers are ultimate entrepreneurs and our effort is to provide them with better infrastructure, easy access to credit, access to modern machinery and benefits of agriculture extension services, observed the Lt Governor.

Under the leadership of Prime Minister Narendra Modi, India has become the fifth largest economy in the world overtaking England. It has also sent a strong message that a sustainable and innovative agricultural system is significant for the holistic growth of any region or nation, observed the Lt Governor.

Highlighting the reforms introduced in the agriculture sector in J&K, the Lt Governor observed that being agriculture based economy and having more than 70% of the population dependent on agriculture, special impetus has been given to make J&K's agriculture system sustainable and profitable.

Introduction of progressive land reforms and efforts towards diversification, allied activities and high density plantation have enabled farmers with small land holdings to earn more, the Lt Governor said.

Integrated approach of farming has already been initiated and the government is promoting agro-based employment generating activities. Revival of traditional crops with market linkage support, GI tagging of local produce, high density plantation and allied activities have successfully brought prosperity for the farmers, the Lt Governor said. The Lt Governor further highlighted that various strategies are being adopted for promotion of allied enterprises such as dairy farming, apiculture, sericulture and food processing in augmenting farmers income to reduce losses and open greater opportunities for employment and entrepreneurship.

Underlining the need to make necessary interventions to ensure food security for the growing population, the Lt Governor called on stakeholders to work on mission mode for effective implementation of the Millet mission, Exotic Vegetables Farming, promoting micro-irrigation and reducing crop waste.

Dileep Sanghani, Chairman, IFFCO, speaking on the occasion said that IFFCO is continuously engaged in finding solutions to problems confronting the agriculture and allied sector. He informed that trials of the World's first Nano Urea were conducted at more than 11000 places in every nook and corner of the country on around 94 crops. Dr Arun Kumar Mehta, Chief Secretary, in his address said that J&K's Agriculture Sector will emerge as a role model not only for the country but the whole world. A new J&K is recording unprecedented growth and development in every sector and is figuring as a top performer in several categories, he added.

Atal Dulloo, Additional Chief Secretary, Agriculture Production Department, informed about the Apex Committee constituted under Dr Mangala Rai to find ways to double the growth rate of the agriculture sector. He said that various technical working groups have been formulated to suggest a policy framework to the Government.

Dr. U.S. Awasthi, Managing Director & CEO, IFFCO, highlighted the features and benefits of Nano Urea. It will immensely benefit the production in horticulture and agriculture sector, he said.

To mark the occasion, the Lt Governor also handed over sanction letters for Sprayers to Farmers, FPOs, Cooperative Societies and SHGs as part of the intervention of the Agriculture department for changing the public perception in the field of agriculture.

Balvir Singh, Vice Chairman, IFFCO; Yogindra Kumar, Director Marketing, IFFCO; Board of Directors, IFFCO, Chowdhary Mohammad Iqbal, Director, Department of Agriculture Production & Farmers Welfare Kashmir, members of FPO, Cooperatives & SHGs and large number of farmers were present on the occasion.

AC

sustainable and operationally efficient power distribution sector. It will further reduce the AT&C losses to pan-India levels of 12-15% and ACS-ARR gap to zero by 2024-25 by improving the operational efficiencies and financial sustainability of all DISCOMs/ Power Department.

Under RDSS scheme, conditional financial assistance shall be provided to the DISCOMs for strengthening of supply infrastructure based on meeting pre-qualifying criteria and achieving basic minimum benchmark.

The decision aims at achieving 100% smart pre-paid consumer metering and 100% system metering with commuhan Mantri Jan Arogya Yojno, till further orders," the order reads.

Minga Sherpa (IAS), Additional Deputy Commissioner, Jammu has been transferred and posted as Managing Director, Jammu and Kashmir Tourism Development Corporation (IKTDC), against an available vacancy.

Faz Lul Haseeb (IAS), Additional Deputy Commissioner, Srinagar holding additional charge of the post of Chief Executive Officer, Urban Development Agency, Kashmir has been transferred and posted as Director, Tourism Kashmir.

Harvinder Singh (IAS), Sub Divisional Magistrate, Uri, holding additional charge of Sub Registrar, Uri, has been transferred and posted as Additional Deputy Commissioner, Jammu.

Dr. Ghulam Nabi Itoo (JKAS), Director Tourism, Kashmir has been transferred and posted as Special Secretary to the Government, Jal Shakti Department.

SECTION 144

venue in PG College Rajouri shall be allowed to move from within town towards the examination venue on the condition of showing valid examination card/roll number slip only.

They added that the administration is also holding talks with prominent members of the communities to find a solution to the row.

REVENUE

of the revenue department to work out viable solutions to address issues and challenges.

The Lt Governor emphasized on streamlining of online-Revenue Services to make the system more transparent & accountable to the common people.

He further advised for mapping of forest land, besides creating a dedicated IT cell in the Revenue department.

While reviewing the progress made under Land Records Information System, the chair was informed that a total of 8,21,40,595 of scanned documents, including Jamabandis, Mutations and Girdawaris have been uploaded till date.

Shaleen Kabra, Financial Commissioner, Revenue gave a detailed briefing on the steps taken to achieve the core objectives of Revenue Department and the progress registered under Digital India Land Record Modernization Program; Digitization of Maps and its updation/Survey through latest Geo-reference technology; Ground Truthing through Mobile App; Online-Revenue Services and End to End Integrated Workflow.

It was informed that the Revenue department is using a grievance redressal portal for timely disposal of grievance es & complaints online.

Vijay Kumar Bidhuri, Commissioner/Secretary to Government, Revenue Department gave a comprehensive overview of the working of Evacuees' Property Department; Registration Department and Haj & Auqaf Affairs Department.

Vivek Bhardwaj, Additional Chief Secretary, Finance Department; Nitishwar Kumar, Principal Secretary to Lt Governor; Pandurang K Pole, Divisional Commissioner Kashmir; Achal Sethi, Secretary to Government, Department of Law, Justice & Parliamentary Affairs and senior officials of Revenue Department attended the meeting.

AZAD

seats from his native district.

Former legislator and senior Congress leader Ghulam Nabi Monga said the rally in Jammu wasn't so big. "In Baramulla also, the participation won't be big," he said.

COVID

Budgam06 cases, Pulwama reported 07cases, Kupwara reported04 cases, Anantnag reported01case, Bandipora reported 01case, Ganderbal reported 00cases, Kulgam reported 00caseswhile as Shopian also reported 02 fresh cases for today.

Similarly in Jammu division, Jammu reported 11 cases, Udhampur 01, Rajouri 01, Doda 01, Kathua 01, Samba 00, Kishtwar 00, Poonch 00, Ramban and Reasi also reported no fresh case for today.

The bulletin informs that in case of any help, the general public can call J&K UT Centralised Health Helpline- Toll Free No. 104.In case of emergency, people can avail free ambulance services 24x7 by calling toll free number 108 while as pregnant women and sick infants can avail free services by dialling toll free number 102, the bulletin reads.

CIDI

It also said that such fee structures cannot be recognised in law.

The question of public and legal importance arises when the Court stays the fee regulation order of FFRC, can a school be permitted to charge and collect the fee which it has fixed itself and which in view of the mandate of the judgments of the Supreme Court and High Court and statute, is impermissible? Can such schools charge and collect such fees from the students?

FFRC said, "The answer in law is that such types of schools have no authority in law to charge and collect fees fixed by themselves. Such schools shall have to request the High Court to decide their writ petitions or seek clarification from the High Court about the fee which in law they are entitled to charge and collect from students."

"In the other type of schools, fee structure has been earlier regulated by the FFRC, and who not being satisfied with the latest fee regulation order of FFRC, challenged same in the High Court of Jammu and Kashmir and Ladakh, and wherein the fee regulation orders of the FFRC have been kept in abeyance," reads the communiqué.

The FFRC, however, said that such type of school managements in law would be authorized to charge and collect only that fee from the student which was earlier regulated by the FFRC. "Such types of schools cannot fix the fee themselves and charge and collect the same from students."

"Keeping in abeyance of fee regulation order of FFRC by, the High Court would not and shall not authorize school managements to fix fee structure at their sweet will and charge same from students, same being not permitted by the Supreme Court and Hon'ble the High Court and the statutes occupying the field," it reads.

It added that in such type of cases, the High Court has only kept in abeyance, stayed fee regulation orders, and has not authorized school managements to fix fees of any type themselves."

"All the private school managements falling in this category shall have to follow the mandate of law and charge and collect fees accordingly. In view of legal position, they, in no circumstances, can fix fees themselves and charge and collect it from the students," it reads—(KNO)

Drivers, commuters complain lack of facilities on Mughal road

Shopian, Sep 09 (KNO): Due to lack of facilities on the historical Mughal road, commuters and drivers travelling on it are facing inconvenience.

As per news agency—Kashmir News Observer (KNO), the 84-km long road which connects Poonch district with Shopian at Bufliaz has been accorded National Highway status two years ago.

Passengers and drivers while talking to KNO said that though travelling through Mughal road from Shopian's Hirpora gives you a feeling of heaven but lack of facilities on the roadside makes the journey cumbersome.

There are no washrooms, shops and eateries along the road for kilometres because of which people travelling on it are suffering, said a local traveller.

"If your vehicle has any issue you won't be able to rectify it as no such facility is available on the road," said a driver. He said that travelling along this road throws one incommunicado for hours due to lack of telecommunication.

"In case of an emergency or an accident no SOS call can be made. Hence many avoid travel on the road," said a commuter.

In absence of a washroom facility, women face immense hardship while urging the government to act on the complaint on priority, said a woman tourist from Srinagar— (KNO) In absence of a washroom facility, women face immense hardship while urging the government to act on the complaint on priority, said a woman tourist from Srinagar—(KNO)

PM

income; Water - Innovation for producing potable drinking water; Energy- Clean Energy for All including S&T role in Hydrogen mission; Deep Ocean Mission and its relevance for Coastal States and Union Territories as well as country's future economy.

The first of its kind Conclave will witness the participation of Gujarat CM, Union MoS Science and Technology, Ministers and Secretaries of States and Union Territories, industry leaders, entrepreneurs, NGOs, young scientists and students.

PM discussed bilateral issues with Norwegian counterpart on phone

NEWS HEADLINES TODAY

DEBATE COMPETITION ON INTERNATIONAL LITERACY DAY AT GOVT HIGH SCHOOL PAYERPORA

M S Nazki

Srinagar Going by the literal meaning, Literacy is the ability to read, write, speak and listen in a way that helps us communicate effectively. The United Nations Education, Scientific and Cultural Organisation (UNESCO) declared *8 September* as *International Literacy Day* in the year 1966. Since 1967, International Literacy Day (ILD) celebrations have taken place annually around the world to remind the public of the importance of literacy as a matter of dignity and human rights, and to advance the literacy agenda toward a more literate and sustainable society.

To mark the occasion, A debate competition was held at *Govt High School, Payarpora* by Indian Army in its continuous efforts to reach out to the youth with an initiative in mind to further tinker the young minds with a debate topic, *"Working women can support their families in a better way"*.

A total of 12 students (6 boys & 6 girls) participated in the debate from classes 8, 9 and 10. The students spoke for and against the motion and put up an exceptional display of oratory skills with both confidence and quality content.

Best three speakers were awarded with cash prizes of 1500, 1000 and 500 each. It is a matter of great pride and signifies the very positive change and thus imperative to note that top three candidates came out to be girls. Also, to keep students encouraged and to reward them for their efforts, all participants were given appreciation prizes.

The pgme concluded with a patriotic song by the girls students and speech by the school principal on the benefits of education and literacy on society which is guiding the youth to tread the correct path of hard work and focus on becoming responsible citizens of the country.

DDC Doda distributes Baby Kits among mothers of newly born babies

DODA, SEPTEMBER 09: District Development Commissioner Doda, Vishesh Paul Mahajan today visited the Associated Hospital, Government Medical College and distributed baby kits among the mothers of newly born babies.

The kits were provided by "HUMANITY AID", an NGO. The DDC appreciated the efforts of the NGO and urged them to contribute to Nasha Mukt Bharat and Swachh Bharat mission campaign by mobilising youth of the district.

Meanwhile, the DDC also conducted surprise inspection of the District Library and enquired about the facilities being provided to the students including provision of the books and journals for preparation of competitive exams. The DDC directed the concerned officials to provide the best latest journals and books to the students, keep the library open from 8 am in the morning upto 8 pm in the evening besides maintain cleanliness in and round its premises.

Book Reading, Debate Competition held in Govt G.L.D.M Degree College Hiranagar

KATHUA, SEPTEMBER 09: Five Day Programme was organized to celebrate Teachers' Day at Government Girdhari Lal Dogra Memorial Degree College Hiranagar which witnessed a series of activities.

On the Ist day, faculty members were felicitated by the Principal of the college with the certificates of appreciation. The 2nd Day witnessed a variety Cultural programme and different games like musical chair, picking of slips, lemon race, skit on the role of teacher etc. for teachers. On Day 3 a Debate Competition was organized in which Tania bagged 1st position, Ganakshi stood 2nd and Reema clinched 3rd position.

Jury Members were Prof. Sujat Khan, Prof. Gurdayal, Prof Arun Kumar.

The Book Reading Competition was organised on day 4 in which Sushil Rana bagged First position, Mansi bagged 2nd and Payal Jasrotia bagged 3rd position, while Meenakshi got consolation prize. Jury members were Dr. Rajesh Sharma, Dr. Neeru Devi Anand, and Dr. Preeti Verma.

On the last day of celebration, students presented a scintillating dance and Singing programme. Certificates were distributed among the winners and participants. The Programme was organised under able guidance of Dr Pragya Khanna, Chief Patron and Principal of the College.

The programme was coordinated by Prof. Sujat Khan, (Coordinator IQAC); Dr. Davinder Kour, convener Cultural Committee and Prof. Rakesh Sharma, Programme Officer, NSS Dr. Sukhdeep Singh, ANO NCC.

Others present on the occasion were Prof. Parveen, Prof.

nicating features aimed at reducing AT&C losses besides improving operational efficiencies and financial sustainability of DISCOMs.

DR JATINDRA

in deputation rules, 22 officers belonging to various services and different cadres have been posted in the UT at various levels at a crucial time, the statement said.

He said the DoPT played a major role in facilitating induction of JKAS officers into the IAS by coordinating with UT of Jammu and Kashmir, Ministry of Home Affairs and the UPSC.

"As a result, recently 16 officers from JKAS have been inducted into IAS and another eight such vacancies will be filled up shortly giving opportunities to the JKAS officers to become part of prestigious IAS service after a long gap of 12 years," Singh said.

The minister said mid-career training of JKAS officers of various seniority was carried out in collaboration with LBSNAA and it provided a new level of exposure to the JKAS officers and more than 200 offices.

Singh said central government employees working in the Kashmir Valley in attached and subordinate offices or PSUs falling under control of the Centre have been extended special concessions for a period of three years from August 1, 2021.

The incentives include an additional house rent allowance, composite transfer grant, per diem allowance, incentive for period of temporary duty, messing allowance, facility to draw pension at the place of settlement in relaxation of relevant provisions, he said.

The minister said retention of general pool accommodation available to officers who have served in the central government has also been extended to officers posted in Jammu and Kashmir on the pattern of the northeast states. Singh said in view of home LTC, it can be availed to visit Jammu and Kashmir and Ladakh for which guidelines have been notified by the DOPT.

It will enhance tourism in Jammu and Kashmir and Ladakh and also provide an opportunity to all central government employees to visit the two UTs, he said.

The minister said the Department of Administrative Reforms and Public Grievances (DARPG) has helped the UT administration to switch over to online functioning, as a result of which the UT exchequer would save over Rs 200 crore incurred in transport of records etc during 'Durbar move' - shifting of capitals from Srinagar to Jammu during winters and vice versa.

"The government headed by Prime Minister Narendra Modi gives high priority to Jammu and Kashmir and there is no dearth of support forthcoming, as far as the Centre is concerned," he said.

IAS

Bharat-Pradhan Mantri Jan Arogya Yojna, has been transferred and posted as Mission Director, National Health Mission, J&K.

"She shall continue to hold the additional charge of the post of Chief Executive Officer, Ayushman Bharat-Prad-

administration, Ministry of External Affairs, Indian High Commission and several other offices intervened in the matter to make sure the medico-legal formalities were conducted in a shortest possible time to and that body reaches as soon as possible," he said.

Resident Commissioner New Delhi, he said, coordinated continuously along with other officers involved in return of the body.

He said Lieutenant Governor Manoj Sinha, Chief Secretary Dr. Arun Kumar Mehta, Principal Secretary Higher Education and Divisional Commissioner Kashmir personally intervened and monitored the process at various levels to ensure mortal remains reach back to the residence of the deceased girl at an earliest.

POONCH

died. The beat guard later handed over the goat to wildlife department.

GOVT

rationalization of staff were passed by him during a meeting of committee of secretaries (CoS) held under his chairmanship on August 16, 2022.

"CS observed that some of the officials who have tenure of more than five years need to be relocated immediately. All departments were asked to identify and recommend transfer of employees having tenure of more than five years, within seven days." reads the documents.

Subsequently, the General Administration Department (GAD) on August 24 wrote to the administrative secretaries to identify and recommend the transfer of employees in their subordinate offices who have completed a tenure of more than five years.

The GAD again wrote to the departments on Friday to furnish action taken report(s) in the matter for appraisal of the chief secretary—(KNO)

SCHOOLS

a communiqué according to the news agency—Kashmir News Observer (KNO).

"In most cases, in which the fee regulation order of FFRC has been stayed, as already stated, had approached FFRC for the first time. In these schools, in view of non-submission of proposed fee structure and record to FFRC previously, the fee was not determined and regulated by FFRC in respect of previous academic sessions," it said.

According to the communiqué, 'in violation of judgments of the Supreme Court and the High Court of Jammu and Kashmir and Ladakh, and mandate of the law, such schools have fixed the fee structure themselves'.

"The act of such school managements is per se illegal and void ab-initio, as fee structure has been fixed in breach of the mandate of the judgments of the Supreme Court and High Court and the statute occupying the field," the FFRC said. New Delhi, Sep 9 (UNI) Prime Minister Narendra Modi on Friday had a telephone conversation with Prime Minister of Norway Jonas Gahr Støre and discussed bilateral and international issues of mutual interest.

The two leaders discussed initiatives to mobilise climate finance for renewable energy projects in developing countries, the PMO said.

Prime Minister Narendra Modi emphasized the importance of ensuring equitable, timely and adequate climate finance for the developing world, and appreciated Store's commitment to this cause.

The two leaders reviewed various ongoing bilateral cooperation initiatives, including under the Task Force on Blue economy, the PMO said.

They also expressed satisfaction at the increasing India-Norway collaboration in areas like green hydrogen, shipping, Science and Technology and education. Prime Minister Narendra Modi emphasized the importance of ensuring equitable, timely and adequate climate finance for the developing world, and appreciated Store's commitment to this cause.

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They also expressed satisfaction at the increasing In-

DDC Chairperson Kishtwar flags off "Swasthya Rath" to promote Nasha Mukt Bharat Abhiyan

KISHTWAR, SEPTEMBER 09: District Development Council (DDC) Chairperson, Kishtwar Pooja Thakur in presence of Deputy Commissioner (DC) Dr. Devansh Yadav today flagged off Swasthya Rath" to promote Nasha Mukt Bharat Abhiyan, besides dedicated a new Ambulance to PHC Dachhan, here from DC Office Complex.

The Ambulance has been donated by Chenab Valley Power Projects Pvt. Ltd (CVPPPL) and dedicated to Public. Speaking on the occasion, the DDC Chairperson congratulated the general public and said that the Ambulance will augment the emergency Medicare facility and benefit the people of that far-flung area.

She also expressed her gratitude to the Deputy Commissioner, CVPPL and Health Authorities.

Meanwhile, District Development Council (DDC) Chairperson Kishtwar Pooja Thakur in presence of Deputy Commissioner (DC) Dr. Devansh Yadav flagged off "Swashtya Rath" a Mobile Medical Unit to spread awareness about the harmful and fatal effects of the menace of drug abuse under Nasha Mukt Bharat Abhiyan.

The Swashtya Rath fitted with louder speakers shall spread awareness across the host spot areas of District Kishtwar.

Additional District Development Commissioner Kishtwar, Sham Lal, DSWO Kishtwar Zubair Ahmed

CMO Kishtwar Dr. Chander Prakash, Dy. CMO Kishtwar Dr. Balbir Kumar; HOP General Manager/IC Pakal Dul, Ramesh Mukhiya; General Manager Electrical Pakal Dul P. K Ray; GM HR Pakal Dul Anand Kumar; BMO Padder Dr. Anil Sharma; Manager Environment Pakal Dul Nasir Ahmed Ganaie besides members of Medical Fraternity. Ajay, Prof. Manjot, Prof. Bhavana, Dr. Anju, Dr. Jyoti, Prof. Kiran, Dr. Chinky, Prof. Ritika, Dr. Arun, Prof. Arvind, Prof. Anil, Prof. Nidhi, Dr. Arun, Prof. Neha, Prof. Kamlesh, Prof. Bharat, Prof. Mukesh, Mrs Ritu, Mr. Vikram.

DLSA Udhampur organises Legal Awareness Programme for students

UDHAMPUR, SEPTEMBER 09: Following the Common Minimum Programme provided by J&K Legal Services Authority and under the Chairmanship of Chairman District Legal Services Authority Udhampur, Y.P. Bourney and overall Supervision of Secretary, District Legal Services Authority, Udhampur, Rajni Sharma, a Legal Awareness Programme on NALSA (Child Friendly Legal Services to Children and their Protection) Scheme, 2015 was today or ganized by District Legal Services Authority, Udhampur at Government Higher Secondary School Jaganoo.

The Resource person of the programme was Panel Lawyer Adv. Sanjeet Kumar Bavouria, who was assisted by PLV Rachna Devi.

The programme was attended by the Principal teachers and students of the school. The resource person threw light on the NALSA Scheme and reiterated the mission of legal services institutions to provide all possible help to the downtrodden sections of the society especially children.

Special Summary Revision, 2022 DEO Ramban discuss prescribed activities with political representatives

RAMBAN, SEPTEMBER 09: District Election Officer, Ramban, Mussarat Islam, on Friday convened a meeting with representatives of political parties to discuss the Special Summary Revision, 2022.

Dy. DEO, Lal Chand; Tehsildar Ramban, Rafiq Ahmed; Election Naib Tehsildar Mohan Lal, other officials of the election department also attended the meeting.

The DEO informed the representatives of political parties about post delimitation exercises made by the administration including rationalization of polling stations, and the creation of new polling stations in Ramban and Banihal Assembly constituencies of the district.

The DEO informed the representatives that Special Summary Revision, 2022 shall be conducted for 40 days and start from September 15, 2022.

The DEO stated that any person "attaining the age of 18 years on or before October 1, 2022, and is otherwise qualified to be enrolled as an elector in the Electoral Roll, can apply online or offline mode for his registration during the Special Summary Revision. The DEO urged the political parties to submit the list of their BLAs, and cooperate with the election staff deputed for SSR in their areas.

Responding to the certain issues raised by the representatives regarding the inclusion of news voters, correction in names, duplication of voters, relocation of polling stations, etc, the DEO said that BLOs have been trained and sensitized regarding the Special Summary Revision exercise. He informed that special camps are being.

World leaders remember Queen Elizabeth II

JAMMU, SEPTEMBER 8: The London, Sep 9 (UNI) World leaders and dignitaries have paid tributes to Queen Elizabeth II, who passed away at the age of 96.

They have honoured her deep sense of duty and her resilience, as well as her sense of humour and kindness. As monarch for seven decades, the British Queen lived through times of extraordinary change, and this was reflected in several tributes, the BBC said.

France's Emmanuel Macron led tributes, remembering the "a kind-hearted queen" who was "a friend of France"

Former US President Barack Obama said the Queen had "captivated the world" with a "reign defined by grace, elegance and a tireless work ethic"

"Time and again, we were struck by her warmth, the way she put people at ease, and how she brought her considerable humour and charm to moments of great pomp and circumstance," Obama, who met the Queen on several occasions, said in a statement.

He noted, she lived "through periods of prosperity and stagnation - from the Moon landing to the fall of the Berlin Wall".

Current US President Joe Biden who first met Her Majesty 40 years ago - described her as "more than a monarch - she defined an era" Remembering his visit to the UK in

2021 as president, Biden said "she charmed us with her wit, moved us with her kindness, and generously shared with us her wisdom"

Queen Elizabeth II met 13 US presidents during her reign, including Donald Trump, who said he would "never forget Her Majesty's generous friendship, great wisdom, and wonderful sense of humour". "What a grand and beautiful lady she was - there was nobody like

Flags have been lowered to halfmast around the world - including at the European Commission in Brussels, Belgium.



her!" the former president wrote on his online platform, Truth Social. And another former US president, George W Bush, reflected fondly on the time he spent having tea with Her Majesty and her corgis, describing her "great intellect, charm and wit'

From Canada - where Queen Elizabeth was head of state and seen 12 prime ministers during her reign. an emotional Justin Trudeau said she had "an obvious deep and abiding love for Canadians"

"In a complicated world, her steady grace and resolve brought comfort to us all," the prime minister said, adding that he would miss their "chats" where she was "thoughtful, wise, curious, helpful, funny and so much more"

"She was one of my favourite peo-ple in the world, and I will miss her so," he said, holding back tears.

EU Commission President Ursula von der Leyen said the Queen's "empathy and ability to connect with every passing generation, while remaining rooted in the tradition that truly mattered to her, was

an example of true leadership" King Willem-Alexander of The Netherlands - who is Queen Eliz-abeth's fifth cousin - said he and Queen Maxima remembered the "steadfast and wise" monarch with "deep respect and great affection". Sweden's King Carl XVI Gustaf, also a distant relative to the Queen, said: "She has always been dear to my family and a precious link in our shared family history.

And Belgium's King Philippe and Queen Mathilde said she was "an extraordinary personality... who, throughout her reign, showed dignity, courage and devotion"

German Chancellor Olaf Scholz

paid tribute to the Queen's "wonderful humour" and said in a statement that "her commitment to German-British reconciliation after the horrors of World War Two will remain unforgotten".

Saudi Arabia's King Salman and Crown Prince Mohammed bin Salman sent their condolences, with the king describing her as "a role model for leadership that will be immortalised in history

Chinese President Xi Jinping offered "sincere sympathies to the British government and people" following the Queen's death, adding: "Her passing is a great loss to the British people.

Japanese Prime Minister Fumio Kishida expressed his "deep sorrow". "The death of the queen, who led Britain through turbulent times in the world, is a great loss not only for the British people but also the international community," he told reporters.

Irish President Michael D Higgins honoured the Queen's "extraordinary sense of duty", which he said would "hold a unique place in British history".

"Her reign of 70 years encom-passed periods of enormous change, during which she represented a remarkable source of reassurance to the British people," he said in a lengthy statement.

António Guterres, the UN's secretary-general, said Queen Elizabeth was "a reassuring presence throughout decades of sweeping change, including the decolonisa-

HT NATIONAL /WORLD HEADLINES TODAY Jaishankar to visit Saudi Arabia

New Delhi, Sep 9 (UNI) External Affairs Minister S. Jaishankar will pay an official visit to Saudi Arabia from September 10 to 12. This will be his first visit to the Kingdom as EAM. During the visit the Minister will co-chair the inaugural Ministerial Meeting of the Committee on Political, Security, Social and Cultural Co-operation (PSSC), established under the framework of the India-Saudi Arabia Strategic Partnership Council, with the Foreign Minister of Saudi Arabia Faisal bin Farhan Al Saud, the Ministry of External Affairs said.

The two Ministers will undertake a comprehensive review of the entire bilateral relationship and will discuss the progress under the four Joint Working Groups of the PSSC Committee namely Political and Consular, Legal and Security, Social and Cultural and Joint Committee on Defence Cooperation, the Ministrv added.

The meetings of these Groups and Senior Officials (at Secretary level) have been held over the past few months.

Both sides will also discuss regional and international issues of mutual interest including their cooperation at the UN, G20 and GCC, the Ministrv added.

During the visit S Jaishankar will also meet other Saudi dignitaries as well as Secretary General of the Gulf Cooperation Council (GCC) Dr Nayef Falah Mubarak Al-Hairaf. Both sides will review the bilateral relations and discuss ways to en-

hance them. The Ministry will also interact with

Congress leader Rahul Gandhi, who is

YouTubers Of 'Village Cooking Channel' In Kanyakumari



the Indian community in Saudi Arabia

India-Saudi Arabia relations have strengthened considerably over the past few years including in political, security, energy, trade, investment, health, food security, cultural and defence fields.

The top leadership of both countries remained in close touch even during the Covid pandemic. The two Ministers will undertake a comprehensive review of the entire bilateral relationship and will discuss the progress under the four Joint Working Groups of the PSSC Committee namely Political and Consular, Legal and Security. Social and Cultural and Joint Committee on Defence Cooperation, the Ministry added.

The meetings of these Groups and Senior Officials (at Secretary level) have been held over the past few

months. Both sides will also discuss regional and international issues of mutual interest including their cooperation at the UN, G20 and GCC, the Ministry added.

six initially started this channel just as a

pass time. But soon, their content went

viral, gathering more and more views on

each video. The videos generally feature

these people cooking traditional South

Indian foods and other exotic recipes

on agricultural fields, using traditional

Mr Gandhi launched the Bharat Jodo

Yatra - the Congress party's mega march

- from Kanyakumari on Wednesday eve-

ning. It is being seen as an attempt by

the party to rally support ahead of the

Ahead of the launch, Mr Gandhi visited

his father and former Prime Minister.

cooking methods.

2024 general election.

Journalist S Kappan Gets Bail, Supreme Court Stresses Freedom Of Expression

New Delhi: Kerala Journalist Siddique Kappan, jailed in Uttar Pradesh for nearly two years, was granted bail today by the Supreme Court, which said "Every person has freedom of expression." Siddique Kappan was arrested on his way to Uttar Pradesh's Hathras, where he said he was going to report on a 19-year-old's gang-rape and murder. He was charged under the stringent Unlawful Activities Prevention Act (UAPA) for alleged terror funding.

"The person (Kappan) has been in custody for two years," the Chief Justice of India, UU Lalit, noted. The court said the journalist has to report to the police in Delhi for the next six weeks and in Kerala after that. He will be produced before a trial court in three days and he has to submit his passport.

A reporter for Malavalam news portal Azhimukham, Siddique Kappan was arrested by the UP police on the charge of trying to disturb law and order in Hathras. He had links with the Popular Front of India (PFI), said the cops. The journalist has always said he is being framed.

In court today, the Uttar Pradesh government argued that Mr Kappan was paid to incite riots and that he is not even an accredited journalist. "He was trying to create a riot situation and use explosives. He belongs to the PFI and that is a terrorist organization," said Mahesh Jethmalani, lawyer for UP, adding that he had incriminating literature. The Supreme Court questioned the evidence against Mr Kappan. "What was found with Kappan? No explosives were found, material was not found with him but in the car and they weren't used for propagating," Chief Justice Lalit said.Mr Kappan's lawyer Kapil Sibal asked the prosecution to read what was in that literature. "What material was dangerous. Is there any literature which shows anything damaging,' asked the Chief Justice.

In 2024 election there will be a bigger 'Khela' says Mamata Banerjee

Sourav Dutta,

Kolkatat: A party meeting, Chief Minister Mamata Banerjee said that in the 2024 Lok Sabha election there will be a bigger "khela" (game) as all the opposition parties will unite to beat the BJP.Once again raising 'Khela Hobe' (Game is on), Mamata said that after a "peaceful" panchayat election next year, the game will start from Bengal.

"The opposition (parties) are now together. Akhilesh (Yadav) is there, Hemant (Soren) is there, Nitish (Kumar) is there and we along with our friends will fight the BJP in 2024. BJP is flying high as they have near 300 mark seats. Even Rajiv Gandhi had 400 seats but had to lose. The states which I have mentioned over there will make them lose at least 100 seats," said Mamata.

participating in a Bharat Jodo Yatra, is afraid of TMC and menmet the members of a 'Village Cooking tioned that even though nationally the unemployment Channel Channel', a popular YouTube rate has gone up, in Bengal channel, in Kanyakumari. The YouTube the unemployment rate has decreased."I have got invi-tations from China, Chicachannel is known for its videos on traditional village food cooking in open fields. The creators of the channel had go, and other places, but the central government didn't got pan-India appeal last year when Mr Gandhi joined an outdoor session cookallow me to go. Why are they ing mushroom biryani during the elecso afraid? They (BJP) can go and visit places, as I feel in Bengal there is everything. tion campaign. It is the first YouTube channel from Tamil Nadu to reach one We will develop it further, "claimed the Chief Minister. crore (10 million) subscriber mark.national Literacy day is to convey. In the Mamata also stated that the video last year, Mr Gandhi joined the Trinamool Congress is the only political party with an cooks making the biryani and mixed the raita mentioning the names of the ingredients out loud in Tamil, in the 'ideology" for which it will fight in the 2024 Lok Sabha election to form a "pro-peosame way the chef does in the videos. ple" government."The well being of the common people is the last word for me. The present BJP government is selling everything and is telling lies to people. TMC

will fight to make a pro people government in 2024, Los Angeles: Union Minister for Commerce and Industry Piyush Goyal on Friday said that a robust Indo-Pacific Economic Framework for Prosperity

The channel, which was launched in 2018 by former caterer Periyathambi, has nearly 18 million subscribers now. His grandchildren Ayyanar, Murugesan, Tamilselvan, Muthumanickam and Subramanian are the other members who appear on the channel. The team of within the framework. "we can begin engaging among member countries on different areas of mutual interest. India will take its decisions on different aspects

meeting. Mr Goyal met US Trade Representative Katherine Tai ahead of the meeting. "I've also had the opportunity to have bilateral discussions with USTR Ambassador Tai and

to deepen the partnerships with member countries and will also address the challenges collectively.

(IPEF) presented an opportunity

She said that the IPEF also al-

Announcing a new party programme, the TMC supremo said that soon the TMC will start a campaign that 'We want jobs and not BJP agencies'.No matter how much the BJP-led cen-

tral government threatens us and harasses us by their central agencies, we will not bend down. We will fight back as the TMC is the only party that can fight against the BJP. "Even if they put more leaders behind bars even then we will fight back," added Mamata. The Chief Minister also questioned why the BJP

tion of Africa and Asia and the evolution of the Commonwealth". In a statement, he paid tribute to "her unwavering, lifelong dedication to serving her people. Rahul Gandhi, Leading Congress' Mega March, Meets



Economic Policy To Focus On National Interest: Centre

India's Indo-Pacific

presented soon in the Parlia ment, and India will take its decisions on different aspects based on the national interest. Mr Goyal said that India is a big provider of technology services to US companies and a robust framework is being proposed to be presented to Parliament soon

(IPEF) is being proposed to be

"India is looking to have contemporary and modern laws in the digital world while main-taining high levels of data privacy," he added. He said that

of the IPEF framework based on our national interest.

"We had a useful engagement among member countries of the Indo-Pacific Economic Framework for Prosperity. Officials have worked to prepare the ground for useful interactions between ministers. By tomor-

row we hope to create a robust framework," Mr Goyal said. Union Minister Piyush Goyal is on a six-day visit to San Francisco and Los Angeles to attend the first Indo-Pacific Economic Framework (IPEF) ministerial

US Commerce Secretary Gina Raimondo, Both were very excited about the good work happening between India and US," Mr Goval said.

"They were extremely favourable to expanding ties in trade and investments including hitech areas. They were also wishing to further resilient supply chains between India and US, he added. US Trade Representative Katherine Tai on Thursday said that Indo-Pacific Economic Framework for Prosperity

lows working together to build a platform to address future challenges and bring sustainable and equitable growth to the Indo-Pacific region. Indo-Pacific Econom-The

ic Framework for Prosperity (IPEF) was launched jointly by the US and other partner countries of the Indo-Pacific region on May 23, 2022, in Tokyo. India joined the IPEF and Prime Minister Narendra Modi attended the launch event along with US President Joe Biden,

King Charles III starts reign as mourning begins for late queen

King Charles III on Friday readied to address his mourning subjects on the first full day of his new reign as Britain and the world commemorated the extraordinary life of his late mother, Queen Elizabeth II

At 73, Charles is the oldest monarch yet to ascend the throne of the United Kingdom, following the death of his "cherished" mother at her Scottish estate of Balmoral on Thursday

Read: All the queen's kingdoms: Where did Elizabeth II reign?

He was due to return to London from Balmoral, where the 96-yearold queen died "peacefully" after a year-long period of ill-health and decline, at the culmination of a record-breaking reign of 70 years.

"During this period of mourning and change, my family and I will be comforted and sustained by our knowledge of the respect and deep affection in which the queen was so widely held," Charles said in a statement

One of the planet's most recognisable people, she was the only British monarch most people alive today had ever known.

The tributes were universal, including from Russia and China. New York's Empire State Building was illuminated after sunset in silver and royal purple, while the Eiffel Tower in Paris dimmed its lights in tribute.

US President Joe Biden described Queen Elizabeth as "a stateswoman of unmatched dignity", and relayed the comforting words she gave when the United States was plunged into mourning on 9/11. They were the same words chosen by the Daily Telegraph for its som-



bre front-page: "Grief is the price we pay for love."

Other British newspapers also printed special editions to mark the occasion.

"Our hearts are broken," headlined popular tabloid the Daily Mail

The Mirror wrote simply: "Thank you.'

A photograph taken on September 9, shows the front pages of British news papers a day after Queen Elizabeth II died at the age of 96. - AFP

The new king was also expected to hold his first audience with Prime Minister Liz Truss, who was only appointed on Tuesday in one of the queen's last official acts before her death.

Charles's inaugural address, set

to be pre-recorded, was expected

to be broadcast on Friday evening,

part of 10 days of plans honed over

decades by Buckingham Palace

Truss acclaimed the "second Elizabethan age", five centuries after the celebrated first.

"We offer him (Charles) our loyalty and devotion just as his mother devoted so much to so many for so long," she said in a televised address on Thursday. "God save the king.

Charles was also due to meet officials in charge of the elaborate arrangements for his mother's lavish state funeral, which will be attended by crowned and elected heads of state from around the world.

He will decide on the length of the royal household's period of mourning, which is expected to last a month, while the UK government will observe at least 10 days of official remembrance, when limited business is conducted.

Gun salutes - one round for every year of the queen's life - will be fired on Friday across Hyde Park in central London and from the Tower of London on the River Thames

Muffled church bells will toll at Westminster Abbey, St Paul's Cathedral and Windsor Castle, among other places, and Union flags will fly at half-mast.

Truss and other senior ministers were set to attend a public remembrance service at St Paul's, while the UK parliament will start two days of special tributes.

The queen's death and its ceremonial aftermath comes as the government strives to rush through emergency legislation to tackle the kind of war-fuelled economic privation that marked the start of Elizabeth's reign in 1952.

A person carries floral tribute in front of Buckingham Palace, following the passing of Queen Elizabeth, in London, Britain, September 9. — Reuters

Arvind Kejriwal Meets Lt Governor 1st Time Since CBI Raids Sparked Scam-vs-Scam

New Delhi: Delhi Chief Minister Arvind Kejriwal met with Lieutenant Governor VK Saxena for their regular Friday meeting today, having skipped the last four times after CBI raids on his deputy, Manish Sisodia. He later said the 40-minute meeting was "held in a cordial environment".

They last met on August 12, but did not on August 19, the day the CBI raided Mr Sisodia's house over an alleged scam in the liquor policy. The probe was ordered by Mr Saxena in July. The AAP says it's all a ploy by Prime Minister Narendra Modi and the BJP government, via the Lieutenant Governor

The next Friday, August 26, the AAP leader was in Gujarat, PM Modi's home state, for poll campaigning. And he was travelling again on September 2.

The meeting today had routine administrative matters to be discussed. Its agenda is not shared with the media, but Mr Kejriwal told reporters after it: "I requested L-G sir that together let's fix the MCD a little so that Delhi is cleaner." The MCD (Municipal Corporation of Delhi) is controlled by the BJP.

Mr Kejriwal, when asked about the recent rows, said, "Whatever happened is unfortunate and I hope the situation should improve." On no meeting the past few Fridays, he said, "I was not in Delhi by chance. Today's was a good meeting held in very good environment."

A lot has happened between the AAP and Centre-appointed Lieutenant Governor since the CBI raids over the New Excise Policy. The policy, which brought private players into the liquor trade, was in force for eight months before it was withdrawn in July, after the Lieutenant Governor ordered a CBI probe.

The AAP — besides seeing "a ploy by PM Modi and BJP' hit back at VK Saxena directly, too, with scam allegations over his seven-year tenure as Khadi and Village Industries.

Machhal Mela Celebrated with Great Fanfare at the **Macchal Cricket Ground**

M S Nazki



Kupwara, Machhal Mela was celebrated with great fanfare and enthusiasm at Machhal Cricket ground. This year for the first time the mela was organised at the village ground. All the events of the Machhal Mela were organised and conducted by the villagers with the support of Indian Army.

General Officer Commanding, Vajr Division was the chief guest for the Machhal Mela. In addition, many dignitaries from army and civil administration were also in attendance for the entire event. The event commenced with the unveiling of Foundation stone of the Machhal Stadium by the village representatives. Thereafter, NCC Cadets of the Machhal Bowl enthralled everyone with their synchronised march past and received standing ovation from the entire gathering. The finale constituted many cultural events to including dance performances by school children, rap song and many more.

The main highlights of the event were the performance by Ms. Prithika Simani, Musical performance by Meri Zindagi Female Rock Banc, Musical Concert by Abid Ali and Dance performance by troupe of Save Youth Save future foundation.

Ms.Prithika Samani is a renowned Bharatnatyam dancer from Mumbai. She has a vast experience of twenty years in this field. She is also President of Rotary Club Mumbai. She had performed three classical dance routines and involved local girls as well, which amazed the entire gath ering. The concert from Meri Zindagi Female Rock Band, Abid Ali and the dance performance by the troupe amazed all present for the event and made them dance to their musical numbers

To add on to the beauty of the mela, number of games were organised for the villagers which included Jalebi Race, Lemon Race, Needle Race, Sack Race and Musical Chair. People of the Machhal Bowl enjoyed each and every event and participated with great zeal and enthusiasm.

At the end, all the participants of the games and cultural events were felicitated with awards and lunch was organised for the entire village at the Machhal ground

First-ever inter-department women's cricket tournament concludes at KU

Srinagar, Sep 9 (KNS): The first- ever inter-department women's cricket tournament concluded at the University of Kashmir on Friday

Ten teams from various departments and centres of the main/satellite campuses participated in the tournament, organised by Directorate of Physical Education and Sports (DPES). The finals match was played between the Depart ment of Computer Sciences and the Department of Persian, where the Department of Computer Sciences emerged as winner of the first trophy.Speaking at the prize-distribution ceremony later, KU Registrar Dr Nisar Ahmad Mir, who was the chief guest, called upon female students to continue participating in different games, and highlighted different sports facilities coming up in the university.

Prof Aneesa Shafi, Dean Students Welfare, who was a guest of honour, expressed her happiness to see active participation of girls in the cricket tournament. Coordinator DPES Dr Mussavir Ahmad, under whose su-

pervision the tournament was conducted, spoke about the upcoming sports events at the university. The tournament was coordinated by KU cricket coach-

es, Sakina and Amjad.During the event, probables for forthcoming inter-college women's cricket tournament were also selected.(KNS) Coordinator DPES Dr Mussavir Ahmad, under whose supervision the tournament was conducted, spoke about the upcoming sports events at the university. The tournament was coordinated by KU cricket coaches, Sakina and Amjad. During the event, probables for forthcoming inter-college women's cricket tournament were also selected.(KNS)

Sarmad Hafeez flags off Adil Teli's Leh to Manali cycle Yatra from Srinagar

SRINAGAR, SEPTEMBER The Leh to Manali circuit rations to thousands of cy-



field. minutes. Hafeez said that Adil is attempting to pedal for the Leh to Manali circuit on Friday morning in around 30 hours.

Naseem Shah, the teenage allround-

er who has been impressing cricket

fans across the world, is proving

that his heart is as big as his sixes.

Shah is auctioning the bat he used

to smash two sixes and win the Asia

Cup match against Afghanistan for

On Thursday, the PCB shared a vid-

eo of Shah and Muhammad Hasnain

announcing that the bat will be auc-

tioned off for a good cause. In the

brief video clip, Hasnain said "By

now you know about the inning

played by Naseem, which he played

outstandingly and led Pakistan to

victory by repeating the time when

Javed Miandad hit a sixer and this

time it was our Naseem, our shehza-

da [prince], our tiger. So this bat that

he played with last night was mine

and now I'm gifting it to him so he

After taking the bat from Hasnain

Shah thanked him and added that

he would like to auction the bat. He

said that half of the proceeds will be

given to the people affected by floods

Singer Uzair Jaswal dropped in

the comment section and said he is

The cricket board, after the win

can do whatever he wants with it."

flood relief.

in Pakistan.

"proud" of the boys.



is a high altitude area for cyclists. The current Guinness Record for the distance is 34 hours and 54

Naseem Shah is auctioning the cricket bat he used in

match against Afghanistan for flood relief

He said Teli is eyeing the world record and would attempt to finish the circuit in 30 hours. He said sports persons like Teli are inspi-

clists from the country. He said J&K has a huge extended his wishes to Teli potential for cycling as it

suits for mountain biking and cycling alike and the government is supporting in this endeavour to the cyclists like Teli.

The Tourism Secretary added that the government hour and 39 minutes'.

is reviving old cycling and mountain biking routes besides other destinations in south Kashmir like Verinag, Achabal, Sinthan pass.On the occasion, he congratulated Teli for eyeing to create another Guinness World Record and added that the feat would definitely bring more laurels to the UT as well as the country.Director Tourism Kashmir, Dr GN Itoo also

and hailed his previous record of cycling from Kash mir to Kanvakumari.

Adil had last year set a Guinness World Record for covering Kashmir to Kanyakumari in '8 days, 1

the match that he is definitely an all-

rounder. He was appreciated by cap-

tain Babar Azam, teammate and man

of the match Shadab Khan who said

after Miandad and Shahid Afridi, ev-

eryone will remember Shah's sixes,

and former cricketer Younus Khan.

Shah was known for his bowling

skills but showed everyone during

the match that he is definitely an all-

rounder. He was appreciated by cap-

tain Babar Azam, teammate and man

of the match Shadab Khan who said.

HT-NEWS

HEADLINES TODAY

DC Budam calls for massive youth participation in sports activities for overall personality development

BUDGAM, SEPTEMBER 09: The Deputy Commissioner (DC) Budgam, S F Hamid today called for massive youth participation in sports related activities for their overall personality development.

The DC said this, after declaring Annual Inter- Zonal District Level Athletic Meet Girls open at Sports Stadium Budgam.

Competitions in different athletic disciplines were held during the event organised by District Youth Services and Sports Office Budgam. As many as 300 participants from different Zones of District Budgam participated.

Earlier, DC accompanied by Gurmukh Singh Dutta DYSSO Budgam, DIO Budgam, other field staff and participants took pledge against drugs under Nasha Mukt Bharat Abhiyan.

Speaking on the occasion, DC lauded YSS Budgam for conducting a series of sports events in almost all disciplines to promote sports culture among the students in Budgam.

He also encouraged the participants for their active par-ticipation and said sports help both physical and mental development of the participant.

The DC said that special focus is being given on the infrastructure development and promotion of sports in the district.

He urged youth to take active part in sports activities as a remedy to keep themselves away from drug abuse and other unhealthy activities.

In the felicitation ceremony the winners and runner up teams were awarded with medals, trophies and certificates.

Matthew Hayden appointed Pakistan team's mentor for **T20 World Cup**

Former Australian opener Matthew Hayden has been appointed as the Pakistan team's mentor for the next month's T20 World Cup, a statement from the Pakistan Cricket Board (PCB) said on Friday

Hayden will join the national side in Brisbane on October 15, the PCB said.

According to the board, the decision is a continuation of Hayden's involvement with the national men's side after he inspired them to the semi-final of the T20 World Cup 2021, defeating India, New Zealand, Afghanistan, Scotland and Namibia in the league matches.

Hayden had been appointed alongside South Africa's Vernon Philander as batting and bowling consultants, respectively, for the last year's T20 World Cup after becoming PCB chief

"I welcome Matthew Hayden back in Pakistan colours. He is a proven performer with his credentials acknowledged and recognised world-over," PCB Chairman Ramiz Raja said in a statement.

Raja said the former opener brought with him a wealth of knowledge about conditions in Australia, saying: "I am confident his involvement will significantly benefit our extremely talented cricketers for the World Cup and future tours Down Under."Hayden also expressed excitement at joining Pakistan for the mega tournament, according to the PCB statement.

Secretary YSS inspects sports infrastructure at M. A Stadium, other sports facilities at Jammu

JAMMU, SEPTEM-BER 09: Secretary, Youth Services and Sports (YSS) and Tourism departments, Sarmad Hafeez along with Secretary, J&K Sports Council Nuzhat Gull toured many sports facilities of district today and inspected the newly set up and existing infrastructure sports here.

The Secretary during

coaching classes and also interacted with trainees. He sought feedback from them to improve the standard of coaching and learning in these centres. During the tour, Sarmad Hafeez also inspected the historic M. A Stadium and adjoining Indoor Sports Complex and gave onspot directions to the



ex-Sunrise Inter-State Badminton Championships-2022" currently being held at Indoor Sports Complex, M.A. Stadium here.

Sarmad Hafeez while speaking on the occasion said that it is heartening to see J&K hosting many national championships this year and our players taking an active part

country. "The remark-able thing about sports is that it teaches us to be part of a team, communicate with others, and adapt to different situations and equips us with life-changing experiences", he added.

Referring to the obvious benefits associated with sports, Sarmad Hafeez said more and more youngsters should be encouraged to take part in sports.

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PARAMEDICAL

against Afghanistan, shared a clip of the two young cricketers explaining how they exchanged bats during the game. Hasnain said that when Shah was going to the crease to bat, he asked to play with his bat. Hasnain told him that if he hits a single, he had to return the bat to him. He did not, in fact, hit a single. Instead, he smashed two sixes that won the game for the Pakistan team. Shah was known for his bowling

skills but showed everyone during

the tour also made surprise visit to sports inspected centres,

concerned officers for necessary repairs and renovations. Secretary YSS during

the tour also visited the ongoing "Yon-

in sports and shining in different games like their counterparts from the rest of the





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